ST. XAVIER'S COLLEGE, MAPUSA GOA

College with Potential for Excellence
Re accredited by NAAC with A Grade
Awarded DBT STAR College Scheme

Nature of Event (Workshop, Guest Lecture, Add on Course, Seminar, etc.)	Workshop (For Laboratory and Library Staff)
Name of Department	Chemistry
Faculty Incharge	Ms. Shivta Mhamal Dr. Rheane Da Silva
Stratum of Event (College, State, Regional, National)	College
Title of Event	Compression Only Life Support (COLS)
Date of Event	15th February 2023
Venue	Seminar Hall, St. Xavier's College, Mapusa-Goa
Resource Person details	1. Dr. Sandeep Naik, Hon. Secretary, Indian Medical Association, Goa State Branch 2. Dr. Gauri Gauns, Consultant Gynaecologist & Fertility Specialist
Objective/ Scope of Event	The workshop aimed to equip every bystander to respond quickly and effectively to Cardiac Arrest, using Compression Only Life Support (COLS), an easy to learn and practice technique, and help save precious lives.
Particulars of Event	The workshop began with an Inaugural Programme wherein Fr. Antonio Salema, Administrator of the College, welcomed the participants. Dr. Sandeep Naik, Hon. Secretary, Indian Medical Association, Goa State Branch delivered an informative talk on Compression Only Life Support (COLS) and thereafter conducted hands on training along with Dr. Gauri Gauns, Consultant Gynaecologist & Fertility Specialist, under the slogan 'JOINING HANDS TO MAKE HEARTS WORK' using Mannequins.
Outcome of Event	The training conducted helped the participants to acquaint themselves with the skills to respond quickly and effectively to Cardiac Arrest, using Compression Only Life Support (COLS)
Feedback	Excellent as the participants enthusiastically took part and learned the Compression Only Life Support (COLS) technique that would help them save precious lives.

Total No. of Participants	32

Photographs

INDIAN MEDICAL ASSOCIATION
GOA STATE BRANCH
JOINING HANDS TO MAKE HEARTS
COMPRESSION-ONLY LIFE
(COLS)
ST. XAVIER'S COLLEGE
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DEPARTMENT OF CHEMISTRY