



**ST. XAVIER'S COLLEGE, MAPUSA GOA**

**Report of Activity conducted in the Academic Year 2025-26**

<b>Name of Activity</b>	<b>“CARITAS FIELD VISIT &amp; PWD INCLUSIVE INTERACTION” &amp; “APPRECIATING HERITAGE - FORT AGUADA”</b>
<b>Date/Duration</b>	26th August 2025
<b>Venue</b>	Caritas Centre for Deafblind - Saligao, Fort Aguada, Goa.
<b>Name of organizing Department/Cel 1</b>	Abbe Faria Post Graduate Department of Psychology
<b>In collaboration with</b>	
<b>Name/s of Faculty Coordinator</b>	Dr. Kshipra Vora <b>Ms. Maryjane De Souza (In-charge)</b> Ms. Vaishnavi Ghosarwadkar <b>Ms. Janice Zuzarte (In-charge)</b>
<b>Stratum of Event</b>	State Level
<b>Name &amp; details of Resource Person/s If any</b>	

<b>Report</b>	<p><b>Objectives of the Field Visit</b></p> <ol style="list-style-type: none"> <li>1. To provide students with experiential understanding of the challenges faced by persons with disabilities, particularly deaf-blind individuals.</li> <li>2. To observe and learn about interventions, therapies, and inclusive practices in real-life settings.</li> <li>3. To foster empathy, sensitivity, and skills for promoting inclusivity in professional practice.</li> <li>4. To appreciate the cultural and historical context of Goa and understand its influence on local psychology.</li> </ol> <p>On 24th September 2025, MA Psychology students of the department participated in a field visit to Caritas Centre for Deaf-Blindness and Fort Aguada. The visit began at Caritas Centre, where students engaged in an interactive session to understand the multifaceted challenges faced by deaf-blind individuals. Students observed therapeutic interventions, communication strategies, and adaptive learning methods employed by the centre to promote autonomy and social integration.</p> <p>An inclusive interaction with a few of the inmates provided students with first-hand experiential learning about the lived experiences of persons with disabilities, highlighting the importance of empathy, patience, and tailored interventions. The visit reinforced the theoretical knowledge gained in classrooms regarding inclusivity, disability rights, and supportive practices.</p> <p>The second part of the day involved a visit to Fort Aguada and its museum. Through guided exploration, students appreciated Goa's rich cultural and historical heritage, examining colonial influences, architecture, and local traditions. Discussions centered on how cultural context shapes social behavior, values, and the psychological landscape of communities.</p> <p><b>Outcomes / Learning</b></p> <p>The field visit successfully integrated experiential learning in both disability studies and cultural psychology. Students developed empathy, observed practical interventions, and gained insights into inclusive practices while understanding the socio-cultural underpinnings that influence psychological perspectives in Goa.</p>
<b>Brochure/Poster</b>	NA

<b>Photographs</b>	<a href="https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/images-of-CARITAS-FIELD-VISIT-PWD-INCLUSIVE-INTERACTION-APPRECIATING-HERITAGE-FORT-AGUADA.pdf"><u>https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/images-of-CARITAS-FIELD-VISIT-PWD-INCLUSIVE-INTERACTION-APPRECIATING-HERITAGE-FORT-AGUADA.pdf</u></a>
<b>List of participants With signatures</b>	<a href="https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/attendance-of-CARITAS-FIELD-VISIT-PWD-INCLUSIVE-INTERACTION-APPRECIATING-HERITAGE-FORT-AGUADA.pdf"><u>https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/attendance-of-CARITAS-FIELD-VISIT-PWD-INCLUSIVE-INTERACTION-APPRECIATING-HERITAGE-FORT-AGUADA.pdf</u></a>
<b>Certificate</b>	NA