



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2026-27

Name of Activity	Cooking Competition- Celebration of seasonal flavours
Date/ Duration	3 rd September 2026 from 8:45 am to 10:45 am
Venue	College Lobby
Name of organizing Department/Cell	Department of Biotechnology
In collaboration with	
Name/s of Faculty Co ordinator	Ms. Emma Fernandes
Stratum of Event	College
Name & details of Resource Person/s if any	NA
Report	In celebration of National Nutrition Week 2026, the Department of Biotechnology organised a cooking competition on the theme “A Celebration of Seasonal Flavours.” The objective of the competition was to bring together students and staff to showcase their culinary talents while creating awareness about the nutritional benefits of seasonal foods available in the locality. The event was a wonderful blend of creativity, health-conscious cooking, and community spirit. A total of 14 participants, comprising 5 teachers and 9 students from various departments, participated in the competition. The dishes prepared by the participants reflected creativity and an appreciation for fresh, seasonal ingredients. The competition was judged by Ms. Vanessa Furtado, Assistant Professor in BBA, and Ms. Sheryl D’Cruz, Assistant Professor in Chemistry. The winners were as follows: • First Place: Tanvi Amol Pawar, S.Y. B.Sc. Biotechnology • Second Place: Victorya Alessino Rodrigues, Department of Chemistry • Third Place: Harsha A. Gawas, F.Y. B.Sc. Biotechnology

	The competition was a successful initiative that encouraged participants to explore healthy and nutritious seasonal foods while promoting creativity and awareness of the importance of nutrition in everyday life.
Brochure/Poster	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/brochure-of-Cooking-Competition-Celebration-of-seasonal-flavours.pdf
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/images-of-Cooking-Competition-Celebration-of-seasonal-flavours.pdf
List of participants with signatures	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/Participants-of-Cooking-Competition-Celebration-of-seasonal-flavours.pdf
Certificate	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/Certificate-of-Cooking-Competition-Celebration-of-seasonal-flavours.pdf