



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2025-26

Name of Activity	PSYNEX 2.0
Date/Duration	11 th March 2026
Venue	Post Graduate Classroom Room 422
Name of organizing Department/Cell	Undergraduate Department of Psychology and Abbe Faria Post Graduate Department of Psychology
In collaboration with	
Name/s of Faculty Coordinator	Dr. Kshipra Vora Ms. Maryjane De Souza (In-charge) Ms. Vaishnavi Ghosarwadkar Ms. Janice Zuzarte
Stratum of Event	State Level
Name & details of Resource Person/s If any	

Report	<p>The PG Department of Psychology, in collaboration with the UG Department of Psychology, successfully organised Psydex, an Intercollegiate Psychology Festival, under the compelling theme “Jungian Archetypes.” The festival brought together undergraduate psychology students from across colleges in Goa, creating a dynamic platform to celebrate both the theoretical and applied dimensions of psychology.</p> <p>A total of five teams registered for the event, reflecting enthusiastic participation from institutions across the state. The festival featured a diverse range of competitions designed to creatively integrate psychological concepts with performance and strategy. Events included Mask Designing (symbolising archetypal identities), a Psychology Quiz testing conceptual knowledge, an immersive Escape Room challenge rooted in problem-solving and psychological clues, Dance and Fashion Show segments that interpreted archetypes through movement and expression, and the much-anticipated Mr. and Miss Psydex competition. Each event highlighted how psychological theory can be translated into engaging, real-world and performative contexts.</p> <p>The festival fostered teamwork, critical thinking, creativity, and stage presence among participants. The theme “Union of Archetypes” encouraged students to explore personality constructs, collective symbolism, and human behaviour through innovative formats. The competitive spirit was balanced with academic enrichment, making the event both intellectually stimulating and entertaining.</p> <p>Team The Rebel from Rosary College of Commerce and Arts emerged as the overall winners, demonstrating excellence across multiple categories. Their performance reflected preparation, conceptual clarity, and collaborative strength. Team The Creator from Carmel College for Women in Nuvem were the runners up for the event.</p> <p>A significant highlight of the day was the release of the department’s in-house magazine, Becoming. The magazine is a curated collection of articles, reports, poems, caricatures, and interview excerpts contributed by current students, alumni, and psychology professionals. Becoming captures evolving voices within the discipline and serves as a creative academic archive of the department’s journey.</p> <p>Overall, Psydex was a vibrant celebration of psychology, reinforcing intercollegiate collaboration, creative scholarship, and the evolving identity of budding psychologists in Goa.</p>
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Brochure/Poster	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/05/Brochure-of-PSYNEX-2.0.pdf
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/05/Images-of-PSYNEX-2.0.pdf
List of participants With signatures	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/05/attendance-of-PSYNEX-2.0.pdf
Certificate	NA