



## ST. XAVIER'S COLLEGE, MAPUSA GOA

### Report of MoU Activity conducted in the Academic Year 2024-25

<b>Name of Activity</b>	<b>ONLINE SESSION ON "REHABILITATION AND RECOVERY FROM DRUG ADDICTION: CHALLENGES AND SOLUTIONS"</b>
<b>Date/Duration</b>	26th September 2024 3:00 pm to 4:00 pm
<b>Venue</b>	Google Meet (Online Platform)
<b>Name of organizing Department/Cell</b>	The Anti-Drug Club, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Tamil Nadu <i>In collaboration with</i>
<b>In collaboration with</b>	St. Xavier's College, Mapusa, Goa, Abbe Faria Post Graduate Department of Psychology.
<b>Name/s of Faculty Coordinator</b>	Dr. Vijay Viegas Faculty Coordinator, St. Xavier's College Dr. Mrs. I. Geetha Antoinette Anti-Drug Club Co-coordinator, JAC
<b>Stratum of Event</b>	National Level
<b>Name &amp; details of Resource Person/s If any</b>	Fr. Dr. J. Francis Xavier Nelson, Director, Thiruppumunai Addiction Treatment Ministry, Nagercoil, Kanyakumari District
<b>Report</b>	<p>On 26th September 2024, an impactful online session titled "<i>Rehabilitation and Recovery from Drug Addiction: Challenges and Solutions</i>" was organized by the Anti-Drug Club of Jayaraj Annapackiam College for Women (Autonomous), Tamil Nadu in collaboration with St. Xavier's College, Mapusa, Goa. The session was part of the MoU-based collaboration and aimed to raise awareness on the process of addiction recovery and highlight practical strategies and systemic challenges.</p> <p>The resource person, Fr. Dr. J. Francis Xavier Nelson, Director of Thiruppumunai Addiction Treatment Ministry, Nagercoil, shared his deep insights from years of hands-on experience in the field of addiction treatment and rehabilitation. His presentation addressed the multifaceted nature of addiction, the importance of psychological and spiritual support, and the systemic obstacles that patients often face during recovery.</p> <p><b>Session Highlights</b></p> <ul style="list-style-type: none"> <li>• <b>Understanding Addiction:</b> Explanation of addiction as a biopsychosocial disorder and its impacts on individuals, families, and society.</li> <li>• <b>Recovery Models:</b> Exploration of various treatment models including medical detoxification, behavioral therapy, and spiritual guidance.</li> <li>• <b>Challenges:</b> Discussion on social stigma, lack of family support, relapse issues, and the need for a more compassionate rehabilitation ecosystem.</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Success Stories:</b> Real-life examples from Fr. Nelson's ministry showcasing the potential for transformation and resilience.</li> <li>• The session concluded with an engaging Q&amp;A where students and faculty members posed questions related to recovery strategies, policy implementation, and psychological support systems. The dialogue emphasized the role of youth and educational institutions in advocating for a drug-free society. The event served as a timely reminder of the importance of empathy, awareness, and holistic support in dealing with addiction. It encouraged participants to become informed advocates and support systems in their communities. Participants found the session to be highly informative and motivating. The opportunity to hear directly from a practitioner in the field added depth to their understanding of addiction recovery. Both institutions reaffirmed their commitment to continued collaboration on mental health, addiction awareness, and social outreach initiatives under the framework of their existing MoU.</li> </ul>
<b>Brochure/Poster</b>	<a href="https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/Brochure-1-2.pdf">https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/Brochure-1-2.pdf</a>
<b>Photographs</b>	<a href="https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/4.pdf">https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/4.pdf</a>
<b>List of participants With signatures</b>	NA
<b>Certificate</b>	<a href="https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/Certificate-3-1.pdf">https://xavierscollegegoa.ac.in/wp-content/uploads/2025/04/Certificate-3-1.pdf</a>