



ST. XAVIER'S COLLEGE, MAPUSA GOA

Report of Activity conducted in the Academic Year 2026-27

Name of Activity	Goan Food and Cultural Heritage: A Practical Exploration of Culinary Traditions
Date/ Duration	Date: 24th August 2026 Time: 9.45 to 10.45
Venue	St. Xavier's College, Room no. 327
Name of organizing Dept.	History Department
In collaboration with	
Name/s of Faculty Co ordinator	Mr. Mahendra Gaonkar
Stratum of Event	COLLEGE LEVEL
Name & details of Resource Person/s if any	NA
Report	Objectives: 1. To introduce students to the rich history, cultural significance, and traditional culinary practices of Goa. 2. To provide practical, experiential learning through the display and sharing of authentic regional dishes. 3. The students will also learn about the origin of the local products, regional markets, and traditional methods of preparation. 4. Students will gain experience working in teams and the opportunity to develop their creativity and skills through Goan traditional culture. The Department of History organized an interactive activity on Goan Food and Cultural Heritage for the Second Year Minor Paper students. The purpose of the activity was to give the students an insight into the food traditions that reflect historical trade, local agricultural resources, and community heritage in Goa. As part of the activity, each participating student prepared and brought a variety of authentic Goan dishes. Each student presented the methods of preparation and historical significance of the served dishes and shared the knowledge about the ingredients' cultural preferences and values. The activity created a platform for a productive exchange of information among

	the students and facilitated the learning process of Goa's history and cultural food heritage. Outcomes: 1. Students developed a clear understanding of Goan culinary heritage and its connection to regional history. 2. Students engaged in experiential learning by documenting and presenting traditional Goan recipes. 3. The event promoted active engagement, peer collaboration, and cultural awareness among Second Year Minor Paper students.
Brochure/Poster	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/Poster-of-Goan-Food-and-Cultural-Heritage-A-Practical-Exploration-of-Culinary-Traditions.pdf
Photographs	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/images-of-Goan-Food-and-Cultural-Heritage-A-Practical-Exploration-of-Culinary-Traditions.pdf
Beneficiaries	https://xavierscollegegoa.ac.in/wp-content/uploads/2026/09/Attendance-of-Goan-Food-and-Cultural-Heritage-A-Practical-Exploration-of-Culinary-Traditions.pdf
Certificate	NA