



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2024-25

Name of Activity	30-hour certificate course titled " <i>Peace Education Programme</i> "
Date/ Duration	2nd to 14th August 2025.
Venue	Conference Hall, St. Xavier's College
Name of organizing Department/Cell	Value Education & Personality Development Cell
In collaboration with	The Prem Rawat Foundation
Name/s of Faculty Co ordinator	Fr. (Dr.) Ramiro Luis
Stratum of Event	College
Name & details of Resource Person/s if any	Ms. Niyati Patre
Report	<p>Peace Education Programme</p> <p>The Value Education & Personality Development Cell of St. Xavier's College, Mapusa, in association with the Prem Rawat Foundation, organised a 30-hour certificate course titled "<i>Peace Education Programme</i>" from 2nd to 14th August 2025. The initiative sought to cultivate personal growth, ethical values, emotional intelligence, and a spirit of peace and social responsibility among students.</p> <p>The sessions were conducted by Ms. Niyati Patre, a member of the Prem Rawat Foundation and an alumna of the college. She introduced participants to the Foundation's mission and guided them through the ten core themes of the programme—Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment. Each theme encouraged students to reflect deeply on their emotions, values, and choices, helping them connect with their inner sense of calm and resilience.</p> <p>Through interactive discussions, video presentations, and reflective exercises, students explored practical ways to apply these values in everyday life. The programme fostered essential life skills such as self-reflection, empathy, and active listening, empowering participants to respond mindfully to challenges.</p> <p>Students expressed that the course transformed their perspectives—enhancing self confidence, improving focus, and nurturing a more positive outlook. The experience served as a gentle reminder that peace</p>

	<p>begins within oneself and radiates outward into the community.</p> <p>The Cell extended heartfelt gratitude to Ms. Niyati Patre for her inspiring facilitation. Fr. (Dr.) Ramiro Luis coordinated the programme. Attended by 18 enthusiastic students, the Peace Education Programme successfully reinforced St. Xavier's commitment to holistic education and the cultivation of inner harmony, compassion, and moral strength among its learners.</p>
Brochure/Poster	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/Brochure-Certificate-Course.pdf
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/WhatsApp-Image-2025-08-15-at-10.10.03_71c676b4.pdf
List of participants with signatures	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/Peace-Edu-Attendance-1.pdf
Certificate	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/WhatsApp-Image-2025-08-15-at-10.10.26_490d36a6.jpg