



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2024-25

Name of Activity	SESSION “CAREERS IN PSYCHOLOGY & STUDYING ABROAD” - DISTINGUISHED ALUMNI SERIES
Date/Duration	17th July 2025
Venue	College Seminar Hall
Name of organizing Department/Cel l	Abbe Faria Post Graduate Department of Psychology
In collaboration with	
Name/s of Faculty Coordinator	Dr. Kshipra Vora (In-charge) Ms. Maryjane De Souza Ms. Vaishnavi Ghosarwadkar Ms. Janice Zuzarte
Stratum of Event	State Level
Name & details of Resource Person/s If any	Ms. Melissa D'costa, Senior Counsellor - Global Reach

Report	<p>The Department of Psychology organized an interactive session under its Distinguished Alumni Series on 17th July 2025, featuring Ms. Melissa D'Costa, Counsellor, Global Reach and an accomplished alumna of the department. The session, titled "Careers in Psychology and Studying Abroad", was designed to orient students towards diverse academic and professional opportunities in psychology.</p> <p>Ms. D'Costa began by tracing her own academic and professional journey, emphasizing the role of clarity of purpose, adaptability, and research-driven decision-making when pursuing advanced studies. She highlighted various career paths within psychology, ranging from clinical and counselling roles to emerging domains such as organizational psychology, neuropsychology, and allied behavioral sciences.</p> <p>The session also provided a detailed overview of studying abroad, including the process of shortlisting universities, preparing applications, managing standardized requirements, and securing scholarships. Practical tips on adjusting to academic rigor, cultural contexts, and professional expectations overseas were particularly well received.</p> <p>Students actively participated through a Q&A session, raising queries on career planning, specializations, and aligning personal strengths with professional choices. Ms. D'Costa's dual perspective as a professional counsellor and a department alumna made the session both credible and relatable.</p> <p>Outcomes / Learning</p> <p>The session expanded students' awareness of global academic and professional landscapes in psychology. It offered clarity on application strategies, career mapping, and future skill requirements, while also reinforcing the importance of sustained alumni engagement in mentoring current students.</p>
Brochure/Poster	<p>https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/Poster-for-SESSION-CAREERS-IN-PSYCHOLOGY-STUDYING-ABROAD-DISTINGUISHED-ALUMNI-SERIES.pdf</p>
Photographs	<p>https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/images-for-SESSION-CAREERS-IN-PSYCHOLOGY-STUDYING-ABROAD-DISTINGUISHED-ALUMNI-SERIES.pdf</p>

List of participants With signatures	<u>https://xavierscollegegoa.ac.in/wp-content/uploads/2026/01/attendance-for-SESSION-CAREERS-IN-PSYCHOLOGY-STUDYING-ABROAD-DISTINGUISHED-ALUMNI-SERIES-.pdf</u>
Certificate	NA