

The Halcyon



Annual Magazine

2023 - 2024

ST. XAVIER'S COLLEGE
MAPUSA-GOA

*Managed by Diocesan Society of Education (DSE)
Re-accredited with Grade A (4th cycle)
College with Potential for Excellence by UGC*

ST. XAVIER'S COLLEGE

MAPUSA-GOA



VISION

“Formation for Transformation”

MISSION

“To provide all round education to young men and women to be disciplined citizens, who will display a high intellectual caliber together with emotional balance and social commitment and particularly, to help Catholic youth to be committed followers of Christ.”

CORE VALUES

- *Believing in God*
- *Upholding Human Dignity*
- *Inculcating a Sense of Patriotism*
- *Fostering Global Competencies*
- *Promoting Ethical Values*
- *Achieving Excellence in Education*

OBJECTIVES

- *To provide holistic education to students.*
- *To provide an education which nurtures an encounter with God, including an appreciation of and respect for other faiths.*
- *To liberate them from social conditioning such as ignorance, poverty, exploitation, caste, class and gender biases.*
- *To sustain, promote and enhance the quality of higher education.*
- *To inculcate in them social, moral and spiritual values.*
- *To help them develop competence, commitment and compassion.*
- *To empower them to distinguish between good and evil, and make the right decisions.*
- *To uphold self-esteem, equality of men and women, dignity of human labour, the belief in social justice, and respect for the Constitution of India.*
- *To make them conscious of their responsibilities and duties along with their rights, and to inculcate a sense of discipline.*
- *To promote the sanctity of family – the basic unit of society.*
- *To motivate them towards nation-building, so as to work towards a new society – the India of their dreams.*
- *To enable them to face the challenges of globalization and a technological world.*

Contents

1.	EDITORIAL TEAM	4
2.	FROM THE PRINCIPAL'S DESK	5
3.	MESSAGE FROM THE ADMINISTRATOR	6
4.	EDITOR'S NOTE	7
5.	TEACHING FACULTY	8
6.	NON-TEACHING FACULTY	16
7.	MANAGEMENT STAFF	17
8.	ST. XAVIER'S COLLEGE AWARDS 2022-23	22
9.	CULTURAL ACHIEVEMENTS	36
10.	SPORTS ACHIEVEMENTS	37
11.	THE REFLECTIVE PEN	41
	English Section	42
	Portuguese Section	66
	Hindi Section	73
	Konkani Section	77
	Marathi Section	82
12.	PHOTO GALLERY	94
13.	CAMPUS CHRONICLES	119
	Vibes & Celebrations	120
	Departmental Reports	131
	Reports of Clubs, Cells & Associations	177
	Faculty Research Initiatives & Knowledge Enhancement	211

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Dr. Vrunda Kelkar (Department of Marathi)

Ms. Munira Ursula de Souza (Department of Portuguese)

LAYOUT & PRINTING

New Age Printing Press, Verna - Goa

From The Principal's Desk

With immense joy we unveil another edition of the *Halcyon* - a cherished publication for St. Xavier's College! It reflects the creativity and talent that our faculty and students are blessed with. The thought provoking articles, the insightful poems and the spectrum of activities, manifest the spirit and essence of our esteemed institution.



At St. Xavier's we are committed to providing holistic education to our students. The various cells, clubs and associations focus on discovering, developing and drawing out the hidden talents and the magic lying dormant inside our students. Departmental activities provide domain specific reinforcement to equip students with the necessary skills to step into the job market. In today's dynamic world, a 360 degree development and grooming is of prime importance. Through our extracurricular activities we aim to create an environment that will give rise to skilled professionals in various disciplines, successful entrepreneurs, good leaders and refined individuals, who will be caring and compassionate humans at all times. The reports presented in this edition are a testimony to all the efforts made in meeting our objectives and we hope the experiences shared will help to inspire many more young minds to make the best of the opportunities provided.

Besides the array of events of the last academic year systematically chronicled in this magazine, we proudly celebrate the accolades and achievements of our staff members and students. Their hard work and commitment that brought laurels to our institution are truly valued. Congratulations to Prof. Blanche Mascarenhas for leading St. Xavier's through the quinquennium and profound appreciation for all the efforts put in to ensure success.

Our dedicated and competent faculty members together with a cooperative non-teaching staff, and a highly supportive Management have helped us excel in initiatives that we undertook and we have stood together in facing the challenges in realizing quality education.

As we look back with gratitude for all that the year gone by has given St. Xavier's, we appreciate the constant support and concern for the College, from parents, ex-students and benefactors, which encourages us to strive hard to carry forward the mission of promoting value-based education. Competing with ourselves, raising the bar, let us do and let us be a degree more, and look forward to a fulfilling year ahead.

Cheers to the Editor, Dr. Carmelita Dmello and the entire Editorial Team of *Halcyon* 2023-24, for the meticulous planning, execution and completion of this mammoth, but gratifying task. Wishing all a rewarding experience as you leaf through this annual!

Ursula Barreto
Acting Principal

Message from the Administrator

We will soon have in our hands the next issue of Halcyon, the annual magazine of our institution. The magazine brings on record the various achievements of the faculty and the students, and which, I would like to assume, act as a bolster to rise even higher. In this connection, I seize the occasion to congratulate the faculty members, from various departments, who have enrolled themselves for PhD, and others who are doing the ground work for their enrolment. There are others, among them also some students, who are into research. We are also elated as some of our faculty members have recently had their books released, namely, Dr Sharmila Pais, , Dr Magdalena D' Souza, Dr Ramita Gurav and Dr Vrunda Kelkar, and Dr Frazer Taylor who successfully defended his doctoral thesis. I would also like to toast Dr (Fr) Luis Gomes, who is proving himself to be a successful Konkani playwright. There may be more faculty members in this meritorious list, unknown to me. But at the same time, there are many more who might have followed this path of research, or pursue PhD, etc but, are held back for reasons beyond our presumption.



At St. Xavier's, we take pride not only in academic accomplishments but also in the vibrant spirit of our students and faculty in sports, the arts and research. Together, we create a tapestry of excellence that uplifts our community and inspires future generations. However, as we celebrate our triumphs, let us remain mindful of the responsibilities that come with building a supportive and harmonious campus environment. Challenges arise, but they also offer opportunities for growth and unity. Teachers, in particular, hold the unique privilege of shaping the minds and hearts of our students. Through the mentor-mentee system, we can build trust, guide our students effectively, and nurture an atmosphere of mutual respect and understanding. Remember, every small act of listening and care can make a profound difference.

To our students: You are the heart of this institution. Whenever challenges arise, lean on your mentors, parents and the institutional support systems that exist to guide you. Seeking help is a strength, not a weakness and together, we can overcome any obstacle.

This is an institution made great not only by those who worked and studied in the past, but continues to enjoy that enviable position because of the hard work of those who are working, and studying within these hallowed portals even to this day. Let us always strive to make St. Xavier's great.

May God bless you abundantly and guide us all towards a future filled with promise and success.
With gratitude and hope,

Fr. Antonio Salema
Administrator

Editor's Note

Dear Readers,

As I ready myself to write this editorial, I am overwhelmed by a myriad of feelings, most notably, a deep sense of pride and gratitude. Each year at St. Xavier's is exciting, enriching, challenging, and enjoyable. As we complete the sixty-first year of being a major player in the field of higher education, it is humbling to recall the countless lives, dreams, and aspirations that have shaped and been shaped by this institution during these six plus decades of learning, growth, and transformation.



When I think about the journey of our college of excellence, I cannot help but reflect on the vision of our founders. They dreamed of a space where young minds would find not only knowledge, but the courage to dream bigger, think deeper and contribute to a better world. That dream, dreamt all those years ago, has been transformed into the vibrant and thriving institution today — a place I am honored to call home.

Over the years, this college has become much more than a quality educational hub. It has been a community, a family and a source of inspiration for so many. Together, we have faced challenges head-on, embraced new opportunities and constantly strived to adapt to the changing world around us. Whether it was navigating through unprecedented times, integrating new technologies or finding new ways to inspire creativity and innovation, we have done it together — with resilience and unity.

This edition of *Halcyon* holds a special place in my heart. It is more than just a collection of articles, stories, achievements, reports and milestones. It is a celebration of the people who make this institution what it is — our passionate students, dedicated faculty, supportive stakeholders, alumni and everyone who has walked through these portals. As you turn these pages, I hope you feel the same sense of pride I do, knowing that you are part of this incredible journey.

The road ahead is as exciting as it is challenging. The world is changing rapidly and so must we. But I am confident that, together, we will continue to push boundaries, break barriers and create opportunities for all. This institution was built on the values of integrity, inclusivity, cooperation, compassion, respect and excellence and it is these values that will guide us as we step into the future. May we always uphold the Xavierian values of reverence, honesty, service and stewardship, as we continue to stand as beacons of light in these tempestuous times.

On a personal note, I want to express my heartfelt gratitude to each one of you — our Principal, Administrator, Teaching and Non Teaching Faculty, Staff and Students — for your unwavering support and belief in what we do. I am grateful that despite your numerous commitments both professional and personal, you have made time to contribute to this edition of *Halcyon* and it is your contributions, both big and small, that have brought us here.

So, let's celebrate this incredible journey — our past, our present, and the limitless possibilities of our future. Together, we will continue to dream, to grow, and to leave a legacy for generations to come.

Warm regards,

Dr. Carmelita Dmello

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6. INSTRUCTOR- PHYSICAL EDUCATION	Mr. Roger Fernandes
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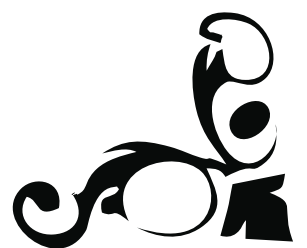
Non-Teaching Faculty St. Xavier's College



CAMPUS CARE STAFF St. Xavier's College



*Awards
and
Achievements*



ST. XAVIER'S COLLEGE

SCHOLARSHIPS AND AWARDS FOR THE ACADEMIC YEAR 2022-23

1] ADOS SCHOLARSHIP 2022-23:

For highest marks at the F.Y.B.Sc. Examination and continues studies in the College.

Erisha Jolenta Franco

[2] E.P. VALLES MATHEMATICS PRIZE 2022-23:

For the highest marks in Mathematics in F.Y.B.Sc. and continues studies in this College.

Utkarsh Manikrao Desai

[3] MR. VALENTINO FRANCISCO PINTO PRIZE 2022-23:

Highest in the aggregate of Science subjects at the S.Y.B.Sc. Examination and continues studies College

Gulshan Shyamsundar Nishad

Tanaya Mahesh Talkar

Riya Laxman Gawas

Saniya Sandesh Kovtankar

[4] GOA LIBERATION SCHOLARSHIP 2022-23: For the highest marks at the F.Y.B.A. Examination and continues in this College (percentage should not be less than 55%). Katherine Gertrude Manuel

[5] REV. FR. ANDREW JORDA PRIZE 2022-23:

For the highest marks in Compulsory English at the S.Y.B.A. and with preference to the one who English as the Principal subject in identity of circumstances.

Elysia Perpetua Luis

[6] C.F. PAES PRIZE 2022-23:

For the highest marks in Physics and for the highest marks in Botany at the S.Y.B.Sc. Examination and continues studies in this College.

Physics Gulshan Shyamsundar Nishad

Botany Saniya Sandesh Kovtankar

[7] SCIENCE ASSOCIATION PRIZE 2022-23:

Highest marks in Physics and for the highest marks in Botany at the F.Y.B.Sc. examination, and continues studies in this College.

Physics Pooja Dinesh Vengurlekar

Botany Sonia Deepak Shetke

[8] MSGR. F.X. GOMES CATAO PRIZE 2022-23:

For the highest marks in History at the F.Y.B.A. Examination.

Lynn Albertina Dsouza

[9] DR. ERNEST BORGES MEMORIAL PRIZE 2022-23:

For the Highest marks in B.Sc. Microbiology. In identity of circumstances the marks of the other 3 units to be taken into consideration. Where there is no First Class student in Microbiology (Botany) the prize may be given to a student who gets First Class with highest marks in any other subject of the T.Y.B.Sc. Examination.

Grazielle Klarissa Serrao

[10] DR. ANTONIO PINTO DO ROSARIO PRIZE 2022-23:

For the highest First Class at the final B.Sc. degree examination

AlishkaFernandes

[11] HIS EMINENCE VALERIAN CARDINAL GRACIAS PRIZE 2022-23:

To the student who scores the highest percentage of marks and above 45% at the Examination. In identity of circumstances the prizes should be shared.

Candida Antonetta D'souza

[12] BISHOP REBELLO'S SCHOLARSHIP FOR OUTSTANDING ACHIEVEMENT 2022-23:

In BA or B.Sc. Examination. To be given alternately to Arts and Science students provided the student obtains a First Class

Candida Antonetta D'souza BSC

[13] MR. JOE DE SOUZA PRIZE 2022-23:

To a boy who after passing S.Y.B.A. with highest marks continues T.Y.B. A in this College

Brett Joseph Colaco

[14] MRS. JOE DE SOUZA PRIZE 2022-23:

To a girl who after passing T.Y.B.A. with highest marks continues T.Y.B.A. In this College

Mansi Gopalkrishna Prabhubhat

[15] THE REV. FR. ASSENCIO DE CUNHA PRIZE 2022-23:

Two prizes to be given to a deserving girl and deserving boy in the Final Year who have distinguished themselves by their behaviour during the three years of studies (this prize is given to the finalists at the discretion of the Principal).

BOY: Anuj Parshuram Naik

GIRL: Namashri Arun Parab

[16] THE SR. B.A. PRIZES 2022-23:

To be given to the best speaker in an Ex-Tempore Elocution Competition NIL

[17] FR. FRANCISCO DE CRUZ SCHOLARSHIP 2022-23:

For a student who obtains highest marks in Chemistry at F.Y.B.Sc. Examination and continues studies this College.
Ritusha Jeetandra Palyekar

[18] DOM ALTINO RIBEIRO DE SANTANA PRIZES 2022-23:

To be given to students who obtain highest marks in F.Y.B.A, SYBA and TYBA, respectively
FYBA Katherine Gertrude Manuel
SYBA MansiGopalkrishnaPrabhubhat
TYBA Candida Antonetta D'souza

[19] TWO SCHOLARSHIPS 2022-23:

For the children of GAUNCARS or members of the Comunidade of Mapusa to be awarded to one best student in Arts and to one best student in Science NIL

[20] MRS. MARGARET & MR. JULIUS SOUZA M.B.E. PRIZE 2022-23:

To the best College all-rounder provided he/she gets 50% marks in First Year, Second Year Exams and College Examinations of the Third Year
Alicia Fernandes

[21] MAPUSA MUNICIPALITY PRIZES 2022-23:

To students who score the highest in Foundation Group/Generic Elective at the First Year and at the Second Year
FYBA ShravaniMangueshMandrekar
SYBA Roshni Shankar Gadekar

[22] DR. PEDRO JOÃO LOBO UCASSAIM PRIZE 2022-23:

To the student who obtains highest percentage in Literature (Portuguese or English) at the TYBA Examination of the University
Vedangi Jagganath Parsekar

[23] REV. DR. NICOLAU GRACIAS PEREIRA PRIZES 2022-23:

To the students who scores highest marks, at
TYBA Candida AntonettaD'souza
TYBScAlishkaFernandes

[24] MR. & MRS. TOMAS RIBEIRO PRIZE 2022-23:

Instituted by Mr. Jose Rebeiro of Saligao, to be given annually to the best behaved all round finalist of the College (at the discretion of the Principal).
Slifon Simoes

[25] ADV. ELEUTERIO ISIDORO SEVILHA SOUZA 2022-23:

To be given to the best behaved finalist (male) and best behaved finalist (female) whose performance studies and co-

curricular activities has been outstanding (at the discretion of the Principal)

MALE Ashaando Frian Mendes TYBA Psychology

FEMALE Saisha A Mhapsekar TYBA Mass Communication

[26] MR. MAXIE V. LOBO PRIZE 2022-23:

To a boy or girl whose performance in studies, co-curricular activities, behaviour and attendance during the three years of the degree classes has been commendable (at the discretion of the Principal).

Lenina Pereira TYBSc Biotech

[27] GREGORIO HOMEN COUTINHO & ANTONIO FERREIRA PRIZES 2022-23:

(a) To a student who scores highest marks in the First Year B.Sc. with optional subjects 2022-23: Chemistry Microbiology, Botany [Selected from the combination of Chemistry/Botany/Microbiology as there is combination of Physics/Chemistry/Microbiology from 1996-97]

Soniya Deepak Shetke

(b) To a student who scores highest marks in F.Y.B.A. with optional subjects of English Sociology-Psychology or English-History-Psychology

Katherine Gertrude Manuel

[28] DR. FRANCISCO XAVIER FARIA (PROFESSOR AT FORMER ESCOLA MEDICO-CIRURGICA DE GOA) PRIZE 2022-23:

To a student who obtains highest marks in Microbiology at the S.Y.B.Sc. and continues in the subject in the College Riya Laxman Gawas

[29] NAIROBI MAPUSA UNION SCHOLARSHIP 2022-23:

To be given alternately to a boy and girl from Mapusa whose parents belonged to Nairobi Mapusa Union NIL

[30] MISS CECILIA GAMA PINTO PRIZE 2022-23:

To the second highest in FY.BA, SY.BA. and to the highest in Foundation Group/Generic provided he is a student of Science.

FYBA Chetna Dinesh Thanki

SYBA Ashaando Frian Mendes

FYBSc Aaron Joel Dias

[31] REV. FR. PRUDENCIO FERREIRA PRIZE 2022-23:

To the student who obtains highest marks in "PHILOSOPHY OF RELIGION" at the Third Year BA Examination Sahil Sandeep Morje

[32] SCHOLARSHIPS INSTITUTED 2022-23:

(a) FR. IVO MASCARENHAS SCHOLARSHIP:

Herschelle Gomes TYBSc

(b) BISHOP RAUL GONSALVES SCHOLARSHIP:

Meldon Johnny Fernandes TYBA

(c) DONA INEZ DE NAZARE BORGES SCHOLARSHIP 2022-23:

To be given to a deserving Arts students from Uccassaim. If there is no such student any other Arts student Nigel Pereira TYBA.

(d) SHAM DHOND SCHOLARSHIP 2022-23:

To be given to a deserving student of FYBSc.

Joel Fernandes SYBSc

[33] ARCHBISHOP PATRIARCH RAUL GONSALVES PRIZE 2022-23:

To be given to students who score highest marks at the TYBA. and TY BSc. University examinations.

TYBA Candida Antonetta D'souza

TYBSC Alishka Fernandes

[34] FR. J. PALITHANAM PRIZE 2022-23:

To the student who scores the highest marks in Botany at the F.Y.B.Sc. level.

Sonia Deepak Shetke

[35] REV. FR. VASCO SOUZA SCHOLARSHIP 2022-23:

To be given to 6 students who obtain the highest marks at the F.Y.B.A/SYBA/TYBA/FYBS/SY.B.Sc. and T.Y.B.Sc

FYBA Katherine Gertrude Manuel

SYBA Mansi Gopalkrishna Prabhubhat

TYBA Candida Antonetta D'souza

FYBSC Sonia Deepak Shetke

SYBSC

1 Riya Laxman Gawas

2 Gulshan Shyamsundar Nishad

3 Saniya S. Kovtankar

4 Tanaya Mahesh Talkar

TYBSC Alishka Fernandes

[36] DR. WILFRED D'SOUZA SCHOLARSHIP 2022-23:

To be given to three students who obtain highest marks at the F.Y.B.Com, S.Y.B.Com & T.Y.B.Com
FYBCOM Charbel Ann Dsouza
SYBCOM Danette Gomes
TYBCOM Sahil Rajendra Wader

[37] HIS EMINENCE FILIPE NERI CARDINAL FERRAO SCHOLARSHIP 2022-23:

To be given to three students who obtain highest marks at the F.Y.B.Com/SY.B.Com and TYB Com
FYBCOM Charbel Ann Dsouza
SYBCOM Danette Gomes
TYBCOM Sahil Rajendra Wader

[38] DR. ANTONIO COLACO PRIZE 2022-23:

To be given to a student who obtains highest marks in Portuguese (3 papers) at the T.Y.BA in the absence of such a student, the prize may be given to a student who obtains highest marks at the FYBA Compulsory Portuguese.
NIL

[39] PROF. JAMES FERNANDES SCHOLARSHIP 2022-23:

To be given to a student who passes third Year BA. Examination in English (6 papers) with highest marks
Vedangi Jagganath Parsekar

[40] ROSARIO BRITTO SCHOLARSHIP 2022-23:

To be given to a student who scores highest marks in Sociology at the Third Year BA Examination.
Sujata P. Kumbhar

[41] PRIZES INSTITUTED BY THE DEPARTMENT OF MATHEMATICS 2022-23:

(a) ZITADO CARMO MENEZES MATHEMATICS PRIZE 2022-23:

To be awarded to a student who gets highest marks in Mathematics at First Year B.Sc. Examination from this College and continues studies in this College with Mathematics.
Utkarsh Manikrao Desai

(b) LATE MR. S.N. MUDBIDRI MATHEMATICS PRIZE 2022-23:

To be awarded to a student who gets highest marks in Mathematics at S.Y.B.Sc. Examination and those who continue studies in this College for T.Y.B.Sc. with Mathematics (6 units).
Gulshan Shyamsundar Nishad

(c) DR. RYAN FERNANDES MATHEMATICS PRIZE 2022-23:

To be awarded to a student who gets highest marks in Mathematics (6 Units) at the TY.BSC Examination from this College
Arianne Lira Vaz

(d) DR. B.C. NAIR MATHEMATICS PRIZE 2022-23:

To be awarded to a student who gets highest marks in Mathematical Techniques at FY.B.Com Examination from this College and continues studies in this College in S. Y.B.Com.

Charbel Ann Dsouza

Mellissa Tereza Cabral

Paulette Peony Mascarenhas

[42] LATE MR. ANTHONY BARRETT SCHOLARSHIP 2022-23:

To be given to the student securing the highest or the second highest marks (in case the student awarded another scholarship) in English (Major) at FY.BA, SY.B.A. and T.Y.BA respectively.

FYBA Esha Fernandes and Tanushka Prasad Pankar

SYBA Prithaa Shailesh Nabar

TYBA Merlyn Judy de Souza

[43] LATE MR. NASCIMENTO BENEDITO CRUZ DE SA SCHOLARSHIP 2022-23:

To be given to a student who scores highest marks in Psychology (6 units) at the T.Y.BA examination

Candida Antonetta D'souza

[44] ARCHITECT LIONEL COSTA PRIZE 2022-23:

To be given to a third year student who is good in studies and is well behaved (at the discretion of the Principal)

Mervyn Sebastiano Fernandes TYBSc

[45] ENGINEER CARMINHO COSTA PRIZE 2022-23:

To be given to a third year student who is good in studies and is well behaved (at the discretion of the Principal)

Jadyn Emile Da Rocha TYBSc

[46] PROF. DANIEL DE SOUZA PRIZE 2022-23:

To be given to a Third Year B.A. student scoring the highest total in History Paper III, IV & V and the Project Paper in History, taken together

Rianna Costa

[47] PRIZE INSTITUTED BY THE DEPARTMENT OF BOTANY 2022-23:

To be given to a student securing the highest marks at the Third Year B.Sc. University Examinations in the subject of Botany.

Vallanco Jerome Fernandes

[48] LATE TEODOR GONSALVES PRIZE 2022-23:

To be given to a student securing the highest marks at the Third Year B.Sc. University Examinations in the subject of Electronics.

Christina Lucia Colaco

[49] LATE MARIAANGELICA FRANCISCA FERNANDES PRIZE 2022-23:

To be given to a student securing the highest/second highest marks or the next highest marks (in case the student awarded another scholarship) at the FY.B.A, SYBA, and T.Y.BA Examinations in the subject of English (Major).

FYBA Deyazad Engineer

SYBA Anisha Sonia Mendonca

TYBA Martins Esmina Kalyani

[50] NASCIMENTO MENDONCA SCHOLARSHIP 2022-23:

To be given to students securing the highest marks in English Major at the FYBA, SYBA, and TYBA University Examinations.

FYBA Nicole Fay Mendes

SYBA Ashaando Frian Mendes

TYBA Vedangi Jagganath Parsekar

[51] REV. FATHER HERMEGILD SANTAPAU S.J. PRIZE 2022-23:

To be given to the student securing the highest marks in Botany Paper IX and Practical Paper IX at the Third Year B.Sc. University Examination.

Shrutika Pandurang Porob

[52] PROF. SATYENDRANATH TAVAKARI PRIZE 2022-23:

To be given to the student securing the highest marks in the Botany at the Second Year B.Sc. and continues studying in this College with Botany (6 units).

Alima Lezendra Fernandes

[53] REV. FR. SEBASTIÃO JOSE FERNANDES SCHOLARSHIPS 2022-23:

To the student securing highest marks in Konkani at the Third Year B.A. Examination of Goa University in four Papers including project or three papers

Devita Khule

[54] LATE PROF. NELSON ANTONIO BERNARDO DE SOUZA SCHOLARSHIPS 2022-23:

(a) To be given to a deserving student of Third Year B.Sc. Microbiology.

Anisha Silveira

(b) To the student securing the highest marks at the Third Year B.Sc. Examination in Microbiology Graziella Klarissa Serrao

[55] FILOMENO AND AIDADA COSTA SCHOLARSHIP 2022-23:

To be awarded to a student securing highest marks in Microbiology at the Third Year B.Sc. University Examination.
Graziella Klarissa Serrao

[56] FERNANDO AND JUDITE DE NORONHA SCHOLARSHIP 2022-23:

To be given to the student securing highest marks in Economics at the Third Year B.A. University Examination.
Schnyda Francina Zuzarte

[57] DR. JOSEPH BARROS PRIZE 2022-23:

To be given to the student securing highest marks in Geography at the First Year B.Com. Examination and to the student securing highest marks in History at the Third Year B.A. University Examination

GEOGRAPHY Euglena Myra Fernandes

HISTORY Rianna Costa

[58] LATE CANON ORLANDO RIBEIRO DE SANTANA PRIZE 2022-23:

Prize instituted by late Canon Orlando Ribeiro de Santana for outstanding performance in each of the following subjects at the final year.

HISTORY Rianna Costa

KONKANI Devita Khule

LITERATURE Vedangi Jagganath Parsekar

PHILOSOPHY Sahil Sandeep Morje

PORTUGUESE NIL

PSYCHOLOGY Candida Antonetta D'souza

[59] BISHOP ALTINO RIBEIRO DE SANTANA PRIZE 2022-23:

Prize instituted by late Canon Orlando Ribeiro de Santana for outstanding performance at the MA. Part and Part-II Psychology Programme, and for the student with overall performance in sports and studies

M.A. Part-I Chandsi Agar

M.A. Part-II Nerissa Zuzarte

Overall Performance Vaishnavi Ghosarwadkar

[60] DR. GRACIANO RIBEIRO DE SANTANA PRIZE 2022-23:

Prize instituted by late Canon Orlando Ribeiro de Santana for outstanding performance in each of the following subjects at the final year.

COMPUTER SCIENCE Alishka Fernandes

COMPUTER APPLICATIONS Avinash Shankarshan Pandey

SOCIOLOGY Sujata P. Kumbhar

[61] MR. LAMBERT MASCARENHAS PRIZE 2022-23:

To be given to the student securing highest marks in English at the Third Year B.A. University Examination

Vedangi Jagganath Parsekar

[62] MR. XAVIERINHO AND MRS. JULIET RODRIGUES SCHOLARSHIP 2022-23:

Prize instituted by their daughters Miss. Merle Nazareth and Mrs. Jeanette Lobo to be awarded to a deserving student

TYBSc Aneesh Anand Pal

[63] DR. SUDHA CHARI SCHOLARSHIP 2022-23:

(a) To be awarded to the student securing highest marks in Indian Philosophy at the Third Year University Examination.

Sahil Sandeep Morje

(b) To the best N.C.C. Girl Cadet.

DahnashriNaik

[64] PROF. MARIAIMELDA DE SOUZA PRIZE 2022-23:

Prize instituted for the best behaviour of a Third Year Arts Girl student.

KeoshaTanekar TYBA

[65] PROF. MARIAIMELDA DE SOUZA SCHOLARSHIP 2022-23:

Prize instituted for securing highest marks in each of the following subjects at the final year University Examinations.

MASS COMMUNICATION Karah Lisa Maria Fernandes

JOURNALISM Charlene Rosario

BIOTECHNOLOGY Shreya Pundalik Calangutkar

[66] FR. EDWARD D'CRUZ SCHOLARSHIP 2022-23:

Prize instituted by Adv. RamakantKhalap for securing highest marks in English at the TYBA University Examination.

Vedangi Jagganath Parsekar

[67] LATE JOSEPH MARSHALL PINTO SCHOLARSHIP 2022-23:

Prize instituted by Mrs. Maria F.R. De Sa to the best and deserving students in the following subjects of the final year.

TY MASS COMMUNICATION PrenzilaSarilda Abreu

TY JOURNALISM Sherly Wilson Coelho

[68] LATE MR. PHILIP D'SOUZA SCHOLARSHIP 2022-23:

Prize instituted by Ms. Lorna Pereira for securing highest marks in Mathematics at the Third Year B.Sc. University Examination.

Arianne Lira Vaz

[69] LATE MR. TOME MENEZES AND MRS. MARIA MATILDES MENEZES SCHOLARSHIP 2022-23:

Prize instituted by Sunita Lewis for girl students in the following subjects of the final year having overall performance

TYBCom Nidhi Pradeep Morajkar

TYBBA Ishika Tilve

[70] MS. ANA FIGUEIRAS SCHOLARSHIP 2022-23: ON HOLD

To be awarded to a deserving student or athlete residing in and around Guirim, and in case of non-availability, to a poor Catholic student from Goa (at the discretion of the Principal). NIL

[71] REV. CANON J.S. ANTIMO GOMES SCHOLARSHIP 2022-23:

Prize instituted by Rev. Canon J.S. Antimo Gomes Foundation to the following;

(a) To the student standing first in College at the Third Year B.A. University Examination.

Candida Antonetta Dsouza

(b) To the student standing first in College at the Third Year B.Sc. University Examination.

Alishka Fernandes

(c) To the student standing first in College at the Third Year B.Com. University Examination.

Sahil Rajendra Wader

(d) To the student securing highest marks in Philosophy at the Third Year B.A. University Examination.

Sahil Sandeep Morje

[72] LATE MR. WILLIAM ALFRED BORGES SCHOLARSHIP 2022-23:

Prize instituted by Ms. Tricia D. Vaz e Borges in the subject of Political Science to the following:

(a) The student securing highest marks in Political Science at the First Year BA, and continues studies in this College.

Satyam Kumar Singh

(b) The student securing highest marks in Political Science at the Second Year B.A and continues studies in this College.

Samida Nandan Walke

(c) The student securing highest marks in Political Science at the Third Year B.A. Examination.

Maithili Praveen Chumbalkar

[73] DR. ANNIE FERNANDES SCHOLARSHIP 2022-23:

To be awarded to the student securing highest marks in Sociology at the Third year B.A. theory Examination.

Sujata P. Kumbhar

[74] MR. VINCENT SOARES ACADEMIC EXCELLENCE AWARD 2022-23:

For highest marks in Physics in TYBSC

Suharsh Padloskar

ANNUAL (SCHOLARSHIPS & PRIZES)

[75] DEPARTMENT OF HINDI PRIZES FOR THE YEAR 2022-23:

(a) To the student securing highest marks in Hindi, at the T.Y.B.A. Examination.

Anam Khalifa

(b) To a deserving student of Third Year BA, Hindi, based on performance at the F.Y.B.A. and S.Y.B.A.

Mansi Prabhubhat Gaonkar

[76] DEPARTMENT OF MARATHI PRIZES FOR MARATHI FOR THE YEAR 2022-23:

a) To the student securing highest marks, in Marathi at the F.Y.BA. Examination

Rutvija Pilarnkar

b) To the student securing highest marks, in Marathi at the S.Y.BA. Examination

Samruddhi Yende

[77] LATE GANPAT JOSHI MEMORIAL PRIZE 2022-23:

To the student securing highest marks, in Marathi at the Third Year BA. Examination:

Mansi Sanjay Shetmandrekar

[78] DEPARTMENT OF COMPUTER SCIENCE PRIZES FOR THE YEAR 2022-23:

(a) To the student securing highest marks in Computer Science at F.Y.B.Sc. and continues studies in this College
Shreyash Gurudas Vaigankar

(b) To the student securing highest marks in Computer Science at S.Y.B.Sc. and continues studies in this College
taking Computer Science (6 Units) at the Third Year

Omkar Prasad Mhamal

[79] DEPARTMENT OF COMMERCE PRIZES FOR THE YEAR 2022-23:

(a) To the student securing the highest marks in the subject of E-ACCOUNTING at the Second Year B.Com
Examination and continues studies with Accounting in this College.

Dristy Dinesh Pednekar

Kushi Pradeep Harmalkar

(b) To the student securing the highest marks in the subject of RETAIL MANAGEMENT/ Financial Management
at the Second Year B.Com, Examination and continues studies with Cost Accounting in this College.

Aditi Surendra Gauns

(c) To the student securing the highest marks in the subject of RURAL MARKETING/consumer behaviour at the
Second Year B.Com. Examination and continues studies with Business Management in this College.

Gina Gracy Gomes

(d) To the student securing the highest marks in the subject of CAPITAL MARKETS AND FINANCIAL
SERVICES at the Second Year B.Com. Examination and continues studies with Banking in this College

Gina Gracy Gomes

(e) Two outstanding students nominated by the Dept. of Commerce

Male: Afaq Ajim Aga

Female: Nidhi Pradeep Morajkar

MANAGEMENT SCHOLARSHIPS & PRIZES

**[80] ST. XAVIER'S COLLEGE MANAGEMENT PRIZE FOR OUTSTANDING PERFORMANCE AT THE
M.Com. EXAMINATIONS 2022-23:**

Ms. Himagauri Anil Naik

**[81] ST. XAVIER'S COLLEGE MANAGEMENT PRIZE FOR OUTSTANDING PERFORMANCE AT THE
M.Sc. (PHYSICAL CHEMISTRY) EXAMINATIONS 2022-23:**

Ms. Aishwarya Shayamsundar Naik

[82] ST. XAVIER'S COLLEGE MANAGEMENT PRIZE FOR OVERALL PERFORMANCE 2022-23:

Prize awarded by the Management of St. Xavier's College for overall performance at the following degree
programmes.

TYBCA: Avinash Shankarshan Pandey

TYBBA (T&T): Cleann Paula Maria Mascarenhas

[83] MR. XAVIER TITLE 2022-23: Nathan Mark Cordeiro (TYBBA)

[84] MISS XAVIER TITLE 2022-23: Janice Matilda Noronha (TYBA)

[85] BEST (GIRL) N.C.C. CADET 2022-23: Riya Ulhas Baidkar TYBCom A

[86] BEST (BOY) N.C.C. CADET 2022-23: Senior Under Officer Sohail Nagnori TYBCom

[87] REV FR. SIMON DINIZ SCHOLARSHIP FOR

- a) Highest marks at TY (irrespective of stream): Alishka Fernandes
- b) Highest marks in Psychology: Candida Dsouza

DIAMOND JUBILEE SCHOLARSHIP

- a) Instituted by the Teaching Staff for an outstanding student of TYBA: Mr Meldon Fernandes
- b) Instituted by the Teaching Staff for an outstanding student of TYBCom: Mr Anuj P Naik
- c) Instituted by the Teaching Staff for an outstanding student of TYBSc: Mr Kshitij Kumar
- d) Instituted by the Teaching Staff for an outstanding student of TY Self Financed: Ms Lenina Pereira
- e) Instituted by the Teaching Staff for an outstanding student of PG Part II Self Financed: Ms Melanie da Rocha

"There is no passion to be found in playing small, in settling for a life that is less than the one you are capable of living."

Nelson Mandela



ACADEMIC ACHIEVEMENTS (POST-GRADUATE)

Congratulations

State Rankers of M.A. Psychology
Goa University Examination Held in April 2023



1st Rank

MS. ZUZARTE NERISSA ROSANNE



2nd Rank

MS. GEORGINA GREGORY GODINHO



3rd Rank

MS. COELHO FREEDA



3rd Rank

MS. KAVITA ALMEIDA



3rd Rank

MS. GAONKAR SALONI SANTOSH

Congratulations

State Rankers of M.Sc. Physical Chemistry
Goa University Examination Held in April 2023



1st Rank

MS. NAIK AISHWARYA SHAYAMSUNDAR



2nd Rank

MS. POLLE ANISHA ANIL



3rd Rank

MS. BHAGAT GARGI DAYANAND

CULTURAL ACHIEVEMENTS 2023-2024

- Winners at the 14th edition of **Pegasus 2024** organised by Department of English, Parvatibai Chowgule College of Arts and Science (Autonomous), Goa on **18th and 19th January 2024**
- Runners up at **Synergy** organized by Department of Bachelor's in Business Administration (BBA), Saraswat College on **19th and 20th January 2024**.
- Winners at **Quiz competition** organised by Youth Hostels Association of India held at Ravindra Bhavan, Margao on **23rd January 2024**.
- Runners up at **Politika** organized by Dhempe College of Arts and Science, Miramar- Goa on **13th January 2024**
- Winners at One Day State Level Inter - Collegiate Competition **XTRAVAGANZA** at Pernem College of Commerce and Arts on **30th January 2024**.
- Runners up at **IT Maestro** organized by Department of BCA, Saraswat College, Khorlim – Mapusa **27th January 2024**.
- Runners up at **Meteora** organized by Don Bosco College, Panjim on **1st and 2nd February 2024**
- Winners at **Botanica** organised by School of Biological Science and Biotechnology, Goa University on **16th February 2024**
- Runners up at **Sociofiesta** organized by Parvatibai Chowgule College of Arts and Science (Autonomous), Goa on **18th and 19th January 2024**
- Winners at Inter - Collegiate Competition **Summer Fest** organised by Rotaract Club of Mapusa on **17th February 2024**
- Winners at **Film Buster** organised by Don Bosco College, Panjim on **28th February 2024**
- Winners at One Day State Level Inter - Collegiate Competition **Insignia 8.0** organised by Rosary College of Commerce and Arts, Navelim, Goa on **2nd March 2024**
- Winners at **Creations 2024** organised by Dhempe College of Arts and Science, Miramar- Goa on **12th and 13th March 2024**
- Winners at **K-OSS** organized by Dempo College, Cujira, Bambolim on **15th and 16th March 2024**
- Winners at State Level Quiz Competition **Lit Star 2.0** Competition organised by Rosary College of Commerce and Arts, Navelim, Salcete Goa on **15th March 2024**
- Winners at **G-20 theme Reel Making Competition** organised by Goa University
- Winners at Annual State Level **Ecofest** organised by M.E.S. College of Arts and Commerce, Zuarinagar on **15th March 2024**
- Winners at **Inter - Collegiate Quiz Competition** on Green Chemistry and Laboratory Safety for better Sustainability organised by Dnyanprassarak Mandal's College and Research Centre, Assagao - Mapusa
- Runners up at **Brahmand 2024** organised by Ganpat Parsekar College of Education, Harmal – Goa on **16th March 2024**.

SPORTS ACHIEVEMENTS 2023-2024

I. INTERNATIONAL LEVEL

1. **Women Rugby Internationals**

Chanel Crizzle represented Indian National Rugby team for the Asia Rugby Regional qualifiers for Paris 2024 held at Osaka Japan from 18th to 19th November 2023.

II. NATIONAL LEVEL

1. **Women Football Nationals**

Pushpa Anand Parab, Saniya Pednekar, Simran Narvekar, Tanvi Parulekar, Pushpa Parab represented Goa state in Senior Women's National Football Championship 2023-24 held at Odisha from 10th to 22nd November 2023.

2. **Men Football Nationals**

Vinay Harji represented Goa State in 77th Senior Men National Football Championship 2023-24 held at Goa (Group Stage) **Winners** from 9th to 17th October 2023 and (Final Round) **Runners up** at Arunachal Pradesh from 21st February 2024.

3. **Body Building Nationals**

Piyush Harmalkar represented Goa State for 14th Junior Body Building Championship held at Tamil Nadu from 23rd to 25th February 2024.

4. **Women Hockey Nationals**

Riya Salgaonkar, Aditi Naik, Anoshka D'souza represented Goa State in 13th Hockey India Senior Women National Championship held at Andhra Pradesh from 15th to 24th February 2023.

Aditi Naik, Anoshka D'souza represented Goa State in 14th Hockey India Senior Women National Championship held at Pune from 13th to 23rd March 2024.

5. **Men Hockey Nationals**

Mr. Sarang Honakhande, Mr. Abhishek Pathak, Mr. Royce Monteiro represented 13th Junior Men Hockey India Championship held at Odisha from 12th to 22nd June 2023.

6. **Men Volleyball Nationals**

Mr. Sohit B. Naik represented Goa at 25th Youth National Volleyball Championship from 16th to 22nd December 2023.

7. **Women Cricket Nationals**

Ms. Mrunmayee V. Bhike represented Goa at U19 Women's Team for One Day Tournament Organised by BCCI which was held at Guwahati from 8th to 16th October 2023.

8. **Women Basketball Nationals**

Chrisann Noronha, Atika Suriya, Sejal Kudnekar, Assuciana Fernandes represented Goa at 73th National Basketball Championship held at Ludhiana from 3rd to 12th December 2023.

9. **Women Kabaddi Nationals**

Ms. Disha Gawas represented Goa at 70th Senior Women National Kabaddi Championship held at Punjab from 7th to 16th December 2023.

10. Women Wushu Nationals

Anshu Jaiswar participated at 32nd Senior Wushu National Championship held at Balevadi, Pune from 26th June to 1st July 2023.

11. Women Kiteboarding Nationals

Keona Rajani won Gold Medal at Kiteboarding Championship held at Chennai from 25th to 27th August 2023.

13. Women Athletics Nationals

Doris Goves won Gold Medal in 34th West Zone Athletic Championship held at Jodhpur, Rajasthan from 17th to 19th October 2023.

14. Men Athletics Nationals

Eldridge Fernandes participated in 34th West Zone Athletic Championship held at Jodhpur, Rajasthan from 17th to 19th October 2023.

15. Women Rugby Nationals

Chanel Crizzle participated at the U-18 Rugby 7's Championship held at Pune, Maharashtra from 5th to 6th June 2023.

III. NATIONAL GAMES

The following students represented Goa at the 37th National Games which was held in Goa from 25th October to 9th November 2023

NAME	GAME
Joslora Celina Mascarenhas	Taekwondo
Dielle Almeida	Basketball
Sheronne Anne Dias	Kayaking And Canoeing
Chanel Crizzle	Rugby
Anshu Sushil Jaiswar	Wushu
Eldridge Andre Fernandes	Athletics
Gulamemasud Ali Ahmed Kureshi	Wushu
Saniya Vivekanand Pednekar	Football
Aditi Agni Naik	Hockey
Atharv Umasut Sawant	Triathlon
Abhishek Pathak	Hockey
Swezial D'souza	Athletics
Chrisann Noronha	Basketball
Atika Javid Suriya	Basketball
Anoshka Dsouza	Hockey
Pushpa Parab	Football
Sukanya Naik	Lagori (Bronze medal)

I. INTER-UNIVERSITY NATIONALS

1. Football Men

Atmaram Jadhav, Manjunath Chavhan participated for West Zone Inter University Football Men Championship held at Mumbai from 31st December 2023 to 2nd January 2024.

2. Football Women:

Agnela Antao, Pushpa Parab, Saniya Pednekar, Simran Narvekar, Tanvi Parulekar won Silver Medal at West Zone Inter University Women Football Championship held at Gwalior (M.P) from 22nd to 26th December 2023 and thereafter qualified for All India Inter University Women Championship held at West Bengal from 9th to 13th January 2024 and qualified for Khelo India Inter University Football Women Championship held at Assam from 18th to 27th February 2024.

3. Cricket

Mrunmayee Bhike has represented Goa University in West Zone Inter University Cricket Championship held at Rewa M.P from 3rd to 11th February 2024.

4. Badminton

Soham Mandrekar participated at West Zone Inter University Badminton Men Championship held at MP Indore from 25th to 29th December 2023.

5. Kabaddi

Supriya Vishwakarma participated at West Zone Inter University Kabaddi Women Championship held at MP Chhatarpur from 21st to 25th December 2023.

6. Hockey Men

Sarang Honakhande, Ashutosh Narvekar, Abhishek Pathak, Kaushik Sakhalkar, Deepal Gurav, Royce Monteiro, Pavan Salgaonkar, Gulamemasud Kureshi represented Goa University at West Zone Inter- University Hockey Men Championship 2023-24 held at Bhopal M.P from 2nd to 8th January 2024.

7. Hockey Women

Riya Salgaonkar, Anoshka D'souza, Prajwala Harmalkar, Aditi Naik, Tanisha Pawar, Priya Dung Dung represented Goa University at West Zone Inter- University Hockey Women Championship 2023-24 held at Gwalior M.P from 13th to 17th January 2024.

8. Aquatics Women

Tanisha Murgod represented Goa University at South West Zone Inter University and All India Inter Zonal Aquatics Women Championship held at Chennai from 2nd to 4th January 2024 and qualified for All India Inter University Inter Zonal Aquatics Women Championship held at Chennai from 2nd to 4th February 2024.

9. Athletics Men

Eldridge Fernandes and Laxman Shetgoankar represented Goa University at West Zone Inter University Men Championship held at Odisha from 26th to 29th December 2023.

KHELO INDIA YOUTH GAMES

1. Football Men

Anson Pereira, Diwakar Chaudhari, Manjunath Chavhan, Minguel Pereira participated at Khelo India Youth Games 2023 held at Tamil Nadu from 20th to 31st January 2024.

2. Shooting Men

Yash Pawar participated at Khelo India Youth Games 2023 held at Tamil Nadu from 20th to 31st January 2024.

3. Wushu Women

Anshu Jaiswal participated at Khelo India Senior National Women's League held at Ranchi, Jharkhand from 24th to 28th February 2024.

4. Football Women:

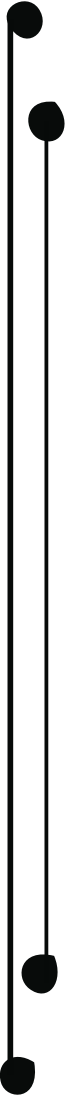
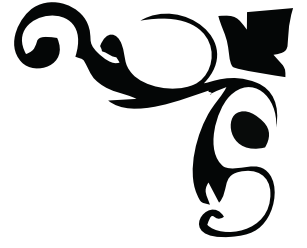
Pushpa Parab, Saniya Pednekar, Simran Narvekar, Tanvi Parulekar participated for Khelo India Inter University Football Women Championship held at Assam from 18th to 27th February 2024.

Winners	Runners up	3 rd place
Table Tennis Women	Football Women	Athletics Women
Volleyball Women	Swimming Women	Swimming Men
Basketball Women	Basketball Men	
Handball Men	Handball Women	
Hockey Men & Women		
Power Lifting Men		

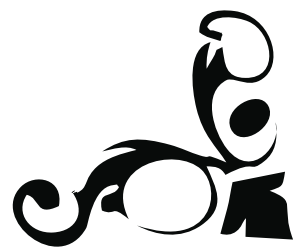
“Courage doesn’t always roar. Sometimes courage is the quiet voice at the end of the day saying ‘I will try again tomorrow.’”

Mary Anne Radmacher





*The Reflective
Pen*

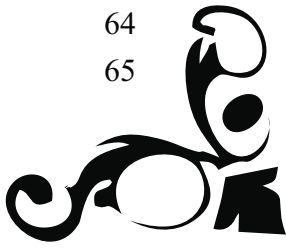





The English Section Contents



1. A Ragging-Free Campus	43
2. All Things Have A Purpose	43
3. The Art of Time Management	44
4. Into the Heartbeat of Goan Revelry: The Sabado Gordo	45
5. The Goan Dried Fish: Preserving Tradition in Every Bite	46
6. St. Xavier's College - Where Excellence Meets Opportunity	48
7. From Streets to Souls: The Magic of Rosomelette	49
8. Confidence for Dummies	50
9. Success Lessons from World Records	51
10. My Journey at St. Xavier's: Learning, Growing and Giving Back	52
11. Nature - God's Gift	53
12. Dear Love, You Knock At My Door and Flee, Are You That Afraid of Me?	53
13. Celebrating Furry Tales	54
14. Whatever It Means Anyways.....	55
15. The Voyage Across the Sea	56
16. Kombucha: A Timeless Elixir of Wellness and Culture	58
17. The Citric Acid Chronicles	59
18. Unearthing History: The Discovery of Queen Ketevan Relics in Goa	60
19. Life Goes On	61
20. Farewell	62
21. A Willing Victim of Your Love	63
22. We Are All Fools In Love	63
23. Difficult	64
24. Walking Back Home on a Lovely Day	65



A RAGGING-FREE CAMPUS

By Janice Noronha TYBA

Education is a multifaceted endeavour, encompassing the nurturing of minds, fostering camaraderie and shaping responsible citizens. However, this noble pursuit is sometimes marred by an age-old vice-ragging, which casts a dark cloud over growth and breeds fear. It is a disease that can kill. Thus, creating a ragging-free campus is the need of the hour.

This aspiration, though seemingly utopian, is well within reach. Spreading awareness is the first step. Conducting interactive seminars, and orientations, especially for the newcomers to inform them about their rights can go a long way in achieving this goal.

Silence is the worst enemy. Imagine an innocent student crouched in the corner of a classroom. Silently sobbing, while the bully boldly swaggers around the campus. Allowing distressing situations like this not only perpetuates unacceptable behaviour but also sometimes even physical trauma inflicted upon the victim. Educational institutions can take the lead by implementing stringent regulations, reinforced by a responsive and approachable committee ready to take action upon receiving a complaint.

Ultimately, the well-being of the individuals must be prioritised. Providing counselling sessions for both the perpetrator and the victim can help ensure that the issue is resolved on all fronts. And finally, students supporting one another and having each other's backs can go a long way in putting an end to this menace.

In a world striving for peace and progress, a ragging-free campus serves as a beacon of hope for students. By eradicating ragging, we pave the way for holistic growth, allowing students to focus on their aspirations and have an enriching college experience.

ALL THINGS HAVE A PURPOSE

By Astrid Rachel D Mello FYBA

As humans attain the highest level on the hierarchy of needs, they begin to turn their focus inwards, questioning the nature of their very existence. Across cultures and throughout history, we have pondered on the 'Purpose of Life' for decades. Alike but not identical, different cultures have varied perspectives on the idea that "everything has a purpose": For instance, The Japanese concept of *ikigai* refers to the idea that everyone has a unique purpose or reason for being that brings them joy and meaning. In many Eastern philosophies like Hinduism and Buddhism, the concept of dharma implies that everything has a specific role. The ancient Greek philosopher Aristotle argued that everything in the natural world, including inanimate objects, has an inherent intention or final cause.

It is an intriguing possibility that everything, from the tiniest particles to the largest animal, serves a distinct purpose. Let's illustrate it like this. Imagine time as an infinite 2-D plain. All things, objects and people flow as straight lines intersecting only to create other objects and events. The journey of one object ends when another object is created or when its purpose is served. Let's look at a particle of dirt. Each particle of dirt will

come together to form the growing beds of a seed that later sprouts into a tree. Each is vital for the growth of new life. The particle of soil is no more itself but becoming part of soil, ending its life as an individual molecule as its purpose is fulfilled. If an entity were to take a different direction, its journey on the time plain would eventually collide with other objects, giving rise to alternative events. Let's look at the molecule of dirt. Imagine that same molecule of dust, taking an alternative path, travelling through the air and eventually finding its way into a person's eye. This could irritate and potentially lead to an accident if the person were driving at the time. The dust particle's presence in the person's eye could trigger a chain reaction, setting off a whole new series of events. Even the tiniest change in its placement can change the entire course of events. Therefore, all the actions we take and the things we do have a predetermined time, place, and purpose. It's a remarkable understanding that something as seemingly insignificant as a speck of dust may have so much purpose and meaning, reassuring us that the destiny of humans is even greater.

Our questions may be ever-growing but let it be as simple as this, all things matter, big or small, for everything is the result or something else. The tiniest of actions can become cause for the biggest of situations. Everyone has a part. Irrespective of whether or not your worth is known to you, rest assured that every action of yours brings about a change in the time plain. Each move you make is valued because even a tiny gesture can make up an entire event. Every breath you take makes a change somewhere and to someone. And so, dear readers, as long as the sun shines above and waters flow on, know that your very existence has a purpose.

THE ART OF TIME MANAGEMENT

By Jenish Edwin FYBCom

As a college student, I've learned the art of time management. It's like juggling different tasks without letting any drop. From classes to assignments to hanging out with friends, there's a lot to handle every day. But with a bit of planning and discipline, it's doable.

Time management for students isn't just about academics; it's about balancing everything, including extracurricular activities. I used to be the quietest boy in my class, but my teachers encouraged me to step out of my comfort zone. Their support inspired me to explore and grow.

Setting priorities and sticking to a schedule became my strategy. Flexibility is key when unexpected things pop up. Each day, I spend time finding my passions and balancing academics, activities, and moments of personal reflection. I've participated in various college and intercollegiate events and even joined the college sports team.

Mastering time management has made college life less stressful. It's about finding a balance that keeps me happy and healthy. By managing my time effectively, I'm not just surviving college - I'm thriving, making the most of every moment.

With this, I would like to conclude that from time management, you'll learn valuable skills like prioritization, organization, and discipline. You'll also learn about how to balance competing demands, set achievable goals, and make the most of your time.

INTO THE HEARTBEAT OF GOAN REVELRY: THE *SABADO GORDO*

By Dr. Sharmila Pais
Department of History

As a student of history, I find myself traversing the corridors of time, often reflecting on the bygone decades that shaped the cultural odysseys of my generation. These reflections fill my mind with nostalgic memories, one being that of the vibrant celebration of the *Sabado Gordo*. For many, the *Sabado Gordo*, is not merely a day of revelry, it is a celebration of the cultural heritage of Goa. It marks the onset of the indulgent festive Carnival celebrations preceding the solemn season of reflection, atonement and fasting that is characteristic of the Christian Lent. *Sabado Gordo* is a phrase that many among the senior generation in Goa are familiar, alluding to the spectacle of colour, indulgence and merrymaking galas. The fact that the term 'Sabado Gordo' was used not only in Goa, but also in Portugal and many other countries indicated that Carnival traditions were widely celebrated. Festivities usually began on a Saturday and culminated with the Fat Tuesday or 'Mardi Gras' before Ash Wednesday.

An annual visit to Panjim for people from the neighbouring villages, on the day of the 'Sabado Gordo' of the Carnival was a culturally enriching experience. The popular use of the word *Carnaval* is in consistence with the phonetics of the Portuguese language and its influence in Goa. Personally, for me, a trip of 12 kilometers by bus to witness the elaborate 'Carnaval' parade during the late 1980s was a much-anticipated occasion. The colourful parades, vibrant costumes of dancers and pot-bellied men on bicycles navigating their way across the crowded streets of Panjim brought cheer and laughter on people's faces. Likewise, masked men with concealed identities formed a quintessential feature of the parade. The experiences of the *Sabado Gordo* remained ingrained in memory for a long time.

The spirit of the Saturnalia Festival in ancient Rome, with its emphasis on revelry and casting aside societal norms laid the groundwork for varied Carnival traditions across the world. Merry-making and overindulgence accompanied this event. The Roman tradition was practiced in many countries of Europe although it was not recognised in any liturgical traditions of the Church. The Latin phrase, Latin *carnelevare* or *carnelevarium* denotes the abstinence of meat after the onset of the Lenten Season to observe penitence and suffering characteristic of this period.

The introduction of the Carnival or 'Carnaval' in Goa is documented, but its exact origin remains somewhat obscure. References to *Carnaval* celebrations in Goa are commonly found in 19th-century government bulletins and some private periodicals. The festivities included parades, dances, colorful costumes and music, thereby lending an atmosphere of gaiety and amusement. The Portuguese Government issued regulations time and again aimed at ensuring decorum and public safety during the Carnival celebrations.

An interesting reference to the *Sabado Gordo* (in 1866) found in the *A India Portuguesa*, a 19th-century periodical provides a historical glimpse of the Carnival celebrations in Goa during the Portuguese regime. Several regulatory measures were issued by the government during the Carnival celebrations. It pronounced

the closure of certain libraries in Goa, including that of the Rachol Seminary thereby indicating its impact on society. Stern guidelines were issued time and again to regulate Carnival festivities in the territory.

In 1873, the Administrator of the Ilhas (Tiswadi) pronounced the orders of the Governor-General of India, Joaquim José de Macedo Couto for the smooth celebration of the *Carnaval*. Interestingly, fanciful clothing was permitted during the occasion, but masked costumes were prohibited in the Old and New Conquests of Goa. Such prohibitory orders reflect the concern of the government about the potential mischief and apprehensions to public safety in society. Masks of different sizes and shapes were associated with the *Carnaval*. But the anonymity associated with it probably allowed merrymakers to indulge in mischief without being recognised. Village magistrates in Goa were also involved in enforcing the regulations of the colonial government. The emphasis on vigilance suggests the potential challenges that could arise during the celebrations. And rightly enough, some unpleasant incidents, brawls and drunken episodes were also reported in different parts of Goa during the celebration. The costume soiree organised during the *Carnaval* by the Steering Committee of Clube de Nova Goa in Panjim, and a well-equipped restaurant served as a fitting end to the *Carnaval* celebration in the capital for a long time.

Regulatory measures continued to be issued in the 20th century by the colonial government. After 1961, the tradition of the *Sabado Gordo* sustained with equal funfair. Carnival celebrations attracted hundreds of tourists from different parts of the country to visit the Union Territory. Over time, some 'hippies' also began to participate in the parade in the streets of Panjim, Margao and Mapusa and these in turn, attracted many domestic voyeurs from across the country. The Goan *Carnaval* has evolved over time to accommodate diverse perspectives of the changing times. Carnival floats have also encouraged green practices by encouraging eco-friendly practices, recycling initiatives and raising awareness about environmental preservation. Yet, the nostalgic memory of the Sabado Gordo holds a special place among many *Goemkars*.

THE GOAN DRIED FISH: PRESERVING TRADITION IN EVERY BITE

By Riya Harmalkar TYBA

In the heart of Goa, dried fish or *kharem* holds an important place within its culture. It brings nostalgic memories of yesteryears when people led a simple lifestyle. Goan families preserved the sea's bounty for the months when the fishing season came to a halt. This age-old tradition dates to the days when refrigeration was unheard of, and the coastal communities relied on sun and salt to preserve their daily catch. Several varieties of fish such as the *Bombil* (Bombay duck), *Xevto* (shad fish) *Mori* (shark) or others have been preserved in Goan households for generations, representing both sustenance and the rich cultural heritage of this coastal state.

Drying fish probably started out of necessity, following nature's cycles and the fishing community's traditions. As monsoons began each year, fishing was temporarily banned to allow marine life to regenerate. To ensure a supply of seafood through the rainy season, fishermen cleaned, salted, and laid their catch to dry in the hot Goan sun. The natural preservation technique gave birth to an array of dried fish varieties, each with its own flavor and culinary use.

The method of drying fish is both simple and time-tested. Once caught, the fish are gutted, cleaned, and generously salted to enhance both flavor and preservation. The salted fish are then spread out on wooden racks or large bamboo racks called *Sali* or laid directly on the sands of Goa's beaches, allowing the sun to naturally dehydrate them over several days. The dried fish can last for months, providing a reliable source of protein even when fresh fish is scarce.

Dried fish has long been a key ingredient in many traditional Goan dishes. From the sharp, tangy *xevto uddamethi*, a curry made with dried *shad*, to *mori ambotik*, a sour-spicy shark curry, the strong flavors of dried fish are balanced with the local staples of coconut, tamarind, and spices. Dried prawns, or *sukyasingta*, are often stir-fried with onions and green chilies or used in *kismur*, a popular Goan side dish that combines dried prawns with fresh coconut and spices. *Para*, a spicy pickle made from dried mackerel or sardines, is another delicacy that holds a special place on Goan dining tables, its fiery taste lingering long after the meal is over.

In the past, dry fish was a necessity, a way for families to survive the monsoon season. Today, with modern refrigeration and global food supply chains, fresh fish is available year-round. However, despite these conveniences, dried fish remains a beloved part of Goan cuisine. For many, the pungent aroma of *sukem* or the tangy bite of *para* is a reminder of childhood and family gatherings.

In modern times, the dried fish has not lost its appeal. Its distinct taste lends the Goan curry a unique charm. Its strong and delicious flavour allows it a special place in Goan kitchens. For me, dried fish was more than a childhood memory. I can recall the wonderful summer vacation spent in my grandmother's home in Siolim by the sea. As a little girl, I would watch her skillfully clean and salt the fresh catch of the day. Her hands moved tenderly due to years of practice. Rows of fish like *bombil*, *xevto*, *mori*, and *bangdo* would hang like decorations in the backyard. I am equally reminded of the pile of small prawns laid on bamboo carpets to dry under the hot sun. The breeze carried the distinct aroma of the fish a long distance and such nostalgic memories remain etched in my mind till day.

Life took me away from my grandmother's home as I grew older. I found myself immersed in the fast-paced city life away from the rustic coastal life of the village. In the rush of modern living, I forgot about the meals I once adored, like my grandmother's *sukem* or *galmo* or the fiery *mori ambotik* that my mother cooked on rainy evenings. My mother too had traded the pungent aroma of dried fish for the sleek conveniences of city cuisine.

Years later, after my grandmother passed away one day, I returned to her ancestral home with my mother to sort through her belongings. The house, though quiet, still smelled faintly of *kharem*. In the kitchen, I found my grandmother's old wooden drying racks, weathered and worn from decades of use. Tucked away in a cupboard, I found a jar of dried prawns that my grandmother had prepared in her final months. Holding it, I felt a wave of nostalgia and longing, a connection to the past I had forgotten. That evening, I decided to make *galmo*, using the same recipe my grandmother had taught me as a child. As the dried prawns sizzled in the pan, releasing their familiar, strong aroma, I was transported back to those carefree afternoons in the backyard. I put some grated coconut, chillies, chopped tomato, salt and tamarind with bit of water to cook it. The first bite of the dish brought tears to my eyes. It was as though my grandmother was there, sitting beside

me, telling stories of old Goa, where everything was made by hand, with love and patience.

In that moment, I realized that dried fish was not just a food from the past, it was a living link to my family, my heritage, and the resilience of my ancestors. It was a taste of home, of traditions passed down through generations, and of a time when life was simpler but richer in meaning.

ST. XAVIER'S COLLEGE – WHERE EXCELLENCE MEETS OPPORTUNITY

By David Marottikal TYBCom

As I reflect on my time at St. Xavier's College, I am filled with a myriad of emotions – from nostalgia to sheer gratitude for the experiences that have shaped me into the person I am today. My journey at this esteemed institution has been nothing short of transformative, marked by trials, triumphs, and invaluable lessons along the way.

One of the defining aspects of my college life has been my active participation in various extracurricular activities. From the adrenaline rush of basketball tournaments to the exhilarating challenge of elocution competitions, each endeavor has not only tested my skills but also pushed me to strive for excellence. I vividly recall representing St. Xavier's at the national level, feeling the weight of responsibility on my shoulders yet fueled by the unwavering support of my teammates and coaches. The thrill of victory in intercollegiate competitions, including securing first place in basketball and elocution, remains etched in my memory as a testament to perseverance and dedication.

I am immensely grateful to the faculty and mentors at St. Xavier's for fostering an environment where students are encouraged to explore their passions and talents. Their guidance and encouragement have been instrumental in my personal and academic growth, instilling in me a sense of discipline, responsibility, and a thirst for knowledge that extends beyond the confines of textbooks.

One of the highlights of my college journey was being entrusted with the responsibility of organizing flagship events such as Arena 2024. Serving as a committee head for the valedictory ceremony was both a privilege and a challenge, requiring meticulous planning, teamwork, and effective communication. The experience not only honed my organizational skills but also provided me with invaluable leadership insights that will undoubtedly serve me well in my future endeavors.

In addition to my involvement in Arena, I had the opportunity to showcase my talents in other forums such as Insignia 8.0, where I clinched third place in sales pitch and secured first place in beatbox. These experiences have taught me the importance of resilience, adaptability, and the willingness to step out of my comfort zone in pursuit of excellence.

Beyond the realm of competitions and events, St. Xavier's College has been a nurturing and inclusive

community that values holistic development. The camaraderie among peers, the rich cultural diversity, and the spirit of collaboration are among the many facets that make this institution truly special.

Indeed, the journey through college life has been rife with challenges, but it is through perseverance, hard work, and unwavering determination that we emerge victorious. As I look back on my time at St. Xavier's College, I am filled with immense gratitude for the invaluable lessons learned, the friendships forged, and the countless memories that will forever hold a special place in my heart.

To all the young minds embarking on their own college journey, I urge you to seize every opportunity, embrace every challenge, and dare to dream big. Let St. Xavier's College be not just a destination, but a transformative experience that propels you towards greatness.

In the end, it is not merely the accolades or achievements that define our college experience, but the journey of self-discovery, growth, and the bonds forged along the way. As we bid farewell to this chapter of our lives, let us carry forward the lessons learned and the memories cherished, as we embark on the next chapter of our journey with renewed vigor and determination.

FROM STREETS TO SOULS: THE MAGIC OF ROSOMELETTE

By Candace Fernandes TYBBA

Goa is known for its stunning beaches and vibrant culture, but for locals, there's another thing that defines the spirit of this coastal paradise—Ros Omelette. This unassuming street food holds a special place in the hearts of Goans. It's more than just a snack; it's a dish that speaks to comfort, tradition, and the simple joys of life. Whether you're a local grabbing a quick bite on a busy day or someone savoring it as part of Sunday ritual, Ros Omelette is a true reflection of Goa's rich culinary soul.

The magic of Ros Omelette lies in its beautiful simplicity. The dish begins with a freshly made omelette, soft and fluffy, with just the right hint of spice from green chilies, onions, and coriander. But what takes this omelette to another level is the ros, a coconut-based chicken curry that is full of bold, warming flavors. Poured generously over the omelette, the curry soaks into the eggs, blending the richness of the coconut with the earthy spices of Goa. The dish is then garnished with fresh coriander, crisp raw onions, and a squeeze of lemon to balance the heat, and it's typically served with pav or poi, traditional Goan breads. The result is a plate of food that feels familiar and soul-satisfying—a true Goan comfort dish.

For Goans, Ros Omelette is more than just a street food staple—it's a tradition, especially on Sundays. A Sunday in Goa is not complete without stopping by your favorite vendor for a steaming hot plate of Ros Omelette. Whether it's eaten at home or standing by a cart on the street, this dish brings a sense of warmth and nostalgia. On Sundays, the air is filled with the smell of frying omelettes and simmering curry, and locals gather around their favorite nakos and charraste (street corners), waiting for their turn to savor this beloved treat. It's a dish that transcends class and age—equally enjoyed by everyone, from young children to elderly patrons who've been indulging in it for decades.

While new food trends have come and gone in Goa, Ros Omelette remains a favorite. When Shawarma first appeared on Goa's street food scene, many were drawn to the novelty of it. Shawarma stalls began cropping up everywhere, offering a new and exciting alternative to the usual street snacks. For a moment, it seemed like Shawarma might challenge Ros Omelette's status as the go-to comfort food. People were intrigued, and the craze caught on. But as the novelty wore off, Goans returned to what they knew best. Shawarma was good, sure—but it couldn't replace the warmth, the spice, and the sense of home that Ros Omelette offered. The truth was simple: nothing could beat the classic.

What makes Ros Omelette so special isn't just its taste—it's the feeling it brings with every bite. It's the kind of dish that reminds you of family, of those evenings, of standing by your favorite street vendor as you watch the omelette being cooked to perfection. It's not about fancy ingredients or complex cooking techniques. Rather, it's the unpretentious, hearty nature of the dish that draws people in. The combination of the spicy coconut curry with the softness of the omelette, paired with the familiar texture of pav or poi, creates a comfort that satisfies not just your hunger, but something deeper.

In a fast-changing world, Ros Omelette remains a constant, a dish that has stood the test of time. It's a celebration of Goa's rich culinary history, blending Portuguese and Indian influences into something uniquely Goan. No matter how many food fads come and go, Ros Omelette stays—a timeless reminder that the best things in life are often the simplest.

CONFIDENCE FOR DUMMIES

By Joseph Samuel FYBA

Confidence is in essence, the belief that you will be okay. To have self-confidence is to approach a challenge, believing it will overwhelm you, regardless of the outcome. You will have self-confidence when you intimately understand that you will be fine, even if things go badly.

Confidence springs from two roots:

Experience and worldview.

Most people develop self-confidence in specific areas by constantly practising, performing, reflecting, and seeing firsthand that they will be okay, even if things go awry. This confidence does not necessarily translate to other contexts, however. For example, a musician who is comfortable performing a song on stage may not be comfortable answering a quiz because he simply does not have the experience in quizzing to intimately know that he will be okay. That's why the uncertainty of the quiz may conjure base fears, when the stage may not, even though the stage risks more embarrassment. We will call this Experiential Confidence.

On the other hand, some individuals derive their confidence from their overarching perspective on life. They maintain a steadfast belief in their well-being, irrespective of the challenges they face. This conviction may stem from their faith, ideological beliefs, or the influence of their immediate social circle. Their life experiences further reinforce this worldview, thus cementing it as a pivotal source of confidence.

These people are more inclined to try out new things, thereby cultivating experiential confidence, which further reinforces their worldview, making them even more likely to try other things. This creates even more experiential confidence, further cementing their worldview, and on and on the virtuous cycle continues.

I align myself with this latter group, having adopted a worldview that nurtures self-confidence from my parents and through my engagement with my faith. This outlook has propelled me into avenues like public speaking and performing from a very young age, benefiting immensely from this cycle of self-confidence.

For those looking to cultivate self-confidence from scratch, the advice is straightforward: Go out and try things. This could mean participating in inter-college events, volunteering for classroom explanations, or initiating conversations with strangers. You will embarrass yourself. That is good. That is the point. You need to see that embarrassing yourself is not a big deal. You will still be okay.

Embarrassment is not real. It's all in your head. You will realize this once you try and see for yourself multiple times. If that sounds too intimidating, the bare minimum would be to try and learn new skills. The internet offers a plethora of resources for virtually any skill. If you do not have the discipline to learn by yourself, that's okay. Neither do I. You can still sign up for classes. For example, you want to learn music, join a music school, or get a private tutor. If you want to get better at speaking, join a Toastmasters club.

All of this will be intimidating at first. How could it not? It's easy to be intimidated by others' seemingly effortless excellence. However, what appears effortless is often the result of years of dedicated practice. That could very easily be you if only you decide to make it so. Or you could decide against it and betray yourself for nothing. If you do, that will be why no one remembers you. What's the point of that?

Seize your life and take from it what you want.

SUCCESS LESSONS FROM WORLD RECORDS

By Yash Pawar FYBCom

Over the past 7 years, I have found my new identity that has given me everything. From being an average kid who did nothing, to becoming that person who started understanding what it means to be one of the best in the world at what he does. It's finally time to break the suspense. I break world records in jumping jacks and have broken 7 records out of which 4 are world records.

Over these years of breaking world records and maturing in the world of jumping jacks, I have learnt a lot of things and I guarantee you that your life will completely change if you implement these lessons. But, if you are wondering what a person of my age will teach, I would suggest that you read the first paragraph again.

The first one is, knowing the importance of every second. I break world records in under 1 minute which means that speed for me is calculated in seconds and that has taught me the importance of 1 second because when you fail to break a world record because of 1 second it has a different type of pain associated with it, as you know that you lost it by a very small margin. Knowing that in 1 second you can lose a lot or make history,

you will start to value even 1 second and if you follow this you will never be late to college because you will be in before 8:30.

The second one is harnessing the power of repetition. When you repeat something again and again and again you tend to master it. Many people told me this as a kid but now after doing about 60000 to 70000 jumping jacks myself, it makes more sense. In the same way, if you choose any existing or new skill that you have or want to learn and if you just keep working towards it every single day then the probability of you attaining mastery in that skill is confirmed.

MY JOURNEY AT ST. XAVIER'S: LEARNING, GROWING, AND GIVING BACK

By Anuj Naik TYBCom

My journey at St. Xavier's College felt quite like a movie. F.Y.B.Com seemed like the trailer with the first half of it going by almost like a blur in the online mode and the other half going by trying to get to know my teachers and classmates, learning new subjects and finding out our likes and dislikes with respect to the subjects, quite basic yet fulfilling.

The real show started in Second year, when I took part in various extra-curricular activities, joined the N.S.S. to make up for the opportunities I missed in my first year. This was a landmark year, the year when the whole college came together after the pandemic to showcase our abilities and talents. The Commerce Department organized ARENA, an inter-collegiate competition where I was party to and got to witness firsthand the true potential, abilities, unity and standards of our college and our department. Similarly each department had their own events and activities for students to participate in, as well as to host. The college made sure to offer enough opportunities for students to step outside their comfort zone and get ready to face real life and its challenges.

By the time I reached my final year I had built a really good rapport with my friends and teachers, and I truly felt that the best way I could give back to my Alma Mater would be by serving on the Student's Council where to my delight I was also elected as the General Secretary of the Students Council. I have been blessed with the best teachers and college mates one could ever wish for. My teachers have gone above and beyond their duty to help me achieve my potential in academics as well as co-curricular activities, and my college mates made me realize that, with a solid team, one can achieve anything one strives for and together we brought glory and laurels to our institution.

The most crucial, exciting and formative moments of my college life were spent both in and out of the classroom, studying, strategizing, having group discussions, practicing for and participating in events and the unforgettable thrill of winning many competitions across the state. These experiences have formed and groomed me and I will always carry them within myself. My tagline throughout college life has been, "Once a Xavierite, always a Xavierite" and I will forever be a proud Xavierite!

NATURE - GOD'S GIFT

By Jecy Rego (Junior Stenographer)

God had the authority to command nature come to life, in the same way we reflect the image of God. God not only created the Earth but also called us to protect and safeguard its resources for future generations. His creation in nature reflects His creativity and splendour. Mt. 6 (26) "Look at the birds of the air; they do not sow or reap or gather into barns, and yet your heavenly Father feeds them. Are you not of more value than them?" Nature reveals to us His presence, beauty, glory, power, wisdom, and most of all His loving care. Romans 1 (20) We find His eternal power and divine nature. God is speaking through his creation and is waiting for us to listen. Our natural environment does not just teach us about creation in an academic sense, although it can. It leads us towards an appreciation of God's glory. It can help us to nurture the fruits of the spirit. Nature can inspire one's personal dedication to God.

The more we exploit and destroy nature, the more ecological imbalance we will create. Poor air quality and noise pollution is a growing problem that seems very difficult to tackle. Climate change is becoming more and more severe, causing water scarcity, poor harvest, heat waves, forest fires, floods and various illnesses, etc. It is cheaper, easier to prevent damage than to repair it. Our Institution is planning a Green Audit, and a lot of awareness / initiatives are taken to keep our campus clean and green, resulting in breathing clean air. To begin with, we must put a stop to polluting the environment, I alone cannot do it but obviously together we can save the environment. Refuse, Re-use, Reduce, plastic, and many other 'Sustainable Practices' can be followed. Let us nurture the natural environment and by nurturing the clean environment, we will enjoy clean air, water and good health.

DEAR LOVE, YOU KNOCK AT MY DOOR AND FLEE, ARE YOU THAT AFRAID OF ME?

By Tavia De Souza FYBA

I long for dissolution
I lay my heart in the hands of those that emit flames
I mistake the burns for affection
How foolish of me to fall back into the furnace each time I'm love starved

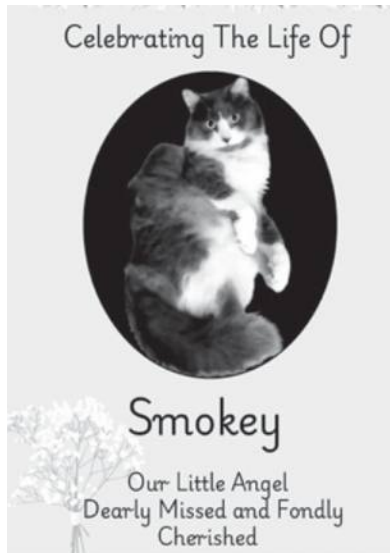
Fire has become my best friend
How will I know heaven when all I've felt is hell?
Perhaps I've fallen in love with Lucifer
Only the boundless heavens can save my soul.

Where art thou Almighty?
I ache for the embrace of salvation.

CELEBRATING FURRY TALES

By Shirlene Palha Fernandes
Department of English

What would you say when a 7 pound robust furry body is invested with a high pitched cry? It fascinated me no end to stumble upon nature's quirks



This is Smoker de Smokes my three year old greyish blue ball of fur, a kitty we had all grown to cherish in our family. He was the first born to Garfield and Jiji and boy, what a sight to behold he was A chubby bundle out and kicking to experience the world first hand, Smokey (as we would call him affectionately), was a recluse, he loved spaces that would hide him away. The kitchen cabinet was his favorite haunt and he could remain there throughout the day only coming out for meals. We presume he suffered from some kind of anxiety and this guarded space offered him comfort and solace. One day the housekeeper chose to dig into the cabinet for some condiments, when she let out a scream she had seen the makings of a fluffy tail and assumed the worst. In the bargain, Smokey ran out confused and disoriented, probably thinking, “ Ah these annoying humans, can't leave me alone!”

A gentle giant among the other kitties, Smokey was the courteous gentleman, always seeking to be pleasant. Not a day would he show aggression or hiss if displeased. He loved cuddles but at his pace and whenever Smokey jumped on the bed you could understand he needed the human touch. Like most Persian cats, Smokey kept his boundaries and we at home knew better than to violate his space.

When all was silent and we were preparing for bed, Smokey would let out his signature high pitched cry near the front door asking to be let out Till today I can't fathom the logic that this request was never made throughout the day. His size belied his demeanor and it was hilarious to watch how Smokey would crouch and run for his life at the sight of visitors. He was our loving *Darpok* and we could do nothing but be amply amused.

Something fascinating occurred when the next litter of kitties were born. The mama kitty would need to refresh and during those times the little new borns would cry their hearts out, yelling with all their might. It was then that we would stumble upon Smokey jumping into the cozy box to become their haven of peace. When the little kitties searched to suckle at Smokey, he would display utter despair that he couldn't come to their aid. This occurred on repeated occasions and we had to hide behind the door to watch these loving interactions.

27 July, 2024, is a day that will be etched in our hearts forever. A grim reminder of the transience of life and how important it is to cherish the good times while they last. As a family, we have chosen to remember Smokey through a number of photographs in different avatars. As I browse through my phone gallery, Smokey comes alive again and that's how it should be We will always be grateful for the three beautiful years with our dearest Smokey.

WHATEVER IT MEANS ANYWAYS.....

By Pamela Fernandes
Department of History

English is a universal language. This was the inevitable outcome of British colonialism that started in the early years of the 17th Century, when Queen Elizabeth I, thought it better to divert the energies of her British subjects who were squabbling over matters of faith and politics at home. She encouraged them to get adventurous and channelize their fanaticism to ambitions of rediscovering lands across the globe, an assumption that this would create for England an overseas Empire and would promote trade that would boost the economy of Britain and indeed it did! England created the biggest colonial empire stretching across the globe over which the 'Sun never set'. By 1857, practically the whole of India was under the British.

The colonised peoples eventually learnt English. Practically every British colony would develop its own brand of English. It was the language of the rulers, the medium to western education and more importantly, the key to Government jobs. That was true in India too. A linguistic fusion of native vernaculars and the English language was inevitable. For example today who isn't familiar with speaking '*Hindlish* and '*Konklish*'? It is so much a part of our everyday interactions, that one hardly notices it.

After over 75 years of India's independence, despite the frequent 'firangi bhasha' battering, English still holds its own in official and unofficial communication and education and in every sphere of life. This is not unusual. What is unusual is how Indians have evolved a form of English which challenges traditional Oxonian grammar and comprehension and yet is accepted and interpreted as you like it-whatever it means anyways....

We all are familiar with this illustration: BLOW OK HORN - Riding or driving behind a heavy duty vehicle we come across this very common- 'Blow OK Horn' instruction, quite an unnecessary distraction. Is not a vehicle provided with a horn for a purpose? So what does this mean? Do they mean blow your horn right or blow the right horn or blow an OK horn or like choosing a ringtone, one needs to choose the right tone, pitch for blowing the horn? There is only one horn to blow. It is not like different gears of a vehicle that you have to decide which one you use. Whatever it means any way this rear notice remains unchanged over the decades. It would have been more reasonable if the instruction read: 'Don't blast your horn'.

Outside a pharmacy a big poster read: 'Leave happily with diabetes!!!' as though the pharmacy made a generous offer of diabetes for its customers at a big discount. This kind of an advertisement passes off in India. It is our freedom of expression and communication that few in the English speaking world could boast of. It is a freedom to 'understand as you please' whatever it means anyways!

Every side or rear of vehicles is a multi-lingual advertisement board either for the Government. or for the owner or even for an organisation. Advertising products, family members' names, expressions of faith, praying for divine protection, invoking the saints and deities, invoking the blessings of the mother, and even promoting solutions to over-population or transmission of deadly diseases is not uncommon and done quite unabashedly.

The hospitality industry, no less, has a lingo of its own, “Welcome to our Hotel- Boarding and *Fooding* available”. The Indian news and entertainment channels show style and flair at *Hindlish*, using use key words in English to get across their message. The different platforms of social media too use *Hindlish* to express themselves. Hindi is now often written in the English letters of the alphabet not the Devnagiri script. This is not surprising at all when you hear of a Doctorate in English Literature earned in the Marathi (Devnagiri) script. Konkani in the Kannada script, English in the Devnagiri script and Hindi in the English script, nothing is impossible in India. We have a genius at creativity in any field and as you see language is no exception, as justified by a colleague. “Language is all about communicationnever mind the rest...” and so it is. “Yehi toh hai Zindagi....”. Whatever that means anyways!!!

THE VOYAGE ACROSS THE SEA

By Arina Frank
Department of Microbiology

Isabella de Cruz was born to a family of modest nobility in Lisbon, Portugal. Her father, a wealthy fidalgo, Senhor Paulo de Cruz, driven by ambition and riches had amassed a fortune investing in the Portuguese expeditions to the New World. Not all by fair means, mind you. But unlike her father, Isabella's heart was captivated by the delicate art of healing and the beauty of the natural world.

As a child, Isabella spent hours wandering through her mother Dona Inés's garden. Under the watchful eye of her mother, she learnt the medicinal properties of each plant, an ancient knowledge passed down by women in their family. Educated in botany, reading, and writing, she was fiercely curious and independent, a rarity in her time. When maidens in Lisbon prepared for marriage, Isabella dreamed of studying medicine, something unthinkable for a woman in the 16th century. Why, she even secretly apprenticed with a local apothecary!

When her father announced that they would be joining an expedition to Goa, India to manage his newly acquired spice and coconut plantation, Isabella's heart sank. For her father, it was a means of increasing the family's wealth and influence. For her, it would mean an unwelcome distraction from her life in Portugal.

Given no choice, Isabella was resigned to her fate. The voyage was perilous, and Isabella's herbal remedies and knowledge became invaluable aboard the ship. She nursed the *marinheiros* and settlers alike, gaining their respect and that of her father.

When Isabella first arrived on the shore of Chorão, a small island in Ilhas, Goa she was mesmerized by the lush, verdant world she encountered. She marvelled at the vibrant markets and the endless stalls filled with cardamom, cinnamon, and turmeric. However, the excitement faded quickly. She'd barely settled in when she heard alarming news: a strange and deadly sickness had struck the people near the docks. Fever, blackened boils, and unbearable pain swept through the city. To the locals, it was **mahamari**, the plague. Isabella persuaded her father to let her visit the affected neighborhoods, and armed with her satchel of European herbs and garlic she wanted to help, though she had no idea what she was up against.

In the thick of this chaos, Isabella met Bostião, revered in the Goan community for his knowledge of Ayurveda, who was tending to the sick. He was tall and calm, with the quiet wisdom of someone who understood and respected the land. She found herself drawn to his knowledge, watching as he tended to the sick, unable to save most but giving them dignity and peace in their last moments. They shared a love of healing made them fast friends, and soon they were working side-by-side, blending Portuguese and Ayurvedic remedies to alleviate the villagers' suffering.

Bostião introduced Isabella to **tulsi**, explaining its immunity-boosting properties. Isabella shared her experience with **garlic poultices**, an old Portuguese remedy for infections. They applied crushed garlic directly to the swollen, painful buboes of the plague victims and prepared tea from tulsi leaves, distributing it among the sick to strengthen their bodies and, hopefully, help them withstand the infection. When fevers raged high, *Bostião* recommended a thick paste of **neem** and **turmeric** applied to the wrists and temples of patients, soothing their fevers and disinfecting their skin.

Late one night, exhausted but unwilling to give up, *Bostião* proposed an unconventional solution. They gathered neem and tulsi leaves in the distillation 'bhann' usually used to make coconut feni, and set these steaming pots for the patients to inhale the steam. Though it didn't cure the disease, the vapours helped clear the lungs, offering a bit of relief to those with chest congestion. Isabella and *Bostião*'s remedies caught the attention of the villagers, and their “plague potions” became the talk of Goa.

Eventually, the worst of the epidemic faded, leaving the island almost abandoned. Isabella knew her father would want her to return to Portugal, but the thought of leaving *Bostião* and the people she had grown to love was unbearable. In time, her father grudgingly accepted her decision to stay in Goa.

Together, Isabella and *Bostião* opened a small clinic where they continued their work, blending Ayurvedic and European practices. Isabella took over her father's plantations and mastered the process of fermentation with yeast, transforming strong toddy into feni. Maddam feni, as it was colloquially known flowed across continents in trade routes and became a hit in Portugal. While she reminisced the opulence of her former life, the brocade and silverware on the dining table, she blended in well and Portuguese cozidos, refogados and sweet pasties de nata had become a favourite even with *Bostião*.

Years later, travelers would hear the tale of the Portuguese girl and the Goan healer, who used the magical properties of tulsi, garlic, turmeric, and love to bring a light to the darkest days of the plague.



“It is never too late to be what you might have been.”

George Eliot

KOMBUCHA: A TIMELESS ELIXIR OF WELLNESS AND CULTURE

By Dr. Sheryanne Velho-Pereira
Department of Microbiology

Imagine a drink that has travelled through the ages, capturing the spirit of each era it has touched. This is the story of kombucha, an ancient fermented tea with origins that stretch back over two thousand years. This tangy, fizzy treat was born from a blend of sweet tea and a "symbiotic culture of bacteria and yeast," or **SCOBY**, which transforms the simple tea into this magical brew through a natural fermentation process.

Kombucha's beginnings trace back to the Qin Dynasty in Ancient China in 221 BCE. Known then as the "*Tea of Immortality*," it was prized for its taste and the priceless promise of health and longevity. The origins of kombucha however are shrouded in mystery, and there's no specific person credited with inventing the brew. The drink likely emerged from the traditional practices of tea fermentation in China, where people experimented with various fermentation methods for both preservation and health.

Kombucha's legend grew even more intriguing around the year 414 CE when it was brought to Japan, by a Korean physician Dr. Kombu. He introduced this magical brew to Emperor Inkyo, who marvelled at its revitalizing effects. The drink was named "Kombu-cha" thus cementing its place in Japanese culture.

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As centuries passed, kombucha began to spread westward. In Russia, where fermenting beverages was already a way of life, kombucha found a natural home. Known as "tea kvass," it was a staple in households across Russia, admired for its invigorating properties. Kombucha's legend as a health tonic grew in the late 19th century when Russian literature began praising it as a remedy for all sorts of ailments.

In the early 1900s, kombucha caught the attention of European scientists and herbalists. The Germans, fascinated by its potential, studied it for its health benefits-particularly its promise for digestion and immunity. With kombucha's arrival in Europe, it transitioned from folklore to the realm of science, blending ancient wisdom with modern inquiry.

After a quiet period, kombucha resurfaced in the 1990s in America, coinciding with a resurgence of natural health practices. This once-forgotten drink re-entered the world stage as a star of wellness culture, filling shelves in health food stores and becoming a household name. Kombucha's probiotic qualities and detoxifying effects made it a darling of the health-conscious, while its unique taste made it simply fun to drink. Soon, it wasn't just a drink-it was a movement, symbolizing a return to nature and ancient healing.

My love for kombucha developed relatively late, despite having known about its marvels and even teaching my students about it. Water therapy had been my go-to remedy for acid reflux, with lukewarm water in the morning providing some relief during tough episodes. However, it was during my first, and quite stressful Lok Sabha elections duties, that kombucha truly entered my life.

My husband, having experienced its prompt ability to soothe an upset stomach and boost immunity, was convinced it could help. He was a firm believer in kombucha's benefits, and brought a bottle to my polling station. Once I took a sip of that effervescent elixir, I felt rejuvenated—and the stress of the elections was conquered!

The refreshing taste and health benefits quickly won us over. My husband, once reliant on sodas and soft drinks, has now replaced them entirely with kombucha. Our fridge is always stocked, and I've taken on the exciting challenge of replenishing it. Experimenting with flavors has become my latest fascination, incorporating flower petals, fruit extracts, and more to create unique variations of this wonderful drink.

Today, kombucha is a phenomenon, adored for its refreshing fizz, mysterious origins, and the sense of vitality it brings with every sip. As you sip its fizzy, slightly tart goodness, you're tasting something that has fascinated emperors, mystics, and modern wellness enthusiasts alike. You can find kombucha in a rainbow of flavors—from spicy ginger, fresh calming lavender—each bottle a blend of the past and present. Whether you drink it for health, tradition, or pure enjoyment, kombucha invites you to be part of its journey, a journey that began centuries ago and is still bubbling with life today. So, the next time you pour a glass of kombucha, remember: you're tasting history.

THE CITRIC ACID CHRONICLES

By Arina Frank
Department of Microbiology

Once upon a time, citric acid was simply the sour stuff in lemons. It was just a “supporting actor” in lemons, souring up fruit salads, jellies, and lemonades and watching the world go by. Farmers would squeeze it out, bottle it and send it off for use in foods and medicines. This tale begins in the early 1900s when scientists discovered they could isolate citric acid from citrus fruits. No longer did the farmers have to depend on the seasonal lemons to be drinking lemonades. But here's the catch: extracting citric acid from citrus fruits was labor-intensive and pricey. As the demand for citric acid surged, the need for a faster solution was urgent.

Enter *Aspergillus niger*, a humble black mold that brought citric acid into the world of industrial microbiology. Researchers found that by feeding it sugar, they could coax this fungus into churning out citric acid. With this breakthrough, citric acid had made it to the big leagues as the first-ever chemical produced on a large scale by microbes.

And now's the twist. Eager sour power hungry lemonade producers in the 1920s and 1930's, began skipping real lemons and started adding citric acid directly to sugar water. These “lemonades” while looking and tasting like the real thing were entirely synthetic. Consumers felt confused and cheated. Our good old lemonade could be easily duplicated anytime -in the deadest of winters without a leaf on the lemon tree. Never!!

Enter the the U.S. government, who to protect consumers, passed the Food, Drug, and Cosmetic Act, in 1938 creating the FDA as we know it today. Thanks to the citric acid lemon controversy, manufacturers have to list

ingredients and adhere to specific labeling requirements even today.

Rewind to World War II. The U.S. launched the Manhattan Project, a top-secret program to develop the atomic bomb. Do you recall the movie 'Oppenheimer'? The scientists needed a substance to help purify uranium - the key ingredient for the bomb or Hitler would have hit.

Enter Citric acid with its unique chelating properties to bind to and separate metals, securing its role in one of history's biggest secrets. And rumor has it that in those high-security labs, "citric" became slang for "sour mission," thanks to its slightly bitter personality.

For the Manhattan Project, Pfizer was a prominent supplier of citric acid since it pioneered the *Aspergillus* fermentation method as early as 1919, a breakthrough that allowed for mass production without reliance on citrus imports. For those invested in Pfizer shares at that time, the killing they made would never equate to the killings due to the bomb. However, the demand for citric acid grew beyond wartime needs and into broader food and pharmaceutical applications and other pharmaceuticals like ADM and Cargill, entered the citric acid market later.

Today, citric acid is a star in its own right. From your favorite sodas and sour candies to detergents and medicines, citric acid is everywhere, and it's still produced through the miraculous mold fermentation process pioneered decades ago. So next time you sip lemonade or clean your kitchen counter, remember: it's all thanks to one little molecule that took a journey from fruit stands to world-changing laboratories. Citric acid might be a sourpuss, but it's got quite the story to tell.

UNEARTHING HISTORY: THE DISCOVERY OF QUEEN KETEVAN RELICS IN GOA

By Satyam Singh & Deepankar Padloskar TYBA

Goa is a tiny state located on West coast of India. Despite its small geographical size, Goa holds a rich and complex past that shaped its culture and identity. A testament to this rich history of land is the story of relics of St. Ketevan that binds Goa and the small Caucasian country of Georgia. Modern genetics fascinates me a lot since its inception; it has advanced a lot and now is used readily to better understand human history. Genetics help to reconstruct and better understand migrations, changes in ancestry of a population or in the case of Queen Ketevan Relics to authenticate historical sources. This tool can help us rewrite history with objective scientific research.

The story of Queen Ketevan is a story of determination, courage and devotion for me and it's an inspiration for the present generation of how a woman, despite all hardships in life, can attain glory. Queen Ketevan was the wife of King David I of the Kingdom of Kakheti in Eastern Georgia, a country in Caucasus, at the crossroads of Asia and Europe. She lost her husband when her son was a minor and she had to rule as a Regent. Her kingdom was under the suzerainty of Safavid, Iran and there was always a danger of Iranian attack due to disturbance in the kingdom. So to protect the kingdom and her son, Queen Ketevan heroically and selflessly gave herself as a hostage to Shah Abbas of Safavid, Iran. She was held hostage for several years by the Shah along with her grandsons, Princes Alexander and Levan. Later, because of military tensions between Iran and the Kingdom of Kakheti, the Shah of Iran tried to force Queen Ketevan to renounce her faith and join his harem. The Shah also killed her grandsons but the Queen never bent down to the fanatic and

finally for her faith and courage she was tortured to death by red hot pincers in 1624. The Queen died a martyr and never let go of what she believed in. She was later canonised as a Saint by the Orthodox Church. During her last days, the Queen was met by Portuguese Catholic missionaries from Goa who were very close to her and who witnessed her martyrdom. These missionaries carried a portion of her relics to Goa which were placed in the now ruined Church of St. Augustine in Old Goa. Since the church was abandoned and ruined in the 19th century, here comes the interesting part of the story. In the present century there was a discovery of some bone fragments in the ruins, where the Relics were supposed to be, but the historicity of it was proven by DNA analysis done by the Centre of Cellular and Molecular Biology, Hyderabad and an Estonian laboratory. The investigation revealed that these bone fragments were of a woman whose haplogroup or ancestry was from areas around Georgia and not India. Thus modern genetics authenticated the tale of this brave queen's relic in Goa. Later, the Indian government handed over a portion of these relics to Georgia as a token of goodwill, in a grand ceremony. Thus comes to end, the story of a great woman leader, a Queen and a Saint, who protected her son and cared for her country. She courageously faced all pain and suffering yet stood selflessly for what she believed in. She has been a great inspiration to us and continued to inspire us as we came to know more about her life and times .

LIFE GOES ON

By Bethany Fernandes FYBA

You see life differently
After pain hits you.
Now, when you fall,
You feel like there's no getting back up.

Theres always something pulling you down.
You don't see a rainbow after a storm anymore.
But, even in the darkness
You will find a match to light your candle.

You will find the switch to turn on the lights.
If not now, then one day; someday.
Till then,
It's okay to feel it all,

The positives and the negatives.
Because it's completely normal,
To go through life differently
After the pain hits you.

FAREWELL

By Claire Athena Gomes TYBA

As the sun sets on this journey we've known
Farewell whispers into the air are sown
Do I truly bid this chapter adieu
Or cling to all the memories old and new?

Masks adorned no laughter rang
Yet in our hearts hope still sprang.
Regretting each day in the pandemic's haze
Longing for normalcy in myriad ways

No friends, no events in solitude we roam
The solitary trail from college and back to home
First-year passed like a hesitant train,
Second-year a bit eased, a little less pain

Turmoil and politics cut like a knife
But amidst the chaos we still found life
People said Xavier's is unknown and has lost
its game
Their words like sharp arrows burning
complete shame

As our final year dawned, hopeful colours
bloomed anew
Right leadership, unity finally our dreams
pursued
Wordsup to *Arena* a kaleidoscope of scenes
Proteus to *Xplorateur* to *Mediascope* was a
lot we had seen
Techclipse to *PsynergyBiowizards* casting
spells
In the most successful year, our stories dwell

In St. Xavier's embrace our flag finally
unfurls
A unified council our guiding pearl
Events and victories a testament to our might
In every triumph we fought every fight

Pegasus, Eremos symphonies of pride
Ecofest, Chemtalsea where dreams collide
Vignite, Irix, Insignia our banners spread out
Botanica, Sociofiesta our joyful shout
Maestro, Synergy, Noesis and more.
In the intercollegiate departmental arena, our
spirits soar

Meteora, Summerfest, Ebullience a
crescendo of cheers
Xtravaganza, Filmbuster, Creations our
victorious echo of years
In the hustle and bustle, our nerves run high
K-oss our final victory painting the sky
Our triumphs our trophies claimed
In each victory our pride proclaimed

'Ole Ole Ole' our chant our cheer
Xavier's spirit is forever here
Thicker than blood our bonds endure
Memories forged for a lifetime in each allure
As we part ways our hearts unite
In the legacy we've built as Xavierites

Though farewells sting, our hearts ignite
For our experiences have been our light,
To every soul who journeyed by our side
In gratitude in love, we abide,
In the echoes of time, our voices unite
2023-2024 ever our bragging rights.

A WILLING VICTIM OF YOUR LOVE

By Tavia De Souza FYBA

The bar was already so low,
And you stuck to the floor.
My love was in vain
For someone who barely made an effort to give me the same.
I was such a fool,
I admit.

Even though your love tasted so bitter, I kept consuming it.
You were a museum of lies,
And I kept admiring it.
I wanted something you could not give.
I was at fault here,
I know.

I gave my heart to someone so clumsy they couldn't care less.
"It slipped from my hands,"
You said with such ease.
I lay in your bed of roses, ignoring every pricking thorn.
A willing victim of your love, accepting the blood on my hands.

WE ARE ALL FOOLS IN LOVE

By Tavia De Souza FYBA

Acknowledged and aware of being merely foolish and yet not afraid to love.
Who are we apart from fools?
Knowing the extremities of the mountains whilst ignoring our shivering bones, we dare not ban ourselves from the climb.

Who are we apart from fools?
Drowning, whilst in the arms of our dear ones, unable to be saved, yet we still dive into their rescue, despite not knowing how to fight the waters.
As rightly said by Jane Austen "We are all fools in love".

DIFFICULT

By Claire Athena Gomes TYBA

I do not have a difficult life.
At least not the “difficult” that the society says.
I do not have broken limbs or a broken home
Neither have I lost someone to death who was in my close space.

No, I do not have a difficult life.
Just like everyone else who I meet every day.
They don't limp, they haven't mourned.
No, they don't have parents who have separated their ways.
But we sometimes feel we have a difficult life.
And feel guilty for thinking the same.
As we are healthy individuals who have resources who eat 3 times a day.

Yes, we have parents.
But those who don't understand us.
Some don't talk about their feelings.
Some don't talk about their day.
Some don't open up about their sexuality
Or their fading beliefs in the god to which they pray.

Yes, we don't have deformities.
But we are broken in ways.
A bleeding mind A stone cold heart.
Daggers, protruding out of our backs.
Bandages and scars are what fill our surface.

Yes, we are normal people.
We have normal lives.
But to say our lives are not difficult
is a lie we are fed all the time.

He looks handsome, he must have no problems.
She is clever, she must be making the right choices.
They are so jolly all the time.
Their lives must be in the right places

We've based our definition of difficulty on the wrong variables.
We are social beings and hence we function on what society thinks.
Maybe if for once we look past all of that.
We would really realize what "difficult" means.

WALKING BACK HOME ON A LOVELY DAY

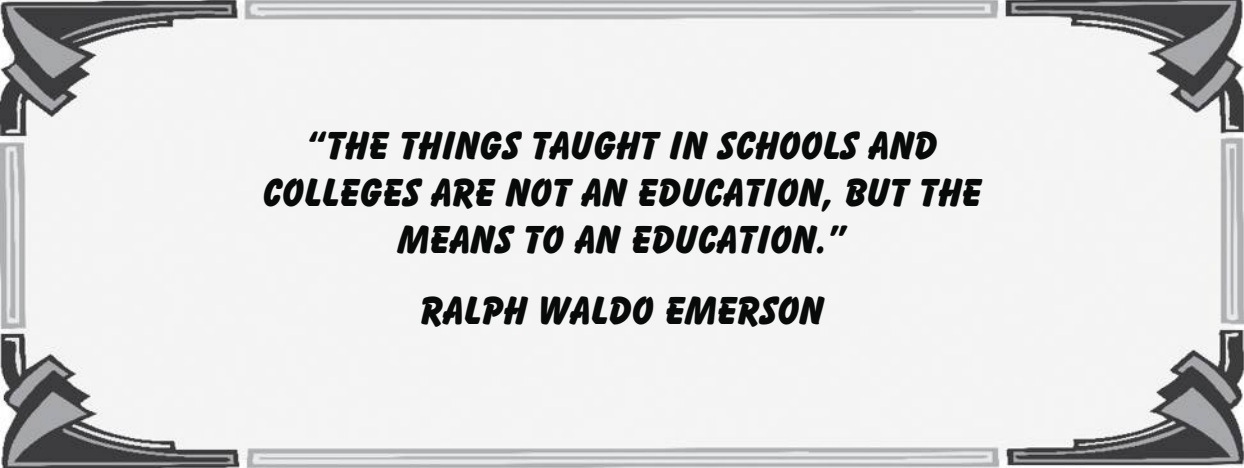
By Christie Fernandes SYBA

Beautiful sky,
Silver Island of Chinese white.
Moonlight left standing in the day
Made of pure white doves, a haven
For song, angels and stars.
Sitting in the God-drawn skies of
Beautiful pastel blue.

As we walk
We gaze upon those tall divine palms
Whose trunks and stems despair
Human mal intention.

Whose hands reach for those clouds to escape
The day.
O esteemed palm tree, praise be to the fruit
You crafted from your womb.
Tender is its flesh like the heart,
Yet its husked shell can withstand the fall like a warrior
From Heaven onto the heavy earth of responsibility.

Oh, for what it would have cost the Lord to give me a heart with its armour
(So firm, so strong like the husk)
To withstand love and heartbreak?



***"THE THINGS TAUGHT IN SCHOOLS AND
COLLEGES ARE NOT AN EDUCATION, BUT THE
MEANS TO AN EDUCATION."***

RALPH WALDO EMERSON



The Portuguese

Section

Contents

Memórias Queridas: Honrando O Pilar Da Nossa Família	67
Carta Da Sorte	67
O São João	68
Mando: A Estrela Etnocultural De Goa	69
Igualdade : O Que É Isso?	71
Os Sussurros Da Pervinca : Uma Ode Ao Meu Avô	72

MEMÓRIAS QUERIDAS: HONRANDO O PILAR DA NOSSA FAMÍLIA

By Kelly Karmen D'Souza
SYBA

Nenhuma combinação dos 26 alfabetos pode expressar minha gratidão e amor por você. Nos capítulos da minha vida, existe um fio de calor, sabedoria e amor que remonta ao abraço gentil de meu avô. Ele era um farol de luz e uma abóbada de histórias imensas na riqueza da experiência. Ao lembrar sua vida, lembro-me do impacto gracioso que ele teve na formação da minha vida e da vida das pessoas ao seu redor. Carlos Antonio Trindade Duarte era seu nome.

Ele cresceu apenas com seu pai, Louis Fischer Duarte, que lhe incutiu valores de trabalho duro, integridade e compaixão, que se tornaram a base de seu caráter. Desde muito jovem, meu avô demonstrou paixão pela eletrônica. Essa paixão o levou a seguir carreira como engenheiro na rádio AIR FM, Altinho.

Mas em meio às suas conquistas profissionais, o coração do meu avô pertencia à sua família. Ele tem uma linda esposa, 3 filhos e 6 netos. Ele foi um pilar de força e apoio para cada membro, sempre colocando as necessidades deles acima das suas. Seja oferecendo palavras de sabedoria, ajudando ou simplesmente estando presente para ouvir, ele foi uma fonte constante de amor e orientação. O amor do meu avô não tinha limites. Ele valorizou cada momento passado com sua família. , ele fez questão de priorizar momentos de qualidade juntos, incutindo em nós a importância dos laços e conexões familiares.

Meu avô era como a cola que mantinha nossa família unida. Ele tinha tudo a ver com amor, bondade e colocar os outros antes de si mesmo. Seja consertando as coisas da casa ou apenas estando lá para ouvir, ele sempre nos fez sentir amados e cuidados.

Mesmo que ele tenha partido, seu espírito continua vivo nas memórias que guardamos com carinho.

Lembramos os bons momentos que compartilhamos, as lições que ele nos ensinou e o calor de sua presença. Seu legado não se trata apenas de seu trabalho ou conquistas; é sobre a maneira como ele tocou a vida de todos ao seu redor com sua generosidade e compaixão. Ele nos mostrou o poder do amor e a importância da família, e essas lições ficarão conosco para sempre.

CARTA DA SORTE

By Ayannah De Souza
SYBA

Era uma vez uma rapariga chamada Ana. Ela vivia com três amigos que não eram muito simpáticos com ela.

Não deixavam fazer-lhe muitas coisas. Um dia, estavam todos a ir a uma festa para celebrar o sucesso de um artista e não convidaram a Ana. Ela adorava arte e por isso sentiu-se triste e excluída, então foi para o jardim a chorar, querendo estar sozinha.

Lá, encontrou uma carta que a convidava para a mesma festa. Isso deu-lhe esperança e entusiasmo. Ela foi à

festa e lá conheceu o seu artista preferido. Os seus amigos estavam zangados e com inveja. Ana e o artista conversaram e divertiram-se muito, mas ela teve de sair porque já era tarde.

Na pressa, esqueceu-se da sua mala na festa, e o artista encontrou-a. Ele queria devolvê-la, e perguntou por Ana. Finalmente, encontrou-a e devolveu-lhe a mala. A partir daí, ele continuou a tentar falar com ela e a conhecê-la melhor. Ana descobriu mais tarde que ele era o próprio artista que tinha ouvido falar dela e a tinha convidado para a festa.

O SÃO JOÃO

By Rica Kay Da Costa
SYBA

O nascimento do São João é celebrado a 24 de junho em todo o mundo com grande alegria e entusiasmo. Goa, que é único em todos os aspetos, também celebra o santo num maneira único. São João é tudo sobre unir os aldeões, e a fé ou sua casta não é importante para celebra a festa.

Quem é o São João?

O São João é lembrada como a profeta e o homem que batizou o Jesus Cristo. Ele foi conhecida para chamar as pessoas para virar longe de pecado e reconhecer o Cristo por quem ele era.

As escritoras menção que quando A Maria, a mãe de Cristo, visitou sua prima, Elizabeth, quando estava grávida com São João, vendo a nossa senhora o bebé no estômago saltou com alegria.

Tradições e Rituais

Aqui em Goa, a festa é conhecida localmente como a “*Zanvoiamchem Fest*”, ou A Festa do Genro. Nesse dia, o novo genro recebe um convite da sua sogra, para um grande almoço. O genro é acolhido na sua casa e os foguetes são acesos na quintal. Depois desse costume, a família rezam a ladainha e cantam hinos.

Ao fim de dia, o genro volta a sua casa com o '*o jem*' que é oferecido pela sua sogra. O '*o jem*' é um cesta de bambu que é cheia de jacas, bananas, ananás e as '*patolleos*'. Este costume significa que o vínculo matrimonial não é apenas entre dois indivíduos, mas entre duas aldeias.

As comidas que são preparadas

Pratos especiais que eles preparam nesse dia, são as '*sannas*', vindalho de porco, *hortaliça* que é feita de abóbora e cozida em leite de coco, condimentos e camarões.

Depois de almoçar é a hora da sobremesa. '*Patolli*', que é uma sobremesa única, é feito do coco, arroz, açúcar, mascavo e embrulhado com folhas de curcuma e jaca.

Durante o celebração

Os aldeões iam para a missa e recebem bênçãos de São João. Em seguida eles andavam pelas ruas, cantavam, dançavam e tocavam o '*ghumot*', um instrumento musical de Goa e o '*kansallem*'. *A chuva aumentava a diversão.*

Uma das canções populares é de C.Alvares.

*“ São João São João gunvta mure vatt amkam dissona, aicho dis urbecho, kon konna
anssona choll-re pie-re, tum illo ghe-re, faleam kaim mevonna oslim festam orsak
kiteak dhonn pauti enam ”*

A tradução da canção é:

“São João São João vai todos os lugares, não podemos ver o caminho no dias alegres como estes, ninguém está lá para ninguém vem beber connosco, tu também podes beber connosco, amanhã você não vai conseguir nada porque é que as festas como estas não vão duas vezes por ano?” Neste ocasião, os jovens saltavam no poço. Isso demarca o salto de São João no estômago da mãe durante a visita de nossa senhora.

O 'Kopel'! As pessoas faziam coroas de lindas flores silvestres e punham na suas cabeças, algumas pessoas também juntam vários tipos das frutas para o 'kopel' como as bananas, peras, uvas e bagas silvestres. É muito criativo e uma boa ideia. O kopel é posto por todas as pessoas, os homens, as mulheres e as crianças.

Do norte a sul de Goa, vai encontrar pessoas que celebravam São João. Mas a festa é celebrada com grandiosamente nas aldeias de Siolim, Benaulim, Anjuna, Assolna e Pilerne.

Em Siolim, a tradicional festa do barco é bem conhecida. Começa às 3:30 horas em frente de igreja do São Antonio. Este ano(2023), a festa foi acompanhado com música e a atuação de artistas locais. As pessoas locais decoravam os seus barcos em cores festivas e temas relacionadas com a natureza.

São João para mim é uma festival que uniram todos as pessoas e também duas aldeias. É sobre os 'kopels' bonitas, vestidos multicoloridos. É importante porque você pode conectar com as suas amigas, com natureza e comem as comidas deliciosas e cantem as canções antigas em concaim que trazem nostalgia e também pode conectar com raízes tradicionais.

MANDO

**By Rica Kay Da Costa
SYBA**

A estrela etnocultural de Goa

Goa é famosa para sua arte e cultura, e herança única, que é influenciada pelos Portugueses. O 'Mando', 'Dulpod' e 'Dekhni' tem sido um aspeto importante da vida social goesa. Mando é um combinação de música, poesia e uma forma de dança – um product goesa, que surgiu de uma tradição folclórica, que foi cantada aos reuniões sociais. Os sentimentos do Mando são comunicados por tocando os instrumentos musicais tradicionais: 'ghumot', violão e violino. Mando começa com uma ritmo lento, com ritmo e grace e depois segue em um ritmo rápido, chamado 'Dulpod'.

Os Origens

É acreditado que a palavra, 'mando' originou da palavra de Concaim, 'Mand' que significa um palco onde actividades das religiosas e culturais foram representadas. O Mando, também podia derivar de verbo de

Concaim, '*Mandduk*' o que significa, para arranjar.

Originado da Sul de Goa, entre as castas de '*Kshatriyas*' e famílias católicas brahminos, das aldeias de 'Loutolim, Curtorim e Raia.

Os Temas do Mando

O Mando tem 4 temas: primeiro, '*Utrike*', que é anseio para união, Segundo, '*Ekvott*', que significa o união, terceiro, '*Villap*', lamento por desespero pelo união e finalmente, '*Khobro*', a narração dos eventos local, políticos e sociais.

- Cada mando tem um tema. Por exemplo, '*Luizinha mhojea Luizinha*', é ditado um dos melancólicos e mais antigos mando, que foi sobre o assassinato do capitão Português, Joaquim Garcez Palha em Divar em 1854.
- O Mando, '*Setembrache Ekvisaveri*' e o 'Dulpod', '*Undir Mhojea Mama*', foi composto por Dr. Jose Inacio de Loyola, é sobre, quando os soldados portugueses atiraram balas as pessoas, na praça da Igreja do Espírito Santo, em Margão.
- E o mando 'Farar Far Zatai Ranantum', narra a revolta de 'Rane's' contra os portugueses

As três interpretações do Mando

As três interpretações do mando são poesia/letras, música e dança. Como poesia/letras, o Mando tem um estrutura bem definida, com 4 versos e 2 versos (estrebilho).

Com música, o mando abraça uma mistura saudável de tradições músicas ocidentais e orientais, simbolizadas pelo violino e pelo 'ghumott'.

É cantado em dueto por duas solistas, masculine e feminine, cantada em harmonia.

Quando dançado, é executado pelos homens e mulheres aos pares, frente e frente, deslizando graciosamente para frente e para atrás.

Duas filas, uma das mulheres e outra dos homens, e às vezes é uma combinação de um par de casias, estão a pé, lado a lado. Duas mulheres balançam suavemente em suas lugares, enquanto os homens que são longe das mulheres olham para as mulheres, e fingem cortejar as mulheres por balançado um lenço.

Alguns dos mandos famosos são, '*Tambde roza tuje polle*', '*Istimosanv rozachem*', '*Cecilia mhojem nauv*' e '*Adeus korchea velar*'.

Os trajes do mando

O mando representa o ponto de encontro das tradições musicais indianas e ocidentais. Os homens vestem- se casacos formais, mostrando influência portuguesa. Enquanto, as mulheres usam um traje indiano único chama-se 'Torhop-baz' ou pano baju. O pano baju tinha três peças: o 'Torhop-baz' – a saia embrulhada, o 'baz' ou blusa, o xale(tuvalo) e sapatos de veludo, bordados com fio do ouro (chinelos). Um xal com cor de azul ou branca era usado. As meias tinham sido brancas e os chinelos ornamenados. Tudo isso foi agraciado com um leque, que melhorava o humor da senhora com um encanto secreto durante a dança.

Os instrumentos musicais tradicionais

Os acompanhamentos musicais tradicionais usados ao cantar o mando são violino e guitarra.

Em recentemente, o 'ghumott' foi também usado. Mas como é que o 'ghumott' que é um instrument tribal, que

é tocado pela comunidade de 'Gawda's' ficou um parte integrante do mando de hoje?

É possível que os membros do comunidade de 'Gawda's', que ajudavam nas trabalhos do casa, na casa dos seus senhorios, ouviam o mando nas seus salões de baile e nas algumas anos começaram adicionar seus ritmos, com o 'ghumott'. E hoje, o mando é incomplete sem o 'ghumott', que feito uma contribuição inestimável para a forma de arte.

Hoje, os mandos e os dulPods tem sido

assimilados pela sociedade e são cantados em ocasiões como a cerimónia do 'ros' e reuniões.

O canto e a música são reorganizados em forma que o homem sente-se relaxada e refresca as memórias da vida nas aldeias de Goa. É um dos mais cosmopolitas, socialistas, progressistas e multiculturais presents dados pelos nossos antepassados.

Devemos cantar o mando em ocasiões sociais e assim as gerações futuras, valorizam o seu legado.



IGUALDADE : O QUE É ISSO?

By Munira Ursula de Souza
Department of Portuguese

Vivia uma menina com os seus pais numa cidade. A menina chamava-se Rute ela tinha 10 anos .Ela sempre observava a mãe dela a fazer todo trabalho.

A miúda ia para escola e um dia a professora de escola pediu-lhe para definir a palavra “IGUALDADE” como tarefa de casa . Ela tenta encontrar um significado real para a palavra, mas não consegue.

Um dia ela cria coragem e pergunta ao pai:

Papa:"o que é igualdade"?

É apenas uma palavra ou precisamos praticar seu significado no dia a dia. ela pergunta isso com muita inocência .

O pai pega a filha no colo carinhosamente e diz ,com amor diz a ela

Rute: "igualdade é uma palavra bonita”. Mas ninguém vai colocar em prática, porque quando posta em prática fere os sentimentos das outras pessoas que se acham maiores que todos os outros.

A filha sorriu para o pai e disse "ah nesse caso podemos começar praticar em casa" o pai olhou para ela confuso e em tom suave perguntou o que você quer começar praticar em casa? IGUALDADE PAPA ela disse em voz alta sorrindo.

O pai olhou para ela muito confuso. Vou explicar ela disse toda empolgada, vamos começar em casa, onde você tratará MAMA igualmente.

O pai sorriu, papa Ela disse você poderia começar ajudara a mãe nas tarefas domésticas, porque vocês dois trabalham, mas só a mãe trabalha mais depois de chegar do trabalho, ela tem que fazer todas as tarefas domésticas sozinha, então o que você diz, você vai ajudá-la? e tratá-la IGUALMENTE???

O pai sorriu e disse que sim e prometeu à filha que o faria e abraçou a filha.

Moral da História: Trate todos como você gostaria de ser tratado.

OS SUSSURROS DA PERVINCA : UMA ODE AO MEU AVÔ

By Kelly Karmen D'Souza
SYBA

Uma pervinca solitária floresce em meio ao seu túmulo
Conta uma história de vida renovada em graça silenciosa
No meu coração de tristeza eu pude ver
Um milagre, um símbolo de amor eterno.

Aqui vai um poema para meu avô
Virtuoso com um coração significativo.
Ele nos amou de todo o coração
Em nós, grande moral ele transmitiria.

Você era como um bom vinho, que só melhorava com a idade.
você personifica o amor eterno
Um retrato de uma pomba serena
Seu rosto nunca se distorceu de raiva.

Se você pudesse olhar dentro do meu coração,
Com que rapidez você veria.
O lugar especial que você ocupa aí,
E o quanto você significa para mim.

você tinha ouvidos que realmente ouviam,
Braços que sempre seguraram.
Tempos perdidos, mas seu amor não enrugou
Você realmente é a pervinca branca.

*“You can’t use up creativity. The more you use, the
more you have.”*

Maya Angelou

The Hindi

Section

Contents

1. राष्ट्र निर्माण में हिंदी भाषा का महत्व	74
2. मुस्कान	75
3. बचपन	75
4. जलियांवाला बाग	76
5. ऐ उज्वल सितारे	76

“सारे विश्व में महान हिन्दुस्तान
हिंदी से ही बढ़ता मेरे देश का सम्मान .”

उपर्युक्त पंक्तियों में कितनी सच्चाई है। हमारा हिन्दुस्तान जो सुंदरता की खान है, जिसका लोहा समूचा विश्व मानता है, वह भारत अपनी विविधता के लिए दुनियाभर में जाना जाता है। यहाँ की संस्कृति, यहाँ के लोग, यहाँ के नृत्य हर एक चीज में हमारे देश की विविधता उजागर होती है। अगर हमारे देश के लोगों में इतनी भिन्नता है तो उनके द्वारा बोली जानेवाली भाषाओं में विविधता होना वैसे ही स्वाभाविक है। देश के हर राज्य में, या तो यूँ कहा जाए हर एक शहर या गाँव में रहनेवाले लोगों की अपनी अलग-अलग भाषा है। अब इतनी अलग-अलग भाषाओं के देश को अगर एक साथ जोड़ना है तो उसके लिए भी तो कोई भाषा होनी चाहिए ना? तो संपूर्ण भारत देश को जोड़ने का काम करती है हमारी हिंदी भाषा।

'हिंदी'-यह केवल एक भाषा नहीं है बल्कि सभी भारतीयों को प्रेम की माला में पिरोनेवाली एक अनदेखी रस्सी है। प्राचीन काल में सभी लोगों की बोलचाल की भाषा संस्कृत हुआ करती थी। परंतु धीरे-धीरे यह भाषा देश से विलुप्त होती चली गई। तब भारत को जोड़े रखने हेतु हिंदी भाषा का प्रयोग होने लगा। हिंदी भाषा का निर्माण मूलतः संस्कृत भाषा से ही हुआ था। धीरे-धीरे हिंदी भाषा ने संपूर्ण देश में अपना अनूठा स्थान बना लिया। हिंदी भाषा देवनागरी लिपी में लिखी जाती है। समझने में अत्यंत सरल और सुनने में अत्यंत मधुर, हिंदी भाषा ने राष्ट्र के निर्माण में बहुत बड़ा योगदान दिया है। गुलामी की बेड़ियों में जब भारत जखड़ा हुआ था तब हिंदी ने ही अपने अनुपम योगदान से सारे भारत में राष्ट्रप्रेम की ज्योत जलाई थी। हिंदी की सरलता के कारण वह अशिक्षित लोगों को भी आसानी से समझ आ जाती थी। इसी कारण हमारे कई क्रांतिकारी अपनी बात आम जनता तक पहुँचाने के लिए हिंदी भाषा का ही प्रयोग करते थे। हमारे वीरों के अनूठे साहस और हिंदी के माध्यम से ही देश को आजादी मिली थी। परंतु इतना देश आजादी में इतनी महत्वपूर्ण भूमि का होने के बावजूद भी, आज हिंदी हमारे देश की राजभाषा है, न कि राष्ट्रभाषा। हिंदी भाषा का प्रयोग कर आज भी हमारे देश के कई नेता चुनाव में विजय प्राप्त कर पाते हैं। हिंदी भाषा शुद्ध वैज्ञानिक है इसमें कोई दोहराव नहीं। हिंदी के माध्यम से ही देश के किसी भी कोने में जाकर व्यापारी, बड़ी आसानी से व्यापार कर पाते हैं। हिंदी जाननेवाले लोग आसानी से अंग्रेजी पर भी अपनी पकड़ जमा पाते हैं।

हिंदी भाषा विश्व में सबसे अधिक बोली जानेवाली भाषाओं की सूची में तृतीय स्थान पर आती है। बाहर से आए विदेशी भी बड़ी ही सरलता से हिंदी समझ तथा बोल पाते हैं। इसी कारण हमारे भारत को विश्व से जोड़ने का काम भी हिंदी ही करती है। अलग-अलग राज्यों में हिंदी को बोलने का ढंग बदल जाता है परंतु हिंदी भाषा बड़ी ही सरलता से प्रादेशिक रंग में घुलकर और भी ज्यादा निखर जाती है। बच्चा जब पैदा होता-है तब वह पहला नाम माँ ही पुकारता है। यह 'माँ' शब्द भी हिंदी भाषा की ही देन है। अनेक कवियों और लेखकों के लिए हिंदी भाषा लोगों तक अपनी बात पहुँचाने का उत्तम जरिया रहा है। अंग्रेजी समाचार सुनने से ज्यादा लोग हिंदी खबरें ही सुनना अधिक पसंद करते हैं। परंतु इतनी विशाल और सर्वाधिक बोलचाल की भाषा को अपने ही भारत में हमेशा दुय्यम दर्जा मिला है।

सबसे ज्यादा बोली जानेवाली भाषा होने के बावजूद भी लोग अपने बच्चों को हिंदी माध्यम में शिक्षा दिलाने से कतराते हैं। हिंदी बोलने वाले को देखकर लोग उसे अशिक्षित या कम पढ़ा लिखा समझते हैं। हमारे देश में हमेशा अंग्रेजी का ही बोल बाला रहा है। किसी भी कार्यक्रम की शुरुआत करते समय हिंदी का उपयोग करने के बजाय लोग अंग्रेजी में शुरुआत करने में लोग शान महसूस करते हैं। अगर हिंदी सचमुच हमारे देश की भाषा है तो क्यों हमें इसे बचाने हेतु १४ सितंबर हिंदी दिवस के रूप में मनाना पड़ता है? जबकि हिंदी तो हर हिन्दुस्तानी की अपनी भाषा है, फिर अपनी ही भाषा बोलने के लिए हमें एक दिन की क्या ज़रूरत है? हिंदी तो भारत देश की आत्मा है हमें उसे उसका दर्जा दिलवाना चाहिए। हिंदी विषय हर प्राथमिक, उच्च माध्यमिक विद्यालय में ज़रूरी करना चाहिए। हमें हिंदी को वैश्विक स्तर पर पहचान दिलाने का प्रयत्न करना चाहिए ताकि हिंदी का डंका भारत के साथ संपूर्ण विश्व में बजे।

“तो आओ मिलकर हाथ बढ़ाएँ,
हिंदी को विश्वमें पहचान दिलाएँ”

कभी तो वह मेरे पास थी
मेरे जीवन में वह सबसे खास थी
न जाने कहाँ चली गयी
भीड़-भाड़ की इस दुनियाँ में जाने कहाँ गुम हो गयी?
बचपन में सोते वक्त
वह मेरे अधरों पर सजी रहती थी
माँ के प्यार से पीठ सहलाने पर
वह अचानक से दोगुनी हो जाती थी
छोटी-छोटी शरारत करने पर
वह कुछ कुटिल हो जाती थी
शरारत करते हुए पकड़े जाने पर
वह कुछ देर के लिए लुप्त हो जाती थी
पर माँ के प्यार से भीगे हुए होठों को
वह फिर से आ जाती थी
दोस्तों के साथ तो वह और भी तिव्र हो जाती थी
अपने गुरुजनों से प्रशंसा पाकर
वह किसी कमल की भाँति खिल जाती थी
जीवन की हर सफलता में

वह मेरे साथ रहती थी
मेरे जीवन के सुखद क्षणों में
वह हमेशा मेरे पास रहती थी
न जाने कहाँ चली गयी
मेरा साथ छोड़ कहाँ उड़ गयी?
कहीं छिपा है रखा
उसे मैंने ही कहीं दबा के है रखा
शायद मैंने ही उसे मार दिया
वह मेरे ही साथ है
कोई तो वजह होगी
जो आज वह मेरे साथ नहीं है
तनावपूर्ण जीवन में उलझने के कारण
आज मेरे पास नहीं है
पर आशावादी हूँ मैं
उसे ढूँढ जरूर निकालूंगी
मेरी खोयी हुई हँसी का पता
मैं जल्द ही खोज लाऊंगी ॥

बचपन

लिनस रोड्रिग्स
प्रथम वर्ष कला

कहा खो गए तुम?
वह पानी में बहती मस्तमौला कागज की कष्टी,
आसमान में उड़ते पतंगों की बेफिक्री।
तपती गर्मी में ठंडे रंग – बिरंगे गोलों की मटरगश्ती
या सर्दियों के गरमा – गर्म भुने हुए भुट्टे की सुखदायी।

कहा गए वह कार्टूनों के धुन पर नाचते – गाने अल्हड़पंछी,
वह ४-५ रुपयों की चॉकलेट मिलने की खुशी?
वह कैरम से लेकर गल्ली क्रिकेट के रोचक अफसाने?
वह बत्ती बुझने पर होने वाली अंताक्षरी की महफिलें!

पता नहीं चला कब हमारी कदमों की रफतार को
किताबों के वजन ने धीमा कर दिया।
पता न चला कब यह कदमों की रफतार जिंदगी की भाग – दौड़ में
बदल गई।
आगे क्या होगा इस चिंता में तुझसे इतनी दूर चले गए ए बचपन,
चल आज फिर लौट आ , दिखा दे मुझे मेरा दर्पण।

जलियांवाला बाग

लिन्स रोड्रिग्स
प्रथम वर्ष कला

सुनहरी फसलें कट चुकी थी,
था वह बैसाखी का दिन,
मन में आजादी का प्रण लिए,
बढ़ चले थे विद्रोह के कदम अनगिना

जालियां वाला भाग जाकर तो देखो!
आज हर दीवार उन बेरहम गोलियों का सबूत देगी,
आज भी मिट्टी के कण में, कुएँ के पानी की हर बूंद में
महसूस करेंगे आजादी की ललकारे,
हजारों शहीदों की प्राणों

अचानक एक खौफनाक तूफान आया,
बंदक लिए हैवानों का साया।
कैदे हुए आजादी के पंछी,
अपने ही भाग में हुए वह बंधी।
बचने का ना कोई दरवाजा, ना कोई रास्ता
बस जुबा पे थी इंकलाब की पुकार।

खेली गई यहाँ खून की होली।
हजारों क्रांतिकारियों की लाशें
जलियांवाला बाग के मिट्टी पर गिरी।
शहीदों के खून से रंगी
जलियांवालाबाग की दीवारें थी।

कुछ मां, कुछ बहने, कुछ बाप तो कुछ भाई;
कुर्बान हुई थी लाखोंजिंदगियाँ।

ऐ उज्वल सितारे

लिन्स रोड्रिग्स
प्रथम वर्ष कला

हौंसले बुलंद कर तू आपने,
आलस करके ना झुका तू अपने सपनों के पलकें,
रात होने पर भी ना रोक तू तेरे जखमी कदमए बंजारे,
चल पढ़ और तलाश तू तेरी मंजिल ऐ उज्वल सितारे।

धूप, बारिश, हवा आयेंगे तेरी रोशनी चुराने,
ना रुक तू चमक ऐसे की उनकी आंखों में हो जाए अंधेरे,
बगीचे के सुंदर फूलों को गिननेसे क्या होगा जब तेरी जगह तो
आसमान में है,
चल पढ़ और तलाश तू तेरी मंजिल ऐ उज्वल सितारे।



The Konkani

Section

Contents

- | | |
|--|----|
| 1. चामारः गोंयचे जिणेचो एक म्हत्वपूर्ण घटक | 78 |
| 2. I LOVE YOU “MOBILE” | 79 |
| 3. अमेर्जींग ग्रेस | 80 |
| 4. RAT SODANCH KITEAK YETA? | 81 |

चामार: गोंयचे जिणेचो एक म्हत्वपूर्ण घटक

फा. लुईस गोमीश
कोंकणी विभाग

रेंदेर, शेतकार, चामार, मडवळ, नुस्तेकार, म्हालो, कांसार आदी अशे गोंयांत साबार तरांचे परंपरीक वेवसाय नदरेक दिसतात. दर एका परंपरीक वेवसायाक आपलें खाशेलपण आसा. ह्या वेवसायांक आदीं आशिल्लें खाशेलपण आतां आसा व्हय? ह्या प्रस्नाची जाप सोदप म्हणल्यार ह्या वेवसाया संर्भांत आशिल्लो इतिहास जिवाळ करप. आयज चामार ह्या वेवसायाचो इतिहास जिवाळ करपाचो प्रयत्न ह्या लेखांत जातलो. चामार हें उतर "चर्मकार" ह्या संस्कृत उतरावयल्यान आयलां. संस्कृत भाशेंत "चर्मन" म्हणल्यार "कात" वा "चामडी" आनी "कार" हो "निर्मातो" वा "कर्तो". "चर्मकार" उतराचो अर्थ "चामड्याचें काम करपी कामगार" वा "चामड्याचें काम करपी" असो जाता. काळाप्रमाण "चर्मकार" हें उतर प्राकृत आनी हेर प्रादेशीक भाशांनी घळून "चामार" जालें. पुराय भारतांत चामड्याच्यो साबार वस्तू निर्माण करपी एक समूह तयार जावन ताका एक जात म्हण पाचारारूंक लागले.

इतिहासीक नदरेन चामड्याच्या कामांत आशिल्ले चामार लोक हिंदू समाजांत नीच दर्ज्याचें काम समजून एका काळा परयान तांकां "अस्पृश्य" अशे लेखताले. तांचो वेवसाय विधीपूर्वक अशुध्द अशेंय मानताले. हे समाजीक मानसिकतेक लागून तांकां जायते फावट हिंदू धर्मीक पद्दतींत वांटो घेवंक मेळनाशिल्लें. देवळां आनी भौशीक सुवातींनी प्रवेश मेळपाक मर्यादा घालताले आनी दिसपट्टे जिणेंत हिणसावप जातालें. असले वागणूकेक लागून चामारांनी आपली स्वताची धर्मीक पद्दत सुरू केली. ही पद्दत हिंदू चाली-रितीं कडेन एकसारकी दिसली जाल्यारूय ती हिंदू धर्मा पसून वेगळी आसली. समाजांत तांकां कमी लेखिल्ल्यान तांकां शिक्षण सुविधा घेवपाक लेगीत मेळनाशिल्ली. असले परिस्थितींत विसाव्या शेंकड्यांत डॉ.बी.आर. आंबेडकरान दलीत लोकांच्या हक्कां खातीर चळवळ चलयली आनी तांकां मान सम्मान दिवपाक तो वावुरलो. ह्याच काळार दलीत बौध्द चळवळ पासून सुरू जाली. हे चळवळीच्या प्रभावान जायत्या जाणांनी जाती आदारीत भेदभाव न्हयकारपा खातीर बौध्द धर्म आपणायलो. ते उपरांत कांय चामारांनी हेर धर्म आपणायले.

चामार समाज मुखेलपणान उत्तर भारतांत, खास करून उत्तर प्रदेश, पंजाब, बिहार, मध्य प्रदेश, राजस्थान ह्या राज्यांनी दिसून येता. तेचपरी महाराष्ट्र आनी गुजरातांतल्या कांय वाठारांनीय हो समाज दिसता.

भारतांतल्या हेर वाठारां भशेन गोंयांतल्या चामार समाजाची उत्पत्ती परंपरीक चामड्याचीं कामां शेतकी समाजांतल्या गरजेच्या सेवां कडेन संबंदीत आसात. थळावे लोक "मोची" ह्या नांवान वळखतात ते गोंयांतले चामार मोचे, चप्पल आनी हेर प्रकारचीं परंपरीक पांयतणां (Footwear) चामार तयार करतात तशेंच घोडे, बैल आनी हेर जनावरांक काठी (saddles), आनी लगाम (reins) ते तयार करतात. चामड्याच्या कामांत कुशळ आशिल्लो चामार वेगवेगळ्या प्रकारच्यो पोत्यो, पाउच आनी पाकीटांचें उत्पादन करतात. चामार शेतकी आवतां खातीर चामड्याचें सामान वापरून हॅन्डल तयार करतात, हें चामड्याचें उपकारण आशिल्ल्यान हातांतलें हातयार निसरपाक पावना. ढोल, तबलें, घुमट अशीं जायतीं परंपरीक वाद्यां चामड्याच्या वापरान तयार करतात. चामड्याचे पट्टे, पट्ट्यां सारक्यो (straps, buckles) हेर वस्तू आकाराक हाडटात. कांय वाठारांनी चामार चामड्याच्यो उदकाच्यो पोतयो आनी आयदनां तयार करतात. तीं आयदनां गांवगिऱ्या वाठारांनी लांब अंतराचेर उदक व्हरपा खातीर वापरतात. अशो चामड्याच्यो तयार केल्ल्यो वस्तू चड काळ तगतात आनी त्यो चड करून त्या वाठारांत मेळपी चामड्या पासून तयार करतात.

1510 वर्सा गोंयांत पोर्तुगेज वसाहतवाद सुरू जालो तेन्ना जातीच्या निर्बंधांतल्यान सुटका मेळोवपा खातीर आनी धर्मांतराक लागून मेळपी समाजीक मान, शिक्षण आनी अर्थीक संद मेळोवपा खातीर जायत्या चामारांनी क्रिस्तांव धर्म आपणायलो. हें धर्मांतर जालें तरी तांकां गोंयच्या क्रिस्तांव समाजा भितर जातीय भेदभावाक तोंड दिवचें पडलें, चड करून ते आपल्या परंपरीक वेवसायांक बांदून उरले. गोंयच्या चामारांक पळोवपाचो दृश्टीकोन बदल्लो तरी पूण धर्मांतरीत चामारांक भारतांतल्या जायत्या दलीत लोकां भशेन कुशीक काडपाचें कार्य चालूच उरलें. चामार लोक गोंयचे अर्थवेवस्थेंत एक म्हत्वाचो भाग जावपाक पावल्ले. ते दिसपट्टे जिणे खातीर, शेतवडी खातीर आनी ह्या वाठारांत आशिल्ल्या पुर्तुगेज लश्करी सैन्या खातीर चामड्याच्यो वस्तू हातांनी तयार करताले. तांचो कुशळ वावर उण्या दर्ज्याचो आसलो तरी हो समाज गोंयकार समाजाचो एक अभिन्न भाग जावन आसलो.

गोंयांत ताचो वेवसाय एका काळार उदरगतीच्या मगार वचूंक पावल्लो. दर एकट्याचें ताचे शिवाय काम जाय नासलें. जे तरेन गोंयकारांची उदरगत जायत गेली ताका जोतीं, चप्पल, मोचे सदांच जायच पडले. इतलेंच न्हय शेत वावरूय गोंयांत नेट धरूंक लागलो तेन्ना सुद्धां ताणी केल्ल्या शेतकी आवतांची गरज भासताली आनी ताकाच लागून समाजांत तांची मागणी वाडिल्ली तांकां बरे दीस आयिल्ले पूण ह्या अतीआधुनिकतायेक लागून ताच्या वेवसायाचेर कुराड घातिल्ल्या भाशेन जालां. आधुनिकीकरण आनी उद्देगीकीकरणाक लागून हातान तयार केल्ल्या चामड्याच्या वस्तूंची मागणी उणी जायत गेली.

ह्या समाजांतले जायते वांगडी शारी रोजगार आनी आधुनीक वेवसाय ह्या सारक्या हेर वेवसायांत रिगपाक लागल्यात. हो बदल चामार समाजा खातीर

कोडू जाला. एके वटेन तरणाटी पिळगी अर्थीक स्थिरताय आनी समाजीक मान्यताय दिवपी करिअर मार्ग सोदून काडटात जाल्यार दुसरे वटेन परंपरीक चामड्याच्या कामाची खाशेली कुशळटाय आनी तंत्र काळा भायलो जावपाचो धोको आसा. पूण आयज गोंय संस्कृतीक पर्यटनाचो एक भाग जाला म्हूण हातीन केल्ल्या वस्तुंची आवड निर्माण जावंक लागल्या. हाका लागून संघटना आनी सरकार परंपरीक वेवसाय परतून जिवंत करप खातीर साबार येवजण्यांची आंखणी करतात. ह्या संदर्भांत प्रशिक्षण आनी अर्थीक आदार चामार समाजा सयत थळाव्या कारागिरांक दिवंक लागल्यात.

फुडें शिक्षणीक उपक्रम आनी गोंयच्या कारागीर समाजा विशीं लोक-जागृताय जावची तशेंच चामारांच्या दायजाची कदर आनी आदर वाडचो हें जावप तितलेंच गरजेचें आसा. ई-कॉमर्स आनी कारागीर मेळाव्यां सारकिल्या आधुनीक प्लॅटफॉर्मा वरवीं कारागिरीक आदार दिवप आमच्या चामारांक जागतीक प्रेक्षकां मेरेन पावपाक मदत जावंक शकता. समकालीन बाजारपेठे भितर तांची कुशळटाय तिगोवन दवरपाक आनी परतून जिवंत करपाक मदत करूंक शकता. आयच्या अर्थीक वास्तवाचेर उपाय काडटना परंपरीक कुशळटायेचो आदार घेवन तातूंत नव्या तंत्राचो मॉडेल तयार जावप गरजेचें आसा.

चामार म्हणल्यार गोंयच्या समाजीक जिणेचो भाग तशेंच आमच्या संस्कृतीक दायजाचो घटक. जाती आनी वेवसाया संदर्भांत पुर्तुगेज काळा सावन आर्विल्ल्या गोंय मेरेन तांच्या प्रवासांत उदेंत आनी अस्तंती ह्या दोनूय मुल्यांचो प्रभाव दिसून येता. आधुनिकीकरणान तांच्या परंपरीक वावराचें म्हत्व उणें जालें तरी गोंयांत आयजूय तांचें योगदान अमुल्य आसा. परंपरीक चामार वेवसाया खातीर अर्थीक आदार दिवन तशेंच साबार येवजोण्यो तयार करून तांकां मुखार सरपाक प्रवृत्त करचे. तांची कुशळटाय, तांचो वेवसाय आनी तांची संस्कृतीक गिरेस्तकाय मुखार तिगून दवरप ही काळाची गरज आसा.

I LOVE YOU “MOBILE”

By Mr. Nigel Periera
TYBA

“Ai saiba! Hem last reel poitolo mhonn axil'lo punn khuichean ordem vor zalem tem koll'llench nam. “Nhoim mhonn mhojem xikop purai zalem ani nhoim mhonn ti nid” osle kitlexech prosong amchea jivitant ghoddleach astele. Soro, cigrete, drugs hachea noshen kitlexech tornnatte lobdol'le amkam disun yetat punn ho mobile ani social mediachem vyeason purai monxakullakuch aplea chopkeant gheun, amkam tache gulam korun amcher te raj choloita ani amkam ek “puppet” koxe korun sovksaien vikha porim amche sharirik, mansik ani otmik porinam zata ani eke toren ami opangull zaunk pavtanv.

'No man can live as an island' oxem ami mhonntat punn ho mobile ani hi social media eka 'Islanda' porim amchem jivit jieunk amkam bhuloita, amchem jivit pormoll naslelim kagtachim fulam korun amkam fokot fottoita. Boltench zalear hem sogllem amkam susti korta ani ubgonn amchea jivitant utpon zata. Gharant axil'lea monxak 'Good morning na punn somdir kaddun zogtolea lokank amchem Good morning poilem veta. 'Family Time is the Best Time' hem ek 'Haley's comet' zavun ghelam. Family Timachi mhotvpurnn suvat mobilan ghetlea ani mogache pul bandun haddche suvater, dusmankaiechim ani eksurponnachim durgam ubim zaleant. Schoolant vo khoimchea-I suvater kitem ghoddlem zalear "Mama, Dada, Baie, Baba! Hanvem atam kitem korchem?" Kai borim eka mekak vicharun ekvotponnan yes melloityalim pun atam “Hey Siri” I am trapped in a problem, can you help me out oxem AI sources-ank vicharun ekloch sandloli xelli koxi bhonvtanv

Hanv zalear khatren mhontolo ki social media ek rupnem ani hem toyar korpi amchim actor's ani social media influencer's. Hanv mhontolo tim eka pokoll zhaddam sarkim. Bhailean borim distat punn bhorlean pokoll ani oskot. 'Hoteche dakhoupache dant veglle ani khavpache dant veglle' hem hanga sidh zata.

Aplem khorem, chaltem jivit soddun lokank dhakounk, tanchea khuxechi xim ani mer par korun akorshit

photos ani videos ghaltat. Hakach lagun voir sorta ti nossai body shaming, ponzddiponnam ani tacho porinam mhonnlear avoi-Bapai kodden zhogddim, ixttam-ixttinim modem naddkai, depression ani akhrek eka 'rubber band' odlea uprant sut'ta te porim sosunk zaina mhonntoch upzota ti 'Suicide'.

Dor eke vostuk borem ani vaitt asta tech porim mobilak lagun sogllem vaittuch ghodonam punn sobar borea zannvaiecheo, dekh ditoleo vastu amkam hanga mellttat ani amchem mon uzvaddaitat. Xikxonachea mollar ek adharacho khambo koso mobile amkam sangat dita zalear pois-pois ximpoddolea ghorcheam modem mogachea pul bandta ani apurbayeche vengent amkam ghetta zalear dekhivont cholchitram udexim promannikponnache vatter cholunk amkam protsahit korta ani ak khea sonvsarak veg-vegillea sadhonam udexim ek kudd korun bhavponnan vaddoita. Ginean amkam zonn ekleak dil'lem asa. Mobilacho vapor boreponnachim fulam utponn korun vapurtolo vo kantte ximpddaunk tem amcher dhorlolem asa. Il'lo bhor amchea monar ghalum-ia. Kiteak mhonn hea mobilacho mog hanv kortam kaim? Mhojea faideak vo borea ani sot'tayechea vavrak?

अमेजींग ग्रेस

रूएला आज्ञावेदो
कला शाखा, पयलें वर्स

"मम्मा हांवेन किबोर्ड वाजयलो", रूएलान आपले आवयक म्हणलें. फाटले सात दीस जाले तें सदां एक वर किबोर्ड वाजयतालें. "तूं फाल्यांचे मुलाखतीक तयार आसा बाय ?". हय, हांवेन तयारी केल्ली आसा आनी उरलेलें देवाचेर सोडटां". रूएलान आपले आवयक जाप दिली.

अठरा वर्सांचें रूएला, एक कश्टी आनी धाडशी चली. ल्हानसून कला अकादेमींत संगीत शिक्षक जावून भुरग्यांक शिकोवपाचें ताचें सपन आनी इत्सा आसली. दुसऱ्या वर्गांत आसतना ताचे आवयन ताका बास्तोरा आशिल्ल्या एके संगीत शाळेंत भरती कल्लें. थंयसून थोडें किबोर्ड संगीत आनी पियानोचें गिन्यान घेवन ताणें कला अकादेमींत आपली मुलाखत दिल्ली. आतां फाटलीं धा वर्सां जालीं तें कला अकादेमींत संगीत शिकतालें. संगीता वांगडा शिकपांत, खेळांत, आनी अभ्यासक्रमा भायल्या उपक्रमांत तें रुची घेतलें. धावेच्या वर्गांत ताणें केक करपाचो वेवसाय सुरू केल्लो. शाळेंत आनी कॉलेजींत तें केकीच्या वेवसाया खातीर फामाद आसलें.

पंदरा दीस पयलीं, कला अकादमीन किबोर्ड शिक्षकाची गरज आसा म्हूण दिसाळ्यार पार्ट-टायम नोकरी आसा म्हूण जायरात छापून हाडिल्ली. रूएलान ती मुलाखत दिवपाचो निर्णय घेतिल्लो. "मम्मा, तुका दिसता म्हजी नोकरी खातीर निवड जातली म्हूण ? हांव फकत अठरा वर्सांचें आसा आनी कॉलेजींत शिकता म्हूण म्हाका दिवचे ना गे ते नोकरी?"

"कित्याक दिवचे ना? तुजी मुलाखत बरी जाल्यार तुका नोकरी मेळटलीच. आमी फकत देवाचेर विस्वास दवरपाचो. देवा कडेन सगळ्यो गजाली शक्य आसात. तूं चड चिंतू नाका. फाल्याचे सगळे दस्तावेज तयार करून दवर." आवयची उतरां आयकून रूएलान देवाचेर विस्वास दवरलो.

दुसऱ्या दिसा सकाळीं उठून रूएला तयार जालें. किबोर्ड आनी दस्तावेज गाडयेंत घालून तें आनी ताची आवय – बापूय भायर सरलीं. थंय पावतकच खूब जाणा मुलाखतीक आयिल्लीं. रूएलान चिंतलें की हांचे मुखार हाव कांयच न्हय. तरीय देवा हांव तुजेर विस्वास दवरतां आनी तुजी खशी जाल्यार म्हाका ही नोकरी दी, अशें ताणें मनांतल्या मनांत देवालागीं मागणें केलें. मुलाखतीचो अणभव मेळटलो म्हूण ताका तर मुलाखत दिवपाचीच आशिल्ली. मुलाखत तीन वरांची आशिल्ली. मुलाखत सुरू जाली तशी रुयेलान वचून "अमेजींग ग्रेस" हें गीत वाजयलें. जायते प्रस्न ताका मुलाखत घेवप्यांनी विचारले.

मुलाखत जावन आतां सात दिस जावन गेल्ले तरीय ताका कांयच खबर मेळूंक नाशिल्ली. देव जें कितें करता तें बऱ्याक करता असो विचार करून ताणें स्वताकूच थातारलें.

दुसऱ्या दिसा तें आपली संगिताचे क्लासीक कला अकादमींत गेलें. क्लास सोंपयले उपरांत घरा येवंक भायर सरचे आदी ताका कला अकादमीचो संचालक पाद्री रोमियो मॉन्तेरो हाणी आपोवन हाडलें आनी ताणें रुएलाक सांगलें की ताका कला अकादमींत शिक्षकाचे नोकरे खातीर वेंचून काडलां म्हण. हें आयकना फूडें ताका खूब खोस भोगली. घरा येवन ताणें ही खुशालकायेची खबर आपल्या आवय-बापायक आनी कुटुंबाक सांगली. खऱ्यानीच रुएलाच्या जिवितांत देवाची 'अमेजींग ग्रेस' आसा अशें सगल्यांक दिसलें.

RAT SODANCH KITEAK YETA?

By Mr. Nigel Periera
TYBA

Rat sodanch kiteak yeta?

Chintun kalliz mhojem kanchveta

Polleun kitem ghoddlam tem

Jivitak bhalo mhozo topta.

Devak kednach polleunk na hanvem

Devcharachem rup tacheant zalem thavem

“Naka!” “Mhaka sodd!” zalem magnnem mhojem

Punn inosent ful pisuddlem tannem

“Help....help....” mhonn khorxelem

Konnuch zavunk na dive adharache

Darar marlem pulisanchem, punn montricho put mhonn

Sangnem hea niropradeachem bharea Kanar ghetlem

Fuddar mhozo uddoilo chirun

Uddttim pakham mhojim ghatlim katrun

Dis mhoje sartam bhiyeun

Polleunk disona rup tea devcharachem portun

KITEAK MHONNUN YETA TI RAT MHAKEA RODDOUNK?

HOI, KITEAK MHONNUN YETA TI RAT MHAKEA RODDOUNK?

The Marathi

Section Contents

1. व्यथा निष्पाप जिवांची 83
2. हरवलेले.... 84
3. का म्हणून तिने.... 84
4. खटकते मला हे दृश्य.. 85
5. माझ्या गोव्याच्या भूमीत.. 85
6. याला जबाबदार कोण? 87
7. गोमंतकीय संस्कृती आणि परंपरा 88
8. कृत्रिम बुद्धिमत्ता आणि माणूस 89
9. निसर्गाचे अद्वितीय देणे! 90
10. माझी नृत्य साधना.. 92
11. AI एक अद्भुत अविष्कार .. 93

हातात धरून हात आईचा
पिल्लू म्हणाले तिला
राहतात क्रूर माणसे जिथे
तिथे का आणिलेस तू मला?

आई माझे आई
ऐकशील ना ग माझं
धाडस नाही आहे माझ्यात
तुला मरताना बघण्याचं

फार भीती वाटते मला त्यांची
आहेत फार स्वार्थी ते
जिभेची चव शमवण्यासाठी
न जाणे काय-काय करतील ते

दूर जाऊया आपण दोघे
एक नवीन दुनिया बनवूया
मनुष्य विहिन संसारामध्ये
आपण निर्भयपणे संचार करूया

जर अचानक पकडल त्यांनी मला
मी करणार आहे ग काय?
जीव जरी घुटमळला माझा
त्यांना फरक पडणार आहे काय?

माझ्या ओरडण्याने त्यांच्या
मनाला पाझर ही फुटणार नाही
माझे लचके तोडताना
त्यांना वेदनाही जाणवणार नाही

आई घेऊन चल ग
इथून मला दूर
होतय मला काळजी भरपूर
आहे हा माणूस नावाचा प्राणी अति निष्ठुर
तुला व मला दूर करून
हसेल ग तो क्रूर

स्वतःच्या सुखासाठी
काहीही करणे त्यांच्यासाठी नवीन नाही
माझ्या वेदना काय आहे हे
त्याला कधीही समजणार नाही

म्हणून म्हणतो आई
मला इथून घेऊन जा
माणसे जिथे नसतील
अशा माझ्या स्वप्नांच्या दुनियेत घेऊन जा

कृतघ्न आहे ही माणसांची जात
माता म्हणतात ती तुला
करतात विश्वासघात
खोटी आहे त्यांची संवेदना
खोटे आहेत त्यांचे विचार
नाही रहायचे मला तिथे
जिथे माणसे करीत आहेत संचार

हरवलेले....

समृद्धी सुभाष येंडे
तृतीय वर्ष कला

आयुष्यात हरवलेल्या पाखराला
क्षितिजाची ओढ
मायेच्या सावलीतून
दुःखाची जोड

निरागस मनाला जणू
कट्यारीचा घाव
आनंदमय क्षणाचा एक
दुःखात्मक उठाव

अंतरातले घाव जणू
दगडावरची रेघ
समोर हास्याचा नजारा
आतून शोकात्मक देख

शेवटी, पेटत्या ज्योतीला
फक्त वाऱ्याची आस
कदाचित आज नाहीतर उद्या
जीवनाचा नवा आभास

का म्हणून तिने....

अद्विका फडते
द्वितीय वर्ष कला

का म्हणून तिने गप्प गप्प बसावे
का म्हणून तिने नाही मोठ्याने हसावे
तुझ्याने होणार नाही तू स्त्री म्हणुन जगाने
हिणवावे

का म्हणून तिने चूल आणि मूल बघत आयुष्य
काढावे

साडी नेसावे? की कुंकु लावावे? असेच दिसणे
तिच्या कडून अपेक्षित असावे.

तेच तीने जिन्स चढवल्यावर मुलगा दिसतेस असे
म्हणत तिला चिडवावे
स्वतःसाठी जगासोबत तिने एकटीने लढावे घाबरत
रडत डोळे पुसत का तिने असे जगावे

उभ्या आयुष्याकडे तिने कसे बघावे?

जेव्हा या समाजाने तिला सतत कमी लेखावे
का तीने दुसऱ्यांसाठी स्वतःला झोकून घ्यावे
स्वतःचाच आनंद मानून

घरातल्या स्त्रीला शिव्या देऊन तिच्यावर हात
उगारावे

तर देवळामध्ये देवी पुढे मात्र हात जोडून लोटांगण
घालावे

खूप कठीण आहे स्त्री होणं, समाजाने तिला
आदराने वागवावे

राक्षसांच्या या युगात कुणी सांगा तिला महाकाली
कसे व्हावे !

खटकते मला हे दृश्य..

कुमारी साची रवी महाले
द्वितीय वर्ष विज्ञान

वर्षभर सणाच्या दिवशी भरूनओसंडणारे ते घर
सर्वत्र पसरलेले ते खुशीचे वातावरण
आपुलकीने भरून आलेल्या त्या एका मोठ्या एकत्र
कुटुंबाच्या भिंती
त्यात घरच्यांची साथ, मायेचा हात
प्रेमाने बहरलेले ते दृश्य....
कळत नाही मला आज, काय झाले या घराचे?
कुठे गेली ती आपुलकी?
कुठे गेली ती आपुलकीची माणसं
खटकत आहे मला हे दृश्य
नाही सुख मनाला
नाही तो आपलेपणा
कुठे हरवले हे सगळे?
कुठे गेले ते आपुलकीचे शब्द?
कुठे गेली ती आजोबांनी जपून ठेवलेली माया
आज्जीने रचलेला एकजूटीचा पाया?

कुठे गेले ते भावंडामधले रक्ताचे नाते?
नाही उरले त्या घराला तो आपलेपणा तो घरपणा
नाही राहिले ते एकत्र मजबुत कुटुंब
हरवली ती माया कुठे?
शोधावे ते जग कुठे?
क्षणात सारे आठवावे, की क्षणात सारे विसरावे?
आठवणीच्या या बंधनात, स्वतःला किती रुतवावे?
रडते आहे आज मन माझे पाहुन हे आगळे वेगळे
दुःखाने भरलेले दृश्य
खटकते आहे मला आजही हे दृश्य
आज ही हे दृश्य
कुमारी साची रवी महाले
द्वितीय वर्ष विज्ञान

माझ्या गोव्याच्या भूमीत..

मानसी प्रभू भटगावकर
तृतीय वर्ष कला

“माझ्या गोव्याच्या भूमीत
गड्या नारळ मधाचे
कड्या-कपाऱ्यामधून
घट फुटती दुधाचे...”

कविवर्य बा.भ.बोरकर यांनी रचलेली ही सुंदर कविता एखाद्यावर गोव्याच्या सौंदर्याची भूल पाडण्यास सक्षम आहे, ह्यात कसलीच शंका नाही.गोव्याची भूमी एवढी सुंदर आहे जी पाहताक्षणी कोणालाही मंत्रमुग्ध करू शकते.तो हिरवागार निसर्ग, तो निळा समुद्र मनाला वेड लावायचे कार्य करतो.भगवान परशुरामांचीही भूमी ह्या भूतलावर स्वर्गाप्रमाणे आहे. ही सोन्याची भूमी, ही आमची 'माय' गोमंतक,गोमंतकीयांचीजीवनदात्री आहे. प्रत्येक गोवेकर ह्या मातीतूनच आपल अस्तित्व घडवत असतो. हा गोमंतक प्रांत केवळ एक प्रदेश नसून गोमंतकीयांसाठी सर्वस्व आहे. त्या शिगम्याच्या सणात वाजणारी ती सुमधुर ध्वनि,दारासमोर सजलेली सडारांगोळी,ती फुगड्यांमधली गाणी,हेसर्व आपल्या गोमंतक भूमीची अद्भुत संस्कृति आहे.ज्याप्रमाणे इथली माती आपल्या मुलांच पालनपोषण करते अगदी त्याचप्रमाणे गोमंतभूमी आमच्या अस्तित्वाची पोषणकर्ती आहे.

गोव्याची संस्कृती निराळीचआहे.इथे प्रत्येकसण ,निसर्गाची प्रत्येक घडामोड एक वेगळी कहाणी सांगते.गोव्याची संस्कृतीही निसर्गाशी जोडलीगेली आहे. इथे प्रत्येकसणात, प्रत्येक समारंभात निसर्ग महत्वपूर्ण आहे. गोव्याच्या संस्कृतीची नाळ विशिष्टपद्धतिने निसर्गाशी जोडली गेली आहे.चैत्रपौर्णिमा असो अथवा नागपंचमी निसर्गाच्या

प्रत्येक स्वरूपाचा समावेश त्यासणांमध्ये असण आवश्यक आहे. एकमेकांत मिळून मिसळून राहण हीसुध्दा इथली संस्कृती आहे. गोमंतकीयांमध्ये भाषेचा अभिमान आहे,पण आपल्या भाषेसह अन्य भाषांचा आदर करण्याची संस्कृतीही इथेआहे. आमच्या हया छोट्याश्या प्रदेशाला भारताच्या अन्यभागांपेक्षा एक विरळी संस्कृती प्राप्तआहे. इथल्या संस्कृतीवर पोर्तुगीजांची छापही दिसून येते.गोव्यातील घरांवर जी सुंदर हस्तशिल्पी नक्षी आहे ती प्राचीन गोमंतक व पोर्तुगीजांच्या संस्कृतीच्या मिश्रणाने बनली आहे.अन्नामध्येही पोर्तुगीज संस्कृतीचा प्रभाव स्पष्ट दिसून येतो.

खतखतें, तांबडी भाजी हयापदार्थांसोबतच ख्रिस्ती अन्नाचा समावेशही पहायला मिळतो. मुख्यतः महाराष्ट्रीयंप्रमाणेच इथला पारंपारिक पोशाख नऊवारीसाडी व धोती आहे पण त्याच बरोबर पोर्तुगीज संस्कृतीतला पोशाखही आमच्यासंस्कृतीचा भाग बनला आहे. म्हणून अस म्हणायला हरकत नाही कि गोव्याच्या भूमीवर एकाच बरोबर दोन संस्कृती श्वास घेत आहेत. पण अस म्हणण चुकीच आहे कि ही पोर्तुगीज संस्कृती आम्हा गोमंतकीयांची एकमात्र ओळखआहे.

गोव्याचीप्राचीन संस्कृती आजही आपल्या पारंपारिक रूपात सज्ज उभीआहे. आम्ही गोवेकर 'कार्निवल'मध्ये कितिही दंगाकरुदे,पणशिगम्यामध्ये ढोलवताशांच्या तालावर बेफाटपणे नाचण आपण आजही विसरलो नाही.पाश्चात्य कपड्यां मध्ये कितिही,पार्ट्या केल्यातरी सणांच्यादिवशी साडी व पितांबरालाच मान असतो. इतर देशातील पदार्थांची चव घेण्यास कितिही उत्सुक असलोतरी शीत-कढी शिवाय आमचजेवण संपन्न होत नाही. हेचकारण आहे पाश्चात्यसंस्कृतीचा समावेश करुन ही प्राचीन संस्कृती अजूनही तटस्थ उभी आहे.

आमची भाषा कोंकणी ही आमच्या संस्कृतीची ओळख आहे. कोंकणी सोबत मराठीही आमच्या संस्कृतीची पालन करणारी आहे. सर्वभाषांना समान मान देण हासुध्दा आमच्या अनुपम संस्कृतीचा एकभागच आहे. पण एक गोष्ट मनाला नेहमी व्यतीत करते कि राष्ट्रीय पातळीवर गोव्याच्या संस्कृतीची जेव्हा गोष्ट येते तेव्हा नेहमी पोर्तुगीज संस्कृतीलाच प्राधान्य दिलजात. भारतातल्या अन्य राज्यांतून येणाऱ्या लोकांची हीच धारणा आहे कि गोव्याची संस्कृती अर्थात धागडदिगा घालणारी, दारुच्या बाटल्या घे ऊन नाचणारी संस्कृती आहे, इथे दिवसरात्र पार्टीकरण व विदेशी पोरींसोबत नाचण हाच आनंद घेण्यासाठी लाखोसंख्येने पर्यटक येतात. आमच्या पारंपारिक संस्कृतीचा लवलेशही कधी त्यांच्या संभाषणांमध्ये दिसून येत नाही. कधीही कोणालाही विचारा गोवा म्हटल तर फक्त विदेशीगाणी,समुद्र व झिंगाणा. भारताच्या संस्कृती पेक्षा तिला नेहमी हीन दृष्टीनेच पाहिलजात.हे पाहून मनाचा धरकाप उडतो. एक गोवेकर म्हणून मनाला असख्य वेदना होतात.

आमची राहणी,आमची गाणीही आमची खरी ओळख आहे. सकाळी उठून दारासमोर घातलेली रांगोळी, लग्नात म्हणणाऱ्या ओव्या,लग्नातील विविध विधिही आमच्या संस्कृतीची प्रमुख तत्वे आहेत. इथे गावागावामध्ये जत्रा भरतात, मोठ्या संख्येने श्रध्दाळु येतात,शिगमोत्सवात चित्ररथ पाहण्याची धूम उडते, घोडेमोडणी, ही सर्व काही आमच्या संस्कृतीची चिन्हे आहेत. म्हणूनच आवश्यकता आहे ती म्हणजे आम्ही गोवेकरांनी पर्यटकांना आमच्या संस्कृतीची ओळखकरुनदेण्याची. जेव्हा कोणीही गोव्याला विदेशी संस्कृतीमध्ये गणनाकरण्याची गोष्टकरेल तर त्याला आमच्या सणांची, उत्सवांची, भाषेची महत्ता सांगण्याची. ज्या संस्कृतीच्या रक्षणासाठी आपण आजही सज्ज आहोत तिला एक नवीन ओळख मिळवूनदेण्याची. आज गोव्याचा भौतिक विकास होतोय तसाचआपल्या संस्कृतिचा विकास होणही तेवढच गरजेच आहे.हे लक्षात ठेवण आवश्यक आहे.

“गोमंतकाच्या संस्कृतीने वाढवलाय आमचा मान

तिच संवर्धन करुन वाढवूया तिचा सन्मान!”

याला जबाबदार कोण?

वेदा मांद्रेकर

द्वितीय वर्ष कला, शाखा

नमस्कार वाचकहो! आज आपण आजची स्त्री सुरक्षित आहे का या विषयावर विचार करणार आहोत. आजच्या स्त्रीयांनी अवकाशात झेप घेतली पण खरच इतकी सर्वसामान्य स्त्री आज सुफळ आणि संपन्न झाली आहे का? नाही, तिचं जीवन अजूनही घराच्या चार चौकटीत बंदच आहे. इथल्या परुषप्रधान संस्कृतीन तिला स्वतःला स्वतंत्रपणे जगूच दिलेल दिसत नाही. तिला स्वतःच्या पायावर उभी रहाताना असंख्य अडचणींवर मात करावी लागते.

एकीकडे हुंडा विरोधी कायदा, स्त्रीशिक्षण, स्त्रीमुक्ती, स्त्रीस्वातंत्र्य अशा अनेक विषयांना धरून विविध संघटना काम करत असताना दुसरी कडे मात्र घरात मुलीवर मुली जन्माला आल्या तर त्या आपल्याला नकोशा होतात. आपण नाक मुरडतो. गोठ्यात गाय म्हैस किंवा शेळी जन्माला आली तर आपण आनंद व्यक्त करतो. अड्यातून कोंबडी बाहेर पडली तर आपण म्हणतो देव पावला. पण तेच दुसरीकडे एखाद्या नवरीला आशिर्वाद देताना आपण, 'अष्टपुत्र सौभाग्यवती भव!' असे म्हणतो.

आपण म्हणतो की काळ बदलला पण ह्या बदलत्या काळाप्रमाणे अष्टपुत्रा इष्टपुत्री झाले का? तुझ्या पोटी एक छानशी मुलगी जन्माला यावी असा आशिर्वाद आपण देतो का? नक्कीच नाही! मुलाला आपण वंशाचा दिवा म्हणतो मग मुलीला वंशाची पणती का म्हटली जात नाही? विचार केला आहे का कधी या गोष्टीवर?

पूर्वीच्या काळी सती परंपरा होती नवर्याच्या मृत्यूनंतर स्त्रीकडून तिच्या जगण्याचा अधिकारच काढून घेतला जाई. पण आज त्यापेक्षाही भीषण परिस्थिती आढळते ती म्हणजे स्त्री भ्रूणहत्या. मुलीच्या जन्मा आधीच तिचा जगण्याचा अधिकार काढून घेतला जातो. जो पर्यंत आपण बदलणार नाही तो पर्यंत समाज सुद्धा सुधारणार नाही. त्यामुळे सगळ्यांनी मिळून शंभर पावले चालण्यापेक्षा सगळ्यांनी हातात हात घालून एक पाऊल चालूया. खरच येणारा पुढचा दिवस नक्कीच आपला असेल. 'यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः' म्हणजे नारी ही देवते समान आहे तिची पूजा झाली पाहिजे. पण कुठे? गाभाऱ्यात? नाहीच नाही, कारण मानसिक पाळीच्या वेळी तर तिला बाहेर ठेवले जाते तिच्या सोबत भेदभाव केला जातो वेगळी वागणूक दिली जाते. हे सर्व आपल्याला मान्य आहे का? आजची स्त्री सुरक्षित आहे का? हा एकच प्रश्न नाही, स्त्री बाबत असे असंख्य प्रश्न समजात जगताना येतात.

हजारो लोक हे प्रश्न उठवतात पण यांची उत्तरं कोण देणार? मंदिरातील देवीच्या अंगावर आपण दुधाचा अभिषेक करतो, मात्र भर चौकात त्याच स्त्रीच्या अंगावर रॉकेल ओतून तिला जाळून टाकतो. एकीकडे मंदिरात देवीरूपी स्त्रीच्या अंगावर आपण शालु चढवतो मात्र त्याच वेळी दुसरीकडे एका स्त्रीच्या अंगावरचा शालु काढून इज्जत वेशिवर टांगली जाते. आता ह्या सगळ्यांना उत्तर देण्याची वेळ आली आहे. नव्या पिढीला आधीपासूनच स्त्रीशी समान वागायला शिकवले पाहिजे, भेदभाव आधीपासूनच नष्ट झाला पाहिजे आणि ह्यात पालकांचा मोठा हात असतो. मासिक पाळी, गर्भधारणा यांची माहिती एका मुलीला असणे जेवढे आवश्यक असते तेवढेच ते एका मुलाला माहित असणे सुद्धा महत्त्वाचे आहे.

आज आपण म्हणतो की स्त्री पुरुषांपेक्षा एक पाऊल पुढे आहे. पण प्रश्न एकमेकांच्या पावलाला पाऊल देवून चालण्याचा आहे. जुन्या पिढीचे जुने विचार बदलणे तेवढेच गरजेचे आहे. टीव्ही सिरियल्स, चित्रपट यामधे एकतेचे, बरोबरीचे असे आधुनिक विचार प्रेक्षकां समोर ठेवले पाहिजे. पाणी नाकाच्या वर नाही तर आभाळात पोहोचले आहे, या बुडालेल्या समाजाला वर काढण्याची जबाबदारी फक्त आमचीच आहे. म्हणून म्हणते मंडळी झाला असेल सूर्यास्त पण अंधार पडला नाही मनाच्या गाभाऱ्यातील संसाराची पणती अजूनही विझली नाही, ती पणती जपून ठेवा तिचाच एकदा सूर्य होईल नि सारे विश्व नव्या विचाराने उजळून जाईल.

भारताच्या पश्चिम किनारपट्टीवरील छोटासा निसर्गसंपन्न प्रदेश म्हणजे गोवा या प्रदेशाला गोवा, गोमंतक, गोवापूरी, गोपकपट्टण, गोवा अशा अनेक नावानी ओळखले जाणारे हे राज्य भगवान परशुरामाने तप आचरणासाठी पश्चिम समुद्रावर शरसंधान करून निर्माण केलेला हा सुसंस्कृत असा भुप्रदेश आहे.

गोमंतक भूमीवर अनेक राजवटींनी आपल्या संस्कृतिक खुणा मागे ठेवल्या त्यापैकी काही इतिहास बनून राहिल्या तर काही खुणा गोमंतकीय संस्कृतीचे अंगभूत घटक बनून राहिल्या. संगीत, नाट्य आणि कलांचा अनुपमेय संगम असलेला हा प्रदेश.

मोगल राज्यकर्ते संगीताचे चाहते असल्याने हिंदुस्थानाची परंपरा आणि त्यातील संगीत प्रकाराना इथे राजाश्रय मिळाला त्याच प्रमाणे लॅटीन अमेरिकन संगीताचा थेट प्रभाव आपल्याला गोव्यातील मांडो, धुलपद, कांतारा या गीत - नृत्य प्रकारांवर दिसतो.

गोव्यातील जगप्रसिद्ध असलेला एक प्रकार म्हणजेच घुमट आरती. घुमट आरती हे गोव्यातील ग्रामीण भागात खूपच लोकप्रिय आहे. पूजा, अर्चा, गणेशचतुर्थी, शिमगोत्सव इत्यादी सण, जत्रा, आणि जागरांच्या वेळी घुमट वादन केले जाते हे शास्त्रीय पद्धतीने केलेले वादन असते. साचे वेगवेगळे प्रकार असतात. उदा:- चंद्रावळ, सुंवारीवादन, चंद्रावळ, फाग, खाणपद, आरत्या अशी नावे आहेत मात्र या वादनात घुमट हे वाद्य मुख्य असते. गायक गीते गातात आणि सोबतीला वाद्यवादन होते. अनेक लोक नृत्यांच्या साथीसाठी घुमट वादनाचे विविध प्रकार ठरलेले आहेत घुमट दोन भिन्न व्यासाची तोंडे मोठ्या तोंडावर घोरपडीचे कमावलेले कातडे ताणून बसवितात. घुमट आरती हे जरी मुख्य वाद्य असले तरी शामेळ, कासाळे ही इतर वाद्ये साथीला असतात. गोव्यातील इतर पखवाज, शामेळ म्हणजेच मराठीतील संबळ, ढोल डमरू, डायरा, तबला, जधाट कासाळे, झांज , ताशा, आणि टाळ.

गोव्यातील संगीताप्रमाणेच इथली नाट्य संस्कृतीही फार सुंदर आहे. गोव्यात प्रचलित असलेल्या दशावतारी कालो, संकासुर कालो, सतकालो, दही कालो, गवळण कालो, जागर, फुगडी, धालो इत्यादी सर्व लोकनाट्य प्रकारांच्या तुलनेने सर्वात जुने असे लोकनाट्य पेरणी जागर' शिवोलीतील पेरणी जागर हा सुप्रसिद्ध आहे. या गावात हिंदू आणि ख्रिस्ती एकत्र येऊन सादर केला जाणारा तो एकमेव 'शिवोलीचा जागर' या नावांनी ओळखला जातो. तसेच केपे, सांगे, फोडा, काणकोण आणि पेडणे तालुक्यातील अनुक्रमे मळकर्णे वाघुर्मे, पेंगीण आणि मोरजी यातील काही गावात अजूनही पेरणी जमातीचा जागर भोगावळीच्या स्वरूपात सादर केले जातात.

गोव्याच्या गावा- गावातून साजऱ्या होणाऱ्या शिगमोल्सवाची रूपे तर निरनिराळी आहेत, परंतु त्यांचा आत्मा एकच आहे. त्यामागील एकूण संकल्पना आणि लोकमानसाचा आविष्कार एकच आहे. कलेचे आविष्कारण विविध रूपातून होत असले तरी त्यामागील लोकभावना, उत्साह, आनंद, भक्ती आणि उत्कटता समान आहे. सृष्टीच्या आनंदोत्सवात आपल्या उत्कट भावनांचे योगदान समर्पित करण्याच्या मंगल हेतूने साकारलेला हा शिगमो उत्सव म्हणजेच गोमंतकीय लोक जीवनाला पडलेले कधीच संपू नये असे वाटणारे एक मोहक स्वप्न आहे.

गोव्यातल्या ग्रामीण भागातील लग्न समारंभात प्रत्यक्ष उपस्थित राहण्याची कोणतीही संधी कधीच सोडू नये. इथल्या संपन्न लोकगीतांमधून प्रतिबिंबित होणारे इथले लोकजीवन आणि संस्कृती यांचा अनुभव घेण्याची संधी म्हणजे फार मोठी पर्वणीच असते अभिजात भारतीय संस्कृतीची ही सन्माननीय परंपरा इथल्या मातीने देखील जोपासली आहे.

गोव्यातील लग्न संस्कृती समृद्ध आणि वैविध्यपूर्ण आहे. गोव्याच्या लग्नांमध्ये हिंदू आणि कॅथोलिक पध्दतीचे

विवाह पहायला मिळतात. हिंदू लग्नांतील प्रमुख धार्मिक आणि संस्कृतिक अभ्यासांमध्ये मंगलाष्टक कन्यादान, सप्तपदी अशा प्रमुख संस्कारांचा समावेश आहे.

कॅथोलिक लग्नांतील काही प्रमुख विधी प्रकारांचा समावेश आहे. उदा. संगीत, नृत्य, स्वादिष्ट अन्न.

हिंदू धर्मातील लग्नसमारंभात ओव्यांना फार मोठे स्थान आहे. लग्नाच्या सुरुवाती पासून शेवट पर्यंत ओव्यांचा सामावेश असतो.

दीर्घ प्राचीन परंपरा, लोकनाट्य, संगीत इत्यादी सांस्कृतिक परंपरा आज पूर्णतः नामशेष होण्याच्या मार्गावर आहेत. एवढी मोठी लोकवस्ती असलेली या सगळ्या परंपरा जपणारी जेमतेम पाच कुटुंबे पाच तालुक्यात विखुरलेली आहेत. आपणा सर्वांची ही जबाबदारी आहे की आपण सर्वांनी या गोमंतकीय संस्कृति वाचवण्यास व त्याची वाढ कशी व्हावी याच्याकडे लक्ष केंद्रीत केले पाहिजे.

कृत्रिम बुद्धिमत्ता आणि माणूस

श्रुती घोणे

द्वितीय वर्ष कला

आजच्या तंत्रज्ञानातील झपाट्याने झालेल्या बदलांच्या जगात मानवाने खूप लांब पल्ला गाठला आहे. मानवांसाठी गोष्टी सुलभ करण्यासाठी दिवसेंदिवस नवीन तंत्रज्ञान येत आहे. असेच एक तंत्रज्ञान म्हणजे कृत्रिम बुद्धिमत्ता आणि कृत्रिम बुद्धिमत्तेच्या परिचयामुळे लोकांमध्ये एक गंभीर चिंता निर्माण झाली आहे. कृत्रिम बुद्धिमत्तेची व्याख्या म्हणजे डिजिटल संगणक किंवा संगणक-नियंत्रित रोबोटची सामान्यतः बुद्धिमान प्राण्यांशी संबंधित कार्ये करण्याची क्षमता.

कृत्रिम बुद्धिमत्ता आमचा चांगला साथीदार असू शकते, आमच्या भावना सामायिक करण्यात आम्हाला मदत करू शकते, माहिती सांगण्यास मदत करू शकते तिचे इतर नकारात्मक प्रभाव आहेत. कृत्रिम बुद्धिमत्तेमुळे बऱ्याच लोकांना समस्यांना सामोरे जावे लागते. बऱ्याच वापरकर्त्यांनी लेखनातून बाहेर पडण्यासाठी तंत्रज्ञानाचा वापर केला आहे. असाइनमेंट्स, शैक्षणिक अखंडतेला धोका निर्माण करतात. शिवाय, एखादी व्यक्ती नोकरी, सामाजिक सहाय्य किंवा राजकीय आश्रय यासाठी योग्य आहे की नाही हे निर्धारित करण्यासाठी पक्षपाती कृत्रिम बुद्धिमत्तेचा वापर केला जाऊ शकतो, ज्यामुळे संभाव्य अन्याय आणि भेदभाव निर्माण होतो. कृत्रिम बुद्धिमत्ता आपल्यासाठी खूप फायदेशीर असू शकते परंतु त्याची एक धोकादायक बाजू देखील आहे. काही मुली ज्यांचे डीपी फेक व्हिडिओ हे एआय अॅप्स वापरून बनवले गेले आहेत आणि ते इतके अचूक दिसतात की आम्ही फरक सांगू शकत नाही, अभिनेत्री रश्मिका मधनाचा डीपफेक व्हिडिओ, गृहमंत्री अमित शहा यांचा व्हिडिओ. अशी अनेक उदाहरणे जिथे लोकांना या व्हिडिओमुळे खूप संघर्ष करावा लागतो. मुलींच्या पालकांना याची जास्त काळजी असते. पूर्वी जेव्हा विद्यार्थ्यांना माहिती घ्यायची असते तेव्हा ते पुस्तकांकडे जायचे पण आता बहुतेक विद्यार्थी झटपट माहिती मिळविण्यासाठी एआय अॅप्सचा वापर करतात, फारसे संघर्ष न करता विद्यार्थी पुस्तकांशी आणि त्यातून मिळालेल्या ज्ञानाशी जोडलेले राहिलेले नाहीत. आम्ही बहुतेक ठिकाणी एआय पाहतो. व्यवसाय शाळांमध्ये आमच्याकडे एआय रोबोट्स आहेत जे मानवी शिक्षकाएवजी विद्यार्थ्यांना शिकवतात, रेस्टॉरंटमध्ये आम्ही एआय रोबोट्स अन्न सर्व्ह करताना पाहतो, आम्ही वृत्तवाहिन्या देखील पाहतो जे अँकर म्हणून काम करण्यासाठी एआय वापरतात. एआय गोपनीयता आणि सुरक्षिततेवर विपरित परिणाम करेल. एआय एक चांगला मित्र म्हणून काम करू शकतो, तरीही लोक कृत्रिम बुद्धिमत्तेशी दीर्घकाळ बोलत आहेत आणि आमच्या कुटुंब आणि मित्रांपासून दूर राहतात. एक चीनी महिला एआय रोबोटच्या प्रेमात पडली. हे एआय किती धोकादायक असू शकते हे दर्शविते. एआय मुळे अनेक लोकांना नोकऱ्या गमवाव्या लागल्या आहेत, ज्या पद्धतीने आपण लोकांशी जोडतो ते आपण एआय शी कनेक्ट करू शकत नाही, एखादी व्यक्ती ज्या प्रकारे संवाद साधते ती एआय रोबोट्सद्वारे बदलली जाऊ शकत नाही. जे ज्ञान आम्हाला पुस्तके आणि माणसांमधून मिळते एआय आपल्याला देऊ शकत नाही.

एका बाजूला विस्तृत समुद्र, आतून हिरव्यागार वृक्ष - वल्लरींनी आच्छादित, नद्यांच्या लाटांवर स्थित, लाल मातीतून जन्मलेला, निसर्गाचे अद्वितीय देणं म्हणजे ' गोवा '. भारताच्या नकाशावर बिंदीसारखे, सर्वात लहान असलेले हे राज्य इतके मनोहर आहे की देव - देवता सुद्धा या भूमीत प्रवेश करताच शांत होतात. देवी दुर्गा येथे शांतादुर्गेचे स्वरूपात आहे. गोव्यावर जितका निसर्ग प्रसन्न आहे तितकीच येथील संस्कृती समृद्ध आहे.

गोव्यावर पूर्वी पोर्तुगीजांचे राज्य होते. येथील संस्कृती, परंपरा, प्रथा, रीती, रूढी एक सुंदर गोमंतकीय आणि काही मोजक्याच प्रमाणात पोर्तुगाली मिश्रण आहे. गोव्याच्या राहणीमानात, जीवनशैलीत पोर्तुगाली संस्कृतीचा अंश झळकतो. यामुळे गोवा इतर भारतीय राज्यांपासून खूप वेगळा दिसतो. गोव्यातील लोक कोंकणी भाषा बोलत असून येथे मराठीही बोलली जाते. कोंकणी भाषेत देखील पोर्तुगीज शब्दांचा मेळ ऐकू येतो. गोव्यात विलक्षण हिंदू - पोर्तुगाली संस्कृतीचे दर्शन होते. इथल्या गावांमध्ये, जिथे पुष्कळ घरे हिंदू वास्तुकलेप्रमाणे बांधलेली आहेत तर काही ठिकाणी पोर्तुगाली वास्तुकलेचे कौशल्य दर्शवितात.

गोव्याची पारंपारिक संस्कृती खूप संपन्न आहे. जिचे आजपर्यंत गोवेकरांनी संवर्धन केले आहे आणि तिचे अस्तित्व राखले आहे. कोणत्याही प्रदेशाच्या संस्कृतीचा जेव्हा प्रश्न येतो, तेव्हा तेथील सण व उत्सव एक महत्त्वपूर्ण पैलू मानला जातो. हिंदू सण जसे गणेश चतुर्थी, दीपावली, शिगमा, चिखलकाला तसेच ख्रिसमस, सां जाव, कार्निवल हे ख्रिस्ती उत्सव गोव्यात मोठ्या उत्साहाने व सौहार्दाने साजरे केले जातात. वर्षभरात येथील पुरातन मंदिरांचे जत्रोत्सव आणि चर्चचे उत्सव इथल्या धार्मिक जीवनाची रौनक वाढवतात. गोव्यात श्री लइराई , श्री मंगेश, श्री कामाक्षी, श्री नागेश, श्री शांतादुर्गा, श्री मल्लिकार्जुन इत्यादी प्रसिद्ध देवस्थाने आहेत. येथील जत्रोत्सव खूप प्रख्यात आहेत, ज्यात सकाळी देवाची पूजा केली जाते, त्यानंतर आरती, महाप्रसाद, त्याचबरोबर दिवजोत्सव आणि रथोत्सव असतो. नाटक, नृत्य, गीतगायन, आरती स्पर्धा, अशाप्रकारच्या सांस्कृतिक कार्यक्रमांचे आयोजन केले जाते, ज्यामध्ये लोक आपली प्रतिभा प्रस्तुत करतात आणि याप्रकारे आपले छंद जोपासतात. तसेच मंदिराच्या परिसरात पुष्कळ दुकानदार कपडे, खेळणी, दागिने, मिठाई, मूर्ती, गोव्याची प्रसिद्ध मिठाई खाजे विकताना आपणास दिसतात.

सेंट फ्रान्सिस झेवियरचा उत्सव, सेंट मिलाग्रीसचा उत्सव मोठ्या उत्साहाने ख्रिस्ती बांधव साजरे करतात. इथल्या उत्सवांतून आपल्याला सांप्रदायिक सौहार्दाचे वातावरण पहायला मिळते.

गोव्यात अनेक उत्सव साजरे केले जातात जे इतर राज्यांतील लोकांना माहित नाहीत किंवा फार कमी लोकांना माहित आहेत. गोव्यात अग्नी उत्सव साजरा केला जातो जो ' होमखण ' (होमकुंड) या नावाने ओळखला जातो. शिरगावमध्ये देवी लइराईच्या वार्षिक जत्रेवेळी शेकडो लोक अंगारांवरती चालतात. या व्यतिरिक्त 'वीरभद्र ' या लोकनृत्यात महादेव शंकर यांचा मानसपुत्र आग ओलांडताना दिसतो. याशिवाय गड्यांची जत्रा, शिशारान्नी सारखे उत्सव सुद्धा प्रचलित आहेत. हे उत्सव चित्तथरारक व विस्मयकारक आहेत

अन् दैवी शक्तीचा प्रत्यक्ष अनुभव या उत्सवांत घेता येतो.

इथल्या धार्मिक पद्धतींत निसर्ग संवर्धनाची संस्कृती देखील आढळते. 'देवराई', म्हणजेच वनात एखादा जागा जो दैवी मानला गेलेला आहे आणि त्यामुळे तिथल्या झाडा - झुडुपांना कोणीही हात लावत नाही. गोव्यातील भक्तजनांचा 'देवचार' यांच्यावर फार विश्वास आहे. अशी मान्यता आहे की हे देवचार आपल्या गावाचे रक्षण करतात. म्हापसामधील प्रख्यात श्री बोडगेश्वर जत्रा एक उत्तम उदाहरण आहे जिथे आपण भाविकांची या राखणदार दैवतावर असलेली दृढ श्रद्धा पाहू शकतो.

मनुष्यजीवन कला आणि मनोरंजनाशिवाय अपूर्ण आहे. गोवेकर गायन, वादन आणि नृत्य या तीनही विषयांत कुशल आहेत. गायन आणि वादनात घुमट आरती, भजन, कांतार, ओवी, धालो व इतर लोकगीतांचा समावेश आहे. पारंपरिक नृत्यप्रकार जसे कुणबी नृत्य, धालो, घोडे मोडणी, गोफ, फुगडी, देखणी, समईनृत्य, मुसळखेळ इत्यादी मनभावक असतात आणि हे मधुर व मंजुळ गीतांवर केले जातात. कोणताही समारंभ असेल तर लोकगीत आणि नृत्य त्या समारंभाची शोभा वाढवतात. ही लोकगीते व लोकनृत्य गोमंतकाच्या लोकसंस्कृतीची ओळख आहे. ही लोकनृत्य व लोकगीते महिला व पुरुष लग्न, बारसा आणि सणासुदीच्या वेळी उत्साहपूर्वक गातात.

गोव्याचा पारंपरिक पोशाख नऊवारी साडी आहे, जी आज महिला फक्त जत्रोत्सव, पूजा अशा समारंभावेळी नेसतात. मंतकाची खाद्यसंस्कृती तर अधिक अप्रतिम आहे. येथील मुख्य अन्न तर 'शीत - कढी' आहे. लोकांना असं वाटतं की गोवा म्हणजे फक्त मांसाहारी पदार्थ. परंतु असं नाही. येथे शाकाहारी पदार्थांमध्ये देखील विविधता आहे. सान्ना, खतखते, मणगणे, बेबिंका, धोदोल इत्यादी पदार्थ अगदी रुचकर लागतात.

येथील लोक चित्रकारी, कुंभारकाम, शिल्पकारीत सुद्धा प्रवीण आहेत. चितारी कला जी लाकडाच्या पाटांवर व खेळण्यांवर केली जाते, कावी कला जी मंदिरांच्या व चर्चच्या भिंतींवर आढळते, इथल्या लोकांनी आजही सांभाळलेली आहे व या कलाकारांनी जिवंत ठेवली आहे. गणेश चतुर्थीच्या वेळी गणपतीच्या मूर्ती, नागपंचमीच्या वेळी नागाच्या मूर्ती, मातीची भांडी, मडक्या इथले कुंभार बनवतात. 'पोदेर', सोनार, कुंभारकाम, मासेमारी, शेती हे गोव्याचे परंपरागत चालून आलेले व्यवसाय आहेत. गोव्याच्या राहणीमानात मच्छीमाऱ्यांचे महत्व खूप आहे. मासेमारीचा व्यवसाय हा गोव्यासाठी मोलाचा आहे. पारंपरिक पद्धतीने पाव बनवणारे आजही गोव्यात आहेत. यांना इथे 'पोदेर' म्हणतात. कित्येक गोवेकर सकाळच्या व संध्याकाळच्या नाशत्यासाठी आजही या पोदेरांकडून पाव, पोळी व 'काकणां' विकत घेतात. परंतु सगळेच हे व्यवसाय करत नाहीत. तांत्रिक विकास आणि शहरीकरणामुळे पारंपरिक व्यवसाय मागे पडत चालले आहेत.

आज गोवा एक महत्वपूर्ण आणि प्रसिद्ध पर्यटनस्थळ आहे. गोव्याबद्दल पुष्कळ गैरसमज आहेत. गोव्याबद्दल एक मानसिकता बनलेली आहे की हा फक्त एक 'पार्टी डेस्टिनेशन' आहे. या भूमीचा समृद्ध सांस्कृतिक वारसा, हीची खरी ओळख आहे. गोमंतकाच्या वास्तविक संस्कृतीबद्दल आणि परंपरांबद्दल जगाला सांगण्याची गरज आहे. गोवा केवळ समुद्रतटांपर्यंत सीमित नाही तर त्याची सांस्कृतिक प्रतिमा सुद्धा प्रशंसनीय आहे. गोव्यातील लोकसंस्कृतीचे दर्शन आणि त्याबद्दल सचेत चिंतन, गोव्याची खरी जीवनशैली आणि संस्कृतीचा दर्पण दाखवू शकेल.

जेव्हा मी चालायला शिकले त्यावेळी माझे आजोबा डबे वाजवत बसायचे व त्या तालावर मी अगदी नकळत पाय वाजवायचे..वाजवायचे काय बडवायचेच म्हणा.पण तेव्हा पासून माझ्या आईच्या लक्षात आलं की 'मुलीच्या अंगात ताल आहे.' आणि तेव्हापासूनच माझ्या नृत्यमय प्रवासाला सुरुवात झाली आणि अजून ती चालू आहे..माझ्या आईने सरकारी कार्यालयात माराव्या लागतात तितक्या येरझार्या माझा डान्स क्लास शोधण्यास व शोध्याल्यानंतर मला तिथे नेऊन आणण्यास घातल्या. तिला मला उडताना पाहायचे होते. म्हणून ती माझे पंख सक्षम करत होती.

मेहेनत आणि प्रामाणिकपणा हा यशाचा पाया आहे हे बरोबर पण माना किंवा मानू नका..नशीब आणि वेळ हेही यशाचे अविभाज्य घटक आहेत. लहान असल्यापासूनच माझा शास्त्रीय नृत्याचा अभ्यास असावा व मी व्यवस्थित त्यात शिक्षण घ्यावं असा माझ्या आईचा अट्टाहास होता. त्या काळात मी राहते त्या भागात जास्त प्रमाणात शास्त्रीय नृत्याचा तेवढा प्रचार न्हवता..तरी एका क्लास मध्ये माझ्या आईने मला प्रवेश मिळविला. पण थोड्या दिवसातच लक्षात आलं की तो अस्सल शास्त्रीय नृत्य क्लास नाही .आम्ही वेळ ना दवडता दुसरी कडे प्रवेश घेतला तर तिथे सुध्दा शुद्ध कथक शिकवत नव्हते.त्या दरम्यान खूप वेगवेगळ्या ठिकाणी नृत्याचे वर्ग लावले. परंतू कुठेच आमच्या मनासारखं शिक्षण प्राप्त झालं नाही..

थोड्या वर्षांनी वर्तमान पत्रात कला अकादमीच्या नृत्य वर्गाची जाहिरात वाचली पण आपल्या घरापासून चाळीस किलोमीटर लांब प्रवास करण्याचा विचार करून पोटात धस्स झाले.पण माझ्या आईने आणि मी निश्चय केलाच होता की काहीही झालं तरी हे शिखर गाठायचं.पण वर उल्लेख केला तसा नशिबाचा खेळ तो असा की, आम्ही प्रवेश मिळवण्यासाठी तिथे गेलो परंतू अस कळलं की आम्हाला उशीर झाला आहे आणि आता प्रवेश मिळविण्यासाठी अजून एक वर्ष विश्रांती घ्यावी लागेल..पण आता विश्रांती घेऊन चालणार न्हवती, मी जोमाने पुढील वर्षासाठी तयारी सुरू केली व पुढच्या वर्षाच्या प्रवेशाकडे डोळ्यात तेल घालून लक्ष ठेवले आणि प्रवेश प्राप्त करून घेतला.

तर अश्या रीतीने खऱ्या अर्थाने माझा व्यवस्थितपणे नृत्याचा अभ्यास सुरू झाला. या दरम्यान माझ्या आयुष्यात अनेक चांगले वाईट अनुभव आले परंतु माणसं मात्र चांगलीच मिळाली. दिग्गज कलाकारांकडून मार्गदर्शन प्राप्त करण्याची संधी मिळाली..खूप नवीन गोष्टींची शिदोरी प्राप्त झाली..फक्त आणि फक्त महितीपूर्वक व उपयुक्त अशाच गोष्टी शिकायला मिळाल्या..माझ्या गुरू वरदा ताई ह्या माझ्या साठी केवळ गुरू नव्हत्या त्या माझ्या दैवत,आधारस्तंभ तसेच प्रेरणास्रोत होत्या. त्यांनी मला नृत्या बरोबरच जगण्याची रीत शिकवली, नृत्याच्या धड्यासोबत आयुष्याचे धडे शिकवले. नृत्याला माझ्या कलेपूरते मर्यादित न ठेवता त्यांनी माझ्या नृत्याला माझे जीवन बनवले.

नृत्याने मला काय दिले?नृत्याने मला स्वतःची ओळख दिली, तालात आणि लयीत जसा समतोल राखायचा असतो तसा जीवनातही समतोल राखायला शिकवला, शारीरिक मानसिक सामाजिक तसेच अध्यात्मिक दृष्ट्या मला सक्षम बनवले , नृत्याने माझे आयुष्य नृत्यमय तर केलेच परंतू त्याच बरोबर ते अधिक सुंदर व जगण्याजोगे बनवले , माझा आयुष्यातील एकाकी पणा दूर केला , आयुष्याकडे बघण्याचा एक नवीन दृष्टिकोन मला दिला आणि नृत्य करण्याबरोबरच ते जगायचं कस तेही नृत्यानेच शिकवलं . या माझ्या प्रवासात अनेक लोकांनी मला मानसिक आधार दिला.घरातल्या माणसांनी देखील माझी साथ दिली. अजून खूप काही प्राप्त करायचे आहे. खूप उंच उडायचे आहे. मंजिल अभी दूर हैं! पण शेवटी एकच सांगू इच्छिते की काळोखात सावली देखील आपली साथ सोडते परंतू कला आपली साथ कधीच सोडत नाही.आणि आपण जरी या जगातून नष्ट झालो तरी आपली कला मात्र आपली ओळख घेऊन या दुनियेत कायम राहते!

आजच युग हे वैज्ञानिक आणि आधुनिक युग आहे. विज्ञानावर आपले भविष्य आधारलेले आहे. विज्ञान आणि तंत्रज्ञानाचा वापर जीवनात व राहणीमानासाठी महत्त्वपूर्ण आहे, तंत्रज्ञानामुळे आपल्या रोजच्या सभोवतालचे जग झपाट्याने बदलत आहे आणि आता सर्व काही एका बटणाच्या क्लिकवर आहे. कशामुळे तर कृत्रिम बुद्धिमत्तेमुळे हे होत आहे. कृत्रिम बुद्धिमत्ता म्हणजे आजचे सर्वात आकर्षित करणारे **AI Artificial intelligence** चे हे जग आहे.

आरोग्य, व्यवसाय, शिक्षण, आर्थिक, खेळ, कायदा, उत्पादन, बुद्धिमत्ता, सुरक्षा, भाषण ओळख, खेळ, ट्राफिक इत्यादी अनेक क्षेत्रामध्ये AI ने आपली अशी वेगळी जागा निर्माण केली आहे. प्रत्येक क्षेत्रात तसेच दैनंदिन जीवनात AI स्वतःचे राज्य स्थापित करत आहे. घरकामापासून ते व्यवसायिक कामकाजापर्यंत सर्व कामासाठी हल्ली AI चा उपयोग केला जात आहे. जणू सगळीकडे AI चा बोलबोला चालू आहे. AI निर्मित चित्रपट, चित्रे, देखील आजकाल उपलब्ध आहेत.

या AIचे कायदे अनेक आहेत. २४ तास, ३६५ दिवस विना तक्रार काम करणारी अशी उपकरणे जन्मास आली, येत आहेत. AI निर्मित उपकरणे हाताळणे अगदी सहज, सोपे व सुखदायक असते. लहान मुलापासून ते जेष्ठांपर्यंत कोणीही त्याचा उपभोग घेऊ शकतो. १०० कामगारांचे काम करण्याची ताकद AI मध्ये आहे. या मुळे माहिती मिळवणे, सांगणे, प्रसारित करणे, भाषांतरित करून इतरापर्यंत पोहचवणे सहज साध्य होते. AI भावना देखील ओळखू शकतो.

AI चा उपयोग IBM साठी, ग्रेडिंगसाठी केला जातो. बुद्धिबळ व अनेक खेळ हे AI वर आधारित स्वरूपात आले आहेत. स्मार्टफोनमुळे AI चा उपयोग अधिकच होत आहे. कला क्षेत्रात देखील याचा लाभ कलाकार घेत आहेत. गोव्यामध्ये AI वर आधारित ट्राफिक सिग्नलचा वापर करण्यात आला आहे. ओडिशामधील एका वृत्तवाहिनीने 'लिझा' नामक बातमी सांगणाऱ्या सूत्रसंचालकाचा वापर उपयोगात आणला आहे.

अपंगव्यक्तीचे गाडी चालावण्याचे स्वप्न सत्यात आलं ते AI आधारित स्वयंचलित वाहनामुळे आहे. पाऊस कधी पडणार हे भाकीत करता येत होत, पण आता कृत्रिम पाऊस कृत्रिम बुद्धिमत्तेच्या जोरावर पाडण्याचा यशस्वी प्रयोग करण्यात आला. अलेक्सा, सिरी, गुगल यासारखे स्वीय सहाय्यक (**Personal assistant**) नावारूपास आले आणि जगाला भुरळ पाडत आहेत. आज अनेक उपकरणे स्वयंपाक घरात गृहिणीची कामे जलद, सोपी व सुखकारक करत आहे.

पण या AI मुळे अनेक आव्हानांना सामोरे जावे लागणार आहे. सर्वात मोठे आव्हान म्हणजे बेरोजगारी आहे. अनेक कामकारांची जागा AI ने घेतली आहे. विद्यार्थी AI नावाच्या व्यसनाच्या अधीन झाला आहे. विद्यार्थी स्वतःच डोक कमी व AI वापर अधिक करत आहेत. मानवी नैतिक मूल्ये व गुपनीयतेला धोका निर्माण झाला आहे. याच कारण AI मुळे होणारे 'सायबर गुन्हे' वाढले आहे. AI व AI वर आधारित यंत्रमानव काय करू शकतो व AIचे फायदे, तोटे व भविष्य, आपण 'रोबोट', 'रोबोट-२' आणि 'तेरी बातों में ऐसा उलझा जिया' या सारख्या चित्रपटातून पाहू शकतो.

कृत्रिम बुद्धिमत्तेचा आपल्या प्रगतीसाठी उपयोग करणे आवश्यक आहे. AI एक अद्भुत, रहस्यमयी अविष्कार आहे, पण तेवढाच भयानक धोकादायक देखील आहे. गरज ही शोधाची जननी आहे, यातूनच उदयास आलेला AI आहे. मानवाने AI ला जन्म दिला आहे. AIला अस्तित्वात आणणारा मानव आहे, पण याच AI मुळे मानवाच अस्तित्वाला धोका तर निर्माण होणार नाही ना? मानव निर्मित सृष्टी यंत्रमानव व AI निर्मित तर नाही ना बनणार?

या प्रश्नांना व धोक्याला टाळण्यासाठी मानवाने या प्रगतीशील, क्रियाशील व गतीशील AI पेक्षा वेगळं असं काही तरी केलं पाहिजे. मानवाला काय करता येईल यावर विचार करून कृती करावयास हवी. मानवाला AI च्या चार पावले पुढेच चालाव लागेल हे नक्की.



Photo Gallery



TY BA GENERAL



TY BA HONOURS



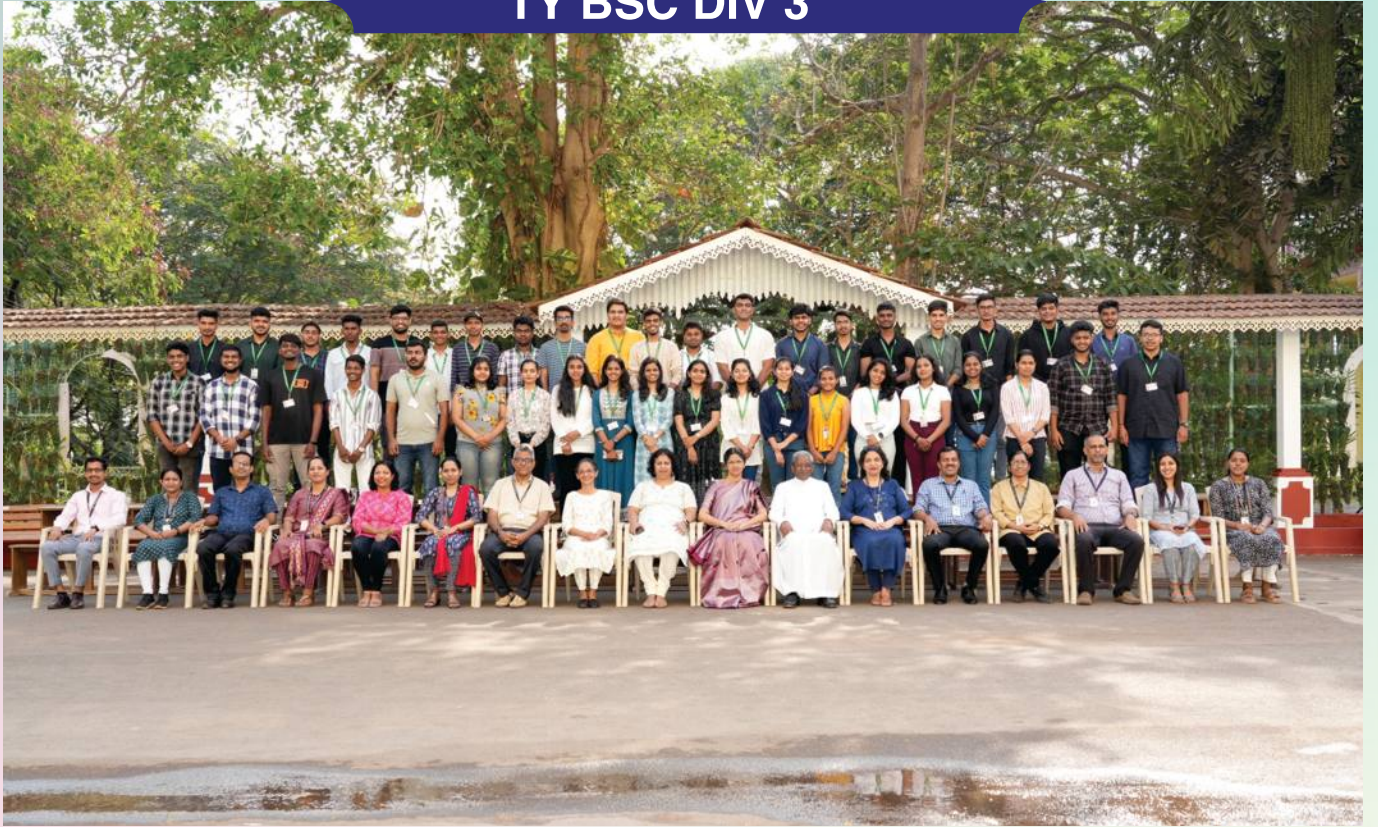
TY BSc DIV 1



TY BSc DIV 2



TY BSC DIV 3



TY BCOM DIV A



TY BCOM DIV B



TY BCOM DIV C



TY BCOM DIV D



TY BCA



TY BSC BIOTECHNOLOGY



TY BBA



TY BBA T&T



TY BA MASS COMMUNICATION AND JOURNALISM



MA PART 1



MA PART 2



MSC PART 1



MSC PART 2



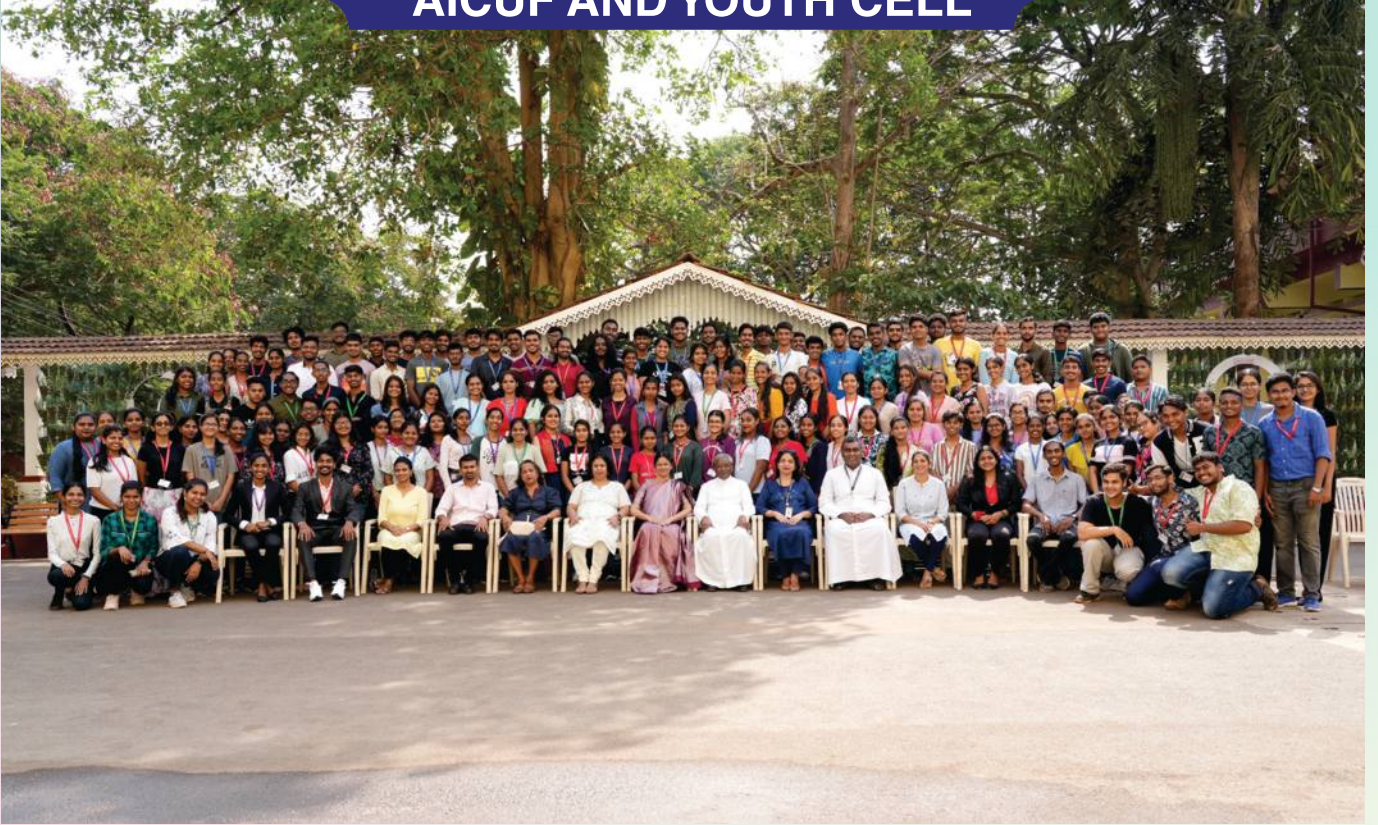
MCOM PART 1



MCOM PART 2



AICUF AND YOUTH CELL



BHARITYA SANSKUTI MANCH



CELL FOR DIGITAL LITERACY AND APPLICATION



CELL FOR PERFORMING ARTS



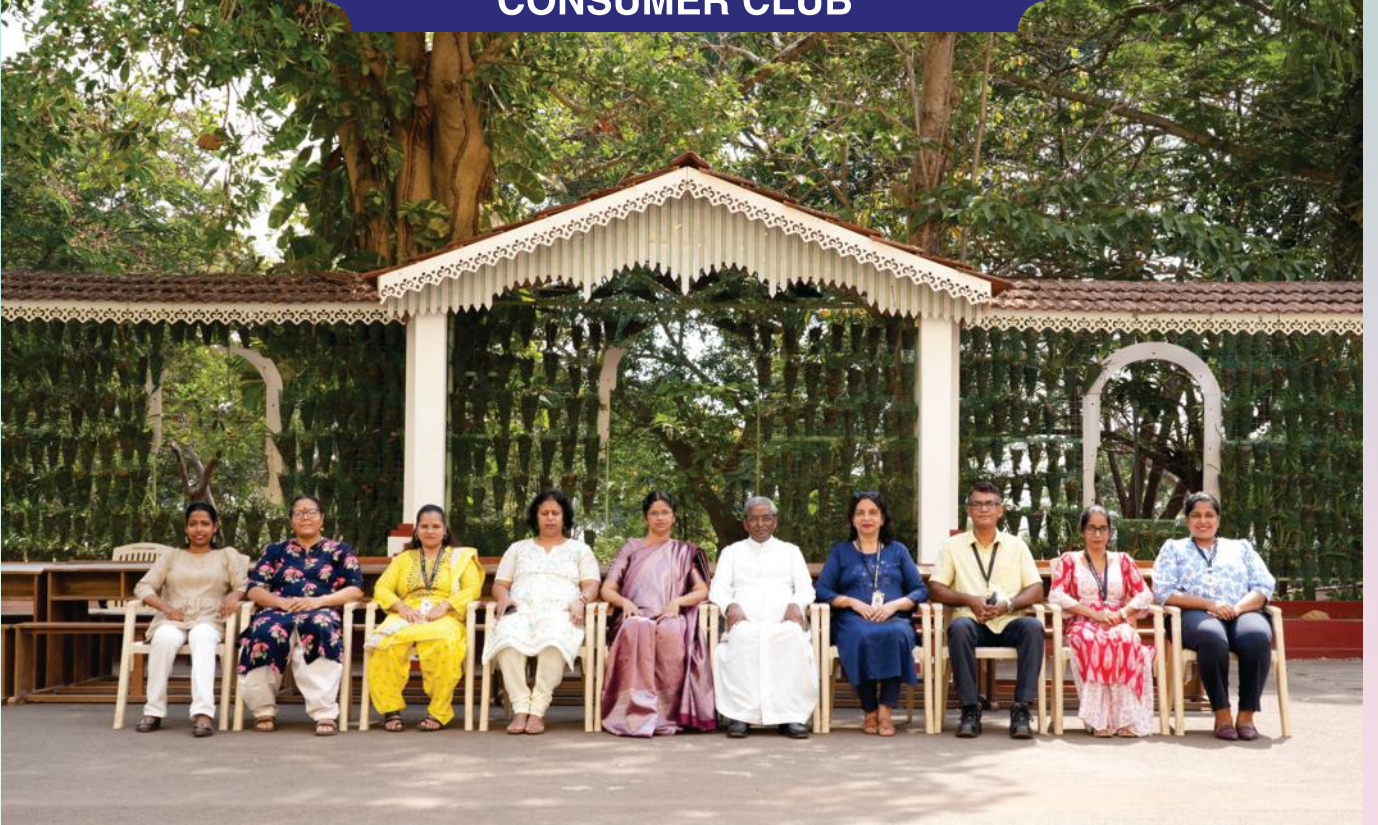
CELL FOR VISUAL ARTS



COMMUNITY CARE AND OUTREACH CELL



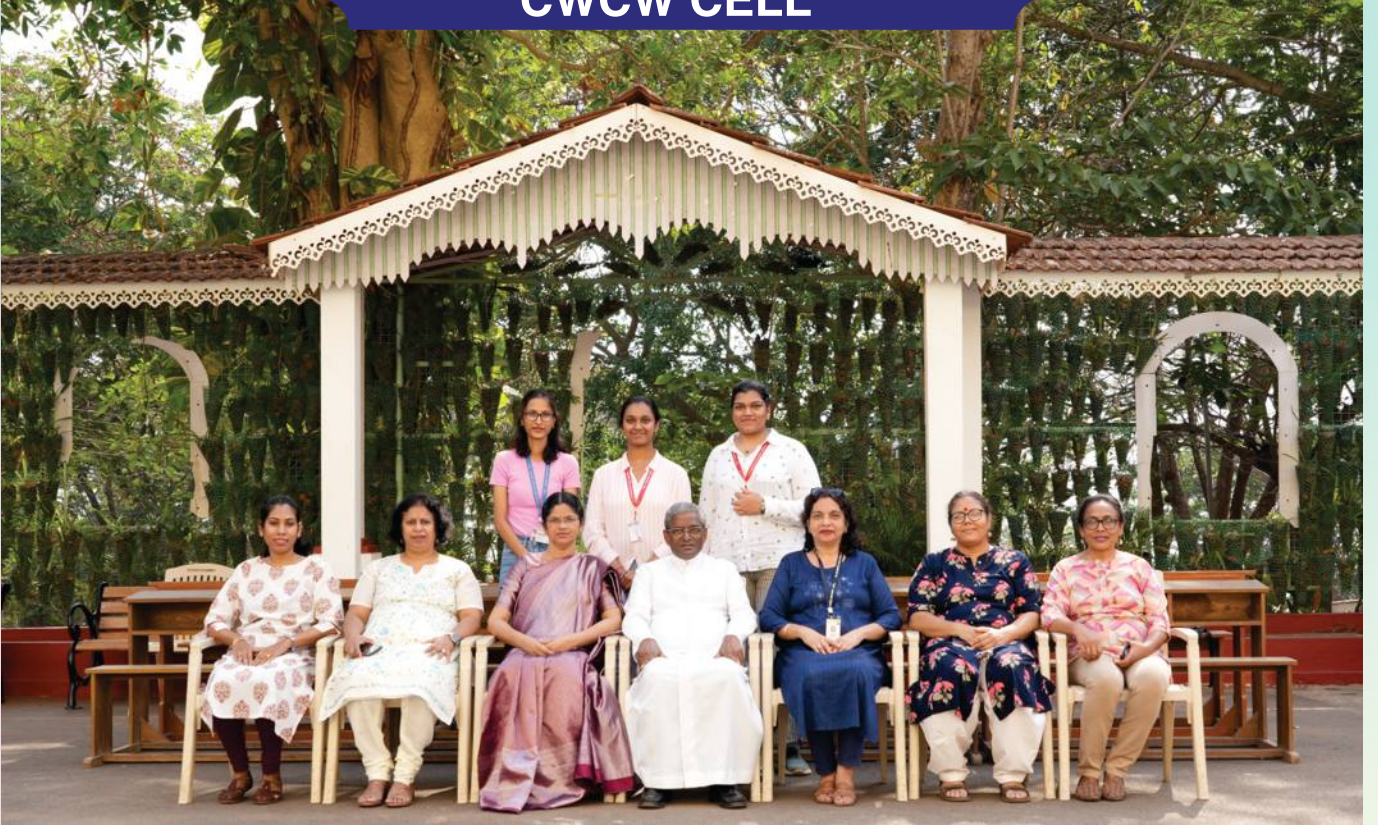
CONSUMER CLUB



CPIIE



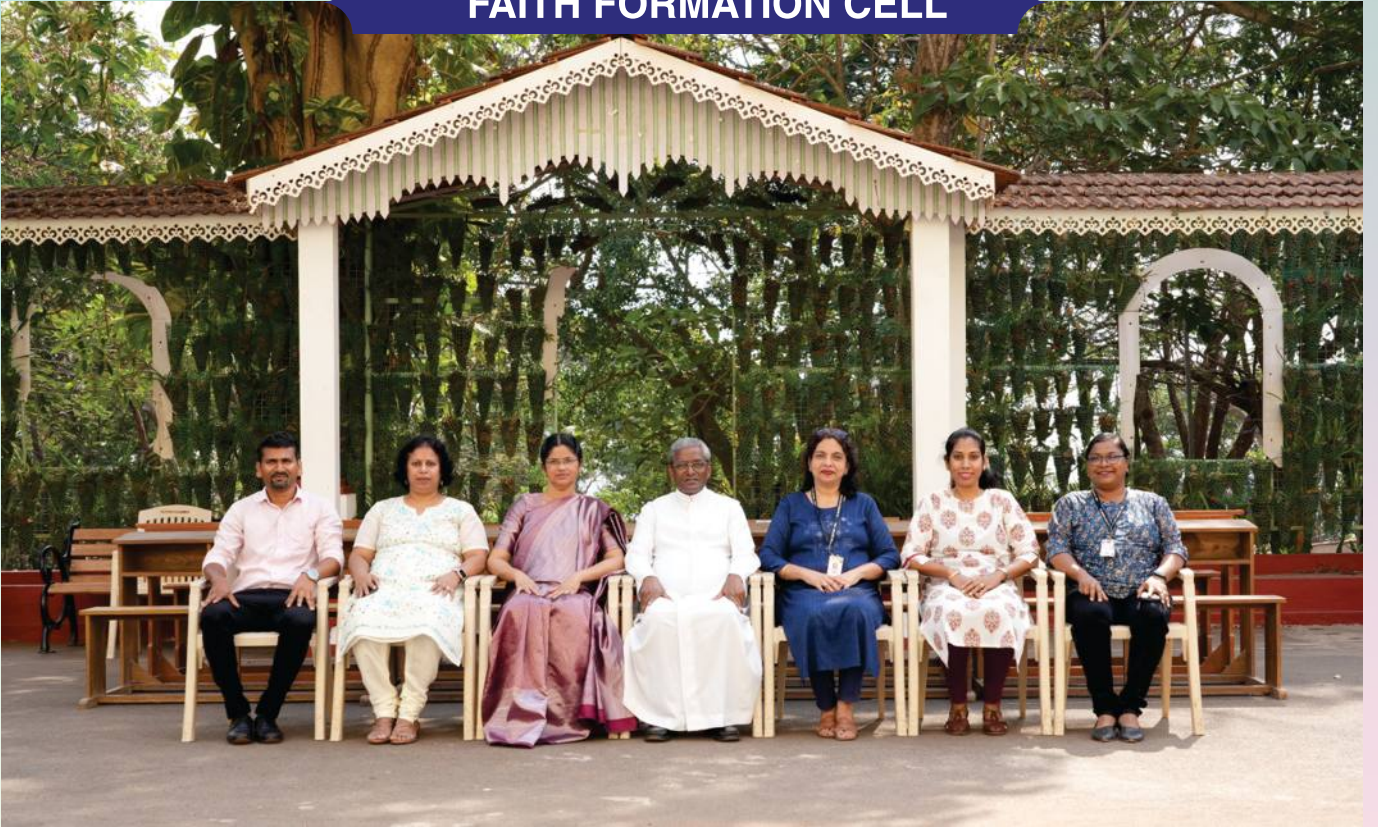
CWCW CELL



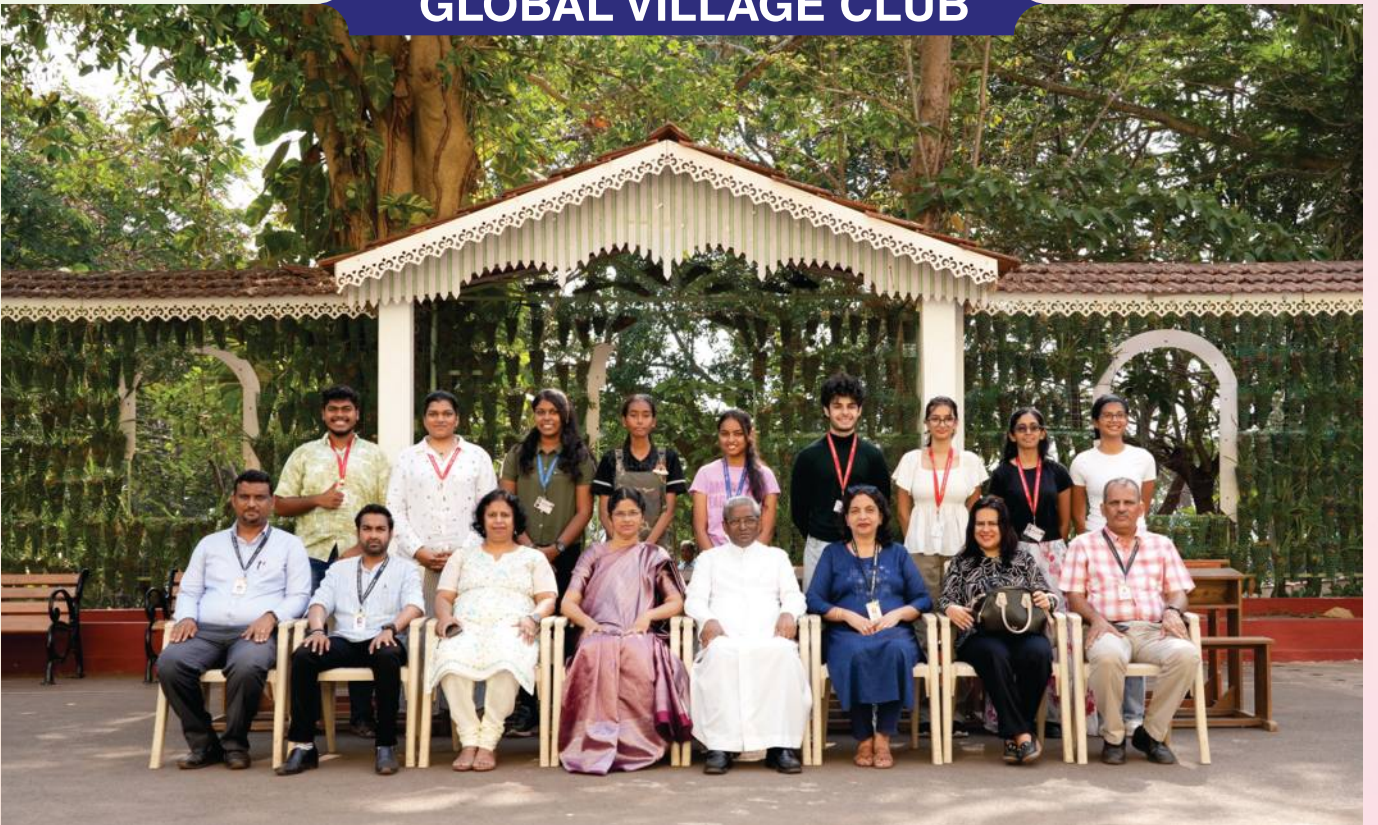
ELECTORAL CLUB



FAITH FORMATION CELL



GLOBAL VILLAGE CLUB



GO GREEN INITIATIVE



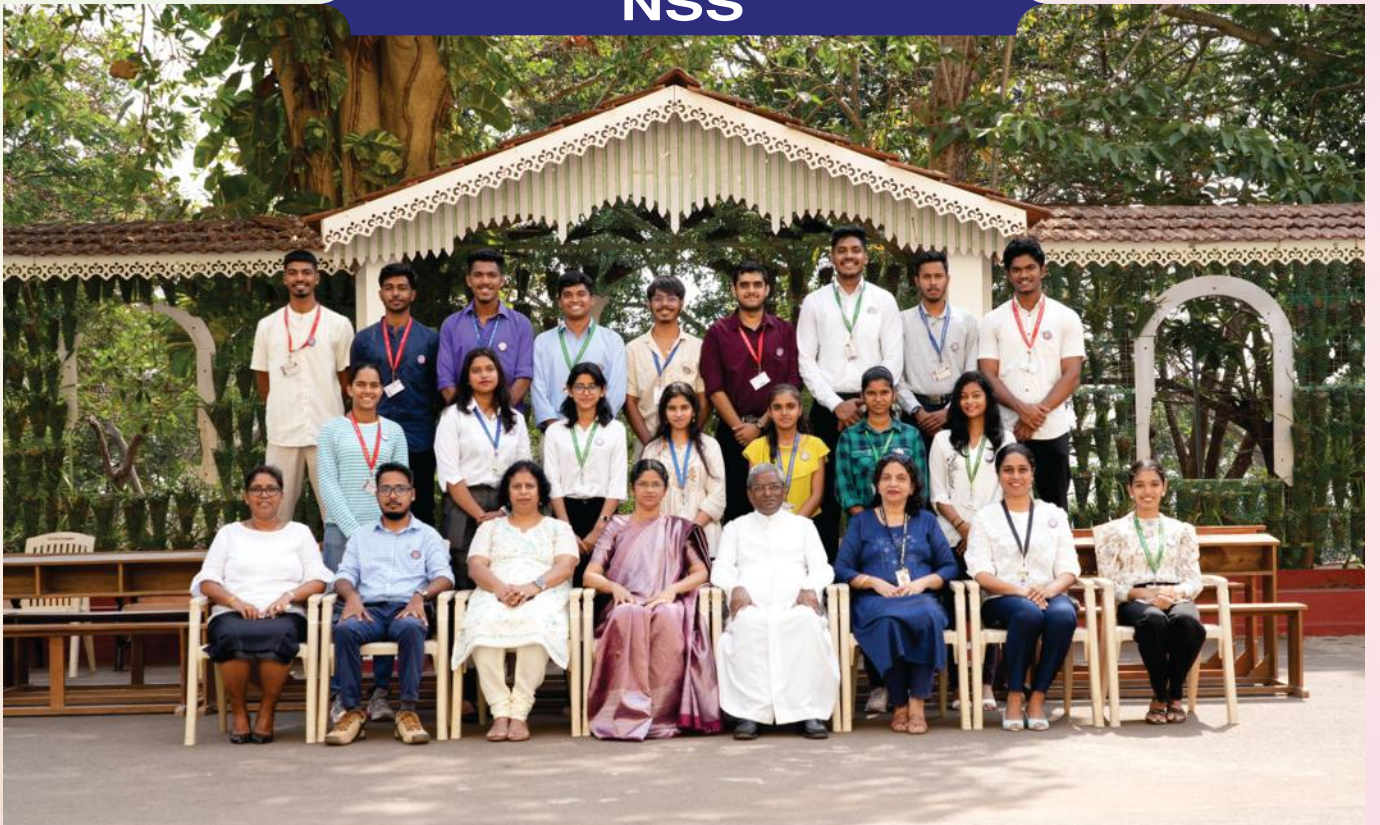
GOECHI ASMITAI



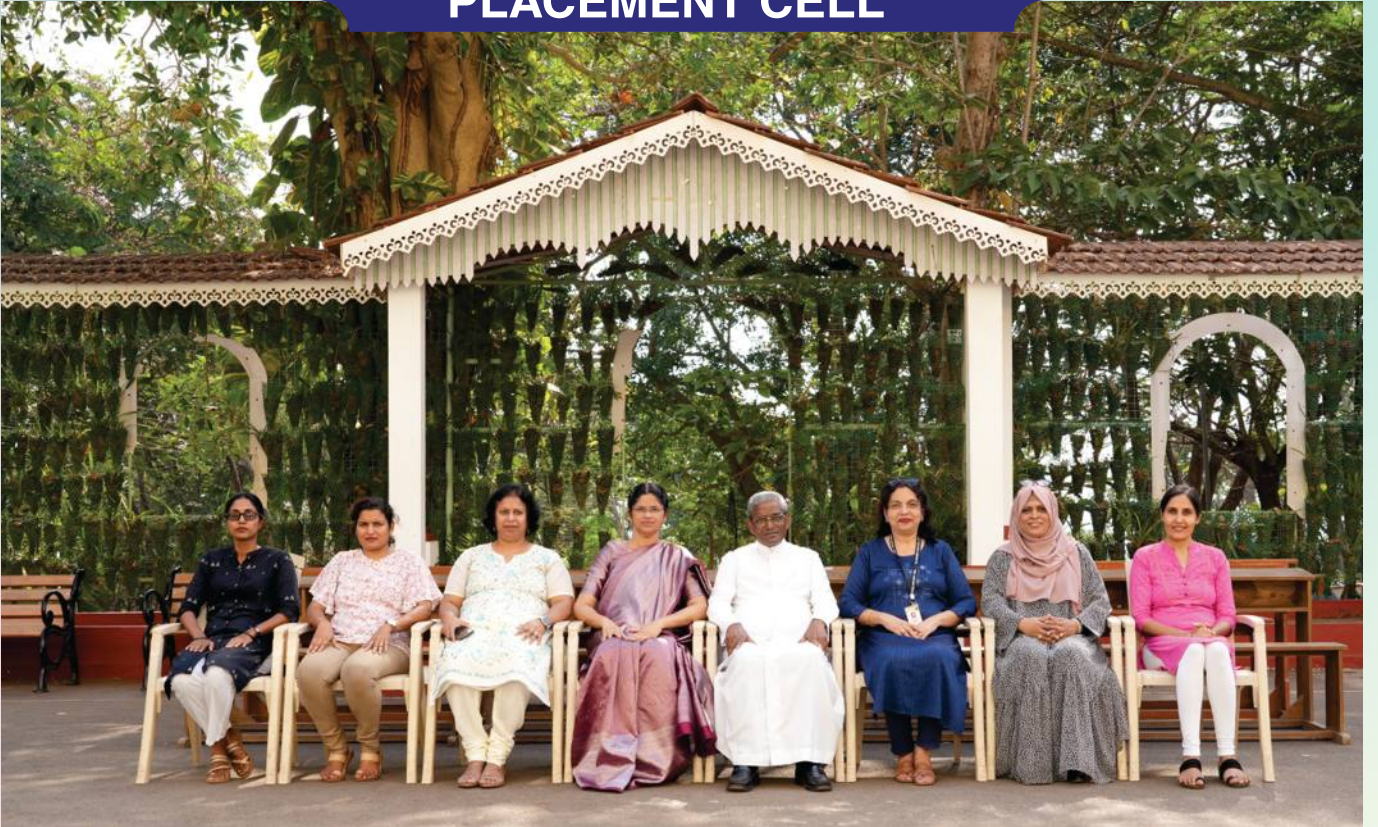
MENTORING CELL



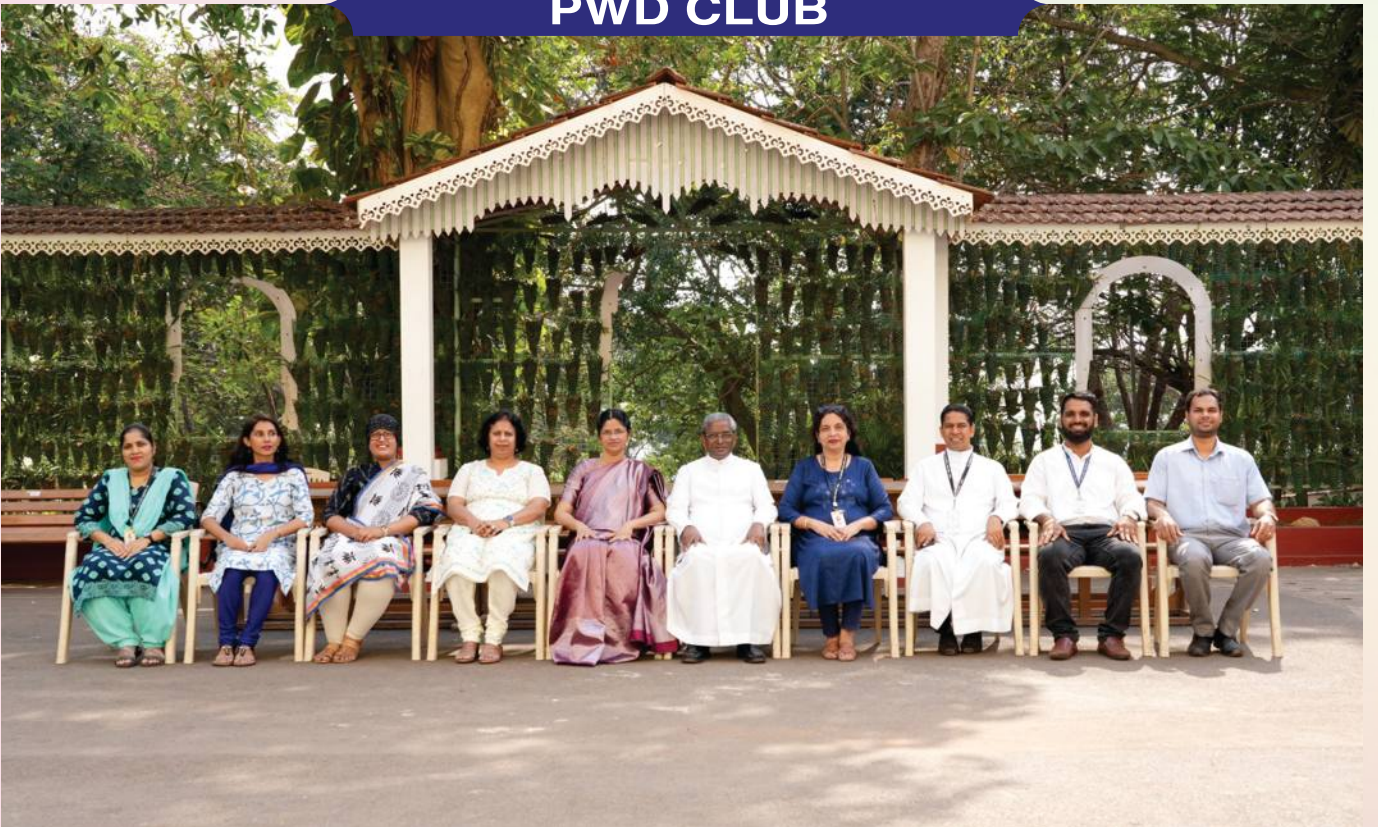
NSS



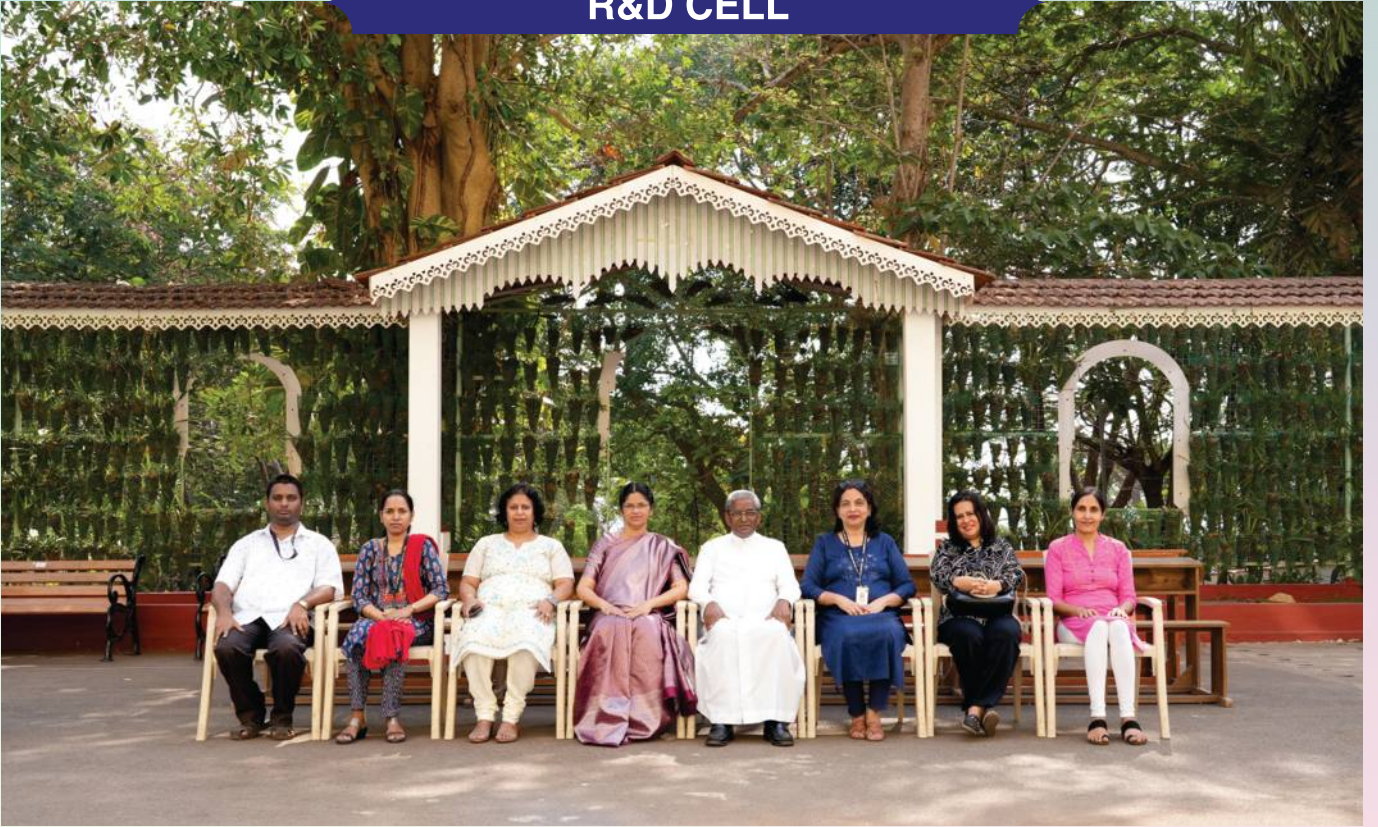
PLACEMENT CELL



PWD CLUB



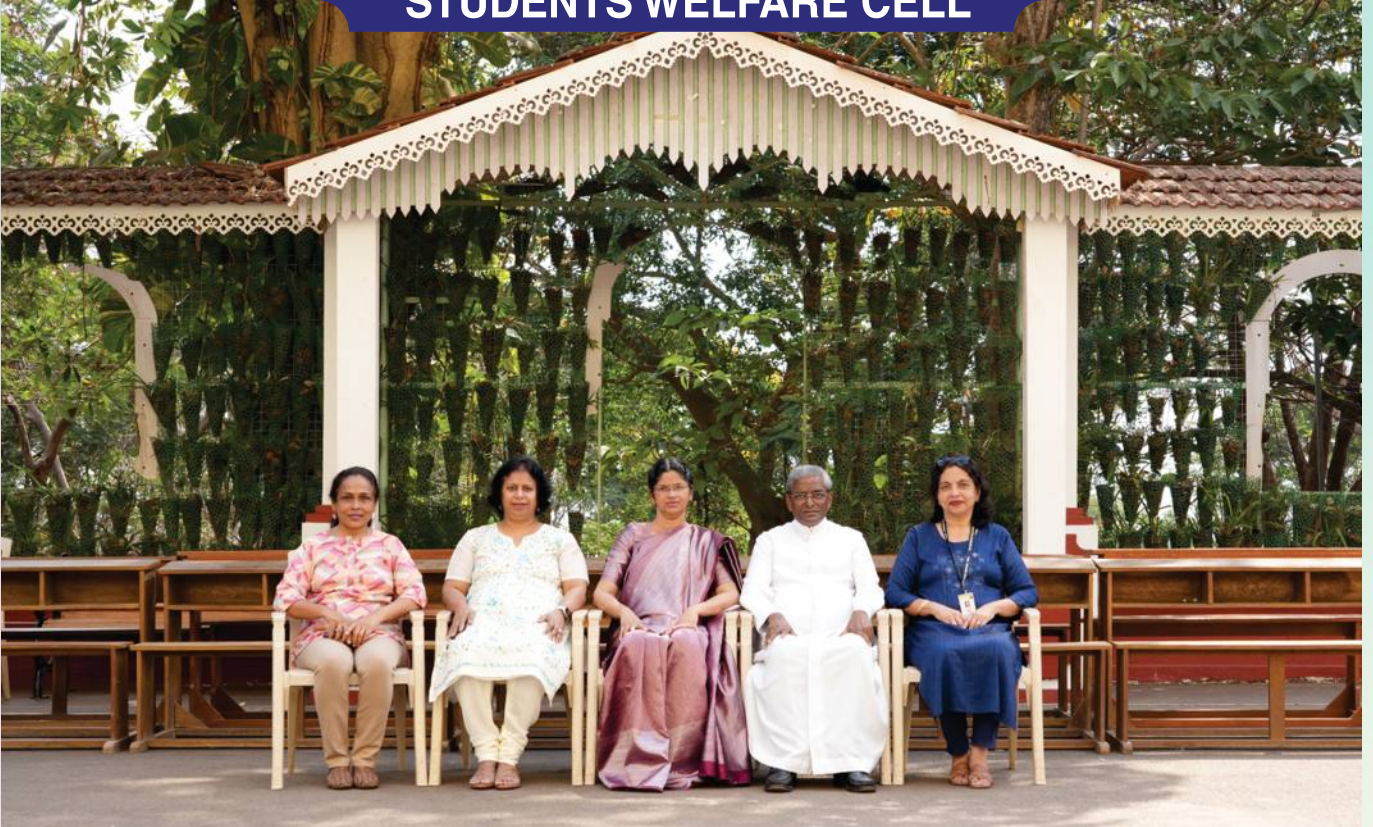
R&D CELL



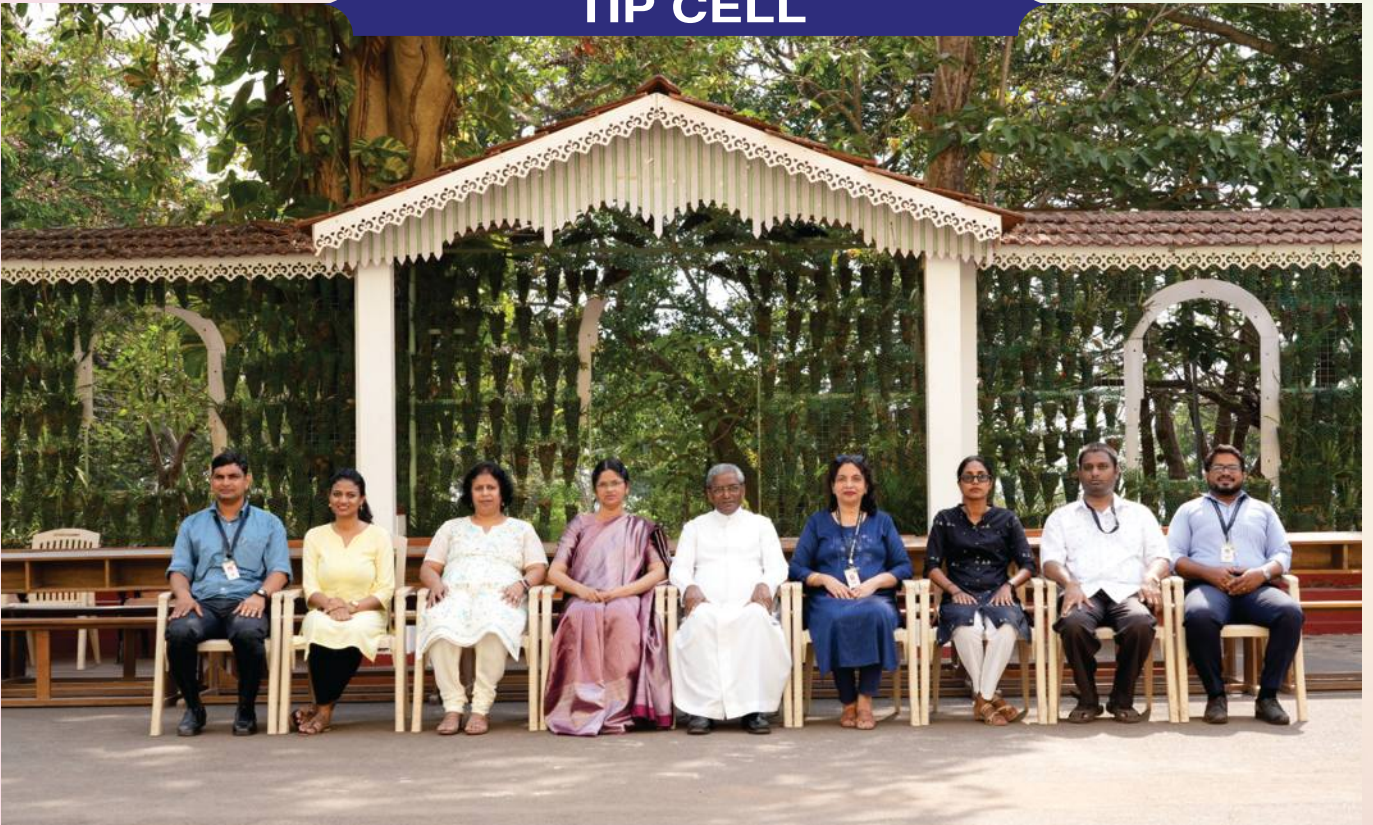
SPARK CLUB



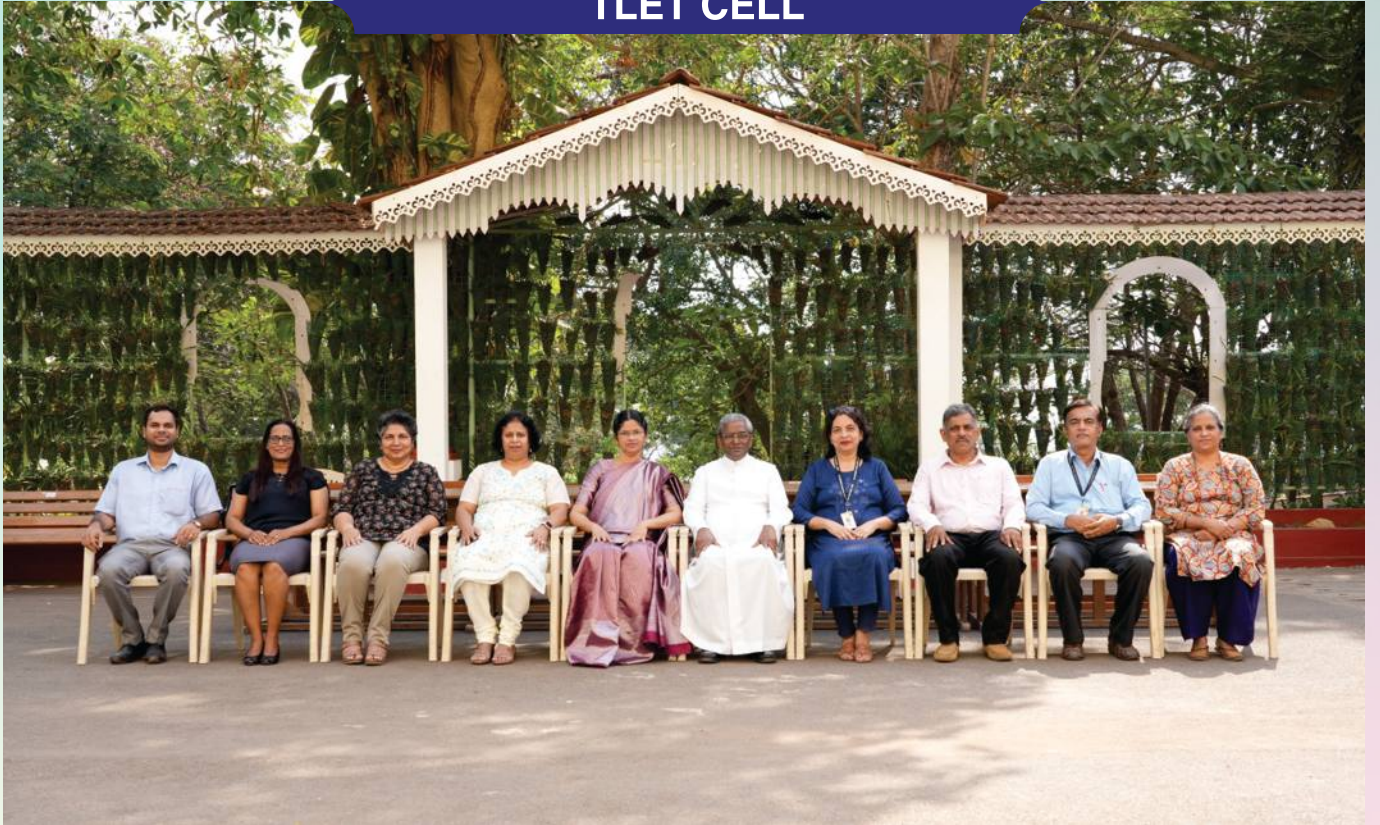
STUDENTS WELFARE CELL



TIP CELL



TLET CELL



TRANSGENDER MONITORING CELL





WINNERS SUMMERFEST 2024 ORGANISED BY ROTARACT CLUB, MAPUSA



WINNERS PEGASUS – ORGANIZED BY ROSARY COLLEGE, NAVELIM



WINNERS K-OSS 2024 ORGANISED BY DEMPO COLLEGE, CUJIRA





RUNNERS- UP METEORA 2024 ORGANISED BY DON BOSCO COLLEGE, PANJIM



Campus Chronicles

Vibes & Celebrations	120
Departmental Reports	131
Reports of Clubs, Cells & Associations	177
Faculty Research Initiatives & Knowledge Enhancement	211



VIBES & CELEBRATIONS

INAUGURAL OF ACADEMIC YEAR

St. Xavier's College, Mapusa, Goa, marked the inauguration of the 2023-24 academic year and the conclusion of its Diamond Jubilee celebrations with a solemn Eucharistic ceremony on July 1, 2023 which was presided over by His Eminence, Most Reverend Archbishop Filipe Neri Cardinal Ferrão, under the jubilee theme “Together on a Mission, Working Hand in Hand for Transformation.” In his address, the Archbishop emphasized the importance of service to society and the need for a joyful, impactful, and transformative approach in today's world. The College Administrator, Fr. Antonio Salema, expressed gratitude to former principals for their dedicated service, while extending best wishes to the staff and students. The Principal, Prof. Dr. (Mrs.) Blanche Mascarenhas, acknowledged the institution's 60-year legacy and gave thanks to God for its many accomplishments.

During the event, His Eminence unveiled the annual newsletter of the Department of Chemistry titled Catalyst and commended the insightful Lectio Brevis delivered by Dr. Fr. Ramiro Luis, Associate Professor of Psychology, on “Forgiveness and Positivity,” based on his intervention study among Goan college students. The cultural program showcased the students' talent through dance, music, and theater, reflecting the College's positive influence on individuals and society. In his address, His Eminence urged attendees to foster unity and harmony in their lives, congratulated the College for its achievements and welcomed the new academic year. In a symbolic gesture, the Archbishop planted a sapling in the college garden as part of Vanamahotsav, celebrating 60 years of excellence. The event ended with a fellowship lunch.



INDEPENDENCE DAY

On 15th August, 2023, 77th Independence Day was celebrated in college. The NCC Girls were in charge of the same. The programme started at 9:15 am with the hoisting of Flag by the Principal. It was followed by inspection of NCC Girls contingent by the Principal. The insights of the Independence Day were highlighted by the Principal, Administrator, Ms. Zarina Chawdari and by a student. The NCC Cadets were felicitated for participating in different NCC camps. Later the NCC Girl Cadets participated in 'Meri Maati Mera Desh' campaign on occasion of Independence Day.

The programme was attended by the teaching, non teaching staff, NCC Girl Cadets, NCC Boy Cadets, NSS volunteers and students. To honor our defence personnel, the NSS volunteers depicted the life of Sepoy/Honorary Captain Baba Harbhajan Singh (1946-1968) was an Indian Army soldier who served from 30 June 1965 to 4 October 1968. He was posthumously awarded Maha Vir Chakra, India's second highest gallantry award.



CULTURAL INAUGURAL OF THE ACADEMIC YEAR

St. Xavier's College inaugurated its cultural activities for the academic year 2023-24 with the Cultural Inaugural on 28th August 2023, at the St. Xavier's Ark from 11.30 a.m. onwards. The Chief Guest for the programme was Mr. Jose Maria Mathais Thomas Ignatius Da Souza, a well-known theatre artist, popularly known by his stage name, Joe Rose.

The programme commenced with an Invocation Dance by the *Bhartiya Bhasha Sanskruti Manch* and the *Goenchi Asmitai Cell* followed by the symbolic watering of the potted plant signifying healthy beginnings to the efforts and contributions of the cultural year in the College. In his welcome address, the Administrator of the College, Rev. Fr. Antonio Salema stated that our culture was multifaceted and wished for all to embrace the etiquette of our culture, to greet, to show respect and honour each other in our dress and behavior. The Principal, Prof. Dr. Blanche Mascarenhas, in her address, stressed on the value of cells, clubs and associations in College, to teach, educate and create awareness of the different areas they cover. Dr. Sheryanne Velho Pereira from the Department of Microbiology introduced the Chief Guest, Mr. Joe Rose, who is a well known actor in the field of Konkani Art and Theatre.

A dramatic trumpet *jugal bandi* enthusiastically performed set the tone for the programme. *Guava Man* was the first item to be performed followed by a thought-provoking mime on 'The Earth Belongs to Our Children' by the *Go Green Initiatives Club* and *SPARK Club* which encouraged all to look after the earth and its resources. A comic monologue on the value of unity amongst all, especially at times of celebrations of festivals like Ganesh Chaturthi was followed by a Portuguese and English solo, respectively. The next item was a skit performance of dance, song and poetry by the *Centre for Performing Arts* and the *Cell for Visual Arts* titled, 'Jeevan Rekha: The Story of a River in Peril'. A song titled 'Noketr Udentichem' was followed by the Orchestra performance presented by the *AICUF* and *Cell for Incubation, Innovation and Entrepreneurship* showcasing a variety of Indian and Western musicians and singers, who performed a medley of pieces in English, Hindi and Konkani, along with instrumental pieces.

Mr. Joe Rose in his address, conveyed his joy at being in the presence of the student community and at witnessing the abundant variety of cultural talent present among the students, a fusion of eastern and western expressions in song, dance and music. Appreciating the multilingual nature of the programme, he encouraged more students take to such multilingual initiatives, to patronize the Tiatr form, which would go a long way to ensuring its success and expressed his support for all initiatives by the College, to further the Tiatr form. The Principal, Prof. Dr. Blanche Mascarenhas presented the Chief Guest with a token of appreciation. Mr. Christie Fernandes (SYBA), the Cultural Secretary of the St. Xavier's College Students' Council 2023-24, proposed the vote of thanks. The programme was ably compered by Ms. Annelise Fernandes (TYBCom) and Mr. Averill Fernandes (SYBBA). The singing of the College Anthem marked the end of the day's events.



COLLEGE FEAST & SOCIALS 2023

St. Xavier's College, celebrated the Feast of St. Francis Xavier, the Patron of the College, on the 9th of December, 2023. The joyous celebrations began with an Eucharistic Celebration having the theme, 'Like St Francis Xavier, Let Us Do What Jesus Did. Rev. Fr. Lucio Dias was the Main Celebrant while Rev. Fr. Tony Salema, Fr. Ramiro Luis and Fr. Luis Gomes concelebrated the Mass. The college Magazine 'Halcyon' and 'Eloquence', an e-version of the newsletter of the English Department, was released by Rev, Fr. Lucio Dias, Principal Prof. (Dr.) Blanche Mascarenhas, along with Vice Principals Ursula Barreto and Sandra Fernandes.

The auspicious day also marked the return of the St Xavier's College dance – Socials '23, an event the students had been planning over the past few weeks. Principal Prof. (Dr.) Blanche Mascarenhas and Administrator Fr Antonio Salema, along with Rev Fr Lucio Dias, inaugurated the event with the cutting of a ribbon. Students and teachers bonded over a dance, which was a special part of the day's programme and the music was provided by the College band and DJ Hyper Traxx. Post lunch, a delightful flash mob entertained the crowd. The literal crowning moment came with the announcement of Mr. Xavier: Mr. Mark Nathan Cordeiro (TYBBA) and Ms. Xavier: Ms. Janice Noronha of TYBA. Principal Prof. (Dr.) Blanche Mascarenhas crowned the duo with intricate crowns made of crochet. The memorable evening drew to a close with a slow set by DJ Hyper Traxx.



REPUBLIC DAY

The 75th Republic Day of India was commemorated with great enthusiasm at St. Xavier's College. The event began with the ceremonial unfurling of the national flag, accompanied by the national anthem. Principal Prof. Dr. Blanche Mascarenhas, Rev. Fr. Antonio Salema, and faculty members were warmly welcomed. Rev. Fr. Antonio Salema delivered the welcome address, emphasising the significance of Republic Day. Rev. Fr. Louis Gomes shared insightful reflections on the day's importance, highlighting India's struggle for freedom and unity in diversity. NSS volunteers presented a captivating mime performance as a tribute to freedom fighters.

The event recognized students' outstanding achievements in various camps and competitions s were felicitated for their active participation in various clubs and cells. Miss Nidhi Morajkar, an NSS volunteer, shared her perspectives on Republic Day from a youth viewpoint. NCC cadets enthralled the audience with a patriotic song. The program included the release of the Department of Mathematics' newsletter 'Abacus' (4th volume), the Department of Botany's 'PLANTAE' (volume-10), and the Department of Hindi's 'Badhate Kadam' (vol-6). An exhibition on "75th Republic Day- Achievements and Challenges" was organized by the Department of Political Science. Dr. Rheane da Silva delivered the vote of thanks. The event concluded with announcements and a photo session with NSS volunteers and NCC cadets.



ANNUAL DAY PROGRAMME

St. Xavier's College, Mapusa celebrated its 58th Annual Day with a Variety Entertainment Programme on 29th January 2024 the Xavier's Ark at 9.30. am. The august occasion was graced by the distinguished presence of Mr. Sanjit Rodrigues, IAS, Secretary(Protocol), Government of Goa as the Chief Guest. The dignitaries on the dais included the Chief Guest, Administrator, Principal, Vice Principals, Chairperson of the PTA and the General Secretary of the Students Council. Rev. Fr. Antonio Salema, highlighted Mr. Sanjit Rodrigues's illustrious career, as an successful leader having a blend of humility and simplicity and appreciated the collective efforts of the staff and students in putting together a beautiful programme for the occasion.

Principal Prof. (Dr.) Blanche Mascarenhas delivered a detailed overview of the institution's accomplishments through the meticulously prepared annual report. The Diamond Jubilee celebrations of the college were placed on record, while acknowledging the hand of the Almighty and St. Francis Xavier in achieving this great feat. The report also highlighted the exceptional performance of students in University Examinations, the accolades won by the students in numerous inter-collegiate cultural and sports events and provided insights into the numerous events organized by different departments of the College to enhance both academic and non-academic aspects of student performance.

Meritorious students of the Academic Year, 2022-2023 were honoured for their outstanding academic performance at the hands of the distinguished Chief Guest. Prizes instituted by academicians of the College and well-wishers were awarded to deserving students.

Addressing the gathering on this occasion, the Chief Guest, Mr. Sanjit Rodrigues called upon students to uphold certain values that would hold them in good stead during challenging moments. The importance of honesty, integrity, patience and tolerance for individual growth was stressed by Mr. Rodrigues. He laid stress on the integration of fundamental human values with patience, meditation and a calm disposition as requisites for success. Mr. Sanjit Rodrigues also laid emphasis on the value of empathy to understand the distress faced by individuals in a society.

Mr. Anuj Naik, the General Secretary of the Student's Council proposed the Vote of Thanks which was followed by the College Anthem to mark the end of the formal function.

The cultural programme that followed started with a well-choreographed prayer dance, followed by a mime, the traditional Goan Dekhni, an English skit -'Poetry of The Earth' which used the style of Greek chorus to sing of the praises of the Earth, a western dance and Goan Mando. The college band, as the mood setters, kept the audience entertained with their catchy musical compositions. The comperes were Janice Noronha and Joseph James and the curtains came down on a day well-spent with the singing of the National Anthem.



ANNUAL SPORTS MEET

St. Xavier's College had its 58th Annual Sports meet for the academic year 2023-24 on Saturday, the 24th of February 2024 on the College Football ground. The Chief Guest for the event was an alumnus of the College, Mr. Tushar Lotlikar, Police Inspector, Ponda Police Station, Goa. The Administrator, Rev. Fr. Antonio Salema welcomed the Chief Guest Ponda PS PI Tushar Lotlikar, to his alma mater and highlighted the fact that the college has excelled and emerged victorious in sports under the guidance of the Director of Physical Education, Ms. Joslyn D'Souza, ably aided by the sports instructors. In her address, Principal Prof. Dr. Blanche Mascarenhas underlined that education is not merely academics, but wholistic development of a student and pointed out that the Chief Guest excelled at both academics and sports, while he was a student, and has become a valuable government official in public administration.

This was followed by an impressive marching display by the students of the College led by Parade, Senior Under Officer, Mr. Shresth Fadte, where the Chief Guest and the Principal took the salute. The march past was followed by the torch relay where the torchbearers were our sportspersons. The sportsman's oath was then recited by Mr. Harsh Bhagat (SYBSc), followed by the sportsman's prayer recited by Ms. Richa Gawade (SYBA) following which the Chief Guest formally declared the 58th Annual Sports Meet open. The opening of the sports meet was also marked with a release of balloons in the colours of the national flag.

Ms. Joslyn D'Souza, in her Sports report, highlighted the impressive achievements of the College sportspersons, stating that St. Xavier's college was awarded the best college in sports for the year 2022-23 and that the College remains on course to take the coveted award yet again, for the current academic year. The Chief Guest, Ponda PI Mr. Tushar Lotlikar, expressed his pleasure at being present as a Chief Guest at his alma mater and reminisced about his days as a sports person at St. Xavier's HSS and College where he excelled in athletics and football.

The student sportspersons from the College who participated in the National Games 2023 were felicitated at the hands of the Principal while the management prizes were then presented at the hands of the Chief Guest. Students who participated in various national level competitions were also felicitated. The Sports Meet saw various sprint events, drills and cheering squads performing for the benefit of all. The Vote of Thanks was given by the Sports Secretary Mr. Fluino Carvalho. The College Sports Flag was then lowered by the NCC Cadets and handed over to the Principal who, then handed it over to the Sports Director for safekeeping, till the next College Sports meet. The event concluded with the singing of the national anthem.



FACULTY ENRICHMENT PROGRAMME ON 2ND MARCH, 2024

St. Xavier's College, Mapusa – Goa, organized a one day Faculty Enrichment Program (FEP) on 2nd March, 2024, at Pastoral Institute, Old Goa on the topic Group Dynamics with Fr Felix DSilva S.J. as the Resource person for the day. The Program was attended by 174 Faculty members in total , 126 from the teaching faculty and 48 from the non-teaching faculty. The Faculty Enrichment Program began by invoking the Almighty's blessing followed by the welcome address by the Administrator of St Xavier's College, Fr Antonio Salema. The Biannual newsletter of the college, 'Xaviewrite' was released at the hands of Fr Felix DSilva. The programme was divided into three sessions.

Session 1 dealt with Group Dynamics where Fr Felix DSilva explained how Group dynamics referred to the interactions, relationships, and processes that occur within a group of individuals. Understanding group dynamics is essential in various contexts, including our college workplace and classrooms. Session 2 dealt with understanding group dynamics where Fr Felix explored a few concepts, theories, and factors that influence group dynamics. Leadership dynamics in the classroom influence classroom functioning and respect from them.

The Session 3 which followed a delicious lunch was an energizing ice-breaker group activity where through the use of a fun interactive game session the student teacher relationship was explored which helped develop a better understanding of interactions, relationships, and factors that shape a healthy student teacher relationships. The session ended with a interactive balloon game which helped in identifying beautiful qualities in our colleagues.



FACULTY ENRICHMENT PROGRAMME ON 12TH APRIL 2024

The Faculty Development Program organized by the IQAC, for the academic year 2023-24 was held on 12th April, 2024 at St. Xavier's College, Mapusa, on the topic: 'Outcome Based Education and Academic Excellence,' The inaugural session featured a brief overview of the topic, a meaningful invocation prayer and the traditional welcome of the Resource Person, Prof. Marchon and his team member Mr. Abhishek Gadekar by the administrator Rev. Fr. Antonio Salema. Potted plants, as tokens of appreciation were presented to the team.

Prof. Niyan Marchon began the first session under the topic: *Outcome Based Education: Course and*

Program Attainment: Using Excel Tool, with a brief recap of the previous FDP he had conducted on the same topic at Xavier's wherein he highlighted the Program Attainment Matrix through various important areas and explained Bloom's Taxonomy for Assessment Design, as the classification of different objectives and skills that educators set for their students which was followed by an interactive session involving all the departments grouped stream-wise. The groups had to-Generation 6 POs for each stream and work out the assessment matrix on an Excel sheet.

In the second half of the FDP, the faculty had a hands-on session wherein departments, as groups, were guided to prepare the attainment matrix using an OBE excel file. Prof. Marchon and Mr. Abhishek provided the faculty with an excel file designed by the DHE wherein they had to manually upload details of students and marks obtained in their ISA and SEE. The excel file was designed to calculate, for each student, the attainment under various course objectives. Further, the excel file also calculated the Course Outcome and ProgramOutcome attainment for the class. Session two concluded with an interactive Q&A with the resource person who stated that he hoped that St. Xavier's College would be a pilot institution in the implementing of the NEP grading system using the OBE matrix.



HONOURING THE BEACONS OF LIGHT - FAREWELL

The farewell of the Third Year students and Part II Masters students was held on Saturday, 21st April 2023 in the Seminar Hall of the College with the celebration of the Holy Eucharist. At the beginning of the Eucharist, aptly reflecting on the theme 'Zannvayeche Foler Zavun Sonvsarant Doiallaiecho Uzvadd Fakoum-ia', the Administrator, Rev. Fr. Antonio Salema welcomed the gathering and assured the students of prayers in the new chapter of their lives. The main Celebrant, Rev. Fr. Milchester Furtado, Headmaster of St. Anthony High School, Monte de Guirim, in his homily reminded the students that true education is far beyond the scope of the syllabus and begins with the curiosity to learn more. He brought attention to the Gospel passage of the day – the miracle of the feeding of the five thousand – and reflected how Jesus was able to provide for the multitudes only when a young boy was willing to share the little he had. Fr. Furtado beautifully entwined the Gospel with the theme of the Eucharist by urging the students to have the generosity to share with the world everything they have gained from St. Xavier's College and to watch the Lord multiply that gift a hundredfold.

The Eucharistic celebration also included the iconic and heart-warming ceremony of the lighting of the candle wherein a symbolic gesture students lit their candles from the hands of the Priest in preparation for their journey into the world to continue being the beacons of light. At the conclusion of the Farewell Mass, the students received the thoughtful memento of the class photographs prepared for them.



XAVIER'S OPEN LAB DAY

"Xavier's Open Lab Day" was organized by the Science Faculty of St. Xavier's College, Mapusa, as part of the National Science Day celebrations. The programme was organised under the DBT STAR College Scheme with the objective of promoting scientific curiosity among school students. A brief inaugural ceremony was held at the Science Block of the College presided by the Administrator, Fr. Antonio Salema, who declared the event open in the presence of the Coordinator of the Star College Scheme Dr. Trelita de Sousa, faculty members and students of the college. The Vice Principal & Convenor of the Programme Ms Ursula Barreto welcomed the participants and briefly explained the objective of hosting the Open Lab Day. The event witnessed an impressive turnout, with over 400 school students from across Goa visiting the campus.

Several activities including quiz, scientific games, experiments, models and exhibits were organized by each of the 8 science departments of the college covering topics of different interests in the field of science. The Xavier's Open Lab Day, provided a dynamic platform for students to immerse themselves in the fascinating world of science and technology and school students were seen engrossed in lab activities and were most excited to learn about the experiments on display. The event successfully fostered a spirit of curiosity, innovation, and collaboration among participants, reaffirming the college's commitment to promoting

scientific literacy and excellence in education.

One of the highlights of the event was the Science “Super-Hero” Competition, wherein students of the college from each department showcased their creativity by designing mascots representing their respective fields of study. The competition not only encouraged artistic expression but also fostered a sense of camaraderie among participants as they worked collaboratively to bring their ideas to life. As part of the National Science Day celebrations, the science departments also hosted several other competitions for college students, like rangoli competition, poster competition, hand painting competition, pebble stone painting competition and interdepartmental skit competition all of which revolved around the theme “Science for a Sustainable Future”.



*“You are never too old to set
another goal or to dream a new dream.”*

C. S. Lewis

DEPARTMENTAL REPORTS

BACHELOR OF BUSINESS ADMINISTRATION (TRAVEL & TOURISM)

World Tourism Day

Every year, the department of Bachelor of Business Administration (Travel & Tourism) organizes state level intercollegiate event known as "X'PLORATUER" to commemorate World Tourism Day, 27th Sept 2023. This year's UNWTO theme was "Tourism & Green Investment" and theme for this year's college event was "Harmony in Nature". The event aimed to promote awareness and creativity within the context of sustainable tourism practices.



Entrada

Students of St. Xavier's College BBA Travel and Tourism Department, participated in Entrada 2023 at Rosary College of Commerce and Arts, Navelim Goa, on 30 September 2023. Following students participated for the event from TYBBA T&T, Mr. Edger Fernandes Mr. Amit Nagill Ms. Simran Kerkar Ms. Colerian Pais from SYBBA T&T, Mr. Martin D' Souza Ms. Amanda Tavares and From FYBBA T&T, Mr. Abbas Haider Mr. Blaine Pereira Ms. Assuciana Fernandes Ms. Leanne Mascarenhas. Students excelled, securing 1st place in "Clash of Minds" (Blaine Pereira and Abbas Haider) and "Green Escapade" (Martin D' Souza and Simran Kerkar), and 2nd place in "Word Rush" (Colerian Pais, Amit Nagill, Edger Fernandes) and "Greenovation" (Amanda Tavares, Leanne Mascarenhas).



MAGNIFY

The BBA (T&T) Department at St. Xavier's College, Mapusa Goa, actively participated in the annual intercollegiate event "MAGNIFY" on September 29, 2023, organized by the Department of BBA (T&T) at Don Bosco's College, Panjim Goa. The event, aligned with World Tourism Day, focused on the theme "Tourism and Green Investment." "MAGNIFY" featured two competitive rounds: "Green Tour-Biz Connect" (video making) "Tourmania Trivia Battle" (quiz). Representing St. Xavier's College in the video-making round were Adrian Fernandes, Caren Mascarenhas, Crecencia Fernandes (FY), Dave D' Souza (SY), Lilia Lopes, and Esha Pereira (TY). In the quiz round, Daren Dias (TY) and Joel Dias (FY) showcased their knowledge. St. Xavier's College secured first place in the "Green Tour-Biz Connect" round. The winning video focused on the theme of green investment in tourism business, specifically highlighting Dr. Malik's Agro Tourism & Gaushala.



Field Visit organized by the BBA Travel and Tourism Department.

BBA Travel and Tourism department of St Xavier's College organized an enriching field visit for the students of Second Year BBA T&T as a part of curriculum, to Norbert's Gym and Plates studio Taleigao. The primary focus was on understanding the importance of a healthy lifestyle and exploring various exercise regimes to achieve and maintain fitness. Offering students practical knowledge on maintaining a healthy lifestyle through various exercise modalities, from traditional exercises like push-ups to the modern approach of Pilates, the trip provided a comprehensive understanding of fitness practice



Study Tour (Bangalore – Mysore – Ooty)

Department of BBA (Travel and Tourism) organized study tour for their Third Year students as a part of core business course consist of two credits. Study tour started a captivating 7 day journey from Margao Railway Station on January 13, 2024. We began with a train ride to Bangalore via MAO K AWR SPL, sparking excitement among students as they looked forward to exploring South India's cultural and scenic wonders. The tour ended on January 19, 2024, leaving students with lasting memories of a comprehensive exploration into the realms of travel and tourism.



Field Trip to Peacock Farm

The department of BBA T&T organized a field trip for the students of SY BBA (T&T) on 16 December 2023. The destination was Peacock farm, Advoi, Sattari, Goa. The trip was an opportunity for the students to gain knowledge about different trends and to have different experience. Overall, the field trip to Peacock Farm was a unique and enjoyable experience that allowed us to learnt about emerging trends which is shaping the tourism industry and at the same time providing employment opportunity for the locals



BACHELOR OF COMPUTER APPLICATION (BCA)

The Department Published its biannual e-newsletter, *X-IBYTE*, which showcased articles contributed by faculty and students while highlighting the department's activities and achievements.

As part of its annual events, the Department organized *TECHLIPSE*, a state-level intercollegiate competition. This year, five colleges from across Goa participated, making the event a grand success. Additionally, an intra-class competition titled *TECHBYTES* was introduced to provide a platform for students to demonstrate their IT skills and talents. This competition involved students from the First Year (FY), Second Year (SY), and Third Year (TY) of the Bachelor of Computer Applications (BCA) program.

The final-year BCA students participated in a study tour to Bangalore, visiting prominent organizations like IKEA, CAM COM, an AI-based company, and ICAT College of Animation. They also embarked on a field trip to Old Goa for media capture, an activity integrated into their Multimedia syllabus. This field trip was guided by Mr. Aliston Vaz, a professional photographer, who shared his expertise with the students.

The Department conducted monthly sessions for students across all years on diverse topics, including competitive exams, sketching, and career opportunities after graduation. As an additional initiative, the Department, in collaboration with the self-financed departments, organized a session on *Overseas Education*. This session was attended by students from BBA, BBA Travel and Tourism, Biotechnology, and Mass Communication and Journalism programs. Furthermore, a batch of final-year students conducted a special session for MES College students on the functioning of an IoT project, demonstrating practical applications of their course work.

These activities reflect the Department's commitment to fostering holistic learning and providing students with opportunities to enhance their technical and professional skill

DEPARTMENT OF BIOTECHNOLOGY

Field trips:

On 27th September 2023, the students of T. Y. B. Sc Biotechnology accompanied by Ms. Jocelyn Fernandes & Ms. Swaroopa Naik visited the Goa Dairy, Ponda-Goa. The visit aimed to provide practical knowledge & exposure about the manufacturing & processing of dairy products.

The students of F.Y.B.Sc, Biotechnology, accompanied by Ms. Swaroopa Naik visited the Sewage treatment plant. Tonca-Goa on 29th September 2023. The objective of this field trip was to familiarize the students about the working of the sewage treatment plant. The knowledge about the machineries, techniques and the role of microorganisms in the treatment of waste water was given to students by Mr. Nikhil Sawant, an engineer at sewage treatment plant.

On 4th October 2023 the class of S. Y. B. Sc Biotechnology went for a fieldtrip to Mr. Farmers in Mapusa, headed by Dr. Tanvi Prabhu, the professor of plant physiology and urban gardening. The objective of the field trip was to understand the plant physiology of various ornamental and flowering plants, herbs, shrubs and grafting plants. Students were also familiarized with various tools and techniques used for gardening such as rake, moss stick, lawn mower, artificial lawn, grafting knife, hand tools, pruning saw, vertical garden pots, shredders, sprayer, pruners, khurpi and fertilizers.

On 14th March 2024, the students of T.Y.B.Sc. Biotechnology along with 2 faculty members Ms. Swaroopa Naik and Ms. Anjelica Matias, visited MakaDi Brewery situated in Nanoda, Bicholim, North Goa. The objective of the field trip was to study, observe, understand the various aspects and the functioning of a bioprocess plant. Maka Di is Goa's own bespoke craft beer brand produced by Latambarcem Brewers Pvt. Ltd and has recently

launched international quality craft beers both for the domestic and international markets.

Career guidance session:

On 3rd February 2024, the department organized the “Career guidance session” for the F.Y. B.Sc., S.Y. B.Sc., and T. Y. B.Sc. students of the department. The resource person for the session were Ms. Cecilia Menezes, DST-INSPIRE Research Fellow, NIO, Dona Paula, Goa; Mr. Asbern Dsilva, JRF Research Fellow, BITS Pilani KK, Goa Campus and Mr. Dirquane Coelho, Technical Skill Trainer, CMR Surgical India Pvt Ltd. who are also the alumni of the Department of Biotechnology. The resource person spoke about how to focus on achieving one's goal by sharing their inspiring journey after completing B. Sc. in Biotechnology towards achieving their current position. They also informed the students on the importance of various practical and technical aspects the Biotechnology field has to offer to the various life science field.

Events organised:

The Department of Biotechnology organised the 7th annual Inter-Higher secondary school event “Biowizards: Potential unleashed” on 26th February 2024. The chief guest for the inaugural session was Mr. Richard Noronha, Designated Officers and Licencing Authority Directorate of Food and Drugs Administration, Bambolim-Goa. As a symbolic gesture, the Chief guest and the event coordinator, Mr. Vishal Mardolkar released the departmental annual e-newsletter “Sequence: Unravel yourself” during the inaugural ceremony of the event. Total 8 different higher secondary schools from various parts of Goa participated for the event. Students from the participating HSSC engaged in series of competitions designed to test their knowledge, skills and creativity in the field of Biotechnology. After intense deliberation by the judges, Purshottam Walawalkar Higher Secondary School, Khorlim-Mapusa were declared team winners of “Biowizards: Potential unleashed.” Sharada Mandir Higher Secondary School, Miramar won 1st Runner up, while Carmel Higher Secondary School, Nuvem won 2nd Runner up place for the event. The course coordinator, Ms. Jocelyn Fernandes expressed gratitude to all participating Higher Secondary School, sponsors and volunteers for their invaluable contribution to the success of the event.

DEPARTMENT OF BOTANY

Educational Field Trips

In Semester I, SEC Botany students visited Mr. Farmer’s Nursery at Guirim, Mapusa. The students were accompanied by Ms. Sabina Dias, Dr. Harshala Shetgaokar, Dr. James D'Souza, Dr. Maria D'Souza, Dr. Suraksha Dongrekar, and Ms. Sukhada. In Semester II, students visited Cazcar Distillery in Nanora, Goa, accompanied by Ms. Sabina Dias, Dr. Harshala Shetgaokar, and Dr. Suraksha Dongrekar.

MC Botany students visited Kuddem Kabderam Farm, with Dr. Suraksha Dongrekar and Ms. Sukhada Salkar as accompanying faculty.

A field trip to Mollem Biodiversity Park was organized for B.Sc. (Botany Major) students in both the first and second semesters. Dr. Wendy Martins, Dr. Seema Fernandes, and Ms. Sukhada Salkar accompanied the students in the first semester, and Dr. Wendy Martins, Dr. James D'Souza, and Ms. Reeta Mandrekar in the second semester.

Additional field trips were conducted to the hills and plateau of Camurlim, Bardez, led by Dr. Harshala Shetgaokar, and to Jogger's Park, Altinho, Panjim, led by Ms. Maria D'Souza.

Courses Conducted

A certificate course titled *Collection, Isolation, and Identification of Microfungi* was organized by Dr. Maria A. D'Souza, focusing on the study of microfungi.

Observance of Days

In celebration of World Habitat Day, a photography competition titled *Plant Habitat* was organized. Students submitted both soft and hard copies (postcard size) of their entries. Judges for the competition included Mr. Conceicao De Souza, Dr. Harshala Shetgaokar, and Dr. James D'Souza. Destiny D'Souza (FYBA) won first place, while Merlyn Fernandes (SYBSc.) and Kinosha (SYBSc.) shared second place. The event was coordinated by Dr. Wendy Martins.

For National Science Day, an event called *Xavier's Open Lab Day* was held under the DBT STAR college scheme. This event aimed to promote science and technology among school students and introduce them to various science courses. The activity was coordinated by Dr. James D'Souza, with assistance from Dr. Wendy Martins, Mr. Conceicao De Souza, and Dr. Maria D'Souza.

Participation in Events at Other Institutions

Botany students secured first place at the intercollegiate event *BOTANICA*, organized by the Botany Department of Goa University, with Dr. Seema D. Fernandes as the teacher in charge.

Two T.Y.B.Sc Botany students, Ms. Alima Fernandes and Ms. Canriya Coelho from St. Xavier's College, Mapusa, Goa, participated in the *31st Annual Festival of Plants and Flowers 2023* organized by the Green Heritage Eco Club of St. Francis Xavier's High School, Siolim, Bardez, Goa. Dr. Seema D. Fernandes was the teacher in charge.

Best Practices

The department displays a *Plant of the Week* to raise awareness among students about various plants and their uses. This activity is coordinated by Dr. Seema D. Fernandes.

Compost is prepared from the department's biodegradable waste and maintained by the Botany Department as a sustainability initiative.

These activities reflect the Botany Department's commitment to enhancing practical learning, promoting awareness of environmental conservation, and fostering student engagement in the field of Botany.

DEPARTMENT OF CHEMISTRY

The Department of Chemistry organized an Industrial visit journey to Kaiga Atomic Power station, near river Kali in Uttara Kannada district, Karnataka on 2nd September 2023 for T.Y.BSc. Chemistry students. The purpose of the visit was to interact students with actual Industrial Personnel, fill the bridge between technical concepts taught in curriculum and industry applied concepts; and finally, to prepare the students for the selection of career paths in various industries.



Industrial Visit to Kaiga Atomic Power Station

Mr. Mahesh Nair and Mr. Clarence Rodrigues, Dept. of Chemistry attended the teachers training workshop conducted at the Talent Development Centre (TDC) of the Indian Institute of Science (IISc)-Challakere Campus, Chittradurga, Karnataka from 25th October to 11th November 2023. The residential workshop consisted of both lecture and practical sessions based on learning by doing and experiential exercises. A variety of topics from all branches of the Chemistry undergraduate syllabus were dealt with at a conceptual level. Sessions were engaged by scientists from various departments of IISc, all experts in their respective fields, involved in ongoing research, and on the cutting edge of science. Topics covered included Quantum mechanics and Schrodinger's equation, Coordination chemistry, Electrochemistry, Spectroscopy, Organic synthesis and Carbohydrate chemistry among others.



**Teachers Training Workshop
conducted at Talent Development Centre**

The Department of Chemistry, St. Xavier's College organized a 3 Day State Level workshop “Hands-on Training on Sophisticated Analytical Instruments; Infrared spectroscopy, UV-Visible spectroscopy, High-performance liquid chromatography, Gas chromatography, X-Ray diffraction analysis and Cyclic voltametry” from 5th-7th February 2024 at St. Xavier's College Post Graduate Block funded by the Directorate of Higher Education Government of Goa. 54 undergraduate students, 39 post graduate students and 7 faculty members from 6, Carmel College of Arts, Science and Commerce for Women, Dhempe College of Arts & Science, Goa College of Agriculture, P.E.S's R.S.N College of Arts & Science, St. Joseph Vaz College and Parvatibai Chowgule College of Arts & Science attended the Hands-on Training.



State Level Workshop

The 8th Annual 'Festival of Innovation: Goa's Young Innovators', a State Level Workshop for School, Higher Secondary School and College students, funded by Department of Biotechnology, Govt. of India, was organised by the Department of Chemistry, St. Xavier's College, Mapusa-Goa, on 15th February 2024. 28 institutions from across Goa, participated bringing with them their innovative models, to share their technological ideas and scientific innovations. The event was coordinated by Ms. Flavia Travasso, Ms. Sheryl D'Cruz and Ms. Shivta Mhamal, Assistant Professors. The Chief Guest for the event was Mr. Vaibhav Chhabra, Co-Founder, Maker's Assylum, who also delivered the Keynote address on innovations. The judges for the Goa's Young Innovators competition were: Dr. Anjani Nagvenkar, Assistant Professor, SCS, Goa University; Ms. Samidha Narvekar & Mr. Leo D'Souza, Research Scholars, SCS, Goa University; Mr. Sheikh Abdul Aziz, Alumnus, St. Xavier's College, Mapusa and Mr. Keegan Pinto, Ex- General Manager Maintenance, Rajdeep Builders.



8th Annual 'Festival of Innovation: Goa's Young Innovators'

As part of the National Science Day 2024 'Open Lab Day' celebrations, the Dept. of Chemistry welcomed approximately 450 school students from schools across Goa including Holy Cross HS, Siolim, Holy Cross HS, Bastora, SFX HS, Mapusa, St. Anne's HS, Thivim, Vidya Vikas Academy, Margao, St. Alloysius HS, Benaulim, Our Lady of Rosary HS, Mandrem, New Goa HS, Mapusa, Sacred Heart HS, Parra, SFX HS, Mapusa and SFX HS, Siolim. Several exhibits, demonstrations and an interactive session based on chemistry concepts were designed and creatively presented to awaken scientific temper and foster the spirit of enquiry among young minds.



National Science Day 2024

DEPARTMENT OF COMMERCE

First Year Orientation Program

An Orientation Programme was organised by the Department of Commerce of St. Xavier's College for the First-year B. Com students for the Academic Year 2023-24 on 27th July, 2023 at 10.45 am in the Seminar Hall of the college.

The programme commenced with a brief introduction about the purpose of an orientation after which a short prayer was said to invoke the presence and blessings of the Almighty, followed by a welcome address by the principal of the college, Prof. Blanche Mascarenhas. The Administrator, Fr. Antonio Salema, exhorted students to grow and develop in accordance with the mission and vision of the institution. Dr. Carmelita Dmello, Associate Professor of the Department of Commerce and Coordinator of the FYBCOM Orientation Programme, made a general presentation about the College, wherein she highlighted the vision and mission of the institution, explained and emphasized its rules and regulations and highlighted the many facilities available to students. In her presentation on the Department of Commerce she highlighted its history, the faculty profile, the laurels won by students both academically as well as in co-curricular activities. The activities of the department including 'ARENA', the Intercollegiate Commerce Event, the departmental newsletter – 'Comquest', the commerce notice board – 'Commerce Blitz' the social outreach initiative – 'The Joy of Giving' were explained to students. Students were made aware of the various certificate courses, talks, local industrial visits and the much-anticipated interstate study tour for final year students and the core and non-core future career prospects in Commerce.

Dr. Yasmin Z. Shaikh, Head, Department of Commerce, acquainted the students with the course structure and credits associated with NEP education in Commerce and explained the various exit points under the new education policy. Professor Oscar Braganza e Melo, member of the Examination Committee explained the importance, guidelines and modes of conduct of SEE and ISA examinations. Mr. Herwin Furtado, the Co-Coordinator of cultural activities, spoke about the various cells, clubs and cultural events organised and participated in by the students both, in college and at other colleges at the State and National level. Mr. Suresh Morje, staff of the library informed the students about the library, books and journals available, timings for access, issuance and return of books and the OPAC and N-list facilities. Ms. Astrid Pereira of the Department of Physical Education informed the students about the sports facilities in the institution and the laurels that students have brought to the college including being awarded as the “Best College in Sports for Men and Women” for several consecutive years.

The students were apprised about the features, advantages and working of the National Cadet Corp Cell (NCC) by a male and female NCC cadet respectively. The Chief Programme officer of the National Service Scheme (NSS) Dr. Rheane da Silva started her presentation by teaching the students the NSS Clap after which she explained the various programmes and activities conducted by and for the students.

Career Talk on Chartered Accountancy & Company Secretary

A Career talk on Chartered Accountancy and Company Secretary for TYBCom Division A students was delivered by Ms Kavita Bhosale an ex-student of our college on 2nd September 2023. The talk covered essential aspects, including recent rule changes in CA syllabus and examinations and effective exam preparation strategies. It was followed by an interactive Q&A session where students clarified their doubts. Ms Bhosale addressed the various queries of the students and helped provide them with guidance.

Career Counselling Programme on Chartered Accountancy

The Department of Commerce organised a programme to promote career counselling in collaboration with the Career Counselling Committee of the Institute of Chartered Accountants of India, Goa Chapter on 8th September 2023 at 10.45 a.m. The Department extended a warm welcome to the Vice Chairman of the Goa Chapter of ICAI, CA Milind Shirodkar and the guest speaker CA Sonal Catherine D'Silva. CA Milind Shirodkar, emphasized his role as an auditor and educator. He stressed on the global recognition of the profession of Chartered Accountancy and elaborated on how accountancy served as a universal language transcending the seven continents. The resource person CA Sonal Catherine D'Silva stated the burgeoning importance of pursuing Chartered Accountancy in today's times and very ably led the audience through the series of steps, stages and requisites involved right from registering for the CA course to its fruition. She exhorted the students of F.Y.B.Com to embrace the challenge of becoming a Chartered Accountant and promised all assistance required to interested students to embark on their journey. She ably addressed the queries raised by students at the end of her talk. The programme was well received by the 113 students of F.Y.B.Com who attended it.

Let's Ignite The Entrepreneur In You 2.0

The Department of Commerce Organised an Entrepreneurship Seminar “Lets Ignite the Entrepreneur in you 2.0” for SY BCOM students. The Seminar was held on 13th September 2023 from 10.45 to 1.30pm in the college Seminar Hall and was coordinated by Ms Swizel Alphonso.. The objective of the event was to ignite the spirit of entrepreneurship among students and create awareness within the student community, nurture their talents and guide them to explore business opportunities. The Chief Guest for the seminar was Mr John Dsouza, Deputy General Manager, EDC Panaji Goa. The Department of Commerce Newsletter “ComQuest” edited by Ms Swizel Alphonso was formally released in online mode during the Inaugural Programme. The seminar then proceeded with the three sessions for the day from the eminent resource persons.

First Session: Role of EDC in Promoting Entrepreneurship in Goa: The Resource Person of the First session was Mr John Dsouza Deputy General Manager of Finance, EDC. He spoke about how students can take up entrepreneurship and gave examples of various national and international entrepreneurs and shared their success stories. He explained the role of EDC and how it helped several individuals to finance and support their venture. A video of young Goan entrepreneurs who have grown with the help of EDC was shown to the students. He later concluded the session by answering doubts and questions raised by students.

*Entrepreneurship in Goa and Role of CIBA in Promoting Startups:-*The second session was conducted by Mr Sanjay Mulvi who is the head of St Florentine incubation at CIBA. and has mentored over 40 start ups.. He explained the difference between start ups and enterprises. And spoke about various schemes and their features.

The Third Session: Entrepreneurship: My Journey from Campus to Corporate had as its resource person Mr David Dsouza, an alumnus of our College who was a student of the Department of Commerce in the academic year 2000 and spoke about the different fields he has ventured into including water treatment, banking, finance etc. Mr Yashuram Gaonkar proposed the Vote of Thanks

Financial Accounting Syllabus Workshop (Nep 2020)

A one-day state level workshop was organised by the Department of Commerce of Sant Sohirobanath Ambiyé Government College of Arts and Commerce, Pernem, Goa on 28th June 2023. The aim of the workshop was to provide a common platform to Accounting Educators across affiliated colleges of Goa University to gain familiarity with the syllabus of Financial Accounting paper (COM 100) of First Year B.Com., Semester I, introduced under NEP 2020 during the Academic Year 2023-2024. The workshop was attended by Ms. Maria Difa Fernandes and Dr. Santana Fernandes, Department of Commerce of St. Xavier's College, Mapusa Goa.

Data Analysis and Report Writing Workshop

The data analysis and report writing workshop was held on 10th January 2024 at Dnyanprasarak Mandal's College Mapusa Goa. This one-day state level workshop aimed to empower students with the skills to effectively select statistical tools for data interpretation and master the art of writing impactful project report. SESSION 1/ Resource person: Ms Shushila Telgiri who explained fundamental statistical tools using excel and Gretl, providing practical insights into their application for analysis. TECHNICAL SESSION 2/ Resource Person: Dr.Dhanesh Kumar TK who spoke about statistical methodologies, providing a comprehensive overview of hypothesis testing, T and Anova analyses, correlation, Chi Square, regression, LPN, and logistic regression. SESSION 3/ Resource Person: Dr. Ramashanti Naik enlightened the gathering on preparation and writing of project report emphasizing the investigatory nature of project work, guiding students to define problems, find resources, and present conclusions effectively. .

Purple Fest

The Purple fest Movie Event held at INOX, PANAJI on 12th January had an impressive turnout of over 100 students from different colleges participating in the initiative to spread awareness and empower disabled fellow brethren. Accompanied by the commerce HOD a group of 15 TY, SY and FY students participated in the fest at Inox in Panaji.

Session on Data Analytics and Report Writing

An Informative session on Data Analytics and Report Writing was conducted by Ms. Elvira Dsouza and her students on 13/01/2024 at 12.45 pm in room 106. The first two sessions were led by Daksh Ghotge and Afaq Aga, focusing on various tools for data analytics, while the third session, presented by Sejal Salgaonkar, covered the intricacies of report writing. They provided participants with insights into different analytical tools and effective report structuring. The session was attended by 16 students of T.Y.B.Com.

Joy of Giving 3.0

The Joy of Giving programme was initiated by the staff of the Department of Commerce in the year 2018-2019. Continuing with this programme, this year, 14 permanent faculty members voluntarily contributed an amount of Rs. 1000/- each. The total sum collected was Rs. 14000/-. The collected amount was credited in the accounts of two children in “Ish Kripa Sadan”, Siolim. The students also participated in this Joy of Giving activity for the academic year 2023-24. They were grouped in order of year and division and each

class was assigned a faculty who handled and guided the students in the conduct of the activity. The distributed grocery hampers comprising of soaps, toothpastes, books, detergents, flour, rice, sugar, dals and other groceries to households as well as orphanages

Xtravaganza 3.0

ST. Xavier's college participated in the State level one day inter collegiate event Xtravaganza 3.0 organised by Government college of Arts and commerce, Pernem on 30th January 2024 and were declared winners of the event. The team received trophies, certificates and prize money of Rs 10000 in cash. Mr. Anuj Naik(GS) won the title of Mr. Xtravaganza. The team secured first place for the events of Snap shot, canvas painting, Tug of war, fashion show, meme and scavengers. The second place was secured for reel making, street play, product advertisement and snakes and ladders. The third place was secured for Impersonation and quiz.

Talk on Understanding the Working of Demat Account

A talk was conducted for the students of F. Y. B. Com. D on the topic 'on “Understanding working of Demat Account” on 6th February, 2024 at 12:00 a.m. It was organized by the H.O.D., Department of Commerce, Dr. Yasmin Shaikh and the resource person was Mr. Himanshu Pandit, a current Xavierite from T. Y. B. Com. The session commenced with a thorough explanation of a demat account, emphasizing its importance in the world of finance and investment, highlighting the crucial documents required for opening a demat account and guiding the students through the process of opening a demat account by providing a step-by-step demonstration. Moreover, the session included a live demo on buying and selling stocks, allowing students to witness and learn the dynamics of real-world stock market transactions. In addition to this, the speaker encouraged the students to start investing small amounts in the stock market and provided them with information regarding which apps are best for starting their investment journey.

Visit to Energy Exhibition

St Xavier's College visited the India Energy Week Exhibition held at ONGC-IPSHEM in Betul South Goa on the 10th of February 2024. It was organised by the Ministry of Petroleum and Natural Gas Government of India. The exhibition was from 10:00am-5:00pm. 27 students of which 16 were from commerce attended the exhibition along with 3 faculty members Dr Dadapir Jakati, Ms Mumtaz Mendonca and Mr Sujay Rane. St Xaviers College was honoured to have one of its faculty member Dr Dadapir Jakati unveiling a book titled 'Delivery On Time Everytime!' by Abhinay Mittal. The exhibition had a large number of companies in the Petroleum and the energy sector participate in it by putting their exhibits and their products on display. The exhibition portrayed to students the advancements made in the energy and petroleum sector

Arena 2024

On the 20th February 2024, the Department of Commerce of St. Xaviers College, Mapusa, successfully executed its annual Inter-collegiate commerce event, Arena 2024. The event provided a platform for participating colleges to showcase their team strength, explore their potential, and engage in a transformative educational experience. The Faculty Event Coordinator was Ms. Zarina Chawdari and the Assistant Faculty Event Coordinator was Ms. Kimberly Barros while the Student Event Coordinator was Mr.

Anuj Naik of T.Y.B. Com and Assistant Student Event Coordinator was Mr. Stephen Fernandes of S.Y.B. Com. A Total of 7 colleges participated in the same. The participating teams were Commerce Crusaders, Management Mastermind, Capital Conquerors, Financial Titans, Trade Warriors, Business Blasters and Investment Knights. Registration began at 8:30 a.m. with each team having to register upon their arrival.

One Day National Level Inter-Collegiate Event Insignia 8.0

The Department of Commerce of Rosary College, Navelim, Salcete-Goa organized One Day National Level Inter-collegiate event 'INSIGNIA 8.0' on 2nd March 2024. Mr. Frazer Taylor, Assistant Professor, Department of Commerce accompanied 19 students for the event. Our students won the following sub-events: First place: Duet Singing/ Group Dance/ Beatbox & Rap/ Photography/ Battle of the Bands. Second place: Fashion Show/ Wealth out of waste. Third place: Logo making/ Sales pitch/ Stand-up Comedy. Our students emerged victorious securing the overall Winners and cash prize for the event.

Study Tour to Bangalore, 2024

From 5th to 9th March 2024, 52 enthusiastic students from TYBCOM embarked on an educational journey to Bangalore, Karnataka. This study tour, which marked the fifth consecutive year of its organization, aimed to provide students with practical insights into manufacturing processes in various industries while also offering an opportunity for cultural exploration in a new city. Destinations Visited: During the tour, students had the privilege of visiting several prominent industries, including: Dairy Day, Stovekraft, IKEA. The 52 students were accompanied by two dedicated faculty members, Prof. Dr. Oscar Braganca de Melo and Dr. Santana Fernandes, who provided guidance and supervision throughout the tour. Additionally, Mr. Felix Furtado served as the knowledgeable tour guide, ensuring a smooth and enriching Experience For All Participants.

National Level Inter-Collegiate Event Chanakya Bhoomi

The Department of Commerce participated in a **National level Inter-collegiate event “Chanakya Bhoomi”** organized by VVM's Shree Damodar College of Commerce and Economics in Margao on the 15th and 16th of March 2024. The event witnessed enthusiastic participation from 10 colleges, including 5 from outside Goa. The event aimed to foster academic and intellectual growth among students, providing a platform for them to showcase their talents and skills in various fields related to business and economics. The following students under the guidance of faculty members Ms. Swizel Alphonso and Mr. Frazer Taylor participated, Mr. Afaq Aga, Mr. Stephen Fernandes, Mr. Emrev Fernandes, Mr. Chris Fernandes, Mr. Yash Pawar, Mr. Cletus Rodriguez, and Mr. Joaquim Sequeira, who demonstrated their skills and knowledge in different competitions which involved debates, presentations, problem solving and critical thinking. Mr. Afaq Aga bagged Second Place in the Research paper Presentation at Niti Samvaad. The Topic of the Research Paper was “**Building a Circular India: Case Studies in Sustainable Development across Sectors.**”

Careers in Finance- Career Guidance Talk

On 23rd March, 2024, the Department of Commerce organized an insightful career guidance talks on 'Careers in Finance' specifically for FY. BCOM students, with additional participation from interested SYBCOM and TYBCOM students. The session was held in room no. 106 at 9:20 am, with Ms. Misbah Ali,

an alumnus of St. Xavier's College, as the resource person. Ms. Misbah shared her inspiring career journey, emphasizing the diverse career paths and solid earning potential within finance. She illustrated the advantages with a captivating career flowchart, highlighting essential skills for 2024 such as financial modelling, AI tools, Power BI, Excel VBA, and blockchain. The session concluded with an engaging question and answer Segment.

Tally Certificate Course

The Department of commerce in association with skill world an authorised institute for teaching tally in Goa conducted a tally certificate programme for the academic year 2023-24. Thirty commerce students participated and successfully completed the course. The duration of this course was thirty-five sessions of one hour each. The programme was conducted in the M. Com Computer lab from 2:00 pm to 4:30 pm on Fridays and Saturdays. The coordinators of the event for this year were Mr. Carmelito desouza and Ms. Swizel Alphonso.

100-Hour Certificate Program In Banking, Finance & Insurance(CPBF)

The 100-Hour Certificate Program in Banking, Finance and Insurance conducted jointly by Bajajfinservices and St. Xavier's College, aimed to address the increasing demand for specialized education in the financial sector. Over the course of four years, (since signing the MOU) the program has consistently provided participants with a comprehensive understanding of key areas within the financial industry, coupled with practical skills development. The Program spanned 100 hours and was divided into various components including, **Pre-Assessment, Offline Lectures (84 Hours), Online Lectures (16 Hours) & Post-Assessment and H.R. Workshop.** The program was coordinated by Professor (Dr) Oscar Braganca de Melo. The faculty team included: Dr. Amit Yalgi – Lead Trainer/ Ms. Mumtaz Shaikh/ Mr. Sachin Nadgouda/ Ms. Seema Mahambre/ Mr. Sunil Tanaji/Mr. Eleazer Mathew/ Mr. Trevor Fernandes. A total of 76 students registered for the program, indicating a significant interest in specialized education within the financial sector. Of these, 72 students successfully completed the course, demonstrating a commendable commitment to their professional development.

DEPARTMENT OF ENGLISH

Session on Academic Writing and Research

A session on 'Academic Writing and Research' was conducted for the students of TYBA English on Thursday, 31st August 2023 in the language lab. The resource persons for the session were Ms. Alice D'Cruz and Dr. Leanora Madeira, from the Department of English. The session was attended by the general and honours students of the English Department as well as faculty members. Ms. Anisha Mendonca proposed the vote of thanks. The session was organised by Dr. Prema Rocha.

Research Lecture on Memory Studies

Research empowers students to become lifelong learners and expand their knowledge

The Department of English introduced students to two key areas namely research and Goa through a guest lecture on the 30th September 2023. This research initiative, at the PG seminar hall featured Ms. Rochelle Fernandes, an erudite research scholar, as the resource person. Her insightful lecture on the topic, "Memory

Matters: Navigating Goan Recollections." garnered rapt attention and was well received. Ms. Fernandes stressed on the importance of avoiding plagiarism and provided inputs on writing a research paper, conducted an in-depth review of Memory Studies and concluded with an interactive Q & A session, allowing students to engage with her directly. Ms. Shirlene Fernandes was the coordinator of the session.

Lit Quiz 2023

The Department of English at St. Xavier's College, Mapusa, hosted the second edition of "Lit. Quiz" 2023 in the Seminar Hall at 10.45 am on Friday, 13th October 2023. The competition was intense, with participants demonstrating remarkable teamwork and quick thinking. Christie Fernandes guided the proceedings. At the end of the five rounds, Team Sappho, represented by Anisha Mendonca, Daniella De Souza, and Melanie Lobo, emerged as the winners of the quiz. The runners-up, Team Brontë, consisted of Cajetan Pereira, Janice Noronha, and Samidha Walke. Lit. Quiz 2023 was a success, not only bringing students together but also encouraging them to explore the world of literature and language in a competitive yet friendly manner. The organising team comprised of Dr. Prema Rocha, the Event Co-ordinator, Mr. Aaron-Paul Fernandes, Christie Fernandes and Shane Fernandes, the Quiz Masters.

WordsUp 5.0

The Department of English of St. Xavier's College organized their departmental intercollegiate event WordsUp 5.0 from 8th-10th of February 2024. The theme was *Once Upon A Time: May thine be the happily ever after*. 13 colleges from across Goa participated in the event.

'Writers Corner', a customary precursor to WordsUp, marked the start of WordsUp 5.0 on 8th February 2024 was organised by Ms. Shirlene Fernandes featuring authors like Anita Pinto followed by a Panel Discussion titled: 'Meaningful conversations and contemporary stories for children'. The panelists were Leonard Fernandes, Sujata Noronha and Prashanti Jalpankar while Rochelle Fernandes moderated the session with an open mic as the concluding event for the inauguration WordsUp 5. Ms Alice D'Cruz was the co-ordinator of WordsUp 5.0. 26 events were held which correspond to the 26 letters in the English alphabet; spanning over the course of two days. Budding entrepreneurs showcased their wares at a pop-up bazaar that lined one end of the entrance, offering an assortment of food stalls to keep the crowd energised. A book stall with a selection of books from local authors was also put up. WordsUp 5.0 concluded with the valedictory function Parvatibai Chowgule College of Arts and Science and MES Vasant Joshi College of Arts and Commerce won the title of 1st and 2nd runners up, respectively. Sealing the win and claiming the overall championship of WordsUp 5.0, Nirmala Institute of Education emerged champions.

Inter-Collegiate Event Winners from Department of English

18 & 19 January 24 - Winners at the 14th edition of **Pegasus 2024** organised by Department of English, Parvatibai Chowgule College of Arts and Science (Autonomous) Faculty- in-charge Sir Aaron-Paul Fernandes.

17 February 24- Anisha Mendonça participated along with Amber Freitas who bagged the second place at **Epiphany 6.0** Inter-Collegiate Students' Research Paper Presentation Competition at DMC.. Faculty in-charge: Ms. Sunita Mesquita.

15 March 24- Mr. Christie Fernandes (SYBA) and Ms. Anisha Mendonça (TYBA) bagged the first place at **Lit Star 2.0** the Inter-Collegiate Quiz organized by Rosary College of Commerce and Arts, Navelim. Faculty- in-charge. Dr. Prema Rocha and Mr. Aaron Paul Fernandes.

DEPARTMENT OF HISTORY

The Department of History, St. Xavier's College engages its students through various activities to enhance critical thinking, encourage active participation and provide an enriching academic experience.

Learning History Through Role-Play

The Department of History adopted role-play as a teaching strategy to re-enact historical events of the European society during the 17th and 18th centuries in September 2023. The political history of 18th - century France was relived through the brilliant performances of TYBA students. Likewise, the court of Versailles of the famed monarchs Louis XIV and Louis XVI was recreated creatively by students. The objective of this event was to develop skills of effective public speaking and build confidence among students. The event proved to be an enriching and meaningful learning experience for the class.

A Kilo Campaign

Ms. Pamela Fernandes initiated a Social Outreach Activity for the students of History to encourage awareness on the need to develop sensitivity to the needy around them in September 2023. It also aimed to imbibe the virtue of caring and sharing to make the other felt cared for. A KILO CAMPAIGN activity was explained to them. Students were invited to donate a kilo of any non-perishable food item. This was keeping in view the forthcoming Ganesh festival. The expected food items were identified, and a 2-week period allotted to give. The donations were then organized in six lots and were distributed to those who were identified as needy. The student donated generously and felt a sense of satisfaction over the thought and act of sharing with the poor.

Research Initiatives

Dr. Sharmila Pais undertook an amateur research initiative for students of FYBA titled 'Unravelling Village Histories'. The students were explained the meaning of research and what constituted research. To begin with, they were guided on key identifiers of carrying out grassroot level research. They were encouraged to observe, pose a question, collect data and analysis it from a historical perspective. The importance of village histories was also explained to students. Students were encouraged to examine the cultural practices, beliefs, traditions and their role in shaping the historical development of the local territory. Impact of modernization, science and technology constituted another aspect of this study.

Ms Pamela Fernnades conducted a research presentation on 21st *October 2023, on the topics: The Built Heritage of the Kadambas, The Cultural Heritage of the Kadambas and The Literary Heritage of the Kadambas*. The aim of the study was to find out the extensive History of the Kadambas of Goa and their contribution to the rich heritage of Goa. Three groups were made of minimum seven students each and were given the about topics which they had to first research on and later present their findings to the class. The presentations were informative, and the images supported the information. All three groups worked as a team to unearth and showcase the rich history of the forgotten Kadamba rule in Goa.

Quiz Competition

On the 26th of August, a quiz competition was organized for the SYBA History Core students by Mr. Dominic Fernandes. The students had to prepare themselves on the topic of Ancient Indian History and

Culture and Medieval India. There were altogether 4 teams that participated in the quiz. The audience were also given an opportunity to answer a few questions. At the end of the competition the winners were awarded a cash voucher to be redeemed at Reagan's Food Court.

Study Tour

The Department of History organised a study tour on 4th January 2024. A group of 60 students accompanied by three faculty, Dr. Sharmila Pais, Mr. Dominic Fernandes and Ms. Gwendolene Nobbay visited heritage sites in South Goa. Students began their journey from Mapusa at 8.30 am. Winding the way through National Highway 66, a long journey of 90 kilometres led the group to their first halt at the Usgalimol Petroglyphs near Rivona in Sanguem taluka situated on the banks of the river Kushawati. On a rocky laterite bed, students could view an archive of human and animal figures like the humped Zebu bull, antelopes, deer, fox, a deer and a bull locking horns, animal hoofs, a female figure, probably a mother goddess symbol of the fertility cult, and another human figure etched in a dancing pose. The trail of Netravali through the lush-green Netravali Wild Life Sanctuary provided an enriching experience of tangible and intangible heritage through a mud track road and scenic pathway. Students and teachers, away from the mundane routine of their daily lives were entertained by the sounds of birds and buzzing bees. The cascading Sawari Waterfall, nestled in the Sanctuary helped everyone to spend some leisurely moments in its cool waters. The Sati stones of Cotomb helped the viewers to connect with the medieval rituals practiced in Goa. Likewise, the Rivona Caves or the rock-hewn caves located in the lush green village of Rivona in South Goa were a reminder of the Buddhist influence in the region.

Inter-State Quiz Competition

Ms. Anisha Mendonca and Ms. Amber Freitas from the Department of History won the first place in the State-Level Quiz Competition organised by the Youth Hostels Association of India on the great Indian patriot Netaji Subash Chandra Bose. The quiz was held at Ravindra Bhavan Margao.

Shivaji Jayanti Celebrations

Tributes were paid to the valour and legacy of the Maratha warrior, Shivaji Maharaj on his birth anniversary. The programme was conducted in accordance with the guidelines set by the Department of Information and Publicity, Government of Goa. The event was held in the Seminar Hall with the distinguished presence of the Principal of the Institution, Prof. (Dr.) Blanche Mascarenhas, the Vice Principal, Ms. Sandra Fernandes, the Cultural Coordinator and faculty from the Department of History along with a large gathering of students in attendance from 10.45 am to 11.45 am. Students and faculty across streams, from the college witnessed the hour-long function. The SYBA students from the Department of History enacted a meaningful play, **“Shivaji Maharaj and Hirkani the Milkmaid”**. Shivaji Maharaj's compassionate and judicious nature was portrayed through the presentation. The play was performed by Ms. Swara Dharwadkar, Mr. Shoonor Shaik, Filianta Gomes, Niraj Zantye and Chandrakant Parulekar. A quiz and spot prizes made the event thought-provoking and educational. Students were tested on the knowledge of the Maratha King.

Building Bonds: TYBA (History) Student-Teacher Gathering at St. Xavier's College

The Department of History organized an informal gathering on April 8, 2024, to bid farewell to its graduating students. Miss Giann Fernandes, an alumna of the Department and current Assistant Professor in the

Department of English, was the Chief Guest. The History Personality for the Year 2023-2024 was awarded to Miss Amber Freitas. Sharing the limelight were Ms. Daniella Miriam De Souza and Ms. Anisha Mendonca who jointly secured the second place. Ms. Annrose D'Cunha was honoured with the third place. These students portrayed noteworthy historical characters and captivated the attention of their peers. Ms. Fenisia Fernandes, Ms. Anisha Mendonca and Mr. Valencio D'Souza shared their memorable experiences in the Department. All students wearing golden sashes added charm to the event.

DEPARTMENT OF SOCIOLOGY

The Department of Sociology conducted a number of activities in the academic year 2023-24: A quiz was conducted for the TYBA students on 4th October 2023 on the theme 'Population Studies'.

As part of their minor course on Crime and Society, the students of FYBA visited the Mapusa police station on 10th Oct 2023. It was an educational trip planned to help the students understand the workings of local law enforcement agencies. During the visit, the students were shown the premises of the police station and explained the basic processes/procedures. An interactive session was held where Sub Inspectors - Yashwant Mandrekar and Richa Bhonsle answered the queries raised by the students. DYSP Jivba Dalvi addressed the class with anecdotes on the topic of crime in Goa.

A field trip was organized for the FYBA students in lieu of the Skill Enhancement Course - Tourists, Tourism and Tourist Guides on 13th of October. The students were taken to the Taj Fort Aguada Resort and Spa in Sinquerim in North Goa. The aim was to let the students get firsthand experience of the hospitality industry and acquaint them with the opportunities available thereof. The students were introduced to diverse career opportunities in the hotel industry by the HR Manager. The students also participated in the event – International Year of Millets 2023 - enjoyed a buffet and a guided tour of the Resort.

Throughout the semester, a number of documentaries and films relevant to the courses were screened in all the classes. The students viewed documentaries such as – '*Dhangar Community*', '*India, Now the Most Populous Country: Demographic Advantage or Disaster*'. The films screened were '*Oliver Twist*', '*Article 15*', '*Brian Banks "To the Bone" Anpadh*', '*Bulandi*', '*Mother India*' and many others - highlighting the issues being discussed in the text. Screening of the film was followed by discussions, content analysis and summary. In the even Semester, the Department of Sociology organised a field trip on 4th February 2024 to three spots of socio-cultural significance. Sixty students visited the Usgalimol Petroglyphs on the banks of river Kushavati in Rivona, Sanguem taluka. The Petroglyphs depicting figures of various animals, carved animal footprints, probably Mother Goddess symbols, fertility symbols gave the students a glimpse into millennia old human activity. Pantaleao Fernandes, an avid photographer, author and ethnographer, accompanied the group as a resource person. He threw light on the possible meanings of the petroglyphs, their time-line and the history of their discovery. The students also visited two Sati stones. Sati stones are found across the state and mark the patriarchal practise of widows requiring them to immolate themselves on their husband's funeral pyre. The students also visited the Buddhist caves in Rivona where the students learned of the Buddhist presence in the region. The students were accompanied by Prof. Afonso Botelho, Head of Department of Sociology and Asst. Prof. Freda Tavares.

Ms Elizabeth Bara organised a debate on the topic 'Should Marital Rape be Criminalised?' in March 2024. The SYBA students who had opted the paper on 'Gender and Violence' participated in the same. The students of SYBA who were offered the paper titled Corporate Interpersonal Skills were provided an opportunity to enhance their public speaking skills through an activity which required them to speak on various topics for a

duration of one minute. The same students were also involved in a group activity wherein they were provided different scenarios at workplace. They were required to discern the type of discrimination and its impact on the individual and society.

The TYBA students of 'Gender and Society: Some Emerging Issues' analysed advertisements appearing in different print and broadcast media to understand the gender stereotypes prevalent in the society and consequent forms of violence caused by such portrayal. A movie 'Provoked' was also screened and watched jointly by SY and TY students which made the students aware of the types and intensity of violence against women. 'Admitted', a biopic on transgender individual was screened to help the students understand their struggles and violence they face due to their identity.

Prof. Afonso Botelho, Professor and HOD, availed of the Sabbatical Leave available to the teachers of the Colleges and did research on the village of Betalbatim. At the end of the year-long Leave he published a book on 'Emigration, Tourism, In-migration and Occupational Diversification in Betalbatim, Goa.

The students Sociology participated in a one-day state level inter-collegiate event 'Sociofiesta' on 16th February 2024. The theme was 'Rethinking Tomorrow: Crisis of the 21st Century and the Way Forward,' which helped the students to analyze, discuss, and express views on contemporary issues. Our students were declared Runners-up at the event. The students were accompanied by Prof. Afonso Botelho.



Field Trip to Petroglyphs at Usgalimol, Sanguem



Sociology Students on a Field trip to Rivona Caves, Sanguem

POST GRADUATE DEPARTMENT OF PHYSICAL CHEMISTRY

The Post Graduate Department of Physical Chemistry has consistently organized a variety of activities such as workshops, talks, seminars, visits, and tours to enhance students' academic knowledge while also fostering their overall potential. These initiatives aim to bridge theoretical learning with practical exposure and encourage a research-oriented approach among students.

Talk on Programming in Chemistry

On 3rd August 2023, the department conducted a workshop titled “*Principles of Fortran Programming: Writing Codes in Fortran and its Application in Chemistry*” for M.Sc. Part-II students. Dr. Johnross Albuquerque, Assistant Professor of Chemistry, was the resource person for the session. Faculty members, including Mrs. Mamata Prabhugaonkar, Ms. Kalpita Talpekar, and Ms. Fami Fernandes, also attended the workshop.

Educational Visit to Kaiga Nuclear Power Plant-Karnataka

An educational visit to the Kaiga Nuclear Power Plant in Karnataka was organized on 2nd September 2023 for M.Sc. Part-II students. The visit aimed to provide students with practical insights into nuclear operations and processes. Faculty members Mrs. Mamata Prabhugaonkar, Ms. Kalpita Talpekar, and Ms. Fami Fernandes accompanied the students on this visit.

Industrial Visit to Glenmark Pharmaceuticals

On 14th October 2023, the department organized an industrial visit to Glenmark Pharmaceuticals. The visit allowed M.Sc. Part-II students to observe quality control techniques and demonstrations of sophisticated instruments like GC, HPLC, and tablet dissolution test apparatus. The visit was led by Mrs. Mamata Prabhugaonkar.

Talk on Reference Manager Tools

A talk on “*Reference Manager Tools*” was organized on 18th October 2023 for M.Sc. Part-II students. The session, delivered by Ms. Flavia Travasso, Assistant Professor of Chemistry at St. Xavier's College, Mapusa, provided insights on managing references for dissertation projects. Students were introduced to applications such as Zotero 6.0, Mendeley, ChemSketch, and ChemDraw, which are useful for drawing organic structures and organizing references.

State Level Seminar on -Quantum Dots

The department also facilitated student participation in a state-level seminar on *Quantum Dots* held on 21st October 2023 at the Government College of Arts, Science, and Commerce, Khandola, Marcela-Goa. M.Sc. students Nicole Fonseca (Part II) and Chrystal Braganza (Part I) attended the seminar along with faculty member Mrs. Mamata Prabhugaonkar. Prof. Santosh Haram delivered an engaging presentation on the applications of quantum dots in display technologies, solar cells, and medical imaging.

Educational Tour to Mangalore

From 21st to 24th October 2023, the department organized an educational tour to Mangalore for M.Sc. students. Accompanied by faculty members Mrs. Rupali Neje, Ms. Kalpita Talpekar, and Ms. Fami Fernandes, the tour aimed to inculcate values of scientific thinking and foster a deeper understanding of chemistry.

Talk on Chemical Sensing Using Raman Spectroscopy

On 23rd January 2024, the department hosted a talk on “*Chemical Sensing Using Raman Spectroscopy*” for M.Sc. Part-I and Part-II students. The speaker, Ms. Pratiksha Mandrekar, an alumnus of St. Xavier's College and a Ph.D. student at Kongju National University, South Korea, explained the technique's applications, particularly in chemical sensing using nanomaterials. She also provided insights into research opportunities in South Korea and career development paths.

One Day State Level Intercollegiate Event Chemscope 2024

The department's flagship event, *CHEMSCOPE 2024*, a state-level intercollegiate competition, was held on 31st January 2024. The event was aimed at promoting advanced learning in chemistry and research. Seven colleges participated, making it a highly engaging platform for undergraduate students. The event was convened by Mrs. Mamata Prabhugaonkar. On the same day, the department released its first e-newsletter, *CRYSTALLITE* (Volume I), which documented the department's activities and achievements for the academic year 2023-24. The newsletter, edited by Ms. Fami Fernandes, also featured articles written by M.Sc. students. The department's activities for the year reflect its commitment to academic excellence, practical knowledge, and the holistic development of students, empowering them to explore new horizons in the field of chemistry.

DEPARTMENT OF POLITICAL SCIENCE

The Department of Political Science conducted the following activities during the academic year 2023-2024:

A. Talks/Sessions/Discussions:

Debate on “Does Goa require special status under the Indian constitution? (Art.371)”

A debate among the students of TYBA Political Science on the topic, “Does Goa require special status under the Indian constitution? (Art.371)” was held on 11/10/2023 in Room No. 324 at 11:45 am. The students were divided into two teams, one arguing for special status and the other against special status. Both teams strongly argued their position, resulting a very lively discussion.

Coffee Series

As a part of the College Research Initiative 'Coffee Series' a number of presentations and discussions were conducted by the faculty of the Department of Political Science through the academic year 2023-2024 for the students of the department.

- a) Gellner's and Anderson's Theoretical Perspectives on Nationalism - a presentation based on Ernest Gellner's book 'Nation and Nationalism' and Benedict Anderson's book 'Imagined Community', by Asst. Prof. Mr. Prasad Naik on 31/8/2023 for students of TYBA Political Science.
- b) Understanding the rights of the children with special needs—a presentation based on the TYBA project work was delivered by Mr. Samuel Fernandes, student of TYBA Political Science Honours, on 11/10/2023 for the students of TYBA Political Science under the guidance of Asst. Prof. Mr. Anthony Felipe Lobo.
- c) Welfare Populism and Elections - a presentation was conducted by the TYBA Political Science project students under the guidance of Assoc. Prof. Ms. Tricia Vaz e Borges on 19/10/2023 for the students of TYBA Political Science Honours class. The students put forth their views on how populist election agendas impact elections.
- d) The Citizenship (Amendment) Act in India by Harrison Akins—a presentation on the paper was delivered by Asst. Prof. Ms. Richa Kajoli on 19/01/2024, for the FYBA Minor Political Science students. The presentation examined the provisions of the Citizenship (Amendment) Act (CAA) and its implications on India.
- e) Understanding the awareness of Human Rights among Goan Youth
Influence of Patriarchy And Gender Biases on the Political Participation of Women – a presentation by the project students (Political Science) under the guidance of Asst. Prof. Mr. Prasad Naik, was held on 11th March 2024 for the TYBA Indian Administration class. The students made submissions on their project research, followed by a discussion.
- f) General Elections-2024 - an insightful session on the forthcoming General Elections-2024 was held for the TYBA Honours (Political Science) students on 08/04/2024 by the HOD, Assoc. Prof. Ms. Tricia Vaz e Borges. The discussion delved into nuanced observations on the upcoming elections, emphasizing the pivotal roles of the Election Commission and various political entities.

Public Lecture on Citizen-Centric Administration

A public lecture on 'Citizen-Centric Administration' was held at the St. Xavier's College Seminar Hall, organized by the Manohar Parrikar School of Law, Governance, and Public Policy, Goa University under the aegis of Chhatrapati Shivaji Maharaj Chair in Leadership and Governance, in collaboration with St. Xavier's College, Mapusa, on 28/03/2024. The event aimed to explore the nuances of citizen-centric approaches in governance. Renowned scholar Professor Jeevan Kumar, an expert in Development Politics and Administration, Indian Government and Politics, and Gandhian Studies, delivered the lecture. The lecture was attended by over 100 undergraduate and postgraduate students from various disciplines of St. Xavier's College, along with faculty members. The Convenor for the programme was the Principal, Prof. Blanche Mascarenhas, the Coordinator was Ms. Tricia Vaz e Borges, HOD, Department of Political Science and Co-coordinator was Dr. Sharmila Pais e Martins, HOD, Department of History, St. Xavier's College.

Observance of National days:

Independence Day :

To commemorate Independence Day, the Department of Political Science organized a Group Discussion for SYBA SEC students on Leadership on 14th August 2023. Students were divided into four groups and had to speak on the topic, 'What would I do if I was the Prime Minister for a month?'. Each group put forth unique proposals on how they would develop and bring about progress in the country if they were the Prime Minister of the country. The discussion gave the students an opportunity to understand the leadership skills required to be the Prime Minister of the country. Asst. Prof. Mr. Anthony Lobo, co-ordinated the discussion and expressed his gratitude to the students for participating in the discussion and presenting valuable inputs.

Constitution Day-2023:

- a) As part of the commemoration of the 'Constitution Day' 2023, the NSS unit and Political Science Department of St. Xavier's College, Mapusa, Goa celebrated the occasion by reading the Preamble to the Constitution of India on 24/11/2023 at 8.45 a.m. on the College public address system ensuring participation of students, teaching, and non-teaching staff.
- b) As part of the Constitution Day celebration, the Department of Political Science organised an Online Quiz on the Indian Constitution for the students of the college on 26/11/2023 to increase awareness among the student community. A total of 103 students participated in this competition. Participants were allotted e-certificates.

Republic Day

The Department of Political Science organized an exhibition on the theme '75th Republic Day: Achievements & Challenges' on 26/01/2024. The event aimed to foster a deeper connection with constitutional values and highlight the responsibilities of citizens in contributing to a better India. Students from FYBA and FYBSc actively participated in the event, contributing to the exhibition through various creative formats such as posters, poetry, and essays.

Visit/Study Field Trip:**Visit to Goa State Legislative Assembly:**

The students of FYBA Political Science (Major and Minor) visited the Goa Legislative Assembly on 21st July 2023 to attend the Monsoon Session. A total of 45 students, along with faculty of the Department, Asst. Prof. Prasad Naik and Asst. Prof. Anthony Lobo attended the session. Students got to attend the 'Afternoon Session' and experience the live proceedings of the House. The experience was enriching for the students as they got an opportunity to see the actual working of the State Legislative Assembly.

The Department of Political Science organized a field trip to the Goa State Legislative Assembly on 5th February 2024 to watch the live proceedings of day 2 of the Sixth Session of the Assembly. The students watched the 'Question Hour'. It gave them insights into the working of the state legislature. 100 students attended the Assembly session accompanied by the faculty members from the department.

Study Tour

On 8th March 2024, the Department of Political Science organized an enriching one-day study tour for students. The tour aimed to provide practical insights into political history and governance structures. A total of 97 students, accompanied by four faculty members, participated in the study tour. The students visited the Goa State Museum, housed in the Old Secretariat building, Panaji, the Raj Bhavan, the official residence of the Governor of Goa, Dona Paula, and the historic Reis Magos fort at Verem.

Participation in events of other Institutes:**All Goa Youth Gram Sabha Competition and All Goa Quiz Competition, 2023**

St. Xavier's College participated in the first All Goa Youth Gram Sabha Competition, 2023 held on 18th December 2023, and the All Goa Quiz Competition, 2023 held on 21st December 2023 at the Goa Institute of Public Administration and Rural Development (GIPARD), Old Goa.

Students Parliament Competition, 2024

The Students of St. Xavier's College participated in the Students' Parliament Competition 2024 organised by the Goa Legislature Secretariat on 12/2/2024. The students enacted the Legislative Assembly 'Sitting' for 90 minutes in which various legislative business items were taken up like Question hour, Zero Hour, Passing of a Bill, Private Member Resolution, Calling Attention Motion, Obituary and Congratulatory References. Twenty-nine students participated in the competition. They were trained by the faculty of Department of Political Science

Symposium on “Current Socio-Political scenario in India: A Citizen's Response”

The students of the Departments of Sociology and Political Science attended a Symposium on “Current Socio-Political scenario in India: A Citizen's Response”, organised jointly by All India Mission Seminary, Pilar and Patriarchal Seminary of Rachol on 09/09/2023, at Rachol Seminary. The keynote address was delivered by Rev. Dr. Suresh Mathew Pallivathukal. Various experts presented their views on religious freedoms, nationalism and nation building. The presentations were thought provoking and evoked a healthy discussion on the subject. Ms. Tricia Vaz e Borges (Department of Political Science) and Ms. Rizwana Shaikh (Department of Sociology) accompanied the students

Workshop on Students Parliament

As a part of preparation for the Student's Parliament Competition 2023-2024, the Secretariat, Assembly Complex organized a Workshop on 'Practice and Procedures of the Goa Legislative Assembly' on 16/10/2023 at 10:30 am in the PAC/PUC room of the Assembly - Complex. Assoc. Prof. Ms. Tricia Vaz e Borges, along with Ms. Mehak Sayed (FYBCom) and Ms. Samrudhi Yende (TYBA) attended the same.

Two-Day National Workshop

Ms. Advika Fadte and Ms. Saumya Shirgaonkar from SYBA participated in a two-day national workshop "Mahila Sabhas & Bal Sabhas: A Platform for Inclusion of Vulnerable Communities." on the 5th and 6th March, 2024, organised by the Department of Political Science at Government College, Khandola, Marcela in collaboration with the Western Regional Centre (WRC) and the Indian Council of Social Science Research (ICSSR).

DEPARTMENT OF KONKANI

Under the leadership of Mr. Dharma Chodankar, the Department of Konkani at St. Xavier's College, Mapusa embarked on a journey of academic excellence and cultural enrichment throughout the academic year 2023-2024. As the Head of the Department, Mr. Chodankar spearheaded numerous initiatives aimed at promoting the Konkani language and its literary heritage among students and the wider community.

Collaborating closely with Assistant Professors Mr. Silvester Vaz, Dr. Fr. Luis Gomes, Ms. Siddhi Gawas, and Ms. Ashita Naik, the department organized a diverse array of activities. These included guest lectures, cultural celebrations, storytelling competitions, language courses, and academic seminars. Each event was meticulously planned to provide students with a holistic learning experience that combined theoretical knowledge with practical engagement.

Highlights of the academic year included the Konkani Raxtramanyatai Dis Celebration, the Intercollegiate/HSS Tiatr Competition, and the State-Level Seminar on "Trends of Konkani Literature in the 21st Century." These events not only showcased the talents of our students but also facilitated meaningful discussions on contemporary issues in Konkani language and literature. Moreover, the department's commitment to academic rigor was evident in initiatives such as translation workshops, innovative teaching method seminars, and study trips. These endeavors aimed to enhance the academic skills of both students and faculty members, fostering a culture of continuous learning and professional development within the department.

Intercollegiate Competition winners

St. Xavier's College achieved a remarkable victory, securing 1st place at the prestigious 3rd Intercollegiate/HSS Tiatr Competition organized by the Tiatr Academy of Goa in Panjim for the tiatr titled "GIRANN" on September 7, 2023, at the Pai Tiatrist Hall of Ravindra Bhavan Margao, ultimately clinching the top spot among the eight participating colleges.

The creative brilliance behind "GIRANN" was attributed to Dr. Fr. Luis Gomes, faculty member of the Konkani Department, the musical direction to Fr. Ramiro of the Department of Psychology, stage design, , was expertly handled by Mr. Worrel D'Souza, an Assistant Professor in the Department of BCA, along with the artistic contributions of Francis D'Souza, the college's dedicated clerk. 55 students across various

streams, showcasing their acting, singing, and stage-setting prowess through the Tiatr. The impressive array of awards bestowed upon "GIRANN" included: 1st Prize in Best Performance, in Best Script, Best Direction, Best Lyrics by Fr. Luis Xavier Gomes, in Best Actor (Male) Simon D'Silva, in Best Actor (Female) Joslyn Pereira, in Best Comedian (Male) Robert D'Souza, in Best Singer Solo (Female) Unesia Fernandes, in Best Comedy Kantar (Male) Robert D'Souza, in Best Duo: Shawn Lima & Frenwin Fernandes as well as Merit Certificate in Acting (Female) Steffi Fernandes, Merit Certificate (Female Comedian) Doris Goves & Merit Certificate (Kantar: Romi v/s Devnagri).

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

To begin the year of sports at St. Xavier's, the Department of Physical Education & Sports brings together some of its outstanding students to serve the college as a sports committee throughout the Year and to work towards the success of the college in all the events organized and participated. The sports council headed by the Principal has both teacher and student representatives and includes:

It has been a very eventful phase in the sports arena of the college. There was an increase in the student participation in the Inter class competitions held throughout the semesters. Students had ample of opportunities to display their talent and skills in their encounter with the other classes.

St. Xavier's has always tried to keep up to their rich tradition of winning at the Inter-collegiate sports organized by Goa University, our College students have worked very hard and excelled in all the events throughout the year 2023-2024. Sports did not end at the College level, our students marked their presence at International (Womens Rugby) and National levels as well (Men & Women's Football, Hockey, Basketball, Volleyball, Athletics etc. to name but a few)

Interclass Events

This academic year the department of physical education and sports have organized all together 12 Interclass Tournaments. Interclass tournaments are organized for the students so that the students get exposure of the game and also to showcase their talent in their own game which will give the students a chance to be a part of college team and represent the college at Inter-Collegiate Goa University Tournament. Following are the events and the winners in each event

1. Football: TYBA
2. Volleyball: PG's
3. Cricket: TYBSC
4. Chess: SYBSC
5. Table Tennis (Men):FYBCOM
6. Table Tennis (Women):FYBSC
7. Badminton (Men):SYBCOM
8. Badminton (Women):TYBSC
9. Tug of war:TYBSC

Over All Championship: TYBSC

DEPARTMENT OF MARATHI

1. **B. B. Borkar Commemoration Day:**

On 8th July 2023 well known Goan Marathi Poet B. B. Borkar's commemoration day was celebrated by Department of Marathi in which students of Marathi presented the Poems of B. B. Borkar. HOD of Department of Marathi Dr. Vrunda Kelkar highlighted in her words the significance of the poet in Marathi literature. Dr. Apurva Betkekar & Dr. Prachi Joshi also presented B. B. Borkar's poems on the occasion.

2. **Educational field trip to Pansaimal and Loutolim:**

On 27th August 2023 Department of Marathi organized Educational Study trip to Rivona Caves, Kushavatriviver & Big Footmuseam at loutolim Goa. The Study trip was organized to explore Pre historic places in Goa. The trip was organized by Assistant Professor Dr. Apurva Betkekar & was assisted by Dr. Prachi Joshi & Ms. Veena Kerikar.

3. **Guest lecture of Dr. Aruna Dhere**



Department of Marathi from St. Xaviers College had organized guest lecture of Prominent Marathi writer Dr. Aruna Dhere in collaboration with Sant Sohirobanath Ambiyedhyasan, Atithi pradhyaapakanshodhansanchalanalay, Marathi Adhyayan shakha, shanaigoybab bhasha ani sahitya Mahashala. The topic of the lecture was 'अनुवाद: अभ्यासाचे नवे दालन'. The above lecture aimed at opportunities in translation career of students. Dr. Apurva Betkekar introduced the Guest on behalf of HOD, Dr. Vrunda Kelkar. This programme was compared by Dr. Prachi Joshi & vote of thanks was addressed by Ms. Veena Kerikar from Department of Marathi. The program was organised by Dr. Vrunda Kelkar and was assisted by Dr. Apurva Betkekar, Dr. Prachi Joshi & Ms. Veena Kerikar.

4. National Seminar: Review of post 1990's Goan Marathi Literature



The Department of Marathi in collaboration with Official language, Goa State had organized One day National Seminar on 30th September 2023 in seminar hall of St.Xaviers College, Mapusa.

This event brought together scholars, researchers and literary enthusiasts and contributions of Goan Marathi Literature over the past few decades. The seminar featured various sessions focusing on themes, trends and significant works that have shaped the literary landscape in Goa since the 1990s.

1. **Educational field Trip to Cabo de Rama fort Canacona:** Department of Marathi of St. Xavier's College had organised an educational field trip to Birla Temple, Mahalasa Narayani Temple & Cabo – De – Rama Fort at Canacona on 4thfebruary 2024. This study trip was organised to enlighten the Goan culture, history & heritage among the students of Marathi. All together 30 students from SYBA and TYBA took advantage of this fieldtrip. Assistant professors Dr. Prachi Joshi had organised the field trip and was assisted by Dr. Vrunda Kelkar and Ms. Veena Kerikar from the Department of Marathi.



World Marathi Day Celebrations:

Marathi Language day was celebrated by Department of Marathi of St. Xavier's college Mapusa on 29 february 2024. Chief guest for the function was well known Resource person of Goan folk literature Ms. Poornima Kerkar from Keri Sattari Goa. The Inaugural function was followed by various competitions i.e. Monologue, solo & group dance, Solo singing competition, Rangoli competition, Elocution competition, poetry recitation competition, essay writing competition and Reel making competition etc. The prize distribution of these competitions was done by former HoD of Department of Marathi Ms. Aruna Ganu.



DEPARTMENT OF HINDI

Premchand and Tulsi Diwas 14 AUGUST 2023

Department of Hindi of St. Xavier's College celebrated Tulsi and Premchand Jayanti. In the first session, biographical introduction of Premchand and papers on his literature were presented, which was presided over by the chief guest of the program, Vice-Principal of Government College, Arts, Science and Commerce Khandola and Head of Hindi Department, Dr. Asha Gehlot. The second session was on Tulsi's biography and literature which was presided over by the Associate Professor of Hindi Department, Dr. Ramita Gurav.



Conversation with the Author 25 August 2023

Teachers of Hindi Department and third year students had an online discussion / talk with writer Shivmurti on his literature.

Hindi Documentary Making Workshop 8 September 2023

A four-day Hindi workshop on the topic 'Documentary Writing and Production' was organized by the Department of Hindi, St. Xavier's College. The chief guest/lecturer in the workshop were professors from the Department of Mass Communication. The students benefited with technical and other information related to documentary making.



Hindi Diwas Competitions 11th September 2023

Department of Hindi of St. Xavier's College Mapusa-Goa organized Hindi Diwas Celebration. The Chief Guest of the event was Ms. Karuna Satardekar Associate Professor of GVM's Dr. Dada Vaidya College of Education, Ponda. Fr. Tony Salema (Administrator) and Principal, Prof. Dr. Blanche Mascarenhas were present for the program. Various competitions like self-composed Poetry Presentation, Story Writing, Essay Writing, Bhajan Singing, Monologue Competition, Sketch making competition, Duet singing and Elocution competition were organized for the students.



Srujanotsav 15th September 2023

Department of Hindi of St. Xavier's College Participated in the 'SRUJANOTSAV' , State Level Competition organised by Institute Menezes Braganza, Panjim Goa. College received two Prizes in this state level competition, Students who made it possible were -

- 1) Pratik Kharate - 1st place in Kavita Prastutikaran Competition
- 2) Shubhangi Fadte - 3rd place in Nibandh Lekhan

Participants

- 1) Siya Pole - Shrutlekhan
- 2) Mansi Prabhu Bhatt Gaonkar- Vakrutv Competition
- 3) Pranjali Raut- Sketch Making
- 4) Gandhita Narvekar - Bhajan Singing

Study Tour 26th December - 29th December 2023

Department of Hindi Organised study tour to Dharwad, Hubali and Dandeli (Karnataka) from 26th December to 29th December 2023. Places visited were Dharwad University, Hubali and Government First Grade college Dandeli.



Talk on 'Medieval Poems' 19th January 2024

Department of Hindi St. Xavier's College a organised talk on Medieval Poems on 19th January 2024 at the studio from 9:30 to 11am. On this occasion Dr. Imre Bangha was invited to give a special talk on Medieval Poems.



World Hindi Day Celebration 1st January 2024

Department of Hindi of 'Government College of Arts, Science and Commerce, Khandola' celebrated 'Vishwa Hindi Diwas' wherein Associate Professor of Hindi from St. Xavier's College Dr. Magdalene D'souza delivered a lecture on the novel 'Giligadu'.



Konkani workshop on 1st February 2024

Department of Konkani St. Xavier's College Mapusa in collaboration with Bardez Konkani Asmita Kendra had organised a workshop on the topic ANKAAR: TANTRA EVAM PRAYOG for the Students from 9:30 am to 4:30 pm.



Guest Lecture at Goa University on 2nd February 2024

Department of Hindi Participated in the Guest lecture by Prof. Abdul Bismillah organised by Shenoj Goibab (Goa University) Department of Hindi.



Bhashan Pratiyogita 4th March 2024.

The Department of Hindi had participated in the Bhashan Pratiyogita which was organised by Parvatibai Chowgule College Margao.

Field trip 13th March 2024

The Department of Hindi of St. Xavier's College had organised field trips for Hindi students. The Field trip started from North Goa where students visited various historical places of Goa such as Zuvem Fort, Adilshai Masjid and Dargah, Cudnem 15th century Jain Temple, Bhoj Era Harvalem caves and waterfall, and lastly Kadamba Era Tambdi Surla Mahadev Temple.



Guest Lecture

The Department of Hindi of Govt. College Quepem had invited Mr. Salim Gaded (Assistant Professor in Hindi) of St. Xavier's College as resource person for a guest lecture on the topic 'Swatantryottar Hindi Upanyaas' on 9th March 2024.

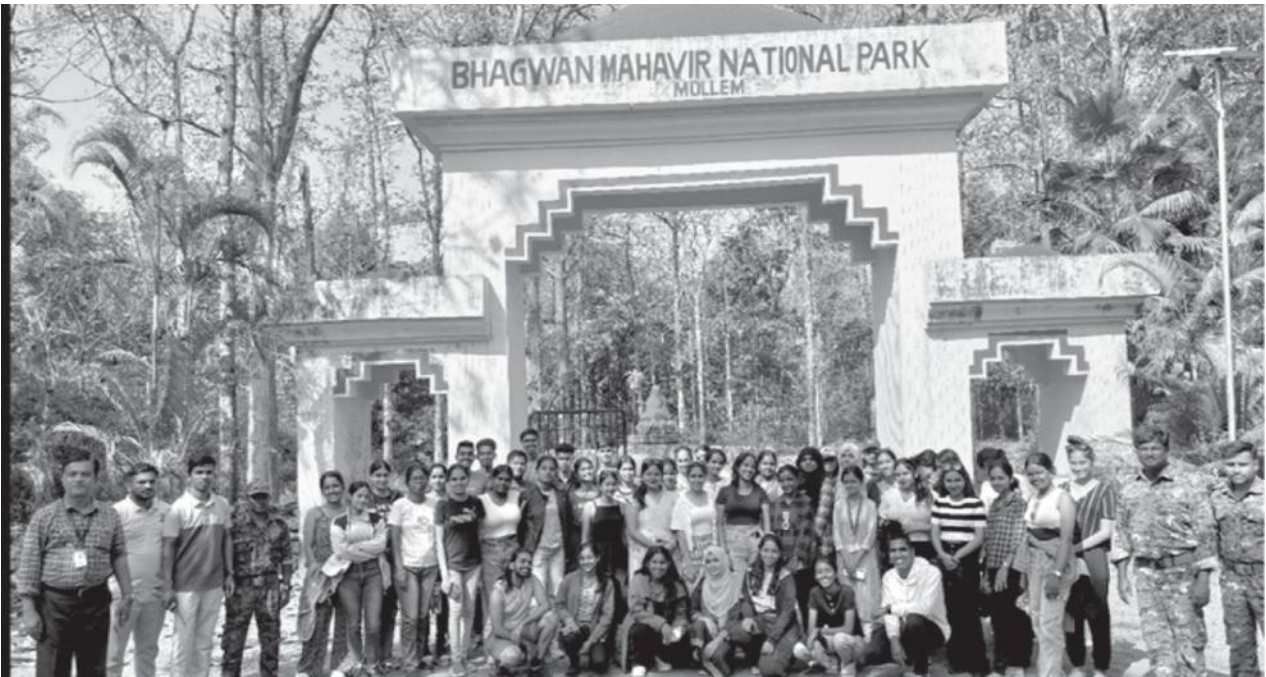


DEPARTMENT OF GEOGRAPHY

St. Xavier's College were Runners-Up at an all Goa Intercollegiate Event- Brahmand-2024 Organised by the Department of Geography Parsekar College of Education- Harmal, Goa on 16th March 2024



Runners-Up at an all Goa Intercollegiate Event- Brahmand-2024



Tourism Geography Students actively participated in a field trip in February 2024.

DEPARTMENT OF MATHEMATICS

National Mathematics Day 2023

The Department of Mathematics, St. Xavier's College, celebrated National Mathematics Day 2023 on 20th December 2023, commemorating the birth anniversary of the legendary mathematician Sir Srinivasa Ramanujan. A total of around 63 students attended the programme.

The objectives of the program were to

- Create awareness about National Mathematics Day
- Enhance critical and creative thinking skills among students.
- Develop the knowledge of students in mathematics and to spread the joy of learning and understanding mathematics.

In order to foster a love for mathematics, inspire students and highlight the importance of mathematics, the department of Mathematics along with the students of T.Y.B.Sc organised events such as the “Talk on Mathematics and Magic”, Quiz Competition and the skit on “Importance of Mathematics”. Dr. Kalpesh Haria, Assistant Professor, Department of Mathematics, IIT Goa was the resource person for the talk.

National Science Day 2024

On the occasion of National Science Day 2024 , the Science Departments of St. Xaviers College organised an Open Lab Day wherein students from various schools were invited to explore the Science Laboratories and Departments. The theme of the celebration was 'Science for a Sustainable Future'. The Department of Mathematics along with the students of FY BSc organised puzzle solving and card games for the students of the schools. The puzzles solved by the school students tested their basic logic and aptitude skills. The students of FY BSc also displayed the famous 21 card and 8 card trick which reveals the players selected card; teaching the mathematics involved in each trick. A skit competition was also held among the science departments of the college. Students of SY BSc put forth an excellent skit showcasing the development and highlighting the importance of mathematics right from the stone age era to the present day.



Mascot with the school students



SY BSc students performing

Coaching for GUART exam

Faculties from Department of Mathematics conducted sessions to train the students to face the Goa University entrance test GUART in the subject of mathematics in the month of February 2024.



BACHELOR OF BUSINESS ADMINISTRATION (BBA)

An **Orientation Program** was organised for the First Year students pursuing Self finance courses on Saturday, 29/07/23 at St. Xavier's College, in the Seminar Hall. The program aimed to acquaint new students with the college's facilities, rules, and cultural activities, ensuring a smooth and successful transition into their academic journey.

A session was held for the students of SYBBA and SYBBA (Travel and Tourism) on the topic “**Management of Personal Finances**” on 16 August 2023 from 9 AM to 1.00 p.m..The speaker, Marilyn Pinto is the founder of KFI Global, a company that offers financial programs tailored for teens and young adults, she is also the author of the book 'Smarter, Richer, Braver'. It was very informative session that helped the students understand how they can manage their finances well in the future.

On 24 August 2023 the SYBBA students visited **Goa Hospitality Expo**, a networking trade fair that helped students get an insiders perspective in the hospitality industry as well as practice networking and business development skills. The students were accompanied by Ms. Vanessa Furtado

On 26th August 2023, a two hour session on **Building Self Confidence** was organised for the BBA students. The speaker for the same was Dr. Fr. Ramiro Luis, a psychologist and faculty from the Psychology Department.

An **Interaction with Entrepreneurs** was organised on 31st August 2023 with Mr. Desmond Nazareth , a software developer, problem solver, entrepreneur and marketing guru par excellence. He inspired and motivated students with his journey from Silicon Valley to Shark Tank India. The session was very well received by the students.

Four students from Second and Third year, accompanied faculty Ms. Vanessa Furtado attended a one day seminar on **Fostering a Culture of Innovation and Entrepreneurship**, Organised By St Joseph Vaz College, Cortalim on 14th October 2023.

In collaboration with the Goechi Asmitai Cell, the students of BBA Sold Goan food items as part of the mini pop up that catered to students and faculty of college on 19th October 2023.

A **Session on Preparation for MBA Entrance Exams** was conducted for BBA Students on 30th November 2023. The session was facilitated by Mr. Malcolm Dias, Director, Time, Goa.

Our Faculty Mr. Vernon Desa attended a **One Day FDP on Teaching Pedagogy: A Case Study Method of Classroom Learning** organised by Goa Business School on 25th August 2023

Our Faculty Ms. Vanessa Furtado, in Collaboration with the Cell POISE, Facilitated two hands on workshops for students of Microbiology department and History department on the topic 'Resume Writing and Job Applications' to help them plan and apply for industry careers.

Our Faculty Ms. Vanessa Furtado Facilitated a session on **'Leadership and Social Skills'** for 40 students of Ganpat Parsekar college if education - Harmal. The workshop was organised by the college for their students council, class representatives and Club Representatives to help them with their leadership roles.

On 6th September 2023, the students of first year went on a day long **Photography Field Trip** to Fontainhas, Ribandar and Old Goa. Throughout the day the students had the opportunity to explore various places, enhance their practical knowledge through hands on work in architectural photography techniques.

The Third year students visited **Pilar Museum and Goa Chitra** as part of their course on Cultural Heritage of Goa on 1st December 2023. They obtained an overview of the Cultural History of Goa during the colonial era. The students were accompanied by Ms. Vanessa Furtado and Mr. Dominic

On 29th August 2023 BBA students won first place in inter-department Tug of War competition organised by the College

On 1st and 2nd December 2023 – Student of St. Xavier's proudly took part for **COSMOCRAT 9.0** held at Don Boscos College in Panjim Goa – Students of SYBBA and TYBBA participated in various events like – Catalyst Connect (Marketer) Runners up won by Diya Sardesai . Leaders Legacy (Best Manager) participated by Averill Fernandes , Workforce Alchemy (HR) participated by Andrea Barreto , Profit Plus (Finance) participated by Daniel David and lastly Prodigy Pitch (Best Entrepreneur) Runners Up - won by Charlaine Delilah Heredia.

On 19th & 20th January BBA Students won overall **Runners-up at Synergy 2024**, organised by Saraswat College, Mapusa . Shayon Mitra won 1st Place , Marketing Event, Brittany Mascarenhas won 1st place in Human Resource Management . Blazel Pinto won 3rd Place for best manager.

On 27th January 2024, BBA students won team work and Razil Shaikh and Charlaine Delilah won Runners up for Mystery round at **Conquest 3.0** organised by Srinivas Sinai Dempo College of Commerce and Economics.

The students of SYBBA visited the **Entrepreneurship Incubation Centre CIBA** at Assagao on 19th February 2024 from 2.30 to 4.30 pm for a field trip as part of their programme. A session on Government schemes available to young entrepreneurs and the Goa Start Up Scheme. The objective of the visit was to motivate and guide students to become job creators and not job seekers. The students were accompanied by Ms. Vanessa Furtado

On 29th February the students of BBA along with the HUB for Innovation , Incubation and Entrepreneurship organised and participated in **the Pop Up Bazaar 2024**. To encourage young student entrepreneurs to develop their business skills. The activity was facilitated by Ms. Vanessa Furtado and the team of BBA students.

Mock Interviews were organised for students of SYBBA as part of their Interview Facing Skills Course to give students a real world interview experience. Students were interviewed by an Industry expert Joyce Gracias Fernandes. The activity was facilitated by Ms. Vanessa Furtado

On 3rd April 2024, the FYBBA Class went for a field trip to visit the financial firm **Moneyscape**, where they attended a session by the founder, Mr. Sheldon Fernandes and Mr. Francis Xavier, from SBI. After this they visited an **Event Production Company** in Corlim called Kayden Events where they were briefed on event management and event production and got a tour of the factory. Overall the session was a wonderful learning experience. They were accompanied by Ms. Charmaine Dias and Mr. Vernon Desa.

DEPARTMENT OF PSYCHOLOGY

The Department of Psychology at St. Xavier's College, Mapusa, has consistently strived to provide holistic education that blends academic rigor with experiential learning. Over the past academic year, the department organized a variety of activities, workshops, and events aimed at enriching students' understanding of psychological concepts and promoting mental health awareness. These initiatives not only provided a platform for theoretical and practical learning but also emphasized the importance of empathy, community engagement, and the application of psychology in everyday life. This report highlights the diverse programs undertaken by the department, showcasing its commitment to academic excellence, social responsibility, and the overall development of students.

On August 24, 2023, our accomplished alumna, Ms. Carmisa Pereira, who recently completed her Master's studies in the UK in special education, delivered an inspirational orientation for TYBA students aspiring to pursue studies abroad. Organised by Fr. Ramiro Luis, the session provided practical insights into the challenges and triumphs of international education. Ms. Pereira's firsthand experiences and advice served as a valuable guide, fostering motivation and aspirations among the TYBA students.

On September 7, 2023, a talk on "Substance Abuse" was conducted at St. Xavier's College, Mapusa. The programme aimed to educate students about the dangers of substance abuse and promote a healthy and drug-free lifestyle. The event commenced with an opening address by Mr. Debojit Majumdar and was conducted by Ms. Elvira Pereira, Assistant Professor, Department of Psychology.

On September 8, 2023, the students of TYBA Psychology staged a play to commemorate World Suicide Prevention Day. The play emphasized the importance of seeking help during distress and highlighted the role of counselling services in promoting mental health. Coordinated by Professor Janet Fernandes and the College Counsellors, the program was attended by several students, with Miss Anuradha Kakodkar as the special guest.

On September 16, 2023, a significant talk on "Harassment at Workplaces" was organized by the Department of Psychology. Advocate and Notary Harsha Naik, the distinguished speaker, delivered an insightful session covering various aspects of workplace harassment. The event was coordinated by Ms. Elvira Pereira and Fr. Dr. Ramiro Luis.

On October 10, 2023, FYBA(SEC) Psychology students participated in a full-day mental health program organized by the South Goa District Hospital, Margao. The students presented a medley of dance, skit, slogan, poem, and a pledge to commemorate World Mental Health Day.

On October 12, 2023, the Department of Psychology organized an engaging activity led by Ms. Elvira Pereira, Assistant Professor. The activity, centered on guessing psychological disorders, aimed to deepen students' understanding of mental health conditions and destigmatize mental health issues.

On October 12, 2023, Dr. Eulalia Fernandes and five T.Y.B.A. Psychology Honours students participated in a state-level seminar on "World Mental Health Day: Mental Health is a Universal Human Right." The event was held at Sanskruti Bhavan, Panjim, and organized by the Government College of Arts, Science, and Commerce, Khandola, in collaboration with the Rotary Club of Panaji Mid-Town.

On October 17, 2023, TYBA Psychology students visited Central Jail, Colvale, under the coordination of Ms. Anuradha Kakodkar, Associate Professor. The visit offered students insights into the jail's reformatory role, changing their perspective on correctional institutions.

On November 27, 2023 the first interaction of the Bi-Annual Research Series was held, at the Department of Psychology. Faculty members analyzed a study from The Open Psychology Journal on workaholism and burnout among nurses. The event was led by Professor Janet Fernandes.

On February 9, 2024, the Department of Psychology organized a session titled "Counselling Interventions" for TYBA Psychology students. Coordinated by Dr. Eulalia Fernandes, the resource persons, Ms. Zaneta D'mello and Mr. Cipriano Fernandes, provided insights into counselling techniques such as the "Empty Chair Technique."

On February 27, 2024, the Department of Psychology hosted "My Product, My Service," an event for second-year students of the generic elective course. Organized by Fr. Dr. Ramiro Luis, the event showcased students' innovative brochures designed using psychological principles.

On March 3, 2024, a field trip for Environmental Psychology students was organized by Fr. Dr. Ramiro Luis in collaboration with the Centre for Responsible Tourism of GOA CARITAS. Students explored Verna village, appreciating its culture and natural beauty.

On March 9, 2024, students participated in a meditation session led by Fr. Ramiro Luis as part of the Stress Management class. The session focused on stress reduction techniques and mental clarity.

On March 18, 2024, the Department of Psychology organized the festival PSYNERGY, featuring various events such as quizzes, dances, and emotional artistry. The Principal, Professor Blanche Mascarenhas, emphasized the importance of applying theoretical knowledge in practical settings.

From May 18 to June 18, 2023, the Summer Internship Program at Kripa Foundation, Anjuna, was held. Coordinated by Ms. Elvira Pereira, the program provided 32 students with practical exposure to drug de-addiction procedures and rehabilitative activities.

Through a diverse range of activities, workshops, field trips, and engaging sessions, the department has successfully fostered a deeper understanding of psychological principles while instilling values of empathy, resilience, and critical thinking among its students. These initiatives have not only enriched the academic experience but also empowered students to apply their knowledge in meaningful ways, both within and beyond the classroom. As the department looks forward to the upcoming year, it remains steadfast in its mission to inspire, educate, and nurture students to become compassionate and competent contributors to society.

DEPARTMENT OF MICROBIOLOGY

'Micro-Conversations' Panel Discussion

As part of the Ruby Jubilee celebrations, the Department of Microbiology organized a panel discussion titled 'Micro Conversations' on the 9th of September 2023 wherein alumni of the Department were invited to share experiences of their journey from their student days to their current profession. The guest speakers Dr Dilecta D'Costa the Chief Guest, Dr Lakshangy Charya, Ms. Nina Figueiredo,



Ms. Cristabelle Lobo, Mr. Adarsh Shettigar, Ms. Natasha Barnes and Ms. Ana Pereira spoke about their success story and provided the students with guidance in their respective field. The participants, students of FY, SY and TY had first hand information of different careers from each of the panelists who were a team that comprised of diverse professions in microbiology namely professor, research guide, nutritionist, high school teacher, forensic scientist, researcher and laboratory technician. The discussion was moderated by Ms. Ruella D'Souza and Mr. Siddesh Menon.

'Animalcules 2023' Celebrating International Microorganism Day

An all Goa Inter School Microbiology Event 'Animalcules 2023' was organised to commemorate International Microorganism Day that is celebrated on 17th September every year. The competition was organized by the Department of Microbiology in collaboration with the Microbiologists Society, India on the 29th September 2023, under the aegis of DBT Star College Scheme. The event saw participation from 33 teams across the state. The objective was to generate awareness and scientific interest on the topic and to showcase their talent through healthy competition. There were 4 competitions - Spelling Bee, Quiz, Poster and Elocution. The students of St. Xavier's College, Goa presented a skit "What would the world be without Microbiology?" and a fashion show titled 'MicroGala – when microbes meet the fashion world'. to showcase the importance of Microbiology in every sphere of life and to unravel the beauty of the world of microbes. Additionally, on display were a number of models of cells types and an exhibition of microbes bacteria, fungi and algae as seen on plates and under the microscope. The winners of 'Animalcules 2023' were Green Meadows School, Nagoa, St. Britto's High School, Mapusa in second place and St. Francis Xavier High School, Siolim in third place. The competitions together with performances put up by our college students provided the participants an enjoyable experience of activity-based learning.



Winners of Animalcules 2023 – Green Meadows School, Nagoa

National-Level Seminar on 'Expanding the Horizons of Microbiology'

St. Xavier's College and the Microbiologists' Society, India (MBSI) organised a two-day National-Level Seminar cum MBSI meet on the theme 'Expanding the Horizons of Microbiology' in association with Government College of Arts, Science & Commerce, Khandola, Goa, P.E.S.'s R.S.N. College, Farmagudi, Goa, and St. Joseph Vaz College, Cortalim, Goa on 06th – 07th October, 2023 at St. Xavier's College, Goa. The aim of the event was to provide a robust platform for microbiologists to come together, discuss various aspects of microbiology, share research findings, deliberate on emerging trends, and explore entrepreneurship avenues in the field. The Seminar garnered the participation of over 150 attendees from various states across India including Goa, Maharashtra, Karnataka, Andhra Pradesh, Tamil Nadu, Telangana, and Delhi. The audience comprised students, researchers, faculty members, education professionals, eminent scientists, and industry experts, including officials from Encube Ethicals, and Himedia Laboratories, Ltd. Dr. N. Ramaiah, Scientist Emeritus, National Institute of Oceanography, Dona Paula, Goa was the Chief Guest and Keynote Speaker at the inaugural function. The Guests of Honour were Dr. Arvind Deshmukh, MBSI National President, and Mrs. Marina Monteiro, Ex. Vice Principal and Former Head of Microbiology, St. Xavier's College, Goa.

In his keynote address, Dr. Ramaiah illustrated a vivid portrayal of Microbiology as a million-dollar industry. Through interactive technical sessions, the seminar allowed deliberations from renowned scientists with profound experience. Prof. Savita Kerkar, Ex-Dean, School of Biological Sciences and Biotechnology, Goa University spoke on “Fascinating Organisms in Unlimited Marine Horizons”. Her session was a mesmerizing dive into the marine world and focused on novel marine microbial resources. Ms. Heena Momin, Assistant General Manager of Quality Control and Head of the Microbiology Section at Encube Ethicals Ltd. presented a session on “Bridging the Gap between Industry and Academia” which provided a detailed visual of advanced state-of-the-art technologies. Capt. Dr. Mahindra K. Ranjekar, Consultant and Rtd. Professor in Biology, delivered a captivating session on “Biofertilisers: Entrepreneurship Opportunities” and rendered thought-provoking insights to urge students to prioritise involvement in start-ups and innovative thinking. The MBSI meeting comprised engaging sessions on the National Education Policy and Entrepreneurship by Dr. Prashant Wakte and Dr. Girish Patade which led to extremely fruitful discussions. The participants presented their novel ideas and exciting research through vivid artistic posters and interactive scientific poster and oral presentations. The winners were awarded cash prizes, trophies, and merit certificates at a grand valedictory function at the hands of the Chief Guest, Mr. Sandip Jacques (IAS), an Alumnus of St. Xavier's College, Goa in the presence of the Administrator, Rev. Fr. Antonio Salema and the Principal, Prof. Blanche Mascarenhas of St. Xavier's College. The students of the four organising colleges also showcased Goa's rich and vibrant Indo-Portuguese culture through a spectacular cultural programme.

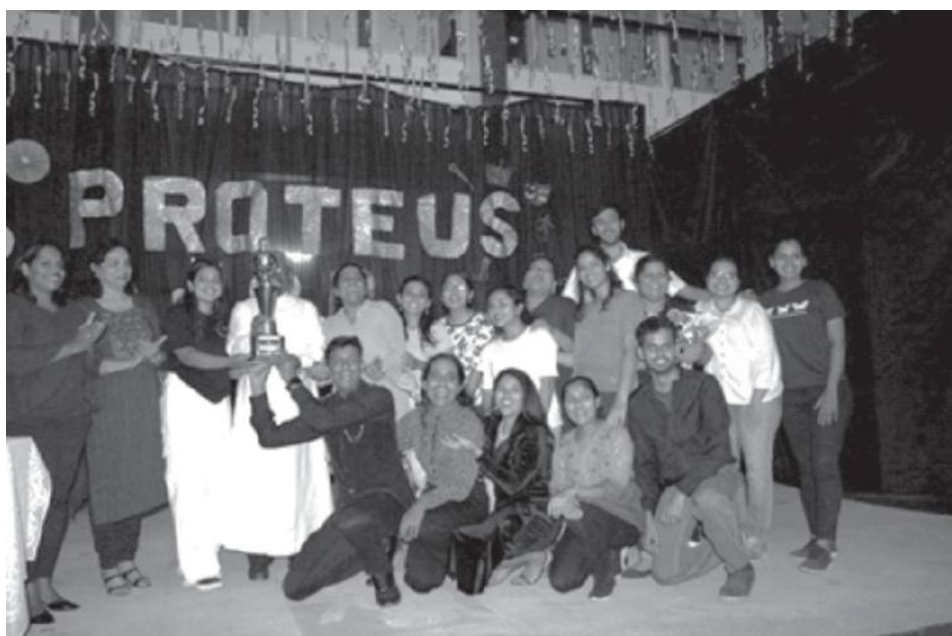


‘Proteus 2.0’ -Inter-collegiate Event in Life Sciences

On 6th and 7th March 2024, the Department of Microbiology, in collaboration with the Microbiologists Society India (MBSI) organised 'Proteus 2.0' - an all Goa Intercollegiate Event in Life Science, a sequel to the previous year's Proteus 1.0. The competitions at PROTEUS 2.0 were designed to provide students with a

platform to showcase their talents and skill together with applying their conceptual knowledge in the area of life sciences, whilst simultaneously making it a learning opportunity. Dr. Valerie Gonsalves and Ms. Sydelle Pereira were Faculty co-ordinator and Student co-ordinator of the event, respectively.

The event comprised of 16 competitions which were centralized around the theme of Life Science. The event saw onstage competitions like MicroVocal - singing competition, Dancillix – dance competition, MicroGala- fashion show and Microtank -marketing of life-science inspired products, as well as off-stage events like Enigma- quiz, MicroRang- rangoli, The Culinary Clash and Mr. and Ms. Proteus along with events like Microbial Quest- treasure hunt and Kick-off – tie breaker. A total of 103 students from various colleges across Goa put forth their best in this two-day event and stood toe to toe with their competitors in a spirit of friendly yet serious participation to take home the dazzling Trophy. Nirmala Institute of Education, Altinho, Panaji, Goa emerged the clear victors of Proteus 2.0.



Winner Proteus 2.0
Nirmala Institute of Education, Altinho, Panaji, Goa

Five Day National Level Workshop in collaboration with WRIC, Mumbai and DHE Goa

The Department of Microbiology, St. Xavier's College, organized a five-day National Level Workshop on 'Operation and Maintenance of Laboratory equipment', in collaboration with the Western Regional Instrumentation Centre (WRIC), Mumbai. The program was supported by the Directorate of Higher Education, Government of Goa. The objective of the workshop was to equip participants with practical skills and comprehensive training in the calibration,

A total of 40 participants including faculty members, researcher scholars, laboratory assistants and laboratory attendants from various colleges in Goa and Hyderabad participated in the workshop. The training comprised of technical hands-on sessions interspersed with lectures that were conducted by Mr. N.N. Rao

and his team of 8 members, each expert in their own field. The topics covered were 'Basic Electronic Components', 'Power supply', 'Signal Generator', Cathode Ray Oscilloscope (CRO), working and maintenance of pH meters, spectrophotometers, colorimeters and microscopes. During the workshop unused instruments requiring minor repairs were serviced at no additional cost. The participants were awarded certificates at the valedictory session.



DEPARTMENT OF ECONOMICS

Poster Competition- 'The Indian Economy @ 77'

The Department of Economics organized a poster competition to mark the 77th year of India's Independence. The competition organized on 21st August 2023, was on the topic 'The Indian Economy @ 77'. Sixteen teams comprising of 2 students each, took part in the competition. The competition was organised by Ms. Ana Andrade e Souza, Asst. Prof. Dept. of Economics.



Donation Drive

On the occasion of World Literacy Day, the Department of Economics organised a Donation Drive from 5th to 8th September 2023. Various stationary related items were received and later handed over to the Prison Ministry and Caritas. The donation drive was organised by Ms. Ana Andrade e Souza, Asst. Prof. Dept. of Economics.

3. RESEARCH COFFEE SERIES

1. THE UNION BUDGET 2023 – AN ANALYSIS

As a part of the Research Coffee Series, various students from SYBA conducted research studies on various topics and presented the same in their classroom. Mr. Ruzario Sequeria and Mr. Om Samant, both from SYBA spoke on the topic 'The Union Budget 2023- An Analysis', on 30th August 2023.



1. The Rise and Fall of Hippo'

Ms. Christiana De Melo and Ms. Naomi Fernandes, both from SYBA presented on the topic 'The Rise and Fall of Hippo' on the 25th of September 2023. Hippo is a product of Parle Agro which is led by Mr. Ramesh Chauhan. They proceeded to explain the marketing strategies used by Parle Agro to promote Hippo which was through campaigns like the 'Plan-T' campaign.



3. STOCK MARKET TRADING

A Research Coffee Series Lecture was conducted for the students of TY B.Com D on the 19/10/23. The Session was designed to bring together passionate individuals who were eager to delve into the stock markets. Throughout the session the speakers aimed at exploring various areas of the stock market and inspired insightful discussion through a demo of trading which broadened the understanding and perspective of the audience.

4. AARISH- NATURAL PRODUCTS FOR A HEALTHY LIFE

Ms. Aanchal Parwar and Ms. Rishwa Divker from Syba, on the 8th of Jan 2024, began their presentation by explaining the Vision and Mission of their venture. AARISH natural products are made up of 100 percent natural ingredients without the use of any artificial chemical products. The students explained the procedure of making two products- Lip balm and Hair oil..

2. NATIONAL EDUCATION POLICY

Ms. Devyani Kudnekar and Ms. Rudraksha Raul both from SYBA delivered a comprehensive presentation on the New National Education Policy on February 12, 2024. The presentation aimed to elucidate the key

features, implications, and conclusions of the NEP. Devyani Kudnekar and Rudraksha Raul emphasized the need for collaboration among policymakers, educators, parents, and students to realize the vision outlined in the NEP.

DEPARTMENT OF ELECTRONICS

One-Day State Level Workshop on N.E.P. 2020 Syllabus

One-Day State Level Workshop on N.E.P. 2020 Syllabus was held at St. Xaviers College, Mapusa on 7th December, 2023 in the Electronics department. The colleges attending the workshop were Goa University, DM's College, Assagao, Government College, Khandola.. Senior Professor Rajendra Gad welcomed and addressed the gathering by briefing about the NEP structure and the agenda for the workshop. After the discussion, suggestions were made to consider Analog Fundamentals EDA instead of Digital Fundamentals EDA in this academic year i.e. 2023-2024. Analog and Digital Fundamentals EDA tools papers were suggested to be merged next academic year.



One-Day State Level Workshop on N.E.P. 2020 Syllabus

Mascot and Electronics Exhibition

The Department of Electronics under DBT held a Mascot and Electronics exhibition on Science Day on 28th February, 2024. The venue for the event was in the Electronics laboratories. The resource persons for the same were, Mrs. Vilma Fernandes, Mr. Daryl Gonsalves, Dr. Caje Pinto and Ms. Sneha Talekar. The circuits for the exhibition were demonstrated by our students of TYBSc and SYBSc Electronics. The objective of the event was to demonstrate the working principles of Electronic circuits. The various exhibits demonstrated were, RFID based visitor counter, Electronic dice, Intruder alarm, Rain detector, PC Assembling, LED chaser. A quiz was also conducted for the students of the various high schools. The participants understood the basic concepts and technical aspects of the working of the electronic circuits. The mascot the department represented was a Robot. The student who represented the Mascot for the department was Mr. Shanik Fernandes of SYBSc Electronics and the Teacher coordinator was Ms. Sneha Talekar

Science Day on 1st March 2024.

A skit competition was also held on 1st March 2024 on the occasion of Science Day in the College.

REPORT OF CLUBS, CELLS & ASSOCIATIONS

COMMUNITY CARE AND OUTREACH CELL

Dr. (Fr.) Luis Gomes

Mr. Frazer Taylor

Ms. Wendy Martins

Ms. Joslyn D'Souza

Ms. Mamta Prabhu Goankar

The aim of the Community Care and Outreach Cell of St. Xavier's College is – To educate, inspire, uplift and support the community in four broad areas namely education, psycho-social interventions, health care and skill development. The Cell conducted workshops on 'Career Guidance' at St. Francis Xavier High School, Mapusa, St. Anthony's High School, Guirim and St. Theresa's High School, Candolim where, students were exposed to many occupations. Career Guidance Programmes were also held for the students of class XII at St. Xavier's Higher Secondary School, Mapusa and St. Theresa's Higher Secondary School, Candolim.

In collaboration with Assagao Parish Youth, Community Care and Outreach Cell hosted REBOUND 3.0 - an inter-Parish Youth Sports Event that went beyond competition to celebration, camaraderie and fellowship.



Rebound 3.0

The college marked a significant milestone with the release of a book titled *Bhoktivont Paulam*- the Stations of the Cross. This book offers a renewed perspective on the timeless journey of faith. The Community Care and Outreach Cell organized a series of tiatr shows titled *Girannacross* various parishes of North Goa. The Tiatr showcased creative talents of the students at St. Xavier's College and also addressed important social issues.

A two-day workshop on Innovating Teaching Methods was organized by the Konkani Department in collaboration with KBM, Directorate of Official Language (Goa) and S.C.E.R.T. The workshop focused on innovating teaching methods, creativity in education through stories, dramas, painting and animation. The two-day workshop proved to be a significant contribution to the professional development of government primary and secondary teachers in North Goa. The event not only enriched the pedagogical skills of the participants but also strengthened the bonds between educational institutions and organizations dedicated to community outreach and language preservation.

CELL FOR PERSONS WITH DISABILITIES

Dr. Fr. Luis Gomes (Convenor)

Mr. Dinesh Nirawdekar

Dr. Kshipra Vora

Dr. Jervino Zen Lobo

Ms. Freeda Tavares

Ms. Zarina Chowdary

Throughout the academic year 2023-2024, St. Xavier's College, Mapusa actively engaged in initiatives aimed at raising awareness about disability rights, fostering inclusivity, and promoting active participation in events celebrating diversity and empowerment.

Session on Cell for Persons with Disabilities (PWD): A session was conducted on 21st July 2023 by Dr. Fr. Luis Gomes, Convenor of the Cell for Persons with Disabilities. Faculty members were briefed on the various types of disabilities recognized under The Rights of Persons with Disabilities Act 2016. Emphasis was placed on inclusivity, faculty roles in awareness creation, and the documentation process for PWD students.

Mentoring Session on Awareness of Persons with Disabilities: On 12th December 2023, mentors conducted a session focusing on awareness of disabilities. Students were educated on effective communication, enrollment in the PWD Cell, and supportive behavior. The session aimed to foster empathy and understanding among students, creating a more inclusive environment within the college.

Participation in Purple Fest 2024: St. Xavier's College actively participated in the International Purple Fest Goa 2024 held from 8th to 13th January 2024. Principal Prof. Blanche Mascarenhas participated in sessions highlighting real-life experiences of persons with disabilities. Teachers were deputed to sessions on inclusive education and the latest technologies for PWDs. Student volunteers engaged in various activities, experiencing firsthand the celebration of inclusivity and empowerment.



Purple Fest

CELL FOR VISUAL ART

Mr. Dinesh Nirawdekar (Convenor)

Ms. Alethra Viera

Ms. Edwina Pereira

Mr. Lisvan Rodrigues

Elected Office Bearers

President: Lygia D'souza, FYBSc

Secretary: Ridaa Shah FYBA

Treasurer: Yuvraj Seth, SYBA

The Cell for Visual Art has as its objective, to provide a platform to express creativity and talent through visual representation. Various activities were performed throughout the year including: Goa Forest Department and Cinephile Film Club screened two captivating documentaries: "Looking for Sultan" and "Snakes SOS: Goa's Wildest".

The event began with a short film on the Mhadei River, highlighting the ecological challenges it faces. Directors Gautam Pandey and Doel Trivedy were introduced by the Goa Forest Department, setting the stage for an engaging evening. *Snakes SOS: Goa's Wildest* was the first documentary showcased, drawing viewers into the lives of Benhail Antao and Louise Remedios, dedicated snake rescuers in Goa. Their work, which is now accessible in episodes on Disney Hotstar, brought attention to the critical yet often overlooked task of protecting Goa's snake population.

The second feature, *Looking for Sultan*, chronicled the journey of Sultan, a young tiger in Ranthambore, and the mysterious circumstances surrounding his disappearance. Filmmakers Mike and Gautam Pandey documented Sultan's life from cubhood and pursued answers to his vanishing. The film not only underscores the dangers tigers face outside protected zones—such as threats from poachers and local farmers—but also serves as a passionate call for the conservation of tigers and forests. Gautam Pandey, speaking after the film, emphasized the urgency of these conservation efforts. Together, these films provided attendees with a deeper appreciation of Goa's wildlife and a renewed sense of duty toward conservation efforts.

The Cell for Visual Arts at St. Xavier's College organized a memorable field trip for its students on October 23, 2023, featuring visits to the Pilar Museum and the Salaulim Botanical Garden. The journey began at the Pilar Museum, home to an impressive array of historical artifacts. The exhibits included a variety of international stamps and currencies, as well as an ancient map of Goa crafted by the Dutchman Linschottem. Students admired an exceptional collection of paintings and statues, each telling a unique story of Goa's rich heritage. A highlight of the museum visit was the nearby chapel, where students marveled at a glass painting of Mother Mary—its delicate artistry adding to the chapel's serene atmosphere. The morning was filled with exploration, providing students with an inspiring encounter with art and history.

By midday, the group travelled to the Salaulim Botanical Garden, a scenic journey of about an hour and a half. Upon arrival, they were welcomed by a vibrant array of plants and flowers, with blooms of every conceivable colour adorning the landscape.

The field trip was a delightful experience, deepening students' appreciation of art, culture, and nature in an engaging and educational setting.

The Cell for Visual Arts participated in a Short Video/Reel making and wealth out of waste competition organized by Goa College of Art, Althinho, Panjim on 23rd of January 2024. The theme for the video was 'Power of Vote' and 'Election' for 'Wealth Out Of Waste'. The students made an innovative video to depict the theme and later uploaded their entry on Instagram handle of the organizing college as per the competition rules. The art piece created for 'Wealth Out Of Waste' was personally handed over to Ma'am Maria Ferreira.

The Cell for Visual Arts, organized a captivating photowalk at Se Cathedral, Old Goa, on January 25, 2024. The event commenced at 4:00 p.m., drawing participants from various backgrounds to explore the cultural and architectural heritage of Old Goa through photography. Yuvraj Seth emerged as the winner, while Abel secured the second position, showcasing their photography skills amidst the historical landmarks of Old Goa. The photowalk covered iconic sites such as Se Cathedral, Divar Ferry, St. Cajetan's Church, and monastery ruins, providing participants with ample opportunities to capture the essence of the region's heritage.

GOENCHI ASMITAI CELL

Dr. Sharmila Pais
Ms. Anuradha Kakodkar
Mr. Nitin Volvoikar
Ms. Kimberly Barros
Mr. Vibhav Naik

Goa is home to vibrant cultural groups that exist in harmony with nature, and they play an important role in preserving local traditions. The *Goenchi Asmitai* Cell of St. Xavaier's College strives to promote and sensitise students on the traditional artistic manifestations of Goa including folklore, local crafts, literature and music. It also aims to build a secular attitude towards the multicultural heritage of Goa and preserve its unique identity.

Goenchi Asmitai Divas

In view of the above, the *Goenchi Asmitai* Cell conducted on 17 October 2023, several activities, connecting students and faculty with the cherished age-old traditions of the state. The event commenced with the playing of the *alvorada*, the traditional brass band music that heralded a joyful occasion in the Goan village in the days of yore.

Students from FY, Yash Salgoankar, Ayush Narvenkar and Ayush Chimulkar enacted the roles of Dr. Jack de Siqueira, Shri Purshottam Kakodkar and **Dr. Alvaro Furtado**. The spectators were reminded of the sacrifices of these Goan nationalists as well as others who strived tirelessly to preserve the unique status of the Union Territory in 1967.

Some spaces in the college campus was demarcated to recreate the traditional Goan village life of the bygone era. It was a reminder of the past heritage, and the evolving culture of Goa in contemporary times. Stalls on diverse food of Goa was a gourmet's delight and served as one of highlights of the event. Students of the institution were encouraged to use locally available ingredients in food preparation and made conscious that food that is locally grown is more nutritious. A beautiful display of home-cooked and traditional Goan recipes made the 'Asmitai Day' unique. Food served in earthenware captured nostalgic memories of the past. Organic farm produce such as the bananas, jackfruits, coconuts, cashews and nuts, along with fragrant flowers educated the youth on the significance of organic farming. The colonial influence on the gastronomic culture of Goa was exhibited through the display and sale of the *bebinca*, *pão com chouriço*, *batica* and other aromatic lip-smacking delicacies by students of FYBA and SYBA. Likewise, the event was a heaven of local delicacies that included *samarachikodi*, *sanna*, *chana ros*, *alle belle*, *raagisatva* and so on. The traditional Hindu cuisine on display was another attraction of the event. The audience was mesmerised with the musical skills of students who regaled the audience with melodious Konkani music. The ambience of the Goan comunidade system was recreated by students of TYBA by enacting the role of various service providers of the village which was beautifully relived on the college campus through various performances by students. The FYBSc students exhibited several varieties of plants of medicinal value to popularise the benefits of the traditional healthcare system of Goa. Some cash crops of Goa were also on display. Goan culture is incredibly rich in music and dance. The skilful young performers of St. Xavier's College delighted the spectators with their flexible moves. Folk and Indo-Portuguese dances rescripted narratives of the vibrant culture of the State of Goa

Participation in the Ghumat Aarti Competition

Members of the Goenchi Asmitai Cell participated in the Ghumat Gandhorganised by Gomatak Samaj in collaboration by S.S. Dempo College, Cujjira. Ms. Riddhi Shetgaonkar from SYBSc won the Best Singer in the individual prize category.

Indigenous Food display

In January 2024, the students of FYBA organized a small exhibition highlighting the rich diversity of local Goan food. This event was designed to educate students about the unique flavors and ingredients of the region, offering them an opportunity to experience the culinary heritage of Goa. The exhibition featured a variety of local delicacies, meticulously prepared by students eager to showcase the essence of Goan cuisine.

ELECTORAL CLUB

Convenor: Mr. Mahesh Nair, Dept. of Chemistry
President: Mr. Bhikaji Gawde- FYBSc
Secretary: Ms. Kashish Mandrekar-FYBA
Treasurer: Ms. Steffi Ferrao-FYBCom

The Electoral Club of St. Xavier's College, Mapusa Goa was formed in the month of December 2023 as per the directives of the Directorate of Higher Education (DHE) Circular dated 27/11/2023. The Club was tasked with organising activities aimed at fostering awareness and encouraging student participation in the

upcoming Lok Sabha Elections 2024. The following activities were conducted by the members of the club for the academic year 2023-24:

1. Street Play-On 10th and 12th January 2024 in the college campus. The street plays creatively presented messages on the importance of and need to, participate in the democratic process of elections. Useful information about how to apply for a voter card and enrol in the voters list was also delivered creatively.
 2. Debate- On the theme '*Should the right to vote be mandatory?*' was organised on 13th January 2024. A total of eight students registered for the competition. Students were placed into two teams 'For' and 'Against'. Each participant was given three minutes each to make opening remarks. This was followed by cross examination and rebuttal.
 3. Elocution- On the theme '*If I could revamp our electoral arena, what would I change and why...*' was organised on 13th January 2024. A total of ten students registered for the competition. Each participant was given between three to five minutes each to present their thoughts.
 4. Poster competition- On the theme '*Elections: Shaping our future*' was organised on 15th January 2024. The posters prepared by participants were displayed in the college lobby from 15th-18th January 2024. A total of twenty-one students registered for the competition. Poster prepared focused on promoting awareness about the importance of elections, democracy, voting rights, civic responsibilities, etc. Posters were judged on creativity and originality, relevance to the theme, visual impact and overall message and clarity.
 5. Rangoli competition- On the theme '*Celebrating Elections Through Rangoli Art*' was organised in the college lobby on 15th January 2024. A total of five students registered for the competition. Traditional materials such as coloured powders, flowers, rice grains, or other natural elements were used by students. Judging criteria were creativity and originality, adherence to theme, skill and technique and overall presentation.
 6. National Voter's Day- 25th January 2024 is celebrated as the National Voters Day in India. To mark the occasion the Voters Pledge was read over the college intercom system at approximately 10:25 am by Ms. Steffi Ferrao (FYBCom), Treasurer of the Electoral Literacy Club of St. Xavier's college. In the announcement the significance of the day was explained following which all were asked to stand and recite the Voter's pledge.
 7. Interactive session for first time student voters – An expert talk for student voters, especially first-time voters, was conducted on 6th March 2024 in the college campus. The resource person Dr Caji Pinto, Master Trainer, Goa State Election Commission enlightened student voters about the procedures involved inside the polling booth which would enable them to effectively cast their ballot. The session was well attended with approximately 70 student participants.
 8. Selfie Point-A selfie point was created and placed at the venue of 'PROTEUS 2.0', an intercollegiate competition organised by the Department of Microbiology, St. Xavier's College on 6th and 7th March 2024. Students of various participating colleges were encouraged to take a selfie or group picture at the selfie point and share on social media with hashtag #IVoteForSure and #ChunavKaParvDeshKaGarv
 9. Reel on College Instagram account- A reel was made and circulated on the college Instagram handle and tagged with hashtag #IVoteForSure and #ChunavKaParvDeshKaGarv
- In addition, student members of the club and Campus Ambassadors of the college have accompanied the faculty in charge Mr. Mahesh Nair to attend different meetings and workshops organised by the office of the Directorate of Higher Education, Govt. of Goa for said purposes.

CELL FOR MENTORING PROGRAMME

Ms. Swizel Alphonso (Convenor)

Ms. Alia Agha

Ms. Ana Olimpia Andrade e Souza

Ms. Shivta Mayekar

Mr. Worrel Dsouza

Ms. Vinita Agarwadekar

Mr. Manoj Salgaonkar

Dr. Andrew Dsouza

Ms. Shirlene Palha

Dr. Vrunda Kelkar

Ms. Kimberly Barros

The Mentoring sessions aim to create a suitable environment at the college to enable fruitful interactions between students and Teachers. The college's Mentor-Mentee program strives to foster a supportive atmosphere among students on campus. Each student is placed under the guidance of a designated faculty member who serves as a mentor, providing support in academic, extracurricular, and personal growth areas, thus enhancing the overall college experience for students. The Cell for Mentoring programme of the college organises a number of mentor-mentee interaction sessions throughout the academic year, covering various topics. These sessions aim to promote valuable exchanges between students and their mentors, fostering a productive learning environment.

The first Mentoring session was held on 29th August 2023 on the Theme “Rules and Regulations of the College and Overcoming Ragging on Campus”. The session was divided into two broad sections: Firstly, the Mentors conducted an Introductory Session and discussed the role of Mentoring. Further, the mentor-Teacher referred to Rules and regulations on Handbook Pg 26 and 27 and the teacher focused on key discipline areas such as college timings, dress code, examination rules, use of mobile phones etc. Secondly, the mentors addressed the issue of Ragging on Campus and highlighted the effects of ragging, rules and regulations on curbing the menace of ragging. The students were also informed about the Anti-Ragging Committee and the Anti-Ragging Squad present on campus and requested students to contact the members of these committees in order to report cases of Ragging on Campus.

The Second session was held on 17th October 2023 on the topic “Time Management: Preparation for Semester End Exams”. With the exams approaching and students preparing themselves to answer their semester-end exams, this session aimed to help students navigate through this period by strategically dedicating time to study and rest. At the beginning of the session, the mentors conducted a small classroom activity where students were asked to evaluate the 24 hours of the day and write down how many hours they dedicate towards various tasks such as sleep, work/college, social media, hobbies etc. In the course of this activity, students were able to identify how much time they spent on productive and unproductive tasks. Further, the mentor, suggested a few time management tips such as defining prioritized tasks, creating a schedule, avoiding procrastination & distraction, dedicating time for exercise and sleep etc. Finally, mentors stressed on the need to find out each person's productive time zone and emphasized that students can dedicate time during their productive time zone to gain maximum results.

The Third session was held on the theme “Rights of Persons with Disabilities” on 12th December 2023. This session was held in collaboration with the Cell for Persons with Disabilities (PwDs). The students were enlightened on the five types of Disabilities as per the Rights of Persons with Disabilities Act 2016 which were as follows: (i) Physical disabilities (Locomotor, visual, Hearing, speech disability), (ii) Intellectual Disability (specific-dyslexia, autism) (iii) Mental Illness (iv) Disability caused due to neurological conditions or blood disorders (v) Multiple Disabilities. Further, the students were sensitized on how to speak to persons with Disability with empathy and ways in which they can be supportive towards them on campus as well as in public.

The Fourth Mentoring session was held on 27th February 2024 on the topic “Good Manners and Understanding the Art of Netiquettes”. In the world of social media, where interactions in the virtual space define the personality of a person, understanding good behavior on the internet is very crucial. The session began with mentors discussing the area- Ten Commandments on Good Manners; which summarized good manners that a person should portray in society. Some of these include: Being Yourself, saying Thank You, Not be Boastful, listening before speaking, Interacting with kindness & caution etc. With regards to understanding Netiquettes, the session focused on rules adapted from “*Virginia Shea's :The Core Rules of Netiquette*”. *These rules include: Remember the Human, adhere to standards online as one would follow in real life, respect other people's time & bandwidth, respect people's privacy etc.*

The Fifth Session was on the theme “Awareness on Anti-ragging and Understanding the Power of Empathy”. In the first part of the session, mentors were requested to sensitize students on Anti-Ragging and students were asked to fill the Anti-Ragging Undertaking present on the college website. This activity was an initiative of the Anti-Ragging Committee of the college. Further, the students were drawn toward understanding the power of Empathy. Empathy is the ability to understand and share the feelings, emotions and perspectives of others. It involves putting yourself in someone else's shoes and seeing the world from their point of view. Further, comparing it with sympathy which means to feel sorry for someone's situation or offer pity; empathy covers a broader spectrum where one shares the feeling and emotions of another person on a deeper level. Finally students were urged to cultivate empathy in their behaviour by active listening, respecting differences, showing kindness and compassion etc.

PLACEMENT CELL

Convenor: Dr. Yasmin Z. Shaikh
Co-Convenor: Ms. Ruella D'souza
Members: Dr. Prema Rocha
Ms. Naila Pereira
Ms. Aquila Afonso
Ms. Sandra Fernandes

Campus placement was conducted and received an overwhelming response from the students from various streams. Various companies like Ethernet Express, Accelya, TCS, Onourem, Aquis, routinely approach the college with Placement and Internship offers for trainee and contract positions in their establishments and the

same was posted via digital media to current and ex- student groups. For the current academic year from **June 2023 to May 2024** various companies had approached the institution with vacancies for students. Internshala and SkillAcademy opportunities were circulated in student groups in an endeavor to provide students with opportunities and avenues to improve their skillsets and knowledge base.

a) Vedanta

Vedanta is a \$30bn revenue and \$10bn in profit organization in Oil & Gas, Renewable energy, display glass, semiconductor, mining and smelting industry. Vedanta's rapid growth and diversification over the last few years has provided significant growth opportunities and they invited applications for Graduate Trainees from B.Sc. in August 2023. 5 candidates were selected for the online test. The HR department offered trainee positions to 2 students, Aditya Mishra and Somnath Nandagadkar. While Mr Somnath has chosen to pursue further studies and declined the offer, Mr Aditya Mishra (BSc) joined the company in September 2023.

b) WHN Next (Weddings de Goa)

On the 8th of September 2023, a Campus Placement Drive was held for WHN Next (Weddings de Goa). Out of the 19 applications received, 09 candidates were interviewed by the 3 member interview team comprising of Ms. Nikita Barreto (Lead Tech Integrator), Mr. Ramsey Fernandes (Operations Manager) and Mr. Malcom Dcruz (Technical Manager) of WHN Next. They selected candidates for the relevant positions. The drive was co-ordinated by Ms Aquilla Afonso and the candidates began working from 25th September 2023 and are flourishing in their roles.

INTERNSHALA

St. Xavier's College has secured All India Rank 58 among 2000 colleges participating in Internshala Annual Rankings for the year 2023. Their efforts helped the students find internships throughout the year. The college received a Certificate of appreciation and State Level Ranking for Internship day 2023.



Trainings & Workshops

Weekly and fortnightly Trainings and Skill development online workshops have been conducted by Skill Academy by Testbook. Directorate of Higher Education conducted workshops and training programs both for students and Training Internship and Placement officers of colleges which were attended by Placement cell members Google meet and in person sessions by My Canada and Testler, Satkaam, Ingenious Faces, IBM, etc.

A) A session on Cyber Security was held via Google meet platform for students of Computer science and Electronics. The event was conducted by Ms Nidhi Bansal and Mr Ritesh Mittal and organized by REACHA and GHSEC on Wednesday 18th October 2023 at 11:45 a.m. the session was attended by more than 30 students.

PM Apprenticeship Scheme

Students of the college were invited to apply for the PM Apprenticeship Scheme by DHE and appointed as Trainees in various departments of the Government of Goa for 1 year on a stipend of Rs 13,000/- per month. 3 students were selected:

Mr. Roger Diogo Desouza (BCom)—HR Executive

Ms. Samiksha ShivanandHarmalkar—Accounts Executive

Ms. Urvashi Umaesh Talgaonkar—Accounts Executive

Session on “Resume Writing and Facing Interviews”

The Placement Cell also conducted a Pre-Placement Session on the 30th of March 2024 at 12:45 pm for final year students (UG and PG), focusing on the topic “Resume Writing and Facing Interviews”. The aim of this session was to equip students with the necessary skills and knowledge to excel in their upcoming interviews. The resource person for the session was Mr. Rommel Pinheiro, Assistant Professor in the BBA(T&T) Department. He spoke on the difference between a Curriculum Vitae (CV) and a Resume and then proceeded to educate the students on the primary rules and strategies of drafting a resume as a fresher, providing examples and highlighting what content to include or avoid. Additionally, he informed the students about what the industry looks for in potential candidates and how students can align themselves with industry requirements. Furthermore, he emphasized the importance of researching a company before attending an interview and provided insights on handling Applicant Tracking Systems (ATS). Pinheiro explained the significance of interviews, gave a few pre-interview preparation tips, and rules to follow during an interview; he also briefly touched on the types of questions typically asked, and how to respond effectively. He concluded the session by addressing the students' queries.

Campus Placement Drive

The Cell held a Campus Placement Drive on 4th April 2024 for Final year (UG and PG) students of 2024. The Placement Drive endeavoured to provide a platform for interested students to showcase their skills and secure promising job offers from leading companies. 17 Companies participated in the event including EssaeTerraoka, Metallica, 91HR, Propertypistol.com. Frontline Managed Services, Delhivery, Fifteen73, Entraine Business Services, Estellar Academy, Make it Happen, Open Destination, IWS Finserve, Soul Travelling, Browntape Technologies, Goa Glass Fibre and Reliance General Insurance. 73 final year under-

graduate and post graduate finalists across Arts, Science and Commerce had the opportunity to attend the preliminary and even two rounds of interviews for selection and placement.



Campus Placement Drive – Participants

Pop-up Bazaar 2.0

The Hub for Innovation, incubation and Entrepreneurship of St. Xavier's College, Mapusa-Goa organised Pop-Up Bazaar 2.0 on 29th February 2024 at the college campus.

This hugely popular event aimed to encourage entrepreneurship skills among the students. Students from the entire college were motivated to participate and put on sale their art and crafts items along with food and beverages, showcasing their creative and entrepreneurial skills. A live band composed of talented student musicians of the college was in performance throughout the bazaar timings.

The student vendors witnessed an encouraging response, with many stalls being 'sold out' by the end of the day. The activity helped spread awareness as well as introduced students and staff of the college to a wide variety of foods, drinks, and other handmade products and their importance. Some students received enquiries for bulk orders and future orders.

Ms. Flavia Travasso coordinated the activity along with Ms. Jacqueline Monteiro, Ms Vanessa Furtado, Ms. Kimberly Barros and Mr. Sujay Rane.

CELL FOR PROMOTING INDIAN CULTURE AND DIVERSITY

- Convenor: Dr. Magdalene Desouza
Co-convenor: Mr. Manoj D. Salgaonkar
Ms. Zarina Chawdari
President: Ms. Namashri Parab (TYBA)
Vice President: Ms. Samrudhi Yende(TYBSc)
Secretary: Mr. Advait Karpe (TYBCom)

Joint Secretary: Ms. Disha Kalangutkar (SYBCom)
Treasurer: Juhi Kamat (SYBSc)

St. Xavier's College Inaugural was held on 1st July 2023, to commemorate the new academic year 2023-2024. On the occasion the members of the Cell for Promoting Indian Culture and Diversity (Bhartiya Sanskruti Manch) performed a prayer dance to grace the occasion. Total four volunteers from across the stream were part of the performance, which was appreciated by the audience. The inaugural was a great success.

An Indian Folk Dance Competition was organised on 12th October 2023. The competition was held in the College Seminar Hall from 2.00 p.m onwards, there were total 6 teams depicting different states like Goa, Maharashtra, Gujrat, Rajasthan etc. All the teams very beautifully showcased their talent. The Judges for the competition were Dr. Ramita Gaurav, Dr, Vrunda Kerkar and Ms. Veena. The winning teams included 1st Place Goan Fugdi, 2nd Place Maharashtra Lavni, 3rd Place Rajasthan Dance.



Winners of Indian Folk Dance Competition

GLOBAL VILLAGE CELL

Convenor: Dr. Marielou Ferrao
Mr. Herwin Furtado
Ms. Munira Ursula de Souza
Mr. Salim Gaded
Mr. Rommel Pinheiro
Student President: Mr Jayden Bravo da Costa

On the 21st of March 2024, Global Village Cell in collaboration with Cell for Women and Children Welfare, Fundação Oriente and Camões Centro de Língua Portuguesa organized a '**Portuguese Day**' celebration on campus, an inter school and collegiate event. The day was celebrated with the aim of invoking a sense of love

and unity among the students with regard to the language and integrated culture. The programme began at 10 a.m with a large audience consisting of students teachers and invitees from across the state. The programme began with a prayer by Fr. Walter D'Sa former principal of St Xaviers College Mapusa Goa. The dignitaries on the dais for the lamp lighting ceremony included Chief Guest, Dr. Paulo Gomes, Delegado de Fundação Oriente India, the Guest of Honour, Dr. Delfim Correia da Silva who is a Director at Camões Instituto da Cooperação e da Língua Fr. Antonio Salema Administrator, Prof. Dr. Blanche Mascarenhas, the Principal of St. Xavier's College, Ms. Sandra Fernandes and Ms Ursula Barreto Vice Principals of St. Xavier's College. The Principal welcomed the Chief Guest and Guest of Honour and spoke of the importance of this celebration

Dr. Paulo Gomes Delegado de Fundação Oriente India expressed his joy for being provided with the opportunity to interact with so many students and said that one cannot survive in this world if they are not competitive. He inspired students with quotes like “Being a winner doesn't make you a competitor but being a competitor will eventually make you a winner”. He concluded his speech by thanking everyone present. After his address, Prof. Blanche Mascarenhas and Fr. Antonio Salema presented the Chief Guest and Guest of Honour with tokens of appreciation. They were also presented potted plants. Mr. Dhruv Usgaonkar, Faculty of Shenoj Goemab School of Languages and Literature: Discipline of Portuguese and Lusophone Studies at Goa University, was then welcomed on stage to speak about the benefits of learning and speaking Portuguese. He enlightened the students about the multiple opportunities that will be provided in the future and several avenues that will be unlocked. Dr. Marielou Ferrao Convenor of the program then proposed a Vote of Thanks which was followed by the college anthem.

The cultural programme commenced with a 'Fado' played by Zurial and sung by Danielle, followed by a beautiful Corridinho performance by the students of the College. The programme also consisted of two competitions, “Históriacriativa (an essay reading competition) which took place on stage first, and then Mãos da Lusofonia (hand painting competition) in which several students from schools across the state participated. The College Band performed some scintillating instrumentals in Portuguese with Zurial D'Souza (lead guitar) Flynn Lobo (keyboard) Chirag Wargaonkar (drummer) Kiyara D Costa (crooner) Vegan Costa (lead guitar) Joseph Samuel (mouth organ) and Frenwin Fernandes playing the violin and the trumpet.

Dr. Delfim Correia da Silva gave a presentation on the topic 'Portuguese as a language, Lingua Franca, Pluralistic Language', which was very engaging and enlightening. This was followed by the awards ceremony. The winners of the Essay reading competition were Rica Da Costa of St Xaviers College in 1st place, Kelly D'Souza of St Xaviers College in 2nd place and Shanta Kumari of Goa University in 3rd place. The winners of the hand painting competition were Ayushi Hegde and AarnaKamat Dalal from St. Francis Xavier School Duler Mapusa in 1st place, two teams, Mishti Sharma and Moeez Shaikh from St Francis Xavier School Duler Mapusa along with Kyra Manuel and Maira from Sharada Mandir Panjim in 2nd place and Shakambari Kamat and Sara Bhoean from Sharada Mandir Panjim in 3rd place.

The comperes for the day were Ms. Katherine Manuel and Ms. Rica Da Costa of St Xavier's College Mapusa

Goa. The programme concluded with the singing of the National Anthem at around 1:45 pm.

Traditional Indian Food Competition was organized by Global village Cell on the 23rd of March 2024. 30 students participated in the event. First place was bagged by Sachi Parab and Smruti Morajkar TYBA, 2nd place was won by Shruti Ghone SYBA and ShejalRedkar SYBCOM and third place by IpsitaBhanja(FYBSc) and Poonam Palyekar (FYBA)

RED RIBBON CLUB

Chairperson:	Prof. (Dr) Blanche Mascarenhas, <i>Principal</i>
Co-Chairperson:	Ms. Sandra Fernandes, <i>Vice-Principal</i>
Convenor:	Ms. Swizel Alphonso
Joint Convenors:	Mr. Claude Braganza (SY BCom) and Ms. Swara Dharwadkar (SYBA)
Finance Officer/ Treasurer:	Mr. Mauricio Carvalho
Staff Members:	Dr. Ubaldina Noronha Ms. Shivta Mayekar
Student Volunteers:	Mr. Ruzario Sequeira (SYBA) Ms. Khushi Gad (SY Bsc)

The Red Ribbon Club Advisory Committee conducted its meeting on Friday 28th July 2023 at 2.30pm to discuss and plan out activities required to be done by the RRC for the year 2023-24. Based on the recommendations of the committee, the following activities were carried out during the year:

Inaugural of the Red Ribbon Club and Training/ Awareness Programme:

The Inaugural of the Red Ribbon Club was held on Tuesday 22nd August 2023 at the Seminar Hall. The resource person for the day Dr Shilpa Tople, Medical Officer from the Urban Health Centre, Mapusa was the Chief Guest for the Inaugural Function. The inaugural was marked with the Symbolic watering of the plant by the dignitaries. The Administrator of the College Fr Antonio Salema gave the welcome address and applauded the efforts put in by the RRC in the previous academic year. The Principal Prof. Dr Blanche Mascarenhas in her address spoke about the significance of the Red Ribbon Club and the initiatives taken by them to create awareness on HIV/AIDS and encourage Voluntary blood Donation. The Convenor of the Red Ribbon Club, Ms Swizel Alphonso read out a brief report of the activities conducted by the Red Ribbon Club for the previous academic year 2022-23

The Chief Guest and Resource person for the day Dr Shilpa Tople then began with her session on Training and Awareness on HIV/AIDS. In her session, she explicitly spoke about the scenario of HIV in India and Worldwide, modes of transmission, symptoms of AIDS and contributors of HIV at individual, structural and community level. She also focused on prevention of HIV/AIDS, its diagnosis and testing at the District Hospitals and Goa Medical College in the state of Goa.

Towards the end of the Program, a short film was also screened for the students on the Theme of HIV/AIDS which focused on ending stigmatisation of patients affected by the disease. This Session was largely attended by RRC member students from around the college.



Inaugural of the Red Ribbon Club

1. Celebration of International Youth Day

The Red Ribbon Club of St. Xavier's College organised a Poster Competition on 11th August 2023 at 1.30pm in commemoration of the International Youth Day. Theme of the Poster Competition was *Role of Youth in HIV/AIDS Prevention and Care*. Students were motivated to come forward with innovative ideas to create awareness regarding certain myths surrounding the disease. The following students were declared as winners First Place: Ms Priti Mayekar (SY Bsc) Second Place: Lenina Pereira (TY BSc) Third Place: Kiran Nagvekar (TY Bcom). Winners received Trophies and certificates while all participants received certificate of Participation.

2. Commemoration of World AIDS Day

A team from the Red Ribbon Club of St. Xavier's College comprising of RRC Core Committee, student volunteers along the RRC Convenor attended the state level World AIDS Day programme on 1st December 2023 at Institute Menezes Braganza at Panaji Goa. The theme of the event was "Let Communities Lead" which was organised by the Goa State AIDS Control Society (GSACS).

A Face painting Competition was organised at the college on theme "AIDS: Ending Stigma and Discrimination." The following students were judged winners of the event and received Trophies and Certificates:

- First Place:** Lenina Anisha Pereira
- Second Place:** Poonam Palyekar
- Third Place:** Tamanna Dhananjay Parab

3. Celebration of National Youth Day

The Red Ribbon Club organised a Poetry writing Competition on the theme: "Echoes of Resilience: Youth

Confronting HIV/AIDS". Entries were received from students in the languages of English, Hindi and Konkani. The following students were judged as winners in the Competition:

First Place: Naveen Variyath

Second Place: Hritiksha Bicholkar

Third Place: Janice Dias

4. Blood Donation Drive:

The Red Ribbon Club of St. Xavier's College in collaboration with GMC blood Bank organized a Blood Donation Drive on 30th January 2024 in the Seminar Hall of the college. The Camp began at 10am with the Inaugral. The Principal of the College Prof. (Dr) Blanche Mascarenhas gave the welcome address and spoke about blood donors being life savers as vital instruments in the hands of the Almighty. The Administator of the College Rev. Fr Antonio Salema presented a potted plant to Dr Claire, Medical Officer and acknowledged the presence of her team in carrying the Blood Donation camp at our campus. The brief formal programme ended with the Convenor of the Red Ribbon Club MsSwizel Alphonso, who proposed the vote of thanks. There was a considerable amount of participation from the teaching, non-teaching staff and students of the college. A total of 66 people volunteered to donate blood out of which there were 49 successful donations.

SCIENCE FOR A PURPOSE, APPLICATION & RENEWAL OF KNOWLEDGE (SPARK) CLUB

Convenor: Dr. Valerie Gonsalves

Dr. Nelson Lobo

Ms. Vilma Fernandes

Dr. Mira Parmekar

Mr. Rahul Naik

Ms. Anjelica Matias

President: Ms. Namashri Arun Parab, TYBSc

Secretary: Ms. Jennessa Ann Fernandes, SYBSc

Treasurer: Mr. Joel Abner Fernandes, FYBSc

On the 21st October 2023, the SPARK Club of St. Xavier's College Mapusa-Goa, conducted a Reel making competition on the theme 'Science in Daily Life', for students of the colleges. The competition was co-ordinated by Dr. Valerie Gonsalves, Asst. Professor in Microbiology. The students had to upload the reels to their Instagram accounts. The objective of this competition was to bring together knowledge and creativity together and to disseminate this information to the general public. The students prepared the reels and then posted the same on their personal Instagram account. This competition saw participants from different streams. The first place was bagged by Mr. Kush Kanthamraju, Mr. Tanishq Chari, Ms. Namrata Kole and Mr. Brenden Sawant of F.Y. B.Sc., the second place was awarded to Mr. Elton Ming, Mr. Vivek Pawar, Ms. Ruth Pereira and Ms. Sonali Ircal of F.Y. B.Com.



**First Place Winners:
Science in Daily Life**

GENDER CHAMPIONS

Nodal Officer: Dr. Carmelita Dmello
Ms. Alfiya Sheikh TYBCom
Mr. Prem Chand Mishra TYBCom

In order to promote gender equality and create an environment that fosters equal treatment, the Ministry of Human Resource Development and the Ministry of Women & Child Development have jointly instituted the Gender Champion Initiative in educational institutions across the country to promote gender equality and empower individuals, particularly women, across various sectors. The initiative encourages individuals and organizations, especially in educational institutions, workplaces, and communities, to actively work towards bridging the gender divide.

Role of Champions:

1. Gender Champions (GCs) are individuals or organizations who voluntarily commit to creating gender-sensitive environments.

2. Promoting Equal Opportunities: The initiative focuses on encouraging the participation of women in all areas of life, especially in leadership roles, education, employment, and decision-making.

3. Awareness and Advocacy: GCs are expected to advocate for the rights of women and girls, address issues such as gender-based violence, discrimination, and harassment, and create awareness about gender-related policies and laws.

After a strenuous & stringent screening cum selection process the Gender Champions for the Academic Year 2023-2024 selected were:

Ms. Alfiya Sheikh TYBCom
Mr. Prem Chand Mishra TYBCom

Throughout the year the Gender Champions were available to students across the campus to discuss issues relating to gender sensitization. As part of their efforts they gave talks and made announcements over the Public Address system, organized programmes like essay writing competitions, reel making competitions, poster competitions, skits etc. for students across streams which were well received and well participated in.



Gender Champions

TRAINING, INTERNSHIP AND PLACEMENT (TIP)

Training, Internship and Placement (TIP) Cell of Goa State Higher Education Council (GSHEC) and Directorate of Higher Education (DHE)

Convenor: Ms. Ruella D'souza
Members : Mr. Aaron Paul Fernandes
Dr. Johnross Albuquerque
Ms. Kimberly Barros
Mr. Worrel Dsouza
Ms. Naila Pereira

The Training, Internship and Placement cell of Goa State Higher Education Council and Directorate of Higher Education in partnership with REACHA conducted a virtual session on Cyber Security on the 18th of October 2023. Ms Nidhi Bansal and Mr Rakesh Mittal were the resource persons for the same. More than 30 students from the Departments of Computer Science and Electronics of the college attended the session. It was an invaluable experience and enlightened the students on the subject. This was held in collaboration with the Placement Cell.

The Directorate of Higher Education and the Goa State Higher Education Council, Goa in collaboration with Training, Internship and Placement cell of St Xavier's College, Mapusa and Satkaam Foundation organized a one day session for students on 'Career Management and Critical Thinking based on Industry Interaction.' More than 75 students attended the session on 26th March 2024 in the Seminar hall of the college and included students from St. Xavier's College, Goa and students from MCA and Data Science departments from Goa University. The session began with a formal program which commenced with the Principal Prof. (Dr.) Blanche Mascarenhas' address. The DHE representative, Prof. Niyan Marchon urged the management and students present to focus on Interactions with Industry. Ms. Ruella D'souza, Coordinator of the TIP cell of the college, proposed the vote of thanks at the end of the formal programme. The resource personnel from Satkaam foundation were Mr. Abhijit Bhide, with over 25+ years' experience in the software product industry; Mr. Nayan Jadeja, who has close to 30 years of experience and the third resource person was Mr. Rahul Bhide with 25 years+ experience in the industry. They each delivered parts of the three sessions over 3 hours on topics such as 'Developing Critical Thinking'; overcoming biases, and a brief on tips and tips to answer interviews; they also made a mention of the importance of technological skills and up gradation of one's knowledge in order to move forward, among other topics. The session was filled with anecdotes and real-life situational experiences that were easily assimilated by the students. The sessions were very interesting and interactive. Many students took the opportunity to personally interact and pose questions to the resource persons and were grateful for the insights. The session concluded at 1:00 pm and was a fruitful and enriching experience.

CELL FOR VALUE EDUCATION

Convenor: Ms. Maria Difa Fernandes
Co-Convenor: Mr. Silvester Vaz
Members: Mr. Carmelito D'Souza
Ms. Zarina Chawdari

Ms. Alice D'Cruz
Dr. Shefali Kale
Dr. Magdaline D'Souza
Ms. Linette D'Souza
Dr. Valarie
Mr. Clarence Rodrigues

'Values are the compass that guides us through life's challenges'

Value education is an essential aspect of human development, focusing on cultivating moral, ethical and social values in individuals. Our institution is committed to shaping minds and hearts through value education. Through its initiatives the cell for value education empowers students to cultivate mindfulness, promoting individual, familial and community well-being.

During the academic year 2023-24, value education sessions were held on a weekly basis (Tuesday) from 18th July 2023 to 12th March 2024. External resource persons and internal faculty members collaborated to deliver informative sessions. Sessions focused on youth centric themes like self-awareness, time management, choosing right, person of integrity, digital detox, mental health, career guidance, substance abuse. The incorporation of multimedia elements, group discussions and group activities enhanced student engagement and interest in class.

Tobacco and substance abuse remain pressing issues undermining family relationships and societal cohesion. The cell for value education in collaboration with the District Tobacco Control Celi (DTCC), North Goa organized an awareness talk titled 'Tobacco and its impact on our youth'. Ms. Nadia the counsellor for DTCC by combining presentation and roleplay educated the students on the adverse health effects of consumption of tobacco.

ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF)

The All India Catholic University Federation (AICUF) of St. Xavier's College, Mapusa, Goa, continues to inspire and nurture the spiritual, intellectual, and social growth of its members. Rooted in faith and committed to service, the AICUF undertakes various activities that reflect its mission of fostering unity, leadership, and meaningful engagement within the college and the wider community. The academic year 2023-2024 was marked by numerous initiatives that brought together students, faculty, and external participants, embodying the values of faith, collaboration, and transformation.

Leadership Team:

The coordinating theme was chosen in the General Body meeting of the AICUF. The leadership team for the year comprised:

Coordinator: Rizel Fernandes
Co-coordinator: Flynn Lobo
Secretary: Blazel Pinto
Programme Manager: Joseph Fernandes

Inaugural Mass and Diamond Jubilee Closure:

The AICUF of St. Xavier's College, Mapusa, Goa, commenced its activities for the academic year 2023–2024 with the Inaugural Mass on July 1st, coinciding with the closure of the diamond jubilee year. The presence of *Archbishop Filipe Neri Cardinal Ferrao* added significance to the event. The leadership exhibited by AICUF in the choir and the seamless execution of the liturgy showcased the dedication and commitment of the college community towards a common mission of transformation.

Sadbhavana Diwas:

Sadbhavana Diwas, observed on August 21, 2023, at St. Xavier's College, Mapusa, commemorated the birth anniversary of former Prime Minister Rajiv Gandhi. The theme, "INDIA: Diversity of Deeds, Unity of Hearts," permeated through the event. The proceedings commenced at 11 am in the Seminar Hall, graced by the presence of the Principal, Vice Principals, and Chief Guest Rev. *Fr. Deniz Fernandes* – the Episcopal Vicar of the North Zone. The event featured a solemn procession acknowledging the Holy Scriptures, speeches by students representing various religions, and a message of love and togetherness. The success of the celebration can be attributed to the meticulous planning and leadership of the event coordinator, Rizel Fernandes.

Inter-Religious Dialogue:

Responding to the call of the Archdiocese for meaningful presentations, AICUF students showcased communal harmony through a mime performance highlighting our shared responsibility towards the care of our Mother Earth. This presentation took place at the Basilica of Bom Jesus on November 30, 2023.

Campus Prayer on Wednesdays:

AICUF members united in prayer every Wednesday, addressing various campus-based issues and extending supportive wishes to the Xavierian community.

Coordination of Eucharistic Services:

AICUF members took responsibility for coordinating First Friday services and all other Eucharistic services. The AICUF choir enriched these services with soulful music, contributing to the spiritual ambiance of the gatherings.

Feast of Our Patron Saint:

The Feast of our Patron Saint was celebrated with great fervour and faith. The celebrations were marked by a deep sense of devotion and unity among the members of the college community.

Feast of Saint Joseph:

On January 15th, the college community came together to celebrate the Feast of Saint Joseph. The event was marked by the Eucharist presided over by Fr. Ramiro Luis, seeking inspiration for the entire college community.

Inter-College Faith Event - TESTIFY:

For the first time, the AICUF organized an inter-college faith event named TESTIFY. Under this banner,

various activities were conducted:

- Sacred Scrolls (Liturgy Writing)
- Divine Hues (Painting)
- Sanctified Spotlight (Monologue)
- Conviction: A Stand for Faith (Apologetics)
- Prophetic Premiere (Reel Making)
- Heavenly Echoes (Hymn Singing)

This event saw participation from five colleges, with Nirmala Institute, Panaji, emerging as the winners. The event was a remarkable platform for faith proclamation and inter-college interaction.

Quiz Competition:

A team of three AICUF members participated in the Quiz Competition, which was based on the Gospel and the Pastor's Letter. The competition, organized by Rosary College, Navelim, was a testament to the biblical knowledge and competitive spirit of our AICUF members.

Final Year Students' Celebration:

A fitting celebration was organized by the AICUF members to honour the final year students. This event was marked by joy, gratitude, and a sense of accomplishment as the students prepared to move on to the next phase of their lives. Fr. Santurnino Colaco presided over the Eucharist and wished students well in their future lives. The core committee of AICUF organized a heartfelt farewell video for the third and final year students, titled "Carry Your Candle." This initiative was a touching tribute to the graduating students, wishing them well as they embark on their future endeavours.

The AICUF continues to be a pillar of spiritual and community life within the college, fostering a sense of faith, unity, and service among its members and the wider college community.

ANTI-RAGGING COMMITTEE AT ST. XAVIER'S COLLEGE

A session on Anti-Ragging was organized at St. Xavier's College on 18th August 2023. Nearly 800 students from FY, SY and TY and Post Graduation, interacted with Shri Jivba Dalvi, Deputy Superintendent of Police and presently deputed as SDPO, Mapusa. The event aimed to increase awareness about the detrimental effects of ragging and discuss measures to create a safer campus.

Shri Dalvi's informative session was divided into two segments. In the first part, he discussed the negative consequences of ragging and outlined various measures that individuals can adopt if they become victims of ragging. Shri Dalvi expressed his satisfaction in not having received a single ragging complaint from any Xavierite. He exhorted the youth to pledge to "Not Rag and not get Ragged", but to be disciplined and focus on their education, leading to a better Goa. He cautioned students against other vices like smoking, alcoholism, and drug addiction. The latter part of the session was a Q&A session with students and faculty members eagerly posing questions. Shri Dalvi as well as the Principal provided answers and clarifications.

In her address the Principal and Head of the Anti-Ragging Committee, Prof. Dr. Blanche Mascarenhas shed

light on the purpose of the committee and stated that the aim of the session was to foster awareness. She encouraged students to read the Anti-Ragging Act and regulations cited in the college handbook. She appreciated Shri Dalvi's commitment to ensure a safer environment.

Fr. Antonio Salema, Administrator of the College welcomed the dignitaries and the audience. He stated that Ragging is a malaise that can have negative implications for the perpetrator as well as the victim. He hoped that Xavier's would continue to hold its record of being a ragging-free campus. Vice Principals of the College Ms. Ursula Barreto, Ms. Sandra Fernandes, and the Convenor of the Anti- Ragging Squad, Dr. Prema Rocha, were present on the occasion.

NATIONAL CADET CORPS GIRLS UNIT

NCC OFFICER: ANO Lt. Victorya Rodrigues

Report Compiled by: ANO Lt. Victorya Rodrigues

- 14 NCC girl cadets actively participated in "Puneet Sagar Abhiyan" at Calangute beach on 22 May, 2023. Cadets created awareness through Nukad Natak, Campaign and cleaning of Calangute beach.
- Celebration of world environment day at Calangute beach on 25 May 2023. 20 girl cadets along with ANO Lt Victorya Rodrigues participated.
- 8 NCC girl cadets participated in the world blood donor day on 14th June 2023 under 'Raktdaan Amrit Mahotsav'.
- CSM. Arya Tivrekar participated in Ek Bharat Shresht Bharat camp at Mysore from 13 June to 24 June 2023
- On 13th June world ocean day was celebrated by St. Xaviers College. 16 cadets participated by spreading awareness by rally, Nukad Natak followed by distribution of paper bags at Calangute beach.
- On 21st June International yoga day celebrated in college. 28 cadets participated.
- Sgt. Anishka Parab participated in Ek Bharat Shresht Bharat camp held at Chamba Uttarakhand from 11 June to 22 June 2023. She was awarded gold medal for group dance competition.
- From 16 June to 25 June 2023, 14 cadets participated in Thal Sainik Camp at Belgaum Karnataka. 3 cadets were selected namely Cadet Tanisha Palyekar, cadet. Neha Naik and JUO Dhanashri Naik for TSC II from June 29 to July 8 2023.
- JUO. Dhanashri Naik and Cadet Neha Naik were selected for TSC III and IGC inter group Thal Sainik Camp at Mysuru from 1st to 10th August 2023.

- The NCC girls unit organised a talk on Drug abuse and illicit trafficking on 26 June 2023. Cadets from Dhempe College, Miramar, St. Marys High school, Mapusa and Shantadurga High school, Bicholim participated in the same.
- On 7th July, 2023, the NCC girl's cadets of St. Xavier's College, Mapusa accorded a guard of honour to Colonel Srikant Nathan on occasion of farewell function at Peddem.
- On 13th July, an Orientation Program was organised for the newly enrolled FY Cadets of 1 Goa Girls Bn and 1 Goa Bn, NCC. The college Principal, Prof. (Dr.) Blanche Mascarenhas encourage and applauded the First Year students for joining NCC.
- On 28th July, 2023, the New Commanding Officer of 1 Goa Girls Battalion NCC unit, Peddem-Colonel Roby Tom visited our college and interacted with our Principal, administrator & cadets.
- 15th August, 2023, 77th Independence Day celebration in college by NCC girls battalion of St. Xavier's College. NCC Cadets were felicitated for participating in different NCC camps. Cadets also participated in 'Meri Maati Mera Desh' campaign on occasion of Independence Day.
- NCC girls participated and offered 'Rakhis' prepared by cadets to Chaitainya Pratisthan for Ek Rakhi Sainka sathi project at a function organized at Panjim Gymkahana on 21st August 2023.
- International Millet competition 2023 was organized on 31st August 2023. Cadet Harshada Kalangutkar and Poonam Palyekar participated and Cadet Poonam Palyekar won the first place.
- On 3rd Sep 2023, 12 FY cadets of girls and boys battalion organised beach cleaning and awareness as part of Social Service and Community Development at Calangute beach.
- On 1st October 2023, 24 girl cadets along with ANO Lt Victorya Rodrigues created awareness about cleanliness in every corner of our college premises and carried campaign on Ek Bharat Shresht Bharat “Swachhta Hi Seva 2023 Ek Tarik Ek Ghanta”.
- 6 cadets participated in RG Marathon 3.0 organised by RG hospital on 1st Oct, 2023 held at Shyam Prasad Mukherjee stadium.
- Cdt. Tanisha Palyekar was selected for IGC RDC Inter Group Competition held at Bellary Karnataka.

NATIONAL CADET CORPS – BOYS 1 - GOA BNCC

NCC OFFICER : CTO Avani Anil Kharde

SCUO : Sohail Nagnori

Report Compiled by: CTO Avani Anil Kharde

This year College has enrolled 28 new cadets and all together 52 cadets in N.C.C. unit. Initially the enrolment was done on google form and later after scrutinizing the data, students were called for selection. Unit caretaker officer (C.T.O) Mrs. Avani Anil Kharde welcomed the new Cadets and told them about the Aims, Objectives and Motto of NCC. She explained the importance of NCC in day today's life. She also explained them the duties and the discipline in the organization. she gave them the idea of the NCC organizational set up.

Besides regular Thursdays parades and conducting classes on drill, weapon training, field craft, battle craft, first aid etc, the following activities were also carried out:

1. SGT Nakul Gaurav of NCC Boys unit attended and successfully completed the camp Ek Bharat shreshth Bharat-1 which was organised at Chamnan Uttarakhand from 11/06/2023 to 22/06/2023. SGT

2. Our 13 cadets attended the event World Ocean Day was celebrated were at Miramar beach Goa on 11/06/2023.

3. SGT. Neha Kadam of NCC Boys unit attended the Army Attachment Camp which was organised at the Pioneer Corps Training centre Bangalore from 12/06/2023 to 21/06/2023 SGT.

4. Our 7 cadets of NCC boys unit participated in the National Disaster Management Authority organised Aapda Mitra / Aapda Sakhi-II training at Fire Force Headquarters Panjim Goa. From 15/06/2023 to 28/06/2023.

5. Our 3 Cadets of NCC boys unit donated the blood in the blood donation camp was organised by the Sarthak Foundation at peddem Mapusa Goa on 15/06/2023.

6. Total 5 cadets of NCC boys unit attended and Successfully completed the Thal sainik camp-1 which was organised by the 27 kar battalion at Belgaum Karnataka from 16/06/2023 to 25/06/2023.

7. The yoga day was celebrated in college on 21/06/2023 . 10 cadets of NCC boys unit attended the event.

8. Our 8 cadets NCC boys unit attended the yoga day program which was celebrate Srinivassa Sinai Dempo College of Commerce & Economics, Cujira, Bambolim, Goa on 26/06/2023

9. First year cadets enrolment was done on 23/6/2023 by CTO. Avani Kharde & 10 Senior Cadets of NCC boys unit . Total 28 cadets were enrolled in first year.

10. The orientation for first year cadets was organised by the 1 Goa Boys Battalion and 1 Goa Girls Battalion of St. Xavier's college on 13/07/2023. Total 28 cadets of NCC Boys unit attended the event.

11. Total 3 cadets of NCC boys unit attended and Successfully competed the Thal sainik camp-2 camp which was organised by the 25 Kar Battalion at Belgaum Karnataka from 08/07/2023 to 17/07/2023.

12. Total 2 cadets of NCC boys unit attended and Successfully competed the Thal sainik camp-3 camp Which was organised by the 26 Kar Battalion at Belgaum Karnataka from 22/07/2023 to 31/07/2023.

13. JUO Shresth Fadte of NCC Boys unit successfully completed the camp the IGC TSC Camp was organised at Mysore from 01/08/2023 to 10/08/23.

14. Total 3 cadets of NCC boys unit attended and successfully competed the camp, Army Attachment

camp which was organised at Maratha Light Inventory from 09/08/2023 to 18/08/2023.

15. On the occasion of Mari Mathi Mera Desh tree plantation was done at Sangolda Football Ground on 10/08/2023 . Total 13 Cadets of NCC Boys unit participated in tree plantation event.

16. Total 15 Cadets of NCC boys unit participated in the poster making competition Which was organised by the Red Ribbon club of St. Xavier's College on 11/08/2023.

17. Our cadets attended the Independence Day Parade 15th August 2023, at the college.

18. Total 33 cadets attended the Independence Day Parade 15th August 2023, at the Collector's Office-Mapusa Deputy collector.

19. Total 40 cadets of NCC boys unit attended a talk on the occasion of Youth Day on disaster management on 17/08/2023 .

20. Our 50 cadets attended a G20 talk on 30/08/2023 Given by Assistant Professor Paramanand Mandrekar of Department of Computer Science.

21. Total 4 cadets of NCC boys unit attended and Successfully completed the Inter unit camp Which was organised by the 28 Kar Battalion at Belgaum Karnataka from 10/09/2023 to 19/09/2023.

22. SUO. Sohail Nagnori of NCC Boys unit attended and successfully Completed the Advance Mountaineering camp which was organised at advance mountain course at Nehru Institution of Mountaineering Uttarkashi from 14/09/2023 to 11/10/2023.

23. Total 10 cadets of NCC Boys unit participated in the event of the International coastal cleaning at Miramar beach Panjim Goa on 16/09/2023.

24. Total 4 cadets of NCC boys unit attended and successfully competed the camp, The pre RDC-1 camp which was organised by the 26 Kar Battalion at Belgaum Karnataka from 20/09/2023 to 29/09/2023.

25. LCPL.Mackenzie Fernandes of NCC Boys unit attended and successfully completed the camp , Ek Bharat Shreshth Bharat-2 camp which was organised at Ranbag Uttarakhand from 28/09/2023 to 22/06/2023.

26. Total 4 cadets of NCC boys unit attended and Successfully competed the camp the Pre RDC-2 camp which was organised by the 25 Kar Battalion at Belgaum Karnataka from 30/09/2023 to 09/10/2023.

27. Total 25 cadets of NCC boys unit participated in the cleanliness drive on the occasion of Shramdhan on 01/10/2023.

28. Our 10 cadets of NCC boys unit Participated in the National Red Run which was organised by the National AIDS control organisation under the Ministry of Health and Family Welfare at Athletic Stadium Ground Bambolim Goa on 08/10/2023.

29. JUO Shresth Fadte of NCC Boys unit successfully completed the IGC RDC Camp which was organised at Ballari from 11/10/2023 to 20/10/23 and was selected for IGC-2/pre RDC-1 camp.

30. On the occasion of Raksha Bandhan Rakhis were made by cadets for Army Jawan on 29/10/2023. 500 Rakhis were given to 1 Goa BN NCC unit, which were then given to 2 Signal training Centre Army soldiers. All cadets of NCC boys unit made Rakhis for our Jawans.

31. Handmade Rakhis made by cadets of NCC boys unit, total 1000 were given to EK RAKHI SAINIKASATHI, a program organized by Chaitanya Foundation at Panjim Gymkhana on 29/10/2023. CTO Avani Anil Kharde and 3 cadets attended the program.

32. On the occasion of Sardar Patel Jayanti, Run for Unity was organised by the Sports and Youth Affairs on 30/10/2023 at Goa University Ground. Total 8 cadets of NCC boys unit participated in the run.

33. JUO Shresth Fadte of NCC Boys unit successfully completed the Pre RDC-1/IGC-2 camp which was organised at Bangalore from 14/11/2023 to 23/11/2023 and Was Selected for IGC-3/PRE RDC-2 camp.

34. JUO Shresth Fadte of NCC Boys unit successfully completed the Pre RDC-2/IGC was organised at Bangalore from 24/11/2023 to 03/12/2023 and was Selected for IGC-4/PRE RDC-3 camp.

35. On NCC day Preamble pledge was taken by the NCC cadets on 26/11/2023. All cadets of NCC boys unit took the pledge and also tree plantation was done by the NCC cadets in the college campus as well as at individual home places.

36. L/CPL Piyush Harmalkar of NCC boys unit attended the Sardar Patel Narmada tracking camp which was organised at Vadodara Gujarat from 28/11/2023 to 05/12/2023 camp.

37. Senior Under Officer Shreshth Devidas Fadte attended RDC Kitting camp at Karnataka Youth training Center from 18th Dec 2023 to 27th Dec 2023. RDC IGC Camp 1,2,3. He had also participated in PM rally at 75th Republic Day Parade 2024 at New Delhi.

38. SUO Shreshth Devidas Fadte was awarded The Deputy Director Generals Commendation in the presence of Air Commodore BS Kanwar DDG of Goa and Karnataka directorate at Christ University, Bangalore on 4th february 2024.

39. Senior Under Officer Shresth Fadte was felicitated by the Governor of Goa, Shri. P. S. Sreedharan Pillai at Home function at Raj Bhavan, Dona Paula-Goa on 27th March, 2024 for participating in Republic Day Parade 2024 at New Delhi.

SUO Sohail Nagnori of NCC Boys unit was felicitated by St .Xavier's College on 10th April 2024 , TY Farewell for successfully completing and representing NCC Unit Goa and the St Xavier's College, at the Advance Mountaineering camp which was organised at advance mountain course at Nehru Institution of Mountaineering Uttarkashi from 14/09/2023 to 11/10/2023.



BOYS 1 - GOA BN NCC



The orientation for first year cadets was organised by the 1 Goa boys battalion and 1 Goa girls Battalion of St. Xavier's college on 13/07/2023.Total 28 cadets of Ncc Boys unit attended the event.



SUO Shreshth Devidas Fadte Interacted with DG NCC Lieutenant General Gurbirpal Singh, AVSM, VSM During Republic Day camp 2024 at New Delhi



SUO Sohail Nagnori successfully Completing the Advance Mountaineering camp which was organised at Nehru Institution of Mountaineering Uttarkashi from 14/09/2023 to 11/10/2023.



SUO Shreshth Devidas Fadte was awarded The Deputy Director Generals Commendation in the presence of Air Commodore BS Kanwar DDG of Goa and Karnataka directorate at Christ University, Bangalore on 4th february2024

NATIONAL SERVICE SCHEME (NSS)

Chief Programme Officer: Dr. Rheane Da Silva

NSS Programme Officers: Mr. Prasad Naik
Ms. Sumina da Costa

General Secretary of NSS: Ms. Namashri Parab

Cultural Secretary of NSS: Ms Swara Dharwadkar.

Report Compiled by: Dr. Rheane Da Silva

1. International Day of Yoga: 21st June 2023

2. International Day against Drug Abuse and Illicit Trafficking: 30th June 2023

3. Personality Development Session: 20th July 2023

4. Anniversary of National Education Policy: 29th July 2023

5. MMMD Campaign: 9th to 15th August 2023: Vasudha Vandan-creation of Amrit vatika with plantation of 75 saplings of indigenous trees

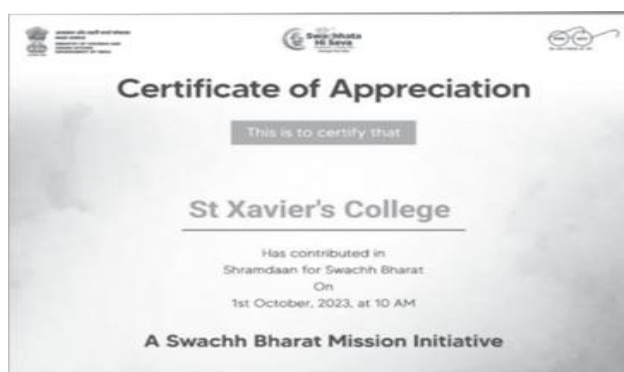
- Veeron Ka Vardaan-honoring freedom fighters/braves/retired defence personnel who protect the nation & families of braves
- NSS Inaugural Ceremony: 14th August 2023:
- Hoisting of National Flag and singing of National Anthem: On 15th August 2023

7. Raksha Bandhan: 21st August 2023: 700 rakhis were collected from the NSS volunteers and dispatched.

8. National Sports Day: 29th August 2023

9. Personality Development Session: 15th September 2023: NSS Unit organized a personality development session on 'Civic Sense' with a session delivered by Ms. Alice D'Cruz.

10. Swachhta Hi Seva (SHS) Campaign: 15th Sept to 2nd Oct 2023



11. Ek Tareekh- Ek Ghanta:



12. College Campus Cleaning : 25th, 27th, 29th September 2024



13. Blood Donation Drive: 14th September 2023: A total of 114 students volunteered for the donation, while 76 successfully donated the blood. (M: 35 & F:41)



14. 20th State Youth Festival: 4th to 6th October 2023: NSS volunteers participated in various activities like solo and group folk songs, solo and group folk dance, photography, declamation, story writing etc. participants:



15. Personality Development Session: 5th October 2023: on 'Team Building' by college counsellors, Ms.Zaneta D'Mello and Mr. Cipriano Fernandes.

16. Year of Millets: July 2023 until March 2024: was celebrated through various activities, cooking competitions, demos, street plays, and a field visit to Moira. These aimed to promote millet consumption and awareness among students & community.

17. Amrit Kalash Yatra: 10th October 2023: NSS Unit organized Amrit Kalash Yatra as part of Meri Maati Mera Desh, collecting soil from students' homes and taking a Panch Pran pledge.

18. International Girl Child Day: 11th October 2023



19. Street play on benefits of consumption of Millets: 16th October 2023



20. Commemoration of State Liberation Day: 19th December 2023

21. Orphanage Visit 19th December 2023



22. National Youth Week held from 12th to 16th January 2024

- 12th January 2024
- 13th January 2024: Session on 'Mera Yuva Bharat' & opportunities for youth was conducted by Mr. Dheeraj Parab, inspiring students to contribute to nation-building.



23. Purple Fest: 8th to 13th January 2024:



24. Commemoration of Republic Day: 26th January 2024



25. Actizen Collective Project, Desh Apnayan: 5th December 2023 to 30th January 2024: Goup of 5 NSS students, tackled public tobacco spitting in Goa. Through research and innovative solutions, they improved public health and sanitation in Mapusa and Panjim. Their project won 1st place in the Actizens Collective.



26. NEP Quiz: 17th February 2024: Quiz included MCQ, fill in the blanks, one word question and answer along with short answer type of Q&A. Received a good response from 441 students attempting the quiz. 73% of the students answered more than 5 questions correct.

27. Anti-Tobacco Awareness Drive :23rd February 2024:

28: Clean Ground Green Ground Initiative: 24th February 2024



29: ISRO session: 26th February 2024



30. 'Mera Pehla Vote Desh ke Liye' campaign: 28th February 2024- 06 March 2024.

With the objective conduct outreach programme to encourage youth to exercise their right to vote in the context of upcoming general election-2024.

- Reel Making
- Voters' pledge

- Interactive session on Voter's awareness

● A Photobooth Initiative



31. PM address to the Youth on the occasion of laying of foundation stone of three Semi-conductor facilities: 13th March 2024



32. Anti-Malaria Poster Competition and Awareness Session: 14th March 2024

33. Street Play Anti-Tuberculosis: 15th March 2024.

34. Interdepartmental Staff Sports Tournament: 27th March 2024



35. Cleanliness Drives: January to March 2024

36. NSS Closing Ceremony: 21st March 2024

Notable Achievements:

- 20th State youth festival 2023-24 was held on 4th, 5th and 6th October 2023 at Ravindra Bhavan, Margao Miss Aastha Harmalkar secured 2nd place for solo folk dance competition.
- Miss Namashri Parab participated in west zone NSS PRE-REPUBLIC DAY PARADE CAMP 2023 held at KL University, Vaddeswaram, Andhra Pradesh from 1st to 10th November 2023. Miss Aastha Harmalkar and Miss Hritiksha Bicholkar participated in National Integration Camp at KBC North Maharashtra University, Jalgaon, Maharashtra from 30th November to 6th December 2023. And the team won first place for poster competition at this camp.
- NSS volunteer Mr. Shanoor Shaikh participated represented our college for the state of Goa at NSS Adventure Camp held at Atal Bihari Vajpayee Institute of Mountaineering & Allied Sports (ABCIMAS) Narkanda H.P. from 8th Dec. to 17th Dec. 2023 .
- NSS volunteers Ms. Sejal Bindle, Ms. Rhutuja Pokhare, Mr. Deep Gad represented our college for the state of Goa at National Integration Camp at NSS Bhavan, Karnatak University, Dharwad from 05th to 11th January, 2024.
- Ms. Rhutuja also received an award for best female volunteer at NIC Dharwad.
- Miss Aastha Harmalkar Represented Goa for solo folk dance competition at 27th National Youth Festival 2024 held in Nashik, Maharashtra from 12th January to 16th January 2024.
- Our NSS Volunteers represented Goa in Youth Convention at 27th National youth Festival 2024 held in Nashik, Maharashtra from 12th January to 16th January 2024 Following were the participants, Sunil Kolapte, Claude Braganza, Kush Kanthamraju, Laxmi Chawan, Tejal Parab, Namashri Parab, Gayatri Revodkar, Samidha Kharbe, Prajwala Naik, Saniya Alvi.
- NSS volunteer, Ms. Swara Dharwadkar was the student coordinator for the Purple Fest 2024 held from 8th January to 13th January 2024.
- NSS volunteer's Mr Pranay Arondekar, Ms. Sharly De Souza, Ms. Aanam Mainnikar participated represented our college for the state of Goa at NSS Adventure Camp held at Atal Bihari Vajpayee Institute of Mountaineering & Allied Sports (ABCIMAS) Narkanda H.P. from 14th January to 23rd January 2024.

“Let us remember: One book, one pen, one child, and one teacher can change the world.”

Malala Yousafzai



Congratulations



AWARD OF DOCTORATE



DR. SHEFALI KALE

**TOPIC OF RESEARCH
 RELIGION AND WOMEN:
 A STUDY IN FEMINIST PHILOSOPHY**

FACULTY RESEARCH INITIATIVES & KNOWLEDGE ENHANCEMENT

DEPARTMENT OF BOTANY

Dr. Wendy F. Xavier Martins

- Attended meeting of the Board of Studies in Botany Discipline SBSB (NEP), on 12th January, 2024, Goa University.
- Attended Faculty Development Programme 'Group Dynamics', organized by IQAC, St. Xavier's College, Mapusa Goa, on 02nd March 2024, at Pastoral Institute, St. Pius X, Old, Goa.
- Attended Faculty Development Programme 'Outcome Based Education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa Goa, on 12th March 2024.
- Resource person at a Workshop on Career guidance on organized by Mapusa II School Super School Complex, Mapusa, Goa.
- Published paper titled 'Role of Arbuscular Mycorrhizal (AM) fungi in crop plants – A review'. *Kavaka*, 59 (4): 62-74. DOI:10.36460/Kavaka/59/4/2023/62-74.

Ms. Sabina M. Sales e Dias

- Participated in Workshop on “Learning Outcomes based Curriculum Framework for Undergraduate Education” organised by NEP Cell Goa University, Taleigao on 10th & 11th October 2023.
- Attended the meeting of the Board of Studies in Botany Discipline SBSB (NEP), on 12th January, 2024, Goa University.
- Attended FDP, on Group Dynamics organised by IQAC, on 2nd March, 2024 at Pastoral Institute St. Pius X.
- Participated in FDP on Outcome based Education and Academic Excellence organised by IQAC, St. Xavier's College, Mapusa.
- Participated in Symposium on “Vriksha Vygnanika Sadassu” on 21st April 2024, at Rajbhavan Goa.

Dr. Harshala Shetgaokar

- Attended meeting of the Board of Studies in Botany Discipline SBSB (NEP), on 12th January, 2024, Goa University.
- Attended Faculty Development Programme 'Group Dynamics', organized by IQAC, St. Xavier's College, Mapusa Goa, on 02nd March 2024, at Pastoral Institute, St. Pius X, Old, Goa.
- Attended Faculty Development Programme 'Outcome Based Education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa Goa, on 12th March 2024.
- Participated in “Vriksha Vygnanika Sadassu” Symposium on Traditional Trees of India, on 21st April 2024, at Rajbhavan, Dona Paula, Goa.

Dr. James D`Souza

- Attended meeting of the Board of Studies in Botany Discipline SBSB (NEP), on 12th January, 2024, Goa University.

- Attended Faculty Development Programme 'Group Dynamics', organized by IQAC, St. Xavier's College, Mapusa Goa, on 02nd March 2024, at Pastoral Institute, St. Pius X, Old, Goa.
- Attended Faculty Development Programme 'Outcome Based Education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa Goa, on 12th March 2024.
- Published paper titled “Establishment of invitro culture of *Glomusclarum* using vesicles”.*Kavaka*, 59 (4).

Dr. Maria D`Souza

- Organized and resource person for a short term Certificate Course on “Collection, Isolation and Identification of Microfungi' for the students by Department of Botany, St. Xavier's College, Mapusa, 25th to 28th October 2023. (30hrs)
- Attended and participated in Online Refresher Course in Life Science(Google Platform) held from 24th November to 08th December 2023 organized by UGC-MMTTC, Goa University.
- Attended the meeting of the Board of Studies in Botany Discipline SBSB (NEP), on 12th January, 2024, Goa University.
- Participated in the National Workshop on “Operation and Maintenance of Laboratory Equipment” organized by Department of Microbiology, St. Xavier's College, Mapusa, Goa in collaboration with Western Regional Instrumentation Centre, Mumbai supported by Directorate of Higher Education, Government of Goa from 8th to 12th January 2024.
- Attended Faculty Development Programme 'Group Dynamics', organized by IQAC, St. Xavier's College, Mapusa Goa, on 02nd March 2024, at Pastoral Institute, St. Pius X, Old, Goa.
- Participated in “VrikshaVygnanikaSadassu” Symposium on Traditional Trees of India, on 21st April 2024, at Raj Bhavan, Dona Paula, Goa.

Dr. Suraksha Dongrekar

- Participated in the National Workshop on “Operation and Maintenance of Laboratory Equipment” organized by Department of Microbiology, St. Xavier's College, Mapusa, Goa in collaboration with Western Regional Instrumentation Centre, Mumbai supported by Directorate of Higher Education, Government of Goa from 8th to 12th January 2024.
- Attended the meeting of the 'Board of Studies in Botany Discipline' SBSB (NEP), on 12th January, 2024, Goa University.
- Participated in refresher course in life sciences (Inter/Disciplinary) (Online) held from 10th January 2023 to 23rd January 2023. Organized by UGC/HRDC Goa University.
- Attended Faculty Development Programme 'Outcome Based Education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa Goa, on 12th March 2024.

Dr. Seema D. Fernandes

- **Presented paper** on 'ArbuscularMycorrhizal (AM) Fungal Diversity in *Justiciaadhatoda* and *Centellaasiatica* of South Goa, India', in National Seminar'Recent Advances in plant Sciences & Biotechnology', organized by Botany Discipline school of Biological Sciences & Biotechnology, Goa University on 26th and 27th October, 2023.

- Attended meeting of the 'Board of Studies in Botany Discipline' SBSB (NEP), on 12th January, 2024, Goa University.
- Participated in refresher course in life sciences (Inter/Disciplinary) (Online) held from 10th January 2023 to 23rd January 2023. Organized by UGC/HRDC Goa University.
- Participated for the training on 'National Deworming Day, organized by Urban Health Centre Mapusa on 05th February 2024 at State Institute of Health and Family Welfare (Old Asilo) Mapusa.
- Attended Faculty Development Programme 'Group Dynamics', organized by IQAC, St. Xavier's College, Mapusa Goa, on 02nd March 2024, at Pastoral Institute, St. Pius X, Old, Goa.
- Attended Faculty Development Programme on 'Outcome based Education and Academic Excellence', organised by IQAC, on 12th April 2024, at St. Xavier's College, mapusa Goa.

BACHELOR OF BUSINESS ADMINISTRATION (BBA)

Mr. Vernon Desa

- Attended a **One Day FDP on Teaching Pedagogy A Case Study Method** of Classroom Learning organised by Goa Business School on 25th August 2023

Ms. Vanessa Furtado

- Attended a one day **seminar on 'Fostering A Culture of Innovation and Entrepreneurship'**, Organised By St Joseph Vaz College, Cortalim on 14th October 2023.
- Facilitated a session on **'Leadership and Social Skills' on 30th September 2023** for 40 students of Ganpat Parsekar college if education – Harmal. The workshop was organised by the college for their students council, class representatives and Club Representatives to help them with their leadership roles.
- Facilitated two hands on workshops for students of Microbiology department and History department on the topic **'Resume Writing and Job Applications'** in Collaboration with the Cell POISE to help them plan and apply for industry careers.
- Attended a NEP Orientation & Sensitization Programme at UGC- MMTTC, Goa University in Online Mode from 16TH January to 25th January 2024

DEPARTMENT OF CHEMISTRY

Ms. Kathleen Pinto

- VC's Nominee on the Selection Committee of Goa University under CAS for promotion from Academic level 10 to academic level 11 at Nirmala Institute of Education on 28th November 2023.
- In collaboration with the Department of Biotechnology (DBT), Government of India under the DBT Star College Scheme organized an Interactive talk for FYBSc, SYBSc and TYBSc Chemistry Students on "Soft Core Vs Hard Core Chemistry in the light of Education Foresight" on 13th January 2024 at the Conference Hall Post Graduate Block of St Xavier's College.
- Organized the GU-ART 2024 Training session (Goa University Admission Ranking Test) for T.Y.B.Sc Chemistry students at St. Xavier's College, Mapusa-Goa on 3rd February 2024.
- Organized and participated in a Three-day State Level Workshop on 'Hands-on Training on

Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February 2024.

- Organized and participated in the 8th Annual Festival of Innovation: Goa's Young Innovators' organised by the Dept. of Chemistry, St. Xavier's College funded by the DBT, Govt. of India on 15th February 2024.
- Organised and coordinated a session titled “Essentials in Herbal Topicals” at St. Xavier's College, Mapusa on the 17th February 2024.
- Organized the Chemistry laboratory visit of students on 'Open Lab Day' as part of the National Science Day activities organised for school students from across the state of Goa, on 28th February 2024.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College at Pastoral Institute, Old Goa on 2nd March 2024.
- Organized an educational visit for F.Y.BSc. SEC-Chemistry students to Amsarveda, Amsar, Colvale on 12th March 2024 under the DBT Star College Scheme, funded by the Department of Biotechnology (DBT), Government of India.
- Organized a session on 'Demonstration and Hands-on Training Session on Soil and Water Sampling Techniques' held on 16th March 2024 for F.Y.B.Sc. SEC Chemistry students at St. Xavier's College, Mapusa-Goa.
- Organised a session titled “Career Opportunities in Chemistry” for the SY-SEC students at St. Xavier's College, Mapusa on the 23rd March 2024, funded by DBT- Star, Government of India.
- Participated and presented an Oral Presentation on “*An alternate method for the synthesis of medicinally important Biscoumarins*” at the Two-day International Conference on “Green Chemistry and Intellectual Property for United Nations Sustainable Development Goals” organized by Department of Chemistry, DM's College and Research Centre, Assagao in association with Directorate of Higher Education, Government of Goa on 22nd and 23rd March 2024.
- Participated and compered in the One-Day Faculty Development Program titled 'Outcome based Education and Academic excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College.
- Organized the Internship programme for students at Pharmaceutical Companies.
- Member, Association of Chemistry Teachers (ACT), Goa.
- Life Member, Chemistry Department Faculty and Alumni Association (CDFAA), Goa university, Goa.

Co-ordinated

- Participation of students in Intercollegiate Chemistry Quiz wherein students secured the third place.
- Rangoli Competition for students on 28th February on the theme “Science in day to day life”
- GUART training for TYBSc students for entrance exams
- Participation of students in an Intercollegiate event Chemtalsea organized by DM's College and Research Centre, Assagao, wherein students secured the first runners up title
- Participation of students in the 16th Annual One Day Symposium on the theme, “FASCINATING

WORLD OF CHEMICAL SCIENCES” for the T. Y. B.Sc. Chemistry Students of Science Colleges in Goa on Saturday, 9th March 2024 at Goa University, wherein the student secured the second place at the Oral Presentation.

- Session on “Stress Management and Life skills “for TYBSc students
- Field trip for students to Glenmark on 23rd March 2024.

Ms. Janesline P. D. Fernandes

- Member of BoS as Sub Committee Member for Inorganic Chemistry.
- Fellow Contributor – Fellow – FC -580 (Life Member) of the International Science Community Association (ISCA, Reg. under Ministry of Corporate Affairs, Govt. of India.)
- VC's Nominee on the Selection Committee of Goa University under CAS for promotion from Academic level 10 to academic level 11 at Carmel College, Nuvem.
- Member, Association of Chemistry Teachers (ACT), Goa.
- Life Member, Chemistry Department Faculty and Alumni Association (CDFAA), Goa university, Goa.
- Represented my TYBSc Project participation at the 16th Annual Intercollegiate TYBSc Chemistry Symposium “Fascinating World of Chemical Sciences”, on 9th March 2024, organized by CDFAA, Dept. of Chemistry and held at Goa University.
- Participated and attended a Two-day International Conference on 'Green Chemistry and Intellectual Property for United Nations Sustainable Development Goals', organized by DM's College and Research Centre, Mapusa in association with Directorate of Higher Education, Goa, held on 22nd to 23rd March 2024.

Ms. Edwina Pereira

- Organized Outcome Based Education: Pedagogies and Educational technologies during the odd semester, July to October, 2023 for the faculty, Department of Chemistry.
- Understanding the National Education Policy-2020, Organized a series of sessions, commencing from 7th to 13th October 2023, wherein the faculty presented their perspective of the National Education Policy-2020.
- Co-ordinated Educational field trips
- Glenmark Pharmaceuticals, Colvale, Goa, on 1st September 2023 for students of T.Y.B.Sc. and S.Y.B.Sc.
- Kaiga Atomic Power station, Karwar, Karnataka on 2nd September 2023 for T.Y.B.Sc. Chemistry students.
- Coordinated and accompanied students of F.Y.B.Sc. (Skilled Enhanced Course -Soil and Water Analysis) for an educational visit to Goa College of Agriculture, Ela Farm, Old Goa, on 4th September 2023.
- Initiated the faculty to apply, for the Goa State Research Foundation projects. Two of our department projects were approved by GSRF.
- Three - day State-level workshop on “Hands-on Training on sophisticated Analytical Instruments”

- “Summer School Program”
- Participated in a One-Day Faculty Development Program titled 'Outcome-based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College.

Mr. Mahesh Nair

- Member, BOS in Chemistry for Swayam Courses in Chemistry, Goa University.
- Member, Association of Chemistry Teachers (ACT), Goa.
- Completed the BSc Teachers Refresher Course (Chemistry) conducted at the Indian Institute of Science, Challakere Campus, Kundapura, Karnataka from 26th October to 10th November 2023.
- Judge at the State Level Inter-collegiate event 'CHEMSCOPE 2024' organised by the Post Graduate Department of Chemistry, St. Xavier's College, Mapusa on 31st January 2024.
- Participated in a Three-day State Level Workshop on 'Hands-on Training on Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February 2024.
- Participated in '8th Annual Festival of Innovation: Goa's Young Innovators' organised by the Dept. of Chemistry, St. Xavier's College funded by the DBT, Govt. of India on 15th February 2024.
- Teacher In charge for 'Open Lab Day' as part of the National Science Day activities organised for school students from across the state of Goa, on 28th February 2024.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College Pastoral Institute, Old Goa on 2nd March 2024.
- Participated in One-Day Faculty Development Programme titled 'Outcome based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College at St. Xavier's College, Mapusa, Goa on 12th April 2024.

Ms. Sheryl D'Cruz

- Member, Association of Chemistry Teachers (ACT), Goa.
- Member of BoS as Sub Committee Member for Physical Chemistry.
- Coordinated in organizing an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 2nd September 2023.
- Participated in a Three-day State Level Workshop on 'Hands-on Training on Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February 2024.
- Coordinator to organize the 8th Annual 'Festival of Innovation: Goa's Young Innovators', a State Level Workshop for School, HSS and College students, funded by Dept. of Biotechnology, Government of India, on 15th February 2024.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.

- Participated in One-Day Faculty Development Programme titled 'Outcome based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa, Goa.

Ms. Shivta Mhamal

- Member, Association of Chemistry Teachers (ACT), Goa.
- Member, Chemistry Department Faculty and Alumni Association (CDFAA), Goa university, Goa.
- Coordinated in organising an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 2nd September 2023.
- Completed a UGC-Malaviya Mission Teacher Training Centre, Goa University sponsored Two Week Refresher Course in Environmental Sciences (Inter-Disciplinary) (Online) conducted by Malaviya Mission Teacher Training Centre, Goa University from 3rd October 2023 to 16th October 2023.
- Attended a talk on the topic “Soft Core Vs Hard Core Chemistry in the light of Education Foresight” in collaboration with the Department of Biotechnology (DBT), Government of India under the DBT star college scheme on 13th January 2024 at the Conference Hall Post Graduate Block of St Xavier's College.
- Participated in a Three-day State Level Workshop on 'Hands-on Training on Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February 2024.
- Coordinator to organize the 8th Annual 'Festival of Innovation: Goa's Young Innovators', a State Level Workshop for School, HSS and College students, funded by Dept. of Biotechnology, Government of India, on 15th February 2024.
- Attended a session titled “Essentials in herbal Topicals” at St. Xaviers College, Mapusa on the 17th February 2024.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.
- Participated in the session for T.Y.B.Sc. Chemistry students on 'Stress Management and Life Skills', organised by the Department of Chemistry, St. Xavier's College, Mapusa-Goa on 30th March 2024.
- Participated in One-Day Faculty Development Programme titled 'Outcome based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Konkani recording of modules at Goa University for the FYBSc, SYBSc and TYBSc Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in July, September and October 2023.

Ms. Flavia S. Travasso

- Member, Association of Chemistry Teachers (ACT), Goa.
- Member, Chemistry Department Faculty and Alumni Association (CDFAA), Goa university, Goa.

- Member of BoS as Sub Committee Member for Organic Chemistry and Pharmaceutical Chemistry.
- Member of Advisory Committee of the college for the DBT Star College Scheme funded by Department of Biotechnology, Government of India.
- Coordinated in organising an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 2nd September 2023.
- Attended a Two Days National Level Workshop on 'Research Paper Writing and Publication Ethics' organised by Government College of Arts, Science and Commerce, Sanquelim-Goa on 8th and 9th September 2023.
- Completed a UGC-Malaviya Mission Teacher Training Centre, Goa University sponsored Two Week Refresher Course in Environmental Sciences (Inter-Disciplinary) (Online) conducted by Malaviya Mission Teacher Training Centre, Goa University from 3rd October 2023 to 16th October 2023.
- Delivered a session on 'Referencing Tool- Zotero' for M.Sc. Part II students on 18th October 2023 organised by the Post-Graduate Department of Chemistry, St. Xavier's College, Mapusa-Goa.
- Coordinated GU-ART 2024 Training session (Goa University Admission Ranking Test) for T.Y.B.Sc Chemistry students organised by Department of Chemistry, St. Xavier's College, Mapusa-Goa on 3rd February 2024.
- Participated in a Three-day State Level Workshop on 'Hands-on Training on Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th-7th February 2024.
- Coordinator to organize the 8th Annual 'Festival of Innovation: Goa's Young Innovators', a State Level Workshop for School, HSS and College students, funded by Dept. of Biotechnology, Government of India, on 15th February 2024.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.
- Coordinated a session on 'Demonstration and Hands-on Training Session on Soil and Water Sampling Techniques' held on 16th March 2024 for F.Y.B.Sc. SEC Chemistry students organised by the Department of Chemistry, St. Xavier's College, Mapusa-Goa.
- Coordinated the session for T.Y.B.Sc. Chemistry students on 'Stress Management and Life Skills', organised by the Department of Chemistry, St. Xavier's College, Mapusa-Goa on 30th March 2024.
- Participated in One-Day Faculty Development Programme titled 'Outcome based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Konkani recording of modules at Goa University for the FYBSc and TYBSc Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in July, September and October 2023.

Dr. Andrew D'souza

- Participated in International webinar on “Strategic Research Project Management: Quantum Dots Synthesis, Properties, and Applications for a Bright Future in Solar Energy Harvesting” organised by

R&D, IQAC of St Joseph Vaz College in collaboration with Applied Acoustic Research Institute Dubna Russia on 16th December 2023.

- In collaboration with the Department of Biotechnology (DBT), Government of India under the DBT Star College Scheme organized an Interactive talk for FYBSc, SYBSc and TYBSc Chemistry Students "Soft Core Vs Hard Core Chemistry in the light of Education Foresight" on 13th January 2024 at the Conference Hall Post Graduate Block of St Xavier's College.
- Organized a Three-day State Level Workshop "Hands-on Training on Sophisticated Analytical Instruments; Infrared spectroscopy, UV-Vis spectroscopy, High-performance liquid chromatography, Gas chromatography, X-Ray diffraction analysis and Cyclic voltammetry" from 5th-7th February 2024 at St. Xavier's College Post Graduate Block funded by the Directorate of Higher Education Government of Goa.
- Member, organizing committee for the 8th Annual Festival of Innovation: Goa's Young Innovators', held on 15th February 2024, organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa and funded by the DBT, Government of India.
- Participated in the Three-day DBT BUILDER Bioprocess Technology Workshop from 20th to 22nd February 2024 organised by the Department of Biological Sciences, BITS Pilani, K K Birla Goa Campus.
- Presented an Offline Poster Presentations at the International Conference on Advanced Functional Materials and Devices - 2024 from 26th- 29th February 2024 organised by Nanotechnology Research Centre (NRC) at SRMIST.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.
- Organised a "Demonstration and Hands on Training on Soil and Water Sampling Techniques" on 16th March 2024 for FYBSc SEC Chemistry Students who have opted for the paper "Water and Soil Analysis CHC141" at the Conference Hall Post Graduate Block of St Xavier's College
- Participated in One-Day Faculty Development Program titled 'Outcome based Education and Academic excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa.
- Performed Konkani recording of Seven-modules at Goa University for the FYBSc and TYBSc Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in July 2023 and January 2024.
- Life Member, Chemistry Department Faculty and Alumni Association (CDFAA), Goa university, Goa.

Dr. Johnross Albuquerque

- Attended an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 2nd September 2023.
- In collaboration with the Department of Biotechnology (DBT), Government of India under the DBT Star College Scheme organized an Interactive talk for FYBSc, SYBSc and TYBSc Chemistry Students "Soft Core Vs Hard Core Chemistry in the light of Education Foresight" on 13th January

2024 at the Conference Hall Post Graduate Block of St Xavier's College.

- Organized a Three-day State Level Workshop “Hands-on Training on Sophisticated Analytical Instruments; Infrared spectroscopy, UV-Vis spectroscopy, High-performance liquid chromatography, Gas chromatography, X-Ray diffraction analysis and Cyclic voltammetry” from 5th-7th February 2024 at St. Xavier's College Post Graduate Block funded by the Directorate of Higher Education Government of Goa.
- Member, organizing committee for the 8th Annual Festival of Innovation: Goa's Young Innovators', held on the 15th February 2024, organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa and funded by the DBT, Government of India.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.
- Participated in One-Day Faculty Development Program titled 'Outcome based Education and Academic excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa.
- Performed Konkani recording of Seven-modules at Goa University for the FYBSc and TYBSc Organic Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in July 2023 and January 2024.
- Member, BOS in Chemistry for Swayam Courses in Chemistry, Goa University

Dr. Mira Parmekar

- Performed Konkani recording of Seven-modules at Goa University for the FYBSc and TYBSc Organic Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in July 2023.
- Participated in an "Educational Visit to Goa College of Agriculture Old Goa" on 4th September 2023 organized by The Department of Chemistry, St. Xavier's College-Mapusa, Goa.
- Successfully completed the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) organized by UGC-MMTTC, Goa University from 16th to 26th October 2023 in online mode.
- Worked as BoS sub-category member for framing of NEP syllabus in the subject of Green Chemistry from December 2023 onwards at Goa University.
- Participated for the Intercollegiate Quiz Competition on "Green Chemistry and Laboratory Safety for Better Sustainability" organized by the Green Club, Department of Chemistry, DM's College, Assagao on 11th December 2023 for which the college team won the First place.
- Co-ordinated GU-ART 2024 Training sessions (Goa University Admission Ranking Test) organised by Department of Chemistry, St. Xavier's College, Mapusa-Goa Under the DBT-Star College Scheme on 27th January and 3rd February 2024.
- Delivered a talk to the IXth and Xth std. students of Shri Ram Vidya Mandir School, Colvale on 5th February 2024 on 'Learning Chemistry the fun way' and promoting basic science, as a part of Vidnyan Dhara- A Mega Science series, an initiative of Directorate of Higher Education (DHE), Porvorim. Goa.

- Organizing Secretary, Three-day State Level Workshop, "Hands-on Training on Sophisticated Analytical Instruments" from 5th-7th of February 2024 organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa, funded by Directorate of Higher Education, Government of Goa.
- Delivered a talk for students of Vth to IXth std. at Our Lady of Rosary High School, Mandrem, on 15th February 2024 on "Learning Chemistry the fun way" and promoting basic sciences, as a part of Vidnyan Dhara- A Mega Science series, an initiative of Directorate of Higher Education (DHE), Porvorim. Goa.
- Member, organizing committee for the 8th Annual Festival of Innovation: Goa's Young Innovators', held on 15th of February 2024, organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa and funded by the DBT, Government of India.
- Attended Annual Convention of All Goa Chemistry Teacher's Association (ACT-Goa) at PES College, Farmagudi, Ponda on 24th February 2024.
- Participated as Invited Judge for the Science expo 2024 of UG and PG students Science Project exhibition on 28th February 2024, Organised DM's College, Assagao, Goa.
- Coordinated demonstration experiments for open day for School students during on National Science Day celebration and organized Science Skit on the theme "Chemistry for sustainable development" under the DBT-Star College Scheme at St. Xavier's College, on 1st March 2024.
- Participated in One-day FEP titled 'Group Dynamics' organized by IQAC cell, St. Xavier's College on 2nd March 2024 at Pastoral Institute, Velha-Goa.
- Participated in an Inter-collegiate Chemistry event Chemtalsea 5.0 organised by DM's College, Assagao-Goa on 6th March 2024 for which the college students team won overall 2nd Place (First Runner-up Trophy).
- Participated in 16th Annual TYBSc Chemistry Symposium on the theme, "Fascinating world of Chemical Sciences: Chemistry Fest" at School of Chemical Sciences, Goa University, on Saturday, 9th March, 2024, for which presentation titled "Substituted Ferrites for Catalytic and Antimicrobial Applications" presented by Ms. Dalcy Fernandes and her group was awarded 2nd place in the Intercollegiate competition for Oral presentations of TY Dissertation.
- Organized an educational visit for F.Y.BSc. SEC-Chemistry students to Amsarveda, Amsar, Colvale on 12th March 2024 under the DBT Star College Scheme, funded by the Department of Biotechnology (DBT), Government of India.
- Organized the Annual TYBSc Chemistry Quiz for the TY students on 16th March 2024 at the college venue under the DBT Star College Scheme, funded by the Department of Biotechnology (DBT), Government of India.
- Participated in One-Day Faculty Development Program titled 'Outcome based Education and Academic excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College.

Dr. Rheane Da Silva

- Participated in an "Educational Visit to Glenmark Pharmaceuticals" on 1st September 2023 organized by The Department of Chemistry, St. Xavier's College-Mapusa, Goa.
- Coordinated training for the team for the Intercollegiate Quiz Competition on "Green Chemistry and

Laboratory Safety for Better Sustainability" organized by the Green Club, Department of Chemistry, DM's College, Assagao on 11th December 2023 for which the college team won the First place.

- Participated in the "All Goa Intercollegiate Quiz Competition for TYBSc", organized by the Association of Chemistry Teachers in association with School of Chemical Sciences on 2nd February 2024 for which the college team won Third place.
- Member, Three-day State Level Workshop, "Hands-on Training on Sophisticated Analytical Instruments" from 5th-7th of February 2024 organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa, funded by Directorate of Higher Education, Government of Goa.
- Organised and coordinated a session titled "Essentials in Herbal Topicals" at St. Xaviers College Mapusa on the 17th February 2024.
- Member, organizing committee for the 8th Annual Festival of Innovation: Goa's Young Innovators', held on the 15th of February 2024, organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa and funded by the DBT, Government of India.
- Participated in One-day FEP titled 'Group Dynamics' organized by IQAC cell, St. Xavier's College on 2nd March 2024 at Pastoral Institute, Velha-Goa.
- Participated in 16th Annual TYBSc Chemistry Symposium on the theme, "Fascinating world of Chemical Sciences: Chemistry Fest" at School of Chemical Sciences, Goa University, on Saturday, 9th March, 2024, for which poster titled "Characterisation and Identification of Organic compounds in Moringa Oleifera" was presented by project student Ms. Srushti Gawas and group.
- Organised and coordinated a session titled "Career Opportunities in Chemistry" for the SY-SEC students at St. Xaviers College Mapusa on the 23rd March February 2024, funded by DBT- Star, Government of India.
- Participated in One-Day Faculty Development Program titled 'Outcome based Education and Academic Excellence' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 12th April 2024 at St. Xavier's College, Mapusa.

Ms. Milagrina D'Souza

- Participated, International symposium cum workshop on "Emerging trends in Chemistry and it's allied sciences" on 30th September 2023 organised by Department of Chemistry, Dhempe College of arts and science in association with Royal Society of Chemistry (UK)- Local section Deccan-India
- Konkani recording of modules at Goa University for the FYBSc and SYBSc Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in October 2023.
- Participated, *Goa University Crystallography Workshop 2023- (GUCW-1)* ICDD® Workshop on **Materials Characterization using Powder X-ray Diffraction**, Hosted by School of Chemical Sciences, Goa University in collaboration with Vivertana Distributors Pvt. Ltd. on December 7th to 8th, 2023 at School of Chemical Sciences Auditorium, Science Block E, Goa University, Goa
- Participated at International Conference on '**Modern Trends in Inorganic Chemistry**' (MTIC-XX) and presented poster entitled "Synthesis & Structural Characterization of Bis(2-amino-6-methylpyridinium) tetrasulfidomolybdate" from 14th- 17th December 2023, organized by Division of

Chemical sciences- Indian Institute of Science(IISc), Bangalore, India.

- Successfully completed the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) organized by UGC-MMTTC, Goa University from 1st to 9th January 2024 in online mode.
- Participated, National Workshop on “Operation and Maintenance of Laboratory equipment” organized by Department of Microbiology, SXC, Mapusa- Goa in association with Western Regional Instrumentation Centre, Mumbai from 8th - 12th January 2024.
- Co-ordinator GU-ART 2024 Training sessions (Goa University Admission Ranking Test) organised by Department of Chemistry, St. Xavier's College, Mapusa-Goa Under the DBT-Star College Scheme on 27th January, 3rd February 2024.
- Organizing Secretary, Three-day State Level Workshop, "Hands-on Training on Sophisticated Analytical Instruments" from 5th -7th of February 2024 organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa, funded by Directorate of Higher Education, Government of Goa.
- Attended Annual Convention of All Goa Chemistry Teacher's Association (ACT-Goa) at PES College, Farmagudi, Ponda on 24th February 2024.
- Coordinated demonstration experiments for open day for School students during on National Science Day celebration under the DBT-Star College Scheme at St. Xavier's College, on 1st March 2024.
- Participated in One-day FEP titled 'Group Dynamics' organized by IQAC cell, St. Xavier's College on 2nd March 2024 at Pastoral Institute, Velha-Goa.
- Participated in an Inter-collegiate Chemistry event Chemtalsea 5.0 organised by DM's College, Assagao-Goa on 6th March 2024 for which the college students team won overall 2nd Place (First Runner-up Trophy).
- Participated in 16th Annual TYBSc Chemistry Symposium on the theme, "Fascinating world of Chemical Sciences: Chemistry Fest" at School of Chemical Sciences, Goa University, on Saturday, 9th March, 2024, for poster titled “Synthesis and study of Metal Aluminates” presented by Mr. Aneesh Pal.
- Organized an educational visit for F.Y. BSc. SEC-Chemistry students to Amsarveda, Amsar, Colvale on 12th March 2024 under the DBT Star College Scheme, funded by the Department of Biotechnology (DBT), Government of India.
- Coordinated, Annual T.Y.B.Sc. Quiz (written mode) for T.Y.BSc Chemistry students, organized by Department of chemistry, SXC under DBT Star College, Scheme on 16th March 2024.
- Attended, a lecture on “Organic and hybrid ferroelectrics for Piezoelectric Energy Energy Harvesting Applications” on 21st March 2024 at SCS, Goa-University
- Participated in One-Day Faculty Development Program titled 'Outcome based Education and Academic excellence' organized by the Internal Quality Assurance Cell (IQAC)of St. Xavier's College on 12th April 2024 at St. Xavier's College.

Mr. Clarence Rodrigues

- Participated in faculty development programme titled "Faculty Development Programme on 'Enhancing Final Year Student Projects' " organised by DHE-Goa on 12th June 2023.

- Participated in an "Educational Visit to Goa College of Agriculture Old Goa" on 4th September 2023 organized by the Department of Chemistry, St. Xavier's College-Mapusa, Goa.
- Attended a Sixteen-day FDP "BSc Teachers Refresher Course" organized by IISC and DHE at IISC Challakere from 16th October -10th November 2023.
- Attended a talk on the topic "Soft Core Vs Hard Core Chemistry in the light of Education Foresight" in collaboration with the Department of Biotechnology (DBT), Government of India under the DBT star college scheme on 13th January 2024 at the Conference Hall Post Graduate Block of St Xavier's College.
- Participated in Three-day State Level Workshop "Hands-on training on sophisticated analytical instruments" at St. Xavier's College, Mapusa organized by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February 2024.
- Organised an educational inter-departmental visit to BITS Goa on the 8th February 2024 organized by St. Xavier's College and funded by the DBT, Govt. of India.
- Participated and member organizing committee in the 8th Annual Festival of Innovation: Goa's Young Innovators' organised by the Dept. of Chemistry, St. Xavier's College funded by the DBT, Govt. of India on 15th February 2024.
- Organised and coordinated a session titled "Essentials in herbal Topicals" at St. Xaviers College, Mapusa on the 17th February 2024.
- Participated in faculty development programme titled "Group Dynamics" organised by IQAC of St. Xavier's College at Pastoral Institute on 3rd March 2024.
- Organised an educational and industrial visit to Glenmark Pharmaceutical on the 23rd March 2024 organized by the Department of Chemistry, St. Xavier's College-Mapusa, Goa.
- Participated in faculty development programme titled "Outcome based Education" organised by IQAC of St. Xavier's College at St Xaviers College on 12th April 2024.
- Coordinated Internship programme whereby more than 23 students of TY and SY placed in up to seven pharmaceutical companies for a period of 2 weeks to 1 month in May 2024.

Ms. Niti Naik

- Attended an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 9th September 2023.
- Attended a talk organised by Dr. Andrew D'Souza on the topic "Soft Core Vs Hard Core Chemistry in the light of Education Foresight" in collaboration with the Department of Biotechnology (DBT), Government of India under the DBT star college scheme on 13th January 2024 at the Conference Hall Post Graduate Block of St. Xavier's College.
- Attended a Three-day State Level Workshop "Hands on Training on Sophisticated Analytical Instruments, Infrared spectroscopy, UV-Vis High performance liquid chromatography, Gas chromatography, X-Ray diffraction analysis and cyclic voltammetry" from 5th to 7th February 2024 at St. Xavier's college Post Graduate block funded by directorate of Higher Education Government of Goa.
- Attended a talk on "Essentials of Herbal Topicals" on 17th February 2024 organised for the SYBSc

SEC chemistry students in the Conference hall of St. Xavier's college.

- Attended various programs organised on the occasion of National Science Day on 28th February 2024 in the Chemistry Department of St. Xavier's college.
- Participated in One-Day Faculty Development Programme titled 'Group Dynamics' organized by the Internal Quality Assurance Cell (IQAC) of St. Xavier's College on 2nd March 2024 at Pastoral Institute, Old Goa.
- Attended a “Demonstration and Hands on Training on Soil and Water Sampling Techniques” on 16th March 2024 for FYBSc SEC Chemistry students who have opted for the paper “water and soil Analysis CHC141” at the conference hall of St. Xavier's college Post Graduate Block.

Ms. Shradha S. Pligaonkar

- Attended an educational visit to Kaiga Atomic Power Station, Karwar, Karnataka for TYBSc Chemistry students on 9th September 2023.
- Attended and accompanied 8 SYBSc students for “SWACHH BHARAT NITOL GOEM SUMMIT - II” Organised by Responsible Earth Foundation in association with Agnel Institute of Technology & Design, Assagao at Agnel Institute of technology & Design, Assagao - Goa.
- Performed Konkani recording of Three-modules at Goa University for the FYBSc (CBCS) and SYBSc (CBCS) Organic Chemistry papers as a part of e-content recording in Chemistry initiated by Directorate of Higher Education, Goa in October 2023.
- Attended a talk organised by Dr. Andrew D'Souza on the topic “Soft Core Vs Hard Core Chemistry in the light of Education Foresight” in collaboration with the Department of Biotechnology (DBT), Government of India under the DBT star college scheme on 13th of January 2024 at the Conference Hall Post Graduate Block of St Xavier's College.
- Participated in a Three-day State Level Workshop on 'Hands-on Training on Sophisticated Analytical Instruments' organised by the Dept. of Chemistry and funded by the Directorate of Higher Education, Govt. of Goa from 5th -7th February, 2024.
- Member, organizing committee for the 8th Annual Festival of Innovation: Goa's Young Innovators', held on the 15th of February 2024, organized by the Department of Chemistry, St. Xavier's College, Mapusa - Goa and funded by the DBT, Government of India.
- Attended a talk on “Essentials of Herbal Topicals” on 17th February 2024 organised for the SYBSc SEC chemistry students in the conference hall of St. Xavier's college.
- Organised Rangoli Competition on 28th February 2024 on a theme “Science in Day to Day Life”
- Attended a session titled “Career Opportunities in Chemistry” for the SY-SEC students at St. Xaviers College Mapusa on the 23rd March 2024, funded by DBT- Star, Government of India.

DEPARTMENT OF COMMERCE

Prof. Filipe Rodrigues e Melo

- Key note speaker at the 6th International Conference on the theme, “Sustainable Practices and Recent Trends in Commerce” organised by Gramonnati Mandal's Arts, Commerce and Science

College, Narayangaon, Pune, Maharashtra on 29th February 2024

- Ph.D in Commerce awarded to Dr. Shekhar Sawant on the theme, “Investment Performance of Mutual funds in Goa: An Empirical Study” under the guidance of Prof. Filipe Rodrigues e Melo by Goa University.

Dr. Yasmin Z. Shaikh

- Faculty Knowledge Sharing Program-2023” organized by IBS and ICFAI group
- Two day workshop on “Digital Education: Conceptualisation, Design & Development of MOOCS”, organized by Consortium for Educational Communication (CEC), New Delhi, Goa State Higher Education Council and Directorate of Higher Education, Govt. of Goa on 12th & 13th October 2023, SCERT BLDG, Porvorim, Goa
- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

Prof. Oscar B. de Melo

Invited as a resource person

- P.T.A at St. Thomas High School for a talk on A.I, to the parents of children from Standard I-X on April 29th, 2024.
- P.T.A at Our Lady of Divar High School for a talk August 19th 2024
- Goa University to address the Girls football team selected for the Khelo India competition held at Guwahati on February 15th, 2024.
- GIPARD Old Goa on 23rd May 2023
- FDP of St. Xaviers HSS, held at Cruz de Milagres, Old Goa on 5th August, 2023.
- Career Guidance Talk at St. Thereza's HSS Candolim on 6th October, 2023.
- Induction Program for MBA students of Fr. Agnelo's Assagao on 5th September, 2023
- Career Guidance Talk at Government High School, Namoshi Guirim on 12th January, 2024
- Initiated and managed the YouTube channel "Dr. Oscar Braganca De Melo" to inspire and motivate young individuals towards excellence and personal growth with weekly uploads.
- Certificates of appreciation from BAJAJ FINSER - For significant contribution to enhancing students' employability
- Certificates of appreciation from BAJAJ FINSER for the invaluable contribution with expertise in planning and coordinating the success of the CPBFI batch conducted at the college.
- Participated in Faculty Enrichment Programme on “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024.
- Participated in Faculty Enrichment Programme on , “Outcome Based Education and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024

- Successfully organized and facilitated two batches of the CPBF course a 100 hour certificate programme, namely batch 1193 and 1194, with a total strength of 76 students, in March 2024.

Dr. Carmelita Dmello

- Organized a One Day Workshop on “Resume Writing & Interview Facing Skills” for Third Year B Com Students in September, 2023 By Sandra Mascarenhas, Sr. Manager Human Resources, Nordic Intent, Porvorim
- Resource person for the Two-Day State Level Workshop on the NEP syllabus of Semester II on the Subject of COM-137 Tourism and Hospitality Management on 18th December 2023.
- Published research paper on “A Systematic Literature Review On Importance Performance Analysis(IPA):Use Of Technology In Assessing Customer Satisfaction” Published In International Conference On Digital Business & Technology Management, 2023
- Attended a 3 Day International Level Workshop On Data Analysis & Interpretation Using SPSS Conducted By R Square Academy, Chennai from 9th-11th January 2024
- Attended a 2 Day International Level Workshop On EFA And CFA- Exploratory Factor Analysis & Confirmatory Factor Analysis Conducted By R Square Academy, Chennai From 11th & 12th February, 2024.
- Participated in Faculty Enrichment Program On 2nd March, 2024 On The Theme, “Group Dynamics” Organised By IQAC Cell, St Xavier's College, Mapusa-Goa
- Participated in faculty development program on 12th april, 2024 on the theme, “Outcome Based Education And Academic Excellence” Organized By IQAC Cell, St Xavier's College, Mapusa-Goa
- Co-authored a paper on “Building a Circular India: Case Studies in Sustainable Development across Sectors” which was presented at the National level Inter-collegiate event “Chanakya Bhoomi” organized by VVM's Shree Damodar College of Commerce and Economics in Margao on the 15th and 16th of March 2024 by TYBCom student Afaq Aga.
- Member of DRC Panel for 3 Ph. D students at Goa Business School

Ms. Maria Difa Fernandes

- Attended "Capacity Development of the Academic Administrators and College Principals of Goa for Implementation of NEP 2020" Organised by National Institute of Educational Planning and Administration (NIEPA), in collaboration with DHE, Govt. of Goa at SCERT, Alto Porvorim from 27th -29th February, 2024.
- Participated in Faculty Enrichment Programme on , “Group Dynamic” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024
- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024

Ms. Sumina da Costa

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024

Mr. Herwin Furtado

- Participated in Faculty Enrichment Programme on , “Group Dynamic” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024
- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024

Dr. Santana Fernandes

- Workshop on NEP 2020 Syllabus of Financial Accounting for B. Com Semester 1, organised by S. S.A. Government College of Arts and Commerce, Pernem Goa on 28th June, 2023.
- Workshop on 'Digilocker National Academic Depository Academic Bank of Credits' organised by Directorate of Higher Education, Alto Porvorim, on 6th October, 2023.
- Participated in Faculty Enrichment Program On 2nd March, 2024 On The Theme, “Group Dynamics” Organised By IQAC Cell, St Xavier's College, Mapusa-Goa
- Participated in faculty development program on 12th april, 2024 on the theme, “Outcome Based Education And Academic Excellence” Organized By IQAC Cell, St Xavier's College, Mapusa-Goa

Ms. Mumtaz Mendonca

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

Ms. Kimberly Barros

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

Ms. Swizel Alphonso

- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024
- Co-Writing of Research paper on the topic "Building a Circular India: case studies in Sustainable Development across sectors." Paper Presented by Afaq Agha (Ty bcom) at Niti Samvad at Shree Damodar College of Commerce and Economics on 15th March 2024 and won the Second Place
- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

Ms. Victorya Rodrigues

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024
- Participated in Refresher course in Commerce & Management at School of Management Studies KBC North Maharashtra University Jalgaon from 21-11-23 to 4-12-23

Ms. Zarina Chawdari

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024
- Participated in Refresher course in Commerce & Management at School of Management Studies KBC North Maharashtra University Jalgaon from 21-11-23 to 4-12-23

Mr. Frazer Taylor

- Attended a workshop for uniformity in teaching in the following multi-disciplinary courses introduced in Semester I on 22 nd July 2023 organized by Carmel College of Arts, Science and Commerce for Women.
- Attended a workshop on 'Data Analysis and Interpretation using SPSS' from 9 th January to 11 th January 2024.
- Attended the FDP organized by IQAC of St. Xavier's College, Mapusa on 12 th April, 2024 on Outcome Based Education and Academic Excellence.
- Presented a paper titled 'A Study on Service Quality, Satisfaction and Behavioural intentions of patients in Public hospitals of Goa' at International Conference on Development on Education Research, Information Systems and Management (ICDRISM-2023 held on 26 th & 27 th July, 2023 at Dubai, UAE.
- Presented a paper titled 'A Study on Public Health Expenditure and Select health Outcomes in India using State level data' at International Conference on Development on Education Research, Information Systems and Management (ICDRISM-2023 held on 26 th & 27 th July, 2023 at Dubai, UAE.
- Published a research paper on 'Relation between Per capita Public expenditure on Health and Income in India at Sub-National level,' (Indian Journal of Public Administration) (July 2023), UGC-Care list journal, Vol 69, Issue 2, ISSN 0019-5561, E-ISSN 2457-0222. Sage Publishers.
- Published a research paper on 'A Study on Public Health Expenditure and Select health Outcomes in India using State level data' (European Chemical Bulletin) (August 2023), UGC-Care list journal, Special issue 13, 7489-7500, ISSN 2063-5346.

- Co-authored a paper on “**Building a Circular India: Case Studies in Sustainable Development across Sectors**” which was presented at the National level Inter-collegiate event “Chanakya Bhoomi” organized by VVM's Shree Damodar College of Commerce and Economics in Margao on the 15th and 16th of March 2024 by TYBCom student Afaq Aga.

Ms. Elvira D'souza

- Participated in Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

DEPARTMENT OF COMPUTER APPLICATIONS

Worrel D'Souza

- Attended a one day Faculty Enrichment Programme on group dynamics organised by IQAC Cell of St. Xavier's on the 2nd of March 2024
- Attended a one day Faculty Enrichment Programme on Outcome Based Education And Academic Excellence organized by the IQAC cell of St. Xavier's College on the 12th of April 2024
- Participated in a 3 day Refresher course Level 1 on the topic “ Enhancing the Quality of Coaching “ by FCAR
- Was part of the core team in the syllabus drafting 3 day workshop for NEP for Bachelor of Computer Applications in April 2024
- Attended a 2 day workshop on January 5th and 6th 2024 on “NEP Syllabus ” for the B.C.A. Programme
- Organized a 1 day Hands on session on the Topic “Internet of Things “ in online mode for the students of MES college , Vasco in February 2024
- Was the resource person for hands on wokshop on the topic “Multimedia Technologies ” at Sridora Caculo College of Commerce and Management Studies on the 17th of February 2024
- Attended a One day workshop on “PYTHON PROGRAMMING CSA - 142” under NEP organized by Shree Damodar College of Commerce and Economics , Margao - Goa on the 11th of August 2023.

Aquilla Afonso

- Attended a one day Faculty Enrichment Programme on group dynamics organised by IQAC Cell of St. Xavier's on the 2nd of March 2024
- Attended a one day Faculty Enrichment Programme on Outcome Based Education And Academic Excellence organized by the IQAC cell of St. Xavier's College on the 12th of April 2024

Rushita Verlekar

- Attended a one day Faculty Enrichment Programme on group dynamics organised by IQAC Cell of St. Xavier's on the 2nd of March 2024
- Attended a one day Faculty Enrichment Programme on Outcome Based Education And Academic

Excellence organized by the IQAC cell of St. Xavier's College on the 12th of April 2024

- Attended a 2 day workshop on January 5th and 6th 2024 on “NEP Syllabus ” for the B.C.A. Programme

Stalin D'Sa

- Attended a one day Faculty Enrichment Programme on group dynamics organised by IQAC Cell of St. Xavier's on the 2nd of March 2024
- Attended a one day Faculty Enrichment Programme on Outcome Based Education And Academic Excellence organized by the IQAC cell of St. Xavier's College on the 12th of April 2024

DEPARTMENT OF COMPUTER SCIENCE

Ms. Sandra Fernandes

- Participated in a National Level Webinar on “Plagiarism: What it is? How to avoid and Penalties in India.”, organized by Library Department, St. Xavier's College, Mapusa on 29th August 2023.
- Participated in a Seminar cum Hands-on Demonstration on “Augmented Reality and Virtual Reality”, organized by DHE and GSHEC on 31st August 2023.
- Participated in a Workshop on “Capacity Development of Academic Administrators and College Principals of Goa for Implementation of NEP 2020” organized by NIEPA under the aegis of MoE, Government of India in collaboration with DHE, Government of Goa at SCERT Porvorim from 27th to 29th February 2024.
- Participated in the one day Faculty Enrichment Programme titled “Group Dynamics” organised by the Internal Quality Assurance Cell (IQAC) on 2nd March 2024 at Pastoral Centre Old Goa.
- Participated in a Workshop on “Outcome-Based Education for Teaching, Learning and Educational Technology” organized by DHE and GSHEC on 26th March 2024.
- Participated in the one day Faculty Enrichment Programme titled “Outcome Based Education and Academic Excellence” organised by the Internal Quality Assurance Cell (IQAC) on 12th April 2024.
- Attended an online workshop on “Tech-Infused Teaching: Amplifying Active Learning”, organized by MET- Centre of Educational Technology, Bhujbal Knowledge City, Mumbai on 25th May 2024.

Mr. Edwin D'Souza

- Participated in One day State Level workshop on NEP2020 syllabus for first year Computer Science / Computer Applications courses organised by Department of Computer Science of Government College of Arts, Science and Commerce, Sanquelim Goa on 5th July, 2023.
- Attended Two day State Level Workshop titled “Exploring NEXT.JS 13 with Prisma ORM and MongoDB” on 29th and 30th September 2023 organised by M.Sc. IT (Department of Computer Science), Parvati Chowgule College of Arts and Science Autonomous.
- Participated in Masterclass on “Transforming Academic Institutions” under Master Class Lecture Series, conducted at the Directorate of Higher Education, Government of Goa and Goa State Higher Education Council held on 18th December 2023.

- Participated in the one day Faculty Enrichment Programme titled “Group Dynamics” organised by the Internal Quality Assurance Cell (IQAC) on 2nd March 2024 at Pastoral Centre Old Goa.
- Participated in the one day Faculty Enrichment Programme titled “Outcome Based Education and Academic Excellence” organised by the Internal Quality Assurance Cell (IQAC) on 12th April 2024.

Mr. Parmanand Mandrekar

- Participated in One day State Level workshop on NEP 2020 syllabus for first year Computer Science / Computer Applications courses organised by Department of Computer Science of Government College of Arts, Science and Commerce, Sanquelim Goa on 5th July, 2023.
- Participated in the one day Faculty Enrichment Programme titled “Group Dynamics” organised by the Internal Quality Assurance Cell (IQAC) on 2nd March 2024 at Pastoral Centre Old Goa.
- Participated in the one day Faculty Enrichment Programme titled “Outcome Based Education and Academic Excellence” organised by the Internal Quality Assurance Cell (IQAC) on 12th April 2024.

Ms. Prajoti Chimulkar

- Attended the “ACM Goa Networking Event”, organized by ACM Goa Professions Chapter and PCCE ACM Student Chapter” on 29th September 2023 at Padre Conceicao College of Engineering, Verna. The resource person was Prof. Rajesh Sundaresan, IISC Bangaluru.
- Attended the post FDP follow up workshop on 5th December 2023 at Multipurpose hall, Directorate of Arts and Culture, Patto, Panjim, organized by Directorate of Higher Education.
- Attended a Refresher Course in Computational Sciences from 17th January 2024 to 1st February 2024, organized by Malaviya Mission Teacher Training Centre, Goa University.
- Participated in the one day Faculty Enrichment Programme titled “Group Dynamics” organised by the Internal Quality Assurance Cell (IQAC) on 2nd March 2024 at Pastoral Centre Old Goa.
- Participated in the one day Faculty Enrichment Programme titled “Outcome Based Education and Academic Excellence” organised by the Internal Quality Assurance Cell (IQAC) on 12th April 2024.

Ms. Avani Kharde

- Participated in a faculty development program for Non-Phd regular faculty organized by the Directorate of Higher Education in collaboration with Goa State Higher Education Council, Goa State research Foundation and Goa University on 8th June 2023.
- Participated in one day state level workshop on NEP 2020 Syllabus for first year Computer Science/Computer application courses organized by department of Computer Science of Government College of Arts, Science and Commerce Sanquelim, Goa on 5th July 2023.
- Participated in Two Day National Level Workshop on Robotics, IOT and cyber security organized by

the Department of IT and Computer Applications of Goa Multi Faculty College on 3rd and 4th August 2023.

- Participated in Day Training programme on Child Centric Disaster Risk Reduction Organized by Goa Institute of Public Administration & Rural Development in collaboration with National Institute of Disaster Management, South Campus From 16th to 18th August 2023.
- Completed Online Two week Inter disciplinary Refresher Course in Advanced Research Methodology from 23 March – 5th April, 2024 and obtained Grade A+ organized by Teaching Learning Centre in collaboration with Department of Computer Science, Ramanujan College, University of Delhi.
- Participate in one week online National level FDP On Generative AI Models and Applications of Machine Learning from 21st May to 25th May 2024 organized by Department of Computer Science and Engineering from Shri Vishnu Engineering College for Women(A), Bhimavaram.
- Participated in one week online IFDP on advancements in Data Science: exploring cutting-edge techniques its applications from 27th May 2024 to 31st May 2024 organized by Amity Institute of Information Technology, Amity University Rajasthan Jaipur.

Ms. Melissa Rodrigues

- Participated in One day State Level workshop on NEP 2020 syllabus for first year Computer Science / Computer Applications courses organised by Department of Computer Science of Government College of Arts, Science and Commerce, Sanquelim Goa on 5th July, 2023.
- Participated in Two days workshop on 'Digital Education: Conceptualisation, Design & Development of MOOCs' held on 12th & 13th October 2023 organised by Directorate of Higher Education (DHE) and Goa State Higher Education Council in collaboration with Consortium for Educational Communication (CEC), New Delhi.
- Participated in the one day Faculty Enrichment Programme titled “Group Dynamics” organised by the Internal Quality Assurance Cell (IQAC) on 2nd March 2024 at Pastoral Centre Old Goa.
- Completed Online Two - Week Interdisciplinary Refresher Course In “ADVANCED RESEARCH METHODOLOGY” from 23rd March – 05th April, 2024 organised by Teaching Learning Centre, Ramanujan College, University of Delhi Under the Aegis of Ministry of Education Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching.
- Participated in the one day Faculty Enrichment Programme titled “Outcome Based Education and Academic Excellence” organised by the Internal Quality Assurance Cell (IQAC) on 12th April 2024.

DEPARTMENT OF ECONOMICS

Ms. Gema Ataide

- Participated in the FDP for non-PHD regular faculty organized by the DHE in collaboration with the Goa State Higher Education Council, Goa State Research Foundation and Goa University on 15th June 2023

- Participated in the one-day state level workshop on 'NEP 2020 Syllabus for BA Economics in Major, Minor and Multidisciplinary Course Papers' organized by the Department of Economics, Government College of Arts, Science and Commerce, Sanquelim in association with the Board of Studies in Economics, Goa University on 8th July 2023
- Participated in the Smart Board Workshop cum Interactive session on 16th September 2023 at St. Xavier's College, Mapusa.
- Participated in the Panel Discussion on 'Sustainability in Higher Education Curriculum :Perspectives and Practice organised by GIMS on 25th October 2023
- Prepared and presented the Syllabus of B.A. Economics (Semester I and II NEP, Microeconomics – I and Microeconomics - II), on 05TH January 2024 at the Goa Business School, Goa University
- Participated in the FDP on 'Outcome based education and Academic Excellence' organized by IQAC, St. Xavier’s College, Mapusa on 12th April 2024

Ms. Jacqueline Monteiro

- Participated in the FDP for non-PHD regular faculty organized by the DHE Iin collaboration with the Goa State Higher Education Council, Goa State Research Foundation and Goa University on 15th June 2023
- Participated in the Smart Board Workshop cum Interactive session on 16th September 2023 at St. Xavier's College, Mapusa.
- Participated in the Workshop on the Syllabus of B.A. Economics on 05TH January 2024 at the Goa Business School, Goa University
- Participated in the FDP on 'Group Dynamics' organized by IQAC, St. Xavier's College, Mapusa on 2nd March 2024
- Participated in the FDP on 'Outcome based education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa on 12th April 2024

Ms. Ana Andrade e Souza

- Participated in the FDP for non-PHD regular faculty organized by the DHE Iin collaboration with the Goa State Higher Education Council, Goa State Research Foundation and Goa University on 15th June 2023
- Participated in the one-day state level workshop on 'NEP 2020 Syllabus for BA Economics in Major, Minor and Multidisciplinary Course Papers' organized by the Department of Economics, Government College of Arts, Science and Commerce, Sanquelim in association with the Board of Studies in Economics, Goa University on 8th July 2023
- One Day State Level Workshop on “NEP 2020 Syllabus for BA Economics in SEC and VAC papers”, organized by the Department of Economics, DCT'S Dhempe College of Arts and Science, Miramar, Panaji, Goa on 10th July 2023.
- Participated in the Smart Board Workshop cum Interactive session on 16th September 2023 at St. Xavier's College, Mapusa.
- Participated in the Panel Discussion on 'Sustainability in Higher Education Curriculum :Perspectives and Practice organised by GIMS on 25th October 2023

- Prepared and presented the Syllabus of B.A. Economics (Semester III and IV NEP, Macroeconomics – I and Macroeconomics - II), on 05TH January 2024 at the Goa Business School, Goa University
- Participated in the workshop on 'Fostering Entrepreneurial Spirit', on the 19th of February, 2024, held at the Center for Incubation and Business Acceleration (CIBA), Assagao
- Participated in the FDP on 'Group Dynamics' organized by IQAC, St. Xavier's College, Mapusa on 2nd March 2024
- Participated in the FDP on 'Outcome based education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa on 12th April 2024

Ms. Devashri Kamat

- Participated in the two-day state-level workshop titled "Entrepreneurship Launchpad: Unlocking the Entrepreneurial Potential Among the Youth in Goa" on February 28th and 29th, 2024, at the Government College of Arts, Science, and Commerce in Khandola-Marcela, Goa,
- Participated in the FDP on 'Group Dynamics' organized by IQAC, St. Xavier's College, Mapusa on 2nd March 2024
- Participated in the FDP on 'Outcome based education and Academic Excellence' organized by IQAC, St. Xavier's College, Mapusa on 12th April 2024

DEPARTMENT OF ELECTRONICS

Mrs. Vilma Fernandes

- Attended the Faculty Development Programme on “Outcome based education and Academic excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Attended a workshop on “Smart board workshop cum interactive session” held on September, 2023 at 12pm
- Presented a paper at the International Conference on Contemporary Challenges in Science, Engineering and Technology (ICCCSET-2024) titled, “Performance Evaluation and Efficacy of Wireless Medium Li-Fi Modulations in AWGN Channel present in a Hospital ICU Environment” on 24th February, 2024.
- Organized a Mascot and Electronics exhibition on Science Day on 28th February 2024, for High school students in Goa at St. Xaviers College, Mapusa, Goa.

Mr. Daryl Gonsalves

- Attended the Faculty Development Programme on “Outcome based education and Academic excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Attended a workshop on “Smart board workshop cum interactive session” held on September, 2023 at 12pm
- Organized a Mascot and Electronics exhibition on Science Day on 28th February 2024, for High school students in Goa at St. Xaviers College, Mapusa, Goa.

Dr. Cajé Francis Pinto

- Attended the Faculty Development Programme on “Outcome based education and Academic excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Attended a workshop on “Smart board workshop cum interactive session” held on September, 2023 at 12pm
- Organized a Mascot and Electronics exhibition on Science Day on 28th February 2024, for High school students in Goa at St. Xaviers College, Mapusa, Goa.

Ms. Sneha S. Talekar

- Attended the Faculty Development Programme on “Outcome based education and Academic excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa, Goa.
- Attended a workshop on “Smart board workshop cum interactive session” held on September, 2023 at 12pm
- Organized a Mascot and Electronics exhibition on Science Day on 28th February 2024, for High school students in Goa at St. Xaviers College, Mapusa, Goa.

DEPARTMENT OF ENGLISH

Dr. Maria Claudette Gomes

- Attended a One Day Workshop on 'Research Grant Writing' organised by GSHEC, GSRF and DHE on 5th September 2023 for the faculty of Language and Literature from 9.30 a.m. to 5.30 p.m.
- Attended Seminar-Workshop on 'Learning Outcomes-Based Curriculum Framework for Undergraduate Education' on 10th & 11th October 2023 at Auditorium, Faculty Block – E, Goa University

DEPARTMENT OF GEOGRAPHY:

Dr. Dadapir M. Jakati.

- Promoted as Professor of Geography –Level-14 .Approved by DHE and GU-SC-16.6.4
- Member of Affiliation Inquiry Committee, Goa University Goa during July and August 2023 and 11th June 2024 Visits to Three Government Colleges at Sanquelim, Khandola and Pernem Goa as subject expert appointed by Goa University.
- Recently appointed as Councilor, IGNOU Central University for M.Sc. Program in Geography –Academic year-2023-24
- Appointed as Ph.D. Referee to evaluate Ph.D. Thesis by S.P.Pune University, Pune on 07/03/2024
- Published a Research paper on "Spatio-Temporal Analysis of Agricultural Marketing in Goa, Bagayatdar Sahakari Kharedi Vikri sanstha Maryaditin Goa." JOURNAL OF RESEARCH ADMINISTRATION, UGC CARE II. SCOPUS. ISSN: 1539-1590, E ISSN:2573-7104 VOL-5 No.2, 24/11/2023. Date of acceptance is 01-11-2023.
- Published a Research paper on "Geographical Analysis Of Agriculture Marketing: A Case Study Of

Goa Bagayadar Sahakari Kharedi Vikri SaunstaMaryadit” Migration Letters, Volume: 21, No: S7 (2024), pp. 1259-1265 ISSN: 1741-8984 (Print) ISSN: 1741-8992 Scopus, (Online) www.migrationletters.com published on 04/03/2024.

- Published a Research paper on "Sustainable Growth of Mining Industry of Goa and its environmental Effects – A Geographical Perspective." European Chemical Bulletin Journal 2023, vol- 12(Special Issue 1), pp. 2189-2196, Scopus published on 21 st April 2023.
- Published a Research paper on Horticulture Development in Goa-A geographical perspective. Atishay Kalit Vol-10 Part –B Sr.18,published in Lotus July-December 2023 ISSN: 2277-419X UGC CARE 1 listed Peer Reviewed Journal pp. 440-447.
- Participated in One DAY Faculty Enrichment Program on Group Dynamics on 2nd March 2024, Outcome based education on 12 th April 2024 organized by IQAC, SXC.

DEPARTMENT OF HINDI

Mr. Salim Gaded

- Participated in Faculty Development program for non-phD regular faculty organized by Directorate of Higher Education in Collaboration with Goa State Higher Education Council, Goa Research Foundation and Goa university on 9th June 2023.
- Invited as resource person for the topic 'patrakarita, samacharlekhan aur feature lekhan' at Dhempe Higher secondary Cujira on 17th July 2023 organized by Goa Board of Secondary and Higher Secondary Education Porvorim.
- Attended workshop on the topic “ Vrutachitrallekhan Evam Nirman” at Government College Sanquelim Goa on 22nd and 28th July 2023.
- Invited as Guest Lecturer (Online Mode) on the topic “ swayamprabha ka mulyankantatha Dikshant meinsamasyayein” by Department of Collegiate and Technical Education, Government First Grade College, Dandeli, Government of Karnataka on 11th August 2023
- Organised four days' workshop for the FYBA, SYBA and TYBA students of Hindi, Marathi and Konkani of St. Xavier's College Mapusa from 8th till 12th September 2023.
- Invited as member of Editorial Board in BOS meeting for Hindi II Syllabus at Goa Board of Secondary and Higher Secondary Education Alto-Betim on 12th September 2023
- Invited as Coordinator for the Hindi Srujanutsav at Institute Menezes Braganza Panaji-Goa on 15th September 2023.
- Invited as Chief Guest for the Hindi Diwas Celebration at St. Francis Xavier's Higher Secondary School of Arts, Science and Commerce Siolim Goa on 16th September 2023.
- Attended meeting of Editorial Board in Hindi-II by Goa Board of Secondary and Higher Secondary Education on 6th October 2023.
- Attended meeting of BOS/Editorial Board in Hindi-II (HSSC) by Goa Board of Secondary and Higher Secondary Education on 10th October 2023.
- Attended FIP organised by st. Xaviers college on 2nd March 2024
- Exam duties at Goa University 6 and 7 March 2024.
- Attended two days National Seminar on the topic “Hindi-Konkani: Bhasha vigyan tatha vyakaran

mein chunautiyan” organised by Shenoi Goibab bhasha aur sahitya sankaaay, Hindi adhyayanShakha, Goa University on 6th and 7th March 2024.

- Invited as Resource person to deliver a lecture on the topic “Swatantryottar Hindi Upanyaas” by Department of Hindi, Government college of Arts, Science and Commerce on 9th March 2024.

Ms. Pritam Salgaonkar

- Attended two Days workshop at Government College Of Arts Science And Commerce, Sanquelim on the topic “Vruttachitra Lekhan Evam Nirman”.
- Attended Four Days workshop at St. Xavier's College, Mapusa -Goa on the topic “Vruttachitra Lekhan Evam Nirman”
- Attended one day Faculty Enrichment Programme on 2nd March 2024 at Pastoral Institute, Old Goa. The topic for the Faculty Enrichment Programme was Group Dynamics.
- Attended One Day Faculty Development Programme (FDP) at St. Xavier's College, Mapusa -Goa On 12th April 2024 on the topic “Outcome Based Education and Academic Excellence”.
- Attended one day workshop on 21st February 2024 organised by St. Xavier's College, Mapusa -Goa and Goa Konkani Academy, Panajim Goa. On the Topic “ Ekvisavya shekdyatle konkani sahityatle pravah”

Dr. Magdalene Desouza

- Participated in the workshop conducted by Prof. Gbriel Simon Thattil, Dean, Faculty of Commerce and Director, IQAC, University of Kerala And Organized by the NEP cell, Goa University on 10th and 11th October at Goa University on the topic “**Learning Outcomes- Based Curriculum Framework For Undergraduate Education**”
- Participated in the “**Translation**” workshop held at Institute Menezes Braganza, Panjim Goa on 10th June 2023.
- Participated in one day Faculty Enrichment Programme titled “**Outcome Based Education And Academic Excellence**” organized by the Interenal Quality Assurance Cell (IQAC) On 12th April 2024.
- Delivered the lecture on 10th January 2024 at Government College of Arts , Science and Commerce , khandola Goa on the topic “**Giligadu upanyas ka Mulyankan**”.
- Participated in the “**Translation**” workshop on 11th October 2024 at St. Xavier's College Mapusa – Goa. Organized by Konkani Bhasha Mandal – Goa. And Konkani Department of St. Xavier's College.

DEPARTMENT OF HISTORY

Dr. Sharmila Paes

- Member of the BOS (Chowgule College)
- Convenor of the GoenchiAsmitai Cell
- Member of the Career Guidance Cell
- Convenor of the Attendance Committee

- Member of the ISA Committee
- Member of the Board of Studies, Smt. Parvatibai Chowgule College, Margao-Goa
- Member of the Indian History Congress
- Organised the GoenchiAsmitaiDis
- Member and participant of an International Research Organization, *Pensando Goa*-(Brazil, Portugal and Goa), analyzing research themes on Goan literature and established litterateurs of Goa.
- Published a book (Co-authored) *The Quest for Goa-History and Heritage of Goa from Ancient Times to 2019* Goa 1556: Qurate Publishers, 30 May 2023. ISBN 9789395795029.
- Participated in one day Faculty Enrichment Programme titled, “Positive Vibes” organized by the IQAC, St. Xavier's College, Mapusa on 16th March 2023, at St. Joseph Spiritual Renewal Center, Cruz Dos Milagres, Old Goa.
- Published a research article 'Racial Hybrids and the Local Elite-Perceptions and Attitudes towards the 'Other' in Portuguese Goa in the 19th Century', in the book *The Colonial Periodical Press in the Indian and Pacific Ocean Regions*, ISBN 9780367198497, 2023, Routledge Publications.

DEPARTMENT OF JOURNALISM

Mr. Dinesh Nirawdekar

- Organized a guest lecture on the topic 'Emerging trends in Digital Journalism' for SY & TY on 20th July 2023.
- Attended Goa Legislative Assembly proceeding on 31st July 2023 at Secretariat in Porvorim with 22 students.
- Organized State Level photography on the theme 'Mystic Wilderness' in collaboration with Forest Department, Goa Government on 9th October 2023.
- Convenor MediaScope 8.0 for Higher Secondary School students across Goa on 13th December, 2023.
- Delivered a lecture at Government High school, Alto- Porvorim on Photoshop and Photo editing techniques for 9th & 10th standard students on 26th February 2024.
- Attended 'Filmbuster' event organized by Don Bosco College on 28th February 2024, where St. Xavier's College Bagged First place.
- Organized a road show cum career guidance session in collaboration with IT company 'KILOWATT' for students of FY, SY and TYBA Journalism, Mass Communication, SYBCA and TYBCA students on the 19th of March 2024.
- Organized 'Careers in Media' a three-day national level webinar from 21st-23rd March 2024.
- Organized 'Mediafest' an intra class competition for FY, SY and TY students between 26th-30th March 2024.
- Conducted a field visit to Prudent Media Channel to understand industry work ethics, Panjim on 8th April 2024 for TY students.
- Organized a certificate course on 'How to be an Influencer' organized by Department of Mass

Communication and Journalism at St. Xaviers College from April 29th-May 17th, 2024.

Mr. Lisvan Rodrigues

- Organized a guest lecture on the topic 'Emerging trends in Digital Journalism' for SY & TY on 20th July 2023.
- Organized State Level photography on the theme 'Mystic Wilderness' in collaboration with Forest Department, Goa Government on 9th October 2023.
- Organized MediaScope 8.0 for Higher Secondary School students across Goa on 13th December, 2023
- Organized Media Tour for the students of TYBA Journalism to Hyderabad from 5th to 12th January 2024.
- Organized a road show cum career guidance session in collaboration with IT company 'KILOWATT' for students of FY, SY and TYBA Journalism, Mass Communication, SYBCA and TYBCA students on the 19th of March 2024.
- Organized a session for students of mass communication and journalism on the theme “How to Make an Impact on Social Media – Hits and Flops,” on March 21st, 2024 with Flexcia D'Souza, a former journalist with Times of India, social media marketing consultant, and travel and lifestyle creator.
- Organized 'Mediafest' an intra class competition for FY, SY and TY students between 26th-30th March 2024.
- Conducted a field visit to Prudent Media Channel to understand industry work ethics, Panjim on 8th April 2024 for TY students.
- Organized & lectured at a certificate course on 'How to be an Influencer' organized by Department of Mass Communication and Journalism at St. Xaviers College from April 29th-May 17th, 2024.

Mr. Nitin Volvoikar

- Organized a guest lecture on the topic 'Emerging trends in Digital Journalism' for SY & TY on 20 July 2023.
- Organized State Level photography on the theme 'Mystic Wilderness' in collaboration with Forest Department, Goa Government on 9th October 2023.
- Organized MediaScope 8.0 for Higher Secondary School students across Goa on 13th December, 2023
- Organized a road show cum career guidance session in collaboration with IT company 'KILOWATT' for students of FY, SY and TYBA Journalism, Mass Communication, SYBCA and TYBCA students on the 19th of March 2024.
- Organized 'Careers in Media' a three-day national level webinar from 21st-23rd March 2024.
- Convenor 'Mediafest' an intra class competition for FY, SY and TY students between 26th-30th March 2024.
- Organized & lectured at a certificate course on 'How to be an Influencer' organized by Department of Mass Communication and Journalism at St. Xaviers College from April 29th-May 17th, 2024.

DEPARTMENT OF KONKANI

Mr. Dharma Chodankar (HOD)

- Resource person for the Konkani teaching course held at Thomas Stephens Konkani kendra, Porvorim from 13th July to 10th August 2023.
- Participated in 20th International Conference on Natural Language Processing (ICON) from 14th December to 17th December 2023 organised by Goa University.
- Attended seminar on the topic “Shenoi Goybab: jivit ani barap” at Bal bhavan, Panaji organized by Sahitya akademi in collaboration with Goa Konkani Akademi, Panaji and Bal Bhavan, Panaji from 16th to 17th December 2023.
- Organized authors meet on 31st January 2024.
- Organized and attended One day translation workshop on the topic “Ankar : tantra ani prayog” on 1st February 2024.
- Organized and attended translation workshop in collaboration with YIN Gomantak on the topic “importance of translation” on 9th January 2024.
- Organized and attended one-day state-level seminar titled "Trends of Konkani Literature in the 21st Century" on 21st February 2024 in collaboration with the Goa Konkani Academy.
- Organized and attended a national seminar on the topic "Romi Kav'ya Ovixkar" in collaboration with Dalgado Konkanni Akademi (DKA) Panjim, Goa, on 15th March 2024.
- Participated in the Faculty Enrichment Programme on the topic “Group Dynamics” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 02nd March 2024.
- Participated in the Faculty Enrichment Programme on the topic “Outcome Based Education And Academic Excellence” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 12th April 2024.

Mr. Silvester Vaz

- Resource person for the Konkani teaching course held at Thomas Stephens Konkani kendra, Porvorim from 13th July to 10th August 2023.
- Attended State consultation Programme on Online child abuse organized by National child care fund at Fr. Agnel college, Pilar on 7th September 2023.
- Attended one day state level seminar on the topic “Mahitipat : lekhan ani nirmiti” organized by Dhempe college of Arts & commerce, Miramar on 24th August 2023.
- Participated in the National level webinar on “Plagiarism: What it is? How to avoid and penalties in India” organized by Department of Library, St. Xavier's College, Mapusa on 29th August 2023.
- Participated in 15th meeting of the Forum for Information Retrieval Evaluation from 15th December to 18th December 2023 organised by Goa University.
- Attended one day state level seminar on the topic “Vaman Balkrishna sardesai : Jivit ani vavar” organized by Dhempe college of Arts & commerce, Miramar on 06th January 2024.
- Presented Paper for the One day National Seminar on the topic “Contemporary literature and society” organized by Raosahib gogate college of commerce and Smt. Saraswatibai ganshet walke college of Arts, Banda, Sindhudurg, Maharashtra on 17th February 2024.

- Attended seminar on the topic “Shenoi Goybab: jivit ani barap” at Bal bhavan, Panaji organized by Sahitya akademi in collaboration with Goa Konkani Akademi, Panaji and Bal Bhavan, Panaji from 16th to 17th December 2023.
- Organized authors meet on 31st January 2024.
- Organized One day translation workshop on the topic “ Ankar : tantra ani prayog” on 1st February 2024.
- Organized translation workshop in collaboration with YIN Gomantak on the topic “importance of translation” on 9th January 2024.
- Organized one-day state-level seminar titled "Trends of Konkani Literature in the 21st Century" on 21st February 2024 in collaboration with the Goa Konkani Academy.
- Organized a national seminar on the topic "Romi Kav'ya Ovixkar" in collaboration with Dalgado Konknni Akademi (DKA) Panjim, Goa, on 15th March 2024.
- Published research article on the topic “Pundalik Naik hanchya 'Khan Khan mati' natkantali lokta'tva” in the St. Xavier's College, Mapusa interdisciplinary research journal 'Spectrum' Vol. XV, August 2023.
- Participated in the Faculty Enrichment Programme on the topic “Group Dynamics” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 02nd March 2024.
- Participated in the Faculty Enrichment Programme on the topic “Outcome Based Education And Academic Excellence” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 12th April 2024.

Dr. Fr. Luis Xavier Gomes

- Published a research paper on the topic “Doutrina Cristam: Bhaxik Obheas” in the St. Xavier's College, Mapusa interdisciplinary research journal 'Spectrum' Vol. XV, August 2023.
- Resource person for the Konkani teaching Certificate course held at Thomas Stephens Konkani kendra, Porvorim from 13th July to 10th August 2023.
- Organised a Certificate Course on the topic “Theatre Acting through Workshop” in collaboration with Tiatr Academy of Goa on 19th August 2023 to 5th September 2023.
- Presented a research paper on the topic “Konkani kayantlean Ekvott” at the national seminar organized by Kala Niketan, Goa in collaboration with Fr. Agnel College of arts and commerce, Pilar and Directorate of arts and culture from 19th - 20th August 2023.
- Presented a research paper on the topic “Rupkar prakarantalo avixkar” at the Bal Bhavan, Panaji organized by Kendriya Sahitya Akademi, Delhi and Goa Konkani Akademi, Panaji from 16th - 17th December 2023.
- Participated in the national Seminar organized by Dhempe College and Ashawadi Prakashan Mumbai on the topic “Katha Daiz: Kannada ani Devanagri Lipientli Onnkarait Konkani Katha” on 8th December 2023 at Dhempe College Miramar Panjim Goa.
- Organized translation workshop in collaboration with YIN Gomantak on the topic “importance of translation” on 9th January 2024.
- Participated in Workshop on “Designing Syllabus as Per NEP 2020” organised by the Department of Konkani at Goa University Taleigao on 30th January 2024.

- Organized 'Authors Meet' in collaboration with Goa Konkani Academy Panjim Goa for the students of Konkani Department on 31st January 2024.
- Organized One day translation workshop in collaboration with Konkani Bhasha Mandal Margoa-Goa, on the topic “Ankar : tantra ani prayog” on 1st February 2024.
- Presented research paper on the topic “Bhayalya missionarincho konkani bhaxik vavr” organized by dept. Of Konkani Govt. college, Khandola, Marcel in collaboration with Directorate of Archives on 14 February 2024.
- Participated in the Faculty Enrichment Programme on the topic “Group Dynamics” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 02nd March 2024.
- Organized one-day state-level seminar titled "Trends of Konkani Literature in the 21st Century" on 21st February 2024 in collaboration with the Goa Konkani Academy.
- Moderated a panel discussion on the topic “ Bolkao: Kathakarachea Kathancher Bhasabhas” organised by Rosary College Navelim on 9th March 2024.
- Organized a national seminar on the topic "Romi Kav'ya Ovixkar" in collaboration with Dalgado Konknni Akademi (DKA) Panjim, Goa, on 15th March 2024.
- Delivered a Talk on the topic “Joao Augustine Fernandes Hanchea Kunnbi Jaki Tiatracho Somajik Obheas” organised by Ganpat Parsekar College of Education Arambol Goa on 21st March 2024.
- Resource person for the certificate course on “Basic Konkani learning course” at Thomas Stephens Konkani Kendra, porvorim from 9th April 2024 to 19th April 2024.
- Participated in the Faculty Enrichment Programme on the topic “Outcome Based Education And Academic Execlence” organised by Internal Quality Assurance of St. Xavier's College Mapusa Goa on 12th April 2024.
- Resource person for the Certificate Course on “Romi Konkani Adhyan” at Seminary Niwas, Duler, Mapusa organized by Dalgado Konknni Akademi, Panaji in collaboration with Dept. of Konkani St. xavier's College, Mapusa for the academic year 2023 -24.
- Guided a TYBA Project on the topic “Poromporik Vostuncho Obheas” for the academic year 2023-2024.

Ms. Siddhi Gawas

- Resource person for the Konkani teaching course held at Fr. Thomas Stephens Konkani Kendra, Porvorim from 13th July to 10th August 2023.
- Attended Konkani focus session titled 'Challenges of Digital Age: A Konkani Perspective' at the 20th international conference on natural language processing 2023, held at Goa University on 17th December 2023.
- Attended one day state level workshop on the topic 'Mahaitipat Lekhan Aani Nirmiti' on 24th August 2023 organised by the Dempo college of arts and commerce, at Goa Science Centre Miramar.
- Attended Konkani focus session titled 'Challenges of Digital Age:A Konkani Perspective' at the 20th international conference on natural language processing 2023, held at Goa University on 17th December 2023.
- Attended a programme on the topic 'Kalasadhak' organised by Fr. Agnel College Pilar and Varadyacho Ishtt on 6th January 2024.

- Attended one day state level workshop on the topic 'Goemchem Lokkalechem Daiz: Mando Ani Dulpod'. Organised by the dept of Konkani Vasant Joshi College Of Arts and Commerce, Zuarinagar in collaboration with Goa Konkani Academy on 13th march 2024.
- Attended a programme on the topics 'Lekhak tumche bhetek' and 'Nari Chetana' organised by the dept. of Konkani Carmel College Nuven in collaboration with Konkani Bhasha Mandal Goa and Sahitya Academy New Delhi on 24th March 2024.
- Organised one day state level seminar on the topic titled 'Trends of Konkani literature in the 21st century' on 21st February 2024 at st. Xaviers College Mapusa in collaboration with Goa Konkani Academy.
- Presented a paper on the topic ' Varsal Katha Sangrahan Aaillo Vidrohi Swar' for the one day state level seminar on the topic titled 'Trends of Konkani literature in the 21st century' on 21st February 2024 at st. Xaviers College Mapusa in collaboration with Goa Konkani Academy.
- Organized One day translation workshop on the topic "Ankar: tantra ani prayog" on 1st February 2024.
- Organized translation workshop in collaboration with YIN Gomantak on the topic "importance of translation" on 9th January 2024.
- Organized a national seminar on the topic "Romi Kav'ya Ovixkar" in collaboration with Dalgado Konknni Akademi (DKA) Panjim, Goa, on 15th March 2024.

Ms. Aashita Naik

- Attended National symposium Topic “life and works of Dr. Manohar Sardesai” at Goa University on 13th March 2024
- Attended Yuva sahitya sammelan on 18 February 2024 organised by VM salgaonkar college, Miramar in collaboration with Goa Konkani Akademi.
- Attended state level seminar on the topic “ Pandurang bhangi: Jeen ani vavar on 7th January 2024 organized by Dhempe college, Miramar.
- Attended National level workshop on the topic “ Humanism” on 23 October 2023 at Multipurpose Hall of Art and Culture, Panjim
- Attended State level seminar on the topic “Ekvisavya Shekdyantle Konkani Sahityantle Pravah” on 21 February 2024 organised by Dept. of Konkani, St.Xaviers College, Mapusa.

DEPARTMENT OF MARATHI

Dr. Vrunda Kelkar

- Invited as chair person for session in National Level seminar Titled 'मराठी साहित्यातील प्रवासवर्णने' on 9th February 2024.

Dr. Apurva Betkekar

- Released book of poems under Goa Government scheme of 'नई पहल' at Rajbhawan on 21st October 2023.

Dr. Prachi Joshi

- Resource Person for Marathi Conference organised by Gomantak sahitya sewak Mandal in

collaboration with Balram educational institution Canacona & official Language cell of Goa on 14th January 2024 for presenting Research Paper on the Topic 'आम्ही बहिणाबाईंच्या वंशज'

- Felicitated as National Best Teacher on 29th Oct. 2023 at Belgaum by the National Rural development foundation of Delhi, Karnataka, Maharashtra, Gujarat & Delhi.
- Released a book entitled “समकालीन कादंबरीकारांचा तौलनिक अभ्यास” a comparative study of Contemporary novelists, offering insights into modern trends and themes within Marathi literature.

DEPARTMENT OF MATHEMATICS

Dr. B. C. Nair

- In Faculty Enrichment Programme on , “Outcome Based Education: and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024
- Participated in Faculty Enrichment Programme on , “Group Dynamics” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024

Mr. Gajanan Parab

- Attended FDP on 'Enhancing Final Year Student Projects' for non-PhD Regular faculty organised by Directorate of Higher Education (DHE) in association with Goa State Higher Education Council (GSHEC), Goa State Research Foundation (GSRF) and Goa University on 8 June 2023 at Goa University.
- Attended 8 weeks **Faculty Development Programme** on “Introduction to Abstract and Linear Algebra” organised by NPTEL-AICTE Swayam from July to September 2023.
- Attended one day **State Level Seminar** on 'Emerging Trends in Mathematics and Computer Science' organised by the Department of Mathematics and Statistics, Gopal Govind Raiturkar College of Commerce and Economics, Ponda Goa.
- Attended B.Sc. Teachers **Refresher Course in Mathematics** organised by Indian Institute Of Science ,Chellakere Campus at Khudapura ,Karnataka and Directorate of Higher Education, Goa from 26 October 2023 to 10 November 2023.
- Participated in Designing and presenting the Undergraduate Mathematics syllabus for BSc. Of Goa University on 04 January 2024 at Department of mathematics Goa University.
- Participated in MTA **Regional Conference Goa 2024** organized by Mathematics Teachers' Association, India [MTA(I)], State Council of Educational Research and Training (SCERT) and Directorate of Higher Education (DHE) on 27 th and 28 th January 2024 at SCERT Building, Porvorim–Goa.
- Attended one day **Faculty Enrichment Programme** titled " GROUP DYNAMICS" organised by IQAC of St. Xaviers College on 02 March 2024.
- Attended one day Faculty Enrichment Programme titled " OUTCOME BASED EDUCATION AND ACCADEMIC EXCELLENCE " organised by IQAC of St. Xaviers College on 12 April 2024.

Dr. Jervin Zen Lobo

- Deputed to IIT Goa for a Faculty Enrichment Internship Program in Mathematics (nominated by DHE) from 19 th July – 4 th December 2023.
- Sanctioned a Research Project in Mathematics from January 2024 – January 2027 by Department of Science & Technology.
- Participated in a Three – Day Short Term Course on “Perspectives on How to do Research” organized by IIT Goa between 19 th – 21 st July 2023.
- Chairperson for the One – Day state level workshop on NEP 2020 syllabus of First Year B.Sc. Mathematics organized by the Department of Mathematics, Government College of Arts, Science & Commerce, Sanquelim, Goa on 20 th July 2020.
- Subject Expert on the Interview Panel for selection of Assistant Professors at Carmel College of Arts, Science and Commerce for Women, Nuvem, Goa.
- Appointed in a Committee to certify the relevance of Ph.D. obtained by a candidate from National Institute of Technology (NIT), Surathkal, Karnataka.
- Constituted as a member of the Departmental Research Committee (DRC) to examine the suitability of a candidate's research work leading to Ph.D. in Mathematics.
- Member of the Board of Studies (BoS) in Mathematics for Goa University from 10 th November 2021 for a term of 3 years.
- Reviewer for various reputed journals.
- Delivered a talk on “Perspectives of Research in Pure Mathematics” for students of Government College of Arts, Science & Commerce, Quepem, Goa on 7 th September 2023.
- Conducted two sessions on “Python Programming” in the Refresher Course in Mathematics and Computational Sciences organized by the UGC-Malaviya Mission Teacher Training Centre (Formerly Human Resource Development Centre), Savitribai Phule Pune University, Pune at the Department of Mathematics, School of Mathematical Sciences, Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon during the period from 25 th October to 7 th November 2023.
- Participated and successfully completed the Refresher Course in Mathematical Sciences organized by Teaching Learning Centre, Ramanujan College, University of Delhi, in collaboration with Sri Sarada College for Women (Autonomous), affiliated to Periyar University, Salem, under the aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching from 31st October – 14th November 2023.
- Worked as a Resource Person for the in-service training program on “Solving JEE and Competitive Exams” conducted for Higher Secondary School teachers teaching Mathematics, organized by the State Council of Educational Research & Training (SCERT), Porvorim under GSS- Teacher Education on 21st and 22nd November 2023.
- Organized and participated in MTA Regional Conference Goa 2024 organized by Mathematics Teachers' Association, India [MTA(I)], State Council of Educational Research and Training (SCERT) and Directorate of Higher Education (DHE) on 27th and 28th January 2024 at SCERT Building, Porvorim – Goa.
- Attended a Workshop on “AI & Automation in MS Excel” conducted by Mr. Jatan Shah, Microsoft Certified Trainer, Skill Nation, on 4th February 2024.

- Resource person on “Perspectives of Doing Research” in the International E-Conference on Integrated Sciences organized by Department of Botany, Chemistry, Mathematics & Statistics and Zoology, Shri. Yashwantarao Patil Science College, Solankur on 8 th February 2024.
- Participated in a One – Day Workshop on “Research and Review Paper Writing Using Modern and AI Tools” conducted by Nilesh Kumbhar, My Research Support on 18 th February 2024.
- Attended one day **Faculty Enrichment Programme** titled " GROUP DYNAMICS" organised by IQAC of St. Xaviers College on 02 March 2024.
- Attended one day Faculty Enrichment Programme titled " OUTCOME BASED EDUCATION AND ACCADEMIC EXCELLENCE " organised by IQAC of St. Xavier's College on 12 April 2024.
- Chairperson of the Board of Examiners/Paper Setters for the Third Year B.Sc. Goa University Examinations in April 2024.

Mr. Rahul Naik

- Attended a workshop on NEP 2020 Syllabus of FY BCom Mathematics organised by Government College of Commerce and Economics, Borda, Margao, Goa, Department of Mathematics on 04 July 2023.
- Attended a workshop on NEP 2020 Syllabus of FY BSc Mathematics organised by Government College of Commerce and Economics, Borda, Margao, Goa, Department of Mathematics on 20 July 2023.
- Attended Refresher Course : Python and Vedic Mathematics organised by Teaching Learning Centre & Department of Mathematics, Ramanujan College, University of Delhi from 13 July 2023 to 26 July 2023
- Attended one day FACULTY ENRICHMENT PROGRAM titled " OUTCOME BASED EDUCATION AND ACCADEMIC EXCELLENCE " organised by IQAC of St.Xaviers College on 12th April 2024.

Mr. Swapnil Belekar

- Deputed at IIT Goa, Farmagudi-Ponda, Goa for Faculty Enrichment Internship Program (FEIP) for the even semester of the academic year 2023-2024 by Directorate of Higher Education (DHE), Alto Porvorim-Goa.

DEPARTMENT OF MICROBIOLOGY

Ms. Ursula Barreto

- Co coordinator National Seminar on “ Expanding the Horizons of Microbiology” organized in collaboration with Microbiologist's Society India, Government College Khandola, PES College Ponda and St. Joseph Vas College Cortalim, on 6th and 7th October 2023.
- Participated in the 3rd National Level Online Workshop on “Transformation through NAAC Accreditation Process” organized by Institute of Academic Excellence on 30th & 31st October 2023.
- Convenor National Level Workshop on “Operation and Maintenance of Laboratory Equipment”

organized in collaboration with WRICS Mumbai and DHE Government of Goa from 8th to 12th January 2024.

- Participated in the Coordinators' Meet cum 3rd Review Meeting of the Task Force, DBT Star College Programme held at R.V.S. College, Coimbatore from 7th to 9th February, 2024.
- Convenor 'Xavier's Open Lab Day' State Level outreach program organized for schools of Goa as part of the National Science Day celebrations under the DBT STAR College Scheme on 28.2.2024.
- Convenor 'Science for a Sustainable Future' Interdepartmental Skit Competition organized at St. Xavier's College, to commemorate National Science Day, on 6th March 2024.
- Member Committee for drafting syllabi of Courses for the Microbiology UG program under NEP 2020.
- Attended FDP on "Group Dynamics & Interpersonal relationships" at Pastoral Institute, Old Goa, on 2nd March 2024 .
- Attended FEP on "Outcome based education and Academic Excellence" organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.

Ms. Linette de Souza

- Attended National Level Workshop on "Operation and Maintenance of Laboratory Equipment" conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa
- Attended FEP on "Group dynamics" organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Attended FEP on "Outcome based education and Academic Excellence" organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Participated in the National Seminar on "Expanding the Horizons of microbiology" cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Involved in the designing of course papers for the Microbiology program under NEP- 2020.

Ms. Katelyn Gonsalves

- Member of B O S Microbiology- involved in the designing of NEP course papers for the Microbiology (UG) program Semesters III to VIII and Microbiology (PG) Part I& II.
- Organizing Secretary - National Level Workshop on "Operation and Maintenance of Laboratory Equipment" conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa in collaboration with WRIC, Mumbai
- Attended FEP on "Group dynamics" organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Attended FEP on "Outcome based education and Academic Excellence" organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Participated in the National Seminar on "Expanding the Horizons of Microbiology" cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Participated in a Workshop on "Learning Outcomes-based Curriculum Framework for Undergraduate Education" organized by NEP Cell, Goa University on 10th & 11th October 2023 at Goa University.

Ms. Arina Frank

- Conducted 'Orientation Programme' for F.Y.B.Sc students of St. Xavier's College on 28th July 2023.
- Organized a competition on 'DIY Water Filtration' for students of Microbiology of St. Xavier's College on 4th September 2023.
- Attended Refresher course on 'Environmental Science Interdisciplinary' from 3-10-23 to 16-10-23 organised by HRDC, Goa University in online mode.
- Participated in the National Seminar on “Expanding the Horizons of microbiology” cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Invited as Resource person for hands on workshop on 'Bioenzyme: an entrepreneur approach' at Dhempe College, Miramar on 9th Dec 2023
- Attended National Level Workshop on “Operation and Maintenance of Laboratory Equipment” conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa
- Conducted 2 sessions for Vidnyan Dhara 2024 sessions organised by DHE, Goa at Auxillium High school on 17-1-24 and at Popular High School. Goa- Velha 05-02-24.
- Conducted student activity for T.Y.BSc students on 'Preparation of compost and testing its efficacy on Kitchen plants' from 20th Dec 23 to 20th Feb 2024.
- Attended FDP on “Group Dynamics & Interpersonal relationships' on 2nd March 2024 at Pastoral Institute, Old Goa .
- Attended FDP on 12th April 2024 on 'Outcome based Education and Academic Excellence” conducted by Prof Niyam Marchon, organised by IQAC, St Xavier's College.
- Involved in the designing of course papers for the Microbiology program under NEP 2020.
- Conducted Field Trip for students of Hematology to District Hospital, Mapusa Goa on April 2024.

Ms. Ruella D'souza

- Attended National Level Workshop on “Operation and Maintenance of Laboratory Equipment” conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa
- Attended FEP on “Group dynamics” organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Attended FEP on “Outcome based education and Academic Excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Participated in the National Seminar on “Expanding the Horizons of microbiology” cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Attended and completed Bioprocess Technology Workshop from 20th to 22 February 2024 under DBT Builders Program at BITS Pilani, K K Birla Goa Complex.
- Attended Ingenious faces meet organized by DHE TIP on 15th September 2023 at Porvorim SCERT building
- Organised a talk in collaboration with DHE and GSHEC Goa and Satkaam Foundation on 26th March 2024 at St. Xavier's College, Mapusa- Goa, on “Career Management and Critical thinking”
- Involved in the designing of course papers for the Microbiology program under NEP 2020.
- Resource person for Career Guidance session held on 4th January 2024 at St. Theresa's High School , Candolim Goa

Mr. Siddhesh Menon

- Attended National Level Workshop on “Operation and Maintenance of Laboratory Equipment” conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa
- Attended FEP on “Group dynamics” organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Attended FEP on “Outcome based education and Academic Excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Participated in the National Seminar on “Expanding the Horizons of microbiology” cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Involved in the designing of course papers for the Microbiology program under NEP- 2020.
- Attended a Refresher Course in Life Sciences (Inter-disciplinary) conducted by UGC-MMTTC Goa University from 24/11/2023 to 08/12/2023.

Dr. Marielou Ferrao

- Participated in the National Seminar on “Expanding the Horizons of microbiology” cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.
- Attended National Level Workshop on “Operation and Maintenance of Laboratory Equipment” conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa
- Convenor FEP on “Group dynamics” organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Convenor FEP on “Outcome based education and Academic Excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Convenor Portuguese day on 21st March 2024
- Convenor Traditional Indian Foods Competition on the 23rd of March 2024

Dr. Sheryanne Velho-Pereira

- As an invited Guest speaker delivered a scientific talk on “Microbes” on 15th July 2023 at 8.30.a.m. at Don Bosco High School Panjim Goa. Talk highlighted the harmful and beneficial effects of microbes.
- As a member of the career guidance outreach programme team was an invited speaker at St. Anthony's High school Monte Guirim and delivered a talk on 22nd August 2023.
- Organizing member for the National seminar on “Expanding Horizons of Microbiology” cum MBSI meet organised on the 6th and 7th of October 2023.
- Co-ordinator for Criterion 3: Research, Innovations and extension, for the AQAR report for NAAC 2022-23.
- Co-ordinator for Criterion 3: Research, Innovations and extension for the self-study report in preparation for the NAAC cycle. Criterion 3: Research, Innovations and extension [2018-19 to 2022-23].
- Resource Person for “Vidnyan Dhara 2024” a mega Science series organized by the Directorate of Higher Education (DHE) and the Goa State Higher Education Council (GSHEC). Delivered two talks for the students of Higher Secondary Our Lady of the Roary High School Dona Paula on the 13th of January 2024 and students of Holy Cross school Siolim, on the 15th of January 2024.

- Organized an intra class event entitled 'Microwizards' as a part of the Science Day celebrations. This activity was held in collaboration with MBSI-India. The microbe-aided product making competition was organized for the students of F.Y.B.Sc. (Major). The event was conducted on the 19th of February 2024.
- Attended FDP on “Group Dynamics & Interpersonal relationships' on 2nd March 2024 at Pastoral Institute, Old Goa.
- Attended FDP on 12th April 2024 on 'Outcome based Education and Academic Excellence’ conducted by Prof Niyon Marchon, organised by IQAC, St. Xavier's College.
- Involved in the designing of course papers for the Microbiology program under NEP-2020.
- External Examiner for the Semester VI T.Y. B.Sc. Practical Examination Program on the 26/4/2024 and 27/4/2024 as per the Goa University Examination Program at Government College Khandola Marcela Goa.
- Departmental co-ordinator at the Xavier's Open lab day organized by the Science Faculty of St. Xavier's College, Mapusa, as part of the National Science Day celebrations under the DBT STAR College Scheme on 28.2.2024.
- Organizing committee member at the five-day National Level Workshop on 'Operation and Maintenance of Laboratory equipment', in collaboration with the Western Regional Instrumentation Centre (WRIC), Mumbai from 7.1.2024 to 12.1.2024.
- Compiled and edited the SOP manual for different laboratory instruments in the Microbiology laboratory.
- Recognized as a Ph.D. Research Guide of this University in the subject of Microbiology w.e.f. 01/12/2023.
- Participated in the capacity building workshop on “Leveraging Generative AI for Pedagogical excellence in Higher Education for Science Cluster organised by the Directorate of Higher Education and the Goa State Higher Education Council” on 10th June 2024.
- Conducted Field Trip for students of Hematology to District Hospital, Mapusa Goa on April 2024.

Dr. Valerie Gonsalves

- Recognized as a Ph.D. Research Guide of Goa University in Microbiology w.e.f. 01/12/2023.
- Secretary, Local Managing Committee, at St. Xavier's college for 2023-2024.
- Convenor of St. Xavier's collegiate cell: Science for Purpose, Application and renewal of knowledge SPARK.
- Faculty Co-Ordinator for Students' Unit of Microbiologists Society of India at St. Xavier's College, Goa.
- Guided Academic project *titled* 'Bioprospecting Of Marine Fungi' in the year 2023-2024
- Participated in Faculty Enrichment Programme '*Outcome Based Education and Academic Excellence*' organized by IQAC of St. Xavier's College Mapusa Goa, on 12th April 2024.
- Participated in Faculty Enrichment Programme '*Group Dynamics*' organized by IQAC of St. Xavier's College Mapusa Goa, on 02nd March 2024.
- Resource Person for Session on '*Race against antimicrobial resistance*' for Vidnyan Dhara 2024- a Mega Science Series organized by Goa State Higher Education Council and Directorate of Higher Education, Goa at High Schools and Higher Secondary School on 14th, 16th and 27th February

2024.

- Member of the organising team of National Seminar on “Expanding the Horizons of Microbiology” cum MBSI National Coordinators' meet at St. Xavier's College, Mapusa- Goa on 6 - 7th October 2023.
- Co-ordinator for inter class competition 'Micro gala – microbes meet the fashion world' (15th September 2023), Microbe Masterpieces - Pebble Painting Competition (28th February 2024), 'Microbial Chronicles' - an autobiography of a microbe (11th March 2024), 'Microverse' – a poem writing competition (11th March 2024) and 'Tiny Toons' - Comic Strip Creating competition (11th March 2024) organized by the Department of Microbiology, St. Xavier's College, Mapusa Goa in collaboration with the Microbiologists Society, India
- Event co-ordinator 'Animalcules 2023' an all Goa Inter School Microbiology Event organised by the Department of Microbiology, St. Xavier's College, Mapusa Goa in collaboration with the Microbiologists Society, India on the 29th September 2023.
- Participated at National-level Workshop “Operation and Maintenance of Laboratory Equipment” organised by St. Xavier's College, Mapusa Goa from 8-12th January 2024.
- Involved in the designing of course papers for the Microbiology program under NEP- 2020.
- Conducted Field Trip for students of Hematology to District Hospital, Mapusa Goa on 21st March 2024.
- Event co-ordinator "*Proteus 2.0*" - an all Goa Intercollegiate Event in Life Science, organised by the Department of Microbiology, St. Xavier's College, Mapusa Goa in collaboration with the Microbiologists Society, India on the 6th and 7th March 2024.

Dr. Trelita de Sousa

- Recognized as a Ph.D. Research Guide of Goa University in Microbiology w.e.f. 01/12/2023.
- Programme Coordinator, DBT Star College Scheme, Department of Biotechnology, Government of India
- State Coordinator, Microbiologists' Society, India
- Chief Guest: Inauguration of MBSI students' unit at Government College of Arts, Science, and Commerce, Khandola on 29th August, 2023
- Invited Speaker: “Fascinating World of Microbiology” at Kendriya Vidyalaya, Bambolim on 2nd February, 2024 under Vidnyan Dhara 2024
- Presented and participated at the Coordinators' Meet cum 3rd Review Meeting of the Task Force, DBT Star College Programme at R.V.S. College, Coimbatore (7th–9th February, 2024)
- Resource person: Career counselling session “After Microbiology” on 20th March, 2024 at St. Xavier's College
- Organising Coordinator: National Seminar on “Expanding the Horizons of Microbiology” cum MBSI National Coordinators' meet at St. Xavier's College, Mapusa- Goa (6-7th October 2023).
- Event Coordinator: Journal Club 2024 on 16th March, 2024
- Event Coordinator: MicroChef2023 on 19th October, 2023
- Participant: National-level Workshop “Operation and Maintenance of Laboratory Equipment” (8-12th January 2024) at St. Xavier's College, Mapusa Goa

- Participant: Faculty Enrichment Programme on “Group dynamics” organized by IQAC on 2nd March, 2024 at Pastoral Centre, Old Goa.
- Participant: Faculty Enrichment Programme on “Outcome-based education and Academic Excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.

Ms. Nadine de Souza

- Attended National Level Workshop on “Operation and Maintenance of Laboratory Equipment” conducted from 8th to 12th January 2024 organized by St. Xavier's College, Mapusa Goa.
- Attended National Level Workshop on 'Research Paper Writing and Publication Ethics' on 8th and 9th September 2023 organized by Govt. College of Arts, Science and Commerce, Sanquelim, Goa
- Attended State level Workshop on 'Hands on Training on Sophisticated Analytical Instruments' organized by Department of Chemistry, St. Xavier's College, Mapusa-Goa.
- Attended FEP on “Group dynamics” organized by IQAC on 2nd March 2024 at Pastoral Centre, Old Goa.
- Attended FEP on “ Outcome based education and Academic Excellence” organized by IQAC on 12th April 2024 at St. Xavier's College, Mapusa- Goa.
- Participated in the National Seminar on “ Expanding the Horizons of microbiology” cum MBSI meet organized by the MBSI-Goa Unit at St. Xavier's College, Mapusa- Goa on 6th and 7th October 2023.

DEPARTMENT OF PHILOSOPHY

Ms. Aletthra .C. Vieira

- Attended All Goa Philosophy Meet at the occasion of celebrating Yoga Day 2023 , titled,“Yoga and Alternative Medicine” on 14 th July 2023 , organized by the School of Sanskrit, Philosophy and Indic study in association with the Indian Council of Philosophical Research, New Delhi and The Philosophical Association , Goa .
- Attended a BOS Meeting on 15 th September 2023 to approve the syllabus for Post Graduation in Philosophy Goa University.
- Attended a meeting on 4 th October 2023 at PES College of Arts and Science , Farmagudi for discussing the outline of the papers and framing of the question papers for various subjects in Philosophy as per NEP 2020 guidelines.
- Attended workshop on Measurement of PO,PSO,CO by Dr. Niyan Marchon—DHE,Goa on 20th October 2023
- Organised a field trip for students of Cell for Visual Arts and Philosophy students to Pilar Museum and Botanical gardens Selaulim Sanguem Goa , on 23 rd October 2023.
- Attended workshop for framing the syllabus for NEP 2020 on 5th January 2024 at Goa University.
- Attended BoS meeting on 15 th February 2024 for the Approval of the Syllabus for semester III,IV,V,VI,VII,VIII at Goa University.
- Attended faculty development programm on 12 th April 2024 "Outcome based Education and Academic Excellence” by Dr.Niyan Marchon.
- Member of the Board of Studies , Department of Philosophy , Goa University.

- Member of the Cell for Visual Art , St.Xaviers College Mapusa.
- External examiner for Viva-voce examination.
- Examiner for Semester End examination ,Goa Univerisity.

Dr. Shefali Kale

- Received Doctoral degree on 'Religion and Women : A Feminist Perspective', in November 2023, at Department of Sanskrit, Philosophy& Indic Studies, Goa University under the guidance of Prof. Koshy Tharakkan, Dean, School of Sanskrit, Philosophy& Indic Studies, Goa University
- Presented paper titled “Verbalized Feminity, Silenced Masculinity: An Epistemic Inquiry” at the International Multidisciplinary Seminar on “Dialogue and Silence in Philosophy” jointly organized by the School of Sanskrit, Philosophy & Indic Studies (SSPIS), Goa University, India and the Department of Philosophy, University of Malta, Malta, on 18th and 19th January, 2024 at Goa University, India.
- Presented paper titled 'Gendering the Divine: Response from Feminist Philosophy' at a two-day National Level Conference “Gender Writes: A Dialogue on Re-writing the Gender Narrative” organized by Vidya Prabodhini College, Parvari-Goa, in collaboration with Directorate of Higher Education (DHE) and Goa State Commission for Women (GSCW) on 12th & 13th April, 2024, at Sanskruti Bhavan, Patto, Goa
- Delivered a talk on the theme, “Care for Creation, Human Obligation” at the Inter-Religious Meet, Bom Jesus Basilica, Old Goa on 30th November, 2023 organized by the Committee for the Apostolate of Inter-Religious Dialogue in the Archdiocese of Goa and Daman
- Delivered a career guidance session on “Careers in Arts” to the students of Std. IX and Std. X of St. Theresa's High School Candolim, Bardez-Goa on 4th January, 2024
- Attended workshop conducted for Philosophy Undergraduate teachers to draw specimen question papers at PES College, Farmagudi, Ponda on 4th October, 2023
- Attended Pre-Board of Studies Meeting in Philosophy at Council Hall, Goa University on 5th January 2024
- Attended lecture sessions by Prof Dhruv Raina, D DKosambi Chair Professor in Interdisciplinary Studies, Goa University, titled “Agnotology or Study of Ignorance: Philosophical and Sociological Perspectives” under Directorate of Visiting Research Professor Programme from 6th November to 11th November 2023
- Participated in Faculty Development Program on 12th April, 2024 on the theme, “Outcome Based Education and Academic Excellence” organized by IQAC Cell, St Xavier's College, Mapusa-Goa
- Participated in Faculty Enrichment Program on 2nd March, 2024 on the theme, “Group Dynamics” organised by IQAC Cell, St Xavier's College, Mapusa-Goa
- Participated in one day workshop on “Latex Scientific Editing with hands-on practice” on 15th September, 2023 at Goa University
- Participated in Yoga Day 2023, titled “Yoga & Alternative Medicine” organised by School of Sanskrit, Philosophy and Indic Studies, Goa University on 14th July 2023
- Organised event in Philosophy titled “Philofest” to commemorate World Philosophy Day on 11th March 2024
- Served as In-Charge of Department of Philosophy from 03rd January, 2024 to 23rd January, 2024

- Member of Board of Studies of Smt. Parvatibai Chowgule College, Margao-Goa
- Convenor of Child, Woman & Consumer Awareness (CWCWC)
- Convenor of Prospectus Committee 2024-2025
- Member of Attendance Cell and Value Education Cell

DEPARTMENT OF PSYCHOLOGY

Prof. Janet Fernandes

- *LGBTQ+ Community: A Social Justice Perspective* in edited book - Social Justice in India: Issues and Challenges, ISBN: 978-93-5756-030-6.
- *Unlocking Athletic Excellence: Psychological Insights into Sports Performance* in an edited book – The Changing Landscape of School Psychology”, ISBN: 978-93-91690-35-9.
- *Honour Killings in India: Unveiling a hidden Tragedy* in an edited book-Minorities of India: Issues and Challenges. ISBN: 978-936261-825-3. Published 03 research papers in UGC care listed journals.
- *Relationship satisfaction, Psychological Wellbeing and Empathy among married couples: a Correlational Analysis with gender comparisons.* Journal of the Indian Academy of Applied Psychology, July, 2023. Vol.49 (2) Pgs. 227 – 232. ISSN: 0019-4247. UGC CARE Listed.
- *Gratitude and Forgiveness as Predictors of Happiness among Undergraduate Students*, Journal of the Indian Academy of Applied Psychology, January, 2024. Vol.50 (1) Pgs. 40 -45. ISSN: 0019-4247. UGC CARE Listed.
- *Depression, Loneliness and Cognitive Functioning among elderly widows of Goa.* Indian Journal of Gerontology, April, 2024. Vol 38, (2), pp. 141- 155. ISSN: 0971-4189, UGC NO. List B, Science – 121.
- Presented a research paper at an international conference on Psychology at Pondicherry University in Feb 2024 titled “*Applying Psychological Principles to enhance athletic performance*”.
- Chaired 2 technical sessions at the international conference held at Pondicherry University.
- Co-Guideship - Co-guide for Chaitali Gawas pursuing PhD at Amity University, Rajasthan. Completed her PhD Viva in February, 2024.
- Dissertation Guide for MA Psychology Distance Education Program (IGNOU).
- Examiner for Adjudication of PhD Thesis for Bharathiar University Coimbatore India (2024) & S.N.D.T University, (2024) Mumbai- Maharashtra, India.
- Released a Konkani translated book at Pondicherry University – School Psychology in the Indian Context translated as “XALLIK MANASXASTR BHAROTIYO SON'DORBHANTLEAN”
- Minor/Major research Projects: “Navigating COVID19 Pandemic Stressors: Impact on Mental Health and Academic Achievement” by The Goa State Research Foundation (GSRF), Rs. 01 lakh five thousand - Jan 2024 – Jan 2026-(02 years). Professional Development Activities:
- Participated in NEP 2020 short term course at MMTTC Pondicherry University for 2 weeks.
- Participated in the Academic Leadership Program (ALP) organised by DHE, Government of Goa. Completed four training sessions, each of 05 days duration in Goa, Infosys and ISB. All sessions were exposure to governance, administration and leadership.
- Participated in Data analytics workshops online for brushing up data handling skills. Outreach

Activities:

- Invited Resource person for PTA meetings.
- Conducting workshops for teachers and parents.
- Nominated counsellor for the Pre-litigation Centre "Let's Talk" at the DLSA, High Court of Bombay in Goa.

Ms. Anuradha Kakodkar

- Participated in the one day workshop titled "Enhancing final year student projects" organized by Directorate of higher education in collaboration with Goa State Higher Education Council, Goa State Research Foundation and Goa University on 16th June, 2023.
- Participated in a FDP on 'Group Dynamics' at Pastoral Institute Old Goa on 2.03.24.
- Participated in One Day Faculty Enrichment Programme titled 'Outcome Based Education and Academic Excellence' organised by the IQAC held on 12th April 2024.
- Participated in the Viksit Bharat @2047 at Raj Bhavan on 11th December, 2023

Dr. Ubaldina Noronha

- Participated in the India writing Project July 2023.
- Attended capacity workshop on 'Leveraging generative AI for pedagogical excelling higher education' June 2024
- Article for The Goan 'reflections on academics, past and future' June 2023
- Article for The Rivulet 'emotional intelligence as a stepping stone to mental health' January 2024
- Attended capacity workshop on 'Leveraging generative AI for pedagogical excelling higher education' June 2024
- Attended master class on 'digital marketing fundamentals' by IIDE, July 2024
- Article for The Goan 'Bias towards celebrity, affluent and powerful' August 2023.
- Participated in a FDP on 'Group Dynamics' at Pastoral Institute Old Goa on 2.03.24.
- Participated in One Day Faculty Enrichment Programme titled 'Outcome Based Education and Academic Excellence' organised by the IQAC held on 12th April 2024.

Dr. Eulalia Fernandes

- Participated in the National Webinar on 'Academic writing skills and publishing' organized by Balani Infotech Pvt. Ltd. Noida in collaboration with St. Joseph Vaz College, Cortalim- Goa, held on July 25th 2023.
- Coordinated a Workshop for F.Y.B.A. Psychology (Major) students on the theme, 'Mental Health in your hands' on 6th October 2023.
- Participated in the One day State Level Seminar on 'Mental Health' organized by Govt. College Khandola on 12th October 2023.
- Participated in the Two Day National Webinar on 'Shifting Paradigms in Social Sciences' on 3rd & 4th November 2023.
- Organized a Talk for the T.Y.B.A. Psychology (Hons.) students on the topic, 'Counselling Interventions' on 9th February 2024.

Ms. Elvira Pereira

- Participated in an International Workshop on 'Data Analysis Using Business Excel' from 10th June to 12th 2023.
- Participated in a workshop on 'Enhancing Final Year Student Projects' at Goa University on 16th June 2023.
- Participated in a BoS meet on NEP at Goa University on 7.06.23.
- Participated in a National Webinar on 'Plagiarism: What it is? How to Avoid and Penalties in India' on 29th August 2023.
- Was member of the Coffee Series of DHE organised by the Department of Psychology held on 14.09.23.
- Participated in an International Workshop on 'Academic Writing – Ethical Issues' from 16th September to 18th September 2023.
- Participated in a workshop on 'Learning Outcomes –Based Curriculum Framework for Undergraduate Education' held on 10th and 11th October 2023 at Goa University.
- Participated in a BoS meet and Workshop on NEP at Goa University held on 23.11.23.
- Participated in a FDP on 'Group Dynamics' at Pastoral Institute Old Goa on 2.03.24.
- Participated in an International Workshop on 'Start Research on Smart Artificial Intelligence' from 2.03.24 - 4.03.24.9
- Participated in the National E Quiz on International Women's Day from 8th March to 10th March 2024.
- Participated in a Three Days International Workshop on 'Data Analysis Using Ms. Excel, Google Sheets and AI Tools' from 6th April to 8th April 2024.
- Participated in One Day Faculty Enrichment Programme titled 'Outcome Based Education and Academic Excellence' organised by the IQAC held on 12th April 2024.
- Developed Syllabus for the paper titled 'Human Factors at Work' for the undergraduate students across different colleges affiliated to Goa University.
- Member of Board of Studies – Psychology at Goa University.
- Completed a course on the topic 'Design your Thesis using Microsoft Word' by Dr. Gopakumar.
- Participated in a webinar on 'Reference Management Using Mendeley' by Dr. Gopakumar

Fr. (Dr.) Ramiro Luis

- Participated in a FDP on 'Group Dynamics' at Pastoral Institute Old Goa on 2.03.24.
- Participated in One Day Faculty Enrichment Programme titled 'Outcome Based Education and Academic Excellence' organised by the IQAC held on 12th April 2024.

POST GRADUATE DEPARTMENT OF PSYCHOLOGY

Dr. Vijay Viegas

- Published a paper titled, 'Quality of sibling relationships and psychological wellbeing in Adults: Impact of sibling dyad'. Journal for Reattach Therapy and developmental diversities. 6(10s2):1954-1962. E-ISSN: 2589-7799. **indexed in Scopus**

- Peer reviewed a research paper titled " Enhancing Work/Life Balance: Social Support, Resilience, and Job Satisfaction among Indian Gazetted Police Officers" for Journal of Workplace Behavioral Health **indexed in Scopus**, Web of Science & Social Sciences Citation Index. Taylor and Francis Publication, Print ISSN:1555-5240 Online E-ISSN:1555-5259
- Peer reviewed a research paper titled " A Study of College Counselors' Coping Styles under Occupational Stress: Mediating and Moderating Effects of Occupational Emotions" Current Psychology Journal **indexed in Scopus**, Web of Science & Social Sciences Citation Index. Springer Nature Publication, Print ISSN: 1046-1310 Online E-ISSN: 1936-4733
- Peer reviewed a research paper titled "Effects of Working Hours on the Adjustment Neuroticism, Flight Management and Wellbeing of Aviation Pilots" for The International Journal of Aerospace Psychology **indexed in Scopus**, Web of Science & Social Sciences Citation Index. Taylor and Francis Publication, Print ISSN: 2472-1840 Online ISSN: 2472-18324
- Resource person for a session on the topic 'Test analysis' organised by the department of BCA, Rosary college on 16th September, 2023.
- Resource person for the certificate course on 'Research Methodology' organised by the department of Psychology, Rosary college on 2nd and 9th September, 2023.
- Resource person for the workshop titled, 'Research Methodology' for the TYBA Psychology students of MES College, Miramar held 17th August, 2023.

Dr. Kshipra Vora

- Presented a research paper titled, Adjustment-Neuroticism and General Health among factory workers in Goa: A gender binary based perspective at the two-day National Conference on Gender Writes- A dialogue on rewriting the gender narrative organised by Vidyaprabodhini College Porvorim on 12th and 13th April 2024.

Ms. Andrea D'Souza

- Attended a National Conference on integrative Cancer Care, organised by Sanjeevani on 18th April 2024.
- Participated in the one-week National Level Online Faculty Development Program on outcome-based education and application of generative AI in Teaching and Research, organised by the University of Engineering and Management Jaipur and Nirmala College, Kerala from 19th September 2024 to 28th September 2024.

POST GRADUATE DEPARTMENT OF PHYSICAL CHEMISTRY

Mrs. Mamata Prabhugaonkar

- Awarded the **BEST ORAL PRESENTATION** on the topic 'Bio-mediated synthesis of NiO nanoparticles and it's electrochemical and antimicrobial applications' at the International Conference on 'Growing Research Aspirations at Collegiate Education (GRACE-2023)' held at Govt. First Grade College Kumta, Uttara Kannada District, Karnataka, on 11th and 12th of December 2023

- Attended a State-level seminar on the topic '*Quantum Dots*' on the 21st of October 2023, organised by the Post Graduate Department of Chemistry of Government College of Arts, Science and Commerce, Khandola, Marcela .

DEPARTMENT OF PHYSICS

- Two Teaching Faculty members Mr Sujay Rane and Ms Avani Talkatkar pursuing PhD
- All Faculty participated in Faculty Enrichment Programme on “Group Dynamic” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 2nd March 2024.
- All Faculty participated in Faculty Enrichment Programme on , “Outcome Based Education and Academic Excellence” organized by Internal Quality Assurance Cell (IQAC), St. Xavier's College Mapusa Goa on 12th April 2024

DEPARTMENT OF POLITICAL SCIENCE

Ms. Tricia Vaz e Borges

- Participated in the *State level workshop of UG teachers in Political Science on Implementation of NEP Syllabus* held on 11th July 2023 at Goa university, organized by DD Kosambi School of Social Sciences and Behavioral Studies, Political Science Programme and Department of Political Science, Government College, Sanquelim, Goa.
- Participated in a *Symposium on 'Current Socio-Political scenario in India: A Citizen's Response'* organised jointly by All India Mission Seminary, Pilar and Patriarchal Seminary of Rachol on 9th September 2023, at Rachol Seminary.
- Participated in a *'Workshop on Practice and Procedures of the Goa Legislative Assembly'* on 16th October 2023 organized by the Secretariat, Goa Legislative Assembly, in the PAC/PUC room of the Assembly Complex, Porvorim, Goa.
- Participated in a *Faculty Development Programme on 'Group Dynamics'* held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa.
- Participated in a one day *National Seminar on 'Advancing Public Administration and Law: Governance and Legal Perspective'* on 15th March 2023, organized by Manohar Parrikar School of Law, Governance and Public Policy, Goa University.
- Participated in a Faculty Development Programme on Outcome Based Education and Academic Excellence' held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa.

Mr. Prasad Naik

- Participated in a *State level two day State level Workshop on ChildCentric Disaster Risk Reduction*, held on 16th -18th August 2023, organised by National Institute Of Disaster Management and Goa Institute Of Public Administration & Rural Development, Old Goa.
- Presented a paper titled, '*Conformity and contradictions in the thoughts of Bal Gangadhar Tilak in*

the context of democracy.' at two day National seminar on 'Indian democratic prospect: Understanding development and social political responsibility' held on 24th February 2024, organized by Dhempe College of Arts and Science Miramar, Goa.

- Participated in the *National Youth festival* at Nasik held on 12th – 16th 2024, organized by ministry of youth affairs and sports, Government of India.
- Participated in a *Faculty Development Program on 'Group Dynamics'* held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa
- Participated in a *Faculty Development Program on Outcome Based Education and Academic Excellence* held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa.
- Attended *Election Training for LOKSABHA Elections 2024* on 10th April 2024, organized by Election Commission of India, held at VM Salgaoncar College of Law, Panaji.
- Attended *Election Training for LOKSABHA Elections 2024* on 26th April 2024, organized by Election Commission of India, held at Directorate of Art & Culture, Patto, Panaji.

Mr. Anthony Lobo

- Presented a paper titled "*India's role as a pacifist leader in BRICS amidst the New Cold War Era*" at a One day National seminar on *Developmental Projects of BRICS: India's Leadership*, organised by P.E.S. College, Department of Political science on 23rd March 2024.
- Participated in a Faculty Development Program on Outcome Based Education and Academic Excellence' held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa.

Ms. Richa Kajoli

- Participated in a Faculty Development Program on Outcome Based Education and Academic Excellence' held on 2nd March 2024, at Pastoral Institute, Old Goa, organized by IQAC St. Xavier's College, Mapusa, Goa.

DEPARTMENT OF SOCIOLOGY

Dr. Afonso Botelho

- Attended one day Seminar titled Indian Knowledge System conducted on 1st February 2024 at ESG Complex Panaji organised by Vidnyan Parishad Goa.
- Attended International Purple Fest Goa 2024 addressing Challenges of Inclusive Education and sensitizing the teachers of Higher Education Institutions on the subject
- Attended Faculty Enrichment Programme titled Outcome Based Education and Academic Excellence organised by IQAC on 12th April 2024.
- Participated in Faculty Enrichment Programme titled Group Dynamics organised by IQAC on 2nd March 2024 at Pastoral Centre Old Goa.

Ms. Sayed Rizwana

- Symposium on Current socio-Political Scenario in India: A citizens Response organised by Patriarchal Seminary of Rachol and All India Mission 'Seminary Pilar on 9th September 2023 at Patriarchal Seminary of Rachol
- Attended a Workshop on NEP Syllabus for Semester II at CES College on 1st February 2024
- Attended Faculty Enrichment Programme titled Outcome Based Education and Academic Excellence organised by IQAC on 12th April 2024.
- Participated in Faculty Enrichment Programme titled Group Dynamics organised by IQAC on 2nd March 2024 at Pastoral Centre Old Goa.

Ms. Freda Tavares

- Participated in a Conference: presented paper titled 'Unmasking Inequalities: an analysis of Marginalization, Media and Stigma during COVID-19 Pandemic' at the 48th All India Sociological Conference at Vellore Institute of Technology, Tamil Nadu on December 28th-30th 2023.
- Attended a Workshop on NEP Syllabus for Semester II at CES College on 1st February 2024
- Attended International Purple Fest Goa 2024 addressing Challenges of Inclusive Education and sensitizing the teachers of Higher Education Institutions on the subject
- Attended Faculty Enrichment Programme titled Outcome Based Education and Academic Excellence organised by IQAC on 12th April 2024.
- Participated in Faculty Enrichment Programme titled Group Dynamics organised by IQAC on 2nd March 2024 at Pastoral Centre Old Goa.

Ms. Elizabeth Bara

- Attended a Workshop on NEP Syllabus for Semester II at CES College on 1st February 2024 Attended Faculty Enrichment Programme titled Outcome Based Education and Academic Excellence organised by IQAC on 12th April 2024.
- Participated in Faculty Enrichment Programme titled Group Dynamics organised by IQAC on 2nd March 2024 at Pastoral Centre Old Goa.
- Attended International Purple Fest Goa 2024 addressing Challenges of Inclusive Education and sensitizing the teachers of Higher Education Institutions on the subject
- Attended an online lecture on Philosophy of spaces by Prof. Dr. Stephan Gunzelon 19th March 2024.
- Attended public lecture series by Prof. Druv Raina (VRPP) on Agnotology or the study of ignorance philosophical and sociological perspective at Goa University on 6th Nov-11th Nov 2023
- Attended an online lecture on 'The unsettled ground of phenomenological enquiry' By Dr. Michael Van Menon on 23rd June 2023 SSPIS online lecture Goa University

Library

Ms. Dakshata G. Zambulkar , College Librarian

- Organized display of information/ Books about moon and Chandrayaan-3 as a part of Current

- Awareness Service on 13th July 2024 at college library.
- Organized National Level E- Quiz on ChatGPT (AI tool) on National Librarian's Day on 12th August 2023.
 - Organized National Level Webinar on “Plagiarism: What it is? How to avoid and penalties in India ” on 29th August, 2023.
 - Organized an Annual Book Exhibition on 8th & 9th December, 2023 at College Library.
 - Conducted session for TY BCom and TY BSc on the 8th of August 2023 at the college seminar hall.
 - Organized virtual display of annual newspaper clippings 2023 of St. Xavier's College on Republic Day 2024.
 - Participated in the International Workshop on “AI Tools for Research Writing”, organized by Manuscriptpedia, Kanyakumari, on 21st - 22nd September, 2023.
 - Attended DELNET-AISSMSCoE webinar on Open Access and Scholarly Communication by Vrushali Dandawate on 31/10/2024 organized by DELNET New Delhi.
 - Participated in DELNET-IIT Delhi webinar on Coral: An Open Source Electronic Resource Management System on 07/03/2024 organized by DELNET New Delhi.
 - Participated in International Online Workshop on Academic Writing - Ethical Issues from 16th - 18th September 2023 organized by Global Institute of statistical Solutions.
 - Participated in 5th National Level Online Training Program on Koha Beginner to Expert from 30/09/2023 to 02/10/2024.
 - Participated in FDP titled “Group Dynamics” organized by the IQAC on 02/03/2024 at Pastoral Centre Old Goa.
 - Presented Paper titled “Scientometric Analysis of Scholarly Publications of Goa University as Mirrored in Web of Science” at an International Conference -Empowering Mind: Collaborative Learning Platform for Teachers, Librarians and Researchers (AGNESLIBCONF2024) organized by St Agnes College (Autonomous), Mangaluru, Karnataka, India on 11th -13th January 2024.
 - Participated in a Five Days Librarians Development Programme (LDP) on emerging trends, technologies and methods for Effective Librarianship organized by Library and Information Centre, Goa Institute of Management, Sanquelim, Sattari - Goa from 20th -25th May, 2024.

“Action is the foundational key to all success.”

Pablo Picasso