



## ST. XAVIER'S COLLEGE MAPUSA-GO A

### Department of Botany

Organizes

### One Day State Level Seminar

## “The Green Cure: Discovering The Power of Medicinal Plants”

24th February 2026



### OBJECTIVES

1. To introduce participants to the concept and importance of medicinal plants in traditional and modern healthcare systems.
2. To create awareness about commonly used medicinal plants, their active principles, and their therapeutic applications.
3. To highlight the role of medicinal plants in sustainable health care and biodiversity conservation.
4. To encourage scientific understanding of herbal remedies, linking traditional knowledge with modern research and evidence-based practices.
5. To inspire participants to preserve, protect, and promote medicinal plant resources for future generations.

### ABOUT THE COLLEGE

St. Xavier's College, Mapusa-Goa, is a premier institution of higher education in Goa, committed to academic excellence, innovation, and holistic education for students from diverse backgrounds. Established in June 1963, St. Xavier's College has a rich history of academic excellence, social responsibility, and community engagement. The college is managed by the Diocesan Society of Education affiliated to Goa University. Affiliated with Goa University and accredited by NAAC (4th cycle) with 'A' grade and CGPA 3.12, the college has been a beacon of higher learning, fostering intellectual curiosity and social responsibility. It is the first college to be awarded the status of “College with Potential for Excellence” among the 47 colleges in India selected by UGC in 2004. The College offers a range of undergraduate and postgraduate programs in Arts, Science, and Commerce, designed to equip students with knowledge, skills, and values essential for success in their chosen careers. Nestled atop a hillock in Mapusa, St. Xavier's College provides easy access to students from all parts of the state while offering a unique blend of urban and rural experiences.

### ABOUT THE BOTANY DEPARTMENT

**Vision:** Integral and Personal growth of young students, inculcating in them, the attitude that Mother Nature is ours to use, not to abuse.

**Mission:** To Protect and Conserve Mother Nature for better tomorrow and provide advisory & consultancy services.

The Department of Life Sciences was started with the inception of the College in 1963. In 1994, its nomenclature was changed to Department of Botany which offers a full-fledged three years degree course. The department has a well-equipped Laboratory, Herbarium and a collection of preserved plants specimens. Various activities, fieldtrip, certificate courses, internships and consultancy services are held regularly.

### ABOUT THE SEMINAR

It focuses on the vital role of plants in maintaining human health and well-being. Since ancient times, medicinal plants have been used in traditional systems of medicine such as Ayurveda and folk practices to treat various diseases naturally. These plants contain bioactive compounds with healing properties, making them effective, affordable, and safer alternatives or complements to synthetic medicines. The seminar highlights how traditional knowledge is now being supported by modern scientific research, leading to the development of new herbal drugs and therapies. It also emphasizes the importance of conserving medicinal plant biodiversity and promoting sustainable use to ensure their availability for future generations. By understanding the medicinal value of commonly used plants like tulsi, neem, aloe vera, turmeric, and ginger. Participants will gain awareness of how nature serves as a powerful source of cure and wellness.



**DR. NITIN UJJALIYA**

Associate Professor & Head, Department of Dravyaguna  
All India Institute of Ayurveda (AIIA), Goa Dhargal,  
Pernem, Goa



**PROF(DR) SANGRAM KESHARI DAS**

Professor and HOD,  
Dravyaguna Vigyan( Pharmacology and Materia medica)  
Gomantak Ayurveda Mahavidyalaya and Research Centre,  
Shiroda, Goa



**Dr BISHNUPRIYA MOHANTY**

MD(Samhita), PhD(Fundamental Principles )  
Professor & Head Department of Fundamental  
Principles Gomantak Ayurveda Mahavidyalaya and  
Research Centre  
Shiroda, Goa.

## ORGANIZING COMMITTEE

### Patron

**Rev. Fr. Antonio Salema**

Administrator

### Chairperson

**Ms. Ursula Barreto**

Acting Principal

### Convenor

**Prof. Maria A.A. Fonseca**

Professor & Head, Dept. of Botany

## MEMBERS

Dr. Wendy F. Xavier Martins

Ms. Sabina Sales e Dias

Mr. Conceicao De Souza

Dr. Harshala Shetgaokar

Dr. James D'Souza

Dr. Maria A. D'Souza

Dr. Suraksha S. Dongrekar

Dr. Seema D. Fernandes

## FOR MORE DETAILS CONTACT

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## PROGRAMME SCHEDULE

09.00 am to 09.30 am - Registration

09.30 am to 10.00 am - Inauguration

10.00 am to 11.00 am - keynote Address

11.00 am to 11.20 am - Tea Break

11.20 am to 12.30 pm - First Session

12.30 pm to 1.30 pm - Poster Session

1.30 pm to 2.30 pm - Lunch Break

2.30 pm to 3.30 pm - Second Session

3.30 pm to 4.00 pm – Valedictory Function

## INSTRUCTIONS FOR POSTER

### PRESENTATION:

Poster abstract should not exceed 250 words, inclusive of title of the paper, author(s), name(s), affiliation(s) and email address of presenting author (indicated with an asterisk symbol) typed in Times New Roman (font size 12 with 1.5 spacing) in MS-word format. Size of poster should be 120 x100 cm.

Theme for poster presentation:

“Integrating Traditional Herbal Wisdom with Modern Therapeutics”.

### ELIGIBILITY:

Two college students accompanied by one teaching faculty.

### REGISTRATION DETAILS

Registration Fees: **Students-200/-**

**Faculty- 500/-**



Scan Here



LPI ID: mariannhafonseca@okabi

### LINK FOR REGISTRATION

<https://forms.gle/4DnJMvzdJBF8FJnS7>

Last Date to Register :18<sup>th</sup> February 2026