

ST. XAVIER'S COLLEGE, MAPUSA, GOA

Report of Activity conducted in the Academic Year 2024-25

Name of Activity	Session on Getting Career Ready
Date/ Duration	23 rd July, 2024/ 90 minutes
Venue	Seminar Hall, St. Xavier's college, Mapusa, Goa
Name of organizing Department/Cell	Abbe Faria Post Graduate Department of Psychology.
In collaboration with	MOU activity with Sevarat Healthcare and Nursing Pvt. Ltd.
Name/s of Faculty Co-Ordinator	Dr. Kshipra Vora
Stratum of Event	College level
Name & details of	Ms. Rohini Gonsalves, Founder and Chairperson of Sevarat
Resource Person/s if any	Healthcare and Nursing Pvt Ltd- Goa's only dedicated senior care service
Report	The objective of the session was to make the students understand the skills required to get a desired job as well as succeed at the highest possible position at the same job. The session started with a welcome speech presented by student of psychology, Ms. Ayesha Anne Lobo. The session had an interactive format where the speaker made use of technology, particularly the menti.com software to engage students and take their outlook on various areas that are significant at a workforce, such as, "how to have fun while achieving our goals". The session benefited all, as it gave an insight on the several expectations held by recruiters when selecting employees that can fit the needs and objectives of their particular organizations. The speaker also spoke about CV/resume writing and mentioned precise points that one can use to make a lasting impression at a job interview. The speaker highlighted the importance of "being authentic" instead of faking who one is to get a job. Towards the end of the session, speaker stated three important Ps that one must remember when getting career ready, which where; personality, potential and performance. By the end of the session, the attendees were more aware of the current scenario in the job market. The various real-life experiences shared by the speaker made it easier for the students to remember the points discussed in the session. Due to the interactive activities, there was an exchange of ideas among all those who were present which surely gave everyone a different perspective on the concepts discussed. All in all, the entire session was very much enjoyed by everyone present. The session ended with, Mr. Xellion Gracias, student of psychology, proposing a vote of thanks and extending his warm regards to everyone present for the session. The number of beneficiaries was 82.

Brochure/Poster	https://xavierscollegegoa.ac.in/wp- content/uploads/2024/11/BROCHURE-11.pdf
Photographs	https://xavierscollegegoa.ac.in/wp- content/uploads/2024/11/20240723_23913pmByGPSMapCamera.p df
List of participants with signatures	https://xavierscollegegoa.ac.in/wp- content/uploads/2024/11/attendance-sheet-getting-career-ready.pdf
Certificate	NA