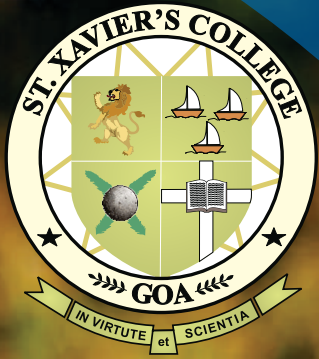


Vol. XXXV

June 2023 - November 2023



St. Xavier's College

Mapusa - Goa

XAVIERWRITE



Celebrating
'International Year
of Millets 2023'

'Closing of Diamond Jubilee Year and Opening of New Academic Year 2023-24 at St. Xavier's College, Mapusa'

...ing the catholic yo
to be committed followers of
What does it profit a man to gain the whole world, if he suffers the loss of his own soul
All may have life, and have it in abund



Xavierwrite

A BIANNUAL NEWSLETTER OF

St. Xavier's College, Mapusa, Goa.



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Principal's Message

It gives me immense pleasure to pen down a few words for the release of the Bi-annual Newsletter "XAVIERWRITE" Vol. No XXXV, for the term of June 2023 to November 2023, of our College during the Academic Year 2023-2024.



I heartily congratulate all the contributors of articles published in this Newsletter, as well as the organisers of the various activities during this academic year.

I thank the Lord for all the Departments being so productive, vibrant and for bringing laurels to this institution.

I place on record my sincere thanks to the Management, the PTA, the faculty and the students for their support, involvement and wholehearted participation in helping us move forward towards pursuing our mission and goals.

A word of appreciation to the Editorial Team as well.

God Bless All our future endeavours too.

Prof. (Dr.) Blanche Mascarenhas
PRINCIPAL

Administrator's Message

It gives me great pleasure to write these few words of congratulations to the Editorial Board of the College biannual newsletter, 'XAVIERWRITE' for successfully bringing out yet another issue that will cover the events that unfolded during these past two years. This is a newsletter that is highly informative as it records the activities undertaken by the different departments of the College and which, I am sure, does have a bearing on the academic excellence of this institution.



Another important aspect of these activities is that they are fully student-centric, in that, under the able supervision of their teachers, they act as the organisers, collect the funds for carrying out these activities, and which in turn trains them in interpersonal relationships and human approach. Also, aided by their teachers, they get trained in overcoming various hurdles which are part and parcel of our life, thus finding self-fulfilment and a sense of purpose.

I hope that the newsletter will help the staff, and the students to appreciate each other's talents, and enhance the joy of the parents on seeing the evolvement of their sons and daughters during the years spent on St Xavier's campus. And these are my fond hopes that, the students will use these opportunities to rise above the run-of-the-mill attitudes to high thinking, but simple and honest living, and make Goa a land of opportunities for all.

I congratulate the Editorial Board for striving hard to get this newsletter released and all those who have contributed by way of articles, photos, drawings, and in various other ways towards its success.

May God bless everyone.

Fr. Tony Salema
Administrator

Editor's Note

It is with great pleasure that the editorial team of the Xavierwrite presents before you this issue covering events of the first half of the academic year 2023-24, i.e. from June 2023 to November 2023. A perusal of this issue will enlighten us of all the activities in College; the diverse nature of activities undertaken by our clubs, cells, associations, fora, etc; the accolades we have acquired; and the general happenings around us in College. It was a momentous task gathering all this information. However, it also instilled in the editorial team a sense of pride and joy to list out all our achievements and events.

We hope this issue is enthusing for all. We look forward to the events of the second half of the academic year 2023-24 with much more expectation.

On behalf of the editorial team, I would like to express our gratitude to all the contributors who made this task possible. Thank you to our Administrator, Rev. Fr. Tony Salema for always being our backbone, supporting us at all times. To our Principal, Prof. Dr. Blanche Mascarenhas, we extend our gratitude and appreciation for guiding us. We also extend our appreciation to New Age Printers, Fr. Myron Barreto and his team, for assisting us in bringing this issue to light.

Best wishes...

Team 'Xavierwrite 2023-24'

ST. XAVIER'S COLLEGE DRAWS CURTAIN ON DIAMOND JUBILEE CELEBRATIONS AT THE INAUGURAL CEREMONY



St. Xavier's College, Mapusa Goa celebrated the Inaugural of the new Academic Year 2023-24 and the Closing of the College Diamond Jubilee Celebrations on the first of July, 2023 with a solemn Eucharistic celebration presided over by the His Eminence, Most Reverend Archbishop Filipe Neri Cardinal Ferrao. The theme chosen for the programme was "Together on a Mission, Working Hand in Hand for Transformation". The main celebrant, His Eminence in his homily, exhorted all to spread the message of service to society. He impressed upon the gathering that a joyful, all-inclusive and transformative service was the need of the hour in society.

The administrator of the College, Fr. Antonio Salema welcomed the gathering and expressed his gratitude to the past Principals for their dedicated services. He wished the students and staff, a fruitful academic year.

In her address, the Principal of the College Prof. Dr. (Mrs.) Blanche Mascarenhas welcomed all and expressed her gratitude to the Almighty for the 60 glorious years of our institution. The principal informed the gathering that the college has been awarded as the best college in sports in 2022-2023. Various accolades and awards won by the students of the college in the field of education, research and sports were mentioned by her. She also highlighted the thirty plus MoUs signed by the College with various institutions. She thanked Diocesan Society of Education, Goa University, Director of Higher Education, Parents Teachers Association of the College. The occasion was graced by various stakeholders of the Diocesan Society of Education.

At this august function his Eminence also released two Annual Newsletters 'Catalyst' by the Department of Chemistry. (Dr.) Fr. Ramiro Luis Associate Professor, Department of Psychology, delivered an insightful Lectio Brevis on the topic 'Forgiveness and Positivity: Work book based intervention study among college students in Goa'.

In his cultural address, His Eminence, acknowledged the tremendous impact education has on the lives of individuals and society. He appealed to those present to be informed, formed and transformed so that unity and harmony may reign in our society and our lives. Expressing his happiness to be a part of the inaugural programme, he congratulated the College for the achievements of the years gone by and welcomed the students of the current academic year. In keeping with the spirit of Vanamahotsav - the tree plantation festival, his Eminence planted a sapling in the St. Xavier's College Campus. A short cultural programme comprising of skits, dance, songs was performed by the students followed by a fellowship lunch.



ST. XAVIER'S COLLEGE CELEBRATES THE CULTURAL INAUGURAL OF AY 2023-24

St. Xavier's College inaugurated its cultural activities for the academic year 2023-24 with the Cultural Inaugural on 28th August 2023, at the St. Xavier's Ark from 11.30 a.m. onwards. The Chief Guest for the programme was Mr. Jose Maria Mathais Thomas Ignatius Da Souza, a well-known theatre artist, popularly known by his stage name, Joe Rose.



The programme commenced with an Invocation Dance put together by the *Bhartiya Bhasha Sanskruti Manch* and the *Goenchi Asmitai Cell*. The invocation dance, performed by Ms. Arya Tivrekaret (TYBA), was a classical dance performance which was a fitting beginning imploring for the blessings of the Almighty.

A short formal programme followed with the dignitaries taking to the stage. There was the symbolic watering of the potted plant signifying healthy beginnings to the efforts and contributions of the cultural year in the College. In his address, the Administrator of the College, Rev. Fr. Antonio Salema, welcomed all. He expressed his happiness at having an opportunity to physically meet the Chief Guest, Mr. Joe Rose, in person. He reminded the gathering that our culture has many facets, and one that we need to remember is the etiquette in our culture. He wished for all to embrace the etiquette of our culture, to greet, to show respect to honour each other in the manner we behave and dress.



The Principal, Prof. Dr. Blanche Mascarenhas, in her address, stressed on the value of cells, clubs and associations we have in College, to exist to teach, to educate and create awareness of the different areas they cover. She advised all to meet regularly and plan and have events in a scheduled manner. Welcoming the Chief Guest, Mr. Joe Rose, she spoke of the innumerable gifts that one receives through the medium of his Tiats. She wished that all students gave the best of their talent which would enrich society.

Dr. Sheryanne Velho Pereira from the Department of Microbiology formally

introduced the Chief Guest, Mr. Joe Rose, to the gathering. Well known in the field of Art and Theatre, Mr. Joe Rose is a prolific Konkani Tiatr artist who has performed all over India and abroad. An actor, director, playwright, singer, filmmaker, he is from Olaulim, Goa. He is an active member of the Tiatr Academy of Goa and has a feature film 'Mariolla' (The Girl Child Story) to his credit. He was formally welcomed with the presentation of a potted plant by Rev. Fr. Antonio Salema.

The first filler on stage was a dramatic trumpet jugalbandi by Cleron Fernandes (FYBCom) and Frenwin Fernandes (FYBSc), ably backed by Aaron Fernandes (TYBCom) and Sweziel D'Souza (TYBA), who performed the song, *Guava Man*. This was followed by a thought-provoking mime on 'The Earth Belongs to Our Children' by the *Go Green Initiatives Club* and *SPARK Club*. The message encouraged all to look after the earth and its



resources, as it is borrowed by us from the future generations. This was followed by a comic monologue performed by Ms. Kimaya Mayenkar (SYBA) on the value of unity amongst all, especially at times of celebrations of festivals like Ganesh Chaturthi. Ms. Daniella De Souza (TYBA) and Ms. Blazel Pinto (TYBBA) regaled the audience with a Portuguese and English solo, respectively. The next item was a skit performance of dance, song and poetry by the *Centre for Performing Arts* and the *Cell for Visual Arts* titled, 'Jeevan Rekha: The Story of a River in Peril'. Ms. Nacia Britto (FYBA), then, performed a song titled 'Noketr Udentichem'. The Orchestra performance was the next item presented by the *AICUF* and *Cell for Incubation, Innovation and Entrepreneurship*. This performance was by a variety of Indian and Western musicians and singers, who performed a medley of pieces in English, Hindi and Konkani, along with instrumental pieces.

Mr. Joe Rose conveyed his joy at being in the presence of the student community due to his profession of teaching. He expressed his happiness to witness the abundant variety of cultural talent present among the students, a fusion of eastern and western expressions in song, dance and music. Appreciating the multilingual nature of the programme, he wished for more and more students take to such multilingual initiatives. He requested College students to patronise the Tiatr form, which would go a long way in its success. He expressed his support for all initiatives of the College to further the Tiatr form.

Mr. Joe Rose was presented with a token of appreciation by the Principal, Prof. Dr. Blanche Mascarenhas. Mr. Christie Fernandes (SYBA), the Cultural Secretary of the St. Xavier's College Students' Council 2023-24, proposed the vote of thanks. The programme was ably compered by Ms. Annelise Fernandes (TYBCom) and Mr. Averill Fernandes (SYBBA). The singing of the College Anthem marked the end of the day's events.

REPORT ON THE 77th INDEPENDENCE DAY HELD ON 15th AUGUST 2023 AT ST. XAVIER'S COLLEGE, MAPUSA

On 15th August, 2023, the day began with an Eucharistic celebration at 8:00 am in the seminar hall on the occasion of the Feast of the Assumption of Mother Mary.

The 77th Independence programme began at 9:10 am.

Everyone welcomed the principal, the administrator, the NCC boys in charge – Caretaker Officer Avani Kharade, NCC girls in charge – Lt Victorya Rodrigues and the NSS Chief Officer – Dr. Rhenne DaSilva.

The principal hoisted the national flag followed with the National Anthem.

The principal then, inspected the contingent of the NCC girl cadets.

Next was a dance performance by a NCC Girl Cadet- Arya Tivrekar from girls battalion who expressed the feelings of patriotism we all Indian's feel through her elegant and expressive dance performance.

This was followed by a speech by Ms. Amber Freitas from TYBA.

A patriotic song by the NCC boys of the college who enhanced this feeling of enthusiasm and patriotism was sung melodiously.

Assistant Professor Ms. Zarina Chawdari from Department of Commerce gave a speech in which she expressed her views about the 77th Independence day.

Then was the release of newsletters from the various departments of Sports, Computer Science, Research and Development Cell and Psychology Department.

The NSS volunteers then presented a skit.

Then was the Principal's speech and the administrator's speech.

Next was the felicitation of NCC girls, NCC boys and NSS volunteers for their outstanding performance in various NCC camps at state and National Level.

Towards the end there was a March-past of NCC girls, NCC boys and NSS volunteers.

This was followed by the vote of thanks by the ANO NCC girl's in charge Lt. Victorya Rodrigues.

After the program, refreshments were served to the staff and NCC cadets and the celebration was wrapped up.





TEACHER TRAINING PROGRAMME-IISC CHALLAKERE CAMPUS, KARNATAKA.

Recognising the need for science and mathematics teachers training, the Indian Institute of Science (IISc), India's premier scientific institute took the initiative under the leadership of its Convenor, Prof. MS Hegde, CSIR Emeritus Scientist from the Solid State and Structural Chemistry Unit and began training schoolteachers locally. Eventually



this was expanded to include undergraduate and postgraduate college teachers, under the Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.

Mr. Mahesh Nair and Mr. Clarence Rodrigues, Dept. of Chemistry, Mr. Gajanan Parab, Dept. of Mathematics and Mr. Sujay Naik, Dept. of Physics from St. Xavier's College, Mapusa, Goa attended the teachers training workshop conducted at the Talent Development Centre (TDC) of the IISc-Challakere Campus, Chittradurga, Karnataka from 25th October to 11th November 2023.

It is estimated that a college or university teacher in India directly teaches or influences 100-250 students per year. With the view that knowledge imparted to students by a teacher is proportional to the teacher's knowledge, teacher training programs at the TDC are highly intensive with a daily schedule of exercises, home assignments and regular testing, all aimed at maximising learning within a short period of time in a completely immersive environment totally devoid of any distractions.

The residential workshop consisted of both lecture and practical sessions based on learning by doing and experiential exercises. A variety of topics from different parts of the undergraduate syllabi were dealt with at a conceptual level. Sessions were engaged by scientists from various departments of IISc, all experts in their respective fields, involved in ongoing research, and on the cutting edge of science. Teaching learning sessions involved the introduction of novel strategies and new experiments specially designed to challenge thinking and clarify concepts.

The workshop was organised and coordinated by the Directorate of Higher Education, Govt. of Goa, for a group of approximately sixty teachers across different undergraduate colleges in Goa.

Mahesh Nair

Dept. of Chemistry

St. Xavier's College, Mapusa-Goa.

ARTS DEPARTMENTS

DEPARTMENT OF ECONOMICS

1. POSTER COMPETITION- 'The Indian Economy @ 77'

The Department of Economics organized a poster competition to mark the 77th year of India's Independence. The competition organized on 21st August 2023, was on the topic 'The Indian Economy @ 77'. Sixteen teams comprising of 2 students each, took part in the competition. The participants were judged based on 4 criteria- relevance to the topic, originality, creativity and overall presentation. The first place was bagged by Ms. Suzen Fernandes and Ms. Gail Fernandes from TYBCom, the second place by Ms. Leanza Fernandes and Ms. Rochelle Fernandes from TYBCom, and the third place was bagged by Ms. Janice Noronha and Mr. Elton Ming from FYBCom. The judges for the competition were Ms. Alia Agha, Asst. Prof. Dept. of Law; Ms. Vanessa Furtado, Course Coordinator, Dept. of BBA; Mr. Francis D'Souza, Non-Teaching Staff. The competition was organised by Ms. Ana Andrade e Souza, Asst. Prof. Dept. of Economics.



2. DONATION DRIVE

On the occasion of World Literacy Day, the Department of Economics organised a Donation Drive from 5th to 8th September 2023. The below mentioned items were received and later handed over to the Prison Ministry and Caritas.



Eleven diaries, one dozen 100 pages notebooks, ½ dozen 200 pages notebooks, two 200 pages long books, 37 Story books, one Oxford dictionary, five compass boxes, eleven water bottles, 188 Pens, four tiffin boxes, two boxes pencil colours, eight boxes crayons, three packets sketch pens, fifty erasers, five sharpeners, eight pouches, 21 pencil boxes, 13 pencils, one bag, one necklace, eight scales, three Patterns to be coloured, two stationery kit

complete with colours, six stationery kit without colours, two big colour boxes, one purse, two pop it, one pencil holder. The donation drive was organised by Ms. Ana Andrade e Souza, Asst. Prof. Dept. of Economics.

3. ELOCUTION COMPETITION

Ms. Naomi Julia Fernandes, SYBA represented St. Xavier's college, Mapusa, at the inter-collegiate elocution competition organised by the Government College of Commerce and Economics on the 14th of October 2023.

4. RESEARCH COFFEE SERIES

1. THE UNION BUDGET 2023 – AN ANALYSIS

As a part of the Research Coffee Series, various students from SYBA conducted research studies on various topics and presented the same in their classroom.

Mr. Ruzario Sequeria and Mr. Om Samant, both from SYBA spoke on the topic 'The Union Budget 2023- An Analysis', on 30th August 2023. The Union Budget 2023-24 was presented on 1st February by the Finance Minister.

The students began their presentation by highlighting the key objectives of the Budget. The Budget aims at the overall development of the Indian Economy with respect to the global perspective. The Budget proposals for the 2023-24 financial year rest on envisioning a prosperous and inclusive India, in which the fruits of development reach all regions and citizens, especially the youth, women, farmers, OBCs, Scheduled Castes and Scheduled Tribes.

The Budget 2023-24 adopts the following seven priorities. They complement each other and act as the 'Saptarishi' guiding the economy through the Amrit Kaal.

1. Inclusive Development
2. Reaching the Last Mile
3. Infrastructure and Investment
4. Unleashing the Potential
5. Green Growth
6. Youth Power



7. Financial Sector

The students then continued their presentation by explaining the revenue and expenditure proposals of the Government for the current year as well as a comparison was made with last year's budget. The students also analysed the impact of the Budget on the different sectors of the economy like the agricultural sector, the industrial sector, the service sector with special emphasis on key areas of defence, education and health.

2. *The Rise and Fall of Hippo'*

Ms. Christiana De Melo and Ms. Naomi Fernandes, both from SYBA presented on the topic 'The Rise and Fall of Hippo' on the 25th of September 2023.

Hippo is a product of Parle Agro which is led by Mr. Ramesh Chauhan. The journey of Hippo showcases the challenges and strategies involved in product development such as attractive packaging and intriguing flavours, in marketing such as innovative campaigns, and eventual market positioning.

Hippo was special, because of its unique flavours, vibrant packaging and amusing shapes. The students also spoke about how Hippo was received by the consumers. The thing that made people grab Hippo off the shelves was the novelty and variety, fun and playfulness that it offered, and popularity it garnered among the youth.

They proceeded to explain the marketing strategies used by Parle Agro to promote Hippo which was through campaigns like the 'Plan-T' campaign. The 'Plan-T' campaign involved making full and complete use of Twitter, a social media platform, as a cost-free alternative to reach out to all supply chains. Then came in the second campaign known as IFL, that is the Indian Food League. This was a campaign that brought cricket enthusiasts, belonging to different Indian cities together during the IPL (Indian Premier League). They asked fans to come up with innovative taglines regarding their staple food of their respective Indian cities. It was their responsibility to make the taglines as amusing as they possibly could. Winners were announced on a daily basis and were given adorable Hippo bean



bags. It is because of this campaign that the IPL received tremendous recognition and Hippo sales shot up.

They also explored other marketing strategies like Segmentation, Product positioning, Advertising and Promotion along with Tie-ups and Collaborations.

The students then explained to the class, how the same factors that led to Hippo's success led to its failure. The features that led to the rise and then demise of Hippo were Demand and Supply, Consumer Income and Preferences, Inflation and Pricing, Regulatory Environment and lastly, Market competition. Hippos greatest competitors that succeeded where Hippo failed were 'Bingo!', 'Kurkure', 'Lays', 'Too Yumm!' and 'Cornitos'.

They concluded by speaking about the lessons we could learn from Hippo's journey. The case of Hippo highlighted the importance of staying agile and remaining responsive to the unpredictable economic dynamics and consumer preferences to navigate challenges and sustain success in the ever-evolving marketplace.

Christiana and Naomi tried to keep the audience interested by making their presentation livelier with the help of memes, puns and Hippo's quirky advertisements all in one dramatic package.

3. STOCK MARKET TRADING

A Research Coffee Series Lecture was conducted for the students of TY B. Com D on the 19/10/23. The Session was designed to bring together passionate individuals who were eager to delve into the stock markets. In the course of the event, there was a remarkable line up of speakers, who gave insightful information. Throughout the session the speakers aimed at exploring various areas of the stock market and inspired insightful discussion through a demo of trading which broadened the understanding and perspective of the audience.

At the start Sanisha D'Silva welcomed the audience. Surya Parab then gave an overview of the stock market. Annalise Fernandes explained the various kinds of equity and debt instruments. Vishwesh Gaaonkar provided in-depth knowledge of the derivatives market through a demo. He also showed how the students could utilise their savings productively by investing in these instruments as he is already into trading and gave some useful tips for the same. An open discussion followed with active participation by the students. Sakshi Goltekar summarised the session. Oshlena D'Souza then thanked the Department for giving the students such an opportunity. She also thanked the speakers for their efforts, the audience for the keen interest they showed in the topic and Santoshi Garudi for reporting writing.



DEPARTMENT OF ENGLISH

SESSION ON ACADEMIC WRITING AND RESEARCH

A session on Academic Writing and Research was conducted for the students of TYBA English by the Department of English, St Xavier's College, Mapusa, Goa, on Thursday, 31st August 2023 in the language lab. The resource persons for the session consisted of Mrs. Alice D'Cruz and Dr. Leanora Madeira, from the Department of English. The talk was organised by the HOD, Dr. Prema Rocha.

Mrs. Alice conducted the first half of the talk, briefing the students on the important subtopics in a project report and providing guidelines centered on the format. She stressed on the title, introduction, and limitations. Dr. Leanora conducted the second half with a PowerPoint presentation, using MLA 9 as her guide, detailing the do's and don'ts of citation, plagiarism, and consistency in a project. She also highlighted the format of references and bibliography.

At the end of the presentation, there was a brief QnA session where the students cleared their doubts regarding certain aspects of project requirements, and the teachers provided their input.

The talk was attended by the general and honours students of the English Department and faculty. The session concluded with the vote of thanks given by Miss Anisha Mendonca. The talk was helpful and enlightening for the students.
Melita D'mello, TYBA



RESEARCH LECTURE ON MEMORY STUDIES

Research empowers students to become lifelong learners and expand their knowledge

The Department of English of St. Xavier's College, was keen to introduce students to two key areas namely research and Goa . In this connection it was decided to organize a guest lecture ,on the 30th of September 2023 . This research initiative , took place at the PG Seminar Hall and featured Ms Rochelle Fernandes, an erudite research scholar, as the resource person. Her insightful lecture on the topic, "Memory Matters: Navigating Goan Recollections," garnered rapt attention and was well received .

The seminar commenced promptly at 10:10 am with a warm welcome extended to all attendees and dignitaries. Ms Amber Freitas, of the TYBA was host, and accorded a warm welcome to the gathering and the dignitaries, which included Ms Rochelle Fernandes, Dr. Prema Rocha, the Head of the Department, Ms. Shirlene Fernandes the event co-ordinator and the faculty members of the English Department. In her welcome address, Ms Amber emphasised the significance of research in academic pursuits.

Ms Anisha Mendonca, in her introduction, provided an overview of Ms Rochelle's illustrious background focussing on the fact that , she is an alumnus of St. Xavier's College and holds the honour of being crowned Ms. Xavier during her final year . She also served as the president of the Theatre Club and exhibited a passion for sports. She is currently working towards her PhD from BITS Pilani, Goa and completed four years of teaching at Dhempe College, Miramar. Furthermore, she has contributed significantly to the field of literature by editing works by acclaimed authors such as Lambert Mascarenhas' "Sorrowing Lies My Land". Her dedication to research is evident through her numerous presentations at both national and international levels.

As the formalities were completed the audience were glued to this dynamic young presenter who choose to provide a brief background of her topic under discussion . She outlined the presentation by dividing it into two comprehensive segments. In the first segment, she stressed on the importance of avoiding plagiarism and briefly touched on how to make a formal presentation of a research paper. Interestingly Ms Rochelle used Damodar Mauzo's short story, "These are My Children," as a template to arrive at various understandings of Goan Recollections . She delved into its major themes and demonstrated how various theories can be applied to analyse these themes effectively.

In the second segment, Ms Rochelle conducted an in-depth review of Memory Studies. She elucidated the different types of memories and how various physical spaces and objects can serve as sites of memory triggering different responses from different individuals. She also emphasised the importance of acknowledging the scope as well as the limitations when conducting a memory study and offered valuable insights for aspiring researchers. The stark black and white photograph display provided for a captivating end and spoke volumes of how memory gets played out as one witnesses different angles to understanding one simple picture .

The lecture concluded with an interactive Q&A session, allowing students to engage directly with Ms Rochelle Fernandes and seek clarification on various aspects of her presentation. The Research Lecture was not only informative but also inspiring for all attendees providing students with a deeper understanding of research methodologies and the intricate nuances of memory studies.

A vote of thanks was extended to Ma'am Rochelle as well as all participants by Ms Amber, and Ms. Shirlene Fernandes presented Ms Rochelle Fernandes with a token of appreciation. The event concluded on a positive note with a group photograph, capturing the memory of a successful and enriching academic gathering.



ENGLISH LITERATURE QUIZ 2023



On Friday, the 13th of October 2023, the Department of English at St. Xavier's College, Mapusa, hosted the second edition of "Lit. Quiz" 2023 in the Seminar Hall at 10.45 am. The organising team comprised of Dr. Prema Rocha, the Event Co-ordinator, Sir Aaron-Paul Fernandes, Christie Fernandes and Shane Fernandes, the Quiz Masters and it was attended by an appreciable amount of staff and students.

The competition spanned two days, commencing with a written preliminary round held on the 11th of October. An impressive number of nine teams took part, each team comprising three members. Out of these, four teams qualified for the main quiz event, and the results of the preliminary round were announced on the same day.

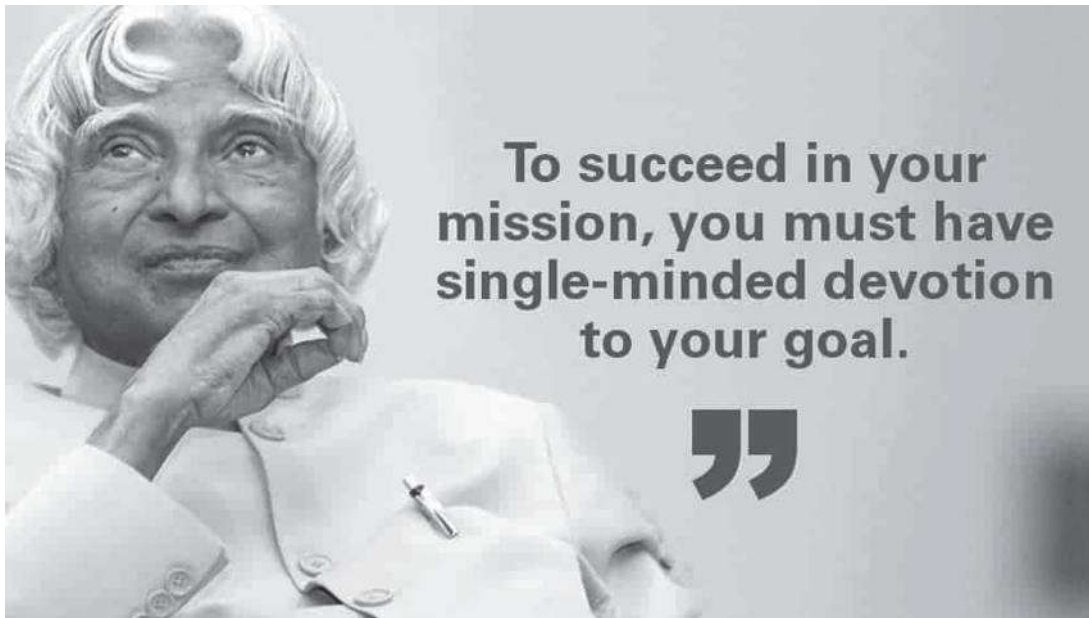
The competition commenced with a warm welcome extended by Joshua Fernandes from SYBA. The teams were assigned the names Plato, Brontë, Sappho, and Marx, which they selected by lot. Christie Fernandes skillfully guided the proceedings of the event.

The quiz featured five engaging rounds, each designed to test the participants' knowledge of literature and the English language. The five levels were as follows- General Trivia, Goan Literature, Poetry, First Lines of Classic Novels, and, finally, Book Covers & Authors which was the gambit round. The competition was intense, with participants demonstrating remarkable teamwork and quick thinking.

At the end of the five rounds, Team Sappho, represented by Anisha Mendonca, Daniella De Souza, and Melanie Lobo, emerged as the winners of the quiz. The

runners-up, Team Brontë, consisted of Cajetan Pereira, Janice Noronha, and Samidha Walke. Both teams were awarded medals and certificates. The faculty of the Department of English did the honors of felicitating the winners during the prize distribution ceremony. Team Plato, comprising Andrea Rosario, Shrutika Padte and Larissa Rodrigues, and Team Marx, represented by Shalom De Melo, Annrose D'Cunha and Jane D'Souza were also congratulated for their commendable performance and active participation.

The programme concluded with a group photograph featuring the organisers volunteers, participants, and faculty members. Lit. Quiz 2023 was a success, not only bringing students together but also encouraging them to explore the world of literature and language in a competitive yet friendly manner.



DEPARTMENT OF HINDI

1. Premchand Jayanti 14 AUGUST 2023

Department of Hindi of St. Xavier's College celebrated Tulsi and Premchand Jayanti on 14th August 2023 from 10.0 a.m. to 1.30 pm. On this occasion 'Paper Presentation' was organised for the students in which 06 students presented the paper. In the first session, biographical introduction of Premchand and papers on his literature were presented, which was presided over by the chief guest of the program, Vice-Principal of Government College, Arts, Science and Commerce Khandola and Head of Hindi Department, Dr. Asha Gehlot ji. The second session was on Tulsi's biography and literature which was presided over by the Associate Professor of Hindi Department, Dr. Ramita Gurav. Names of the students participated in Paper Presentation are as follows :-

- 1) Mansi Prabhu Bhatt Gaonkar
- 2) Divya Gaonkar
- 3) Krishi Patel
- 4) Dikshita Phadte
- 5) Siya Polle
- 6) Saachi Parab

The chairpersons of both the sessions expressed their views on Premchand's literature and his thoughts and also encouraged the readers of the program. The program concluded with a vote of thanks by Dr. Magdalene D'Souza.

2) Conversation with the Author 25 August 2023

On 25/08/2023, Teachers of Hindi Department and third year students had an online discussion / talk with writer Shivmurti on his literature. Students of T.Y. Hindi, Pratiksha, Sachi, Ruth, Mansi, Siya, Dikshita, Monica participated in the discussion.

3) Hindi Documentary Making Workshop 8 September 2023

A four-day Hindi workshop on the topic 'Documentary Writing and Production' was organized by the Hindi Department of St. Xavier's College. As the chief guest / lecturer in the workshop, professors from the Department of Mass Communication empowered the students with technical and other information related to documentary making. A total of 25 students from Hindi and Konkani departments participated in this workshop.

4) Hindi Diwas competitions 11 September 2023

Department of Hindi of St. Xavier's College Mapusa-Goa organized Hindi Diwas Celebration in Seminar Hall on 11th September 2023 from 9.30 to 2.30 pm. Ms. Priyanka Jaiswal compered the programme. The Chief Guest of the event was Ms. Karuna

Satardekar Associate Professor of GVM's Dr. Dada Vaidya College of Education, Ponda. Father Tony Salema (Administrator) and Principal Prof. Dr. Blanche Mascarenhas were present for the program.

Various competitions like self-composed Poetry Presentation, Story Writing, Essay Writing, Bhajan Singing, Monologue Competition, Sketch making competition, Duet singing and Vakrutv competition were organized for the students. Students of all the streams participated in the event with great enthusiasm. The results of the events organized are as follows.

- | | |
|----------------------------|---|
| 1) Self-composed Poetry - | 1) Mehek Katvelia
2) Pratik Kharate |
| 2) Story Writing - | 1) Shubhangi Fadte |
| 3) Essay Writing - | 1) Mansi Prabhu Bhatt Gaonkar
2) Shubhangi Fadte |
| 4) Bhajan Singing - | 1) Prachi Manerikar |
| 5) Monologue Competition - | 1) Radhika Rathod
2) Pratik Kharate |
| 6) Sketch making | 1) Pranjali
2) Anuja Sutar |
| 7) Vakrutv competition - | 1) Mansi Prabhu Bhatt Gaonkar |

5) SRUJANOTSAV 15 September 2023

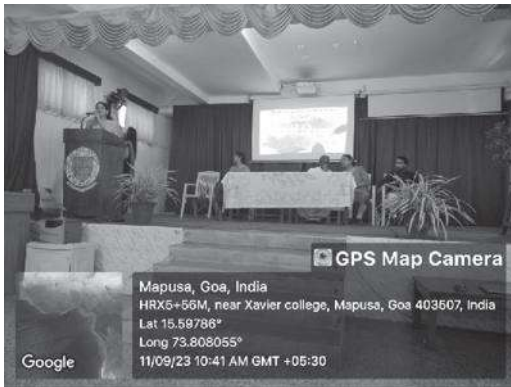
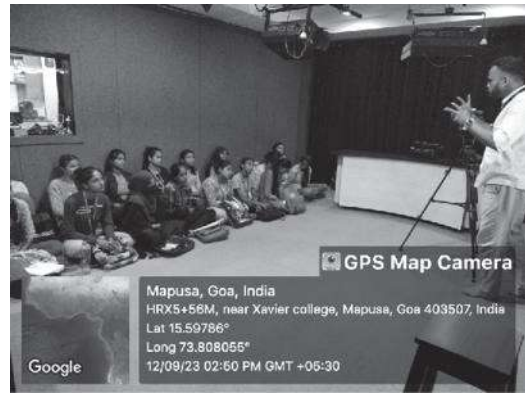
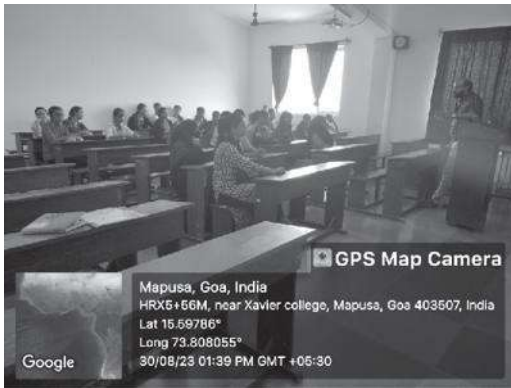
Department of Hindi of St. Xavier's College participated in the '**SRUJANOTSAV**', State Level Competition organised by Institute Menezes Braganza Hall, Panjim Goa. College received two Prizes/Awards in this state level competition,

- | | |
|----------------------|---|
| 1) Pratik Kharate - | 1 st place in Kavita Prastutikaran competition |
| 2) Shubhangi Fadte - | 3 rd place in Nibandh Lekhan |

Students who made it possible were -
Participants

- 1) Siya Pole - Shrutlekhan
- 2) Mansi Prabhu Bhatt Gaonkar - Vakrutv competition
- 3) Pranjali Raut - sketch making
- 4) Gandhita Narvekar - Bhajan Singing

Dr. Magdalene D'Souza released her book Titled 'Usha Priyamwada Ka Katha Sahitya, Samaj Shastriya Adhyayan'. It was launched at the hands of renowned writer Alka Saraogi.



DEPARTMENT OF HISTORY

Learning History Through Role-Play

The Department of History adopted role-play as a teaching strategy to re-enact historical events of the European society during the 17th and 18th centuries in September 2023. The political history of 18th -century France was relived through the brilliant performances of TYBA students. Likewise, the court of Versailles of the famed monarchs Louis XIV and Louis XVI was recreated creatively by students. The objective of this event was to develop skills of effective public speaking and build confidence among students. The event proved to be an enriching and meaningful learning experience for the class.

Coordinator: Dr. Sharmila Pais

A Kilo Campaign

The Department of History organized a Social-Outreach activity for the students of History to encourage awareness on the need to develop sensitivity to the needy around them in September 2023. It also aimed to imbibe the virtue of caring and sharing to make the other felt cared for. A KILO CAMPAIGN activity was explained to them. Students were invited to donate a kilo of any non-perishable food item. This was keeping in view the forthcoming Ganesh festival. The expected food items were identified, and a 2-week period allotted to give. The donations were then organized in six lots and were distributed to those who were identified as needy. The student donated generously and felt a sense of satisfaction over the thought and act of sharing with the poor.

Ms. Pamela Fernandes (Coordinator)

Research Initiatives

Dr. Sharmila Pais undertook an amateur research initiative for students of FYBA titled 'Unravelling Village Histories'. The students were explained the meaning of research and what constituted research. To begin with, they were guided on key identifiers of carrying out grassroot level research. They were encouraged to observe, pose a question, collect data and analysis it from a historical perspective. The importance of village histories was also explained to students. Students were encouraged to examine the cultural practices, beliefs, traditions and their role in shaping the historical development of the local territory. Impact of modernization, science and technology constituted another aspect of this study.

Ms Pamela Fernnades conducted a research presentation on 21st October 2023, on the topics: *The Built Heritage of the Kadambas, The Cultural Heritage of the Kadambas*

and *The Literary Heritage of the Kadambas*. The aim of the study was to find out the extensive History of the Kadambas of Goa and their contribution to the rich heritage of Goa. Three groups were made of minimum seven students each and were given the about topics which they had to first research on and later present their findings to the class. The presentations were informative, and the images supported the information. All three groups worked as a team to unearth and showcase the rich history of the forgotten Kadamba rule in Goa.

Coordinators: Ms. Pamela Fernnades & Dr. Sharmila Pais

Quiz Competition

On the 26th of August a quiz competition was organized for the SYBA History Core students. The students had to prepare themselves on the topic of Ancient Indian History and Culture and Medieval India. There were altogether 4 teams that participated in the quiz. The audience were also given an opportunity to answer a few questions. At the end of the competition the winners were awarded a cash voucher to be redeemed at Reagan's Food Court.

Coordinator: Mr. Dominic Fernandes

Ms. Pamela Fernandes

HOD-Department of History



DEPARTMENT OF KONKANI

1. Guest Lecture

Dept. of Konkani organized guest lecture on 7th October 2023 for FYBA & TYBA students. Prof. Dilip Dhargalkar spoke on the topic “Humourous essays in Konkani”. The speaker explained how humour can be created in writing. As a writer, he explained how he used his day to day experiences in his writing to convert serious thoughts in a comic way to attract the readers. Only one should keep his or her eyes and ears open and should be sensitive and should know what is going on around him or her. He also told students to start writing as there is a lot of scope for humourous essays in Konkani.

Programme started with the welcome address by Mr. Dharma Chodankar, HoD, Dept. of Konkani. At the end of the session students interacted with Prof. Dhargalkar. It was a very fruitful session ended with Vote of thanks by Mr. Silvester Vaz. Around 60 students were present for the session.



2. Celebrated 'Konkani Raxtramanyatai dis' (Inclusion of Konkani language in the 8th Schedule of the Indian constitution)

The Dept. of Konkani celebrated the 'Konkani Raxtramanyatai dis' on 19th August 2023 in collaboration with Dalgado Konkani akademi in the college seminar hall. Since it was a Sunday on 20th August the day was celebrated on 19th August 2023.

Konkani had been included in the Eighth Schedule of the Indian Constitution and given recognition on August 20, 1992. Since then, the Konkani Recognition Day is being celebrated. On this occasion Dalgado Konkani Academy's President Mr. Celso Fernandes, Treasurer Mr. Bond Braganza, Principal of St. Xavier's College Prof. Dr. Blanche Mascarenhas, Head Of the department of Konkani Mr. Dharma Chodankar, Assistant Professor Fr. Luis Gomes, Assistant Professor Silvester Vaz, Assistant Professor Ms. Siddhi Gawas and Assistant Professor Ms. Aashita Naik were present on the stage.

The Programme began with the welcome address by the Principal followed by the

lighting of the lamp. The principal stressed on the importance of speaking Konkani in day today life. She also mentioned about the efforts made by the college to put up the Sign boards in konkani language in college campus.

Head of the dept of Konkani Mr. Dharma Chodankar explained the importance of the Day and also highlighted the konkani language Movement.

Speaking on the occasion Dalgado Konkani Academy's President Mr. Celso Fernandes assured that the Dalgado Konkani Academy would always support Konkani literature writing and asked for collabrative activities with St. Xavier's College to be organised in the coming years.

The prize distribution ceremony of the konkani screenplay writing competition was held on this occasion. The third Place secured by Ms. Kimaya Mayekar, Second Place Ms. Asmiksha Shirodkar and Ms. Roshni Aaire begged The first place.



The programme ended with a vote of thanks by assistant professor Ms. Aashita Naik. Assistant Professor Ms. Siddhi Gawas was the compere For the day.

3. Shenoi Goembab Kathamall Storytelling Competition

The 22nd Shenoi Goembab Kathamall, a captivating storytelling competition for school students across Goa, was held with great success. Organized by the Konkani Bhasha Mandal Margao Goa. This prestigious event took place at 17 centers throughout Goa. The Bardez Center, a crucial hub for this literary extravaganza, was efficiently coordinated by the dedicated efforts of the Department of Konkani at St. Xavier's College Mapusa.

The competition, designed to showcase the storytelling prowess of young talents, was conducted in three categories: 1st to 4th standard, 5th to 7th standard, and 8th to 10th standard. The inclusion of multiple categories allowed for a diverse range of participants, each contributing to the vibrant tapestry of Konkani storytelling.

The Bardez Center, under the joint coordination of Prachi Volvaikar from Konkani Bhasha Mandal (KBM) and Fr. Luis Gomes from the Department of Konkani at St. Xavier's College, witnessed an enthusiastic turnout of students eager to share their

narratives. The event not only provided a platform for creative expression but also highlighted the rich cultural heritage embedded in Konkani literature.

Held on 26th August, the competition took place in the seminar hall and classrooms of St. Xavier's College Mapusa. This choice of venue added a touch of academic ambiance to the event, enhancing the overall experience for participants and attendees alike.

Prizes were distributed to the winners by Fr. Tony Salema, the administrator of the college, and Mr. Dharma Chodankar, Associate Professor and Head of the Konkani Department. Their presence and active involvement added a significant layer of encouragement and recognition to the achievements of the talented participants.

The competition, held at St. Xavier's College Mapusa, unfolded seamlessly, thanks to the meticulous planning and execution by the organizing team. The stories narrated by the students reflected not only their linguistic prowess but also their understanding of Konkani culture and traditions.



The collaborative effort between Konkani Bhasha Mandal Margao Goa and St. Xavier's College Mapusa in coordinating the Bardez Center for the 22nd Shenoi Goembab Kathamall showcased the commitment of educational institutions towards nurturing linguistic and cultural roots. The success of the event will undoubtedly contribute to the promotion of Konkani language and literature among the youth, fostering a sense of pride and appreciation for the rich heritage of Goa.

4. "Empowering Beginners: Successful Completion of Konkani Language Course by Thomas Stephens Konkani Kendr and St. Xavier's College"

In a collaborative effort between Thomas Stephens Konkani Kendr, Porvorim, and St. Xavier's College, Mapusa, a comprehensive Konkani language course for beginners was successfully organized. This certificate course, spanning 40 hours, unfolded from July 13 to August 10, 2023, on weekdays, offering an enriching half-day experience from 2:30 pm to 5:00 pm at the premises of Thomas Stephens Konkani Kendr.

Under the auspices of a signed Memorandum of Understanding (MOU) between TSKK and St. Xavier's College, the dynamic coordination of the course was overseen by Assistant Professor Dharma Chodankar from St. Xavier's College and Fr. Jose of Thomas Stephens Konkani Kendr.



This meticulously designed course prioritized practical aspects such as conversation/dialogue and the acquisition of proper grammar in the Roman script. Learners were equipped with essential books to facilitate their learning journey, providing real-life situations for practice with the aid of Information and

Communication Technology (ICT). A cohort of thirteen enthusiastic learners from various parts of Goa actively enrolled and immensely benefited from the course.

The course structure was thoughtfully crafted, adhering to a well-defined timetable and focusing on topic-oriented sessions. This approach ensured that learners were adequately prepared for each session. The engagement of sessions was led by esteemed educators and professionals in the language field, including Dr. Pandurang Phaldesai, Fr. Jose, Swara, and faculty members from the Konkani department of St. Xavier's College, namely Assistant Professor Dharma Chodankar, Silvester Vaz, Fr. Luis Gomes, Siddhi Gawas, and Aashita Naik.

The success of this Konkani language course not only reflects the dedication of the organizers but also underscores the commitment to fostering linguistic diversity and cultural enrichment within the community. As the participants embark on their language-learning journey, they carry with them a valuable foundation in Konkani, thanks to the collaborative efforts of Thomas Stephens Konkani Kendr and St. Xavier's College.

5. St. Xavier's College wins 1st place at 3rd Intercollegiate/HSS Tiatr Competition

St. Xavier's College achieved a remarkable victory, securing 1st place at the prestigious 3rd Intercollegiate/HSS Tiatr Competition organized by the Tiatr Academy of Goa in Panjim. The college showcased its exceptional talent through the performance of the tiatr titled "GIRANN" on September 7, 2023, at the Pai Tiatrist Hall of Ravindra Bhavan Margao, ultimately clinching the top spot among the eight participating colleges.

The creative brilliance behind "GIRANN" was attributed to Dr. Fr. Luis Gomes, a distinguished faculty member of the Konkani Department at St. Xavier's College.

The musical direction, orchestrated by Fr. Ramiro, an Assistant Professor in the Department of Psychology, added a captivating dimension to the performance. The stage design, an integral aspect of the production, was expertly handled by Mr. Worrel D'Souza, an Assistant Professor in the Department of BCA, along with the artistic contributions of Francis D'Souza, the college's dedicated clerk.

The synergy of talent extended to the involvement of 55 students across various streams, showcasing their acting, singing, and stage-setting prowess. The impressive array of awards bestowed upon "GIRANN" included:

1. 1st Prize in Best Performance
2. 1st Prize in Best Script: Fr. Luis Xavier Gomes
3. 1st Prize in Best Direction: Fr. Luis Xavier Gomes
4. 1st Prize in Best Lyrics: Fr. Luis Xavier Gomes (Kantar: Poromprik Khell)
5. 1st Prize in Best Actor (Male) Simon D'Silva (Role of Sunny)
6. 1st Prize in Best Actor (Female) Joslyn Pereira (Role of Tufania)
7. Merit Certificate in Acting (Female) Steffi Fernandes (Chandrakala)
8. 1st Prize in Best Comedian (Male) Robert D'Souza (Role of Kaitu)
9. Merit Certificate (Female Comedian) Doris Goves
10. 1st Prize in Best Singer Solo (Female) Unesia Fernandes (Kantar: Goy Mhojem)
11. Merit Certificate in Best Duo: Shawn Lima & Frenwin Fernandes (Kantar: Romi v/s Devnagri)
12. 1st Prize in Best Comedy Kantar (Male) Robert D'Souza (Kantar: Bail Mugeli)



The seamless coordination of the tiatr's execution was spearheaded by the dedicated faculty members of the Konkani Department. St. Xavier's College stands proud, not only for its academic excellence but also for fostering a vibrant and award-winning cultural tapestry.

6. Konkani Translation workshop

St. Xavier's College Dept. of Konkani in collaboration with Konkani Bhasha Mandal, Margao organised a one day state level translation workshop on 10th October 2023 in the college seminar hall on the topic : 'Ankar: Arth ani Tantra'. The chief guest and resource person of the workshop was Dr. Narayan Desai, a translator, writer and educationist.

The Workshop was inaugurated by lightning of the lamp by College Principal Prof. (Dr.) Blanche Mascarenhas, Administrator Fr. Antonio Salema, Hod of the Dept. of konkani Mr. Dharma Chodankar, coordinator of the workshop Mr. Silvester Vaz were also present for the inugural session. Principal Prof. Blanche Mascarenhas welcomed the gathering. Mr. Dharma Chodankar explained the objective of organising this workshop. Administrator Fr. Antonio Salema also addressed the gathering.



After the inaugural session the workshop was conducted by Dr. Narayan Desai during which students enriched with translation skills and they also translated on their own. The vote of thanks was given by Mr. Silvester Vaz and inagural session was compared by Miss. Siddhi Gawas

7. Remembrance of Dnyanapith awardee late Shri. Ravindra Kelekar.

27 August, is marked as the death anniversary of Shri. Ravindra kelekar. Known as one of the noted Indian author who wrote primarily in Konkani language, though he also wrote in Marathi and Hindi. A Gandhian activist, freedom fighter and a pioneer in the modern Konkani movement, he was a well known Konkani scholar, linguist and creative thinker. He was an active participant in Goa's liberation movement and later the campaign against the merger of Goa and Maharashtra. His work for his mother land and language does not end here, thus, in order to enlighten young minds about his worth hard work in the field of literature, this talk cum activity-

oriented session was organized for the students of T.Y.B.A. on 28th august, 2023 since 27th was a Sunday.

The session included information about the life of the author, his literary career, way of thinking, his determination towards freedom and the nature of his literature. The above parts of information were delivered by faculty members of Konkani department in the stated manner.

Introduction about authors life and personality was briefly yet wisely explained by Mr. Dharma Chodankar who not only spoke about his early life and freedom struggle but also spoke about his vision about life and the universe. A vision so mysterious and philosophical that it became a gift to Konkani people.

A documentary on the life of the author was played at this time that helped the students to witness the achievement of the author and also a little insight into his life. At this time, the students had an actual image of the author sketched in their mind which made the session more meaningful.

After the subtle yet deep phase of author's life, insights into his literary world and its importance in the present as well as coming era was well discussed from a philosophical point of view by sir. Sylvester Vaz.

Last but not the least, Fr. Luis Gomes, spoke on the important aspects of author's literature and its utilization as a guiding force in the field of literature. Father also highlighted key words and phrases used by the author that is quite enough to awaken young minds to work hard in the field of literature to strengthen their language.

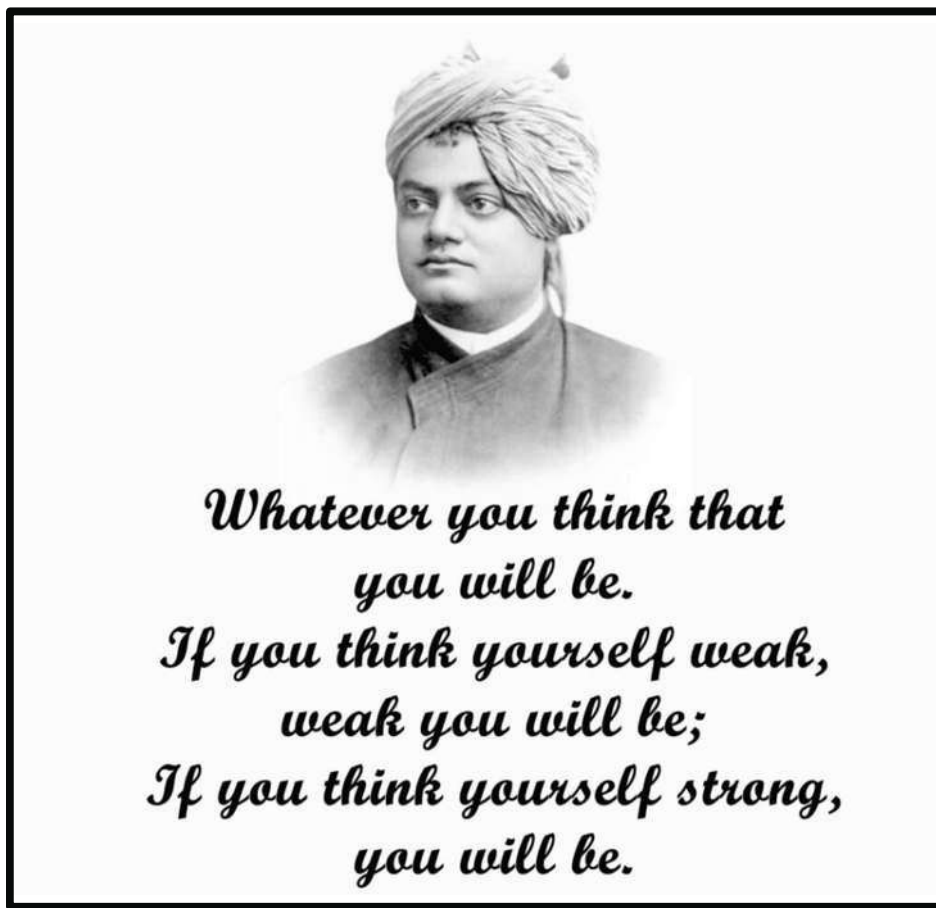


In the light of this session, and as a tribute to the author, poster making competition on the life and work of Shri. Ravindra Kelekar was organized for the students of T.Y.B.A. Many students participated in this competition and also displayed unique creative skills like old paper style out of coffee and fire, sticky notes, self-drawn paintings and portraits, finishing with a glittery touch of calligraphy. The judging of this competition was done by Miss. Siddhi Gawas.

After the session these wonderful posters were displayed in the language staff room to encourage the hardwork of students. This sums up the small yet sweet program for the day.

8. Commemoration of 39th Death anniversary of Konkani poet Bakibab Borkar

The Dept. of Konkani commemorated 39th Death anniversary of renowned Konkani poet Bakibab Borkar on 8th July 2023 in the college conference hall. The HoD of the Dept. Mr. Dharma Chodankar thrown light on the life and work of Bakibab Borkar. Mr. Silvester Vaz and Fr. Luis Gomes also addressed the students. On this occasion TYBA student Ms. Savia Pawar presented the 'Piazannam' popular poem of Bakibab. The programme was compared by Mr. Slifon Simoes.



DEPARTMENT OF MARATHI

1. B. B. Borkar Commemoration Day:

On 8th July 2023 well known Goan Marathi Poet B. B. Borkar's commemoration day was celebrated by Department of Marathi in which students of Marathi presented the Poems of B. B. Borkar. HOD of Department of Marathi Dr. Vrunda Kelkar highlighted in her words the significance of the poet in Marathi literature. Dr. Apurva Betkekar & Dr. Prachi Joshi also presented B. B. Borkar's poems on the occasion.

2. Educational field trip to Pansaimol and Loutolim:

On 27th August 2023 Department of Marathi organized Educational field trip to Rivona Caves, Kushavati dam & Big Foot. The trip was organized to explore Pre historic places in Goa. The trip was organised by Dr. Apurva Betkekar & was assisted by Dr. Prachi Joshi & Miss Veena Kerikar.

3. Guest lecture of Dr. Aruna Dhere

Department of Marathi from St. Xaviers College had organized guest lecture of Dr. Aruna Dhere in collaboration with Sant Sohirobanath Ambiyee Adhyasan, Athiti Pradhyapak Sanshodhan Sanchalanalay, Marathi Adhyayan Shakha, Shanai Goybab Bhasha ani Sahitya Mahashala. The topic of the lecture was 'अनुवाद: अभ्यासाचे नवे दालन'. The above lecture aimed at opportunities in translation career of students. Dr. Apurva Betkekar introduced the Guest on behalf of HOD, Dr. Vrunda Kelkar. This programme was compered by Dr. Prachi Joshi & vote of thanks was addressed by Miss Veena Kerikar from Department of Marathi. The program was organised by Dr. Vrunda Kelkar and was assisted by Dr. Apurva Betkekar, Dr. Prachi Joshi & Ms. Veena Kerikar.

4. Book Release function:

A Book release of the faculty Member of Department of Marathi Dr. Prachi Joshi was organized by Department of Marathi on 30th September 2023. The title of the book was "समकालीन कादंबरीकारांचा तौलनकि अभ्यास".

5. National seminar: Review of post 1990's Goan Marathi Literature

The Department of Marathi in collaboration with Official language, Goa State had organized One day National Seminar on 30th September 2023 in seminar hall of St. Xaviers College, Mapusa. Introduction of seminar was done by Head of the Department Dr. Vrunda Kelkar & key note speech was delivered by Shree.

Shrikrushna Adasul. In this National Level seminar various Resource persons from Goa & Maharashtra presented their research papers. Miss. Prachi Manerikar Compered the Inaugural Function & Vote of thanks was delivered by Dr. Prachi Joshi from the Department of Marathi.



DEPARTMENT OF PHILOSOPHY

1. COUNSELLING SESSIONS

The college counsellors, Ms. Zaneta D'Mello and Mr Cipiriano Fernandes, conducted sessions for FYBA Minor and Major students on 29/7/23 and 4/08/23 respectively. The sessions were based on dealing and overcoming stress during presentations. The counsellors explained the nature and source of stress experienced by students. They demonstrated various techniques by which it could be overcome.

Conducted by: Dr Shefali Kale

2.FIELD TRIP CONDUCTED BY THE DEPARTMENT OF PHILOSOPHY

Date : 23rd October 2023

The Department of Philosophy organised an educational and rejuvenating field trip to the Pilar Museum and the Botanical Garden, Selaulim on Monday, 23rd October 2023.

The enthusiastic students and teachers set out from Mapusa at around 8:30 a.m. The bus journey was quite lively and enjoyable with various groups of students engaging in conversation, some students listening to their own kind of music individually and a few of them even dancing. We arrived at our first location, the Pilar Museum. The surrounding environment was simply beautiful and the path leading to the church so serene. The architecture of the surrounding buildings was a sight to adore. A photograph of our class was clicked at the entrance of the Museum. We then began exploring the vast and historical Museum. It was sectioned into 3 parts namely; the Pre-Portuguese Govapuri, Goa under Capuchos and Carmelites and The Society of Pilar Collections. It consisted of Statues of the Kadamba Emblem and other significant sculptures depicting Goa during the earliest times. It was a great learning experience and being enlightened about the Goan roots and heritage made students feel a sense of pride in their culture. Other artefacts like stones and coins from various places around the world and a massive stamp collection caught the eye of many. The group later proceeded to the beautiful chapel right above the museum, a typical chapel with an altar sculpted of green marble and so intricately carved. The surrounding atmosphere was quiet and peaceful leaving one to reflect in harmony along the light echoing noises. The terrace of the building was a sight to behold with the overlooking landscape replicating a picture post card scene. Once everybody had completed the exploratory tour of the museum, we were ready to depart from Pilar and head towards our next destination.

The bus left Pilar at 11.00 am, we reached our destination, the Botanical Garden Selaulim at 12.25 p.m. The entrance was bordered with artistically trimmed bushes in the shapes of fish and other plants embodying various other forms (Topiary). It was truly a vivid experience walking in the garden, and soon few groups of students took shade under an individual canopy situated in the midst of the garden itself while some laid out bedsheets among the flower beds. Later, some took a trip to the dam, watching the waters gushing down in uniformity as the cold mist lightly splashed out. It was a refreshing and unique experience. Friends and teachers later enjoyed lunch while creating wonderful lasting memories. There were many activities available in the garden such as the rope bridge, an outdoor gym equipment and even a children's park. Each individual pursued their interests and had an amazing time. It was now time to say goodbye and head home after a relaxing time spent with great company. At 4:15 p.m. we departed from Salaulim, the return journey home though long, was quite memorable. Overall, the students had a great experience, being enlightened on some historical aspects of Goa.

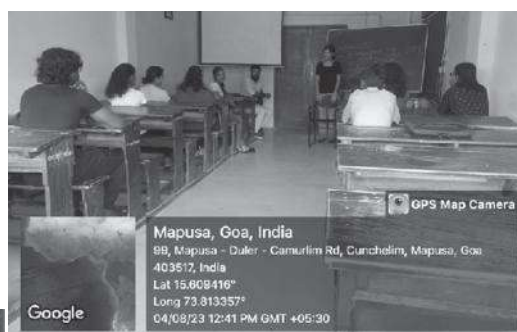
It was a well-organised field trip and everybody had a great time.

3. SCREENING OF MOVIES AND SHORT DOCUMENTARIES

The well known American epic religious drama film, “The Ten Commandments” was shown to the S.Y.B.A Philosophy students over two sessions in the month of August of 2023, this, as a means of a pictorial depiction of the religion of Judaism, one of the chapters featured in World Religions.

In the month of September 2023, the students were also shown a few video documentaries on Sacraments in Christianity.

Ms.Aletthra.C.Vieira
HOD, Department of Philosophy



DEPARTMENT OF POLITICAL SCIENCE

1. Visit to Goa Legislative Assembly

The students of FYBA Political Science (Major and Minor) visited the Goa Legislative Assembly on 21st July 2023 to attend the Monsoon Session. A total of 45 students, along with faculty of the Department, Asst. Prof. Prasad Naik and Asst. Prof. Anthony Lobo attended the session. Students got to attend the Afternoon Session and experience the live proceedings of the House. The experience was enriching for the students as they got an opportunity to see the actual working of the State Legislative Assembly.

2. Independence Day : Group Discussion on Leadership

To commemorate Independence Day, the Department of Political Science organized a Group Discussion for SYBA SEC students on Leadership on 14th August 2023 in Room number 225 at 12:45 to 1:45 PM. Students were divided into four groups and had to speak on the topic, 'What would I do if I was the Prime Minister for a month?'. Each group put forth unique proposals on how they would develop and bring about progress in the country if they were the Prime Minister of the country. The discussion gave the students an opportunity to understand the leadership skills required to be the Prime Minister of the country. Mr. Anthony Lobo, faculty of the Department co-ordinated the discussion and expressed his gratitude to the students for participating in the discussion and presenting valuable inputs.

3. Participation in SIAS Intercollegiate Competition on the theme of G20

The School of International and Area Studies, Goa University organised an Intercollegiate Competition on the theme of G20. The competition aimed to engage students in thoughtful discourse and creativity, providing a platform for them to express their insights and talents. The events included elocution, essay writing, poster making, quiz, and reel making, catering to a wide range of interests and skills. Our student team participated in all the events. The students were guided by the faculty of Department of Political Science. Ms. Richa Kajoli, Asst. Prof. of the department guided and accompanied the students.

Mr. Jady Pereira from TY Journalism bagged first place for the Reel making competition. Ms. Anuja Sutar and Ms. Marina Ferrao from SYBA secured second place in Poster Drawing Competition. The prize distribution ceremony took place on 7th September 2023, at the Conference Hall, Goa University in the distinguished presence of the Honourable Minister, Shri Govind Gaude as Chief Guest.

4. Symposium on “ Current Socio-Political scenario in India: A Citizen's Response”

The students of the Departments of Sociology and Political Science attended a Symposium on “ Current Socio-Political scenario in India: A Citizen's Response”, organised jointly by All India Mission Seminary, Pilar and Patriarchal Seminary of Rachol on 9th September 2023, at Rachol Seminary. The keynote address was delivered by Rev. Dr. Suresh Mathew Pallivathukal. Various experts presented their views on religious freedoms, nationalism and nation building. The presentations were thought provoking and evoked a healthy discussion on the subject. Faculty Ms. Tricia Vaz e Borges (Department of Political Science) and Ms. Rizwana Shaikh (Department of Sociology) accompanied the students.

5. Debate on “Does Goa require special status under the Indian constitution? (Art.371)”

A debate among the Students of TYBA Political Science on the topic, “Does Goa require special status under the Indian constitution? (Art.371)” was held on 11/10/2023 in Room No. 324 at 11:45 am. The students were divided into two teams, one arguing for special status and the other against special status. Both teams strongly argued their position, resulting a very lively discussion.

6. Poetic Political Ponderings- An intercollegiate poetry recitation competition

An Inter- collegiate poetry recitation competition, 'Poetic Political Ponderings' was organized by the Department of Political Science, Government College, Khandola on 14th October 2023. Ms. Ciana Gonsalves (FYBCom) and Ms. Diksha Tupkar (SYBA) participated in the competition. Ms. Ciana Gonsalves was awarded the 1st Consolation place. Ms. Tricia Vaz e Borges, Associate Prof. Department of Political Science guided the students.

7. Workshop on Students Parliament

As a part of preparation for the Student's Parliament Competition 2023-2024, the Secretariat, Assembly Complex organized a Workshop on 'Practice and Procedures of the Goa Legislative Assembly' on 16th October 2023 at 10:30 am in the PAC/PUC room of the Assembly - Complex. Ms. Tricia Vaz e Borges, Assoc. Prof. (Dept. of Political Science) along with Ms. Mehak Sayed (FYBCom) and Ms. Samrudhi Yende (TYBA) attended the same.

8. Celebration of Constitution Day-2023

As part of the commemoration of the 'Constitution Day' 2023, the NSS unit and Political Science department of St. Xavier's College, Mapusa, Goa celebrated the occasion by reading the Preamble to the Constitution of India on 24th November 2023 at 8.45 a.m. on the college public address system ensuring participation of students, teaching, and non-teaching staff.

9. Quiz on Constitution Day

As part of the Constitution Day celebration, the Department of Political Science had organised an Online Quiz on the Indian Constitution for the students of the college on 26th November 2023 to increase awareness among the student community. A total of 103 students participated in this competition. Participants were allotted e-certificates.

10. A) Coffee series - Gellner's and Anderson's Theoretical Perspectives on Nationalism

As a part of the College Research Initiative- 'Coffee Series', Asst. Prof. Prasad Naik, faculty of the Department of Political Science presented a paper to students of TYBA Political Science on 31st August 2023 at 10:45 a.m. The title of the paper was 'Gellner's and Anderson's Theoretical Perspectives on Nationalism'. The paper provided insights to students about the theory of nationalism developed by Ernest Gellner in his book 'Nation and Nationalism' and Benedict Anderson in his book 'Imagined Community'. The various aspects of nationalism and factors impacting nationalism were discussed.

B) Coffee Series: Understanding the rights of the children with special needs

As part of the coffee series, the Department of Political Science organised a session on the topic “Understanding the rights of the children with special needs”. The talk was conducted on 11th October 2023 at 12:45 pm and by Samuel Fernandes student of TYBA, Political Science (Honours). The teacher in charge was Mr. Anthony Felipe Lobo. The speaker highlighted the legal safeguards, mandatory reporting, and support systems that are to be ensured so that children with special needs enjoy the basic rights as any other child. He emphasised on the role of parents in advocating for their child's rights, supporting education and therapy, and planning for their child. The speaker ended by emphasising that it is important to consult the specific laws and regulations and seek support from organizations like UNICEF and disability advocacy groups for the most up-to-date information and assistance regarding children with special needs. Questions were raised by the participants and were adequately answered by the speaker and other members of the project group. The talk ended at 13:45 pm with participation of 30 students including faculty.

C) Coffee Series: Welfare Populism and Elections

As part of the research initiative under “Coffee Series”, a presentation on “Welfare Populism and Elections” was conducted by the TYBA Political Science project students under the guidance of Ms. Tricia Vaz e Borges on 19/10/2023 at 11:45 am in Room No. 321. The students put forth their views on how populist election agendas impact elections. The students presented their findings on the ongoing TYBA

project work. After the students presented their views, the Guide Ms. Borges gave an overall summary of the work done by the students on the topic.

Photographs of Activities:

Visit to Goa Legislative Assembly



Independence Day : Group Discussion on Leadership



Participation in SIAS Intercollegiate Competition on the theme of G20



Symposium on “Current Socio-Political scenario in India: A Citizen's Response”

Salcete, Raia, 403719, GA, India
 Latitude 15.3097° N Longitude 74.0020° E
 Local 04:08:59 PM Altitude 16.7 meters
 GMT 10:38:59 AM Saturday, 09/09/2023

Debate on “Does Goa require special status under the Indian constitution? (Art.371)”

Bardez, Mapusa, 403507, GA, India
 Latitude 15.5976° N Longitude 73.8073° E
 Local 11:58:11 AM Altitude 94.4 meters
 GMT 06:28:11 AM Wednesday, 10/11/2023

Poetic Political Ponderings- An intercollegiate poetry recitation competition

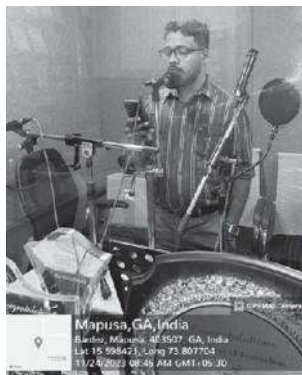
GOVT. COLLEGE OF ARTS, SCIENCE & COM.
 KHANDOLA, MAPUSA - GOA
 Accredited by NAAC with Grade A
CERTIFICATE
 This is to certify that Garima Gembhane of St. Xavier's College
 Mapusa College to awarded 1st consolation place for Intercollegiate Poetry Recitation Competition
 “Poetic Political Ponderings” organized by Department of Political Science, Government College, Khandola,
 Mapusa, Goa held on 14th October 2023.
 Sign: Prof. Purnananda Sawant, Principal, GCASCK; Dr. Prashant Kerkar, Director, PZAD; Prof. Seema P. Salgaonkar, HOD, Dept. of Political Science; Mr. Akshay Gaidok, Asst. Prof. Political Science, Coordinator.

Workshop on Students Parliament

Alto Porovrim, Penha De Franca, 403521, GA, India
 Latitude 15.5095° N Longitude 73.8371° E
 Local 01:07:10 PM Altitude 56.7 meters
 GMT 07:37:10 AM Monday, 10/10/2023



Celebration of Constitution Day-2023



Quiz on Constitution Day.

10. Coffee series –

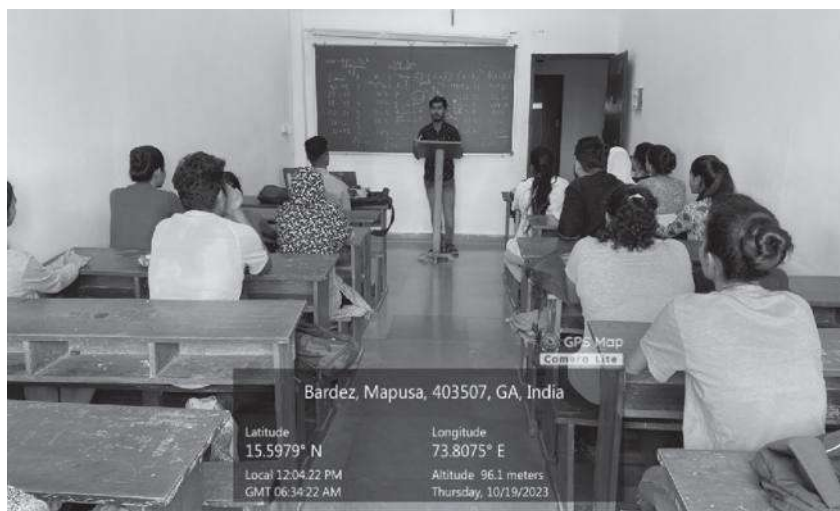
A) Gellner's and Anderson's Theoretical Perspectives on Nationalism



B) Coffee Series: Understanding the rights of the children with special needs



Welfare Populism and Elections



DEPARTMENT OF PSYCHOLOGY

As the calendar turned to June 2023, the Department of Psychology commenced a transformative period marked by a series of impactful events.

On August 24th, our accomplished alumna, Ms. Carmisa Pereira, who recently completed her Master's studies in the UK in special education, delivered an inspirational orientation for TYBA students aspiring to pursue studies abroad. Organised by Fr. Ramiro Luis, the session provided practical insights into the challenges and triumphs of international education. Ms. Pereira's firsthand experiences and advice served as a valuable guide, fostering motivation and aspirations among the TYBA students.

On September 7, 2023, an insightful event on the "Awareness of Substance Abuse" took place at St. Xavier's College, Mapusa. Conducted by Ms. Elvira Pereira, Assistant Professor in the Department of Psychology, the program aimed to educate students about the perils of substance abuse and promote a healthy, drug-free lifestyle. The event commenced with an opening address by Mr. Debojit Majumdar, emphasizing the importance of creating awareness about substance abuse. The program featured expert presentations, interactive discussions, and personal testimonials from individuals who have triumphed over substance abuse. The success of the event underscored the department's commitment to fostering awareness and understanding of substance abuse issues.

On September 8th, 2023, the students of TYBA psychology meticulously staged a play to commemorate the world suicide prevention day. The Play focused on the importance of seeking help in times of distress and also highlighted the importance of awareness and counselling services in promoting mental health. Miss Anuradha Kakodkar was the special guest for the program and was largely attended by several students of St Xavier's College, Mapusa Goa. The street play was coordinated by the head of the department, Professor Janet Fernandes and the College Counsellors.

A significant talk on "Sexual Harassment at Workplace" was organized on September 16, 2023, at St. Xavier's College, Mapusa. Coordinated by Ms. Elvira Pereira and Rev. Dr. Ramiro Luis, the talk featured Advocate and Notary Harsha Naik as the distinguished speaker. Advocate Naik, an esteemed alumnus, delivered an insightful discussion on various aspects of workplace harassment, shedding light on the legal framework, internal complaints committees, and the psychological dimensions of addressing this issue. The event, attended by students and faculty, exemplified the department's dedication to promoting safe and respectful work environments.

On October 12, 2023, Ms. Elvira Pereira, Assistant Professor from the Department of Psychology, conducted an engaging and educational activity titled "Guess the Disorder." This interactive session aimed to enhance students' understanding of various psychological disorders through a creative guessing game. Students from diverse streams participated, forming teams to analyze scenarios and identify corresponding disorders. The activity fostered a dynamic and collaborative learning atmosphere, reinforcing the department's commitment to destigmatizing mental health topics.

The department orchestrated a field visit to Central Jail, Colvale, on the 17th October. TYBA Psychology students from St. Xavier's College, Mapusa, were immersed in an eye-opening exploration of the rehabilitative aspects of the penal system. Coordinated by Ms. Anuradha Kakodkar, Associate Professor, Department of Psychology, the visit aimed to reshape students' perspectives on jails as reformatory centers rather than purely punitive institutions. Beyond security checks, the students delved into the daily operations of the jail, witnessing the myriad facilities provided to inmates, from educational and vocational centers to medical facilities.

The department actively participated in a state-level seminar titled 'World Mental Health Day: Mental Health is a Universal Human Right.' Our department faculty, Dr. Eulalia Fernandes, along with five T.Y.B.A. Psychology Honours students, attended the one-day event organized by the Government College of Arts, Science and Commerce, Khandola – Marcela, Goa. Six engaging sessions, covering topics from emotional first aid training among youth to suicide prevention, were led by prominent professionals in the field. The seminar provided a platform for students to delve into the multifaceted aspects of mental health care, emphasizing the collaborative efforts required to address societal challenges.

On October 6, 2023, the department conducted a workshop on mental health for FYBA Psychology Major students in the laboratory. The workshop unfolded in two enlightening sessions. Ms. Aileen De Souza, representing the NGO Sethu, led the first session on 'Mental Health in Your Hands.' The session commenced with a unique ice-breaker exercise and a poignant video on the effects of stigma. Ms. De Souza's insights into coping with negative life events, maintaining healthy connections, and utilizing coping strategies resonated with the students. The second session, 'Caregiving,' was led by Ms. Chrissiedana Gomes from COOJ Mental Health Foundation. Through scenarios and role plays, students were sensitized to the nuances of providing care to individuals dealing with depression. The workshop was organised by Dr. Ubaldina Noronha.

The academic fervour continued with session under the Coffee Series initiated by the DHE, where final-year graduate students presented their research projects for

the academic year 2023-24. On September 14, 2023 six diverse projects were unveiled, covering interesting topics of Psychological research. The faculty members provided insightful feedback, fostering an environment of scholarly growth and scientific temper. This was an initiative of Research and Development cell, St. Xavier's College, Mapusa. Bi-Annual Research Series held on November 27, 2023 included Prof. Janet Dsouza, Ms. Anuradha Kakodkar, Dr. Eulalia Fernandes, and Dr. Ubaldina Noronha, who engaged in an interactive discussion on the selected paper 'The Impact of Workaholism on Nurses' Burnout and Disillusion.' The session delved into the study conducted in Sardinia, Italy, involving 614 nurses, unraveling the intricate relationship between workaholism and burnout. Faculty comments added depth to the session, culminating in the distribution of the insightful article.

On October 5th, 2023, the FYBA, FYBCom (SEC) Psychology students, staged an act on "Importance of Mental Health" for students of St. Xavier's College. On September 8, 2023, the same activity was conducted for the students of the St. Xavier's higher secondary school at the Fr. Nicolau Pereira Amphitheatre of the St. Xavier's HSS.

On October 10th, 2023, the FY BA (SEC) students of Psychology participated in a full day, mental health programme organised by the South Goa District Hospital, Margao. The students displayed a meaningful medley of dance, skit, slogan, poem, and a pledge to commemorate the world mental health day. St. Xavier's College, Department of psychology had a display desk of selected psychological tests that are often used to screen depression, anxiety, stress, coping etc. The students were led under the leadership of the HOD, professor, Janet Fernandes.

In essence, the bi-annual report reflects the department's commitment to holistic education, community engagement, and scholarly pursuits. These events collectively contribute to the department's mission of nurturing well-rounded individuals equipped to address the multifaceted challenges of the contemporary world.

REPORT ON THE FIRST SESSION OF THE BI-ANNUAL RESEARCH SERIES DEPARTMENT OF PSYCHOLOGY

The first interaction of the Bi-annual research series was held on 27th November 2023 at the Department of Psychology. A soft copy of the selected paper from The Open Psychology Journal, 2018, Volume 11, DOI:10.2174/18743501811010077, entitled 'The Impact of Workaholism on Nurses' Burnout and Disillusion' was emailed, at an earlier date to the faculty members of the department for reading and evaluation.

The faculty members present for the interactive session on 27th November 2023 was:

Prof. Janet Dsouza
Ms. Anuradha Kadkodkar
Dr. Eulalia Fernandes
Dr. Ubaldina Noronha

A brief summary of the entire paper was first discussed by the faculty. The relevance of the paper was highlighted along with the technical soundness. The objectives of the paper were to contribute to the ongoing research on the relationship between workaholism and burnout among nurses, focusing specially on one particular dimension of disillusion, nursing being a helping profession.

The study was carried out in Sardinia, southern Italy, from 6 hospitals in that area. The sample size was fairly large at 614, including male and female nurses coming from a cross section of various departments of the hospital. The work experience of the nurses ranged from less than a year to over 21 years. Two self-report questionnaires were used, that is the Dutch Utrecht Workaholism Scale and the Link Burnout Questionnaire. The impact of workaholism on burnout was examined using the Structural Equation Model for each of the variables under the Link Burnout Questionnaire. The variables included Psychophysical exhaustion, relational deterioration, professional inefficacy and disillusion. Even two dimensions of Workaholism were examined separately, that is Working Compulsively and Working Excessively.

Analysis of the responses linked working compulsively and working excessively to disillusion. Further working excessively also impacted psychophysical exhaustion. Correlations among the rest of the variables were relatively low. More than 26% of the nurses are affected by burnout, whereas 21% are workaholics. Working excessively is a better predictor of psychophysical exhaustion and disillusion. It can be concluded that nurses are at risk of workaholism and burnout.

After comments from the faculty, the session came to an end. A copy of the article accompanies this report.

REPORT OF THE WORKSHOP ON MENTAL HEALTH

A workshop on mental health was conducted on the 6th of October 2023 for the students of FYBA Psychology Major in the laboratory. The resource persons were welcomed with a potted plant. Then in two separate but successive sessions, they educated the students on the importance of mental health.

The first session was conducted by Ms. Aileen De Souza, from Sethu, an NGO dealing with child guidance. She spoke on the topic 'Mental Health in your hands'. We started the session with an ice-breaker exercise wherein we were given the task of picking chits and forming groups according to the name of the instrument on the chit. A video on the effects of stigma was shown and we were told to note down the points that we observed and also other factors that potentially affect mental health. The inputs given by the students were then discussed. The speaker then enlightened us on mental health and how to cope with negative events of life. The importance of taking care of our bodies, maintaining healthy connections, using coping strategies and emphasizing our strengths as a way to improve our mental health was also introduced to us. Coping strategies like mindfulness jar and daily planner were demonstrated to us.

The second session was conducted by Ms. Chrissiedana Gomes from COOJ Mental Health foundation on the topic 'Caregiving'. We were informed on the differences between mental health and mental illness. Different scenarios were given where the students had to identify ways to provide care to a person who is suffering from depression. Ways to provide care like learning about the illnesses, watch out for signs, seeking professional help and taking care of oneself were also shared with us. The importance of effective listening and communication in caregiving was also emphasized by role plays involving the students. The roleplays brought out the ideal and as well as inefficient ways of communication when a person wants to speak about their difficulties.

The workshop came to a fruitful conclusion with the presentation of tokens by the Head of Department, Prof. Janet DeSouza and a vote of thanks. Dr. Eulalia Fernandes and Dr. Ubaldina Noronha organised the entire programme with help of student volunteers of the class. Around 36 students attended the workshop.



WORLD MENTAL HEALTH DAY: MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT.

Dr. Eulalia Fernandes, along with five students; Krislyn D'souza, Monoshka Coelho, Nehajoyce, Sarah Fernandes and Elysia Luis, of the T.Y.B.A. Psychology Honours class, participated in the One-day State level seminar on the theme, 'World Mental Health Day: Mental Health is a Universal Human Right', organized by Government College of Arts, Science and Commerce, Khandola – Marcela, Goa in collaboration with Rotary Club of Panaji Mid-Town on the 12th of October from 09:30 a.m. to 06:00 p.m. , held at Sanskruti Bhavan, Patto, Panjim – Goa. The 6 interesting sessions of the seminar aimed to raise awareness of mental health issues and mobilize efforts in support of mental health.

The first session titled 'Importance of Emotional First Aid Training among Youth' was conducted by Prof. Mahesh Pai, Principal, Goa College of Home Science. He highlighted the 7 common psychological injuries: rejection, failure, loneliness, loss/grief, rumination, guilt and low self-esteem. Prof. Pai explained ways to heal these psychological injuries.

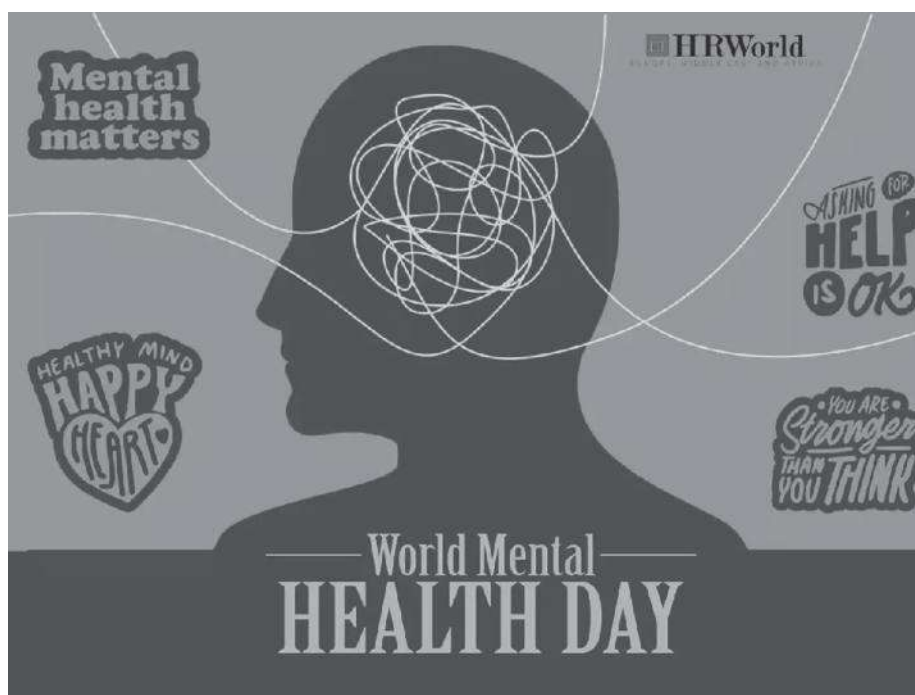
The next session on 'Addiction among Youth' was delivered by Mr. Debojit Majumdar, Sr. Consultant, Kripa Foundation. He spoke about addiction as a brain based disorder. The resource person for the third session on 'Countering Violence and Ensuring Wellbeing in Intimate Relationships' was Ms. Devika Gupta, Research Coordinator, Sangath, Goa. She explained the different types of violence – physical, sexual, and emotional and the mental health effects of violence. Ms. Gupta also mentioned the steps to be taken to curb this issue.

Dr. Nandita de Souza, Director & Developmental & Behavioural Paediatrician, Sethu Goa, presented the fourth session 'Being an Ally: Ensuring Developmental and Behavioural Wellbeing among Youth with Disabilities'. She enlightened the audience about the challenges faced by neurodivergent individuals. The fifth session was conducted by Dr. Peter Castelino, Psychiatrist & Director, Cooj- Mental Health Foundation, on a very important topic – 'Suicide Prevention among Youth'.

Dr. Castelino read out the statistics of suicide rates globally as well as in India. He explained what drives someone to suicide and how one can recognize the warning signs, assess suicide risk, and create a safety plan for these individuals. Ms. Juliana Lohar, Coordinator, ARZ, conducted the final session titled 'Assuring Mental Health for Victims of Trauma and Abuse'. Victims of abuse require to be rescued, provided

with justice and protection, the psychological impacts on them need to be addressed and they need to be reintegrated back into society.

The seminar was enlightening as it focussed on the work done by mental health professionals and threw light on what more needs to be done to make mental health care a reality for all.



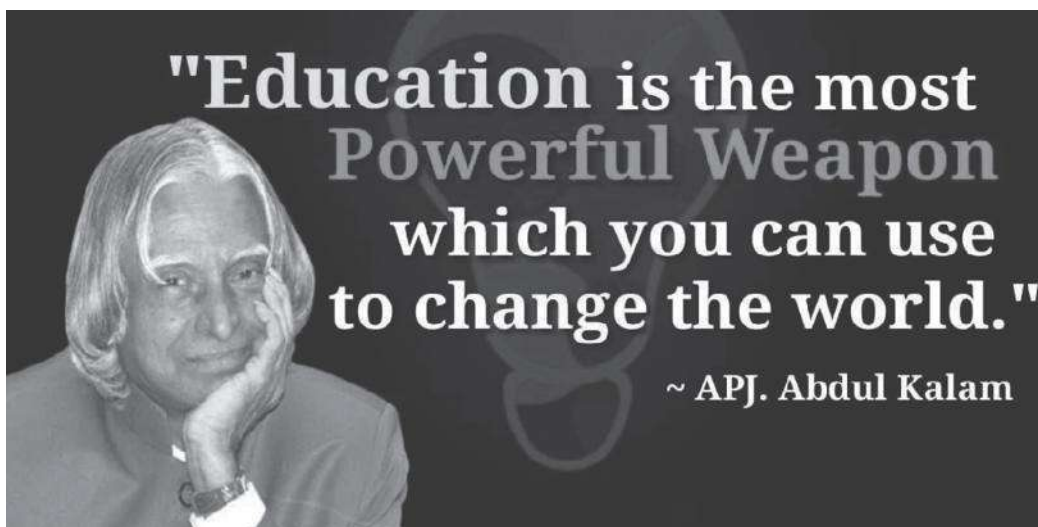
PURSuing STUDIES ABROAD

On the 24th of August 2023, an enriching and inspiring session unfolded at our institution as Ms. Carmisa Pereira, an esteemed alumna, shared her experiences and insights after successfully completing her Master's studies in special education. The focus of the session was to guide and inspire TYBA students aspiring to pursue higher education abroad. This invaluable orientation aimed to provide a roadmap for those contemplating university studies beyond national borders.

The session, moderated by Fr. Ramiro Luis, served as a platform for Ms. Pereira to share her academic journey, challenges faced, and triumphs achieved during her pursuit of higher education in special education. Her firsthand experiences, coupled with practical advice, offered TYBA students a unique perspective on the possibilities and intricacies of studying abroad.

Ms. Pereira's achievements not only showcased academic excellence but also served as a testament to the potential and opportunities that await those willing to explore educational avenues on an international scale. Fr. Ramiro Luis facilitated the session, ensuring that students received comprehensive information and encouragement.

The interactive nature of the session allowed TYBA students to seek clarifications, ask questions, and engage in meaningful discussions about the nuances of pursuing studies abroad. Ms. Pereira's journey, from being a TYBA student to completing her Master's, served as a source of motivation and practical advice for the current students contemplating a similar academic path.



REPORT ON THE FIRST SESSION OF COFFEE SERIES HELD IN THE DEPARTMENT OF PSYCHOLOGY.

The Department of Psychology conducted a session under the Coffee series of the DHE with regard to the Research activities of the institution. The session was held on. The final year graduate students, presented a synopsis of their project for the academic year 2023-24. A total of six project synopsis were presented and an analysis and feedback were given by the faculty present at the session. The following projects were presented:

- 1) Title: Character strengths and wellbeing among college students.
Guide: Prof. Janet de Souza
Students:
Swezial D'Souza
Angela Fernandes
Vania Martins
Krislyn D'Souza
Ashaando Mendes
Elysian Luis
Desiree Fernandes
Angelica Falcao
- 2) Title: Analysing the mindset of stock market investors.
Guide: Dr. Ubaldina Noronha
Students: Prithaa Nabar
Varshada Kambli
Rhutuja Pokhare
Arya Tivrekar
Ritu Pednekar
Sarah Fernandes
Rakshanda Naik
Nehajoyce S
- 3) Title: The Silent Scream: Survivor Testimonies and Public Perceptions of Child Sexual Abuse.
Guide: Ms. Anuradha Kakodkar
Students: Saanya Naik
Celina Fernandes
Rahul Shirodkar
Janice De Souza
Alayna D'souza
Sailee Kamat

Raheiya Sayed
Jagruti Swar

- 4) Title: Binge Watching In The Netflix Era : Relationship to Social Anxiety and Psychological Well – Being.

Guide: Dr. Eulalia Fernandes

Students: Surabhi pawaskar

Grizel dias

Anusha rathod

Juhi naik

Rishwa matondkar

Vedica vaigankar

Scurly taraves

Jessica Braganza

- 5) Title: Perceived stress and hardiness among caregivers of children with special needs.

Guide: Fr. Ramiro Luis

Students: Meldon Fernandes

Charlaine Pereira

Shravani Chari

Shruti Agarwadekar

Prashila Kharbe

Amisha Gadekar

Neha Kadam

Chaitali Vazarkar



- 6) Title: Family Environment and Its Impact on Self Esteem Across Different Age Groups.

Guide: Ms. Elvira Pereira

Students: Fluino Carvalo

Mhelcristi Fernandes

Monoshka Coelho

Rizel Fernandes

Mahek Katvelia

Aditi Devi E S

Insiya Madraswala

Tannicia Dias

Jael Rego

The session concluded with the Head of the Department, Prof. Janet de Souza thanking everyone for their participation. The session was held as part of the Coffee series of the Research and Development Cell initiated by the DHE in order to promote research initiatives in college.

FIELD VISIT TO CENTRAL JAIL, COLVALE

The TYBA Psychology students of St. Xavier's College, Mapusa, paid a visit to Central Jail Colvale on 17th October, 2023. After the security check and formalities, the jailor and staff showed the students around the jail premises. The students were witness to the several heavy gates within which various facilities were seen. The visitors were shown around the jail cells that house the inmates, the kitchen, the IGNOU educational centre, the vocational centre and the medical centre.

The jail visit succeeded in changing the student's perspective of a jail as being a punitive institution to that of a reformatory centre for persons with disadvantaged backgrounds who are victims of their personal circumstances.

The field visit was coordinated by Ms Anuradha kakodkar, Associate Professor, Department of Psychology.



DEPARTMENT OF SOCIOLOGY

The Department of Sociology conducted a quiz on 4th October 2023, on the theme 'Population Studies' for the TYBA students.

On 10th, Oct 2023, students of FYBA, visited the Mapusa police station as part of their minor course on Crime and Society. It was an educational trip – planned in order to understand the workings of local law enforcement agencies. During the visit students were shown the premises of the police station and explained the basic processes/procedures. An interactive session was held where Sub Inspectors - Yashwant Mandrekar and Richa Bhonsle answered queries raised by the students. DYSP Jivba Dalvi addressed the class with anecdotes of his dealings with the crime in Goa.

On 13th of October, a field trip was organized for the FYBA students in lieu of the Skill Enhancement Course - Tourists, Tourism and Tourist Guides. The students were taken to the Taj Fort Aguada Resort and Spa in Sinquerim in North Goa. Its aim was to let the students get firsthand experience of the hospitality industry and acquaint them with the opportunities available thereof. The students were introduced to diverse career opportunities in the hotel industry by the HR Manager; participated in the event – International Year of Millets 2023, enjoyed a buffet and a guided tour of the Resort.

Throughout the semester, a number of documentaries and films relevant to the courses were screened in all the classes. The students viewed documentaries such as – '*Dhangar Community*', '*India, Now the Most Populous Country: Demographic Advantage or Disaster*'. Films included- '*Oliver Twist*', '*Article 15*', '*Brian Banks*' '*To the Bone*' '*Anpadh*', '*Bulandi*', '*Mother India*' and many others - highlighting the issues being discussed in the text. Each of which was followed by discussions, content analysis and summary.

TAJ FORT AGUADA RESORT AND SPA



VISIT TO THE MAPUSA POLICE STATION



SCIENCE DEPARTMENTS

ACTIVITIES OF THE BOTANY DEPARTMENT JUNE – NOVEMBER 2023

Ms. Alima Fernandes (T.Y. BSc.) and Ms. Canriya Coelho (T.Y. BSc.), participated in the 31st Annual Festival of Plants and Flowers 2023, on 26th August 2023, organised by Green Heritage Eco Club of St. Francis Xavier High School, Siolim, Bardez. The students received the third place for Millet Cooking Competition. The students were accompanied by Dr. Seema Fernandes.

The SEC Botany students of class F.Y. B.Sc./ B.A./ B. Com visited Mr. Farmer Nursery at Guirim, Mapusa on 27th/ 29th/ 30th September 2023. Students got an opportunity to observe landscape designing, nursery layout of different types of plant arrangements, vertical gardens, green walls, rooftop gardens, ponds & water gardens. The teachers accompanying the students were Ms. Sabina Dias, Dr. Harshala Shetgaokar, Dr. James D' Souza, Dr. Maria D'Souza, Dr. Suraksha Dongrekar and Ms. Sukhada Salkar.

The Botany students of F.Y.B.A/B.COM. were taken for a field trip on 2nd October 2023 to Kuddem Kabderam farm. They were accompanied by two teachers Dr.Suraksha Dongrekar and Ms. Sukhada Salkar. The students learned about growing local vegetables, seasonal plantation, saw the flowering and fruiting stages of many local vegetables and learnt the preparation of soil beds.

On the occasion of the 'World Habitat Day' the Department of Botany organized a photography competition titled 'Plant Habitat'. The students had to submit a soft copy as well as a hard copy of post card size on the 3rd October 2023. There were ten participants. Mr. Conceicao De souza, Dr. Harshala Shetgaokar and Dr. James D'souza were the judges. The first place was won by Destiny D'souza (FYBA) and the second place was shared by Merlyn Fernandes (SYBSc.) and Kinoshia (SYBSc.). The program was coordinated by Dr. Wendy Martins.

A field visit to the hills and plateaus of Camurlim, Bardez, was conducted on 5th October 2023 for TYBSc Botany students by Dr. Harshala Shetgaokar. The main objective of the field visit, was to study morphological features of flowering plants. Students observed and learnt to identify various morphological characters of plants occurring on hills and plateaus.

A field Trip was held for the T.Y. B.Sc. Botany to Jogger's Park , Althino, Panjim on 6th October 2023. The teacher accompanying the students was Ms. Maria Beatriz De Souza. The students learnt the scientific names, their uses and the family to which the plant belonged.

On the 12th October, 2023, a field trip was organised to Mollem Biodiversity Park, Mollem for the First year B.Sc. (Major) students. The forty students were accompanied by Dr. Wendy Martins, Dr. Seema Fernandes and Ms. Sukhada Salkar. Different types of plants were seen at the park ranging from Algae, Fungi, Bryophytes, Pteridophytes, Angiosperms and Gymnosperms. At the end of the field trip the students observed and learnt the different type of plants, how they live in co-existence with other plants and animals and their, uses.

A certificate course on microfungi was organized by the Botany department of St Xavier's College on the topic "Collection, Isolation and Identification of Microfungi" which was held from 25th to 28th October 2023 from 8:30am to 4:30pm. The course was conducted by Dr. Maria A. D'Souza, Assistant Professor, Department of Botany. With an urge to enhance their knowledge 32 students registered and completed the course.





DEPARTMENT OF CHEMISTRY

DEPARTMENTAL ACTIVITIES, SEMESTER I, III, V. ACADEMIC YEAR 2023-24

1. Outcome Based Education: Pedagogies and Educational technologies.

Ensuring academic excellence for all students is a fundamental goal of all educational Institutions. However, this goal presents a unique challenge providing effective support to both underperforming and high-achieving students simultaneously.

The faculty were exhorted to promote the use of the latest learning /assessment pedagogies as well as educational technologies during the odd semester. *Various pedagogies were adopted by the teachers, to facilitate deep discipline knowledge; critical thinking; team work; career and leadership readiness; self-managed learning; team learning; the ability to be responsive to change, to be inquiring and reflective in practice.*

2. Understanding the National Education Policy-2020

The department of Chemistry held a series of sessions, commencing from October 7 - 13, 2023, wherein the faculty presented their understanding of the National Education Policy-2020.

INTRODUCTION TO NEP - Ms. Edwina Pereira

PART I. SCHOOL EDUCATION. Early Childhood Care and Education: The Foundation of Learning - Ms. Sheryl D'cruz, Ms. Shivta Mhamal, Dr. Andrew D'souza.

Curriculum and Pedagogy in Schools: Ms. Flavia Travasso, Dr. Johnross Albuquerque, Dr. Mira Parmekar,

PART II. HIGHER EDUCATION. Quality Universities and Colleges - Dr. Rheanne da Silva, Mr. Clarence D'souza

Towards a More Holistic and Multidisciplinary Education - Mr. Mahesh Nair, Ms. Milagrina Dsouza

PART III. OTHER KEY AREAS OF FOCUS. Ms. Shradha Pilgaonkar, Ms. Niti Naik

3. Educational field trips

i) Glenmark Pharmaceuticals, Colvale, Goa

On 1st September 2023, twenty three (23) students, T.Y.B.Sc. (Analytical Chemistry) and S.Y.B.Sc, visited Glenmark Pharmaceuticals, Colvale, Goa, a leading integrated research-based, global pharmaceutical company to have a glimpse of the world class manufacturing facilities.

HR In-charge, Mr. Rohit Gupta, extended a warm welcome and introduced the site history, the company's vision, and other facilities over the world. They were introduced to concepts like Good Manufacturing Practices (GMP), and important

safety protocols before entering the manufacturing area. They were shown the entire manufacturing process, from the raw material storage to the finished product packaging. The students were impressed by the advanced technology and equipment used in the manufacturing process and were informed about the various career opportunities in the pharmaceutical industry and how their academic background could be relevant to the field. During the tour, the students had an interactive session with the Glenmark team, where they had the opportunity to pose queries. The visit was informative and enriching, students appreciated the opportunity to witness the practical application of their theoretical analytical chemistry knowledge. The students were accompanied by Dr. Andrew D'Souza and Dr. Rheane da Silva. The visit was coordinated by Dr Andrew D'Souza under the guidance of Ms. Edwina Pereira, departmental in-charge.

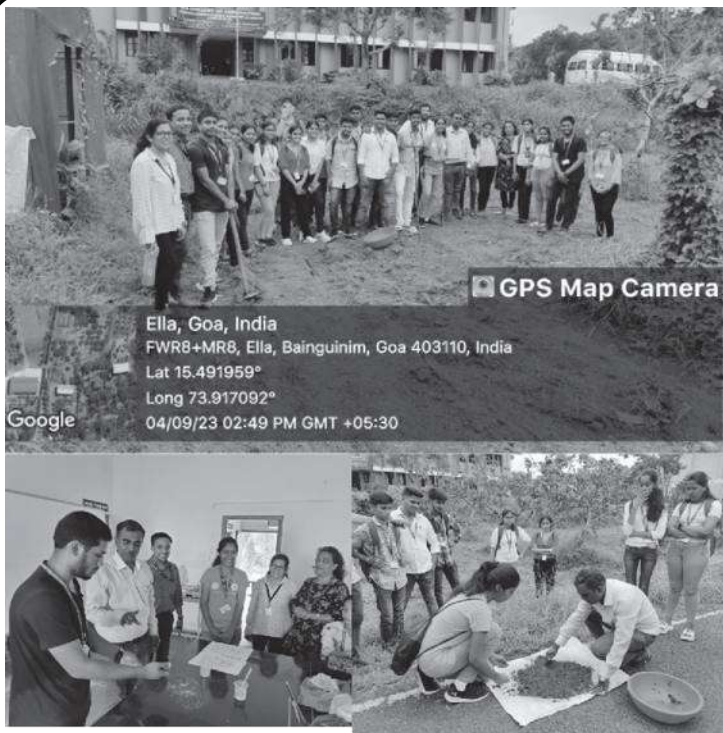
ii) Kaiga Atomic Power station, Karwar, Karnataka.



The Department of Chemistry organized an industrial visit journey to Kaiga Atomic Power station, near river Kali in Uttara Kannada district, Karnataka on 2nd September 2023 for T.Y.BSc. Chemistry students. The purpose of the visit was to fill the bridge between technical concepts taught in curriculum and industry applied concepts; and finally, to prepare the students for the selection of carriers path in various industries.

iii) Goa College of Agriculture, Ela Farm, Old Goa





Department of Chemistry - St. Xavier's College, Mapusa-Goa, organized an educational visit to Goa College of Agriculture, Ela Farm, Old Goa, on 4th September 2023, for students of F.Y.B.Sc. (Skilled Enhanced Course - Soil and Water Analysis). The students were accompanied by Dr. Andrew D'Souza (coordinator of the event), Ms. Edwina Pereira (Chemistry Department In-charge), Dr. Mira Parmekar and Mr. Clarence Rodrigues. The students were briefed on testing of

soil and water: various testing parameters, sampling techniques with practical demonstrations. The students then moved to the testing laboratory where they analyzed the soil samples for NPK and micronutrients collected from the field and were in a position to recommend proper fertilizer dosage. The students enthusiastically participated in this session and understood the basics of agriculture. The students had an interesting experience.

CELEBRATION OF LIFE

PROF. P. M. USGAOKAR

June 1966 - 1968 St. Xavier's college, Bastora
1968- 1998 St. Xavier's college, Mapusa



The celebration of life in honor of Prof. P. M. Usgaokar, was held on 21st October 2023, in the department of Chemistry.

The Administrator, Rev. Fr. Antonio Salema shared a spirit-filled

reflection on the WORD OF GOD, "If we live, we live for the Lord; and if we die, we die for the Lord. So, whether we live or die, we belong to the Lord. Romans 14: 8.

Being good to all, is a wonderful legacy one leaves behind. Students of Prof. Usgaokar and teachers from various departments participated in the service. Ms. Edwina Pereira, In-charge, Department of Chemistry, led the prayer service, praying for the departed soul of Prof. Usgaokar and his family members. Fond memories were shared by faculty members. The meet concluded with a time of fellowship.

TEACHER – PROGRESSION REPORT

- **Research Grant Writing Workshop'**

Dr. Andrew D'Souza and Dr. Johnross Albuquerque, Assistant Professors from the Department of Chemistry attended a One-Day program on 'Research Grant Writing Workshop' on 9th September 2023. The resource persons described the various schemes available for teaching faculty to conduct research at their institutes and how to qualify for those grants. This discussion was followed by a brief overview of writing a research grant – the do's and the don'ts with illustrations. The workshop ended with a panel discussion with the resource persons.

- **Research proposal submitted to Goa State Research Foundation (GSRF)**

Dr. Andrew D'souza – Quantum Chemistry
Dr. Mira Parmekar – Nanotechnology

Besides, Dr. Johnross Albuquerque has submitted a proposal for summer School which consists of theory and experiment sessions taken by teachers from Chemistry Department, St. Xavier's College for school and higher secondary students for around 6 days.

- **Refresher Course in Environmental Sciences conducted by HRDC, Goa University**

Ms. Shivta T. Mhamal and Ms. Flavia S. Travasso attended a Refresher Course in Environmental Sciences conducted by HRDC, Goa University in an online mode from 3rd to 16th October 2023. The range of topics covered by the resource persons were very comprehensive, from the basics of environmental science to more advanced topics such as climate change and sustainability. The course provided a deeper understanding of ecosystems and biodiversity. Water resource management and environmental pollution are two of the most pressing challenges facing our world today, the resource persons gave a better understanding of these issues and ways to identify their potential solutions and also touched upon laws and acts for their conservation.

- **NEP Orientation & Sensitization programme**

Dr. Mira Parmekar, Assistant Professor in Chemistry, Dept. of Chemistry, St. Xavier's College, participated in the NEP Orientation & Sensitization programme from 16th to 26th October 2023 for the faculty members of the Colleges and the Universities (including Professors, Associate Professors, Assistant Professors) held online. The

workshop was organized by UGC-Malaviya Mission Teacher Training Centre (formerly known as Human Resource Development Centre), Goa University. Over the course of 10 days, various topics discussed were Skill Development, Academic Leadership and Governance and Management, Information and communication technology, Indian Knowledge System, Holistic and Multidisciplinary education, Research and Development, Higher Education and Society and Student diversity and inclusive education. The various resource persons delivered two sessions per day on the selected topic in online mode from 2:00 to 3:30 pm & 3:45 to 5:15 pm. On the day after completion of the course that is 27th October 2023, an online test was conducted between 2:30- 3:30 pm for all the faculty with required attendance and successful candidates would be send an online certificate after qualifying the Assessment test.

- **16-day training program at IISc campus Challakere.**

Mr. Mahesh Nair and Mr. Clarence Rodrigues on behalf of the Department of Chemistry, St Xavier College, attended a 16-day training program at IISc campus Challakere from the 24th October 2023 to 10th November 2023. This workshop was coordinated by DHE Goa for science teachers teaching in undergraduate courses across Goa. The workshop consisted of a mix of theory classes and practical exercises to help the participants enhance their understanding of various topics that are covered in syllabus. The topics covered ranged from physical chemistry (Charles laws, Schrodinger derivation), Coordination chemistry, inorganic and organic chemistry etc. A lot of the experiments selected were carefully chosen so that they could be replicated at the college level for better understanding for students.

IN FOND MEMORIAM

1966 - 1968 St. Xavier's college, Bastora

1968 – 1998 St. Xavier's college, Mapusa



When we do what is right, love kindness, and walk in humility, we leave behind a wonderful legacy.

Sir Usgaokar was a warm person, full of joy and always friendly to his colleagues and students. In

the company of his colleagues, his words and laughter echoed in the department of chemistry. He paid highest respect to classroom teaching and believed in strict discipline guiding his colleagues to inculcate discipline in the students, while also reaching out to students.

You will always be remembered!!

Ms. Edwina Pereira
Department of Chemistry

DEPARTMENT OF COMPUTER SCIENCE

The department of Computer Science is commemorating the 30th year since Computers were introduced in the college. We have organised various activities with the support of DBT scheme and help of our alumnus.

On August 12, 2023 an interactive session "Guide to Coursera Courses on AI and Machine Learning" was conducted by Mr. David Fernandes student of T.Y.B.Sc., Computer Science. The session was attended by 50 students and was coordinated by Ms. Prajoti Chimulkar, Ms. Avani Kharde and Ms. Melissa Rodrigues. David has completed multiple courses on Coursera from IBM, Stanford University on Machine Learning, Neural Networks and AI.

On August 15, 2023 the department released the 1st issue of our e-newsletter "Compiler". The newsletter is edited by Ms. Melissa Rodrigues and has contributions from our students and our alumnus Steven D'Souza (1st batch Computer Science), Mr. Royden D'Souza and Ms. Alishka Fernandes.

A hands-on workshop on "UI/UX Design using Figma" was conducted on August 25, 2023. The resource person was our alumnus Mr. Yesh Surve, Co-founder and Head Design Numadic IOT Pvt. Ltd Goa. The workshop was attended by 32 students, was coordinated by Ms. Prajoti Chimulkar.

Students of Second Year B.Sc Harrison Amaral, Kyros Echaporla, Nathan Fernandes and Ms. Sandra Fernandes Vice Principal and TLET Coordinator of the college attended a session on "Augmented Reality and Virtual Reality", organised by the Directorate of Higher Education, Government of Goa at Sanskruti Bhavan, Panjim on August 31, 2023. The session was conducted by Mr. Lance D'Mello, Assistant Professor, PCCE, Verna Goa.

A technical session on 'Cloud Basics & Industrial IOT 4.0' was delivered by our alumnus Mr. Christopher Rodrigues, Solutions Architect, Cognizant, London on September 09, 2023 at St. Xavier's College. The session was coordinated by Ms. Melissa Rodrigues. The session was attended by 43 students.

Our students visited the Goa State Innovation Council Rapid Prototyping Lab at Don Bosco College of Engineering, Fatorda, Margao on October 03, 2023 for a 3D printing workshop. The workshop was conducted by Mr. Sidhant Painginkar where he explained the various tools, equipment and software available to do 3D printing. The students had the opportunity to see the working of the 3D printers and had a hands-on demonstration on the use of 3D pens. A presentation session by Mr. Kiraan Mehta, Head, Incubation & Innovation at Forum for Innovation Incubation Research and Entrepreneurship (FiIRE) was arranged for the students,

where he emphasised on the various schemes available for students and the importance of startups.

On October 14, 2023 the T.Y.B.Sc Computer Science students under the guidance of Ms. Avani Kharde organised an exhibition consisting of various working models on topics such as 'Line Bot Robot', 'Flame Detector', 'A Digital Game', 'Self Balancing Robot', 'Obstacle Avoidance Robot'.

The 2nd edition of our event Exabyte 2023 was held on December 16, 2023. In all 138 students participated in 9 events, Mr. Shubham Rege was the student coordinator and Ms. Prajoti Chimulkar the faculty coordinator. The event was sponsored by our alumnus Mr. Pascoal Soares @Royal Mail (London) and Mr. Alan D'Souza Quicken Inc (Menlo Park California). The events were judged by our faculty members from English, Physics, Electronics departments and our alumni Sanket Mhamal, Royden D'Souza and Alishka Fernandes. The prizes for the winning students were presented by the College Administrator Fr. Antonio Salema and Principal Prof. Blanche Mascarenhas. The prizes for Exabyte 2023 are, "Code Rush" 1st place Nathan Fernandes, Kyros Echaporla, Stephan Lobo (SY.BSc), 2nd place Sahil Singh, Hanumant Pednekar, Aditya Naik (FYBSc); "Meme Making" 1st place Bhikaji Gawade (FYBSc), 2nd place Vibhav Pal (TYBSc); "Code Swift" 1st place Seamus Rodrigues (TYBCA), Riyan Mohammad (SYBCA); "Debate Crossword" 1st place Aayush Gawade and Shivang Shirodkar (FYBSc), 2nd place Sujeet Prajapati and Manoj CT (TYBCA); "Logo Master" 1st place Astrid Rachel D'Mello (FYBA), 2nd place Bhikaji Gawade (FYBSc), 3rd place Prachi Gaonkar (SYBSc); "A Techy Question" 1st place Tanaya Talkar & Merwyn Fernandes (TYBSc), 2nd place Aldous D'Souza & Shreyash Vaigankar (SYBSc); "Treasure Hunt" Suzen Fernandes, Gail Fernandes, Vernon Mendes (TYBCom); "GEEK's Ball" 1st place Adrian Franco (TYBSc Biotechnology), 2nd place Daryl Fernandes (FYBCom); "Poster making" 1st place Sanika Mishal & Elton Ming (FYBCom), 2nd place Titiksha Naik & Tamanna Parab (FYBSc), 3rd place Aakanksha Sawant & Riya Mandrekar (SYBSc). The winners of Exabyte 2022 were also given their prizes : "Web Shooters" 1st place Alishka Fernandes (TYBSc), 2nd Rohan Daivajna (SYBSc); "Ctrl + Create" 1st place Alroy Almeida (TYBSc), 2nd place Prachi Gaonkar (FYBSc); "Build Battle" 1st place Siddharth Khedekar (SYBSc), 2nd place Omkar Mhamal (SYBSc); "Query for you" 1st place Omkar Chavan (TYBSc), 2nd place Samson Surin (TYBSc); "Mind craft" 1st place Ethan Fernandes Alvares & Divij Pirankar (TYBSc), 2nd place Ansley Lobo & Lyndon D'Souza (TYBSc); "Times Up" 1st place Ethan Fernandes, Shubhang Rege & Rohan Daivajna (SYBSc), 2nd place Nathan Fernandes, Kyros Echaporla & Aldous D'Souza (FYBSc) Gilchrist Pereira, Omkar Mhamal & Tanmay Parab (SYBSc).

DEPARTMENT OF ELECTRONICS

The Department has conducted a State level Workshop, “Let's Explore”, on 11th of January, 2023. The objective of the workshop was to introduce the HSS students to the exciting opportunities in the world of science through laboratory sessions which provided them hands on experience in a number of scientific techniques used in the various departments. The particulars of the event were the demonstrations which comprised of the following:

1. Basic concepts in Electronics
2. Soldering techniques
3. Construction and design of the Line follower robot

The faculty In-charge was Dr. Noel Tavares and the resource persons for the programme were Dr. Noel Tavares, Ms. Sneha Talekar and Mrs. Vilma Fernandes. The participants understood the basic concepts in Electronics. Designed and constructed circuits for creating the Line follower robot and also learnt techniques in soldering. 50 students and 10 teachers from 10 HSS's and the feed back given by them was good and the course was useful to them.

The Department has conducted an Open Day for the High Schools of North Goa, “Open Day for the High Schools of North Goa”, on 12 th January 2023. The faculty In-charge was Mrs. Vilma Fernandes and the resource persons for the programme were Dr. Noel Tavares, Ms. Sneha Talekar and Mrs. Vilma Fernandes. The objective of the Open Day was to introduce the school students to the exciting opportunities in the world of Science through laboratory sessions which provided them hands on experience in a number of scientific techniques and instruments used in the various departments. The particulars of the event were demonstrations of various projects were followed by basic concepts in Electronics and Instruments used in the Electronics department. Participants understood the basic concepts in Electronics. They also gained a firsthand experience of the types of instruments used in the Electronics department. They also constructed circuits for creating the Line follower robot and gained a bird's eye view of the course content and scope of the various subjects at the undergraduate level. There were 150 students and 10 teachers from 6 schools. The feedback given by the teachers and students were good.

The Department has conducted a Certificate Course “Artificial Intelligence, Robotics, Internet of Things” for 12 weeks (36 hours session) by Asier Solutions (OPC) Pvt. Ltd., Margao, Fatorda, Goa... Session was Hands on Training on IOT, Robotics, Artificial Intelligence and Machine Learning. The total number of

students were 25. The faculty in charge was Mr. Daryl Gonsalves.

The Chapters published in Books are:

1. Jivan Parab, M. Lanjewar, **C. Pinto**, M. Sequeira, G. M. Naik, COVID-19 Patient Remote Health Monitoring System Using IoT, In: Rana, A., Kumar Rana, A., Dhawan, S., Sharma, S., & Elngar, A.A. (Eds.). (2022). Convergence of Deep Learning and Artificial Intelligence in Internet of Things (1st ed.), CRC Press.
2. **Vilma Fernandes**, Jivan Parab, **Caje Pinto** and Gourish M. Naik, “Li-Fi Transmission and Reception in Visible and IR Light in a Hospital Environment”, In: Satyasai Jagannath Nanda and Rajendra Prasad Yadav (eds), Data Science and Intelligent Computing Techniques, SCRS, India, 2021, pp. 197-208.

The Papers presented during 2022-23:

1. **Mrs. Vilma Fernandes** presented paper titled, “Li-Fi transmission and reception in Visible and IR light in a hospital environment authored by **Vilma Fernandes**, Jivan Parab, **Caje Pinto** and Gourish Naik, in the Congress on Intelligent Systems held online on September 6th, 2022, at the 3rd Congress on Intelligent Systems CIS 2022 at CHRIST (Deemed to be University), Bengaluru, technically sponsored by Soft Computing Research Society.

The Online talk and Science Exhibition:

1. An Online talk on “The Amazing World of Electronics and the Recent developments in the field of Electronics” by **Mrs. Vilma Maria Teresa Fernandes** at the Collaborative Learning Café on 24th July, 2022.
2. A Science exhibition was held on 17th May, 2022 for all the Science departments in our college.

Research Workshops and Training attended and successfully completed were:

1. **Mrs. Vilma Maria Teresa Fernandes**, Associate Professor participated and completed successfully the AICTE Training and Learning (ATAL) Academy Online Elementary FDP on “DCS Switching and Routing” from 17/01/2022 to 21/01/2022 at Goa University.
2. **Mr. Daryl Gonsalves**, Associate Professor participated and completed successfully the AICTE Training and Learning (ATAL) Academy Online Elementary FDP on “DCS Switching and Routing” from 17/01/2022 to 21/01/2022 at Goa University.
3. **Dr. Caje Francis Pinto**, Assistant Professor participated and completed successfully the AICTE Training and Learning (ATAL) Academy Online Elementary FDP on “DCS Switching and Routing” from 17/01/2022 to 21/01/2022 at Goa University.

4. **Mrs. Darshata Omkar Satarkar**, Assistant Professor participated and completed successfully the AICTE Training and Learning (ATAL) Academy Online Elementary FDP on “DCS Switching and Routing” from 17/01/2022 to 21/01/2022 at Goa University.
5. **Dr. Noel Gervasio Tavares**, Assistant Professor participated and completed successfully the AICTE Training and Learning (ATAL) Academy Online Elementary FDP on “Signal Processing for Cognitive Neuro-Science Applications” from 17/01/2022 to 21/01/2022 at Goa University.

The Training programmes held for students were:

1. The Electronics department faculty organized a Workshop for students by Asier Solutions on “Internet of Things” from June 2022 to July 2022.
2. The Electronics department faculty organized a State level Workshop on 11th January, 2023 for HSS students in Goa to promote theoretical and laboratory sessions for hands on experience in various departments of Science (Electronics) for 50 students and 10 teachers.
3. The Electronics department faculty organized an Open Day for High Schools in North Goa to introduce to school students, the scientific techniques and instruments used in science departments in our college for 150 students and 10 teachers.

The Workshop for Teachers from the Department of Electronics (UG level) in Goa organised and attended were:

1. The Electronics department faculty organized a One-day State level Workshop on N.E.P. 2020 Syllabus of Electronics for Second, Third and Fourth Year B.Sc. in Electronics on Thursday, 7th December, 2023 from 9:30 a.m. to 5:00 p.m.
2. **Mrs. Vilma Maria Teresa Fernandes** has participated in the webinar titled, 'Major and Minor research projects for external funding', organised by the Research and Development Cell, St. Xavier's College, on 10th May 2022 via Google Meet platform.

Mrs. Vilma M. T. Fernandes

(Associate Professor and HoD – Electronics)



DEPARTMENT OF MATHEMATICS

REPORT ON NATIONAL MATHEMATICS DAY 2023

The Department of Mathematics, St. Xavier's College, Mapusa-Goa, celebrated National Mathematics Day 2023 with great enthusiasm on 20th December 2023, commemorating the birth anniversary of the legendary mathematician Sir Srinivasa Ramanujan. This event took place in the college Seminar hall, which began at 9.30 a.m and concluded at 2.30 p.m on the same day. A total of around 63 students attended the programme.

The objectives of the program were to

- Create awareness about National Mathematics Day.
- Enhance critical and creative thinking skills among students.
- Develop the knowledge of students in mathematics and to spread the joy of learning and understanding mathematics.

The Programme began with a grand floral welcome of all the dignitaries. This followed the traditional lightening of the lamp, symbolising the dispelling of darkness and pursuit of knowledge. The resource person along with the Principal, Administrator and other dignitaries, lit the lamp and garlanded Sir Ramanujan's photo, paying homage to the mathematical prodigy and signifying the enlightenment that mathematics brings to our lives.

The Principal, Prof. Dr. Blanche Mascarenhas, extended a warm welcome to the gathering, emphasizing the significance of National Mathematics Day and also acknowledged the efforts of the organising committee. The Administrator of the college, Rev. Fr. Tony Salema, expressed a few words recognising the importance of promoting mathematical education and encouraging the students to embrace the subject.

The coordinator of the program, Mr. Swapnil Belekar, delivered an insightful speech, delving into the life and achievements of Sir Srinivasa Ramanujan. The speech provided context for the day's celebration, narrating Ramanujan's journey from humble beginnings to becoming one of the greatest mathematicians in history.

Mr. Gajanan Parab, Assistant Professor of our college introduced the distinguished resource person Dr. Kalpesh Jayantilal Haria, Assistant Professor, Department of Mathematics, IIT Goa. This was followed by conclusion of the formal programme.

Dr. B.C. Nair, Associate Professor and Head of the Department of Mathematics, proposed the vote of thanks.



To foster a love for mathematics, inspire students and highlight the importance of mathematics, the following events were held:

Talk on “Mathematics and Magic”



Dr. Kalpesh Haria, resource person for the day, presented an informative talk on the mathematics behind card games. The speaker delved into Number theory, permutations, probability and other mathematical principles that underlie the strategies employed in card games. The session provided a unique perspective on the practical applications of mathematics in everyday activities.

Quiz Competition

A team comprising of Faculty members Dr. Jervin Zen Lobo and Mr. Franklin Desa along with T.Y.B.Sc students Mr. Gulshan Nishad and Ms. Pranjali Rawool organised mathematics quiz competition for F.Y / S.Y B.Sc mathematics students. The quiz comprised of two rounds viz, Preliminary and Final. The preliminary round was held on 18/12/2023 wherein 9 teams consisting of two members each took part in out of which the first five teams were qualified for the final round. The following were the winners of the quiz competition:

- First Prize: Mr. Daniel Abreo and Mr. Jordan Lobo (F.Y B.Sc)
- Second Prize: Mr. Utkarsh Dessai and Ms. Sejal Chopdekar (S.Y.B.Sc)
- Third Prize: Ms. Riya Pednekar and Ms. Ryfka Rodrigues (S.Y.B.Sc)

The quiz not only tested student's understanding of mathematical concepts but also fostered a spirit of healthy competition and inspired intellectual curiosity.



Skit on “Importance of Mathematics”



A skit was displayed by our T.Y.B.Sc students featuring the importance of mathematics in daily lives. The team emphasized on how the world would be without mathematics. They showcased not only their talents but also the teamwork and collaborative spirit.

The skit not only entertained the audience but also highlighted the practical and everyday relevance of mathematics in a creative and engaging manner.

The program concluded at 2.30 p.m. The compere for the program was Ms. Jadya Rocha, T.Y.B.Sc Mathematics student. It was with unwavering support of all the Faculty members in the department and of all T.Y.B.Sc mathematics students, the program was a resounding success.



DEPARTMENT OF MICROBIOLOGY

National-Level Seminar on 'Expanding the Horizons of Microbiology' organised by St. Xavier's College, Goa and Microbiologists' Society, India

St. Xavier's College, Mapusa, Goa and the Microbiologists' Society, India (MBSI) organised a two-day National-Level Seminar cum MBSI meet on the theme 'Expanding the Horizons of Microbiology' in association with Government College of Arts, Science & Commerce, Khandola, Goa, P.E.S.'s R.S.N. College, Farmagudi, Goa, and St. Joseph Vaz College, Cortalim, Goa on 06th – 07th October, 2023 at St. Xavier's College, Goa. The aim of the event was to provide a robust platform for microbiologists to come together, discuss various aspects of microbiology, share research findings, deliberate on emerging trends, and explore entrepreneurship avenues in the field. The Seminar garnered the participation of over 150 attendees from various states across India including Goa, Maharashtra, Karnataka, Andhra Pradesh, Tamil Nadu, Telangana, and Delhi. The audience comprised students, researchers, faculty members, education professionals, eminent scientists, and industry experts, including officials from Encube Ethicals, and Himedia Laboratories, Ltd.

Dr. N. Ramaiah, Scientist Emeritus, National Institute of Oceanography, Dona Paula, Goa was the Chief Guest and Keynote Speaker at the inaugural function. The Guests of Honour were Dr. Arvind Deshmukh, MBSI National President, and Mrs. Marina Monteiro, Ex. Vice Principal and Former Head of Microbiology, St. Xavier's College, Goa. Rev. Dr. Ramiro Louis welcomed the delegates, expressing gratitude to all the dignitaries, speakers, participants, and attendees for being a part of the event. He emphasised the dedication of St. Xavier's College to provide a conducive learning environment that supported intellectual pursuits. Ms. Ursula Barreto, Vice-principal and Head of Microbiology, St. Xavier's College highlighted the significance of the event as an addition to the ruby jubilee celebration of the Department of Microbiology at St. Xavier's, followed by the e-release of the Departmental Newsletter cum Ruby Jubilee Souvenir "Microscope, See the Unseen".

Dr. Dilecta D'Costa, MBSI State President, Goa and Maharashtra and Head of Microbiology, Government College of Arts, Science & Commerce, Khandola, Goa, spoke about the importance of the seminar. Dr. Trelita de Sousa, MBSI State Coordinator and Assistant Professor in Microbiology, St. Xavier's College, Goa briefly enlightened the audience about the purpose and progression of the seminar.

and called for the e-release of the Book of Abstracts. The Chief Guest highlighted the role of such a seminar in fostering the study of the microbial world and emphasised the evolution in Microbiology and allied fields. He also appreciated Dr. Arvind Deshmukh for his dedication to connecting microbiologists across the country. Dr. Deshmukh was felicitated at the hands of Dr. Ramaiah. Dr. Deshmukh expressed his gratitude and addressed the audience motivating them to take action in their own spheres of influence to promote microbiological research. Renowned Mycologist, Prof. D. J. Bhat was also one of the eminent witnesses to this event. The inaugural ceremony concluded with a vote of thanks delivered by Dr. Aureen Gomes, Assistant Professor, St. Joseph Vaz College, Cortalim, Goa.

In his keynote address, Dr. Ramaiah illustrated a vivid portrayal of Microbiology as a million-dollar industry. He added a valuable dimension to the event by showcasing the latest advancements and contributions of eminent scientists in microbiological and biotechnological research. Through interactive technical sessions, the seminar allowed deliberations from renowned scientists with profound experience. Prof. Savita Kerkar, Ex-Dean, School of Biological Sciences and Biotechnology, Goa University spoke on “Fascinating Organisms in Unlimited Marine Horizons”. Her session was a mesmerizing dive into the marine world and focused on novel marine microbial resources. Ms. Heena Momin, Assistant General Manager of Quality Control and Head of the Microbiology Section at Encube Ethicals Ltd. presented a session on “Bridging the Gap between Industry and Academia” which provided a detailed visual of advanced state-of-the-art technologies. Capt. Dr. Mahindra K. Ranjekar, Consultant and Rtd. Professor in Biology, delivered a captivating session on “Biofertilisers: Entrepreneurship Opportunities” and rendered thought-provoking insights to urge students to prioritise involvement in start-ups and innovative thinking. The sessions were chaired by Dr. Aparna Pathade and Dr. Snehal Masurkar. The MBSI meeting comprised engaging sessions on the National Education Policy and Entrepreneurship by Dr. Prashant Wakte and Dr. Girish Patade which led to extremely fruitful discussions.

The participants presented their novel ideas and exciting research through vivid artistic posters and interactive scientific poster and oral presentations. The artistic poster competition was judged by Dr. Bharathi Prakash and Dr. Narendrakumar Suryavanshi, the scientific poster competition by Dr. Datta Joshi and Ms. Jocelyn Fernandes, and the oral presentations by Dr. Devrajan, Dr. Aureen Gomes, Dr. Datta Joshi, and Dr. Sunita Borkar. For the artistic poster competition, 1st place was bagged by Mr. Pratham Tarkar and Mr. Shantanu Govekar, PES College, Goa, 2nd place by Ms. Kanishka Rane and Mr. Assad Shaikh, St. Xavier's College, Goa, and 3rd place by Mr. Vernon Fernandes and Mr. Cenon Andrade, PES College, Goa. For the

scientific poster presentation, Ms. Priya Sharma, Bhaskaracharya College of Applied Sciences, Delhi bagged 1st place, Ms. Poojashree Nagappa Kummur, Karnataka University, Dharwad bagged 2nd place, and Ms. Divya Raghuvanshi, Krishna Institute of Allied Sciences, Karad bagged 3rd place. Best oral presentations were won by Dr. Sanket Gaonkar, PES College, Goa, Dr. Aparna Pathade, Krishna Institute of Allied Sciences, Karad, and Ms. Arti Zende, Krishna Institute of Allied Sciences, Karad. The winners were awarded cash prizes, trophies, and merit certificates at a grand valedictory function at the hands of the Chief Guest, Mr. Sandip Jacques (IAS), an Alumnus of St. Xavier's College, Goa in the presence of the Administrator, Rev. Fr. Antonio Salema and the Principal, Prof. Blanche Mascarenhas of St. Xavier's College.

The students of the four organising colleges also showcased Goa's rich and vibrant Indo-Portuguese culture through a spectacular cultural programme comprising a mix of folk songs and traditional dances culminating into a thematic fashion show on extremophilic microorganisms which left the audience spellbound.

The Seminar turned out to be an enriching learning experience for all the participants allowing collaborations, networking, and an exchange of innovative ideas in the field of microbiology.



Micro Conversations: Exploring Choices and Crafting Futures

As part of the Ruby Jubilee celebrations, the Department of Microbiology of St. Xavier's College, organized a panel discussion titled 'Micro Conversations: Exploring Choices and Crafting Futures' on 9th September 2023. The objective was to acquaint the participants with career options in microbiology through life experiences shared by professionals in the field.

The panelists, all alumni of the Department of Microbiology of the College, comprised of Dr. Dilecta D'Costa (Associate Professor, Government College Khandola), Dr. Lakshangy Charya (Coordinator Department of Microbiology, Goa University), Ms Nina Figueiredo (Nutritionist), Ms Cristabelle Lobo (Teacher, Our Lady of Lourdes High School, Valpoi), Mr Adarsh Shettigar (Scientific Assistant, Goa Forensic Department), Ms Natasha Barnes (Research Assistant, NIO, Dona Paula) and Ms Ana Pereira (Medical Lab Technologist, Panaji).

The event started off with an invocation seeking blessings of the almighty. Rev. Dr. Ramiro Luis welcomed the gathering on behalf of the management of the college. The Head of the Department and Vice Principal Ms Ursula Barreto spoke about the Ruby Jubilee celebration of the Department and recalled the valuable contribution made by the former principals and teachers. She attributed the success of the department to their foresight, dedication and hardwork along with the students and alumni of the department. She also gave a brief overview of the program. The Chief Guest Dr. Dilecta D'Costa in her address congratulated the department on achieving this milestone and encouraged the students to continue to aim high and do their best.

The panel discussion took off with the moderators Ms Ruella D'Souza and Mr. Siddhesh Menon, both faculty members of the Department, introducing the panelists and inviting them to speak about their journey from St. Xavier's College to their present position. Each of the Speakers shared their success stories which captured the attention of the audience.



The participants were exposed to first hand information with respect to various jobs in different areas of microbiology and its allied fields as research guides, college & university professors, high school teachers, nutritionists, forensic scientists, researchers and laboratory technicians.

The session was surely inspiring and the participants interest was evident through the many questions they posed to the members of the panel which were ably answered. A total of 151 students of TY, SY and FY benefitted from the program.

MicroChef 2023 – The Second Helping!!

In commemoration of World Food Day, the Department of Microbiology, St. Xavier's College Mapusa, Goa organised a competition on fermented foods “MicroChef 2023 – The Second Helping!!” on 19th October, 2023 under the DBT Star College Scheme in association with the Microbiologists' Society, India (MBSI). In totality, 53 students participated (10 groups, each group comprising 4-7 students). Each group was given 2 minutes to introduce their dish, state its benefits, display a reel of its preparation, and present the final dish to the judges for tasting. Each dish was judged on taste, presentation, and creativity.



The students exhibited an array of delicious food and drink, from traditional dishes to exotic ones, savoury to sweet, hot and spicy to cool and refreshing! The winning dish was Idli Chaat prepared by Ms. Dipali Chari (S.Y.B.Sc.), Ms. Ethika Gaonkar (S.Y.B.Sc.), Ms. Kajal Gaunthankar (S.Y.B.Sc.), and Ms. Padmaja Pinge (S.Y.B.Sc.). The competition was judged by Ms. Jocelyn Fernandes, Ms. Swaroopa Naik (Department of Biotechnology, St. Xavier's), Ms. Nadine de Souza, and Dr. Alisha Malik (Department of Microbiology, St. Xavier's). The winners received trophies at the hands of the judges. All participants were given e-certificates. The event was coordinated by Dr. Trelita de Sousa.



“ANIMALCULES” 2023

Celebrating International Microorganism Day

An all Goa Inter School Microbiology Event 'Animalcules 2023' was organised to commemorate International Microorganism Day that is celebrated on 17th September every year. The competition was organized by the Department of Microbiology, St. Xavier's College, Mapusa Goa in collaboration with the Microbiologists Society, India on the 29th September 2023, under the aegis of DBT Star College Scheme. The event saw participation from 33 teams across the state.

The Inaugural function commenced with an Invocation. The Administrator, Fr. Antonio Salema addressed the gathering and the Principal, Prof. Blanche Mascarenhas addressed the gathering. The Head, Department of Microbiology, Ms. Ursula Barreto, briefed the audience about the double jubilee celebrations of the college – the golden Jubilee of the college and the Ruby Jubilee of the Department of Microbiology. She went on to introduce the event to the audience and its objectives. Dr. Valerie Gonsalves, the event coordinator proposed the vote of thanks.

Microbes are ubiquitous and so microbiology is important in every sphere of life. To showcase this, the students of the third-year microbiology presented a skit “What would the world be without Microbiology?” After the inaugural function, commenced the competitions. The objective was to generate awareness and scientific interest on the topic and to showcase their talent through healthy competition. There were 4 competitions - Spelling Bee, Quiz, Poster and Elocution.

The winner of the Spelling Bee was Ms. Kelly Lobo of St. Francis Xavier's High School, Siolim, second place was bagged by Ms. Yadnya Mahalkar of Saraswat Vidyalaya, Mapusa and third place by Ms. R. Shamicsha of Green Meadows School, Nagoa.

In the Quiz, the first place was bagged by Ms. Kurt Dias and Ms. Julian Vieira of St. Britto's High School, Mapusa, second was Mast. Dhananjay Kudnekar and Ms. Diya Salgaonkar of Holy Cross High School, Bastora, Bardez and third place was Ms. Suhani Gaunder and Ms. Rajashree Malik of St. Elizabeth High School, Pomburpa, Bardez.

For the Poster, the first place was bagged by Ms. Aafiya Alam of Chubby Cheeks Spring Valley High School, Pilerne, second place by Ms. Ahillya Bhingude of The Rosary High School, Cujira and third place was by Mast. Rajvi Shetye of St. Francis Xavier's High School, Siolim.

In the elocution competition, the first place was won by Ms. Aalia Botelho of Green

Meadows School, Nagoa, the second place by Mast. Aryan D'Souza of St. Britto's High School, Mapusa and third by was Ms. Cynia Fernandes of St. Mary's Convent High School, Mapusa.

The winners of Animalcules 2023 were Green Meadows School, Nagoa, St. Britto's High School, Mapusa in second place and St. Francis Xavier's High School, Siolim in third place.

The students of microbiology made an attempt to unravel the beauty of the world of microbes through a fashion show titled 'MicroGala – when microbes meet the fashion world'. The fascinating world of Microbes was displayed through a fashion show. On display were a number of models of cells types and an exhibition of microbes viz viruses, bacteria, fungi and algae as seen on plates and under the microscope.

The competitions together with performances put up by our college students provided the participants an enjoyable experience of activity-based learning.



Winners of Animalcules 2023 -Green Meadows School, Nagoa



Inter School Quiz

DEPARTMENT OF PHYSICS

STUDY TOUR TO BANGALURU, 2023

The department of Physics organized a study tour for the students of T.Y.BSc.Physics from 29th November to 3rd December 2023. On November 29, 2023 the students departed from Madgaon junction and arrived at Yeswanthpur at 12.30pm on 30 November. On the same day the students visited Visvesvaraya Industrial and Technological Museum Bangaluru. There were a lot of educational models, instruments and machines that taught various concepts. The museum was divided into different sections on different floors covering various topics from technology, space and biology.



Visvesvaraya Industrial and Technological Museum Bangaluru



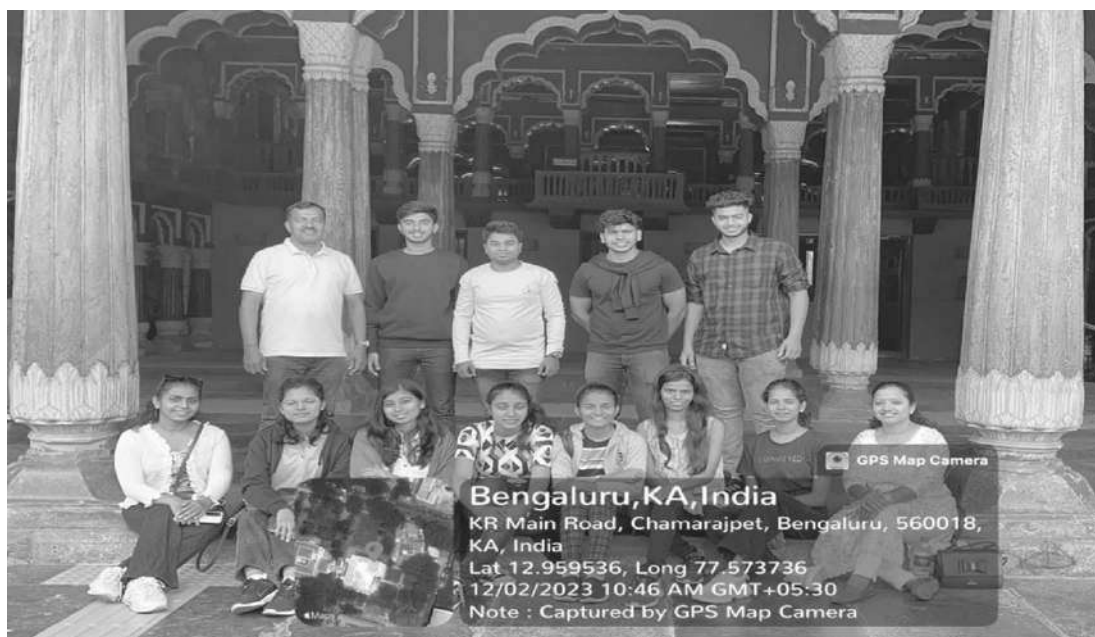
On the following day the students visited Raman Research Institute (RRI) and soon thereafter visited Indian Institute of Science Bangalore (IISc). At RRI the students were given a tour of the campus and information about the newest

groundbreaking research in the field of science being carried out at the institute. They were also given a tour of C.V. Raman's personal collection of stones and minerals. The Raman Research Institute was a very well-designed building with beautiful modern architecture and a vast campus surrounded by nature. At IISc the students visited labs where the students were briefed about the working of various machines and their use in experiments.

On 2nd December they visited Tipu Sultan's Summer Palace. The guide gave students an insight into the history of the structure and life of Tipu Sultan. The students ended the tour by boarding the train at Yeswanthpur junction at 3.00pm and arrived at Madgaon junction at 5.00am on 3rd December 2023.

Tipu Sultan's Summer Palace

From this study tour, students got hands on experience at Vishweshwaraya Museum with different exhibits and models thereby making the students understand the concepts very easily. Similarly, students got a chance to interact with scientist at RRI and IISc which is beneficial and important for guiding their career in physics.



COMMERCE DEPARTMENT

Department of Commerce Half Yearly Report

June 2023-November 2023

NEP One Day Faculty Development Programme on Enhancing Final Year Projects for Non-Ph.D. Faculty at Goa University, Taligao.

One Day Faculty Development Programme on Enhancing Final Year Projects for Non-Ph.D. was held on 13/6/23 and 14/6/23 at 9:30 am to 5:00 pm in the Seminar Hall, Commerce Block B, Goa University. The Directorate of Higher Education, Goa State Higher Education Council, Goa Research Foundation and Goa University. organised the said programme

The two-day programme was attended by Carmelito G Desouza, Herwin Furtado on 13/6/23 followed by Ms. Difa Fernandes, Ms. Sumina Dias, Ms. Mumtaz Mendonca, Ms. Zarina Chowdhari, Mr. Victoria Rodrigues, Ms. Sandra Fernandes, Ms. Kimberly Barros, Ms. Swizel Alphonso on 14/6/23.

The aim of the workshop was to Enhance Final year Projects by training non-PhD Faculty of colleges. The eminent Resource persons conducted sessions. **Session One:** Introduction to UG research and Importance – Prof M. K Janarthanam. **Session Two:** Research Methodology – Prof. Pooja Goel. **Session three:** Hands on training Writing research proposal – Dr. Narayan Parab. **Session four:** Group Presentations - Dr. Narayan Parab. The Programme commenced with an inauguration. In the first session Prof M. K Janarthanam conducted a session emphasising the need for research at the UG level. Prof. Pooja Goel gave us various insights as to the research methodology that needs to be adopted during writing a research paper/ Conduct of project working Session two. Dr. Narayan Parab in Session three discussed the formats and requirements of a project proposal. The participants were put into groups and each group had to present a research proposal which was chaired by Dr. Narayan Parab in the last session.

NEP One day State level Workshop on Skill Enhancement Course (SEC) Papers at Government College of Commerce and Economics Borda, Margao.

One day State level Workshop was held at Government College of Commerce and Economics Borda, Margao on the 5th July 2023 from 9:30 am to 3:00 pm in the Seminar Hall, Government College of Commerce and Economics Borda, Margao. Carmelito G Desouza and faculty of all colleges teaching the following Skill Enhancement Course papers Soft Skill and



personality development, Business Documentation, Innovation and Start – Ups attended the programme. The Objective of the seminar was discuss the curriculum drafted for Skill Enhancement Courses (SEC) for NEP in the subjects of Soft Skill and personality development, Business Documentation, Innovation and Start – Ups.

The Resource Person for the Soft Skill and personality development subject was Mr. Jon Silveira. In Business Documentation the resource person was Ms. Sneha Menon and for Innovation and Start – Ups Mr. Damodar Patnekar.

The workshop commenced with an inauguration programme. The participants were put into groups according to the subjects they taught, Soft Skill and personality development, Business Documentation, Innovation and Start – Ups. The resource person of each group conducted sessions on the scope of the content of Syllabus to be taught, Pedagogy. The power point which contains the scope of syllabus to be covered and would be sent to respective colleges.

NEP One day State level Workshop on Multidisciplinary Course (MC) papers at Carmel College of Arts Science and Commerce, Nuvem - Goa.

One day State level Workshop was held at Carmel College of Arts Science and Commerce, Nuvem – Goa on the 22/7/23 at 9:30 am to 2:00 pm. The Department of Commerce, Carmel College of Arts Science and Commerce, Nuvem –Goa organised the programme. Carmelito G Desouza and faculty of all colleges teaching the paper Marketing for Beginners attended the session.

The aim of the workshop was to discuss the curriculum drafted for NEP in the subject of Marketing for Beginners. Dr. R Arolkar was the resource person for the said programme

The workshop commenced with an inauguration programme. Faculty teaching Marketing for Beginners were put into a group to deliberate the subject Syllabus. The resource person Dr. R. Arolkar moderated the session. the scope of the Syllabus to be taught, Pedagogy was discussed. No changes in the syllabus were recommended. The details of ISA and question paper Pattern were not discussed as ordinances with respect to the same were not issued by the Go University. A WhatsApp group was created which will update the respective faculty about the developments that arise in due course.

NEP One day State level Workshop on Financial Accounting Syllabus (Major) at Government College of Arts and Commerce, Pernem, Goa

A one-day state level workshop was organised by the Department of Commerce of Sant Sohirobanath Ambiyee Government College of Arts and Commerce, Pernem, Goa on 28th June, 2023. The aim of the workshop was to provide a common platform to Accounting Educators across affiliated colleges of Goa University to gain

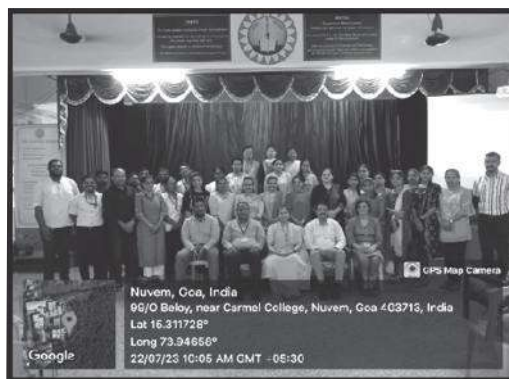
familiarity with the syllabus of Financial Accounting paper (COM 100) of First Year B.Com., Semester I, introduced under NEP 2020 during the Academic Year 2023-2024.

The Moderators of the workshop were Dr. Ashish Joshi, MES College, Zuarinagar and Dr. Edwin Baretto, Damodar College, Margao, who very ably steered the workshop to fruition, keeping in view the Course Objectives and Course Outcomes of the paper. The pattern of the Question Paper for the ensuing Semester End Assessment was also deliberated in depth. The workshop was attended by Ms. Maria Difa Fernandes and Dr. Santana Fernandes, Department of Commerce of St. Xavier's College, Mapusa Goa.

Report On Workshop on Multi-Disciplinary Courses Accounting for Non-Accountants syllabus at Carmel College of Arts Science and Commerce, Nuvem - Goa.

The Carmel College of Arts, Science and Commerce for Women organized a workshop on 22nd July 2023 from 10 am to 1 pm for uniformity in teaching in the following multi-disciplinary courses introduced in Semester I:

Mr. Frazer Taylor from our department attended the Accounting for Non-Accountants course, which was multidisciplinary in nature. The course was led by Mr. Edwin Brahma Barretto and included detailed group discussions on each syllabus topic. All the teachers shared their insights on the topics, making it a fruitful discussion. Their clear understanding of how to proceed with the syllabus ensured the session was valuable and informative.



Report of the Orientation Program, First Year Bachelors of Commerce, Department of Commerce (2023-24), St. Xavier's College, Mapusa Goa.

An Orientation Programme was organised by the Department of Commerce of St. Xavier's College for the First-year B. Com students for the Academic Year 2023-24 on 27th July, 2023 at 10.45 am in the Seminar Hall of the college.

The programme commenced with a brief introduction about the purpose of an orientation followed by a short prayer invoking the presence and blessings of the Almighty. This was followed by a welcome address by the principal of the college, Prof. Blanche Mascarenhas. The Administrator, Fr. Antonio Salema, in his address, stated that he believed that the greatness of the college came not only from its

infrastructure and facilities but from its students and exhorted them to grow and develop in accordance with the mission and vision of the institution. Dr. Carmelita Dmello, Associate Professor of the Department of Commerce and Coordinator of the FYBCOM Orientation Programme, made a general presentation about the College, wherein she highlighted the vision and mission of the institution, explained and emphasized its rules and regulations and highlighted the many facilities available to students. She focussed on the all-important aspects of discipline expected from students including punctuality, regular attendance, adhering to a dress code, and compulsory wearing of identity cards on campus.

Dr Carmelita in her presentation on the Department of Commerce highlighted its history, the faculty profile, the laurels won by students both academically as well as in co-curricular activities. The activities of the Department including 'ARENA', the Intercollegiate Commerce Event, the Departmental newsletter – 'Comquest', the commerce wallpaper– 'Commerce Blitz' the social outreach initiative – 'The Joy of Giving' were explained to students. Students were made aware of the various certificate courses, talks, local industrial visits and the much-anticipated interstate study tour for final year students and the core and non-core future career prospects in Commerce.

Dr. Yasmin Z. Shaikh, Head, Department of Commerce, in her detailed presentation on NEP, acquainted the students with the course structure and credits associated with education in Commerce and explained the various exit points under the new education policy. Professor Oscar Braganza e Melo, member of the Examination Committee explained the importance, guidelines and modes of conduct of SEE and ISA examinations.

Mr. Herwin Furtado, the Co-Coordinator of cultural activities, made the students aware about the various cells, clubs and cultural events organised and participated in by the students both, in college and at other colleges at the State and National level.

Mr. Suresh Morajkar staff of the library informed the students about the library, books and journals available, timings for access, issuance and return of books and the OPAC and N-list facilities. Ms. Astrid Pereira of the Department of Physical Education informed the students about the sports facilities in the institution and the laurels that students have brought to the college including being awarded as the “Best College in Sports for Men and Women” for several consecutive years.

The students were apprised about the features, advantages and working of the National Cadet Corp Cell (NCC) by a male and female NCC cadet respectively. The Chief Programme officer of the National Service Scheme (NSS) Dr. Rheane da Silva

started her presentation by teaching the students the NSS Clap after which she explained the various programmes and activities conducted by and for the students. The orientation programme which was ably compered by Ms. Kimberly Barros, Faculty, Department of Commerce, concluded with the College Anthem which was attended by two hundred and seventeen first year students.

Career talk on Chartered Accountancy and Company Secretary

The Career talk on Chartered Accountancy and Company Secretary was held by Ms Kavita Bhosale an ex-student of our college on 2nd September, 2023. The talk was organised for TY B.com Div. A class student. She gave an insight into the field of Chartered Accountancy in India. The talk covered essential aspects, including recent rule changes in CA syllabus and examinations and effective exam preparation strategies. The talk was



concluded with an interactive Q&A session where students clarified their doubts. Ms Bhosale addressed the various queries of the students and helped provide them with guidance.

In conclusion Ms Kavita Bhosale's talk on careers in Chartered Accountancy was a valuable resource for students aiming to join CA examinations.

Career Counselling Programme on Chartered Accountancy

The Department of Commerce organised a programme to promote career counselling in collaboration with the Career Counselling Committee of the Institute of Chartered Accountants of India, Goa Chapter on 8th September, 2023 at 10.45 a.m.

The Department extended a warm welcome to the Vice Chairman of the Goa Chapter of ICAI, CA Milind Shirodkar and the guest speaker CA Sonal Catherine D'Silva. Ms Stuti Shivani and Ms Ritika Jadhav presented potted plants to the guests, in the presence of the Head of Department of Commerce, Dr. Yasmin Z. Shaikh.

In his introductory address, the Vice- Chairman of the Goa Chapter of ICAI, CA Milind Shirodkar, emphasized his role as an auditor and educator. He stressed on the global recognition of the profession of Chartered Accountancy. He elaborated as to how accountancy served as a universal language transcending the seven continents. CA Milind Shirodkar left a lasting impression by asserting that, "A CA's pen is mightier than a sword".

The resource person CA Sonal Catherine D'Silva was introduced by Ms. Ciana Gonsalves, who summed up her noteworthy career experience spanning over a decade. CA Sonal D'Silva lucidly stated the burgeoning importance of pursuing Chartered Accountancy in today's times and very ably led the audience through the series of steps, stages and requisites involved right from registering for the CA course to its fruition. She exhorted the students of F.Y.B. Com to embrace the challenge of becoming a Chartered Accountant and promised all assistance required to interested students to embark on their journey. She ably addressed the queries raised by students at the end of her talk.

Mr. Yash Pawar extended words of appreciation and gratitude in the Vote of Thanks. The programme was well received by the 113 students of F.Y.B. Com and they were enriched with valuable insights about the intriguing world of Chartered Accountancy. The programme was compered by Ms. Tessica Campos and coordinated by faculty members of the Department, Ms. Maria Difa Fernandes and Dr. Santana Fernandes. The programme ended on a high note by capturing the memorable moment through a group photograph.

Let's Ignite the Entrepreneur in You 2.0

The Department of Commerce Organised an Entrepreneurship Seminar “Let's Ignite the Entrepreneur in you 2.0” for SY BCOM students. The Seminar was held on 13th September 2023 from 10.45 to 1.30p.m. in the college Seminar Hall which was coordinated by Ms Swizel Alphonso. This programme was initiated during the last academic year as the Department of Commerce commemorated 30 years since its inception. Due to the immense success of the seminar last year the second edition of the same was organised this year. The objective of the event was to ignite the spirit of entrepreneurship among students and create awareness within the student community, nurture their talents and guide them to explore business opportunities.

The Compere for the Inaugural programme was Ms Saina Chari. The programme commenced with a prayer by Ms Charbel D'Souza invoking Gods blessings on those gathered for the Programme. All the Dignitaries were then invited for the watering of the plant which symbolises a commitment towards a desire to nurture the talents of students and initiate steps towards preserving and protecting the environment.

The Vice Principal Ms. Ursula Baretto gave the welcome Address. She extended a warm welcome on behalf of the Management, to the Chief Guest and wished all the staff and students' immense success for the seminar ahead. Later the Head of the Department, Dr Yasmin Saikh addressed the gathering and spoke about the importance of the seminar to inspire the spirit of entrepreneurship among the

students and hoped that students would definitely gain inspiration from various resource persons of the day. Mr Vaibhav Pareek introduced the Chief Guest Mr. John Dsouza, Deputy General Manager, EDC Panaji Goa and a potted plant was presented to the Chief Guest by Ms Paulette Mascarenhas.

The Department of Commerce Newsletter “**ComQuest**” was formally released in online mode during the Inaugural Programme. The Newsletter highlighted activities organised by the Department of Commerce during the academic year 2022-23. The Editor Ms. Swizel Alphonso, the student editorial team along with the Chief Guest, Vice Principal and Head of Department released the Newsletter. The seminar then proceeded with the three sessions for the day from the eminent resource persons.

First Session: Role of EDC in Promoting Entrepreneurship in Goa:

The Resource Person of the First session was Mr. John Dsouza who is an esteem professional who spent 3 decades at EDC Ltd where he currently serves as a Deputy General Manager of Finance. He has also been appointed by the government as a member of screening committee for IT and non-IT start ups. Mr. John D souza spoke about how students can take up entrepreneurship at a young age and gave examples of various national and international entrepreneurs and shared their success stories. He explained the role of EDC and how it helped several individuals to finance and support their venture. A video of young Goan entrepreneurs who have grown with the help of EDC was shown to the students. He later concluded the session by answering doubts and questions raised by students.

Second Session: Entrepreneurship in Goa and Role of CIBA in Promoting Startups:

-The second session was hosted by Mr. Chris Fernandes who introduced the second resource person, Mr Sanjay Mulvi. Mr Sanjay brings in a wealth of expertise in the field of entrepreneurship. He is currently the Head of incubation at CIBA, Assagao. Over the past 4 years he has mentored over 40 startups. Mr Sanjay proceeded on with an interactive session. He gave a brief introduction on CIBA which is an incubation centre situated in Goa. He explained and differentiated between start-ups and enterprises. He also spoke about various schemes and explained its features. He concluded the session with addressing doubts of students.

Entrepreneurship: My Journey from Campus to Corporate:

The third session hosted by Ms Annora Tavares who introduced the resource person Mr. David Dsouza, an alumni of our College who was a student of the Department of Commerce in the academic year 2000. By the age of 23 he was the youngest branch head from there he ventured into various domains including water treatments, banking, finance etc. At present Davids journey continues to inspire. His story is a testament of power of ambition, dedication and commitment

to excellence. Mr. Dsouza commenced his session by sharing the story of David and Goliath. He encouraged the students to first find their strengths and make it the strongest point in their life. He explained that one needs to have faith in ourselves and as an entrepreneur we should do all things with the best of our ability so that we can stand out from others. He concluded the session with a piece of advice which was to stick to our guts and make our obstacle our biggest strength. As a token of appreciation Mr. Aiman Sheikh presented a memento to Mr Dsouza.

At the end of the session Mr.Yashuram Gaonkar proposed the Vote of Thanks and expressed his gratitude to all the faculty and students for the successful conduct of the programme. The Seminar ended at 1.30pm with singing of the college Anthem.

Report on Soft Skills and Resume Writing Workshop

A soft skills and resume writing workshop was organised for the students of T.Y.B. Com on 16th of September 2023 in the college seminar hall. A total of 41 students attended the workshop. The resource person for the day was Ms. Sandra Mascarenhas, an expert in talent acquisition with 15 plus years of extensive work in HR Organisations in India and Abroad

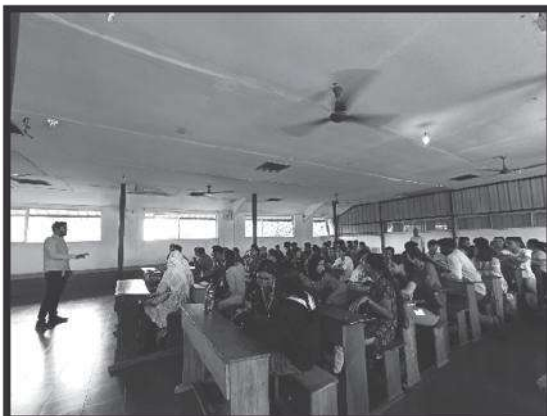


The introduction of the resource person was done by Ms. Samantha Lobo (T.Y. B. Com) and a potted plant was presented to her by Mr. Anuj Naik (T.Y.B. Com).

The workshop commenced at 9:30 a.m. with the resource person highlighting how important it is to be well prepared for any interview. She shared six essential components that a CV should include as well as the aspects that should be avoided. She encouraged students to develop skills which are necessary for their overall development.

The second session included a mock interview wherein she guided students preparing for an interview. She also shared important advice regarding what hiring managers look for while screening applications, from a professional viewpoint. The session ended at around 1 p.m. with the students putting forth their queries which were effectively addressed by the resource person. The workshop ended with the vote of thanks proposed by Ms. Nidhi Morajkar (T.Y B.Com) the compere for the day was Ms. Kiran Nagvekar(T.Y.B Com) and the faculty coordinators were Dr.Carmelita Dmello and Mr. Herwin Furtado of the Department of Commerce.

Talk on Innovation and Startups



On the 13th of October, 2023 Ms. Alisha Lobo e Sequeira from the Department of Commerce organised a talk on Innovation and Startups for 70 students who have opted for the subject Innovation and Startups and Entrepreneurship students at 12.00 pm. Mr. Yash Pawar volunteered as the compere for the talk. The guest speaker for the talk was Mr. Joshua Silveria who was welcomed with a potted plant given by Ms. Saniya Sheikh. Later, Mr. Moris Fernandes briefly introduced the guest speaker. In the beginning the speaker Mr. Joshua Silveria briefed about his life and how he ended up as a successful entrepreneur.

The session was divided into two halves; first session was for the students of F.YB. Com and S.Y B. Com where he emphasized the key aspects of starting and running a business. He also briefed us about the traits and qualities of an entrepreneur. Later, he systematized a fascinating activity for the students of F.Y B. Com putting them in groups of 6 each in which there comprised questions relating to the individual interest of students and their thought of starting it as a business. This was done so as to pitch one's idea as an entrepreneur out of which one best was to be chosen. Subsequently one student representing each group volunteered and briefed about their idea to startup a particular business. The speaker also highlighted how we can solve and overcome entrepreneurial problems.

He encouraged the students to try out business ideas and be ready to bear the different risk that may occur while starting and running their business. The best part about the whole talk was the activity that was conducted. It helped the students to know about the feasibility of their business idea and clear their doubts regarding the same. The students truly appreciated the knowledge and expertise of the resource person. There was really good feedback from the students. Finally, Vote of Thanks was delivered by Ms. Analie Lobo followed by offering the memento to the speaker by Ms. Annelise Fernandes. The talk was knowledgeable and a great success.

Report Compiled By:
Mr. Carmelito Desouza
Department of Commerce

SELF-FINANCED DEPARTMENTS

DEPARTMENT OF BBA

BBA DEPARTMENT REPORT 2023-2024

An Orientation Program was organised for the First Year students pursuing Self finance courses on Saturday, 29/07/23 at St. Xavier's College, in the Seminar Hall. The program aimed to acquaint new students with the college's facilities, rules, and cultural activities, ensuring a smooth and successful transition into their academic journey.



A session was held for the students of SYBBA and SYBBA (travel and tourism) on the topic "Management of Personal Finances" on 16 August 2023 from 9 AM to 1.00 p.m.. The speaker, Marilyn Pinto is the founder of KFI Global, a company that offers financial programs tailored for teens and young adults, she is also the author of the book 'Smarter, Richer, Braver'. It was very informative session that helped the

students understand how they can manage their finances well in the future.



On 24 August 2023 the SYBBA students visited Goa Hospitality Expo, a networking trade fair that helped students get an insiders perspective in the hospitality industry as well as practice networking and business

development skills. The students were accompanied by Ms. Vanessa Furtado.

On 26th August 2023, a two hour session on Building Self Confidence was organised for the BBA students. The speaker for the same was Dr. Fr. Ramiro Luis, a psychologist and faculty from the Psychology Department.

An Interaction with Entrepreneurs was organised on 31st August 2023 with Mr. Desmond Nazareth, a software developer, problem solver, entrepreneur and marketing guru par excellence. He inspired and motivated students with his journey from silicon valley to shark tank India. The session was very well received by the students.

Four students from second and third year, accompanied faculty Ms. Vanessa

Furtado attended a one day seminar on FOSTERING A CULTURE OF INNOVATION AND ENTREPRENEURSHIP, organised by ST JOSEPH VAZ COLLEGE, CORTALIM on 14th October 2023.

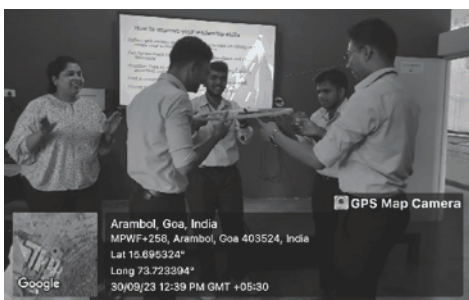


In collaboration with the Goechim Asmitai Cell, the students of BBA Sold Goan food items as part of the mini pop up that catered to students and faculty of college ON 19TH October 2023.

A Session on preparation for MBA Entrance Exams was conducted for BBA Students on 30th November 2023. The session was facilitated by Mr. Malcolm Dias, Director, Time, Goa.

Our Faculty Mr. Vernon Desa attended a One Day FDP on Teaching Pedagogy A Case Study Method of Classroom Learning organised by Goa Business School on 25th August 2023.

Our Faculty Ms. Vanessa Furtado, in Collaboration with the Cell POISE, Facilitated two hands on workshops for students of Microbiology department and History department on the topic 'Resume Writing and Job Applications' to help them plan and apply for industry careers.



Our Faculty Ms. Vanessa Furtado Facilitated a session on 'Leadership and Social Skills' for 40 students of Ganpat Parsekar college of education – Harmal. The workshop was organised by the college for their students council, class representatives and Club Representatives to help them with their leadership roles.

On 6TH September 2023, the students of first year went on a day long photography field trip to Fontainhas, Ribandar and Old Goa. Throughout the day the students had the opportunity to explore various places, enhance their practical knowledge through hands on work in architectural photography techniques..They were accompanied by Ms. Charmaine Zuzarte and Ms. Jane Dsouza.

29th AUG 2023 BBA STUDENTS WON FIRST PLACE IN INTER-DEPT Tug of war competition ORGANISED BY COLLEGE.



DEPARTMENT OF BBA (T&T)

Report on Field Visit organized by the BBA travel and Tourism Department.

BBA Travel and Tourism department of St Xavier's College organized an enriching field visit for the students of Second Year BBA T&T as a part of curriculum, to Norbert's Gym and Plates studio Taleigao. The primary focus was on understanding the importance of a healthy lifestyle and exploring various exercise regimes to achieve and maintain fitness. Offering students practical knowledge on maintaining a healthy lifestyle through various exercise modalities. From traditional exercises like push-ups to the modern approach of Pilates, the trip provided a comprehensive understanding of fitness practices.



Report on St. Xavier's College BBA (T&T) Department's participation in "MAGNIFY" 2023



The BBA (T&T) Department at St. Xavier's College, Mapusa Goa, actively participated in the annual intercollegiate event "MAGNIFY" on September 29, 2023, organized by the Department of BBA (T&T) at Don Bosco's College, Panjim Goa. The event, aligned with World Tourism Day, focused on the theme "Tourism and Green Investment." "MAGNIFY" featured two competitive rounds: "Green Tour-Biz

Connect" (video making) "Tourmania Trivia Battle" (quiz). Representing St. Xavier's College in the video-making round were Adrian Fernandes, Caren Mascarenhas, Crecencia Fernandes (FY), Dave D' Souza (SY), Lilia Lopes, and Esha Pereira (TY). In the quiz round, Daren Dias (TY) and Joel Dias (FY) showcased their knowledge. St. Xavier's College secured first place in the "Green Tour-Biz Connect" round. The winning video focused on the theme of green investment in tourism business, specifically highlighting Dr. Malik's Agro Tourism & Gaushala.



Report on St. Xavier's College BBA Travel and Tourism Department's Participation in Entrada 2023.

Students of St. Xavier's College BBA Travel and Tourism Department, participated in Entrada 2023 at Rosary College of Commerce and Arts, Navelim Goa, on 30 September 2023. Following students participated for the event from TYBBA TnT, Mr. Edger Fernandes Mr. Amit Nagill Ms. Simran Kerkar Ms. Colerian Pais from SYBBA TnT, Mr. Martin D' Souza Ms. Amanda Tavares and From



FYBBA TnT, Mr. Abbas Haider Mr. Blaine Pereira Ms. Assuciana Fernandes Ms. Leanne Mascarenhas. Various competitions based on the concept of tourism and green investment were organised. Students excelled, securing 1st place in "Clash of Minds" (Blaine Pereira and Abbas Haider) and "Green Escapade" (Martin D' Souza and Simran Kerkar), and 2nd place in "Word Rush" (Colerian Pais, Amit Nagill, Edger Fernandes) and "Greenovation" (Amanda Tavares, Leanne Mascarenhas). The achievements underscore the department's commitment to academic excellence.

Report on "X"plorateur 23 organised by BBA Travel and Tourism Department.

The BBA Travel and Tourism Department at St. Xavier's College, Mapusa Goa, organized the state-level intercollegiate event "X"plorateur 23 on September 27, 2023, in celebration of World Tourism Day. The theme of the event was "Tourism and Green Investment." The inaugural function welcomed Dr. Sagar Salgaonkar, the Managing Director of Geno Pharmaceuticals Pvt Ltd, as the chief guest. The ceremony marked the beginning of a day filled with various competitions focusing on the theme. Colleges from across Goa participated in different competitions designed around the theme of "Tourism and Green Investment." The event aimed to promote awareness and creativity within the context of sustainable tourism



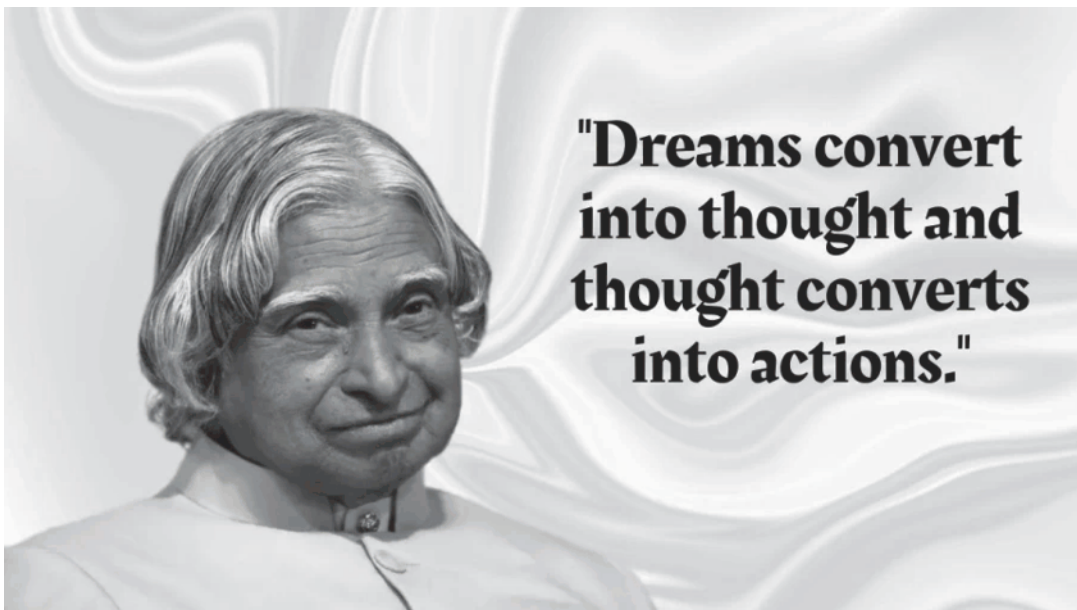
practices. Parvatibai Chowgule College of Arts & Science, Margao Goa, emerged as the overall winner of "X"plorateur 23. Their outstanding performance showcased their dedication and excellence in the various competitions. The event was a success, fostering healthy competition and providing a platform for students to express their ideas on the importance of tourism and green investment.

DEPARTMENT OF BCA

A session organized by the department of Computer Applications on Career Guidance on Overseas education was conducted for the self finance students on 14th July 2023 by the Career Counsellor of Eduadvise International Overseas Education, Vasant Hede. The session was co-ordinated by Mr. Vipul Parsekar, Eweny Fernandes e Saldanha and Rushita Verlekar.

The session was attended by 110 students from the Departments of BBA(General), BBA (T&T), BCA, Mass Communication, Journalism and Biotechnology. The overseas education session started with an introduction on the various factors one needs to look into before pursuing education abroad such as language barriers, choosing the right country, the right university and right courses, foreign exchange and how to adjust to a new place. Mr. Hede also spoke about how studying abroad helps develop a sense of community and opens up understanding to the world. He also spoke about the services Eduadvise offers from helping out with admissions with IELTS coaching and gave a brief on their business partners and the benefits they provide. Mr. Hede also shared a lot of his personal experiences and anecdotes that made the session very relatable and informative for the students.

The session was concluded by a vote of thanks delivered by our third year Biotechnology student Mr. Adrian Franco.



ACTIVITIES OF DEPARTMENT OF BIOTECHNOLOGY

Odd Semesters 2023-2024



On 27th of September 2023, the students of T.Y.B.Sc Biotechnology accompanied by Ms. Jocelyn Fernandes & Ms. Swaroopa Naik visited the Goa state Cooperative Milk Producers Union Limited - Goa Dairy, Ponda-Goa. The visit aimed to provide practical knowledge & exposure about

the manufacturing & processing of dairy products.

The F.Y.B.Sc Biotechnology students accompanied by Ms. Swaroopa Naik and Ms. Jocelyn Fernandes visited the Sewage Treatment Plant (STP) in Tonca, Goa on 29th September 2023. The students learnt the process of sewage treatment under taken by the plant which includes the



collection of the raw sewage, primary treatment, secondary treatment, chlorination and discharge of the treated effluent.



On 4th October 2023 the students of S.Y.B.Sc Biotechnology went for a fieldtrip to Mr. Farmers, a nursery in Mapusa. The students were accompanied Dr. Tanvi Prabhu, lecturer for the papers of Plant Physiology and Urban Gardening. The students were acquainted with the various plants and tools and equipment used in gardening.

DEPARTMENT OF MASS COMMUNICATION & JOURNALISM

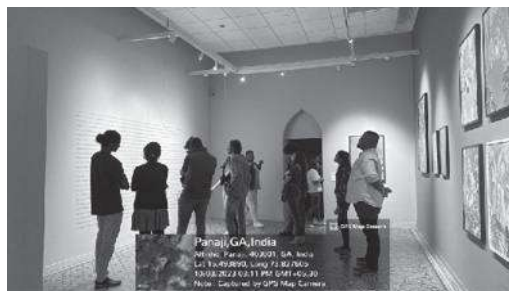
A window into the realm of art and understanding

On 3rd October, the S.Y.B.A. students of Mass Communication and Journalism, St. Xavier's College had the privilege of visiting Sunaparanta, Goa Centre for the Arts in Altinho, Panjim.

This visit was organised as a part of their Skill Enhancement Course (SEC) paper 'Art Appreciation'. During their time at the gallery, the students were exposed to a delightful mix of new and thought-provoking experiences and introduced to how nature and art is intertwined. The gallery exhibited the works of a South Korean artist, Kyungwoo Chun called 'Songs without lyrics'.

The works were divided into various segments like photographic, video performances and interactive. The artist is known for creating unfamiliar situations that can provoke modes of interdependence, he provides a space for people to enter and deliberate on the meaning of the most ordinary actions. Much of the artist's work is based on situations and encounters that revolve around concepts of empathy, care and compassion.

The students had to interpret the artwork as they perceived it. The exhibition had layers to it and the rhythmic circulation of time was explained to the students at the end of the visit. This visit provided the students with an in-depth understanding of how different perspectives and experiences of an artist play a role significant role in the process art making.



St. Xavier's College students engage with Goa Legislative Assembly leaders during field visit

By Megan Afonso

On July 31, students from TYBA Mass Communication and Journalism at St. Xavier's College visited the Goa Legislative Assembly in Porvorim. They had an opportunity to observe a two-hour session and interact with the Deputy Speaker and MLA Joshua D'souza, Opposition Leader Yuri Alemao, and Fatorda MLA Vijay Sardesai.

The assembly session began promptly at 11:30 a.m. During the question hour, MLAs raised queries from the previous session, which proceeded smoothly. However, the atmosphere shifted dramatically during the zero hour when members of the opposition, dressed in somber black attire, stood up abruptly. They chanted slogans and held placards addressing the Manipur issue until their microphones were silenced.

Seven opposition members continued their protest, marching towards the well of the house. Despite attempts from the speaker and the house to suppress the disruption, they interrupted the member addressing the assembly, Jit Arolkar. Subsequently, the opposition members were escorted out by the marshals, and Speaker Ramesh Tawadkar imposed a two-day suspension, which was later reduced to 24 hours.

In conversations with both sides, Fatorda MLA Vijay Sardesai and Opposition Leader Yuri Alemao defended the protest as necessary, stating that the topic was chosen through a ballot system but was subsequently disregarded by the speaker. On the other hand, Deputy Speaker Joshua D'souza believed the suspension was an essential response to the situation.

The planned visit turned out to be fortuitous for the students as they witnessed a turn of event in the assembly. Jadyne Pereira, a TYBA Journalism student, expressed, "The assembly visit was undoubtedly one of the most exceptional field visits during our entire three-year tenure. It felt like we were part of something truly remarkable, and personally, I was pleasantly overwhelmed by how the visit surpassed my expectations."

Anushka Essani, another student from TYBA Mass Communication, appreciated the insights into the functioning of the lower house, stating, "Every citizen should attend an assembly session at least once to understand the workings of the government and its engagement with the citizens."

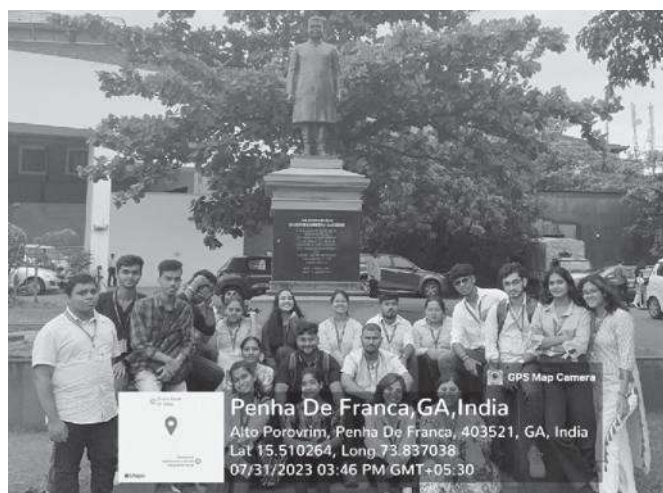
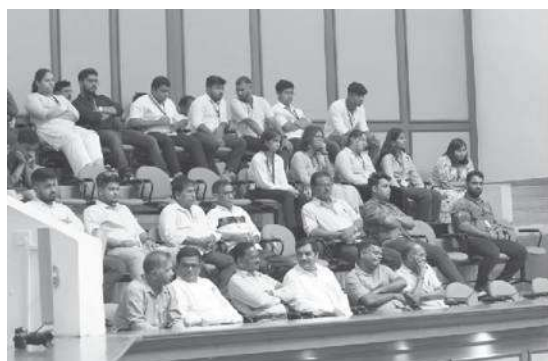
On July 31, the students of TYBA Mass Communication and Journalism of St. Xavier's College went on a field visit to the Goa Legislative Assembly, Porvorim. They got an opportunity to attend a two hour session and also speak to the Deputy Speaker and MLA Joshua D'souza, Opposition Leader Yuri Alemao, and Fatorda MLA Vijay Sardesai.

The assembly session commenced at 11:30 a.m. The MLA's raised questions from the previous assembly and the question hour went on smoothly. That was until a point came during the zero hour where the audience went from yawning about the preceding to being wide awake. While the MLA's were having a discussion, the members of the opposition, all dressed in black, stood up abruptly. They began shouting out slogans holding placards of the Manipur issue until their mics were turned off. In a brave move, the seven members pulled out slogans and paraded towards the well of the house. When the speaker and house began to shut them down, they proceeded to interrupt the member speaking; Jit Arolkar. The opposition were then escorted out by the marshals. Speaker Ramesh Tawadkar suspended them for two days, later which was reduced to 24 hours.

Speaking to both the sides, the opposition party, Fatorda MLA Vijay Sardesai and Opposition Leader Yuri Alemao, believed the move was necessary as the topic was chosen in the ballot system but the speaker sidelined it. The Deputy Speaker Joshua D'souza said the suspension was the need of the hour.

A planned visit turned out to be lucky for us students to witness exclusive parliamentary behavior. "The assembly visit was hands down one of the best field visits of the entire three year tenure so far. It felt like we were part of something truly spectacular and on a personal note, I was pleasantly overwhelmed with how the visit exceeded my expectations," said Jadya Pereira, student of TYBA Journalism. Another student Anushka Essani from TYBA Mass Communication said it was nice to see the functioning of the lower house. "Every citizen should attend an assembly session at least once to know the government and its citizens."





CAREER GUIDANCE ON OVERSEAS EDUCATION FOR TY STUDENTS

Ms. Chehak Mishra (TYBA Journalism)

A session on Career Guidance on Overseas education was conducted for the self-finance students on 14th July 2023 by the Career Counsellor of Eduadvise International Overseas Education, Vasant Hede. The session was co-ordinated by Mr. Vipul Parsekar, Eweny Fernandes e Saldanha and Rushita Verlekar.

The session was attended by 110 students from the Departments of BBA (General), BBA (T&T), BCA, Mass Communication, Journalism and Biotechnology. The overseas education session started with an introduction on the various factors one needs to look into before pursuing education abroad such as language barriers, choosing the right country, the right university and right courses, foreign exchange and how to adjust to a new place. Mr. Hede also spoke about how studying abroad helps develop a sense of community and opens up understanding to the world. He also spoke about the services Eduadvise offers from helping out with admissions with IELTS coaching and gave a brief on their business partners and the benefits they provide. Mr. Hede also shared a lot of his personal experiences and anecdotes that made the session very relatable and informative for the students.

The session was concluded by a vote of thanks delivered by our third year Biotechnology student Mr. Adrian Franco.



AN INTERACTIVE SESSION ON BROADCAST JOURNALISM BY CRISPINO NUNES

by Chehak Mishra and Sherly Coelho (TYBA)

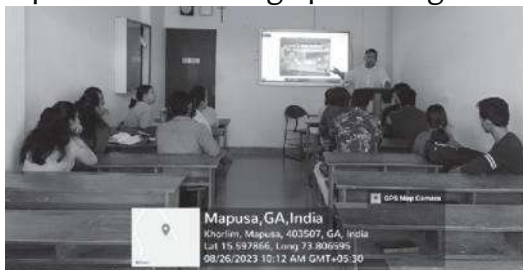
Crispino Nunes, an alumnus of St. Xavier's College, Mapusa Goa, who is currently working at WION as a Chief Producer engaged an interactive session with the TYBA students from the Journalism and Mass Communication department of St. Xavier's College.

Crispino holds experience of 14 years in the field of Broadcasting Journalism with his first job being as an anchor at Goa 365 News Channel in Goa. He then went national and joined News X as a senior producer and a news anchor. He was also a former news anchor at Republic Media Network and is currently working for WION.

In the session, Crispino, guided students on how to stand out and make one's role remarkable in the media industry. He also discussed about the different challenges that an individual face as an anchor. The session spotlighted the importance of Broadcast Journalism globally amongst the students. Later students got a chance to ask questions during the talk to make the session an interactive one.

Coming from a B.Com Academic background, he always had a keen interest in Journalism. He did not let his potential get limited to his degree, he started writing content for the newspaper since he was a student. His interest increased as he worked hard to achieve his goals. After contributing for 14 years in the national media industry, he is now ready to set his sights on international media next.

Jadyn Pereira, a student of the Journalism department at St. Xavier's College at the culmination of the session, extended gratitude to Crispino Nunes for sharing his experience and being a practical guide for the students.



Events Galore!

The students of SY Event Management organized and hosted two events this past semester, in accordance with their paper syllabus, showcasing the skills learned during the course of the past few months. The first event, Gen-Z Genesis, was meant to be an icebreaker event for Mass Communication and Journalism students of FY, SY and TY to get know each other in an informal social setting. Fun games helped the students get to know one another. Art Appreciation students made bookmarks for the FY students, as a token to welcome them to the college.

The second event, Mirrorball Bonanza, was held in the second week of October when the students had learned most of the skills required to conceptualize and execute an event. Working within a fixed budget with a revenue model, the students put on a variety talent show which saw a number of students exhibit their singing and dancing skills on stage. Budding bakers were also given stall space to sell their delectable delights. While the guests had an entertaining afternoon, the event management students were left with a sense of accomplishment after successfully handling two events.



“UNVEILING INSIGHTS: A COMPELLING DISCUSSION WITH DIANA BRAGANZA”

On 6th October, an interactive session was held for F.Y.B.A. students from the Mass Communication and Journalism departments of St. Xavier's College, Mapusa, with Diana Braganza, an alumnus of St. Xavier's College, Mapusa, Goa, who is currently working as the Marketing and Brand Specialist at Grand Hyatt, Goa.

Diana has a plethora of experience in the fields of branding, marketing, and public relations that extends across 14 years. During the course of her career, she has also worked as an Associate Image Manager and Image Executive for Perfect Relations, Goa. She currently executes the roles of a Marketing Communications Manager, PR Manager, and PR Executive at Grand Hyatt Goa. Diana has an extensive set of expertise that include public relations, influencer management, social media strategy and content writing among others.

Promoting interactivity within the session, Diana actively encouraged students to engage in discussions and offered practical insights by illustrating real-world applications. She utilized her extensive experience to convey essential information related to the curriculum, making the session extremely beneficial for all attendees. Additionally, when students inquired about the industry, she deftly responded with insightful advice.

As the session concluded, Sheronne Dias, a student of the Mass Communication Department at St. Xavier's College expressed her heartfelt appreciation to Diana Braganza for offering an unfiltered and professionally insightful perspective on the industry, drawn from her personal experiences, that undoubtedly enhanced the educational journey for the students.



INDUSTRY VISIT TO HERALD TV AND O HERALDO NEWSROOM

The final year students of Journalism and Mass communication, St. Xavier's College, Mapusa had an insightful industry visit to Herald TV and O Herald Newsroom on 31st August and 1st September 2023. The students had the opportunity to meet the staff & technician of Herald TV and O Herald. During the visit to the Herald TV, Mr. Clinton D'Souza, Head of Department, interacted with the students and explained the working of newsroom, Studio and Production Control Room. The students also had the chance to watch the News anchoring done in TV Studio.

After the TV studio visit students interacted with Mr. Alister Miranda, Editor, Mr. Shashwat Gupta Ray, Deputy-Editor and Mr. Vithaldas Hegde, Senior Reporter of Herald publication to know the various aspects of news reporting, editing and layout designing process of the Newspaper.

Aaron Furtado, a Mass communication student said 'the visit to the Herald TV and Newspaper was enlightening and provided us with an in-depth understanding of the functioning of the media house, we were explained the working of PCR, teleprompter & how news is gathered for news bulletin. We also spoke to several personnel working in different departments and got useful information regarding their roles and overall process involved right from gathering news, designing of newspaper pages and printing & distribution process”.

Whereas Liya Shrivastava, a Journalism student said “exploring the inner workings and job profile in media production house was an eye-opening experience. Witnessing how the news is processed through different departments and an interaction with media practitioners filled us with questions and thoughts on Journalism and how there are so many opportunities in the field of Media in terms of career progression”.

While our classes are engaging and eye opening, field visits such as this enable students a firsthand perspective into the workings of a news agency and also bridge a gap between academics and industry. Students also learnt from the organization that they have a preference for graduates from St Xavier's College, which made our students gleam with pride. The visit was organized as part of the TV Production and Visual design paper.



INSIGHTFUL TALK BY INDUSTRY PROFESSIONAL

The students of SY Event Management were fortunate to gain insight into the event management industry through a guest lecture by Princy Fadte, Head of Client Servicing, Pataka Events. An alumnus of the Department of Journalism, Princy spoke at length about conceptualizing events as well as the challenges in executing them.

Princy referred to popular show 'Made in Heaven' and busted some myths about event management propagated on the show, but also directed students to what they could take away from it like the various trendy wedding themes and sets. She also used a wedding she handled as a case study and explained how the event was handled from the very first meeting with the clients, through the planning process, to the execution of the three-day event. The students were also offered an opportunity to intern at Pataka, to learn more and test their organizational skills. The guest lecture proved to be informational and beneficial as well.



"Mystic Wilderness" a state level photo exhibition and photography contest prize distribution ceremony was held on 9th October 2023 at the St. Xavier's College Mapusa Goa. The exhibition and program was organized under the aegis of the Forest Department, Government of Goa in association with department of Journalism and Mass Communication, St. Xaviers College as part of the Wildlife Week observation.

The photo exhibition was inaugurated at the hands of Chief guest Mr. Vishwajit Rane, Minister of Forest, Government of Goa. Whereas Mr. Paresh Parab, Assistant Forest Conservator, Goa Forest Department, Fr. Antonio Salema, College administrator, Prof. Dr. Blanche Mascarenhas, Principal and Ms Sandra Fernandes, Vice-Principal of the college also graced the occasion.

The Administrator, Fr. Antonio Salema in his welcome address accorded a warm welcome to all and advocated the need of conservation of forest and also highlighted the importance of Wildlife (Protection) act of 1972. He congratulated the organizers and urged everyone to protect the gods gift of nature and conserve it for future generation.

The Principal, Prof. Dr. Blanche Mascarenhas, in her address stressed on the need of afforestation. She expressed her concern on rampant deforestation happening in state in the name of development. She opined that mining in Goa is needed for revenue, economic and for the livelihood of mining dependent. She also added that we need to balance development and preserve the forest as it consists of rich flora and fauna. Goan forest is recognized as bio-diversity hotspot at international level. In addition tourism industry is also dependent on growth of forest, as both forest and tourism are interrelated department of Goa's economy which needs to grow together.

Chief guest in his address to the audience said that photography is a potent medium to encapsulate massive gamut of feelings and myriad forms and the photo exhibition beautifully demonstrated it. The mission of safeguarding our ecological troves and encouraging young students to be young custodians of wildlife conservation was a key highlight of his speech. He also spoke about his own journey as a photographer and how he still keeps up his passion despite his busy schedule. He also highlighted how accessible photography has become with advent of digital technologies and encouraged students to learn as much as they can to improve their photography skills.

The photographs representing Mystic wilderness found in the State were showcased during the exhibition. The competition received tremendous response

from 210 participants in school and college category. In school Category first place was bagged by Mr. Warren Pereira of DM'S PVS SM KUSHE HSS. Second place was awarded by Mr. Krrish Naique of Dr. K.B Hedgewar HSS, Cujira and third place by Ms. Disha Panjkar from Fatima Convent High School, Margao.

In the college category first Place was awarded to Mr. Shrirang Dandekar of Goa College of Engineering, Second place by Ms.Divya Shilkar of Government college of arts, science, commerce, Sanquelim and third place by Ms. Vedha Shirodkar of JD school of design. The judge for the competition was wildlife photographer and a research intern at Herpactive Goa, Mr Ronil Gosavi, who praised the budding wildlife photographers and encouraged them to never stop exploring the wilderness and to be keen conservators of the ecological balance.



CAPTURING BEAUTY THROUGH LENSES: TYBA JOURNALISM STUDENTS EMBARK ON AN ENRICHING PHOTOWALK

-Sherly Coelho

In a quest to blend learning with exploration, TYBA Journalism students embarked on a captivating photo-walk on 12th October, exploring two distinct locations - Gyan Stambh and Fontainhas in Panjim. The Photo-walk was a visual delight for budding photographers and enthusiasts, immersing them in the rich tapestry of nature and history.

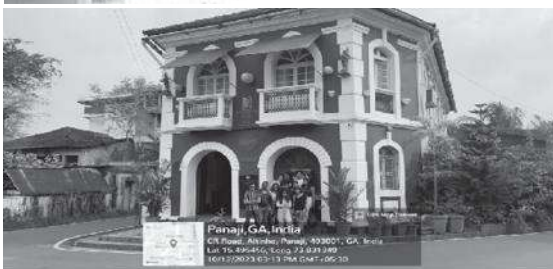
At Gyan Stambh, the students ventured near the mangroves, capturing the serene beauty of nature. This close encounter with lush greenery provided an exciting and refreshing opportunity to frame captivating shots of the ecosystem.

Meanwhile, Fontainhas transported the students to the Portuguese era, with its charming architecture. The students were captivated by the intricate designs and historical significance of the buildings, and their cameras didn't stop clicking.

One student, Jane, shared her experience, saying, "The photowalk near the mangroves was a mesmerizing experience. It reminded me of the importance of preserving our natural heritage through photography."

Another student, Mustafa, added, "Fontainhas was a treat for architecture enthusiasts like me. I was able to capture the essence of Goan history through my lens."

This Photo-walk not only enhanced the students' photography skills but also deepened their appreciation for the natural and architectural wonders that surround them, offering a unique perspective on the world around them.



PHOTOGRAPHY WORKSHOP HELD BY SXC FOR THE TYBA JOURNALISM STUDENTS

By Candaline Almeida, TYBA Journalism

A photography workshop was held on September 6th 2023 for the students of TYBA Journalism. The workshop was conducted by Mr. Rozario Estibeiro, freelance photojournalist and a wedding photographer. He gave the students a brief about his professional work and also on how they can take better pictures.

He started off by teaching the students about lighting and how it is important to place the subject in a correct way. He also gave the students tricks on how to take light painting pictures correctly with the shutter speed. He made sure all the students understood various concepts like panning the camera while taking motion pictures, composition, ghost photography, slow & fast shutter speed and much more. He made sure the session was very interactive. Rozario stressed on lighting aspect in terms of indoor & outdoor photography with use of reflectors.

"You just can't get a picture directly, you gotta wait and observe to get the right picture" quoted by Mr. Estibeiro. He ended the session by showing the students some of his creative captures that he has taken for the Oheraldo Newspaper.



VISIT TO THOMAS THE POTTER

On September 12th and 13th, students of S.Y.B.A Mass Communication and Journalism at St. Xavier's College visited Thomas the Potter, a pottery gallery situated in Fontainhas, Panjim.

Mr. Thomas has studied Ceramics Designing from the National Institute of Design, Ahmedabad and has been in this field for the last 25 years. This workshop was organised by Asst. Prof. Ardra Naik as a part of their Skill Enhancement Course (SEC) paper 'Art Appreciation'.

The studio looked artistically attractive as it was filled with various ceramic works which ranged from musical instruments to sea life. Mr. Thomas gave the students a tour of the gallery and explained the various techniques of ceramic art such as pinching, coiling, firing and glazing. He also demonstrated few techniques with clay and gave students an opportunity to sculpt. The students were enthusiastic about it and made various sculptures from fictional characters to real life objects.

This workshop familiarised the students to ceramic art and gave them hands-on experience of sculpting and carving.



MEDIA STUDENTS BAG FIRST PLACE FOR REEL MAKING COMPETITION

by Jadyn Pereira

TYBA Journalism student Mr. Jadyn Periera of St. Xavier's College achieved an impressive victory by winning the All Goa intercollegiate G20-themed Reel Making Competition organized by School of International & Area Studies, Goa University. Jadyn's outstanding creativity and storytelling skills shone through in their entry, earning them the top spot. The competition showcased the talent in addressing global issues through the medium of filmmaking. Jadyn's success reflects not only his dedication but also his ability to inspire and engage audiences through his thought-provoking reel. Mr. Pereira was also accompanied by Pratik Kharate (TY Mass Communication) for voice over in the process of the reel making.



ROHAN DA COSTA GIVES INSIGHTS ON PURSUING HIGHER EDUCATION ABROAD

Rohan Da Costa, an esteemed faculty member at Manipal Academy of Higher Education - Dubai Campus and an alumnus of St. Xavier's College, Mapusa, Goa, engaged in an enlightening interaction with students from the Journalism and Mass Communication department of his alma mater. The session revolved around the imperative topic of "Exploring Opportunities in Higher Education Abroad and Media Career Advancement."

Mr. Da Costa began his talk by emphasizing the significance of venturing beyond familiar territories to broaden one's horizons in the field of media. Drawing from his own experiences, he encouraged students to step outside the comfort zone of Goa and embrace the opportunities offered by larger news platforms. This, he believed, would enable aspiring media professionals to delve deeper into the outer layers of the media landscape, gaining exposure and valuable insights.

The crux of his discourse focused on the value of higher education, a subject he approached with fervor. Mr. Da Costa underscored the importance of acquiring a higher education and delved into the manifold benefits it brings. He emphasized the critical role that the selection of the right college or institution plays in shaping one's career trajectory.

One of the key takeaways from his address was the concept of networking and professional development. He highlighted the value of building a network within the industry, fostering relationships that could prove pivotal in the future. Moreover, he spoke passionately about the necessity of internships and career preparation, stressing their significance in laying a strong foundation for prospective job roles.

Delving into the expansive realm of media careers, Mr. Da Costa provided tangible examples of how students could embark on their professional journey even during their academic years. He urged them to harness modern platforms like Instagram, engaging in activities such as creating reels to not only gain experience but also start earning early on.

A resounding theme throughout the discourse was the idea that higher education is an investment in oneself and one's future. Mr. Da Costa argued that pursuing advanced education opens doors to superior job opportunities, personal growth,

and the potential for higher earning capabilities.

At the culmination of the interactive session, Vailarose Fernandes, a Faculty member of the Mass Communication department at St. Xavier's College, extended gratitude to Rohan Da Costa for his enlightening talk. She praised his insights and practical guidance for the students, asserting that such interactions play a pivotal role in shaping the aspirations and careers of the younger generation.



MASTERS PROGRAMMES

'Abbe Faria Post Graduate Department of Psychology'

REPORT: EDUCATIONAL VISIT TO THE INSTITUTE OF PSYCHIATRY AND HUMAN BEHAVIOUR, BAMBOLIM

Date: 12th July, 2023

Participants:

Ms. Kavita Almeida

Ms. Andrea Pacheco

Ms. Amanda Fernandes



On 12th July, 2023, three students from the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College, embarked on an educational visit to The Institute of Psychiatry and Human Behaviour (IPHB) in Bambolim. The purpose of this visit was to enhance our understanding of psychiatric practices and human behavior in a clinical setting.

Visit Overview:

Upon arrival at IPHB, we were warmly welcomed by the staff members who provided us with an introductory session about the institute's history, mission, and the various services it offers. We were then guided through different departments and facilities within the institute.

Highlights of the Visit:

1. **Clinical Departments Tour:** We had the opportunity to visit various clinical departments, including the Outpatient Department (OPD), Inpatient Department (IPD), and Emergency Services. Observing the workflow and interactions between patients and healthcare professionals gave us valuable insights into the practical application of psychological theories in diagnosing and treating mental health disorders.
2. **Interaction with Healthcare Professionals:** We had the privilege of interacting with renowned psychiatrists, psychologists, and other healthcare professionals at IPHB. We engaged in insightful discussions about various topics, including current trends in mental health treatment, challenges faced in the field, and the importance of interdisciplinary collaboration.

3. **Research Facilities:** We were given a tour of the institute's research facilities, where groundbreaking research in the field of psychiatry and psychology is conducted. Learning about ongoing research projects and innovations in treatment modalities was both inspiring and informative.

Key Learnings:

1. **Holistic Approach to Mental Health:** The visit reinforced the importance of adopting a holistic approach to mental health, which encompasses biological, psychological, and social factors in understanding and addressing mental illness.
2. **Stigma Reduction:** Witnessing the dedication of healthcare professionals at IPHB towards destigmatizing mental illness highlighted the importance of raising awareness and promoting acceptance of individuals with mental health disorders in society.
3. **Interdisciplinary Collaboration:** We learned the significance of interdisciplinary collaboration between psychologists, psychiatrists, social workers, and other healthcare professionals in providing comprehensive care to individuals with mental health concerns.

Conclusion:

The educational visit to the Institute of Psychiatry and Human Behaviour, Bambolim, was an enriching and eye-opening experience for all participants. It provided us with valuable insights into the practical aspects of psychiatric practices and enhanced our understanding of human behavior in a clinical context. We are grateful for the opportunity and look forward to applying our learnings in our future endeavors in the field of psychology.

Prepared By:

Ms. Kavita Almeida

Student

Abbe Faria Post Graduate Department of Psychology, St. Xavier's College

REPORT: PSYCHOLOGICAL TESTING AND DAVID'S BATTERY OF DIFFERENTIAL ABILITIES ASSESSMENT

Date: 27th August, 2023

Location: St. Joseph Vaz Spiritual Retreat Centre



Participants:

Ms. Andrea D'Souza (Teacher, Abbe Faria Post Graduate Department of Psychology, St. Xavier's College)

Ms. Oneida D'Silva (Student, Abbe Faria Post Graduate Department of Psychology)

Ms. Muskan Sheikh (Student, Abbe Faria Post Graduate Department of Psychology)

Ms. Zeba Shaikh (Student, Abbe Faria Post Graduate Department of Psychology)

Ms. Rouzan Shaikh (Student, Abbe Faria Post Graduate Department of Psychology)

Introduction:

On 27th August, 2023 as part of the departmental outreach activity, a team consisting of Ms. Andrea D'Souza, a teacher from the Abbe Faria Post Graduate Department of Psychology at St. Xavier's College, along with four students, Ms. Oneida D'Silva, Ms. Muskan Sheikh, Ms. Zeba Shaikh, and Ms. Rouzan Shaikh, conducted psychological testing and administered David's Battery of Differential Abilities on 190 youth at the St. Joseph Vaz Spiritual Retreat Centre.

Objective:

The primary objective of this activity was to provide career testing and guidance to

the youth attending the spiritual retreat. By administering psychological tests and the David's Battery of Differential Abilities, the team aimed to assess the cognitive abilities, strengths, and interests of the participants to guide them towards suitable career paths.

Process:

Preparation: The team meticulously prepared for the testing session, ensuring all necessary materials and protocols were in place.

Introduction and Consent: The participants were briefed about the purpose of the testing session, and their consent was obtained prior to administering the tests.

Psychological Testing: Aptitude test was administered to the participants to evaluate their cognitive abilities, personality traits, and career interests.

David's Battery of Differential Abilities: The David's Battery of Differential Abilities, a comprehensive assessment tool designed to measure different cognitive abilities such as verbal comprehension, perceptual organization, and processing speed, was administered to provide a detailed analysis of the participants' cognitive strengths and weaknesses.

Individual Consultations: Following the testing session, individual consultations were conducted with each participant to discuss their test results, interpret findings, and provide personalized career guidance and recommendations.

Feedback and Follow-up: Feedback was provided to the participants, and they were encouraged to follow up with the team for further guidance and support in their career exploration journey.

Outcomes:

The testing session provided valuable insights into the cognitive abilities, personality traits, and career interests of the participants.

Participants received personalized career guidance and recommendations based on their test results, helping them make informed decisions about their future career paths.

The activity facilitated a positive impact on the participants, empowering them with the knowledge and resources to pursue fulfilling and meaningful career opportunities.

Conclusion:

The psychological testing and administration of David's Battery of Differential Abilities at the St. Joseph Vaz Spiritual Retreat Centre was a fruitful endeavor that provided valuable career guidance and support to the youth attending the retreat. The collaborative efforts of the team from St. Xavier's College contributed to the holistic development and empowerment of the participants, equipping them with the necessary tools to navigate their career journeys with confidence and clarity.

REPORT: SESSION ON DEAF-BLINDNESS PROJECT BY MR. GABEL MASCARENHAS

Date: 30th August 2023

Venue: St. Xavier's College, Seminar Hall

Coordinator: Mr. Gabel Mascarenhas, Deaf-Blindness Project, Caritas-Goa

Attendees: Over 200 students from St. Xavier's College



Objectives:

To raise awareness about deaf-blindness and its impact on individuals.

To educate students about the challenges faced by individuals with deaf-blindness and their families.

To highlight the importance of inclusion and accessibility for individuals with deaf-blindness in society.

To inspire students to contribute towards the empowerment and support of individuals with deaf-blindness.

Proceedings:

Introduction: The session commenced with an introduction by Mr. Gabel Mascarenhas, who provided an overview of the Deaf-Blindness Project undertaken

by Caritas-Goa. He emphasized the importance of understanding and addressing the needs of individuals with deaf-blindness in our communities.

Presentation: Mr. Mascarenhas delivered a comprehensive presentation on deaf-blindness, covering topics such as its definition, causes, prevalence, and impact on communication and daily living. He shared real-life stories and case studies to illustrate the challenges faced by individuals with deaf-blindness and their families.

Interactive Session: The session included interactive activities and demonstrations to help students better understand the experiences of individuals with deaf-blindness. Students were encouraged to simulate various sensory impairments and engage in communication exercises to gain insight into the communication barriers faced by individuals with deaf-blindness.

Discussion: A discussion followed the presentation, allowing students to ask questions and share their thoughts and reflections on the topic. Mr. Mascarenhas addressed queries and provided additional information on resources and support services available for individuals with deaf-blindness.

Awareness Campaign: The session concluded with a call to action, urging students to participate in awareness campaigns and advocacy efforts to promote inclusion and accessibility for individuals with deaf-blindness. Students were encouraged to utilize their knowledge and skills to create positive change in their communities.

Outcome:

Increased Awareness: The session succeeded in raising awareness among students about deaf-blindness and its impact on individuals and families.

Empathy and Understanding: Students gained a deeper understanding of the challenges faced by individuals with deaf-blindness, fostering empathy and compassion towards this marginalized population.

Inspiration for Action: The session inspired students to become advocates for inclusion and accessibility, motivating them to contribute towards the empowerment and support of individuals with deaf-blindness in their communities.

Potential Collaboration: The session paved the way for potential collaboration between St. Xavier's College and Caritas-Goa in organizing future initiatives and projects aimed at supporting individuals with deaf-blindness.

Conclusion:

The session conducted by Mr. Gabel Mascarenhas on the Deaf-Blindness Project was an enlightening and impactful experience for the students of the Post Graduate Department of Psychology, St. Xavier's College. It served as a catalyst for increased awareness, empathy, and action towards creating a more inclusive and accessible society for individuals with deaf-blindness.

VISIT BY CARITAS-GOA VOLUNTEERS TO ABBE FARIA POST GRADUATE DEPARTMENT PSYCHOLOGY

Date: August 31, 2023

Venue: Abbe Faria Post Graduate Department of Psychology



Purpose of Visit:

Two volunteers representing Caritas-Goa visited the Abbe Faria Post Graduate Department of Psychology with the aim of recruiting student volunteers for a project involving migrant workers.

Summary of Proceedings:

The visit by the Caritas-Goa volunteers commenced with an introduction to the organization and the project they were spearheading. They provided an overview of Caritas-Goa's mission to support marginalized communities, particularly migrant workers facing various challenges.

The volunteers elaborated on the specific objectives of the project, which included:

Providing support and assistance to migrant workers in Goa.

Conducting needs assessments to identify the most pressing issues faced by migrant workers.

Developing and implementing interventions to address these issues.

Advocating for the rights and welfare of migrant workers in collaboration with relevant stakeholders.

They emphasized the importance of collaboration and community engagement in achieving the project's goals and highlighted the potential role of psychology students in contributing to this initiative.

The volunteers discussed various ways in which psychology students could get involved, including:

Conducting surveys and interviews to gather data on the needs and challenges of migrant workers.

Facilitating workshops and support groups to address mental health issues and promote well-being among migrant workers.

Providing counseling and psychosocial support services to individuals and families within the migrant community.

Advocating for policy changes and social reforms to improve the living and working conditions of migrant workers.

Response from Students:

The students at the Abbe Faria Post Graduate Department of Psychology showed keen interest in the project and expressed their willingness to volunteer. They recognized the significance of addressing the psychosocial needs of migrant workers and saw this as an opportunity to apply their theoretical knowledge and practical skills in a real-world context.

Several students volunteered to join different aspects of the project, including data collection, intervention design, and advocacy efforts. They appreciated the chance to contribute meaningfully to the well-being of migrant communities and looked forward to working collaboratively with Caritas-Goa and other stakeholders.

Conclusion:

The visit by the Caritas-Goa volunteers to the Abbe Faria Post Graduate Department of Psychology was successful in generating enthusiasm and engagement among the students. It provided a platform for meaningful collaboration between the academic institution and the NGO, with the shared goal of supporting migrant workers in Goa. The students' eagerness to volunteer reflects their commitment to social responsibility and their readiness to apply their expertise for the greater good.

INTERACTION BY COLLEGE COUNSELORS TO ABBE FARIA POST GRADUATE DEPARTMENT OF PSYCHOLOGY, ST. XAVIER'S COLLEGE

Date: September 4, 2023

Venue: Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



Objective:

The primary objective of the visit by Ms. Zaneta D'Mello and Mr. Cipriano Fernandes, counselors from our own college, to the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College, was to sensitize the students about the field of counseling. The aim was to provide insights into the role of counselors, their responsibilities, and the importance of mental health support in academic and personal settings.

Proceedings:

The session commenced with an introduction to the role and significance of counseling in promoting mental health and well-being. Ms. Zaneta D'Mello and Mr. Cipriano Fernandes shared their experiences as counselors, highlighting the diverse range of issues they encounter in their practice and the strategies they employ to provide support to individuals in need.

They discussed the various settings in which counselors work, including schools, colleges, hospitals, and private practice, emphasizing the importance of confidentiality, empathy, and non-judgmental attitude in the counseling process. Furthermore, the counselors elucidated on the different approaches to counseling,

such as cognitive-behavioral therapy, person-centered therapy, and psychodynamic therapy, providing insights into their theoretical foundations and practical applications.

The session also included interactive discussions and role-plays to demonstrate effective communication skills, active listening, and empathy, which are essential qualities for aspiring counselors to cultivate. Moreover, Ms. Zaneta D'Mello and Mr. Cipriano Fernandes addressed common misconceptions about counseling and mental health, emphasizing the importance of seeking professional help when facing emotional distress or psychological challenges.

Outcome:

The visit by Ms. Zaneta D'Mello and Mr. Cipriano Fernandes proved to be highly informative and insightful for the students of the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College. They gained a deeper understanding of the field of counseling, its principles, and its practical applications.

The session sparked interest among the students in pursuing counseling as a career path and motivated them to explore opportunities for further learning and training in the field.

Furthermore, the visit served to raise awareness about the importance of mental health support and destigmatize seeking help for psychological issues among the student community.

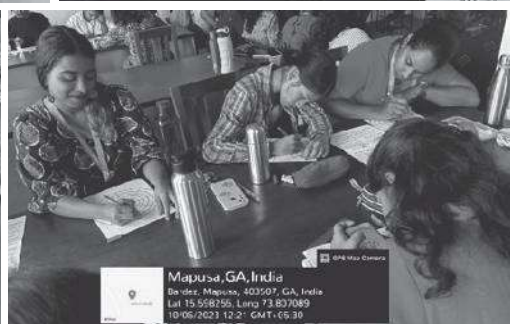
Conclusion:

Overall, the visit by the college counselors was well-received by the students of the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College. It provided valuable insights into the field of counseling and inspired the students to consider counseling as a potential career option. The session contributed to fostering a supportive and inclusive environment that prioritizes mental health and well-being within the academic community.

'MANDA ART' THERAPY ACTIVITY FOR WORLD MENTAL HEALTH WEEK CELEBRATIONS

Date: 6th October 2023

Venue: Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



Objective:

The primary objective of organizing the 'Manda Art' therapy activity as part of the World Mental Health Week celebrations was to promote mental well-being among students through creative expression and therapeutic engagement. The activity aimed to provide students with a platform to explore and express their emotions, reduce stress, and foster a sense of community and support within the department.

Proceedings:

The 'Manda Art' therapy activity commenced with an introduction to the concept of art therapy and its benefits for mental health. Faculty members provided insights into how creative expression can serve as a powerful tool for self-discovery, emotional regulation, and stress relief.

Participants were then guided through a series of art-based exercises, including mandala drawing, coloring, and collage-making. Mandala art, with its intricate patterns and circular designs, was chosen for its therapeutic properties, known to promote relaxation, concentration, and mindfulness.

Students were encouraged to select colors and shapes that resonated with their emotions and inner experiences. Faculty members provided gentle guidance and support throughout the activity, fostering a non-judgmental and inclusive environment for creative exploration.

Following the art-making session, participants were invited to share their artwork with the group, if they felt comfortable doing so. This facilitated a dialogue about the creative process, the emotions evoked by the artwork, and the significance of self-expression in mental health promotion.

Outcome:

The 'Manda Art' therapy activity proved to be a meaningful and enriching experience for the students of the Abbe Faria Post Graduate Department of Psychology. Through creative expression, participants were able to tap into their inner resources, explore their feelings, and find solace in the act of art-making.

The activity fostered a sense of camaraderie and connection among the students, as they shared their artwork and personal reflections with one another. It provided a safe space for self-expression and emotional processing, contributing to a supportive and nurturing learning environment within the department.

Moreover, the 'Manda Art' therapy activity served as a reminder of the importance of self-care and mental well-being, not only during World Mental Health Week but as an ongoing practice in daily life. Participants left the session feeling empowered and inspired to incorporate creative activities into their self-care routines.

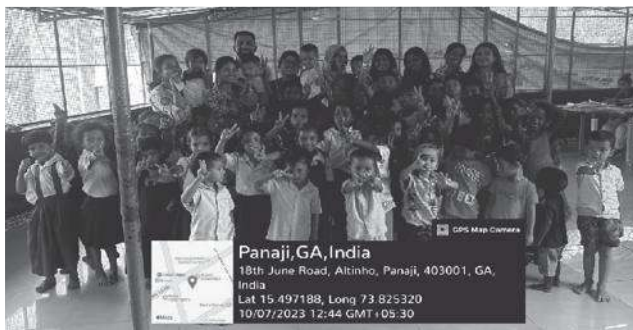
Conclusion:

Overall, the 'Manda Art' therapy activity organized as part of the World Mental Health Week celebrations was a resounding success. It provided students with an opportunity to engage in therapeutic art-making, promote mental well-being, and foster a sense of community within the department.

VISIT TO OLD AGE HOMES AND ORPHANAGES FOR WORLD MENTAL HEALTH WEEK CELEBRATIONS

Date: 7th October, 2023

Venue: Various Old Age Homes in Goa



Objective:

The primary objective of the visit to old age homes by students from the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College, as part of the World Mental Health Week celebrations, was to raise awareness about mental health issues affecting the elderly population and to provide emotional support and companionship to residents. The visit aimed to foster empathy, understanding, and social engagement among the students while promoting mental well-being among the elderly residents.

Proceedings:

The visit to old age homes commenced with an introduction to the purpose and significance of the activity. Students were briefed on the importance of empathy, active listening, and respectful communication when interacting with the elderly residents.

Upon arrival at the old age homes, students were warmly welcomed by the staff and residents. They engaged in various activities and interactions designed to promote socialization and emotional connection. These activities included:

One-on-one conversations with residents to learn about their life stories, experiences, and interests. Participating in group activities such as games, music sessions, and art and craft sessions. Assisting with daily chores or tasks within the facility, such as gardening or organizing recreational activities.

Throughout the visit, students demonstrated compassion, patience, and sensitivity in their interactions with the elderly residents. They actively listened to their stories, offered companionship and support, and expressed genuine interest in their well-being.

Following the interactions, students had the opportunity to reflect on their experiences and share their insights and observations with each other. Faculty members facilitated discussions to explore the psychological and emotional impact of the visit, as well as the broader societal issues related to aging and mental health.

Outcome:

The visit to old age homes proved to be a deeply enriching and meaningful experience for the students of the Abbe Faria Post Graduate Department of Psychology. They gained a deeper understanding of the challenges faced by the elderly population, including loneliness, isolation, and mental health issues.

The interactions with residents provided students with valuable insights into the psychological aspects of aging, resilience, and the importance of social support networks in maintaining mental well-being. They also learned the significance of compassionate care and active engagement in promoting the dignity and quality of life of elderly individuals.

Furthermore, the visit served to strengthen the bond between the students and the local community, fostering a spirit of service and social responsibility. It encouraged students to actively contribute to the promotion of mental health and well-being beyond academic settings, in line with the ethos of World Mental Health Week.

Conclusion:

Overall, the visit to old age homes was a resounding success, leaving a positive impact on both the students and the residents. It provided students with a valuable opportunity to apply their knowledge and skills in a real-world context, while also promoting empathy, compassion, and social connectedness among the elderly population.

"PERSONALITY DISPLAY" ACTIVITY FOR WORLD MENTAL HEALTH WEEK CELEBRATIONS

Date: 9th October 2023

Venue: Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



Objective:

The primary objective of organizing the "Personality Display" activity as part of the World Mental Health Week celebrations was to promote self-expression, creativity, and empathy among students while raising awareness about different personality types and mental health issues. The activity aimed to encourage students to

explore and understand various aspects of human personality and the interconnectedness between personality traits and mental well-being.

Proceedings:

The "Personality Display" activity commenced with an introduction to the purpose and objectives of the event. Students were briefed on the significance of understanding personality dynamics in promoting mental health and well-being.

Participants were invited to dress up as different personalities, either fictional or real, that they felt represented various aspects of human personality. They were encouraged to incorporate elements of the chosen personality's traits, mannerisms, and characteristics into their costumes and presentations. Each participant had the opportunity to showcase their chosen personality to the audience through a brief presentation or performance. They explained the rationale behind their choice, highlighted key personality traits, and discussed the relevance of these traits to mental health and well-being.

The presentations were followed by interactive discussions, allowing audience members to ask questions, share their impressions, and reflect on the connections between personality and mental health.

Outcome:

The "Personality Display" activity proved to be a creative and engaging way to explore the intricacies of human personality and its implications for mental health. Participants demonstrated creativity and imagination in their choice of personalities and their portrayal of character traits.

The activity fostered a sense of camaraderie and inclusivity among students, as they celebrated the diversity of personality types and perspectives within the department. It encouraged empathy and understanding by providing students with an opportunity to step into the shoes of different personalities and gain insights into their unique experiences and challenges.

Moreover, the activity served as a platform for raising awareness about mental health issues and promoting open dialogue about the intersection between personality and mental well-being. Participants and audience members alike gained a deeper appreciation for the complexity of human nature and the importance of embracing diversity in promoting mental health and resilience.

Conclusion:

Overall, the "Personality Display" activity was a successful and enjoyable event that contributed to the World Mental Health Week celebrations at the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College. It provided students with a creative outlet for self-expression, while also fostering empathy, understanding, and awareness about mental health issues.

"POSTER DISPLAY" ACTIVITY FOR WORLD MENTAL HEALTH WEEK CELEBRATIONS

Date: 10th October 2023

Venue: Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



Objective:

The primary objective of organizing the "Poster Display" activity as part of the World Mental Health Week celebrations was to raise awareness about various aspects of mental health and well-being among students and faculty. The activity aimed to provide a platform for students to creatively express their understanding of mental health issues, share information about resources and support services, and promote dialogue and education about mental health within the college community.

Proceedings:

The "Poster Display" activity commenced with an introduction to the purpose and objectives of the event. Students were briefed on the importance of mental health awareness and the role of education and advocacy in promoting positive mental

health outcomes.

Participants were divided into groups, each tasked with creating a poster on a specific theme related to mental health. Themes included topics such as stress management, coping strategies, stigma reduction, self-care practices, and accessing mental health resources. Over the course of several days leading up to the event, students worked collaboratively to research their assigned themes, gather relevant information and statistics, and design visually appealing posters using creative and engaging graphics and text.

On the day of the event, the completed posters were displayed in a designated area within the department. Faculty members and students were invited to visit the display, view the posters, and engage in discussions about the various mental health topics depicted.

Participants had the opportunity to present their posters to visitors, providing additional insights and context about the information presented. Faculty members facilitated discussions, encouraging attendees to ask questions, share personal experiences, and explore ways to promote mental health and well-being within the college community.

Outcome:

The "Poster Display" activity proved to be an effective and informative way to raise awareness about mental health issues and promote dialogue and education within the college community. Participants demonstrated creativity and dedication in creating visually engaging posters that effectively conveyed important messages about mental health and well-being.

The activity fostered a sense of collaboration and teamwork among students, as they worked together to research and design their posters. It provided an opportunity for students to deepen their understanding of mental health topics and develop skills in communication, research, and advocacy.

Moreover, the "Poster Display" activity served as a catalyst for meaningful conversations about mental health and well-being among students and faculty. It encouraged attendees to reflect on their own mental health practices, learn about available resources and support services, and explore ways to promote a culture of mental health awareness and support within the college community.

Conclusion:

Overall, the "Poster Display" activity was a successful and impactful component of the World Mental Health Week celebrations at the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College. It provided students with a platform to creatively express their understanding of mental health issues and engage in dialogue and education about mental health within the college community.

TALK ON "CAREER OPPORTUNITIES ABROAD" BY MS. VICTORIA LOBO

Date: 18th October 2023

Venue: Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



Objective:

The primary objective of organizing the talk on "Career Opportunities Abroad" was to provide students with insights and guidance on pursuing career paths in psychology outside of India. The talk aimed to broaden students' perspectives on potential career options, highlight the benefits and challenges of working abroad, and provide practical advice on navigating the process of studying or working overseas.

Proceedings:

The talk commenced with an introduction to the speaker, Ms. Victoria Lobo, an alumna of the Abbe Faria Post Graduate Department of Psychology currently residing in the USA. Ms. Lobo shared her personal journey and experiences of pursuing a career in psychology abroad, highlighting key milestones, challenges, and opportunities along the way.

Ms. Lobo provided an overview of various career paths available to psychology graduates abroad, including roles in clinical psychology, counseling, research, academia, and organizational psychology. She discussed the requirements and qualifications needed to pursue these career paths, as well as the cultural and professional differences students may encounter when working in different countries.

Furthermore, Ms. Lobo shared practical tips and advice on preparing for and navigating the process of studying or working abroad, including:

Researching and selecting suitable educational programs or job opportunities.

Understanding visa requirements and immigration processes.

Building a professional network and seeking mentorship or guidance from professionals in the field.

Adapting to cultural differences and embracing diversity in the workplace. The talk also included a Q&A session, allowing students to ask questions and seek clarification on specific topics related to studying or working abroad in the field of psychology.

Outcome:

The talk on "Career Opportunities Abroad" by Ms. Victoria Lobo was highly informative and insightful for the students of the Abbe Faria Post Graduate Department of Psychology. Participants gained valuable insights into the diverse career paths available to psychology graduates outside of India, as well as practical advice on how to pursue these opportunities.

The talk sparked interest and curiosity among students about the possibility of studying or working abroad, prompting them to consider their career options beyond geographical boundaries. Ms. Lobo's personal anecdotes and experiences provided students with inspiration and encouragement to explore their own aspirations and ambitions in the global arena of psychology.

Moreover, the talk encouraged students to proactively seek out opportunities for personal and professional growth, whether through further education, internships, or employment opportunities abroad. It underscored the importance of adaptability, resilience, and cultural competence in navigating a career in psychology on the international stage.

Conclusion:

Overall, the talk on "Career Opportunities Abroad" by Ms. Victoria Lobo was a resounding success, enriching students' understanding of global career prospects in the field of psychology. It provided students with valuable insights, guidance, and inspiration to pursue their career goals with confidence and determination, both within India and beyond its borders.

ANNUAL NATIONAL STUDY TOUR TO RAJASTHAN BY ABBE FARIA POST GRADUATE DEPARTMENT OF PSYCHOLOGY, ST. XAVIER'S COLLEGE

Duration: October 22nd - October 29th, 2022

Destinations Visited: Jodhpur, Sam Sand Dunes, Jaisalmer, Jaipur

Mode of Travel: Train

Participants: 21 students and 4 faculty members from the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College



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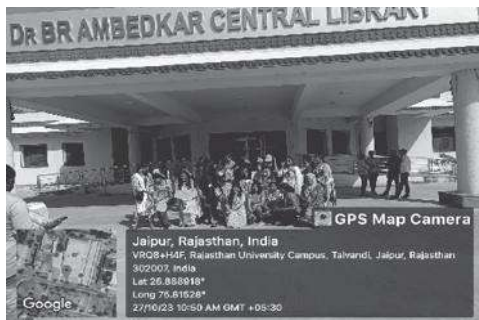
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GPS Map Camera

Introduction:

From October 22nd to October 29th, 2022, the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College organized its annual National Study Tour to Rajasthan. The tour aimed to provide students with a unique learning experience by immersing them in the rich cultural heritage and diverse landscapes of Rajasthan.

Itinerary:

Jodhpur: The tour began with a visit to the historic city of Jodhpur, known for its majestic Mehrangarh Fort and vibrant markets. Students explored the architectural wonders of the fort, learned about the city's cultural heritage, and interacted with local artisans.

Sam Sand Dunes: Next, the group ventured into the Thar Desert to experience the mesmerizing beauty of the Sam Sand Dunes near Jaisalmer. Students enjoyed camel rides, witnessed stunning sunsets over the desert landscape, and immersed themselves in the local Rajasthani culture through folk music and dance performances.

Jaisalmer: The tour continued to the golden city of Jaisalmer, where students explored the intricately carved Jain temples, havelis, and forts that dot the city's skyline. They also had the opportunity to shop for traditional Rajasthani handicrafts and textiles in the bustling markets.

Jaipur: The final leg of the tour took students to the Pink City of Jaipur, where they visited iconic landmarks such as the Amber Fort, Hawa Mahal, City Palace, and Jantar Mantar. They also experienced the vibrant colors and flavors of Rajasthan during a visit to the local markets and street food stalls.

Mode of Travel:

The group traveled by train, which provided an opportunity for students to bond with their peers and faculty members, as well as to admire the scenic landscapes of Rajasthan during the journey.

Learning Outcomes:

The National Study Tour to Rajasthan provided students with a holistic learning experience that combined cultural immersion, historical exploration, and personal growth. Through visits to iconic landmarks, interactions with local communities, and experiential activities such as camel rides and folk performances, students gained insights into the diverse socio-cultural fabric of Rajasthan.

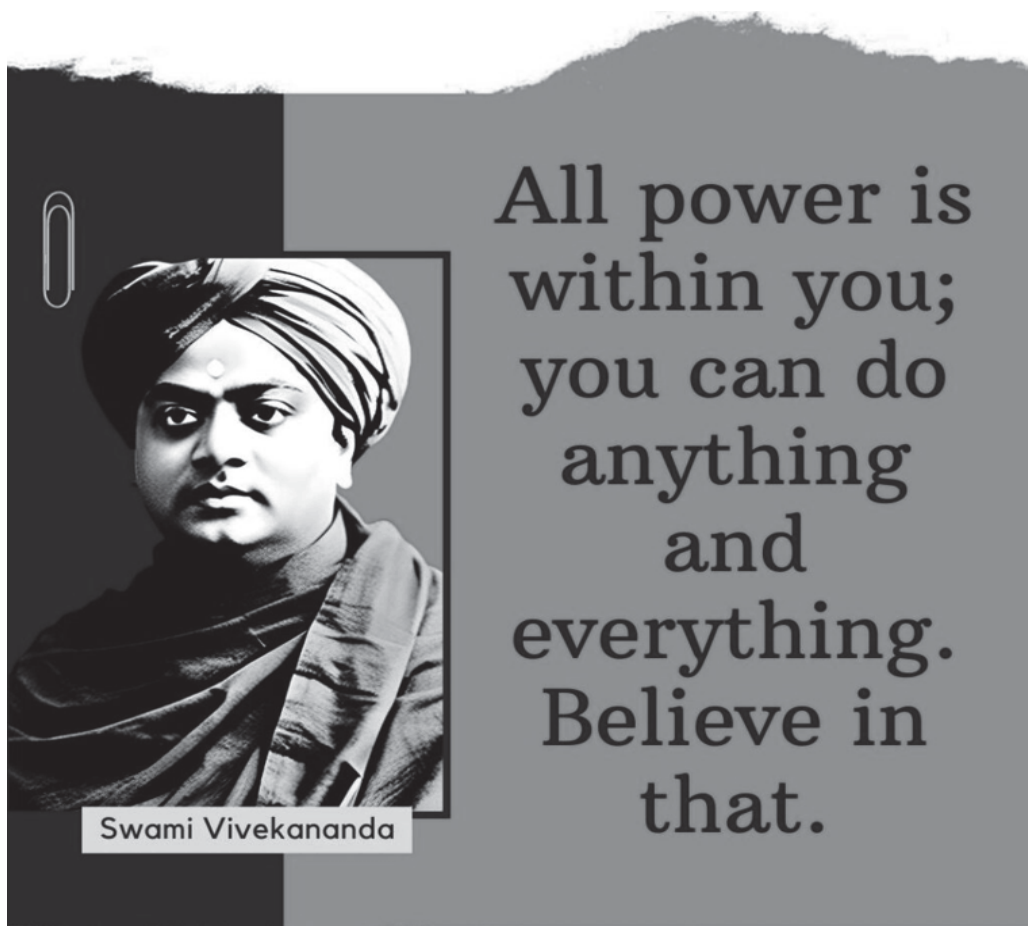
The tour also facilitated interdisciplinary learning by incorporating elements of history, art, architecture, sociology, and psychology into the itinerary. Students had the opportunity to apply concepts and theories learned in the classroom to real-

world contexts, deepening their understanding of human behavior, cultural dynamics, and societal norms.

Moreover, the tour fostered personal growth and development by encouraging students to step out of their comfort zones, embrace new experiences, and engage with people from different backgrounds. It promoted teamwork, communication skills, and adaptability, essential qualities for success in both academic and professional settings.

Conclusion:

The Annual National Study Tour to Rajasthan organized by the Abbe Faria Post Graduate Department of Psychology, St. Xavier's College was a resounding success, providing students with a memorable and enriching experience that combined education, exploration, and cultural immersion. It reinforced the department's commitment to experiential learning and holistic development, preparing students to become well-rounded individuals and global citizens.



St. Xavier's College, Mapusa-Goa

POST GRADUATE DEPT. OF CHEMISTRY

Activities of the department (From June 2023 to November 2023)

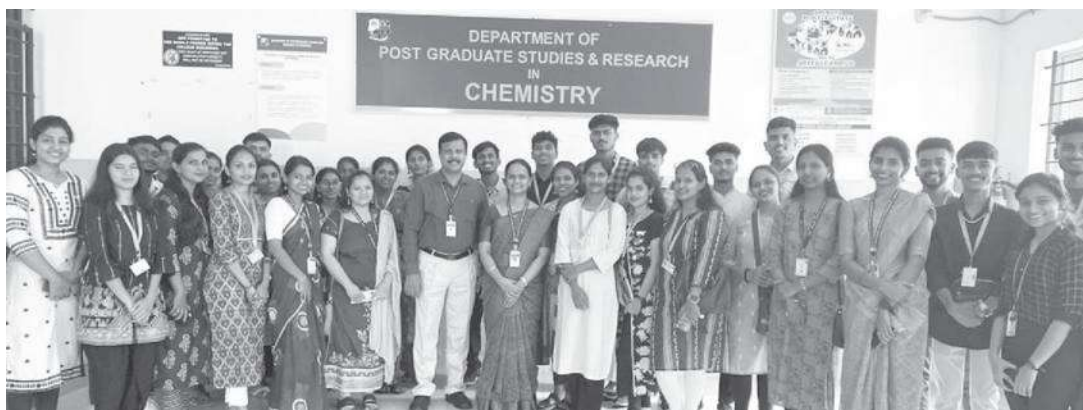
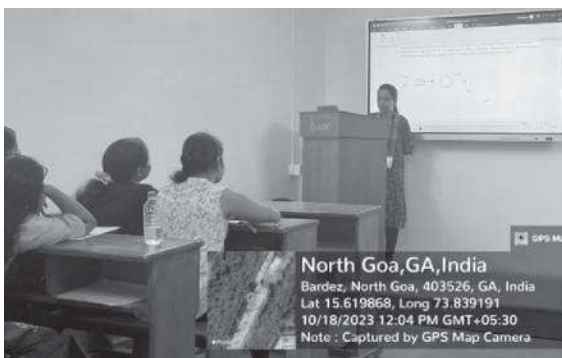
On 3rd August 2023, Post Graduate Department of Chemistry, St. Xavier's College Mapusa- Goa, organized a one day workshop on “Programming in Chemistry” for the students of M.Sc. Part-II. The speaker for the workshop was Dr. Johnross Albuquerque (Assistant Professor of Chemistry, St. Xavier's College Mapusa-Goa). The Faculty members Mrs. Mamata Prabhugaonkar and Ms. Kalpita Talpekar were also present for the same.

The Post Graduate Department of Chemistry, St. Xavier's College Mapusa- Goa, organized an educational visit to Nuclear Power Plant, Kaiga, Karnataka for M.Sc Part-II students on 2nd September 2023 in order to get an exposure of practical knowledge of understanding various operations carried out in nuclear power plant.. The students were accompanied by faculty members Mrs. Mamata Prabhugaonkar, Ms. Kalpita Talpekar and Ms. Fami Fernandes.

On 14th October 2023, Post Graduate Department of Chemistry had organized an industrial visit to Glenmark Pharmaceutical limited, Colvale, Goa for M.Sc Part-II students. The students were accompanied by faculty member Mrs. Mamata Prabhugaonkar. The objective behind this industrial visit was to get practical knowledge of various processes and techniques used in quality control and also to get demonstration of various sophisticated instruments.

On 18th October 2023, Post Graduate Department of Chemistry, St. Xavier's College, Mapusa-Goa, organized a talk on “Reference Manager Tools” for M.Sc Part-II students. The speaker for the talk was Ms. Flavia Travasso (Assistant Professor of Chemistry, St. Xavier's College Mapusa-Goa). Mrs. Mamata Prabhugaonkar, assistant professor of Post Graduate Department attended the talk.

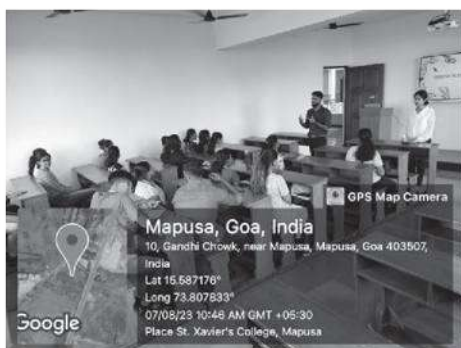
The Post Graduate Department of Chemistry, St. Xavier's College, Mapusa-Goa, organized an educational tour to Mangalore for the M.Sc students (Part-I and Part-II) from 21st October to 24th October 2023. The students were accompanied by faculty members Mrs. Rupali Neje, Ms. Kalpita Talpekar and Ms. Fami Fernandes. The educational tour was organized to inculcate within students the values of scientific thinking.



HALF-YEARLY REPORT OF THE ACTIVITIES CONDUCTED BY THE POST-GRADUATE DEPARTMENT OF COMMERCE (2023)

The following activities were conducted by the department:

- An activity based session on ***Stress Management*** was conducted by the college counsellors Ms. Zaneta D'mello and Mr. Cipriano Fernandes on 7th July 2023 wherein they highlighted the concept procrastination and the different types of stress.
- A Webinar was hosted by Skill Connect in collaboration with Motilal Oswal AMC for investor awareness on Mutual Funds on 16th August 2023 for the students and faculty members in commerce discipline.
- Ms. Sonal Pednekar, Mr. Steve Keeranchira, and Mr. Elias D'Sousa students of M.Com part II participated in the State-level Student Presentation Competition themed “Expanding Outreach of Government Schemes for Youth for Accelerating Progress on SDGs, as per G20 Agenda” initiated by AKASHVANI, Panaji and Goa Chamber of Commerce and Industry on 26th August 2023 at S S Dempo College of Commerce & Economics, Cujira-Goa. They won the third place for the competition and were awarded with trophies and certificates. They got an opportunity to broadcast their presentation on AKASHVANI, Panaji.
- The Department of M.Com hosted a talk on Financial Literacy for the Post Graduate Departments of M.A, M.Sc and M.Com on 18th August 2023. The resource person Ms. Manalee Verneker emphasized the importance of financial wisdom and planning among students to achieve their financial goals at an early age.



DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

The department of physical education and sports, organises interclass events for the students to promote the sport and for the purpose of selecting players for the inter-collegiate competition. The department organised the following interclass events in the 1st phase for the academic year 2023-2024

Table tennis: Table tennis interclass tournament was organised for Men & Women on 5th to 6th July 2023 at the college Ark. In the Mens category 1st place was won by Anson Pereira from FY BCOM and 2nd place was won by Ashryll Dias from SY BA. In the womens category 1st place was won by Najida Sheik from FY BSC and 2nd place was won by Stuti Shivani from FY BCOM

Badminton: Interclass badminton tournament was organised for Men & Women on 10th and 12th July 2023 at the college Ark. In the Mens category 1st place was won by Soham Mandrekar from SY BCOM and 2nd place was won by Adrian dsouza from SY BBA. In the womens category 1st place was won by Sunidhi from TY BSC biotechnology and 2nd place was won by Pearl Mascarenhas from TY BA

Chess: Chess tournament was conducted in mix format (Men & Women). 1st and 2nd round was held on 21st and 22nd July and finals were held on 27th July 2023. Vicky Yadhav from SY BSC won the finals and emerged Champion and Runners up was Vrunda Naik of SYBSC Biotechnology.

Football: Football interclass tournament was organised for Men from 17th August 2023 onwards at the college football ground. TY BA emerged winners over SY BA by 4 Goals to 2 in the tie Breaker.



LIST OF STUDENTS PARTICIPATED FOR 37 NATIONAL GAMES

NAME	CLASS	GAME	TITLE	EVENT	PERFORMANCE
Jostora Celina Mascarenhas	FY BA	Taekwondo	Player	37th National Games	Participation
Dielle Almeida	FY BA MC	Basketball	Player	37th National Games	Participation
Sheronne Anne Dias	FY BA MC	Kayaking And Canoeing	Player	37th National Games	Participation
Chanel Crizzle	FY BA MC	Rugby	Player	37th National Games	Participation
Anshu Sushil Jaiswar	FY BCOM	Wushu	Player	37th National Games	Participation
Eldridge Andre Fernandes	FY BCOM	Athletics	Player	37th National Games	Participation
Gulameenasud Ali Ahmed Kureshi	FY BCOM	Wushu	Player	37th National Games	Participation
Samya Vivekanand Pednekar	FY BA	Football	Player	37th National Games	Participation
Aditi Agni Naik	SY BA	Athletics	Player	37th National Games	Participation
Atharv Umasut Sawant	SY BA MC	Triathlon	Player	37th National Games	Participation
Abhishek Pathak	SY BCOM	Hockey	Player	37th National Games	Participation
Sukanya Sanjay Naik	SY BCOM	Lagori	Player	37th National Games	Bronze Medal
Swezial D'souza	TY BA	Athletics	Player	37th National Games	Participation
Chirsaun Noronha	TY BCA	Basketball	Player	37th National Games	Participation
Arika Javid Suriya	TY BCOM	Basketball	Player	37th National Games	Participation
Anushka Dsouza	TY BCOM	Athletics	Player	37th National Games	Participation
Pushpa Parab	SY BA	Football	Player	37th National Games	Participation

LIST OF STAFF PARTICIPATED FOR 37 NATIONAL GAMES

NAME	DEPARTMENT	DESIGNATION	GAME	TITLE	EVENT	PERFORMANCE
Roger Fernandes	Department Of Physical Education And Sports	Instructor In Physical Education And Sports	Handball	Player	37th National Games	Participation
Astid Savia Pereira	Department Of Physical Education And Sports	Instructor In Physical Education And Sports	Football	Assistant Coach	37th National Games	Participation



CLUBS, CELLS, ASSOCIATIONS, FORA CELL FOR VISUAL ARTS

Goa Forest Department and Cinephile Film Club Screen Two Captivating Documentaries: "Looking for Sultan" and "Snakes SOS: Goa's Wildest"

By Akshita Gour

Documentary screening event was organized by the Goa Forest Department and the Cinephile Film Club. The event, held at ESG, Panjim, featured two riveting films, "Looking for Sultan" and "Snakes SOS: Goa's Wildest," both of which shed light on the incredible wildlife and conservation efforts in the region.

A Glimpse into "Snakes SOS: Goa's Wildest"

The evening commenced with a short film showcasing the breathtaking Mhadei River and the challenges it faces. The Goa Forest Department also introduced the talented directors, Gautam Pandey and Doel Trivedy, who were in attendance for a discussion on their respective films. The first documentary of the evening, "Snakes SOS: Goa's Wildest," captivated the audience with its portrayal of Benhail Antao and Louise Remedios, who dedicate themselves to rescuing snakes from various locations in Goa. Their commitment to this vital mission is commendable, and the film's episodes are now available on Disney Hotstar.

"Looking for Sultan": Unveiling the Mystery of a Disappearing Tiger

"Looking for Sultan," the second documentary presented, narrates the compelling story of Sultan, an up-and-coming dominant tiger in Ranthambore who mysteriously vanished. Father and son wildlife filmmakers, Mike and Gautam, had been documenting Sultan's life journey from cubhood. The film follows their relentless quest to solve the mystery of Sultan's disappearance and highlights the challenges faced by wildlife once they venture beyond the safety of the forest.

Tigers leaving protected areas confront a multitude of dangers, including poachers and farmers resorting to drastic measures to protect their crops and livestock. The team perseveres, determined to locate Sultan before it's too late. After the screening, director Gautam Pandey passionately emphasized the importance of saving tigers and protecting our precious forests.

The screening of "Looking for Sultan" and "Snakes SOS: Goa's Wildest" brought the audience closer to the fascinating world of wildlife in Goa and ignited a sense of responsibility towards conservation.

Report of AICUF Activities - First Semester 2023-2024

Inaugural Mass and Diamond Jubilee Closure:

The AICUF of St. Xavier's College, Mapusa, Goa commenced its activities for the academic year 2023–2024 with the Inaugural Mass on July 1st, coinciding with the closure of the diamond jubilee year. The presence of Archbishop Filipe Neri Cardinal Ferrao, added significance to the event. The leadership exhibited by AICUF in the choir and the seamless execution of the liturgy showcased the dedication and commitment of the college community towards a common mission of transformation.

Leadership Team:

The coordinating theme was chosen in the General Body meeting of the AICUF. The leadership team for the semester comprised:

Coordinator: Rizel Fernandes

Co-coordinator: Flynn Lobo

Secretary: Blazel Pinto

Programme Manager: Joseph Fernandes

Sadbhavana Diwas:

Sadbhavana Diwas, observed on August 21, 2023, at St. Xavier's College, Mapusa, commemorated the birth anniversary of former Prime Minister Rajiv Gandhi. The theme, "INDIA: Diversity of Deeds, Unity of Hearts," permeated through the event. The proceedings commenced at 11 am in the Seminar Hall, graced by the presence of the Principal, Vice Principals, and Chief Guest Rev. Fr. Deniz Fernandes – the Episcopal Vicar of the North Zone. The event featured a solemn procession acknowledging the Holy Scriptures, speeches by students representing various religions, and a message of love and togetherness. The success of the celebration can be attributed to the meticulous planning and leadership of the event coordinator, Rizel Fernandes.

Inter-Religious Dialogue:

Responding to the call of the Archdiocese for meaningful presentations, AICUF students showcased communal harmony through a Mime performance highlighting our shared responsibility towards the Care of our Mother Earth. This presentation took place at the Basilica of Bom Jesus on November 30, 2023.

Campus Prayer on Wednesdays:

AICUF members united in prayer every Wednesday, addressing various campus-based issues and extending supportive wishes to the Xavierian community.

Coordination of Eucharistic Services:

AICUF members took responsibility for coordinating First Friday services and all other Eucharistic services. The AICUF choir enriched these services with soulful music, contributing to the spiritual ambiance of the gatherings.

Overall, the first semester of 2023-2024 witnessed active engagement and meaningful contributions from AICUF members, reflecting the spirit of catholic life within the St. Xavier's College community.

Community Care/ Outreach Cell

REPORT OF THE CAREER GUIDANCE WORKSHOP HELD AT ST.XAVIER'S H.S.S. MAPUSA ON 26th AUGUST 2023

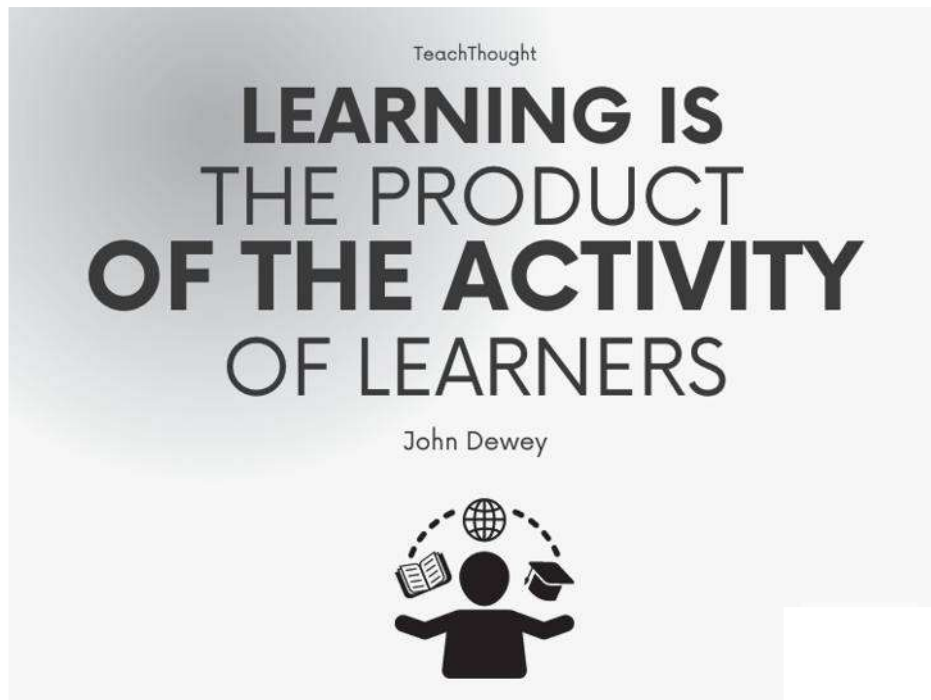
The career guidance workshop under the Mapusa II Super School Complex was held for the XII std students (Arts,Commerce,Science and Vocational) of St. Xavier's H.S.S. on 26th August 2023 at the St. Xavier's Ark Hall.

The Career Guidance Program Committee of Community Care & Outreach Cell, St. Xavier's College were the resource persons. The first to introduce the various careers a student can take was Dr. Sharmila, she discussed the various career options available in the field of Arts after 12th standard. Mr. Roger Fernandes, spoke about the dedication and hard work required to succeed in the field of sports. Mr. Carmelito D'souza, presented on the various careers available in the field of commerce. Dr. Wendy Martins, spoke about the numerous career options and entrance exams required in the field of science. Mr. Worrel D'Souza introduced to the students computers and their applications, and the various career option that one can choose. Prof. Oscar D'mello concluded by discussing about the importance of choosing a career, how people prioritize petty things for cheap thrills instead of investing time in themselves and their talents. He made a clear distinction between a job, work and a calling. He emphasized the need for thorough research before making any decisions to avoid regretting them later in life. The program ended with a vote of thanks.

**Report on Career Guidance Workshop
held on 17th August 2023
St. Francis Xavier High School, Mapusa.**

The Community Care & Outreach cell of St. Xavier's College conducted a workshop on 'Career Guidance' on 17th August 2023 at St. Francis Xavier High School, Mapusa, under the Mapusa II Super School Complex. Students of std Xth of 2 schools i.e. St. Mary's Convent High School, Mapusa and St. Francis Xavier High School, Mapusa attended the workshop. There were 6 resource persons from St. Xavier's College who spoke on the various career options for the students.

The day began by invoking God's blessing, followed by the technical sessions. The first session was conducted by Mr. Carmelito De Souza, he spoke on the various career options a student can opt for in the field of commerce. Followed by Dr. Fr. Ramiro Luis, who exposed the students to the various career in the field of Arts. Ms. Ruella D' Souza explained to the students the many occupations one can build their career through the science stream. Ms. Mamta Prabhugaonkar spoke about the various occupations one can take by engaging in the vocational stream. Mr. Roger Fernandes made known to students the various job opportunities through sports. The workshop ended with a talk by Prof. Oscar De melo, where he highlighted how to choose a career. The program ended with a vote of thanks.



Report on REBOUND 3.0: Fostering Unity through Sports and Parish Linkages

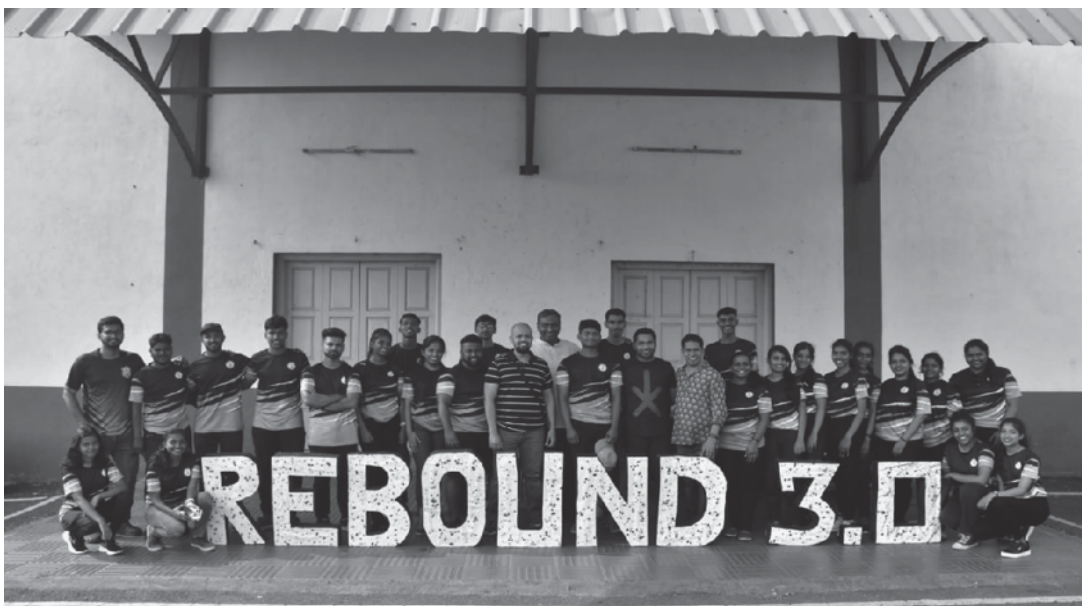
On October 22, 2023, the Community Care and Outreach Cell of St. Xavier's College Mapusa, in collaboration with Assagao Parish Youth hosted REBOUND 3.0—an inter-Parish Youth Sports Event that went beyond competition, celebrating camaraderie, fellowship and unifying power of sports within the Goan community.

This vibrant gathering brought together 12 Parish Youth Association members from various regions, drawing a spirited crowd of 250 enthusiastic youth representing the parishes of Aldona, Anjuna, Corgao, Guirim, Majorda, Morjim, Nachinola, Parra, Porvorim, Pilerne, Siolim, and Tivim.

Rev. Fr. Ramiro Luis led a spiritually uplifting Eucharistic celebration, emphasizing the spiritual dimension of "rebound." The event was inaugurated by Rev. Fr. Tony Salema, with the esteemed presence of Rev. Fr. Agnelo Fernandes, Rev. Fr. Luis Gomes, and Ms. Cheryl D'Souza.

REBOUND 3.0 featured an array of sports, including Football, badminton, table tennis, basketball, shootout, tiebreaker, and a surprise game. The flawless execution by coordinators Mr. Nikhel Fernandes and Ms. Chenessa de Souza highlighted their remarkable organizational skills.

The event was not only a sports spectacle but also a product of the Parish linkages facilitated by the Community Care and Outreach Cell of St. Xavier's College Mapusa. This collaborative effort enhanced community engagement and cooperation among the youth from various Parishes.



Mr. Milton Fernandes, ex-director of sports at Goa University, served as the chief guest, adding significance to the event with his words of appreciation and encouragement.

St. Francis Xavier Parish Youth of Corgao emerged as victors, showcasing exceptional sporting prowess. St. Anne's Parish Youth, Parra, secured the runners-up title, emphasizing the spirit of sportsmanship, unity, and cooperation among the Parishes.

REBOUND 3.0, highlighted the unifying power of sports and showcased the profound impact of organized sports on community spirit and unity.



Report of the Career Guidance Workshop held on 22nd August 2023 at St. Anthony's High School, Monte De Guirim

The Community Care & Outreach cell of St. Xavier's College conducted a workshop on 'Career Guidance' on 22nd August 2023 at St. Anthony's High School, Monte De Guirim under the Mapusa II Super School Complex. Students of std Xth of 3 schools i.e. Holy Cross High School Bastora, Govt. High School, Namoshi and St. Anthony's participated in the workshop. There were 6 resource persons from St. Xavier's College who spoke on the various career options for the students.

The workshop began with registration of students followed by invoking God's blessings. Fr. Milchester Furtado, Headmaster of St. Anthony's High School, Guirim welcomed the gathering and Fr. Luis Gomes introduced all the resource persons and told the students the importance of career guidance. The first speaker for the day was Mr. Stalin D'sa, who introduced to the students about vocational education. Dr. Prema Rocha, explained the many choices a student can take in the field of Arts and how the students could build their career. Mr. Frazer Taylor highlighted the field of commerce. Mr. Roger Fernandes, explained the importance of physical education and its utility as a career. Dr. Sheryann Pereira, explained about the job opportunities in the field of science. Prof. Oscar D'Melo, ended the workshop with a plan to be followed while choosing a career and how to avoid some common mistakes. The workshop ended with a vote of thanks for the host institution St. Anthony's High School, Guirim.



**A winner is a dreamer
who **never** gives up.**

- Nelson Mandela

Report on Tiatr Show "GIRANN" by St. Xavier's College Mapusa

The Community Care and Outreach Cell of St. Xavier's College Mapusa organized a series of tiatr shows titled "GIRANN" across various parishes of North Goa. The show, written and directed by Fr. Luis Xavier Gomes, the Convenor of the Cell, aimed to dispel myths surrounding the effects of eclipses on pregnancy.

The tiatr showcased the talents of 40 students from St. Xavier's College Mapusa across all streams, who participated as actors and singers. The first performance took place on 22nd October 2023 at Our Lady Piety Chapel, Calangute, on the occasion of feast of its patroness, with approximately 600 parishioners in attendance.

Subsequent show was held on 25th October at St. Xavier's College Mapusa where several parishes were invited to watch the show. These parishes include St. Jerome's Church Mapusa, St. Anne's Church Parra, St. Cejetan Church Assagao, St. Francis Xavier Church Duler, and St. Anthony's Church Vagator. , It attracted an audience of about 700.



The tiatr continued its tour with a performance at Our Lady of Immaculate Church, Moira, on 8th December, where approximately 650 viewers enjoyed the show. The final presentation was at Our Lady of Sea Church, Oxel Siolim, on 10th December, with around 400 audience members.

Fr. Ramiro Lus, a faculty member of St. Xavier's College, served as the Music Director, contributing to the musical elements of the production. Worrel D'sousa, another faculty member, handled the stage set. Joseph Fernandes, a third-year B.A. student, managed the background music, while Unesia Fernandes, also a third-year B.A. student, worked as the costume designer. The lighting arrangements were overseen by

Moris Fernandes, a first-year B.A. student. The Musical instruments were played the students. Several other students played vital roles in the stage setup.

The tiatr "GIRANN" not only showcased the creative talents of St. Xavier's College students but also addressed important social issues. The successful execution of the series of shows across different parishes reflects the commitment of the Community Care and Outreach Cell to engage with and contribute to the community through artistic expression and education.



PLACEMENT CELL
ST. XAVIER'S COLLEGE, MAPUSA - GOA
HALF YEARLY REPORT (JUNE- NOVEMBER 2023)

Placement details

Campus placement was conducted and received an overwhelming response from the students from various streams. Various Companies routinely approach the college with Placement and Internship offers for trainee and contract positions in their establishments.

For the current academic year 2023-24 From June to Nov 2023 various companies approached the institution with vacancies for students and provided Campus Placement.

a) What Happens Next

WHN Next, a prominent firm pioneering the Digital transformation space in Goa conducted Campus Placement Interviews at the college. There were 19 applicants out of which 9 attended the interview on 8th September 2023. The session began with a brief presentation about the company and the candidates were then evaluated based on their qualifications, skills and potential to the organization. The interview panel consisted of Ms Nikita Barreto, Mr Ramsey Fernandes and Mr Malcom D'cruz. The selected candidates were;

1. Saish Naik - Web Tech Associate
2. Jerlyn Rodrigues - Integration & Marketing Tech Associate
3. Valencia Salgaonkar - Intern (Integration & Marketing Tech)

b) Vedanta

Vedanta is a \$30bn revenue and \$10bn in profit organization in Oil & Gas, Renewable energy, display glass, semiconductor, mining and smelting industry. Vedanta's rapid growth and diversification over the last few years has provided significant growth opportunities and they invited applications for Graduate Trainees from B.Sc. in August 2023. 5 candidates were selected for the online test. The HR department offered trainee positions to 2 students, Aditya Mishra and Somnath Nandagadkar. While Mr Somnath has chosen to pursue further studies and declined the offer, Mr Aditya Mishra joined the company in September 2023.

INTERNSHALA

St. Xavier's College has secured All India Rank 58 among 2000 colleges participating in Internshala Annual Rankings for the year 2023. Their efforts helped the students find internships throughout the year. The college received a Certificate of appreciation and State Level Ranking for Internship day 2023.

LIST OF ENROLLMENTS IN INTERNSHALA

- a) Aaron Ewan Fernandes -- Silja Paulus internship -- €38 /month stipend
- b) Avinash Pandey—Digi Grow Hub education -- INR 3000 /month stipend
- c) Iola Pinto—Framed Media-- INR 5000 /month stipend

- d) Siddhi Kumbhar—French Language
- e) Amisha Halarnkar—Marpu Foundation -- Performance Based stipend
- f) Sanisa Kenkre—NayePankh Foundation -- Performance Based stipend
- g) Himanshu Kumar—Muskurahat Foundation-- INR 5000-10000 lump sum stipend
- h) Anshu Sushil Jaiswar—Muskurahat Foundation--INR 5000-10000 lump sum stipend
- i) Ryan Fernandes—Muskurahat Foundation-- INR 5000-10000 lump sum stipend
- j) Joanne Sequeira—Team Everest—Performance Based stipend
- k) Rochel Da Silva—She Can Foundation-- -- INR 5000-10000 lump sum stipend

Trainings & Workshops

Weekly and fortnightly Trainings and Skill development online workshops have been conducted by Skill Academy by Testbook. Directorate of Higher Education conducted workshops and training programs both for students and Training Internship and Placement officers of colleges which were attended by Placement cell members Google meet and in person sessions by My Canada and Testler, Satkaam, Ingenious Faces, IBM, etc.

a) A session on Cyber Security was held via Google meet platform for students of Computer science and Electronics. The event was conducted by Ms Nidhi Bansal and Mr Ritesh Mittal and organized by REACHA and GHSEC on Wednesday 18th October 2023 at 11:45 a.m. the session was attended by more than 30 students.

Additionally various companies like Ethernet Express, Accelya, TCS, Onourem, Aquis, etc. approached the college with available vacancies and the same was posted via digital media to current and ex- student groups.

Placement Cell (2023-2024): Half Yearly Report

Convener: Dr. Mrs. Yasmin Z. Shaikh **Co-Convener:** Ms Ruella D'souza

Members: Dr. Prema Rocha, Ms. Naila Pereira, Ms. Aquila Alphonso, Ms. Sandra Fernandes Report Compiled By: Ms Ruella D'souza



GOENCHI ASMITAI CELL

Goa is home to vibrant cultural groups that exist in harmony with nature, and they play an important role in preserving local traditions. The *Goenchi Asmitai* Cell of St. Xavaier's College strives to promote and sensitise students on the traditional artistic manifestations of Goa including folklore, local crafts, literature and music. It also aims to build a secular attitude towards the multicultural heritage of Goa and preserve its unique identity.

In view of the above, the *Goenchi Asmitai* Cell exuberated the sprawling lush-green campus of St. Xavier's College on 17 October 2023, with several activities, connecting students and faculty with the cherished age-old traditions of the state. Several events were organised on this occasion. The event commenced by the playing of the *alvorada*, the traditional brass band music that heralded a joyful occasion in the Goan village in the days of yore.

Students from FY, Yash Salgoankar, Ayush Narvenkar and Ayush Chimulkar enacted the roles of Dr. Jack de Siqueira, Shri Purshottam Kakodkar and **Dr. Alvaro Furtado**. The spectators were reminded of the sacrifices of these Goan nationalists as well as others who strived tirelessly to preserve the unique status of the Union Territory in 1967.

Some space in the college campus was demarcated to recreate the traditional Goan village life of the bygone era. It was a reminder of the past heritage, and the evolving culture of Goa in contemporary times. The Principal of the Institution, Prof. Blanche Mascarenhas appreciated the efforts of the Cell and explained the importance of preserving the Goan identity. The Administrator of the College, Fr. Tony Salema explained that such events made him nostalgic of the good old days and reminisce about the past.

The Principal of the College, Prof. Blanche Mascarenhas supported the concept of the event and encouraged students to participate in the same. The Vice Principals of the College, Ms. Ursula Barreto and Ms. Sandra Fernandes also observed that such events have to encouraged among students.

Stalls on diverse food of Goa was a gourmet's delight and served as one of highlights of the event. Students of the institution were encouraged to use locally available ingredients in food preparation and made conscious that food that is locally grown is more nutritious. A beautiful display of home-cooked and traditional Goan recipes made the 'Asmitai Day' unique. Food served in earthenware captured nostalgic memories of the past. Organic farm produce such as the bananas, jackfruits, coconuts, cashews and nuts, along with fragrant flowers educated the youth on the significance of organic farming. The colonial influence on the gastronomic culture of Goa was exhibited through the display and sale of the *bebinca*, *pão com chouriço*, *batuca* and other aromatic lip-smacking delicacies by students of FYBA and SYBA. Likewise, the event was a heaven of local delicacies that included *samarachi kodi*, *sanna*, *chana ros*, *alle belle*, *raagi satva* and so on. The traditional Hindu cuisine on display was another attraction of the event. The audience was mesmerised with the musical skills of students

who regaled the audience with melodious Konkani music.

The ambience of the Goan comunidade system was recreated by students of TYBA by enacting the role of various service providers of the village. The event was choreographed by Fenisia Fernandes of TYBA. Ms. Likewise, Goan life is steeped in traditions. It was beautifully relived on the college campus through various performances by students. An added attraction of the

Day was the village well. It was a reminder to the Goan youth that decades ago, it served not only the source of water for the villagers, but a meeting point for social interaction.

The FYBSc students exhibited several varieties of plants of medicinal value to popularise the benefits of the traditional healthcare system of Goa. Some cash crops of Goa were also on display.

Goan culture is incredibly rich in music and dance. The skilful young performers of St. Xavier's College delighted the spectators with their flexible moves. Folk and Indo-Portuguese dances rescripted narratives of the vibrant culture of the State of Goa. Fr. Ramiro Luis was also instrumental in motivating students to be a part of this event and rendered guidance for the event. Ms. Katherine Manuel and Ms. Swara Dharwadkar, students from SYBA regaled the hearts of the audience with their skills of oratory and communication. Daniella Miriam De Souza proposed the vote of gratitude.

Dr. Sharmila Pais

Coordinator



BHARTIYA SANSKRUTI MANCH

ACTIVITIES

- 1) St. Xavier's College Inaugural was held on 1st July 2023, to commemorate the new academic year 2023-2024. On the occasion the members of the Cell for Promoting Indian Culture and Diversity (Bhartiya Sanskruti Manch) performed a prayer dance to grace the occasion. Total four volunteers from across the stream were part of the performance, which was appreciated by the audience. The inaugural was a great success.



- 2) Indian Folk Dance Competition was organised on 12th October 2023. The competition was held in the College Seminar Hall from 2.00 p.m onwards, there were total 6 teams across the stream who performed in the folk dances depicting different states like Goa, Maharashtra, Gujrat, Rajasthan etc. All the



teams very beautifully showcased their talent. The Judges for the competition were Dr. Ramita Gaurav, Dr, Varunda Kerkar and Ms. Veena. The performance was superb and amazing, that it caught the attention of the audience till the end.

The winning teams include

- 1st Place Goan Fugdi
- 2nd Place Maharashtra Lavni
- 3rd Place Rajasthan Dance



CELL FOR VISUAL ARTS OF ST. XAVIER'S COLLEGE ORGANISED A FIELD TRIP TO PILAR MUSEUM AND SALAULIM BOTANICAL GARDEN

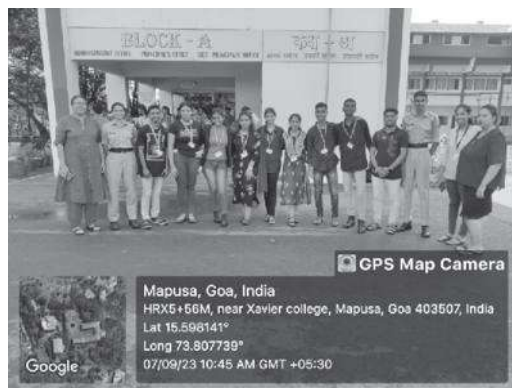
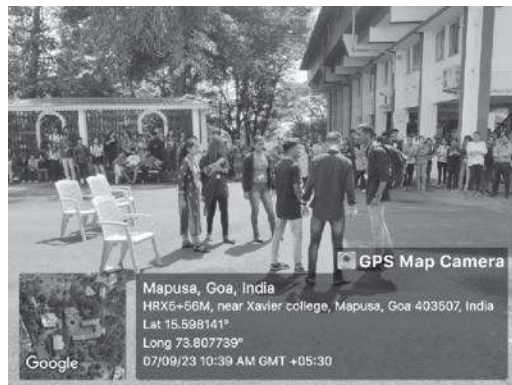
The Cell for Visual Arts of St Xavier's College organised a field trip for its students to the Pilar museum and Salaulim botanical garden on the 23rd October 2023. Pilar museum, which has numerous items of historical value such as stamps and currencies from different countries, a old map of Goa drawn by the Dutchman Linschottem, number of collection of paintings and statues was witnessed by the students. A visit to the Chapel near the museum was an amazing experience and the stunningly exquisite glass painting of Mother Mary was s pretty sight to behold. Viewing all the beautiful art on display was an unique experience.

After spending morning half at the museum, students later headed to the botanical garden in Salaulim. The journey to the botanical garden took about one and a half hours. Botanical garden was surrounded by many varieties of plants and flowers. There were flowers of every hue and colour in the garden, making it seem like a natural wonderland. It was a refreshing and educational experience.



The college counselors, Ms Zaneta D'Mello and Mr Cipiriano Fernandes, conducted sessions for FYBA Minor and Major students on 29th July and 4th August respectively. The sessions were based on dealing and overcoming stress during presentations. The counsellors explained the nature and source of stress experienced by students. They demonstrated various techniques by which it could be overcome.

Conducted by: Dr Shefali Kale



CELL FOR MENTORING PROGRAMME

The cell for Mentoring Programme of St. Xavier's College began with their first mentoring session on 29th August 2023. This session commenced with an Introductory session between the mentor teachers and their respective students. The mentors discussed the important rules and regulations of the college as mentioned on the college Handbook Page No 26 and 27. Also the session stressed on overcoming Ragging on campus and the presence on Anti-ragging Committee and Anti-ragging Squad and their roles respectively.

The second mentoring session was held on 17th October 2023. Being the end of the semester, this session was focused on time Management as an aid in preparing for Semester End Examination. The session began with a classroom activity where students were asked to evaluate the 24 hours of their day and assess how much time they spend on various activities during the day. The session also focused on the importance of Time Management and how one can effectively increase productivity by prioritizing certain important tasks thereby effectively managing activities that are less productive in nature.

Do one thing at a time, and while
doing it put your whole soul into it
to the exclusion of all else.

Swami Vivekananda

CHILD, WOMEN & CONSUMER WELFARE CLUB (CWCWC)

The college counselors, Ms Zaneta D'Mello and Mr Cipiriano Fernandes, conducted sessions for FYBA Minor and Major students on 29th July and 4th August respectively. The sessions were based on dealing and overcoming stress during presentations. The counsellors explained the nature and source of stress experienced by students. They demonstrated various techniques by which it could be overcome.

Conducted by: Dr Shefali Kale

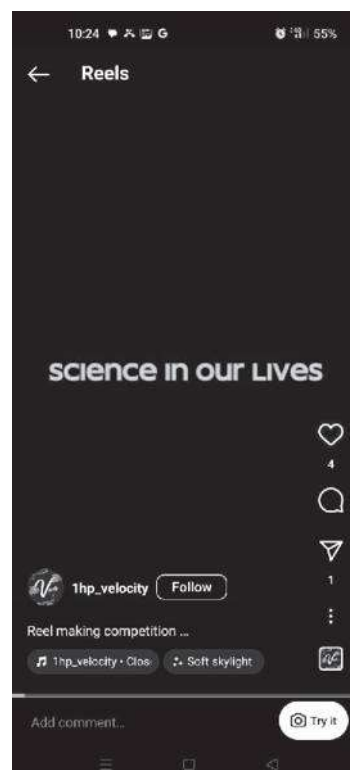
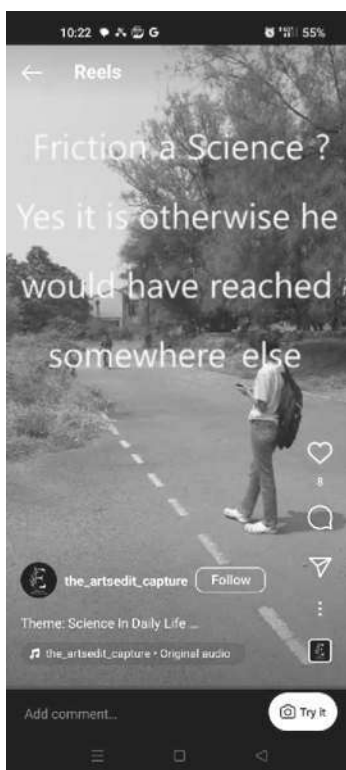


SPARK CLUB

On the 21st October 2023, the SPARK Club of St. Xavier's College Mapusa-Goa, conducted a Reel making competition on the theme 'Science in Daily Life', for students of the colleges. The competition was co-ordinated by Dr. Valerie Gonsalves, Asst. Professor in Microbiology.

The students had to upload the reels to their Instagram accounts. The objective of this competition was to bring together knowledge and creativity together and to disseminate this information to the general public. The students prepared the reels and then posted the same on their personal Instagram account. This competition saw participants from different streams. The first place was bagged by Mr. Kush Kanthamraju, Mr. Tanishq Chari, Ms. Namrata Kole and Mr. Brenden Sawant of F.Y. B.Sc., the second place was awarded to Mr. Elton Ming, Mr. Vivek Pawar, Ms. Ruth Pereira and Ms. Sonali Irfal of F.Y. B.Com.

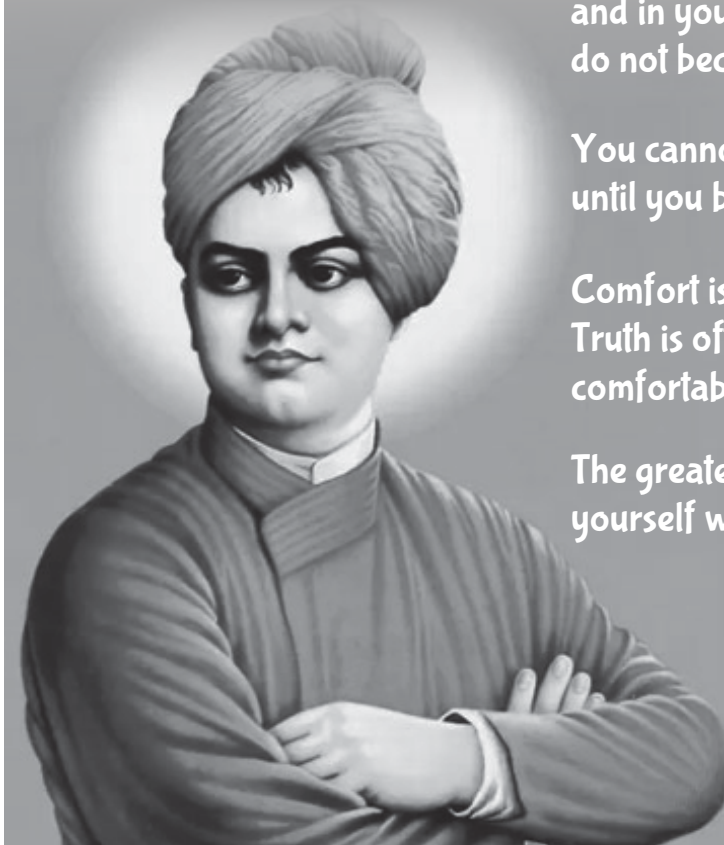
Reel Making Competition on 'SCIENCE IN DAILY LIFE'



REPORT ON NATIONAL DIGITAL LIBRARY OF INDIA CLUB (NDLI CLUB)

St. Xavier's College NDLI club organized diverse activities for its users. On November 26th, 2021, the NDLI Club of St. Xavier's College hosted the NDLI Club User Awareness Programme. The session began at 2.45 p.m. on the Google Meet platform; on April 21, at 12.45 p.m. 2022, an E-quiz was scheduled. Few teachers and students had taken part. Participants who received 65% received e-certificates. On January 13th and 14th, 2023, a book exhibition was held for students, teachers, and non-teaching staff.

Swami Vivekananda



"Learn everything that is good from others, but bring it in, and in your own way adsorb it; do not become others."

You cannot believe in God until you believe in yourself.

Comfort is no test of truth. Truth is often far from being comfortable.

The greatest sin is to think yourself weak.

ST. XAVIER'S COLLEGE

RED RIBBON CLUB 2023-24

The Red Ribbon Advisory Committee was formed for the academic year 2023-24, comprising of the following members:

Chairperson: Prof. (Dr) Blanche Mascarenhas, Principal

Co-Chairperson: Ms Sandra Fernandes, Vice-Principal

Convenor: Ms Swizel Alphonso

Joint Convenors: Mr Claude Braganza(SY Bcom) and Ms Swara Dharwadkar(SY BA)

Finance Officer/ Treasurer: Mr Mauricio Carvalho

Staff Members: Dr Ubaldina Noronha and Ms Shivta Mayekar

Student Volunteers: Mr Ruzario Sequeira (SY BA) and Ms Khushi Gad (SY BSC)

The Red Ribbon Club Advisory Committee conducted its meeting on Friday 28th July 2023 at 2.30pm to discuss and plan out activities required to be done by the RRC for the year 2023-24. Based on the recommendations of the committee, the following activities were carried out during the year:

1. Inaugural of the Red Ribbon Club and Training/ Awareness Programme:

The Inaugural of the Red Ribbon Club was held on Tuesday 22nd August 2023 at the Seminar Hall. The resource person for the day Dr Shilpa Tople, Medical Officer from the Urban Health Centre, Mapusa was the Chief Guest for the Inaugural Function. The inaugural was marked with the Symbolic watering of the plant by the dignitaries. The Administrator of the College Fr Antonio Salema gave the welcome address and applauded the efforts put in by the RRC in the previous academic year. The Principal Prof. Dr Blanche Mascarenhas in her address spoke about the significance of the Red Ribbon Club and the initiatives taken by them to create





awareness on HIV/AIDS and encourage Voluntary blood Donation. The Convenor of the Red Ribbon Club, Ms Swizel Alphonso read out a brief report of the activities conducted by the Red Ribbon Club for the previous academic year 2022-23

The Chief Guest and Resource person for the day Dr Shilpa Tople then began with her session on Training and Awareness on HIV/AIDS. In her session, she explicitly spoke about the scenario of HIV in India and Worldwide, modes of transmission, symptoms of AIDS and contributors of HIV at individual, structural and community level. She also focused on prevention of HIV/AIDS, its diagnosis and testing at the District Hospitals and Goa Medical College in the state of Goa.

Towards the end of the Program, a short film was also screened for the students on the Theme of HIV/AIDS which focused on ending stigmatisation of patients affected by the disease. This Session was largely attended by RRC member students from around the college.

2.Celebration of International Youth Day

The Red Ribbon Club of St. Xavier's College organised a Poster Competition on 11th



August 2023 at 1.30pm in commemoration of the International Youth Day. Theme of the Poster Competition was Role of Youth in HIV/AIDS Prevention and Care.

Students were motivated to come forward with innovative ideas to create awareness regarding certain myths surrounding the disease. The following students were declared as winners:

First Place: Ms Priti Mayekar (SY Bsc)

Second Place: Lenina Pereira (TY BSc)



Third Place: Kiran Nagvekar (TY Bcom)

Winners received Trophies and certificates while all participants received certificate of Participation.

3. Commemoration of World AIDS Day

A team from the Red Ribbon Club of St. Xavier's College comprising of RRC Core





Committee, student volunteers along the RRC Convenor attended the state level World AIDS Day programme on 1st December 2023 at Institute Menezes Braganza at Panaji Goa. The theme of the event was “Let Communities Lead” which was organised by the Goa State AIDS Control Society (GSACS).

Also a Face painting Competition was organised at the college on theme “AIDS: Ending Stigma and Discrimination.” The following students were judged winners of the event and received Trophies and Certificates:

First Place: Lenina Anisha Pereira

Second Place: Poonam Palyekar

Third Place: Tamanna Dhananjay Parab

4. Celebration of National Youth Day

The Red Ribbon Club organised a Poetry writing Competition on the theme: “Echoes of Resilience: Youth Confronting HIV/AIDS”. Entries were received from students in the languages of English, Hindi and Konkani. The following students were judged as winners in the Competition:

First Place: Naveen Variyath

Second Place: Hritiksha Bicholkar

Third Place: Janice Dias



5. Blood Donation Drive:

The Red Ribbon Club of St. Xavier's College in collaboration with GMC blood Bank organized a Blood Donation Drive on 30th January 2024 in the Seminar Hall of the college. The Camp began at 10am with the Inaugural. The Principal of the College Prof. (Dr) Blanche Mascarenhas gave the welcome address and spoke about blood donors being life savers as vital instruments in the hands of the Almighty. The Administrator of the College Rev. Fr Antonio Salema presented a potted plant to Dr Claire, Medical Officer and acknowledged the presence of her team in carrying the Blood Donation camp at our campus. The brief Formal programme ended with the



SXC PTA

REPORT OF ANNUAL GENERAL BODY MEETING OF PARENT TEACHER ASSOCIATION OF ST. XAVIER'S COLLEGE.

The annual general body meeting of the PTA of St. Xavier's College Mapusa Goa, was held on the 12th of September 2023 at 9 am at the College Arc.

The meeting commenced with a prayer, followed by the welcome address by the Principal, Prof. Blanche Mascarenhas. The principal thanked the parents for attending the meeting and implored them to ensure that their children were appropriately dressed, reach college on time, and to inculcate the values of patience in them.

The minutes of the previous general body meeting were read in English by the Secretary of the PTA, Dr. Claudette Gomes, followed by the Konkani translation by Ms. Siddhi Gawas. The minutes were proposed by Ms. Benazir D'Sa and seconded by Mr. Vidyakar Phalak.

In the matters arising, the principal explained that parents representing students from first year and second year continue on, and elections for parent representatives for third year were to be sought since they would be passing out. The principal also clarified that medical leave for long periods would not enable students to answer exams unless accompanied by a medical fitness certificate.

The Chairperson of the PTA, Ms. Yvette Pais in her address welcomed parents specially of the first year students and briefed the audience of the projects of smart board installations and disabled friendly ramps and washrooms taken up in the previous year.

She thanked her team, the teaching, non-teaching staff and parents for their cooperation during her tenure.

The new parent members for the term 2023-2025 were elected as follows

FYBA- Ms Edna Fernandes

FYBCom- Mr Domnic Braganza

FYBSc- Ms. Mexilla Govis

TYBSc- Ms Mellba Gomes

BCA- Mr Kenneth D'Silva

BBA- Charles Heredia

BBA TnT- Since no parent was present, this post was to be nominated later.

In his address , the Administrator Rev. Fr. Salema commented that the stake holders-parents, staff and management need synodality. He thanked the outgoing

Chairperson Ms. Yvette and explained that while 32 smart boards were already installed, about 50% of classrooms still need to be upgraded. He also requested parent to sensitise their children to respect property specially since it is their parent's money that contributes towards it.

The outgoing members, Ms Yvette, Ms.Aruna, Ms Elaine were felicated in person and in proxy at the hands of the principal and administrator.

The audited statement of accounts for the last financial year were read by the treasurer Ms. Difa Fernandes and were proposed by Ms. Maria D' Souza and seconded by Prof. Herwin Furtado.

The councillors of the college, Ms. Zaneta and Mr. Cipriano briefed the audience on the effects of ragging and what signs parents could look out for if they felt their child was a victim of ragging. The Principal also stated that ragging was a serious offence, and any written complaint received by her could result in a police complaint if the anti ragging committee so felt.

Under the AOB, the principal asked the parents for their opinion on enforcing uniforms for the students. While few parents were for it, a majority of parents felt that uniforms inhibit individuality, and only the few inappropriately dressed students could be punished. It wouldn't be fair to enforce a uniform for all the students.

It was suggested that the PTA would further decide the punishment to be levied for digression from the dress code.

Fr. Tony also requested parents of students coming to college in vehicles to make sure their children did come to college, and told parents they could even physically visit the college.

In the Vote of thanks. Dr Vijay Viegas thanked all parents for entrusting the college with their children. He also thanked the outgoing members specially the chairperson Ms. Yvette for her hard working nature and bubbly personality.

The meeting ended at 11.10 am

'IN MEMORIAM'

Mrs. Flaviia de Souza e Barbosa joined the Department of Physics, St. Xavier's College in the year 1969. Soft spoken, warm and caring, she touched the hearts and minds of generations of students through her motherly tenderness and approachability. Her command over the subject, lucidity of thought and expression, and excellent teaching skills made her lectures an intellectual delight. She possessed the ability to masterfully utilize daily-life examples in ensuring that her students understood and grasped the nuances of Physics. Her students still recall, with gratitude, her simple-to-understand lecture notes which greatly reduced the reference time they spent in the College library. She unfailingly interspersed the subject matter with value education, thereby attempting to mould the character of her students. Her systematic and organized demeanour was especially evident during the laboratory sessions wherein the students were treated to a veritable feast-spread of knowledge through hands-on experience supplemented with an appropriate and concise explanation of the theoretical background.

Mrs. Barbosa was constrained to opt for voluntary retirement in the year 1996 due to illness.

She passed away on November 1st, 2023.

While deeply mourning her passing, we pray for the repose of her soul. We also extend our heartfelt condolences to her bereaved family.

May Mrs. Barbosa rest in peace!



CONDOLENCE
DEPARTMENT OF PHYSICS
ST. XAVIER'S COLLEGE,
MAPUSA - GOA,
Deeply mourn the passing of our
former faculty member.
Mrs. FLAVIA DE SOUZA
E BARBOSA
While praying for her eternal repose, we express our deepest
condolences to her sorrowful family.
MAY SHE REST IN PEACE!

‘IN MEMORIAM’

CELEBRATION OF LIFE PROF. P. M. USGAOKAR June 1966 - 1968 St. Xavier's college, Bastora 1968– 1998 St. Xavier's college, Mapusa The celebration of life in honor of Prof. P. M. Usgaokar, was held on 21st October 2023, in the department of Chemistry. The Administrator, Rev. Fr. Antonio Salema shared a spirit-filled reflection on the WORD OF GOD, “If we live, we live for the Lord; and if we die, we die for the Lord. So, whether we live or die, we belong to the Lord. Romans 14: 8. Being good to all, is a wonderful legacy one leaves behind. Students of Prof. Usgaokar and teachers from various departments participated in the service. Ms. Edwina Pereira, In-charge, Department of Chemistry, led the prayer service, praying for the departed soul of Prof. Usgaokar and his family members. Fond memories were shared by faculty members. The meet concluded with a time of fellowship.



1966 - 1968 St. Xavier's college, Bastora
1968 – 1998 St. Xavier's college, Mapusa

When we do what is right, love kindness, and walk in humility, we leave behind a wonderful legacy.

Sir Usgaokar was a warm person, full of joy and always friendly to his colleagues and students. In the company of his colleagues, his words and laughter echoed in the department of chemistry. He paid highest respect to classroom teaching and believed in strict discipline guiding his colleagues to inculcate discipline in the students, while also reaching out to students.

You will always be remembered!!

Ms. Edwina Pereira
Department of Chemistry

Ph.D AWARD

Dr Shefali Kale, Assistant Professor, Dept. of Philosophy defended her doctoral thesis on 7th November, 2023 at Goa University. She completed her PhD in Philosophy, titled “Women and Religion : A Study in Feminist Philosophy”, under the guidance of Prof. Koshy Tharakan, Dean, School of Sanskrit, Philosophy and Indic Studies, Goa University.

The objective of the study titled, 'Religion and Women: A Study in Feminist Philosophy', was to explore the attitudes of major and minor religions of the East and West towards women. Secondly by employing the conceptual structures of feminist philosophy, it sought to uncover the prejudices perpetuated by patriarchy against women in religions. The study was based on the hypothesis that religion acts as one of the societal structures which has played a pivotal role in suppressing and dehumanizing women. The methodology used was standpoint feminist methodology. The findings are, traditionally religion acts as an agent of oppression for women because the major religions are patriarchal. Women learn about themselves from the religious scriptures which were written/interpreted by men. Modes of knowledge which are male-centered have led to misconceptions and prejudices about women. Women thus need an epistemological framework which makes them the subject of study, which is provided by the feminist standpoint theory.

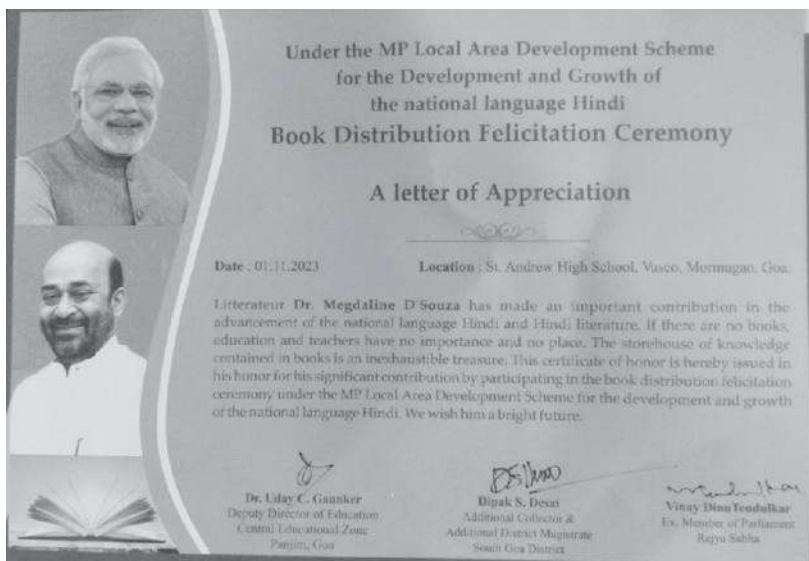


AWARDS



Dr. Apurva Betkekar from Department of Marathi released her book of Poems on 21st October 2023 under the scheme 'Nayi Pahal' of Raj Bhavan, Govt. of Goa.

Dr. Prachi Joshi from Department of Marathi received Rashtriya Adarsh Shikshak Gaurav Puraskar for Goa (National teacher Award) on 29th October 2023 by National Rural Development Foundation, Belgaon.



‘Dr. Magdaline D'Souza of the Department of Hindi, St. Xavier's College, was felicitated for her contribution to the advancement of Hindi and Hindi Literature under the MP Local Area Development Scheme

INTERNATIONAL YEAR OF MILLETS, 2023

ACTIVITY FOR THE MONTH OF JUNE, 2023

In keeping with the spirit of the International Year of Millets, 2023, Ms. Anuradha Kakodkar, Convenor of the program at St. Xavier's College, Mapusa, organised a session for faculty of the college on 29th June, 2023. Various items prepared from millets such as Jowar rotis, Ragi pudding and ragi biscuits were displayed and served to the faculty. The recipes of the same were also shared. The idea was to convey that delicious items can be prepared from millets, which are both healthy as well as simple to prepare. Those present were apprised about the various ways in which millets could be incorporated in our daily diet so as to reap its nutritional benefits and keep ill health at bay.

Anuradha Kakodkar
Convenor, International Year of Millets, 2023
St. Xavier's College, Mapusa, Goa



INTERNATIONAL YEAR OF MILLETS – 2023

ACTIVITY FOR THE MONTH OF JULY, 2023

On 31st July, 2023, the first year B. A. students were pleasantly surprised to savour a treat of Ragi cookies, made by their teacher, Ms. Anuradha Kakodkar who also explained the health benefits of millets. She provided the students with information on how to incorporate millets in their regular diet and urged them to substitute less nutritious eatables for a millet-based diet. Several recipes of sweet and savory dishes were also shared with students who were enthusiastic about trying them out.

Anuradha Kakodkar
Convenor,
International Year of Millets, 2023
St Xavier's College, Mapusa, Goa



INTERNATIONAL YEAR OF MILLETS, 2023

ACTIVITY FOR THE MONTH OF AUGUST, 2023

MILLETS SAVORY (SPICY) SNACK MAKING COMPETITION

A Millets Savory snack making competition was organized in association with the NSS and NCC units of the college on 31st August, 2023 in the Seminar Hall of St. Xavier's College, Mapusa, Goa.

There were 13 participants from various streams who came together in competitive spirit to showcase various snacks made from ragi, jowar, bajra, Vari which were aesthetically presented. Ragi Sev puri, ragi dosa, Millets Appe, Millets noodles, Millets cutlets, Bajra fitters, Jowar muffins, Kodo millets, millets Thalipeeth, were some of the items meticulously prepared and displayed at the competition.

The competition was judged by faculty members Dr. Eulalia Fernandes, Dr. Sheryane Velho Pereira and Ms. Zarina Chowdhury.

The following participants bagged the prizes:

1st Prize – Ms. Poonam Palyekar

2nd Prize – Ms. Kehya D' Costa

3rd Prize – Ms. Lois Fernandes

The competition was coordinated by Ms. Anuradha Kakodkar, Convenor, International Year of Millets, 2023.



INTERNATIONAL YEAR OF MILLETS, 2023

ACTIVITY FOR THE MONTH OF SEPTEMBER, 2023

RAGI LADOOS - EXHIBITION AND SALE

The NSS Canteen Mela , a fund raising event, was organised at St. Xavier's College, Mapusa, on 30th September, 2023 by the students and faculty of the NSS program. Various food items were displayed and sold. Despite many other items much sought after, one item that stole the show was Ragi laddoos prepared and packaged neatly by a TYBA student, Joseph Fernandes. All the laddoos got sold out within minutes and there was demand for more. The proceeds of the sale were donated to the NSS by Joseph.

Anuradha kakodkar
Coordinator,
International Year of Millets, 2023
ST Xavier's College, Mapusa, Goa



INTERNATIONAL YEAR OF MILLETS, 2023

ACTIVITIES FOR THE MONTH OF OCTOBER

1. Demonstration of Preparation of millets snacks - 4th October, 2023

On 4th October, 2023, A demonstration of millet recipes was organized for staff and students of the college in the Chemistry Laboratory. TYBA student, Mr. Joseph Fernandes showed the audience the ingredients and a demonstration of making **RAGI LADDOOS**. Various students also tried their hand at rolling out the delectable sweet, which was distributed to all present.

Ms. Anuradha Kakodkar demonstrated the making of “**SATV**” or Ragi pudding.

A total of 70 students and 10 faculty members participated in the program that was coordinated by Ms. Anuradha Kakodkar, with the assistance of the NSS unit of the college, headed by Dr Rheanne Da Silva.

Number of beneficiaries = 80

2. Visit to a millet farm - 9th October, 2023

Volunteers of the NSS unit of St. Xavier's College, in association with the Directorate of Agriculture, Government of Goa, (Zonal Office, Mapusa), visited a millets farm in Moira, Bardez. A total of 15 students accompanied by faculty members Dr Rheanne Da Silva and Ms. Anuradha Kakodkar had the opportunity to interact with the farmer Ms. Cibal Dias.

The visit was led by the Technology Development Officer, Mr Arjun Mathkar, who apprised the visitors about the details pertaining to millet farming, including the time duration of the crop, fertilizers to be used, the marketing of the product etc. Students had lots of queries that were satisfactorily answered by Mr. Mathkar and the farmer Ms. Cibal Dias.

The program was coordinated by Ms. Anuradha Kakodkar, Convenor, International year of Millets, 2023.

3. Participation in the Millets cooking competition organized by Science Centre, Miramar

A millets cooking competition was organized by the Science centre, Miramar, on 11th October, 2023, in which our student, Joseph Fernandes participated enthusiastically. Altogether, 62 participants showcased various dishes made from millets beautifully presented. It was interesting to note that Joseph was the only male college student among 61 women and he as well as his dish were both admired by all the participants.

4. Street play on benefits of consumption of millets – 16th October, 2023

In collaboration with the Directorate of Agriculture, Zonal office, Mapusa, students of St. Xavier's College performed a street play highlighting the beneficial effects of millet consumption. The street play was held outside the Bhagayatdar store in Duler, Mapusa.

Through their performance, the participants emphasized the health benefits of incorporating millets such as Ragi, Bajra, Jowar into their daily diet. The street play was instrumental in urging the public to substitute millets for other food items, considering their health benefits for young and old alike. It brought out the beneficial effects of millet consumption in promoting good heart health, lowering of blood pressure in hypertensive patients and as a healthy option for diabetics.

The students were accompanied by NSS PLO Mr. Prasad Naik and Ms. Anuradha Kakodkar, Convenor, International Year of Millets, 2023.

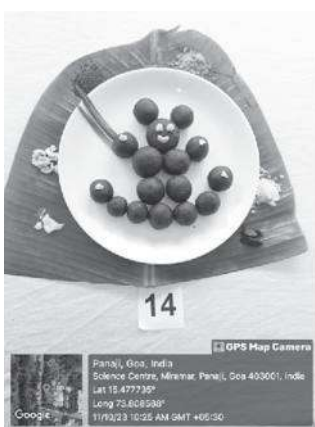
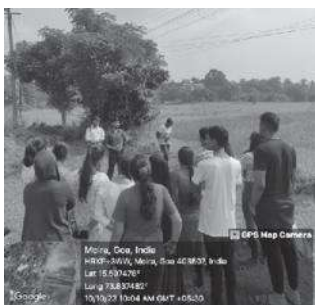
No of beneficiaries = 120

5. Millets stall at the celebration of Goenchi Asmitai Day - 18th October, 2023

Dedicated to the culture and heritage of Goa was the celebration of “Goenchi Asmitai Day” organized on 18th October, 2023 which showcased the history, dances, songs, culinary delights of Goa. One of the prominent stalls on the occasion was the Millets stall that had “Ragi Satv” and “Ragi laddoos” as a tribute to the traditional diet of Goa. The dignitaries present at the occasion, including the Principal, Dr. Prof Blanche Mascarenhas and the Administrator of the college, Fr. Antonio Salema, also acknowledged that “Teesan” (A variation of ragi satv) traditionally formed an important component of the daily diet of Goans and highlighted the importance of incorporating millets in our daily diet.

No of beneficiaries = 1500





LIBRARY

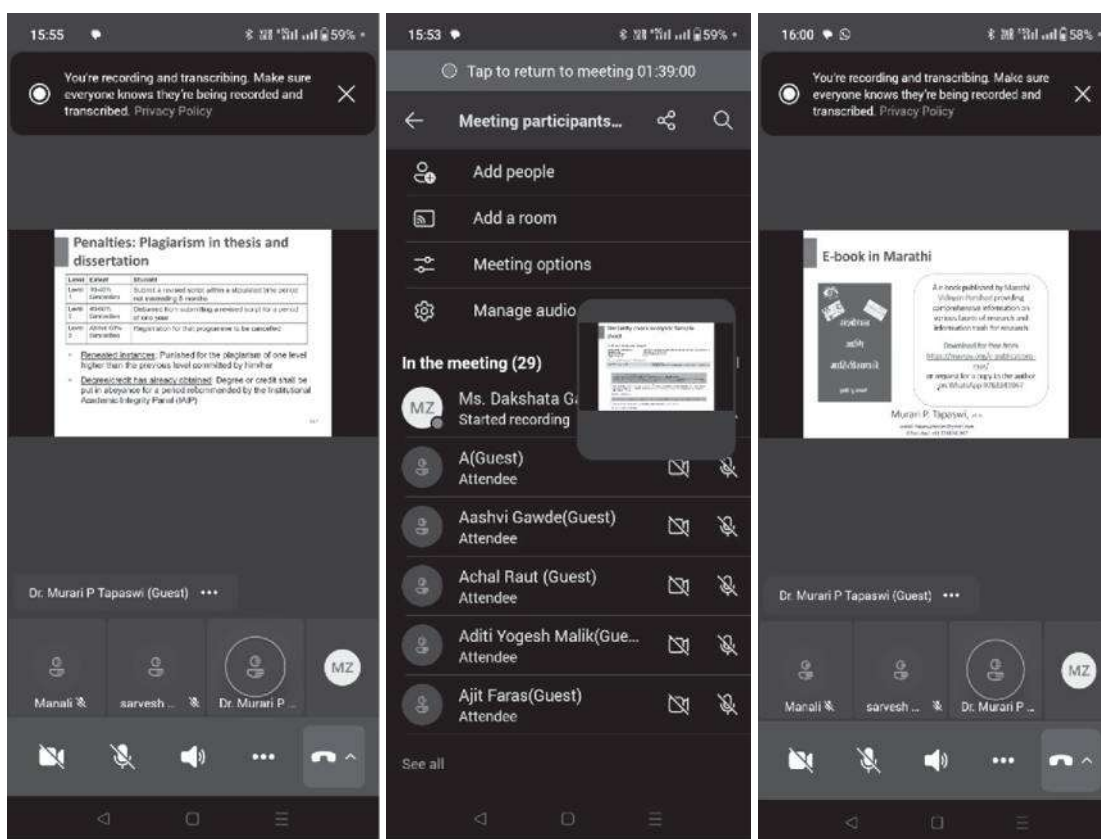
REPORT ON ANNUAL BOOK EXHIBITION

The Department of Library, St. Xavier's College, Mapusa organized a Book Exhibition on 8th & 9th December, 2023 at the College Library in collaboration with Educational Books and Periodicals, Mapusa; Book Mate, Ponda and St. Joseph Books Distributors, Ribandar. Ms. Dakshata Zambulkar welcomed the gathering. The exhibition was inaugurated on 8th Dec., 2023 at 9.00 am by College Principal, Prof. (Dr.) Blanche Mascarenhas with Vice Principal, Ms. Ursula Barreto, College Librarian Ms. Dakshata G. Zambulkar, Library Advisory Committee members, Faculty, Library Staff and Students. Prof. (Dr.) Blanche Mascarenhas also addressed the assemblage. It was open for students and staff between 9.00 am to 4.00 pm. Books covering different fields as well by various publishers were showcased. The response was reassuring as many aspiring young readers, including faculty responded positively.



REPORT ON NATIONAL LEVEL WEBINAR ON “PLAGIARISM: WHAT IT IS? HOW TO AVOID AND PENALTIES IN INDIA”

The Department of Library, St. Xavier's College Mapusa organised National Level Webinar on “Plagiarism: What it is? How to avoid and penalties in India ” on 29th August, 2023 From 2.15 to 3.45 P.M. Dr. Tapaswi Murari, Former, Chief Scientist, CSIR, National Institute of Oceanography, Dona Paula, Goa was the Resource Person. The session was held on the Microsoft Teams platform at 2.20 pm. Ms. Dakshata Zambulkar, the College Librarian opened session with warm welcome to Resource Person and all the participants. Principal Dr. Blanche Mascarenhas addressed the audience and turned over the session to the speaker. Dr. Tapaswi, who emphasized self-plagiarism, paraphrasing, some cases in India, penalties and so on. Faculty and students have expressed a strong interest. Lina D'Souza's vote of appreciation brought the session to a close at 4.10 p.m.



REPORT DISPLAY ON CHANDRAYAAN 3

The Department of Library, St. Xavier's College Mapusa presented information and publications on the Moon and Chandrayaan-3 on the successful launch of Chandrayaan – 3 by team ISRO at Shriharikota, as part of the library's Current Awareness Service on July 13, 2023, to raise awareness among library users. Both the student and the teacher were quite interested in it.



Report On E-Quiz

The Department of Library , St. Xavier's College , Mapusa organized National Level E- Quiz on ChatGPT (AI tool) on National Librarian's Day on 12th August 2023, the link and the QR code were made available to the participants. E-Certificates were issued to participants securing 80% and above grades. Altogether there were 30 participants.

REPORT SESSION ON HOW TO USE E-RESOURCES

The College Librarian of St. Xavier's College conducted a one-hour session for TY BCom and TY BSc on the 8th of August 2023 at the college seminar hall from 9.30 AM to 10.30 AM and 11.45 AM to 12.45 Noon, respectively. Highlights included the college library's subscriptions to NLIST and DELNET. Users can make optimum use of available E-resources. Ms. Dakshata Zambulkar demonstrated to the students how to use e-resources. She also confirmed the many amenities and access points that are offered in various formats.

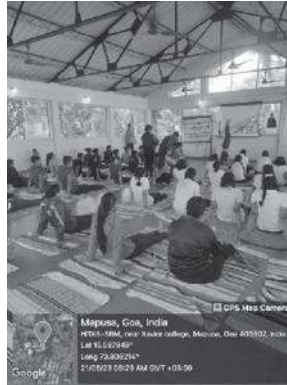


NSS

1. International Day of Yoga: 21st June 2023

The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. The Indian Prime Minister Narendra Modi, in his UN address in 2014, suggested an annual Day of Yoga on June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

Mr. Anuj Naik from T.Y.B.Com. who has been practicing Yoga for almost 10 years now and has competed in various yoga competitions across the state and also represented Goa at National level, led us in various asana's for today's session.



2. International Day against Drug Abuse and Illicit Trafficking: 30th June.



To create awareness on the occasion of International Day against Drug Abuse and Illicit Trafficking a pledge to spread the messages on Nasha Mukht Bharat Abhiyan and to make India Drug free was taken.

3. Personality Development Session: 20th July

The NSS Unit of St. Xavier's College organized a personality Development Session on the theme 'Team Work' for the NSS volunteers of the college on 20th July 2023 from 2.00 to 4.00 p.m. Mr. Stalin D'Sa, Assistant Professor in BCA, delivered the



session accompanied by interaction and group activities for the participants. The organisation of this session was led by PRO Namashri Parab.

4. Personality Development Session: 20th July

As part of NSS unit, St. Xavier's College, Personality Empowerment Sessions every Thursday, A session on Effective Communication was organised on 27th JULY. The session began at 2.00 pm with a cultural programme and a game. The Resource Person was Sir Aaron Paul, Department of English. PRO in charge was Nitin Parab.

5. 3rd Anniversary of National Education Policy: 29th July

NCC Cadets and NSS Volunteers of our college participated in the 3rd anniversary of National Education Policy on 29th July 2023 at St. Xavier's College Seminar Hall.

Our Honorable Prime Minister Shri. Narendra Modi delivered a speech on Akhil Bhartiya Shiksha Sangam.

The basic aim and objective of NEP

2023 are to make education universally accessible. NCC cadets and NSS volunteers from our college participated in the same.



6. MMMD Campaign - 9th to 15th August, 2023

1) Vasudha Vandan-creation of Amrit Vatika with plantation of 75 saplings of indigenous trees

"Meri Mati Mera Desh" was organised by the NSS Unit of St Xavier's College wherein a Plantation Drive was carried out on 10th August 2023 at Sangolda Football Ground at 10 am.

Our Principal Prof. Dr. Blanche Mascarenhas, Administrator Rev. Fr. Tony Salema, CPO, Dr. Rheane Da Silva, Ms. Sumina D' Costa and Sir Prasad Naik were present. The Sarpanch Ms. Neeta Khanolkar welcomed everyone and informed upon the



importance of trees. Principal, Prof. Dr. Blanche Mascarenhas addressed all present and Rev. Fr. Tony Salema informed us about how we can protect the environment for our future and the future generations. The Sarpanch Ms. Neeta Khanolkar along with Syampurna Mitra Ms. Celina Rodrigues, the Panch members, Forest Range Officers, Principal Prof. Dr. Blanche Mascarenhas, Fr. Tony Salema, our Programme Officers, and NSS along with the NCC Unit planted 75 saplings. The Sarpanch thanked the college authorities and the students for carrying out the Plantation Drive. Dr. Rheane Da Silva delivered the vote of thanks.

ii) Veero Ka Vadan-honoring freedom fighters/braves/retired defence personnel who protect the nation & families of braves



On 15th August 2023 to honor our defence personnel, the NSS volunteers depicted the life of Sepoy/Honorary Captain Baba Harbhajan Singh (1946-1968) was an Indian Army soldier who served from 30 June 1965 to 4 October 1968. He was posthumously awarded Maha Vir Chakra, India's second highest

gallantry award.

iii) Hoisting of National Flag and singing of National Anthem

On 15th August 2023 Our National Flag was hoisted to commemorate India's Independence Day. While our National Flag soared high, everyone chorused in to join in Our National Anthem.



7. Inaugural NSS 2023: 14th August 2023

The program began with a prayer by Sir Prasad Naik, followed by the NSS anthem. Our POs escorted the chief guest Rev. Fr. Maverick Fernandes, Principal Prof. Dr. Blanche Mascarenhas, and Administrator, Rev. Fr. Antonio Salema to the dais. The

inaugural proceeded with the watering of a plant. Administrator Rev. Fr. Antonio Salema presented a potted plant to the chief guest Rev. Fr. Maverick Fernandes. Our Principal and Convenor of NSS, Prof. Dr. Blanche Mascarenhas delivered a warm welcome address, followed by an address by CPO Dr. Rheane Da Silva. To welcome the PROs for the academic year 2023-24. Badges were pinned on the PROs. Our Administrator addressed the audience. Following this, our Chief Guest delivered an inspiring speech. The formal program closed with PO, Ms. Sumina D' Costa expressing gratitude in the vote of thanks. To promote environmental consciousness the theme chosen was “ Our Land, Our Inheritance”. To commemorate the day tree saplings were planted by the POs, administrator, principal, chief guest, and PROs near the ground. The cultural segment featured a song, a skit, and a dance performance. It was a memorable and engaging event overall.



8. Raksha Bandhan: 21st August

On the occasion of Raksha Bandhan, NSS volunteers prepared 700 rakhis which were dispatched through a formal programme held at Panaji Gymkhana Hall. The Programme aimed at sending rakhis to our Jawans at the border.

9. National Sport's Day: 29th & 30th August



On the Occasion of National Sports Day to commemorate the Birthday Anniversary of Hockey Legend, Major Dyan Chand, the Sports

Department and NSS Unit of St. Xavier's College, Goa organized games such as 3-a side Tie breaker, Tug of Water and Local Goan game Of Lagori held on 29th and 30th August 2023. The runners-up and Winners of 3-a side tie breaker were SYBA and TYBCom. Of Tug of war were TYBSc and BBA (General and T&T). And Lagori were TYBCom and TYBSc. Respectively. Overall winner was TYBSc. The games saw an enthusiastic participation of 13 groups of the college comprising of 15 members

each. And over 190 students enthusiastic viewership.

10. Personality Development Session: 15th September

The NSS Unit of St. Xavier's College organized a personality Development Session on the theme 'Civic Sense' for the NSS volunteers of the college on 15th September from 2.00 to 4.00 p.m. Ms. Alice D'Cruz from Department of English, delivered the session accompanied by interaction and group activities for the participants. This session was organised by PRO Peter Ronan.

11. Swachhta Hi Seva (SHS) Campaign: 15th September to 2nd October



The N.S.S. Unit of St. Xavier's College, Mapusa, conducted "Swachhta Hi Seva 2023. The following activities were conducted under the SHS Campaign:

12. "Ek Tareekh- Ek Ghanta": 1st October 10:00am

The staff and NSS volunteers carried out massive cleaning drive on college campus.



13. College Campus Cleaning: This was carried out on 25th, 27th, 29th September.



14. Blood Donation Drive

The NSS Unit of St. Xavier's College, Mapusa-Goa, in collaboration with Goa Medical College, organised a Blood Donation Drive on 14th September 2023 in the seminar hall of the college. A total of 114 students volunteered for the donation, while 76



successfully donated the blood.

15. 20th State Youth Festival: 4th to 6th October

The NSS volunteers and students of St. Xavier's College of Mapusa-Goa participated in the 20th State Youth Festival held from 4th to 6th October 2023. They participated in various activities like solo and group folk songs, solo and group folk dance, photography, declamation, story writing etc. Ms. Aastha Harmalkar bagged 2nd place in Solo Dance competition.



16. Personality Development Session: 5th October

The NSS Unit of St. Xavier's College organized a personality Development Session on the theme 'Team Building' for the NSS volunteers of the college on 5th October 2023 from 2.00 to 4.00 p.m. Ms. Zaneta D'Mello and Mr. Cipriano Fernandes, our college Counsellors, delivered the session accompanied by interaction and group activities for the participants. This session was organized by PRO Claude Braganza.

17. Year of Millets:

On the occasion of Year of Millets, various activities were organized and NSS volunteers enthusiastically participated. A savory cooking competition was held on 31st August 2023 followed by a demo on making of Ragi Pudding and Ragi ladoo on 4th October 2023. On 16th October a street play depicting the benefits of including millets in the diet was performed in college to generate awareness. During the annual canteen Mela organised by NSS, a special counter dedicated to dishes highlighting millets was present. On 22nd October 2023, NSS volunteers were taken for a field visit to Moira by the Department of Agriculture to interact with farmers who grow Millets in Goa.

18. Amrit Kalash Yatra: 10th October

The NSS unit of St. Xavier's College, Mapusa-Goa, organised the Amrit Kalash Yatra on 10th October 2023, as part of the Meri Maati Mera Desh campaign. During this activity, students collected the soil borrowed from their place in the Amrit Kalash. A



Panch Pran pledge was taken, and the Yatra was organised within the campus.

19. International Girl Child Day: 11th October.



The NSS Unit, Child Women Consumer Welfare and Gender Equality Club in collaboration

raised awareness on the occasion of International Girl Child Day. A street play and dance were performed at St. Xavier's College. While speeches highlighting the strides made in various fields by Women was delivered.

20. Street play on benefits of consumption of millets: 16th October

In collaboration with the Directorate of Agriculture, Zonal office, Mapusa, NSS volunteers of St. Xavier's College performed a street play on 16th October, highlighting the beneficial effects of millet consumption. The street play was held outside the Bhagayatdar store in Duler, Mapusa. Through their performance, the participants emphasized the health benefits of incorporating millets such as Ragi, Bajra, Jowar and urged the public to substitute millets for other food items, since millets are instrumental in promoting good heart health, lowers blood pressure in hypertensive patients and is also a healthy option for diabetics.



NCC GIRLS UNIT

14 NCC girl cadets actively participated in "Puneet Sagar Abhiyan" at Calangute beach on 22 May, 2023. Cadets created awareness through Nukas Natak, Campaign and cleaning of Calangute beach.



Celebration of world environment day at Calangute beach on 25 May 2023. 20 girl cadets along with ANO Lt Victorya Rodrigues participated.



8 NCC girl cadets participated in the world blood donor day on 14th June 2023 under 'Raktdaan Amrit Mahotsav'.



CSM. Arya Tivrekar participated in Ek Bharat Shresht Bharat camp at Mysore from 13 June to 24 June 2023

On 13th June world ocean day was celebrated by St. Xaviers College. 16 cadets participated by spreading awareness by rally, Nukat Natak followed by distribution of paper bags at Calangute beach.

On 21st June International yoga day celebrated in college. 28 cadets participated



Sgt. Anishka Parab participated in Ek Bharat Shresht Bharat camp held at Chamba Uttarakhand from 11 June to 22 June 2023. She was awarded gold medal for group dance competition.

From 16 June to 25 June 2023, 14 cadets participated in Thal Sainik Camp at Belgaum Karnataka. 3 cadets were selected namely Cadet Tanisha Palyekar, cadet. Neha Naik and JUO Dhanashri Naik for TSC II from June 29 to July 8 2023.

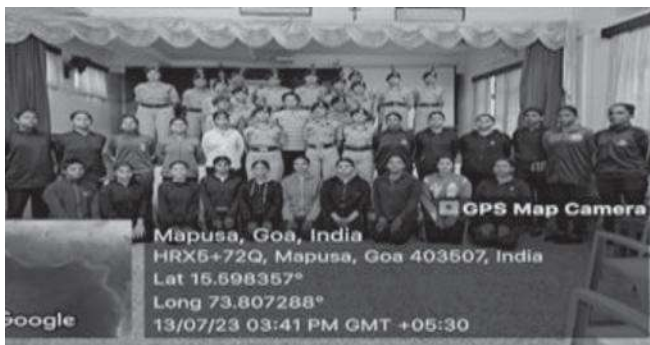
JUO. Dhanashri Naik and Cadet Neha Naik were selected for TSC III and IGC inter group Thal Sainik Camp at Mysuru from 1st to 10th August 2023.



The NCC girls unit organised a talk on Drug abuse and illicit trafficking on 26 June 2023. Cadets from Dhempe College, Miramar, St. Marys High school, Mapusa and Shantadurga High school, Bicholim participated in the same.



On 7th July, 2023, the NCC girl's cadets of St. Xavier's College, Mapusa accorded a guard of honour to Colonel Srikant Nathan on occasion of farewell function at Peddem.



On 13th July, an Orientation Program was organised for the newly enrolled FY Cadets of 1 Goa Girls Bn and 1 Goa Bn, NCC. The college Principal, Prof. (Dr.) Blanche Mascarenhas encourage and applauded the First Year students for joining NCC.

On 28th July, 2023, the New Commanding Officer of 1 Goa Girls Battalion NCC unit, Peddem - Colonel Roby Tom visited our college and interacted with our Principal, administrator & cadets.

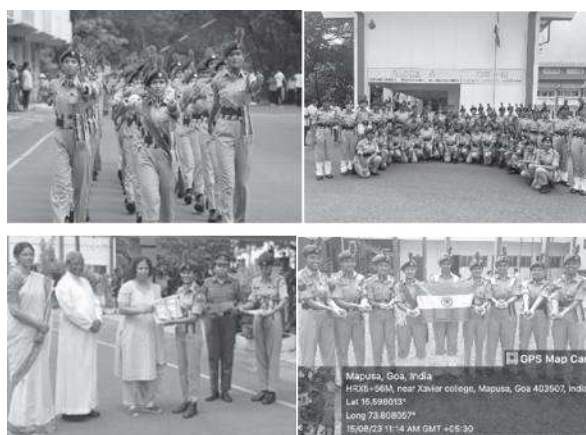


On 25th July, 26th July and 27th July 2023, SUO Riya Bhaidkar, Sgt Anishka Parab, Sgt. Akshata Gawas gave an orientation of NCC to the first year cadets in the Seminar Hall of College.



15th August, 2023, 77th Independence Day celebration in college by NCC girls battalion of St. Xavier's College. NCC Cadets were felicitated for participating in different NCC camps.

Cadets also participated in 'Meri Maati Mera Desh' campaign on occasion of Independence day.



NCC girls participated and offered rakhis prepared by cadets to Chaitanya Pratisthan for Ek Rakhi Sainkasathi project at a function organized at Panjim Gymkahana on 21st August 2023.

International Millet competition 2023 was organized on 31st August 2023. Cadet Harshada Kalangutkar and Poonam Palyekar participated and Cadet Poonam Palyekar won the first place.

On 3rd Sep 2023, 12 FY cadets of girls and boys battalion organised beach cleaning and awareness as part of Social Service and Community Development at Calangute beach.





On 1st October 2023, 24 girl cadets along with ANO Lt Victorya Rodrigues created awareness about cleanliness in every corner of our college premises and carried campaign on Ek

Bharat Shresht Bharat “Swachhta Hi Seva 2023 Ek Tarik Ek Ghanta”.

6 cadets participated in RG Marathon 3.0 organised by RG hospital on Oct 1st 2023 held at Shyam Prasad Mukherjee stadium.



On 10th Sept to 19th Sept 2023, 5 cadets were selected for Pre RDC-I at Belgavi.



On 20th Sept to 29th Sept, 2023, 2 cadets were selected: Cdt. Sampada Naik & Cdt. Tanisha Palyekar for Pre RDC- II. They were also selected for pre RDC III from 30th Sept to 9th Oct 2023.

Cdt. Tanisha Palyekar was selected for IGC RDC Inter Group Competition held at Bellary Karnataka.

A talk under PSA and G20 organised at Dhempe College on 9th September 23, 45 NCC girls cadets attended along with Dhempe cadets. The speaker for the program was Shri. Sujeet Kumar Dongre from Center of Environment Education, Porvorim.



On 21st October, 2023, The NCC girls of St. Xavier's College Mapusa welcomed the torch bearer of the 37th National Games of India at Peddem Mapusa Goa.

Sgt Akshata Gawas represented Karnataka & Goa Directorate at Special National Integration Camp - Rashtriya Ekta Diwas 2023 at Gujarat from 17th Oct to 2nd Nov 2023.



NCC BOYS UNIT

1-GOA BN

This year the College has enrolled 28 new cadets and has a total of 52 cadets in NCC unit. Initially the enrolment was done on a google form, and later, after scrutinizing the data, students were called for selection. Unit care taker officer (C.T.O) Mrs. Avani Anil Kharde welcomed the new Cadets and told them about the aims, objectives and motto of NCC. She explained the importance of NCC in day today's life. She also explained to them the duties and the discipline in the organization. She gave them the idea of the NCC organizational set up.

Regular offline classes were conducted on Thursdays, which covered the theory syllabus on topics like drills, weapons training, field craft, battle craft, first aid etc.

The following are the details of activities Conducted by St. Xavier's College, 1-GOA BN NCC, Boys Unit Mapusa-Goa for the period covering 1st June 2023 to 30th November 2023.

1) EK BHARAT SHRESHTH BHARAT-I

Ek Bharat Shreshth Bharat-1 camp was organised at Chamban, Uttarakhand from 11/06/2023 to 22/06/2023. SGT Nakul Gaurav of NCC Boys unit attended and successfully completed the camp.

2) WORLD OCEAN DAY

World Ocean Day was celebrated at Miramar beach Goa on 11/06/2023. Total 13 cadets attended the event

3) ARMY ATTACHMENT CAMP

The Army Attachment Camp was organised at the Pioneer Corps Training Center Bangalore from 12/06/2023 to 21/06/2023. Sgt. Neha Kadam of NCC Boys unit attended and successfully competitive the camp.

4) AAPKA MITRA-II

The National Disaster Management Authority organised Aapka Mitra / Aapka Sakhi training at Fire Force Headquarters, Panjim Goa. From 15/06/2023 to 28/06/2023. Total 7 cadets of NCC boys unit participated and successfully competed the training.

5) BLOOD DONATION CAMP

The blood donation camp was organised by the Sarthak Foundation at Peddem Mapusa Goa on 15/06/2023. 3 Cadets from the NCC boys unit donated the blood.

6) THAL SAINIK CAMP-I

Thal Sainik Camp-1 camp was organised by the 27 Karnataka battalion at Belgaum, Karnataka from 16/06/2023 to 25/06/2023. Total 5 cadets of NCC boys unit attended and successfully completed the camp.

7) YOGA DAY

Yoga Day was celebrated in college on 21/06/2023. 10 cadets of NCC Boys unit attended the event.

8) FY-ENROLLMENT

First year enrollment was done on 23/6/2023 by CTO. Avani Kharde & 10 Cadets of NCC boys unit. Total 26 cadets were enrolled in first year.

9) YOGA DAY

Yoga day was celebrated at Dhempo College, Bambolim on 26/06/2023. 8 cadets of NCC boys unit attended the event.

10) FY ORIENTATION

Orientation of your first year cadets was organised by the 1 Goa Boys battalion and 1 Goa Girls Battalion of St. Xavier's College on 13/07/2023. Total 26 cadets of NCC Boys unit attended the event.

11) THAL SAINIK CAMP-II

Thal Sainik Camp-2 camp was organised by the 25 Karnataka battalion at Belgaum, Karnataka from 08/07/2023 to 17/07/2023. Total 3 cadets of NCC boys unit attended and successfully completed the camp.

12) THAL SAINIK CAMP-III

Thal Sainik Camp-3 camp was organised by the 26 Karnataka battalion at Belgaum, Karnataka from 22/07/2023 to 31/07/2023. Total 2 cadets of NCC boys unit attended and successfully completed the camp.

13) IGCTSC CAMP

The IGC TSC Camp was organised at Mysore from 01/08/2023 to 10/08/23. JUO Shresth Fadte of NCC Boys unit successfully completed the camp.

14) ARMY ATTACHMENT CAMP

The Army Attachment camp was organised at Maratha Light Infantry from 09/08/2023 to 18/08/2023. Total 3 cadets of NCC Boys unit attended and successfully completed the camp.

15) TREE PLANTATION

On the occasion of Meri Mathi Mera Desh tree plantation was done at Sangolda Football Ground on 10/08/2023. Total 13 Cadets of NCC Boys unit participated in tree plantation event.

16) POSTER MAKING COMPETITION

The poster making competition was organised by the Red Ribbon club at St. Xavier's College on 11/08/2023. Total 15 Cadets of NCC Boys unit participated in the competition.

17) INDEPENDENCE DAY

On the occasion Independence day, the cadets marched on 15/08/2023. Total 33 cadets of NCC boys unit marched in the parade at the Mamlatdar's Office Mapusa, Goa

18) YOUTH DAY

On the occasion of Youth Day a talk was conducted on disaster management on 17/08/2023. Total 40 cadets of NCC boys unit participated in the event.

19) G20 TALK

G20 talk was given on 30/08/2023 by Sir Parmanand Mandrekar of Dept. Of Computer Science. Total of 50 cadets of NCC boys unit attended the talk.

20) INTER UNIT CAMP

The inter unit camp was organised by the 28 Karnataka battalion at Belgaum, Karnataka from 10/09/2023 to 19/09/2023. Total 4 cadets of NCC boys unit attended and successfully completed the camp.

21) ADVANCE MOUNTAINEERING CAMP

The Advance Mountaineering camp was organised with an advance mountain course at Nehru Institution of Mountaineering, Uttarkashi from 14/09/2023 to 11/10/2023. SUO. Sohail Nagnori of NCC Boys unit attended and successfully completed the course.

22) INTERNATIONAL COASTAL CLEANUP

The International Coastal Cleaning was celebrated at Miramar beach, Goa on 16/09/2023. Total 10 cadets of NCC Boys unit participated in the event.

23) PRE RDC-I CAMP

The pre Rdc-1 camp was organised by the 26 Karnataka battalion at Belgaum, Karnataka from 20/09/2023 to 29/09/2023. Total 4 cadets of NCC boys unit attended and successfully completed the camp.

24) EK BHARAT SHRESHTH BHARAT-II

The Ek Bharat Shreshth Bharat-2 camp was organised at Ranbag, Uttarakhand from 28/09/2023 to 22/06/2023. LCPL. Mackenzie Fernandes of NCC Boys unit attended and successfully completed the camp.

25) PRE RDC-II CAMP

The pre Rdc-2 camp was organised by the 25 Karnataka battalion at Belgaum, Karnataka from 30/09/2023 to 09/10/2023. Total 4 cadets of NCC boys unit attended and successfully completed the camp.

26) CLEANLINESS DRIVE

The cleanliness drive was done on the occasion of Shramdham by the NCC cadets on 01/10/2023. A total of 25 cadets of NCC boys unit participated in the cleanliness drive.

27) NATIONAL RED RUN

The National Red Run was organised by the National AIDS control organisation under the Ministry of Health and Family Welfare at the Athletic Stadium, Bambolim Goa on 08/10/2023. Total 10 cadets of NCC boys unit participated in the Run.

28) IGC RDC CAMP

The IGC RDC Camp was organised at Ballari from 11/10/2023 to 20/10/23. JUO Shresth Fadte of NCC Boys unit successfully completed and were selected for IGC-2/pre rdc-1 camp.

29) RAKSHA BANDHAN

On the occasion of Raksha Bandhan, rakhis were made by cadets for army jawans on 29/10/2023. All cadets of NCC boys unit made rakhis for our jawans.

30) RUN OF UNITY

On the occasion of Sardar Patel Jayanti Run for Unity was organised by the Ministry of Sports and Youth Affairs on 30/10/2023. Total 8 cadets of NCC boys unit participated in the run.

31) Pre RDC-1/IGC-2

The Pre RDC-1/IGC-2 was organised at Bangalore from 14/11/2023 to 23/11/2023. JUO Shresth Fadte of NCC Boys unit successfully completed and was selected for IGC-3/pre rdc-2 camp.

32) PRE RDC-2/IGC

The Pre RDC-2/IGC was organised at Bangalore from 24/11/2023 to 03/12/2023. JUO Shresth Fadte of NCC Boys unit successfully completed and was selected for IGC-4/pre rdc-3 camp.

33) PREAMBLE PLEDGE

On the occasion of NCC day Preamble pledge was taken by the NCC cadets on 26/11/2023. All cadets of NCC boys unit took the pledge.

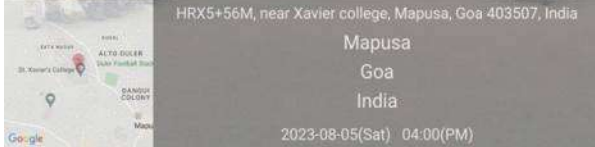
34) TREE PLANTATION

On the occasion of NCC day tree plantation was done by the NCC cadets on 26/11/2023. All cadets of NCC boys unit were a part of the tree plantation event.

35) TRACKING CAMP

The Sardar Patel Narmada tracking camp was organised at Vadodara, Gujarat from 28/11/2023 to 05/12/2023. Piyush Harmalkar of NCC Boys unit attended the camp.





**GIRANN: A Tiatr of St. Xavier's College
Wins Several Prizes for
Third Intercollegiate/HSS
Tiatr Competition
Organised by Tiatr Academy of Goa.**



**1st Prize in Best Performance
1st Prize in Best Singer Solo (Female)
Unesia Fernandes (Kantar: Goy Mhojem)**



**1st Prize in Best Lyrics: Fr. Luis Xavier Gomes
(Kantar: Poromprik Khell)**



**1st Prize in Best Comedy Kantar (Male)
Robert D'Souza (Kantar: Bail Mugeli)**



**1st Prize in Best Comedian (Male) Robert D'Souza
(Role of Kaifu)**



1st Prize in Best Actor (Male) Simon D'Silva (Role of Sunny)



1st Prize in Best Actor (Female) Joslyn Pereira (Role of Tufania)



1st Prize in Best Direction: Fr. Luis Xavier Gomes



1st Prize in Best Script: Fr. Luis Xavier Gomes



**Merit Certificate in Acting (Female) Steffi Fernandes
(Chandrakala)**



Merit Certificate (Female Comedian) Doris Goves



**Merit Certificate in Best Duo: Shawn Lima & Frenwin Fernandes
(Kantar: Romi v/s Devnagri)**

PARTICIPANTS NATIONAL GAMES

