



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2026-27

Name of Activity	International Yoga Day 2026
Date/ Duration	21 june 2026
Venue	Miramar Beach ,Panaji Goa
Name of organizing Department/Cell	St xavier's college
In collaboration with	
Name/s of Faculty Co ordinator	LT AVANI ANIL KHARDE
Stratum of Event	St. Xavier's College
Name & details of Resource Person/s if any	-1 GOA BN NCC BOYS UNIT , 1 GOA BN UNIT Panaji Goa
Report	The NCC Boys Unit of 1 Goa Battalion NCC actively participated in the celebration of International Yoga Day 2026. A total of 26 cadets took part in the Yoga Sangam Week conducted online from 16 June 2026 to 20 June 2026. The cadets regularly participated in the yoga sessions and successfully received participation certificates. On 21 June 2026, the cadets further participated in the International Yoga Day programme and performed various yoga asanas, promoting physical fitness, mental well-being, and a healthy lifestyle. The cadets also completed the Yoga Quiz on the My Bharat Portal and received certificates for their successful participation. Also St Xaviers college had received the participation certificate from Ministry of Ayush, Ministry of State , ministry of health and family welfare. In recognition of its active involvement in the International Yoga Day celebrations, the college also received a participation certificate. The event helped create awareness about the importance of yoga and encouraged cadets to adopt yoga as a part of their daily routine.
Brochure/Poster	Nil
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/image-of-International-Yoga-Day-2026.pdf
List of participants with signatures	NIL

Certificate	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/06/Certificate-of-International-Yoga-Day-2026.pdf
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