

ST. XAVIER'S COLLEGE, MAPUSA, GOA

Report of Activity conducted in the Academic Year 2024-2025

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| Name of Activity | One-Month Internship at Sethu Centre for Child Development and Family Guidance |
| Date/ Duration | 08/05/25 – 31/05/25 / 144 hours |
| Venue | St Xaviers College, Mapusa-Goa |
| Name of organizing Department/Cell | Abbé Faria Post Graduate Department of Psychology and |
| In collaboration with | SETHU Centre for Child Development and Family Guidance |
| Name/s of Faculty Co-Ordinator | Ms. Andrea D'souza and Ms. Shenessa Barreto |
| Stratum of Event | - |
| Name & details of Resource Person/s if any | NA |
| Report | <p style="text-align: center;">Report on One-Month Internship at Sethu Centre for Child Development and Family Guidance</p> <p>The Abbe Faria Postgraduate Department of Psychology at St. Xavier's College, Mapusa – Goa, under its Memorandum of Understanding (MOU) with Sethu Centre for Child Development and Family Guidance, Saligao – Goa, organized a one-month student internship for Ms. Heloise D'Souza from 8th May to 31st May 2024. This internship aimed to provide practical exposure and hands-on learning in the area of child psychology, developmental assessments, and therapeutic interventions, thereby enhancing the professional competencies of students pursuing postgraduate studies in psychology.</p> <p>The MOU signed between St. Xavier's College, Mapusa and Sethu Centre reflects a collaborative effort to promote experiential learning in the field of child development, family guidance, and mental health care. This partnership enables psychology students to gain practical insights into clinical assessments, intervention strategies, and therapeutic techniques, thereby bridging the gap between theoretical learning and professional practice.</p> <p>During her internship, Ms. Heloise D'Souza had the opportunity to observe and learn from a multi-disciplinary team of professionals including paediatricians, clinical psychologists, occupational therapists, speech therapists, and physiotherapists. She closely observed the First Assessors conducting client intake sessions where</p> |

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| | <p>detailed case histories were taken during new client registrations. She also gained insight into the delivery of various therapeutic interventions such as behaviour management, social communication therapy, speech therapy, occupational therapy, and physiotherapy for children with developmental delays, learning disabilities, and other psychological challenges. A notable highlight of her internship experience was her involvement in the Handwriting Group Program conducted by the occupational therapists, where she actively assisted children in improving their fine motor skills and handwriting abilities. Additionally, Ms. Heloise observed the psychologist conduct psycho-educational assessments for children with learning difficulties, which offered her first-hand experience in child assessment and diagnosis. Her enthusiasm to learn, proactive approach in seeking knowledge, and collaborative engagement with the team were commendable.</p> <p>The Abbe Faria Postgraduate Department of Psychology deeply values the ongoing collaboration with Sethu Centre, established through the Memorandum of Understanding (MOU). Internships such as these are instrumental in shaping future psychologists, equipping them with practical expertise in child psychology and family guidance. This collaboration will continue to provide enriching learning opportunities for future batches of students, strengthening their role as mental health professionals in society.</p> |
| Brochure/Poster | - |
| Photographs | - |
| List of participants with signatures | 1. Ms Heloise D'Souza |

Certificate

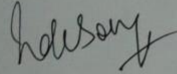
Date: 13/06/2024

CERTIFICATE

This is to state that Ms. **Heloise D'Souza** did a one-month student internship at the Sethu Centre for Child Development and Family Guidance, House Number 5/84, Dhonvaddo, Saligao, Bardez, 403511, Goa, from **8th – 31st May 2024**.

During her time at Sethu, Heloise observed children and their families being helped with assessments and interventions through a strength based and family centred approach. The multi-disciplinary team consists of paediatricians, psychologists and various therapists, at the child development centre. She observed the First Assessors take histories of new registrations. Heloise had the opportunity of observing the therapists administer a range of interventions such as behaviour management, social communication, speech therapy, occupational therapy, and physiotherapy. She also observed the psychologist conduct psycho-educational assessments for children with learning difficulties. Heloise also helped during the Handwriting group program conducted by the occupational therapists. She showed initiative and interest in the tasks she was allotted and worked well. She was hardworking, asked many questions to clear doubts and was eager to learn new things.

Heloise was pleasant, sincere, and cooperated with team members. We were satisfied with her work at Sethu and wish her all the best in her future endeavours.



Dr. Nandita de Souza
MD, DCH, DNBE
Director, Sethu Centre