

ST.XAVIER'SCOLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2024-25

Name of Author	Analysis of nutritional content in foods - Hands-on Activity
Name of Activity	
	6 th August 2024
Date/Duration	
	St. Xavier's College
Venue	
	Department of Microbiology
Department/Cell	
In collaboration	
with	In collaboration with MBSI and DBT
Name/s of	Ms. Arina Frank
Faculty	
Coordinator	
Stratum of Event	College
Name & details of	Ms. Arina Frank
Resource Person/s	Dr. Trelita D'souza
If any	Dr Nadine D'souza
	Mr. Kamlesh Korgaonkar
Report	Objectives: To identify the presence of proteins, amino acids, and
	starch in various food samples using simple biochemical tests.
	Brief description: Students had to bring different food samples-
	potato, sweet potatoes, eggs, mushrooms, milk and test them in the
	laboratory for presence of nutrients Outcomes : This simple activity helped students understand the
	biochemical methods used to test for proteins, amino acids, and starch
	in food samples, reinforcing their theoretical knowledge with practical
	experience. Students were sensitised on nutritional content in healthy
	foods.
	Number of beneficiaries: 55 students of the SYBSc (Major) course
	in Microbiology
Brochure/Poster	https://xavierscollegegoa.ac.in/wp-
	content/uploads/2024/08/Brochure-Food-Sample-Analysis-SYBSC-
	updated-v2.pdf
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2024/08/micro-food-
List of postisions to	analysis-pics-2024.pdf
List of participants With signatures	https://xavierscollegegoa.ac.in/wp-content/uploads/2024/08/Food-
Certificate	analysis-registration-sheets micro.pdf Not issued
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