



# ST. XAVIER'S COLLEGE MAPUSA-GOA

NATIONAL LEVEL FACULTY DEVELOPMENT PROGRAMME

22<sup>nd</sup> to 26<sup>th</sup> October 2024

(Hybrid Mode)

**“Holistic Learning for Excellence in Higher Education”**

Organised by

**Internal Quality Assurance Cell (IQAC)**



Indian Knowledge System: The Woven Heritage, Timeless Indian Logic and Traditional Medicine



Value Education for Shaping Character and Inspiring Young Minds



Pedagogical Approaches in Higher Education



Research for Academic Excellence and Unleashing Potential



Circular Economy Strategies for Combating Climate Change



From Stress to Serenity : A Journey to Wellness

**DAY 1 - 22/10/2024**



**Arch. Pritha Sardessai**

Member, Goa Heritage Action Group,  
Panjim-Goa.

**Session #1**

**Weaving Stories of Goan  
Art and Culture: The Kunbi  
Sari**



**Mr. Sagar Ram Sakordekar**

Founder

SRS Vedic Mathematics Academy,  
Mangeshi, Ponda-Goa

**Session #2**

**Unlocking Mathematical  
Insights Through Vedic  
Wisdom**



**Dr. Maryanne Christine  
V. Borges e Lobo**

Co-founder of Plantswalksgoa,  
Nutrition Researcher and Food  
Studies Specialist,  
Ayurvedic Consultant, Mapusa-Goa.

**Session #3**

**Nature's Wisdom:  
Unveiling Ayurveda's  
Secrets for Well-Being**

**DAY 2 - 23/10/2024**



**Dr. Arloph Johnvieira**

Senior General Manager -  
Operations ,  
Bajaj Healthcare Limited, Mumbai.

**Session #4**

**Value Education for  
Shaping Character and  
Inspiring Young Minds**

**DAY 3 - 24/10/2024**



**Dr. Niradhar Dey**

Associate Professor,  
School of Education  
Indira Gandhi National Open  
University, New Delhi

**Session #5**

**Pedagogical Approaches  
in Higher Education**

**DAY 4 - 25/10/2024**



**Dr. Amit Yalgi**

Lead Trainer for Bajaj  
Finservices, Proprietor,  
Optimistic Learning, Bangalore

**Session #6**

**Research for Academic  
Excellence and Unleashing  
Potential**





**Dr. Ashwini Pai Panandikar**

Fellow and Consultant,  
The Energy and Resources  
Institute (TERI),  
Panjim-Goa

**Session #7**

**Circular Economy  
Strategies for  
Combating Climate  
Change**



**Prof. Sanjeev Sawardekar**

Vivekananda Foundation of Goa,  
Yoga Group, Panjim-Goa.

**Session #8**

**From Stress to  
Serenity :  
A Journey to Wellness**

**About St. Xavier's College**

St. Xavier's College, Mapusa-Goa, stands as a leading institution of higher learning and holistic development in Goa. Established in June 1963, the Institution is managed by the Diocesan Society of Education and affiliated to Goa University.



The College is situated on a scenic hilltop called Xaviernaagar within a lush-green campus, a large sports ground with recreational and outdoor facilities. Known for its academic excellence, St. Xavier's College attracts students from across Goa and beyond, earning a reputation as one of the state's most sought-after institutions. It is the first college to be awarded the status of "College with Potential for Excellence" among the 47 colleges in India selected by UGC in 2004. In 2007, 2014 and 2019 it was reaccredited with Grade A in succession. In 2021, the College was awarded the DBT Star College Scheme. St. Xavier's College has been consecutively awarded 'The Best College Award in Sports' by Goa University in 2021-22, 2022-23 and 2023-24. The College recently celebrated its Diamond Jubilee Year with a number of academic and co-curricular activities. St. Xavier's boasts of state-of-the-art infrastructure with several specialized facilities, and well equipped laboratories, Research Instrument Centre and a A/V Studio. The campus is designed to be inclusive, with facilities catering to individuals with disabilities. The College offers a number of undergraduate programs: B.A, B.Com, B.Sc, B.C.A, B.B.A, B.B.A T&T, Biotechnology and Mass Communication & Journalism, and postgraduation in Psychology, Physical Chemistry and Commerce. Besides, the IQAC promotes several Certificate and Value-Added Courses for skill development and knowledge enhancement.



## About The FDP

The Faculty Development Programme is designed by the IQAC of St. Xavier's College to provide participants with the knowledge and skills needed to enhance professional growth and contribute to the advancement of higher education. The FDP is meticulously planned to deepen participants' understanding of a wide-range of themes through a series of intellectually stimulating sessions.

### Registration Details

Click on the link below to register for the FDP

<https://forms.gle/wptYsrzZDfxv9wxg7>

**Last Date for Registration:  
15th October 2024**

- Registration Fee : Rs. 1000
- To be paid via NEFT
- Account Name : St. Xavier's College
- Bank : Central Bank of India
- Branch : St. Xavier's College, Mapusa, Goa
- A/C Number : 1683133661
- IFSC code : CBIN0284049
- The link for online attendees will be shared via email.

For More Details Contact :

Dr. Sharmila Pais

9822134297

Dr. Jervin Zen Lobo

9923159739

email : xavierscollege1963@gmail.com

### Organisers

PATRON

**Fr. Antonio Salema**

Administrator

CHAIRPERSON

**Ms. Ursula Barreto**

Acting Principal

**Ms. Sandra Fernandes**

Vice Principal

IQAC COORDINATOR

**Dr. Ubaldina Noronha**

CONVENOR

**Dr. Sharmila Pais**

CO-CONVENORS

**Ms. Anuradha Kakodkar**

**Ms. Kathleen Pinto**

**Prof. Maria Fonseca**

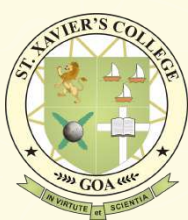
**Prof. Oscar Braganca de melo**

**Ms. Aletthra C. Vieira**

**Ms. Katelyn Gonsalves**

**Dr. Jervin Zen Lobo**





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## DAY 1 - 22/10/2024

**INAUGURAL SESSION - 11.00 AM - 11.45 AM**

**SESSION I - 12.00PM TO 1.00 PM**

**‘Weaving Stories of Goan Art and Culture : The Kunbi Sari’**

- Arch. Pritha Sardesai

**LUNCH BREAK- 1.00 PM TO 1.45 PM**

**SESSION II - 2.00PM TO 3.00 PM**

**Unlocking Mathematical Insights Through Vedic Wisdom’**

- Mr. Saagar Ram Sakordekar

**SESSION III - 3.15PM TO 4.15 PM**

**Nature’s Wisdom: Unveiling Ayurveda’s Secrets for Well-Being**

- Dr. Maryanne Christine V. Borges e Lobo

## DAY 2 - 23/10/2024

**SESSION - 9.00 AM - 10.15 AM**

**Empowering Teachers for Lifelong Learning and Value-Based Education**

- Dr. Arlof Johnvieira

## DAY 3 - 24/10/2024

**SESSION - 10.00 AM - 11.15 AM**

**Pedagogical Approaches in Higher Education**

- Dr. Niradhar Dey

## DAY 4 - 25/10/2024

**SESSION - 10.00 AM - 11.15 AM**

**Research for Academic Excellence and Unleashing Potential -**

-Dr. Amit Yalgi

## DAY 5 - 26/10/2024

**SESSION I - 10.00 AM - 11.00 AM**

**Circular Economy Strategies for Combating Climate Change**

- Dr. Ashwani Pai Panandikar

**SESSION II - 11.15 AM - 12.15 PM**

**From Stress to Serenity: A Journey to Wellness**

- Prof. Sanjeev Sawardekar

**We support the Sustainable Development Goals**

