

ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2024-25

	Value Addition Course
Name of Activity	Hands on Training on'Composting of Kitchen Waste and
	Growing Organic Microgreens'
	20/12/2024 to 21/2/2025
Date/ Duration	
	St Xavier's College
Venue	
Name of organizing	Microbiology Deparment
Department/Cell	
In collaboration	
with	
	DBT
	Ms. Arina Frank
Faculty	
Co ordinator	
Stratum of Event	College
Name & details of	Ms. Arina Frank
Resource Person/s	
if any	
Report	Objectives : The students had to prepare compost using different
	kitchen wastes and use the compost to grow Microgreens.
	Brief description: Students had to work in batches of 8 each and
	prepare compost using different methods like Bokashi and
	vermicomposting techniques. They monitored the compost till it
	stabilised. The product was then used to grow Microgreens of
	different varieties.
	Outcomes: Students had hands on learning using kitchen waste, they
	worked in groups and learnt team dynamics, they created awareness
	about the importance of composting, as well as the art of growing
	Microgreens. THese microgreens were consumed by them raw,
	increasing the nutrientional content of their diet.
	Number of beneficiaries- 56 students
Brochure/Poster	https://xavierscollegegoa.ac.in/wp-content/uploads/2025/03/Broch
	ure-Compost-MIcrogreens.pdf
Photographs	
List of participants	https://xavierscollegegoa.ac.in/wp-content/uploads/2025/03/Registr
with signatures	ation-VAC-MIcrogreens.pdf
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