



ST. XAVIER'S COLLEGE, MAPUSA, GOA

Report of Activity conducted in the Academic Year 2024-2025

Name of Activity	One-Month Internship at Sethu Centre for Child Development and Family Guidance
Date/ Duration	08/05/25 – 31/05/25 / 144 hours
Venue	St Xaviers College, Mapusa-Goa
Name of organizing Department/Cell	Abbé Faria Post Graduate Department of Psychology and SETHU Centre for Child Development and Family Guidance
In collaboration with	
Name/s of Faculty Co-Ordinator	Ms. Andrea D'souza and Ms. Shenessa Barreto
Stratum of Event	-
Name & details of Resource Person/s if any	NA
Report	<p>Report on One-Month Internship at Sethu Centre for Child Development and Family Guidance</p> <p>The Abbe Faria Postgraduate Department of Psychology at St. Xavier's College, Mapusa – Goa, under its Memorandum of Understanding (MOU) with Sethu Centre for Child Development and Family Guidance, Saligao – Goa, organized a one-month student internship for Ms. Heloise D'Souza from 8th May to 31st May 2024. This internship aimed to provide practical exposure and hands-on learning in the area of child psychology, developmental assessments, and therapeutic interventions, thereby enhancing the professional competencies of students pursuing postgraduate studies in psychology.</p> <p>The MOU signed between St. Xavier's College, Mapusa and Sethu Centre reflects a collaborative effort to promote experiential learning in the field of child development, family guidance, and mental health care. This partnership enables psychology students to gain practical insights into clinical assessments, intervention strategies, and therapeutic techniques, thereby bridging the gap between theoretical learning and professional practice.</p> <p>During her internship, Ms. Heloise D'Souza had the opportunity to observe and learn from a multi-disciplinary team of professionals including paediatricians, clinical psychologists, occupational therapists, speech therapists, and physiotherapists. She closely observed the First Assessors conducting client intake sessions where</p>

	<p>detailed case histories were taken during new client registrations. She also gained insight into the delivery of various therapeutic interventions such as behaviour management, social communication therapy, speech therapy, occupational therapy, and physiotherapy for children with developmental delays, learning disabilities, and other psychological challenges. A notable highlight of her internship experience was her involvement in the Handwriting Group Program conducted by the occupational therapists, where she actively assisted children in improving their fine motor skills and handwriting abilities. Additionally, Ms. Heloise observed the psychologist conduct psycho-educational assessments for children with learning difficulties, which offered her first-hand experience in child assessment and diagnosis. Her enthusiasm to learn, proactive approach in seeking knowledge, and collaborative engagement with the team were commendable.</p> <p>The Abbe Faria Postgraduate Department of Psychology deeply values the ongoing collaboration with Sethu Centre, established through the Memorandum of Understanding (MOU). Internships such as these are instrumental in shaping future psychologists, equipping them with practical expertise in child psychology and family guidance. This collaboration will continue to provide enriching learning opportunities for future batches of students, strengthening their role as mental health professionals in society.</p>
Brochure/Poster	N.A.
Photographs	N.A.
List of participants with signatures	Ms Heloise D'Souza
Certificate	https://xavierscollegegoa.ac.in/wp-content/uploads/2025/05/MOU.pdf